

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #101 Men 11 &amp; Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Fischer, Blake D	11	INFA-NM	5:16.35
2 Kruger, Declan	11	BLMA-CP	5:19.87
3 Pieterse, Adriaan	11	PEAS-NM	5:29.69
4 Van der Veen, Aiden L	11	PEAS-NM	5:30.49
5 Poultney, Daniel	10	CASC-CP	5:33.60
6 Horn, Ben	11	XCEL-CP	5:37.34
7 Avellana, Jowen R	11	HARL-BU	5:39.09
8 Van der Merwe, Ulric	11	TYGE-CP	5:46.74
9 Beukes, Ryan M	11	SAAW-CP	5:48.18
10 De Nooy, Wyatt J	10	LALE-CE	5:50.91
11 Bouffé, Hunter K	11	KNYA-ED	5:52.08
12 Edwards, Bryce	11	CTO-CP	5:58.82
13 Kleynhans, Michael	11	CASC-CP	5:59.52
14 Olivier, Simeon	11	PAQU-CE	6:04.06
15 Spangenberg, Luke A	11	XCEL-CP	6:08.63
16 Janse van Rensburg, Wihz	11	CASC-CP	6:10.23
17 Henning, Christiaan P	11	LALE-CE	6:10.51
18 Eksteen, Pisces M	11	XCEL-CP	6:14.09
19 Visser, Noah	11	JOIEC	6:33.32

## #102 Women 11 &amp; Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Levi, Zara	11	CTO-CP	5:31.46
2 Scheffer, Shaylee C	11	UWCA-CP	5:32.55
3 Thompson, Mia M	11	BEST-NM	5:35.69
4 Kimani, Katja	11	CYBE-CP	5:37.35
5 Swanepoel, Emma	11	CLA-WC	5:40.86
6 Abrams, Sophia E	11	USC-BU	5:41.45
7 Van Onselen, Annabelle	11	TYGE-CP	5:50.76
8 Maritz, Ava C	10	CTO-CP	5:51.51
9 De Lange, Niah	11	CASC-CP	5:54.87
10 Richards, Emma E	11	SAAW-CP	5:56.41
11 Pitout, Addison P	11	ASAC-CP	5:57.08
12 Thyse, Morgan K	11	USC-BU	5:57.36
13 Croft, Danni	11	KNYA-ED	6:04.11
14 Swanepoel, Anja E	11	CLA-WC	6:05.64
15 October, Jemma F	11	ALPHA-CP	6:06.10
16 Bowman, Bailey J	11	USC-BU	6:11.16
17 Louw, Milea	11	TYGE-CP	6:12.80
18 Meiring, Scarlett J	11	INFA-NM	6:14.32
19 Schenck, Maya K	11	TYGE-CP	6:22.58

## #103 Men 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Coetzee, Tristan R	12	FISH-ED	5:07.94
2 Joyce, Guy	12	CASC-CP	5:21.02
3 Pieterse, Nicholas N	12	STAQ-CE	5:22.37
4 Delpport, Reynard	12	BEST-NM	5:24.42
5 Perez Castellano, Emilio	12	CASC-CP	5:25.02
6 Van Wyngaard, Daniël C	12	ROA-ED	5:27.55
7 Heunis, Johan C	12	BARR-CP	5:31.70
8 Kriel, Ewan	12	QSSC-CP	5:31.74
9 Gerber, Luke M	12	CASC-CP	5:33.81
10 Wessels, Jeandre	12	USC-BU	5:33.98
11 Van Heerden, Emile L	12	WAC-ED	5:36.26
12 Swartz, Seth J	12	CASC-CP	5:37.22
13 Davenport, Daniel J	12	PEAS-NM	5:37.28
14 Parr, Riley C	12	KNYA-ED	5:37.90
15 Worley, Owen L	12	HARL-BU	5:39.41
16 Van der Merwe, Logan	12	TYGE-CP	5:41.82
17 Jogie, Ryan J	12	HARL-BU	5:42.71
18 Smit, Eduard W	12	CASC-CP	5:43.83
19 van der Westhuizen, Anri	12	INFA-NM	5:45.42
20 Sebastian, Alexander	12	MANT-CP	5:47.67
21 Woodrup, Connor	12	CYBE-CP	5:52.26

22 van der Merwe, Naude	12	PEAS-NM	5:52.48
23 Heiberg, Ethan	12	MANT-CP	5:53.46
24 Clark, Alexander L	12	UWCA-CP	6:04.38
25 Askevold, Gunther J	12	BLMA-CP	6:09.47
26 Tshabalala, Jodie J	12	BLMA-CP	6:12.38
27 Fourie, Benjamin L	12	BLMA-CP	6:19.51
28 Kannemeyer, Luan	12	QSSC-CP	6:20.35

## #104 Women 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Douglas, Keyla	12	ROA-ED	5:22.18
2 Normington, Olivia	12	XCEL-CP	5:24.75
3 Olivier, Gianna G	12	PAQU-CE	5:25.88
4 DU Plessis, Lheané	12	FISH-ED	5:26.10
5 Van Jaarsveld, Bianca I	12	TYGE-CP	5:31.93
6 Joubert, Rebecca J	12	INFA-NM	5:37.27
7 Muller, Skyler M	12	HARL-BU	5:39.63
8 Brissos, Filipa	12	CMD	5:41.35
9 Palacio, Ines C	12	CBM	5:41.43
10 Iliev, Emily M	12	CBM	5:43.62
11 Berry, Olivia D	12	BEST-NM	5:44.83
12 Swanepoel, Pia Q	12	ASAC-CP	5:45.47
13 Vermeulen, Jaime-Lynn	12	HARL-BU	5:46.07
14 Engelbrecht, Zia-Bella L	12	HTSA-CP	5:46.45
15 Dart, Mackenzi J	12	USC-BU	5:47.41
16 Lubbe, Esther A	12	BEST-NM	5:49.79
17 Pieterse, Kate J	12	PEAS-NM	5:50.47
18 Nchumali, Kwicia	12	CBM	5:53.91
19 Arendse, Emma	12	MANT-CP	5:55.23
20 Hengst, Emily A	12	CASC-CP	5:55.52
21 Smit, Dione	12	CASC-CP	5:55.73
22 Mahlangu, Ndalo	12	BLMA-CP	5:57.38
23 Loni, Yama	12	INFA-NM	5:58.48
24 Chong, Sophie	12	CYBE-CP	5:59.57
25 Makore, Bona M	12	ASAC-CP	6:01.06
26 Ranger, Emma L	12	USC-BU	6:06.94
27 Sprong, Jaime M	12	ASAC-CP	6:08.10
28 Ras, Annabelle	12	CASC-CP	6:11.81

## #105 Men 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Van der Merwe, Luan J	13	UWCA-CP	5:06.33
2 Theunissen, Jude E	13	BEST-NM	5:07.51
3 Stander, Christiaan L	13	ESA-CE	5:10.59
4 Clifford, Jack K	13	USC-BU	5:13.06
5 Snyders, Dylan	13	CLA-WC	5:16.91
6 Lee, Daniel	13	TYGE-CP	5:23.61
7 Spangenberg, Zach A	13	XCEL-CP	5:25.08
8 Pioris, Whato	13	CBM	5:28.00
9 Goliath, Cooper C	13	USC-BU	5:30.02
10 Smith, Zian	13	CLA-WC	5:30.22
11 Lubbe, Mikael B	13	ASAC-CP	5:32.80
12 King, Aidan J	13	CASC-CP	5:33.21
13 Titus, Brody	13	PAQU-CE	5:33.31
14 Vleggaar, Daniel	13	TYGE-CP	5:34.56
15 Newham, Christopher J	13	TYGE-CP	5:38.25
16 Odendaal, Riko	13	CASC-CP	5:49.00
17 Wilson, Kaleb	13	ASAC-CP	5:49.27
18 Lombard, Quan R	13	ASAC-CP	5:54.16
19 Petzer, Jayden S	13	USC-BU	5:55.02
20 Egen, Erigh E	13	BARR-CP	6:00.23
21 Wustefeld-Janssens, Harr	13	STAQ-CE	6:09.71

## #106 Women 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Pieterse, Nina	13	PEAS-NM	5:08.06
2 Koegelenberg, Emily	13	XCEL-CP	5:10.11
3 Grebe, Ava	13	CUHE-OB	5:10.38

4 Jordaan, Mikayla E	13	CASC-CP	5:19.18
5 Nel, Olivia	13	CLA-WC	5:19.23
6 McGluwa, Jovanah N	13	CASC-CP	5:21.69
7 Julies, Grace J	13	XCEL-CP	5:24.72
8 Kleynhans, Kayla	13	ROA-ED	5:28.90
9 De Smidt, Emma J	13	AQDO-CP	5:30.90
10 Terwin, Brooklyn	13	USC-BU	5:31.47
11 Matthee, Zarah	13	UWCA-CP	5:32.35
12 Jantjies, Zara	13	MANT-CP	5:37.20
13 Schutzler, Amelia-Rose	13	USC-BU	5:38.47
14 Mfabe, Zingce Z	13	USC-BU	5:40.33
15 Adams, Ella	13	CASC-CP	5:40.67
16 Hendricks, Jada	13	CASC-CP	5:41.63
17 Haldane, Bella	13	FISH-ED	5:42.95
18 Tembo, Noku L	13	KNYA-ED	5:44.15
19 Haynes-Smart, Kaitlyn	13	VINE-CP	5:45.22
20 Kretzmann, Sophie F	13	USC-BU	5:45.69
21 Mansour, Daniela	13	CBM	5:46.06
22 Van de Vyver, Mia	13	ESA-CE	5:48.30
23 Stevenson, Mikayla	13	QSSC-CP	5:49.93
24 Barthus, Alessia	13	MANT-CP	5:51.46
25 Barenblatt, Sienna G	13	STAQ-CE	5:55.38
26 Lilley, Kenna	13	TYGE-CP	5:56.00
27 Du Plessis, Leah	13	PEAS-NM	5:58.75

