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11 December 2024

From: Chief Executive Officer

TO: Affiliate Presidents
Affiliate Secretaries

CC: SSA Executive Committee Members
Swimming Technical Committee

2025 NELSPRUIT GRAND PRIX SWIMMING MEET – 10 TO 11 January 2025

Entry Procedure

- The closing date for entries for Grand Prix No 1 – Thu 19 December 2024, 14:00

All correspondence regarding entries after the closing and correction dates, will be received at the Manager's Meeting.

Entry Procedure for Grand Prix No 1: 10 - 11 January 2025

- The entry fee will be R130.00 per swimmer, irrespective of the number of events entered.
- Entries will be processed by Swimming South Africa – balvant.morar@swimsa.org
- Payments to Swimming South Africa

ABSA, Acc 1003 790 807, Br 632005

Grand Prix No 1 will be swum as Timed Finals PROGRAM OF EVENTS

Friday, 10 January 2025

14:00pm

50m Freestyle	Men
400m IM	Women
200m Freestyle	Men
200m Butterfly	Women
13&u 100m Freestyle	Men
13&u 100m Butterfly	Women

800m Freestyle	Men
100m Backstroke	Women
100m Breaststroke	Men

Saturday, 11 January 2025

8:30am

50m Freestyle	Women
400m IM	Men
200m Freestyle	Women
200m Butterfly	Men
13&u 100m Freestyle	Women
13&u 100m Butterfly	Men

800m Freestyle	Women
100m Backstroke	Men
100m Breaststroke	Women

President: A. Fritz **Vice Presidents** J. Naidoo, Z. Molusi, E. Van Veenhuyzen
Treasurer: J. Ellis
Members: L. Bignaut, L. Coetzee, A. Motau, C Ho
Chief Executive Officer: S. Adriaanse
Hon. Life Member: R Andrews
Hon. Life Presidents S. Ramsamy & G. Sam

400m Freestyle Women		400m Freestyle	Men
13&u 100m Backstroke	Men	13&u 100m Backstroke	Women
13&u 100m Breaststroke Women		13&u 100m Breaststroke	Men
200m IM	Men	200m IM	Women
100m Freestyle	Women	100m Freestyle	Men
100m Butterfly	Men	100m Butterfly	Women
200m Breaststroke	Women	200m Breaststroke	Men
13&u 50m Freestyle	Men	13&u 50m Freestyle	Women
13&u 200m IM	Women	13&u 200m IM	Men
200m Backstroke	Men	200m Backstroke	Women

Yours Sincerely



S L Adriaanse
Chief Executive