
Relay Entries**XXII AA Zone IV Championships Botswana 2026 02-Sept-26 to 05-Sept-26 LC Meters****Location: Univeristy of Botswana Pool**

25 Women 14 & Under 400 Medley

A Relay	RSA	4:38.26L
1 Ava E. Lorenzen (14)	2 Barcelona Xaba (14)	
3 Aqeelah Williams (14)	4 Tyla Thomas (14)	

26 Men 14 & Under 400 Medley**RSA**

A Relay	RSA	4:16.24L
1 Gio Cocci (14)	2 Malakai J. Seppings (13)	
3 Reba Moleko (14)	4 Zachary C. Kruger (13)	

27 Women 15 & Over 400 Medley**RSA**

A Relay	RSA	4:33.75L
1 Maya Mgcina (16)	2 Aphelele Mhlongo (15)	
3 Jemmah A. Roman (15)	4 Saskya Kistnasami (15)	

28 Men 15 & Over 400 Medley**RSA**

A Relay	RSA	3:59.53L
1 Ramano S. Sefehle (16)	2 Jayden Ciampi (16)	
3 Matthew D. Adonis (17)	4 Kyle Snyders (15)	

61 Women 14 & Under 400 Free**RSA**

A Relay	RSA	4:12.14L
1 Tyla Thomas (14)	2 Aqeelah Williams (14)	
3 Barcelona Xaba (14)	4 Ava E. Lorenzen (14)	

62 Men 14 & Under 400 Free**RSA**

A Relay	RSA	3:50.38L
1 Reba Moleko (14)	2 Zachary C. Kruger (13)	
3 Malakai J. Seppings (13)	4 Gio Cocci (14)	

63 Women 15 & Over 400 Free**RSA**

A Relay	RSA	4:05.05L
1 Saskya Kistnasami (15)	2 Aphelele Mhlongo (15)	
3 Jemmah A. Roman (15)	4 Maya Mgcina (16)	

64 Men 15 & Over 400 Free**RSA**

A Relay	RSA	3:46.35L
1 Caleb M. Eaton (16)	2 Matthew D. Adonis (17)	
3 Ramano S. Sefehle (16)	4 Kyle Snyders (15)	

105 Mixed 14 & Under 400 Medley**RSA**

A Relay	RSA	4:23.71L
1 Reba Moleko (14)	2 Gio Cocci (14)	
3 Ethan Francis (14)	4 Zachary C. Kruger (13)	

106 Mixed 15 & Over 400 Medley**RSA**

A Relay	RSA	4:19.44L
1 Kyle Snyders (15)	2 Jemmah A. Roman (15)	
3 Caleb M. Eaton (16)	4 Jayden Ciampi (16)	

131 Women 14 & Under 200 Free**RSA**

A Relay	RSA	1:56.14L
1 Ava E. Lorenzen (14)	2 Tyla Thomas (14)	
3 Aqeelah Williams (14)	4 Barcelona Xaba (14)	

Relay Entries

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# 132 Men 14 & Under 200 Free		RSA	
A Relay	RSA	1:46.79L	
1 Reba Moleko (14)	2 Ethan Francis (14)		
3 Malakai J. Seppings (13)	4 Gio Cocci (14)		
# 133 Women 15 & Over 200 Free		RSA	
A Relay	RSA	1:51.56L	
1 Saskya Kistnasami (15)	2 Jemmah A. Roman (15)		
3 Aphelele Mhlongo (15)	4 Maya Mgcina (16)		
# 134 Men 15 & Over 200 Free		RSA	
A Relay	RSA	1:43.18L	
1 Juan Nel (16)	2 Caleb M. Eaton (16)		
3 Ramano S. Sefehle (16)	4 Kyle Snyders (15)		

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Total Relays	14
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