## #107 Men 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 VerLoren Van Themaat, H	14	LALE-CE	4:52.09
2 Laufs, Connor R	14	CTO-CP	4:55.69
3 Smit, Christian F	14	ROA-ED	5:05.37
4 Hucke, Tegan	14	CTO-CP	5:05.55
5 Parr, Colbyn S	14	KNYA-ED	5:06.79
6 Ramorwesi, Oratilwe M	14	SAAW-CP	5:08.85
7 Heunis, Le Roux	14	TYGE-CP	5:08.95
8 Spies, Pierre J	14	FISH-ED	5:16.28
9 February, Dillon S	14	CASC-CP	5:16.99
10 Earle, Zack C	14	FISH-ED	5:17.86
11 Pitout, Zachary J	14	ASAC-CP	5:24.99
12 Lamminga, Jack	14	CLA-WC	5:26.49
13 Gallie, Abdul-Aziz	14	MANT-CP	5:27.04
14 Shipton, Christopher J	14	QSSC-CP	5:27.34
15 Smith, Jacobus J	14	FISH-ED	5:33.54
16 Baadjies, Cruden H	14	PAQU-CE	5:45.28
17 Fortune, Hakeem	14	MANT-CP	5:51.56

## #108 Women 14 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Strydom, Mia	14	INFA-NM	5:07.47
2 Sonnekus, Anya	14	CASC-CP	5:11.73
3 Madeley, Amy O	14	ANAX-CP	5:12.10
4 McLean, Daniella L	14	PEAS-NM	5:12.37
5 Retief, Jane	14	LALE-CE	5:12.59
6 Nienaber, Mila J	14	ESA-CE	5:13.59
7 Wallis, Juliette	14	CASC-CP	5:14.07
8 Coetzee, Marli	14	CASC-CP	5:22.03
9 van der Westhuizen, Ama	14	INFA-NM	5:22.26
10 Coleman, Milan	14	FISH-ED	5:25.61
11 Diessner, Ava	14	PEAS-NM	5:28.25
12 Botha, Rebecca P	14	CASC-CP	5:31.91
13 Groenewald, Emma A	14	CASC-CP	5:38.56
14 Longueira, Ava L	14	ASAC-CP	5:46.80

## #109 Men 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Afonso, Aragon G	15	QSSC-CP	4:39.83
2 Pieterse, Marcelle J	15	XCEL-CP	4:40.54
3 Hough, Caleb	15	CLA-WC	4:42.56
4 Lewis, Callum R	15	CASC-CP	4:44.18

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #109 ... (Men 15 Year Olds 400 LC Meter Freestyle)

5	Wright, Jonah S	15	TYGE-CP	4:46.73
6	Coetzee, Sion M	15	QSSC-CP	4:50.88
7	Lichthart, Nicus	15	QSSC-CP	4:57.07
8	Langeveldt, Christiano C	15	ALPHA-CP	4:59.88
9	Grobler, Chris I	15	CASC-CP	5:03.50
10	Prince, Caleb T	15	BEST-NM	5:04.66
11	Krause, Luke	15	CASC-CP	5:05.32
12	Gomez, Alex W	15	MARL-CP	5:08.65
13	Vorster, Bastian S	15	FISH-ED	5:15.81
14	Samsodien, Saaligh S	15	MARL-CP	5:25.37
15	Ganger, Zeke D	15	MARL-CP	5:28.43
16	Snyders, Reece	15	UWCA-CP	5:29.26

## #110 Women 15 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	O'Carroll, Nia E	15	STAQ-CE	5:10.78
2	Messiter-Tooze, Luna S	15	SLAQ-CP	5:11.49
3	Noeth, Beané	15	JOIEC	5:16.46
4	Van Tromp, Seruby	15	LALE-CE	5:17.21
5	Robinson, Alana	15	SAAW-CP	5:20.60
6	Hawley, Nicola	15	PLAY-CE	5:28.08
7	Abrahams, Amaani	15	MARL-CP	5:38.07

## #111 Men 16 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	van Wyk, Tariq K	16	CASC-CP	4:46.74
2	Mansfield, Luke T	16	STAQ-CE	4:55.09
3	Cleophas, Kyle	16	PAQU-CE	4:56.88
4	Cruickshank, Carter C	16	PEAS-NM	4:57.47
5	Repinz, Chase P	16	PEAS-NM	5:01.01
6	Brits, AJ J	16	MATL-KK	5:04.95
7	van Staden, Mika L	16	AQUA-BU	5:11.80
8	Fortune, Yaseen	16	MANT-CP	5:51.29

## #112 Women 16 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Rossouw, Cara	16	TYGE-CP	5:07.81
2	Kleynhans, Sian	16	WAC-ED	5:09.38
3	Burger, Juanè	16	CASC-CP	5:18.74

## #201 Men 16 &amp; Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Wright, Jonah S	15	TYGE-CP	58.34
2	Cleophas, Kyle	16	PAQU-CE	58.80
3	Afonso, Aragon G	15	QSSC-CP	59.18
4	Pearson-Adams, Wolfe D	16	SAAW-CP	59.43
5	Cruickshank, Carter C	16	PEAS-NM	59.54
6	VerLoren Van Themaat, H	14	LALE-CE	59.98
7	van Staden, Mika L	16	AQUA-BU	1:00.17
8	Hough, Caleb	15	CLA-WC	1:00.18
9	van Wyk, Tariq K	16	CASC-CP	1:00.45
10	Smith, Jenson C	15	ASAC-CP	1:00.78
11	Wessels, Tiaan	15	USC-BU	1:01.05
12	Pieterse, Marcelle J	15	XCEL-CP	1:01.15
13	Lichthart, Nicus	15	QSSC-CP	1:01.28
14	Coetzee, Sion M	15	QSSC-CP	1:01.35
15	Alvim, João M	16	CBM	1:01.47
16	Mansfield, Luke T	16	STAQ-CE	1:01.92
17	Krause, Luke	15	CASC-CP	1:02.08
18	Ganger, Zeke D	15	MARL-CP	1:02.21
19	Samsodien, Saaligh S	15	MARL-CP	1:02.33
20	Lewis, Callum R	15	CASC-CP	1:02.41
21	Prince, Caleb T	15	BEST-NM	1:02.72
22	Grobler, Chris I	15	CASC-CP	1:02.74
23	Striglia, Elio	14	HARL-BU	1:03.14
24	Jonas, Leonardo	14	PLAY-CE	1:03.36

25	Langeveldt, Christiano C	15	ALPHA-CP	1:03.78
26	Van Daalen, Lohan	14	HARL-BU	1:03.93
27	Repinz, Chase P	16	PEAS-NM	1:04.20
28	van Aarde, Matthew D	14	CASC-CP	1:04.20
29	Van der Merwe, Luan J	13	UWCA-CP	1:04.39
30	Brits, AJ J	16	MATL-KK	1:04.54
31	Pitout, Zachary J	14	ASAC-CP	1:04.56
32	Basson, Zethan L	15	PEAS-NM	1:04.61
33	Lockyear, Devon P	14	USC-BU	1:04.63
34	Jooste, Ben D	14	CUHE-OB	1:04.97
35	Snyders, Dylan	13	CLA-WC	1:05.28
36	Gomez, Alex W	15	MARL-CP	1:05.44
37	Pioris, Whato	13	CBM	1:05.53
38	Parr, Colbyn S	14	KNYA-ED	1:05.64
39	Spies, Pierre J	14	FISH-ED	1:05.80
40	Smit, Christian F	14	ROA-ED	1:05.86
41	Ramorwesi, Oratilwe M	14	SAAW-CP	1:06.04
42	Earle, Zack C	14	FISH-ED	1:06.08
43	Hucke, Tegan	14	CTO-CP	1:06.33
44	Theunissen, Jude E	13	BEST-NM	1:06.37
45	Snyders, Reece	15	UWCA-CP	1:06.38
46	Armist, Caleb	16	HARL-BU	1:06.43
47	Coetzee, Tristan R	12	FISH-ED	1:06.57
48	Nikolic, Sebastian N	14	INFA-NM	1:06.83
49	Heunis, Le Roux	14	TYGE-CP	1:06.94
50	Kretzmann, Kaleb B	15	USC-BU	1:06.99
51	February, Dillon S	14	CASC-CP	1:07.00
52	Fortune, Yaseen	16	MANT-CP	1:07.04
53	Laufs, Connor R	14	CTO-CP	1:07.24
54	Swanepoel, Hallett J	13	KNYA-ED	1:07.26
55	Gallie, Abdul-Aziz	14	MANT-CP	1:07.34
56	Stander, Christiaan L	13	ESA-CE	1:07.45
57	Schoeman, Mateo J	12	ESA-CE	1:07.74
58	Neuhold, Sebastian	12	VINE-CP	1:08.10
59	Shipton, Christopher J	14	QSSC-CP	1:08.18
60	Louw, James	13	VINE-CP	1:08.40
61	Bradfield, Joel-Luke	12	INFA-NM	1:08.60
62	Heunis, Johan C	12	BARR-CP	1:08.81
63	Lombard, Quan R	13	ASAC-CP	1:08.87
64	Kannemeyer, Luan	12	QSSC-CP	1:09.06
65	Newham, Christopher J	13	TYGE-CP	1:09.56
66	Smith, Zian	13	CLA-WC	1:09.56
67	Claassen, Cayden D	10	PEAS-NM	1:09.59
68	Goldswain, Nicholas J	12	USC-BU	1:09.71
69	King, Aidan J	13	CASC-CP	1:09.78
70	Spangenberg, Zach A	13	XCEL-CP	1:09.87
71	Clifford, Jack K	13	USC-BU	1:09.93
72	Isaacs, Christiano A	16	UWCA-CP	1:10.07
73	Fischer, Blake D	11	INFA-NM	1:10.15
74	Sebastian, Alexander	12	MANT-CP	1:10.29
75	Davenport, Daniel J	12	PEAS-NM	1:10.33
76	Joyce, Guy	12	CASC-CP	1:10.37
77	Goliath, Cooper C	13	USC-BU	1:10.64
78	Schabert, Lowen	12	ESA-CE	1:10.64
79	Avellana, Jowen R	11	HARL-BU	1:10.67
80	Abrie, Ryn J	14	CUHE-OB	1:10.68
81	Wilson, Kaleb	13	ASAC-CP	1:11.07
82	Clark, Alexander L	12	UWCA-CP	1:11.14
83	Spies, Judah J	12	FISH-ED	1:11.31
84	Perez Castellano, Emilio	12	CASC-CP	1:11.39
85	Pieterse, Nicholas N	12	STAQ-CE	1:11.47
86	Arnold, Samuel D	13	HARL-BU	1:11.51
87	Kruger, Declan	11	BLMA-CP	1:11.59
88	Poultney, Daniel	10	CASC-CP	1:11.64
89	Egen, Erigh E	13	BARR-CP	1:11.71
90	Fortune, Hakeem	14	MANT-CP	1:11.74
91	Harder, Callum R	12	VINE-CP	1:11.86

