



GRAND PRIX INVITATIONAL #2

Hillcrest Swimming Pool

Tshwane 20-22 Feb 2026



Hillcrest Swimming Pool
c/o Duxbury and Jan Shoba
Hillcrest, Pretoria



Heats start at 16h30.
All Finals start at 10h00

IMPORTANT LINKS

WITHDRAWALS

[SSA Grand Prix 2 Withdrawal Form](#)

COMMUNICATION

<https://chat.whatsapp.com/IZM5JKK1PhJAKuPDrLewtG>

COACHES & TEAM LEADERS

REGISTRATION

<https://forms.gle/AYBRiKNhGrTHVq9B6>

GENERAL SWIMMING COMPETITION RULES

WORLD AQUATICS' general and swimming rules will apply for the competitions.

GENERAL PROTOCOLS

- Medical support and first aid will be available at all sessions.
- All safeguarding, health and safety protocols will be adhered to.

OFFICIALS

Technical Officials are invited to register for officiating duties on this link:

<https://forms.gle/4RLstB76nCK51tXX7>

Your availability is greatly appreciated.

GAZEBOS

Pool-facing gazebos areas will be allocated to clubs depending on the number of swimmers entered and communicated via email.

WELCOME

- Tshwane Aquatics (NTS) would like to welcome all swimmers, coaches, technical officials, and parents to the SSA Grand Prix Invitational #2. May this be a most successful event for all! This event is hosted on behalf of Swimming South Africa and Aquatics Gauteng.

POOL ACCESS AND ENTRANCE

- Parking: Parking will be available at the pool
- The gates will open at 14h30 in the afternoon and 8h00 each morning of the competition.
- Only approved Swimmers, Coaches, Officials and Support Staff whose names are listed for a session will be allowed entry to the pool.
- Spectators' tickets will be available at a cost of R50.00 per person per session at the entrance gate. CARD PAYMENTS ONLY – NO cash will be accepted. An Event Pass will be available at R180.00 for all sessions.

COMMUNICATION

- A WhatsApp group will be created to improve communication between Team Leaders, the Administrative Hub, and the Control-room.

<https://chat.whatsapp.com/IZM5JKK1PhJAKuPDrLewtG>

TEAM LEADERS AND COACHES

- All participating clubs must appoint ONE Team Leader – The Team Leader must be registered as official or administrator.
- Only registered Coaches are permitted on pool deck during warm up.

<https://forms.gle/AYBRiKNhGrTHVq9B6>

CODE OF ETHICS

- The SSA Code of Conduct will apply.
- Refer to the WORLD AQUATICS Code of Ethics which deals with equality, dignity, and fair play. Fair play is the basic guiding principle in the sport of Aquatics.

WARM-UP

- A warm-up schedule will be made available to all teams.
- Swimmers are to climb out on the side of the pool.
- Diving will be allowed in Lanes 1 and 10 for the last 20 minutes of each session.

COOL DOWN LANE

- Lane 10 will be available as a cool down lane during the event.
- No diving will be allowed in the cool down lane.
- Swimmers to enter and exit the lane opposite to the start end of the event being swum at the time.

PROTESTS AND APPEALS

- Protests and/or appeal must be lodged with the admin referee as per WORLD AQUATICS Rule GR9.2 together with a R1000 deposit, which is refundable if the appeal is upheld.
- Appeals must be submitted within 30 minutes of completion of the respective race.
- No video footage of photos will be permitted for the use of a protest.
- In the case of a dispute, the Referees' decision will be final.

WITHDRAWALS

- All withdrawals are done using an online link.
SSA Grand Prix 2 Withdrawal From
- After the Manager's Meeting, withdrawals will be accepted 1 hour before the start of the morning session preceding the heats. Withdrawals made outside this time limit, will be fined R200.00 per event.
- For no-shows at heats or finals, swimmers who do not show for their race, will be fined R300.00 and the swimmer may not compete in any other event until this fine has been paid.
- Withdrawals from the finals – this must be done before the end of the heats session. It would be helpful if these withdrawals are done as soon as possible after the results are published, as this would be useful for notifying the alternates for the particular event. The alternates must report for the finals in case they are needed.
- If the Referee deems a swimmer to have deliberately false started or not performing to the swimmer's capabilities then the swimmer will be fined R500.00 and will be withdrawn from all further events that session, including relays if they fall in that session.

HEATS AND FINALS

- Heats and Finals will be swum in an 8 Lane Format.
- Heats will commence at 16h30 each afternoon and finals at 10h00 in the morning.
- If a swimmer misses his/her race, he/she will not be allowed to swim in a later heat.
- If two or more times in the heats are the same for the 8th place in the final, 1st or 2nd reserve for the final, a swim-off will take place after the heats for that session.
- Any swimmer who does not want to participate in the swim-off must scratch.
- In the event of only one swimmer remaining or staying for the swim-off, that swimmer will take 8th place in the final, 1st or 2nd reserve.
- If all the swimmers scratch or that none of the swimmers stay for the swim-off, the next placed swimmer will automatically be placed in the final, 1st or 2nd reserve.

Yours in Swimming

NTS Organising Committee

Phone: 0827844858

Email: secretary@ntsaquatics.co.za