92	Lee, Daniel	13	TYGE-CP	1:11.94
93	Gerber, Luke M	12	CASC-CP	1:12.04
94	Swanepoel, Roehan J	12	BARR-CP	1:12.04
95	Hauser, Paul	13	ASAC-CP	1:12.08
96	Woodrup, Connor	12	CYBE-CP	1:12.20
97	Delpont, Reynard	12	BEST-NM	1:12.62
98	van der Westhuizen, Anri	12	INFA-NM	1:12.66
99	Swartz, Seth J	12	CASC-CP	1:12.90
100	Van der Merwe, Logan	12	TYGE-CP	1:12.96
101	Wiltshire, James	12	USC-BU	1:13.00
102	Van Wyngaard, Daniël C	12	ROA-ED	1:13.04
103	Van Heerden, Emile L	12	WAC-ED	1:13.17
104	Rossouw, Marais	12	QSSC-CP	1:13.23
105	Bester, Daniël M	15	ESA-CE	1:13.26
106	Odendaal, Riko	13	CASC-CP	1:13.27
107	Van der Veen, Aiden L	11	PEAS-NM	1:13.29
108	Smit, Eduard W	12	CASC-CP	1:13.47
109	Smith, Jacobus J	14	FISH-ED	1:13.73
110	Malherbe, Max M	12	BRAVE-CE	1:14.21
111	Edwards, Bryce	11	CTO-CP	1:14.21
112	Beukes, Ryan M	11	SAAW-CP	1:14.69
113	Heiberg, Ethan	12	MANT-CP	1:14.73
114	Lubbe, Mikael B	13	ASAC-CP	1:14.81
115	Baadjies, Cruden H	14	PAQU-CE	1:14.85
116	Mare, Ilan	11	CASC-CP	1:14.91
117	Parr, Riley C	12	KNYA-ED	1:14.95
118	Spijkerman, Stephaan	12	ESA-CE	1:15.36
119	Van der Merwe, Ulric	11	TYGE-CP	1:15.39
120	Pieterse, Adriaan	11	PEAS-NM	1:15.77
121	Worley, Owen L	12	HARL-BU	1:15.80
122	Kriel, Ewan	12	QSSC-CP	1:16.01
123	Jogie, Ryan J	12	HARL-BU	1:16.21
124	Wessels, Jeandre	12	USC-BU	1:16.37
125	Petzter, Jayden S	13	USC-BU	1:16.57
126	Askevold, Gunther J	12	BLMA-CP	1:16.59
127	Versfeld, Ben I	11	BRAVE-CE	1:16.64
128	Jewell, Stefan E	12	PEAS-NM	1:16.87
129	Visser, Noah	11	JOIEC	1:17.46
130	Pretorius, Johan M	11	ESA-CE	1:17.68
131	Munnik, Connor C	14	PAQU-CE	1:17.71
132	Tredoux, Simon P	11	BARR-CP	1:17.91
133	Kleynhans, Michael	11	CASC-CP	1:18.19
134	van der Merwe, Naude	12	PEAS-NM	1:18.25
135	Bouffé, Hunter K	11	KNYA-ED	1:18.56
136	Whitehouse, Bramwell A	11	CUHE-OB	1:18.67
137	Meets, Daniel	12	ASAC-CP	1:19.21
138	Tshabalala, Jodie J	12	BLMA-CP	1:19.27
139	Eksteen, Pisces M	11	XCEL-CP	1:19.79
140	De Nooy, Wyatt J	10	LALE-CE	1:20.05
141	Joubert, Daniel J	11	PLAY-CE	1:20.30
142	Botha, Andre	13	TYGE-CP	1:20.78
143	Van Dyk, Adriaan J	12	ASAC-CP	1:20.92
144	Spangenberg, Luke A	11	XCEL-CP	1:21.52
145	Basson, Zaryd D	11	PEAS-NM	1:21.57
146	Nothnagel, Henk K	13	CASC-CP	1:21.57
147	Olivier, Simeon	11	PAQU-CE	1:21.77
148	Schutte, Ethan	11	QSSC-CP	1:21.88
149	Fourie, Ezra	13	UWCA-CP	1:22.31
150	Janse van Rensburg, Hugo	10	CASC-CP	1:22.41
151	Fourie, Benjamin L	12	BLMA-CP	1:22.69
152	Freislich, Reid A	11	KNYA-ED	1:23.28
153	Henning, Christiaan P	11	LALE-CE	1:23.34
154	Beard, Elijah	12	HARL-BU	1:26.15
155	Brown, Magmoed	13	VINE-CP	1:33.81

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #202 Women 16 &amp; Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Pieterse, Abby L	16	INFA-NM	1:04.69
2 Botha, Rebecca P	14	CASC-CP	1:04.70
3 Huang, Shi Han A	16	BLMA-CP	1:04.72
4 Holthuis, Keilah-Naomi	16	ESA-CE	1:05.37
5 Fenner, Olivia M	15	PLAY-CE	1:05.82
6 Noeth, Beané	15	JOIEC	1:05.98
7 Van Tromp, Seruby	15	LALE-CE	1:06.62
8 Coleman, Milan	14	FISH-ED	1:06.91
9 Adams, Sydney M	16	VINE-CP	1:07.02
10 Hawley, Nicola	15	PLAY-CE	1:07.22
11 Burger, Juanè	16	CASC-CP	1:07.38
12 Albino, Nemzi L	16	SAAW-CP	1:07.50
13 Groves, Philippa R	15	SSISA-CP	1:07.60
14 Wilson, Samantha	13	INFA-NM	1:07.81
15 Hager, Carle	16	ESA-CE	1:08.01
16 Roth, Elle	13	PEAS-NM	1:08.04
17 McLean, Daniella L	14	PEAS-NM	1:08.17
18 O'Carroll, Nia E	15	STAQ-CE	1:08.43
19 Koegelenberg, Emily	13	XCEL-CP	1:08.47
20 Longueira, Ava L	14	ASAC-CP	1:08.54
21 Douglas, Keyla	12	ROA-ED	1:08.56
22 Sonnekus, Anya	14	CASC-CP	1:08.57
23 Wallis, Juliette	14	CASC-CP	1:08.65
24 Terwin, Brooklyn	13	USC-BU	1:08.69
25 Nienaber, Mila J	14	ESA-CE	1:08.78
26 Van Dyk, Zani	14	ASAC-CP	1:08.79
27 van der Westhuizen, Ama	14	INFA-NM	1:08.81
28 Messiter-Tooze, Luna S	15	SLAQ-CP	1:08.84
29 Minnaar, Amelia C	14	USC-BU	1:09.05
30 Grebe, Ava	13	CUHE-OB	1:09.10
31 Christensen, Milla M	13	WELL-CE	1:09.39
32 Gerber, Kayla M	13	STAQ-CE	1:09.44
33 Tembo, Noku L	13	KNYA-ED	1:09.52
34 Strydom, Mia	14	INFA-NM	1:09.66
35 Greyvenstein, Hayley	12	USC-BU	1:09.68
36 Pearson-Adams, Oshun O	13	SAAW-CP	1:09.69
37 Diessner, Ava	14	PEAS-NM	1:09.77
38 Julies, Grace J	13	XCEL-CP	1:09.77
39 Coetzee, Marli	14	CASC-CP	1:10.02
40 Pieterse, Nina	13	PEAS-NM	1:10.27
41 Jantjies, Zara	13	MANT-CP	1:10.29
42 McGluwa, Jovanah N	13	CASC-CP	1:10.35
43 De Beer, Isabella C	14	PLAY-CE	1:10.39
44 Voysey, Ella N	13	ASAC-CP	1:10.44
45 Robinson, Alana	15	SAAW-CP	1:10.49
46 Madeley, Amy O	14	ANAX-CP	1:10.57
47 Hagglund, Emma H	16	SSISA-CP	1:10.58
48 Van Jaarsveld, Bianca I	12	TYGE-CP	1:10.59
49 Mansour, Daniela	13	CBM	1:10.65
50 Levi, Zara	11	CTO-CP	1:10.93
51 Kimani, Katja	11	CYBE-CP	1:10.96
52 Sebastian, Catherine	12	MANT-CP	1:10.99
53 Sprong, Jaime M	12	ASAC-CP	1:11.14
54 Barnard, Adelmar D	16	ESA-CE	1:11.26
55 Kleynhans, Kayla	13	ROA-ED	1:11.33
56 Groenewald, Emma A	14	CASC-CP	1:11.46
57 Abrams, Sophia E	11	USC-BU	1:11.47
58 Matthee, Zarah	13	UWCA-CP	1:11.65
59 Lloyd, Jemma A	13	VINE-CP	1:11.69
60 Lourens, Mia	14	CASC-CP	1:11.85
61 Jordaan, Mikayla E	13	CASC-CP	1:11.90
62 Joubert, Rebecca J	12	INFA-NM	1:12.00
63 DU Plessis, Lheané	12	FISH-ED	1:12.00
64 Lottering, Eirley	15	USC-BU	1:12.20

65 Hendricks, Jada	13	CASC-CP	1:12.26
66 Stearn, Hannah	12	INFA-NM	1:12.37
67 Van Onselen, Annabelle	11	TYGE-CP	1:12.44
68 Engelbrecht, Giselle K	15	HTSA-CP	1:12.51
69 Meiring, Scarlett J	11	INFA-NM	1:12.53
70 Mauer, Kayden	16	USC-BU	1:12.58
71 Du Plessis, Leah	13	PEAS-NM	1:12.65
72 Scheffer, Shaylee C	11	UWCA-CP	1:12.67
73 Van de Vyver, Mia	13	ESA-CE	1:12.68
74 Swanepoel, Pia Q	12	ASAC-CP	1:12.79
75 Pitout, Addison P	11	ASAC-CP	1:12.84
76 Wener, Sophia	15	ASAC-CP	1:12.84
77 Adams, Ella	13	CASC-CP	1:12.87
78 Mfabe, Zingce Z	13	USC-BU	1:12.90
79 Kleynhans, Sian	16	WAC-ED	1:12.98
80 Abrahams, Amaani	15	MARL-CP	1:13.01
81 Serdyn, Jana	12	INFA-NM	1:13.24
82 Haynes-Smart, Kaitlyn	13	VINE-CP	1:13.34
83 Smith, Ava-Sophia H	14	USC-BU	1:13.44
84 Beyers, Lize M	12	AGAQ-OB	1:13.50
85 Lilley, Kenna	13	TYGE-CP	1:13.51
86 Barenblatt, Sienna G	13	STAQ-CE	1:13.54
87 Makore, Bona M	12	ASAC-CP	1:13.57
88 Haldane, Bella	13	FISH-ED	1:13.60
89 Palacio, Ines C	12	CBM	1:13.66
90 Vermeulen, Jaime-Lynn	12	HARL-BU	1:13.74
91 Olivier, Gianna G	12	PAQU-CE	1:13.82
92 Klopper, Lene	13	QSSC-CP	1:13.91
93 Kröger, Sammy	15	ESA-CE	1:14.06
94 Nel, Olivia	13	CLA-WC	1:14.12
95 Thompson, Mia M	11	BEST-NM	1:14.14
96 Pieterse, Kate J	12	PEAS-NM	1:14.21
97 Loni, Yama	12	INFA-NM	1:14.63
98 Barthus, Alessia	13	MANT-CP	1:14.72
99 Iliev, Emily M	12	CBM	1:14.84
100 Swanepoel, Emma	11	CLA-WC	1:14.99
101 Mahlangu, Ndalo	12	BLMA-CP	1:15.08
102 Smit, Dione	12	CASC-CP	1:15.11
103 Ristow, Emma K	13	USC-BU	1:15.17
104 Stevenson, Mikayla	13	QSSC-CP	1:15.21
105 Kretzmann, Sophie F	13	USC-BU	1:15.27
106 Lubbe, Esther A	12	BEST-NM	1:15.34
107 Chong, Sophie	12	CYBE-CP	1:15.49
108 Engelbrecht, Zia-Bella L	12	HTSA-CP	1:15.90
109 Endres, Josephine	15	VINE-CP	1:15.93
110 Schenck, Maya K	11	TYGE-CP	1:15.94
111 Muller, Skyler M	12	HARL-BU	1:15.99
112 Jurgens, Chloe-Leigh	13	VINE-CP	1:16.03
113 Berry, Olivia D	12	BEST-NM	1:16.22
114 Du Preez, Kyra J	12	USC-BU	1:16.26
115 Maritz, Ava C	10	CTO-CP	1:16.86
116 Brissos, Filipa	12	CMD	1:16.89
117 Glass, Gabi	11	SAAW-CP	1:17.30
118 Dart, Mackenzi J	12	USC-BU	1:17.60
119 Ranger, Emma L	12	USC-BU	1:17.86
120 Swanepoel, Anja E	11	CLA-WC	1:17.93
121 Richards, Emma E	11	SAAW-CP	1:18.17
122 Ras, Annabelle	12	CASC-CP	1:18.43
123 De Lange, Niah	11	CASC-CP	1:18.84
124 Harvett, Logan L	11	STAQ-CE	1:19.11
125 Onkruid, Gianna R	12	UWCA-CP	1:19.38
126 Sadi, Chrisela F	11	SAAW-CP	1:19.55
127 Croft, Danni	11	KNYA-ED	1:19.96
128 Benade, Aria	12	SAAW-CP	1:20.12
129 Schemel, Leah I	12	HARL-BU	1:20.74
130 Thyse, Morgan K	11	USC-BU	1:21.04
131 Smith, Isabel H	12	USC-BU	1:21.16

132 Saul, Astrid P	11	BLMA-CP	1:21.57
133 Arendse, Emma	12	MANT-CP	1:21.89
134 Thompson, Taya R	12	CTO-CP	1:22.04
135 McMaster, Rachael A	11	HARL-BU	1:22.74
136 Louw, Milea	11	TYGE-CP	1:22.80
137 Groenewald, Nina H	11	CASC-CP	1:22.82
138 Victor, Amy-Mae	11	PEAS-NM	1:23.25
139 October, Jemma F	11	ALPHA-CP	1:23.90
140 Van Rooyen, Maggie L	11	PEAS-NM	1:24.04
141 De Jager, Isabella	11	BRAVE-CE	1:26.06
142 Fakier, Ayesha i	11	CTO-CP	1:26.85
143 Stevens, Ava	12	USC-BU	1:28.05

## #203 Men 99 &amp; Under 200 LC Meter IM Multi-Class Multi C

Name	Age	Team	Seed Time
1 Hartwig, Connor M	SM6	14 HARL-BU	4:30.49

## #205 Men 16 &amp; Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Mansfield, Luke T	16	STAQ-CE	1:14.52
2 Basson, Zethan L	15	PEAS-NM	1:16.15
3 De Jager, Eben	14	BRAVE-CE	1:16.80
4 Isaacs, Christiano A	16	UWCA-CP	1:16.89
5 Lockyear, Devon P	14	USC-BU	1:18.02
6 van Aarde, Matthew D	14	CASC-CP	1:18.20
7 Chetty, Liam	16	AQUA-BU	1:19.56
8 Van Rooyen, Louis B	16	WAC-ED	1:19.73
9 Samsodien, Saaligh S	15	MARL-CP	1:20.25
10 Oosthuizen, Ethan	16	PLAY-CE	1:20.56
11 Nikolic, Sebastian N	14	INFA-NM	1:20.80
12 Bester, Daniël M	15	ESA-CE	1:21.45
13 Kretzmann, Kaleb B	15	USC-BU	1:21.54
14 Gomez, Alex W	15	MARL-CP	1:22.33
15 Snyders, Reece	15	UWCA-CP	1:22.39
16 Repinz, Chase P	16	PEAS-NM	1:23.06
17 Smit, Christian F	14	ROA-ED	1:23.80
18 Krause, Luke	15	CASC-CP	1:24.38
19 Pitout, Zachary J	14	ASAC-CP	1:25.15
20 Vorster, Bastian S	15	FISH-ED	1:25.63
21 Laufs, Connor R	14	CTO-CP	1:25.77
22 Ganger, Zeke D	15	MARL-CP	1:25.96
23 Jonas, Leonardo	14	PLAY-CE	1:27.17
24 Gallie, Abdul-Aziz	14	MANT-CP	1:27.19
25 Hauser, Paul	13	ASAC-CP	1:27.45
26 Baadjies, Cruden H	14	PAQU-CE	1:27.85
27 Abrie, Ryn J	14	CUHE-OB	1:27.99
28 Lombard, Quan R	13	ASAC-CP	1:28.25
29 Sebastian, Alexander	12	MANT-CP	1:28.39
30 Wilson, Kaleb	13	ASAC-CP	1:28.49
31 Perez Castellano, Emilio	12	CASC-CP	1:28.52
32 Fortune, Hakeem	14	MANT-CP	1:28.97
33 Claassen, Cayden D	10	PEAS-NM	1:29.03
34 Nel, Charles Paul	13	QSSC-CP	1:29.10
35 Schoeman, Mateo J	12	ESA-CE	1:29.46
36 Van Heerden, Emile L	12	WAC-ED	1:29.80
37 Swanepoel, Hallett J	13	KNYA-ED	1:30.55
38 Clark, Alexander L	12	UWCA-CP	1:30.57
39 Heiberg, Ethan	12	MANT-CP	1:30.68
40 Fortune, Yaseen	16	MANT-CP	1:30.90
41 Horn, Ben	11	XCEL-CP	1:31.05
42 Botha, Andre	13	TYGE-CP	1:31.12
43 Snyders, Dylan	13	CLA-WC	1:31.27
44 Smith, Jacobus J	14	FISH-ED	1:31.35
45 Fourie, Ezra	13	UWCA-CP	1:31.64
46 Munnik, Connor C	14	PAQU-CE	1:31.97
47 Du Plessis, Caleb	12	FSE-KC	1:32.31
48 Coetzee, Tristan R	12	FISH-ED	1:32.36

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #205 ... (Men 16 &amp; Under 100 LC Meter Breaststroke)

49	Titus, Brody	13	PAQU-CE	1:32.46
50	Askevold, Gunther J	12	BLMA-CP	1:32.75
51	Theunissen, Jude E	13	BEST-NM	1:32.93
52	Kleynhans, Michael	11	CASC-CP	1:33.00
53	Clifford, Jack K	13	USC-BU	1:33.07
54	Stander, Christiaan L	13	ESA-CE	1:33.14
55	Fischer, Blake D	11	INFA-NM	1:33.37
56	Spijkerman, Stephaan	12	ESA-CE	1:33.66
57	Vleggaar, Daniel	13	TYGE-CP	1:33.70
58	Wiltshire, James	12	USC-BU	1:34.00
59	Van Wyngaard, Daniël C	12	ROA-ED	1:34.02
60	Malherbe, Max M	12	BRAVE-CE	1:34.37
61	Kannemeyer, Luan	12	QSSC-CP	1:34.43
62	Smith, Zian	13	CLA-WC	1:34.86
63	Davenport, Daniel J	12	PEAS-NM	1:35.11
64	Spies, Pierre J	14	FISH-ED	1:35.88
65	Van Der Westhuizen, Ewa	11	LALE-CE	1:35.91
66	Poultney, Daniel	10	CASC-CP	1:35.94
67	Swanepoel, Roehan J	12	BARR-CP	1:36.17
68	Versfeld, Ben I	11	BRAVE-CE	1:36.75
69	Egen, Erigh E	13	BARR-CP	1:37.17
70	Parr, Riley C	12	KNYA-ED	1:37.28
71	Fourie, Benjamin L	12	BLMA-CP	1:37.47
72	Nothnagel, Henk K	13	CASC-CP	1:37.56
73	Van der Veen, Aiden L	11	PEAS-NM	1:37.95
74	Arnold, Samuel D	13	HARL-BU	1:38.01
75	Spangenberg, Zach A	13	XCEL-CP	1:38.04
76	Schabort, Lowen	12	ESA-CE	1:38.13
77	Tshabalala, Jodie J	12	BLMA-CP	1:38.40
78	Van der Merwe, Ulric	11	TYGE-CP	1:38.75
79	Joubert, Daniel J	11	PLAY-CE	1:38.91
80	Schäffler, James	11	ROA-ED	1:39.00
81	Mare, Ilan	11	CASC-CP	1:39.14
82	Whitehouse, Bramwell A	11	CUHE-OB	1:39.25
83	Olivier, Simeon	11	PAQU-CE	1:39.27
84	Jewell, Stefan E	12	PEAS-NM	1:39.33
85	Malherbe, Roz R	11	BRAVE-CE	1:39.81
86	Van der Merwe, Logan	12	TYGE-CP	1:39.93
87	Spangenberg, Luke A	11	XCEL-CP	1:40.08
88	Basson, Zaryd D	11	PEAS-NM	1:40.85
89	Kriel, Ewan	12	QSSC-CP	1:41.62
90	Beukes, Ryan M	11	SAAW-CP	1:41.80
91	Janse van Rensburg, Wihz	11	CASC-CP	1:41.81
92	Tredoux, Simon P	11	BARR-CP	1:41.97
93	Pretorius, Johan M	11	ESA-CE	1:42.05
94	Visser, Noah	11	JOIEC	1:42.52
95	Beard, Elijah	12	HARL-BU	1:43.46
96	Wessels, Jeandre	12	USC-BU	1:43.59
97	Eksteen, Pisces M	11	XCEL-CP	1:45.72
98	Henning, Christiaan P	11	LALE-CE	1:46.08
99	Wustefeld-Janssens, Harr	13	STAQ-CE	1:46.21
100	Delpoit, Reynard	12	BEST-NM	1:46.34
101	Freislich, Reid A	11	KNYA-ED	1:48.63
102	Van Dyk, Adriaan J	12	ASAC-CP	1:49.00
103	Spies, Judah J	12	FISH-ED	1:51.59
104	Kruger, Declan	11	BLMA-CP	1:52.07
105	Brown, Magmoed	13	VINE-CP	1:54.25

## #206 Women 16 &amp; Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Adams, Sydni M	16	VINE-CP	1:21.67
2	Albino, Nemzi L	16	SAAW-CP	1:24.35
3	Lindsay, Edith J	15	FISH-ED	1:24.77
4	Wener, Sophia	15	ASAC-CP	1:25.17
5	Barnard, Adelmari D	16	ESA-CE	1:26.53

6	Grebe, Ava	13	CUHE-OB	1:26.67
7	Hawley, Nicola	15	PLAY-CE	1:26.79
8	Rossouw, Cara	16	TYGE-CP	1:26.86
9	Kalapac, Lexi	13	SLAQ-CP	1:27.00
10	Cronjé, Miané	15	FISH-ED	1:27.50
11	Voysey, Ella N	13	ASAC-CP	1:27.69
12	Julies, Grace J	13	XCEL-CP	1:27.93
13	Lottering, Eirley	15	USC-BU	1:28.23
14	Benade, Aria	12	SAAW-CP	1:28.55
15	Retief, Jane	14	LALE-CE	1:28.56
16	Longueira, Ava L	14	ASAC-CP	1:28.71
17	Van Tromp, Seruby	15	LALE-CE	1:28.98
18	Pieterse, Nina	13	PEAS-NM	1:29.14
19	Greyvenstein, Hayley	12	USC-BU	1:29.15
20	Abrahams, Amaani	15	MARL-CP	1:29.46
21	Ristow, Emma K	13	USC-BU	1:29.80
22	Nchumali, Kwicia	12	CBM	1:29.87
23	Mauer, Kayden	16	USC-BU	1:29.92
24	Levi, Zara	11	CTO-CP	1:30.33
25	Smith, Ava-Sophia H	14	USC-BU	1:30.85
26	Olivier, Gianna G	12	PAQU-CE	1:30.89
27	DU Plessis, Lheané	12	FISH-ED	1:31.04
28	Schutzler, Amelia-Rose	13	USC-BU	1:31.41
29	Jurgens, Chloe-Leigh	13	VINE-CP	1:31.52
30	Onkruid, Gianna R	12	UWCA-CP	1:31.77
31	Normington, Olivia	12	XCEL-CP	1:32.06
32	Ras, Annabelle	12	CASC-CP	1:32.11
33	Kimani, Katja	11	CYBE-CP	1:33.46
34	Abrahamse, Lexi	11	VINE-CP	1:33.62
35	Swanepoel, Pia Q	12	ASAC-CP	1:34.37
36	Haynes-Smart, Kaitlyn	13	VINE-CP	1:34.61
37	Muller, Skyler M	12	HARL-BU	1:34.62
38	Anthony, Jazmin A	13	PAQU-CE	1:34.95
39	Serdyn, Jana	12	INFA-NM	1:35.32
40	Lloyd, Jemma A	13	VINE-CP	1:35.33
41	Sonnekus, Anya	14	CASC-CP	1:35.72
42	Stearn, Hannah	12	INFA-NM	1:35.86
43	Vd Wal, Dine	12	CASC-CP	1:36.17
44	Engelbrecht, Zia-Bella L	12	HTSA-CP	1:36.20
45	Sebastian, Catherine	12	MANT-CP	1:36.51
46	De Jager, Isabella	11	BRAVE-CE	1:36.57
47	Du Plessis, Leah	13	PEAS-NM	1:36.66
48	Stevens, Ava	12	USC-BU	1:36.70
49	Olipphant, Isabelle	11	HARL-BU	1:36.73
50	Hendricks, Jada	13	CASC-CP	1:36.87
51	Schemel, Leah I	12	HARL-BU	1:37.57
52	Ranger, Emma L	12	USC-BU	1:37.89
53	Victor, Amy-Mae	11	PEAS-NM	1:38.15
54	Jantjies, Zara	13	MANT-CP	1:38.15
55	Du Preez, Kyra J	12	USC-BU	1:38.21
56	Christensen, Milla M	13	WELL-CE	1:38.59
57	Thompson, Mia M	11	BEST-NM	1:38.62
58	van Staden, Stella	12	AQUA-BU	1:39.06
59	Thyssen, Morgan K	11	USC-BU	1:39.21
60	Scheffer, Shaylee C	11	UWCA-CP	1:39.22
61	Harvett, Logan L	11	STAQ-CE	1:39.25
62	Chong, Sophie	12	CYBE-CP	1:39.40
63	Smith, Isabel H	12	USC-BU	1:39.56
64	Van Jaarsveld, Bianca I	12	TYGE-CP	1:40.14
65	Endres, Josephine	15	VINE-CP	1:40.59
66	Lubbe, Esther A	12	BEST-NM	1:40.97
67	Van Onselen, Annabelle	11	TYGE-CP	1:41.19
68	Fakier, Ayesha I	11	CTO-CP	1:41.50
69	Arendse, Emma	12	MANT-CP	1:42.02
70	Maritz, Ava C	10	CTO-CP	1:42.39
71	Brissos, Filipa	12	CMD	1:42.43
72	Pitout, Addison P	11	ASAC-CP	1:42.44

73	Makore, Bona M	12	ASAC-CP	1:43.03
74	Berry, Olivia D	12	BEST-NM	1:43.85
75	Van Rooyen, Maggie L	11	PEAS-NM	1:43.87
76	Swanepoel, Emma	11	CLA-WC	1:43.87
77	De Smidt, Emma J	13	AQDO-CP	1:43.89
78	Meiring, Scarlett J	11	INFA-NM	1:44.35
79	Mathee, Zarah	13	UWCA-CP	1:44.43
80	Abrams, Sophia E	11	USC-BU	1:44.98
81	Barthus, Alessia	13	MANT-CP	1:45.26
82	Klopper, Lene	13	QSSC-CP	1:46.60
83	Glass, Gabi	11	SAAW-CP	1:48.25
84	Bowman, Bailey J	11	USC-BU	1:51.84
85	Saul, Astrid P	11	BLMA-CP	1:59.40

## #207 Men 16 &amp; Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Wright, Jonah S	15	TYGE-CP	2:24.95
2	Pieterse, Marcelle J	15	XCEL-CP	2:26.35
3	Wessels, Tiaan	15	USC-BU	2:27.13
4	Coetzee, Sion M	15	QSSC-CP	2:27.17
5	van Wyk, Tariq K	16	CASC-CP	2:29.75
6	Alvim, João M	16	CBM	2:30.10
7	Lewis, Callum R	15	CASC-CP	2:30.52
8	Hodge, Cameron P	15	LALE-CE	2:31.18
9	Grobler, Chris I	15	CASC-CP	2:31.72
10	Repinz, Chase P	16	PEAS-NM	2:31.81
11	Parr, Colbyn S	14	KNYA-ED	2:32.27
12	Heunis, Le Roux	14	TYGE-CP	2:33.34
13	Fortune, Yaseen	16	MANT-CP	2:34.84
14	Jooste, Ben D	14	CUHE-OB	2:35.00
15	Van Daalen, Lohan	14	HARL-BU	2:37.70
16	Ramorwesi, Oratilwe M	14	SAAW-CP	2:39.42
17	February, Dillon S	14	CASC-CP	2:39.69
18	Armist, Caleb	16	HARL-BU	2:39.71
19	Hough, Caleb	15	CLA-WC	2:40.28
20	Lichthart, Nicus	15	QSSC-CP	2:41.23
21	Gallie, Abdul-Aziz	14	MANT-CP	2:41.26
22	Hucke, Tegan	14	CTO-CP	2:41.75
23	Smit, Christian F	14	ROA-ED	2:42.22
24	Shipton, Christopher J	14	QSSC-CP	2:44.27
25	Harder, Callum R	12	VINE-CP	2:44.84
26	Schabort, Lowen	12	ESA-CE	2:45.08
27	Lammings, Jack	14	CLA-WC	2:45.19
28	Pieterse, Adriaan	11	PEAS-NM	2:46.43
29	King, Aidan J	13	CASC-CP	2:47.51
30	Van der Merwe, Luan J	13	UWCA-CP	2:48.42
31	Spangenberg, Zach A	13	XCEL-CP	2:49.96
32	Odendaal, Riko	13	CASC-CP	2:50.51
33	Oosthuizen, Ethan	16	PLAY-CE	2:50.68
34	Kruger, Declan	11	BLMA-CP	2:50.99
35	Joyce, Guy	12	CASC-CP	2:51.34
36	Bradfield, Joel-Luke	12	INFA-NM	2:52.17
37	Pieterse, Nicholas N	12	STAQ-CE	2:52.38
38	Fortune, Hakeem	14	MANT-CP	2:52.40
39	Rossouw, Marais	12	QSSC-CP	2:52.60
40	Clark, Alexander L	12	UWCA-CP	2:52.67
41	Lee, Daniel	13	TYGE-CP	2:52.75
42	Newham, Christopher J	13	TYGE-CP	2:53.32
43	Petzer, Jayden S	13	USC-BU	2:53.35
44	Arnold, Samuel D	13	HARL-BU	2:53.57
45	Swartz, Seth J	12	CASC-CP	2:53.89
46	Horn, Ben	11	XCEL-CP	2:54.10
47	Gerber, Luke M	12	CASC-CP	2:54.51
48	Lubbe, Mikael B	13	ASAC-CP	2:54.86
49	Van der Merwe, Logan	12	TYGE-CP	2:55.44
50	Louw, James	13	VINE-CP	2:56.19
51	Jogie, Ryan J	12	HARL-BU	2:56.42

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #207 ... (Men 16 &amp; Under 200 LC Meter Backstroke)

52	Spijkerman, Stephaan	12	ESA-CE	2:56.43
53	Avellana, Jowen R	11	HARL-BU	2:56.77
54	Heunis, Johan C	12	BARR-CP	2:57.59
55	Du Plessis, Caleb	12	FSE-KC	2:57.67
56	Smit, Eduard W	12	CASC-CP	2:58.99
57	van der Merwe, Naude	12	PEAS-NM	2:59.93
58	Swanepoel, Roehan J	12	BARR-CP	3:00.42
59	Van der Merwe, Ulric	11	TYGE-CP	3:00.48
60	Wustefeld-Janssens, Harr	13	STAQ-CE	3:02.09
61	Smith, Jacobus J	14	FISH-ED	3:02.40
62	Woodrup, Connor	12	CYBE-CP	3:02.71
63	Parr, Riley C	12	KNYA-ED	3:02.79
64	Heiberg, Ethan	12	MANT-CP	3:03.35
65	Schäffler, James	11	ROA-ED	3:04.99
66	van der Westhuizen, Anri	12	INFA-NM	3:05.06
67	Naude, Niel P	11	AGAQ-OB	3:05.76
68	Van der Veen, Aiden L	11	PEAS-NM	3:05.83
69	Worley, Owen L	12	HARL-BU	3:07.13
70	Kriel, Ewan	12	QSSC-CP	3:07.30
71	Janse van Rensburg, Wihz	11	CASC-CP	3:07.38
72	Edwards, Bryce	11	CTO-CP	3:08.33
73	Kannemeyer, Luan	12	QSSC-CP	3:08.69
74	Schutte, Ethan	11	QSSC-CP	3:09.02
75	Delpotte, Reynard	12	BEST-NM	3:09.31
76	Bouffé, Hunter K	11	KNYA-ED	3:09.86
77	Askevold, Gunther J	12	BLMA-CP	3:11.86
78	Janse van Rensburg, Hug	10	CASC-CP	3:12.47
79	Beukes, Ryan M	11	SAAW-CP	3:12.60
80	Eksteen, Pisces M	11	XCEL-CP	3:13.77
81	Spangenberg, Luke A	11	XCEL-CP	3:15.13
82	Tshabalala, Jodie J	12	BLMA-CP	3:29.11

## #208 Women 16 &amp; Under 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	Madeley, Amy O	14	ANAX-CP	2:37.49
2	Rossouw, Cara	16	TYGE-CP	2:37.63
3	Cronjé, Miané	15	FISH-ED	2:39.43
4	Nienaber, Mila J	14	ESA-CE	2:40.32
5	Holthuis, Keilah-Naomi	16	ESA-CE	2:41.73
6	Pieterse, Abby L	16	INFA-NM	2:44.81
7	De Beer, Isabella C	14	PLAY-CE	2:44.84
8	Fenner, Olivia M	15	PLAY-CE	2:44.87
9	O'Carroll, Nia E	15	STAQ-CE	2:45.10
10	Pearson-Adams, Oshun O	13	SAAW-CP	2:45.80
11	Roth, Elle	13	PEAS-NM	2:45.89
12	Engelbrecht, Giselle K	15	HTSA-CP	2:46.40
13	Kleynhans, Sian	16	WAC-ED	2:46.48
14	Tembo, Noku L	13	KNYA-ED	2:46.76
15	Groenewald, Emma A	14	CASC-CP	2:47.25
16	Kröger, Sammy	15	ESA-CE	2:47.56
17	Koegelenberg, Emily	13	XCEL-CP	2:47.79
18	Nel, Olivia	13	CLA-WC	2:48.27
19	McLean, Daniella L	14	PEAS-NM	2:48.77
20	Messiter-Tooze, Luna S	15	SLAQ-CP	2:48.96
21	Wallis, Juliette	14	CASC-CP	2:49.17
22	Botha, Rebecca P	14	CASC-CP	2:49.65
23	McGluwa, Jovanah N	13	CASC-CP	2:49.67
24	Dart, Mackenzi J	12	USC-BU	2:50.89
25	Coetzee, Marli	14	CASC-CP	2:51.04
26	Kretzmann, Sophie F	13	USC-BU	2:51.09
27	Coleman, Milan	14	FISH-ED	2:51.11
28	Lourens, Mia	14	CASC-CP	2:51.25
29	Robinson, Alana	15	SAAW-CP	2:51.59
30	Van Dyk, Zani	14	ASAC-CP	2:51.66
31	Lloyd, Jemma A	13	VINE-CP	2:51.78

32	Scheffer, Shaylee C	11	UWCA-CP	2:52.08
33	Barthus, Alessia	13	MANT-CP	2:52.51
34	Matthee, Zahrah	13	UWCA-CP	2:52.59
35	Hager, Carle	16	ESA-CE	2:53.11
36	Diessner, Ava	14	PEAS-NM	2:53.32
37	Barenblatt, Sienna G	13	STAQ-CE	2:53.44
38	Nchumali, Kwicia	12	CBM	2:53.45
39	Stevenson, Mikayla	13	QSSC-CP	2:54.34
40	Hengst, Emily A	12	CASC-CP	2:55.38
41	Haldane, Bella	13	FISH-ED	2:55.44
42	Malan, Lua B	14	PLAY-CE	2:55.71
43	Minnaar, Amelia C	14	USC-BU	2:56.82
44	Van Onselen, Annabelle	11	TYGE-CP	2:57.00
45	Normington, Olivia	12	XCEL-CP	2:58.21
46	Van Jaarsveld, Bianca I	12	TYGE-CP	2:58.28
47	Engelbrecht, Zia-Bella L	12	HTSA-CP	2:58.42
48	Groves, Philippa R	15	SSISA-CP	2:58.73
49	Smit, Dione	12	CASC-CP	3:00.37
50	Lilley, Kenna	13	TYGE-CP	3:00.70
51	Thompson, Mia M	11	BEST-NM	3:01.25
52	Vermeulen, Jaime-Lynn	12	HARL-BU	3:01.99
53	Sprong, Jaime M	12	ASAC-CP	3:02.08
54	Richards, Emma E	11	SAAW-CP	3:02.29
55	Hagglund, Emma H	16	SSISA-CP	3:02.49
56	Meiring, Scarlett J	11	INFA-NM	3:02.68
57	Schenck, Maya K	11	TYGE-CP	3:04.25
58	Davis-Taylor, Bela S	12	INFA-NM	3:05.21
59	Palacio, Ines C	12	CBM	3:05.62
60	De Lange, Niah	11	CASC-CP	3:06.58
61	Beyers, Lize M	12	AGAQ-OB	3:07.02
62	Thompson, Taya R	12	CTO-CP	3:07.21
63	Benade, Aria	12	SAAW-CP	3:07.81
64	Mahlangu, Ndalo	12	BLMA-CP	3:08.11
65	Louw, Milea	11	TYGE-CP	3:09.45
66	Croft, Danni	11	KNYA-ED	3:10.33
67	Van de Vyver, Mia	13	ESA-CE	3:11.24
68	Groenewald, Nina H	11	CASC-CP	3:11.34
69	Victor, Amy-Mae	11	PEAS-NM	3:11.38
70	Haynes-Smart, Kaitlyn	13	VINE-CP	3:11.40
71	Glass, Gabi	11	SAAW-CP	3:12.73
72	Swanepoel, Anja E	11	CLA-WC	3:15.24
73	Harvett, Logan L	11	STAQ-CE	3:16.27
74	Adams, Ella	13	CASC-CP	3:20.34
75	Sadi, Chrisela F	11	SAAW-CP	3:24.83
76	DU Plessis, Lheané	12	FISH-ED	3:25.39

## #209 Men 99 &amp; Under 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time	
1	Hartwig, Connor M S6	14	HARL-BU	51.62

## #211 Men 16 &amp; Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Cruickshank, Carter C	16	PEAS-NM	1:04.27
2	Afonso, Aragon G	15	QSSC-CP	1:04.70
3	van Wyk, Tariq K	16	CASC-CP	1:05.83
4	Cleophas, Kyle	16	PAQU-CE	1:06.20
5	Heunis, Le Roux	14	TYGE-CP	1:06.21
6	Pearson-Adams, Wolfe D	16	SAAW-CP	1:06.76
7	Pieterse, Marcelle J	15	XCEL-CP	1:07.13
8	van Staden, Mika L	16	AQUA-BU	1:07.24
9	Oosthuizen, Ethan	16	PLAY-CE	1:07.55
10	Lichthart, Nicus	15	QSSC-CP	1:08.56
11	Ganger, Zeke D	15	MARL-CP	1:09.67
12	Striglia, Elio	14	HARL-BU	1:10.31
13	Wessels, Tiaan	15	USC-BU	1:10.50
14	Wright, Jonah S	15	TYGE-CP	1:11.47
15	Krause, Luke	15	CASC-CP	1:11.49

16	Prince, Caleb T	15	BEST-NM	1:11.59
17	Samsodien, Saaligh S	15	MARL-CP	1:11.76
18	Armist, Caleb	16	HARL-BU	1:12.15
19	Smith, Jenson C	15	ASAC-CP	1:12.23
20	Brits, AJ J	16	MATL-KK	1:12.43
21	Ramorwesi, Oratilwe M	14	SAAW-CP	1:12.49
22	Pioris, Whato	13	CBM	1:12.59
23	Vorster, Bastian S	15	FISH-ED	1:12.60
24	Langeveldt, Christiano C	15	ALPHA-CP	1:13.61
25	Schabort, Lowen	12	ESA-CE	1:13.98
26	Theunissen, Jude E	13	BEST-NM	1:14.76
27	Grobler, Chris I	13	CASC-CP	1:15.38
28	Titus, Brody	15	PAQU-CE	1:17.14
29	February, Dillon S	14	CASC-CP	1:17.51
30	Egen, Erigh E	13	BARR-CP	1:17.87
31	Snyders, Reece	15	UWCA-CP	1:17.99
32	Van Rooyen, Louis B	16	WAC-ED	1:18.00
33	Spangenberg, Zach A	13	XCEL-CP	1:18.87
34	Lee, Daniel	13	TYGE-CP	1:19.41
35	De Jager, Eben	14	BRAVE-CE	1:19.52
36	Van der Merwe, Logan	12	TYGE-CP	1:19.85
37	Isaacs, Christiano A	16	UWCA-CP	1:19.94
38	Heunis, Johan C	12	BARR-CP	1:20.03
39	Beste, Daniël M	15	ESA-CE	1:20.18
40	Claassen, Cayden D	10	PEAS-NM	1:21.11
41	Mare, Ilan	11	CASC-CP	1:21.43
42	Kruger, Declan	11	BLMA-CP	1:21.45
43	Goliath, Cooper C	13	USC-BU	1:21.65
44	Nel, Charles Paul	13	QSSC-CP	1:22.33
45	Worley, Owen L	12	HARL-BU	1:22.62
46	Stander, Christiaan L	13	ESA-CE	1:23.03
47	Van der Merwe, Ulric	11	TYGE-CP	1:23.24
48	Perez Castellano, Emilio	12	CASC-CP	1:23.30
49	Sebastian, Alexander	12	MANT-CP	1:23.55
50	Davenport, Daniel J	12	PEAS-NM	1:24.84
51	Avellana, Jowen R	11	HARL-BU	1:25.36
52	Odendaal, Riko	13	CASC-CP	1:25.66
53	Clifford, Jack K	13	USC-BU	1:26.31
54	Coetzee, Tristan R	12	FISH-ED	1:26.33
55	Van Dyk, Adriaan J	12	ASAC-CP	1:26.40
56	Du Plessis, Caleb	12	FSE-KC	1:27.75
57	Swartz, Seth J	12	CASC-CP	1:29.04
58	Schoeman, Mateo J	12	ESA-CE	1:29.37
59	Clark, Alexander L	12	UWCA-CP	1:29.88
60	Gallie, Abdul-Aziz	14	MANT-CP	1:30.73
61	Pieterse, Adriaan	11	PEAS-NM	1:30.78
62	Naude, Niel P	11	AGAQ-OB	1:30.99
63	Beukes, Ryan M	11	SAAW-CP	1:31.04
64	Gerber, Luke M	12	CASC-CP	1:31.65
65	Smit, Eduard W	12	CASC-CP	1:31.72
66	Lubbe, Mikael B	13	ASAC-CP	1:31.80
67	Goldswain, Nicholas J	12	USC-BU	1:32.64
68	Horn, Ben	11	XCEL-CP	1:33.51
69	Malherbe, Roz R	11	BRAVE-CE	1:33.96
70	Schäffler, James	11	ROA-ED	1:33.99
71	Fourie, Benjamin L	12	BLMA-CP	1:34.29
72	Newham, Christopher J	13	TYGE-CP	1:34.36
73	Spangenberg, Luke A	11	XCEL-CP	1:36.61
74	Jogie, Ryan J	12	HARL-BU	1:38.13
75	Vleggaar, Daniel	13	TYGE-CP	1:39.61
76	Woodrup, Connor	12	CYBE-CP	1:42.44
77	Henning, Christiaan P	11	LALE-CE	1:47.09
78	Fourie, Ezra	13	UWCA-CP	1:48.02
79	Neuhold, Sebastian	12	VINE-CP	1:48.68
80	Smith, Jacobus J	14	FISH-ED	2:07.85

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

#212 Women 16 & Under 100 LC Meter Butterfly			
Name	Age	Team	Seed Time
1 Huang, Shi Han A	16	BLMA-CP	1:11.24
2 Rossouw, Cara	16	TYGE-CP	1:12.25
3 Terwin, Brooklyn	13	USC-BU	1:15.82
4 Wilson, Samantha	13	INFA-NM	1:15.86
5 Mansour, Daniela	13	CBM	1:16.64
6 Gerber, Kayla M	13	STAQ-CE	1:17.31
7 Jordaan, Mikayla E	13	CASC-CP	1:17.34
8 Douglas, Keyla	12	ROA-ED	1:17.69
9 McLean, Daniella L	14	PEAS-NM	1:17.86
10 Longueira, Ava L	14	ASAC-CP	1:18.04
11 Koegelenberg, Emily	13	XCEL-CP	1:18.51
12 O'Carroll, Nia E	15	STAQ-CE	1:18.90
13 Barthus, Alessia	13	MANT-CP	1:19.48
14 Abrahams, Amaani	15	MARL-CP	1:20.29
15 Botha, Rebecca P	14	CASC-CP	1:20.37
16 Groenewald, Emma A	14	CASC-CP	1:20.44
17 Jantjies, Zara	13	MANT-CP	1:20.67
18 Madeley, Amy O	14	ANAX-CP	1:20.96
19 Noeth, Beané	15	JOIEC	1:21.04
20 Normington, Olivia	12	XCEL-CP	1:21.59
21 Iliev, Emily M	12	CBM	1:21.63
22 Van de Vyver, Mia	13	ESA-CE	1:21.80
23 Klopper, Lene	13	QSSC-CP	1:21.86
24 Hendricks, Jada	13	CASC-CP	1:22.03
25 Lourens, Mia	14	CASC-CP	1:22.27
26 Sonnekus, Anya	14	CASC-CP	1:22.44
27 Kimani, Katja	11	CYBE-CP	1:22.48
28 Hagglund, Emma H	16	SSISA-CP	1:22.98
29 Swanepoel, Pia Q	12	ASAC-CP	1:23.35
30 Anthony, Jazmin A	13	PAQU-CE	1:23.44
31 Julies, Grace J	13	XCEL-CP	1:23.75
32 Du Plessis, Leah	13	PEAS-NM	1:23.91
33 De Smidt, Emma J	13	AQDO-CP	1:24.26
34 Kalapac, Lexi	13	SLAQ-CP	1:24.56
35 Stevenson, Mikayla	13	QSSC-CP	1:24.58
36 van der Westhuizen, Ama	14	INFA-NM	1:24.62
37 Malan, Lua B	14	PLAY-CE	1:24.63
38 Jurgens, Chloe-Leigh	13	VINE-CP	1:25.22
39 McGluwa, Jovanah N	13	CASC-CP	1:25.24
40 Mfabe, Zingce Z	13	USC-BU	1:25.84
41 Davis-Taylor, Bela S	12	INFA-NM	1:26.02
42 Joubert, Rebecca J	12	INFA-NM	1:26.15
43 Minnaar, Amelia C	14	USC-BU	1:26.44
44 Onkruid, Gianna R	12	UWCA-CP	1:26.48
45 Matthee, Zarah	13	UWCA-CP	1:26.59
46 Tembo, Noku L	13	KNYA-ED	1:26.69
47 Van Jaarsveld, Bianca I	12	TYGE-CP	1:26.80
48 Mauer, Kayden	16	USC-BU	1:26.83
49 Loni, Yama	12	INFA-NM	1:27.11
50 Engelbrecht, Zia-Bella L	12	HTSA-CP	1:27.32
51 Burden, Leila A	12	CASC-CP	1:27.46
52 Schutlzler, Amelia-Rose	13	USC-BU	1:27.69
53 Smit, Dione	12	CASC-CP	1:27.91
54 Pitout, Addison P	11	ASAC-CP	1:27.96
55 Engelbrecht, Giselle K	15	HTSA-CP	1:28.21
56 Sprong, Jaime M	12	ASAC-CP	1:28.67
57 Thompson, Mia M	11	BEST-NM	1:28.75
58 Makore, Bona M	12	ASAC-CP	1:30.11
59 Mahlangu, Ndalo	12	BLMA-CP	1:31.25
60 Lottering, Eirley	15	USC-BU	1:31.78
61 Hengst, Emily A	12	CASC-CP	1:32.63
62 Du Preez, Kyra J	12	USC-BU	1:32.70
63 Meiring, Scarlett J	11	INFA-NM	1:32.80
64 Van Rooyen, Maggie L	11	PEAS-NM	1:33.14

  

65 Schenck, Maya K	11	TYGE-CP	1:33.34
66 McMaster, Rachael A	11	HARL-BU	1:34.42
67 Chong, Sophie	12	CYBE-CP	1:34.72
68 Bowman, Bailey J	11	USC-BU	1:35.06
69 Kröger, Sammy	15	ESA-CE	1:35.13
70 Sadi, Chrisela F	11	SAAW-CP	1:36.02
71 Saul, Astrid P	11	BLMA-CP	1:38.59
72 Ras, Annabelle	12	CASC-CP	1:41.76
73 Adams, Ella	13	CASC-CP	1:42.63
74 De Jager, Isabella	11	BRAVE-CE	1:43.81
75 DU Plessis, Lheané	12	FISH-ED	1:50.56
76 October, Jemma F	11	ALPHA-CP	1:58.29

  

#213 Men 12 & Under 4x100 LC Meter Freestyle Relay 4 X			
Team	Relay	Seed Time	
1 CASC-CP	M12 A	4:46.70	
Joyce, Guy 12	Perez Castellano, Emilio 12		
Gerber, Luke M 12	Swartz, Seth J 12		
2 PEAS-NM	M12 A	4:48.98	
Claassen, Cayden D 10	Davenport, Daniel J 12		
Van der Veen, Aiden L 11	Pieterse, Adriaan 11		
3 ESA-CE	M12 A	4:51.42	
Schabort, Lowen 12	Pretorius, Johan M 11		
Spijkerman, Stephaan 12	Schoeman, Mateo J 12		
4 QSSC-CP	M12 A	5:00.18	
Rossouw, Marais 12	Schutte, Ethan 11		
Kriel, Ewan 12	Kannemeyer, Luan 12		
5 CASC-CP	M12 B	5:05.54	
Smit, Eduard W 12	Mare, Ilan 11		
Kleynhans, Michael 11	Janse van Rensburg, Wihan		
6 HARL-BU	M12 A	5:08.83	
Worley, Owen L 12	Beard, Elijah 12		
Jogje, Ryan J 12	Avellana, Jowen R 11		
7 BLMA-CP	M12 A	5:10.14	
Askevold, Gunther J 12	Fourie, Benjamin L 12		
Tshabalala, Jodie J 12	Kruger, Declan 11		

  

#214 Men 13-14 4x100 LC Meter Freestyle Relay 4 X 100 F			
Team	Relay	Seed Time	
1 HARL-BU	A	4:12.09	
Van Daalen, Lohan 14	Arnold, Samuel D 13		
Schemel, Brody L 13	Striglia, Elio 14		
2 FISH-ED	A	4:29.76	
Earle, Zack C 14	Spies, Judah J 12		
Coetzee, Tristan R 12	Spies, Pierre J 14		
3 CASC-CP	A	4:34.25	
van Aarde, Matthew D 14	February, Dillon S 14		
King, Aidan J 13	Odendaal, Riko 13		
4 ASAC-CP	A	4:39.31	
Lombard, Quan R 13	Lubbe, Mikael B 13		
Wilson, Kaleb 13	Pitout, Zachary J 14		
5 USC-BU	A	4:41.77	
Clifford, Jack K 13	Petzer, Jayden S 13		
Goliath, Cooper C 13	Lockyear, Devon P 14		
6 MANT-CP	A	4:44.10	
Sebastian, Alexander 12	Heiberg, Ethan 12		
Fortune, Hakeem 14	Gallie, Abdul-Aziz 14		
7 TYGE-CP	A	4:47.19	
Newham, Christopher J 13	Vleggaar, Daniel 13		
Lee, Daniel 13	Heunis, Le Roux 14		
8 BARR-CP	A	4:50.47	
Heunis, Johan C 12	Egen, Erigh E 13		
Swanepoel, Roehan J 12	Tredoux, Simon P 11		

  

#215 Men 15-16 4x100 LC Meter Freestyle Relay 4 X 100 F			
Team	Relay	Seed Time	
1 CASC-CP	A	4:07.68	
van Wyk, Tariq K 16	Krause, Luke 15		
Grobler, Chris I 15	Lewis, Callum R 15		

  

2 QSSC-CP	A	4:09.99	
Lichthart, Nicus 15	Shipton, Christopher J 14		
Coetzee, Sion M 15	Afonso, Aragon G 15		
3 CLA-WC	A	4:25.99	
Hough, Caleb 15	Lammings, Jack 14		
Smith, Zian 13	Snyders, Dylan 13		
4 USC-BU	A	4:34.12	
Wessels, Tiaan 15	Goldswain, Nicholas J 12		
Wessels, Jeandre 12	Kretzmann, Kaleb B 15		

  

#216 Women 12 & Under 4x100 LC Meter Freestyle Relay			
Team	Relay	Seed Time	
1 INFA-NM	A	4:50.14	
Stearn, Hannah 12	Serdyn, Jana 12		
Meiring, Scarlett J 11	Joubert, Rebecca J 12		
2 ASAC-CP	A	4:50.34	
Swanepoel, Pia Q 12	Makore, Bona M 12		
Pitout, Addison P 11	Sprong, Jaime M 12		
3 USC-BU	A	4:55.01	
Abrams, Sophia E 11	Dart, Mackenzi J 12		
Du Preez, Kyra J 12	Greyvenstein, Hayley 12		
4 TYGE-CP	A	5:01.77	
Van Onselen, Annabelle 11	Louw, Milea 11		
Schenck, Maya K 11	Van Jaarsveld, Bianca I 12		
5 CASC-CP	A	5:04.01	
Hengst, Emily A 12	Smit, Dione 12		
Ras, Annabelle 12	De Lange, Niah 11		
6 HARL-BU	A	5:12.55	
Muller, Skyler M 12	Schemel, Leah I 12		
Olipphant, Isabelle 11	Vermeulen, Jaime-Lynn 12		
7 SAAW-CP	A	5:15.14	
Richards, Emma E 11	Glass, Gabi 11		
Sadi, Chrisela F 11	Benade, Aria 12		

  

#217 Women 13-14 4x100 LC Meter Freestyle Relay 4 X 100			
Team	Relay	Seed Time	
1 CASC-CP	A	4:31.94	
Botha, Rebecca P 14	Sonnekus, Anya 14		
Wallis, Juliette 14	Coetzee, Marli 14		
2 PEAS-NM	A	4:36.25	
Roth, Elle 13	McLean, Daniella L 14		
Diessner, Ava 14	Pieterse, Nina 13		
3 CASC-CP	B	4:45.56	
Jordaan, Mikayla E 13	McGluwa, Jovanah N 13		
Groenewald, Emma A 14	Lourens, Mia 14		
4 USC-BU	A	4:46.16	
Minnaar, Amelia C 14	Smith, Ava-Sophia H 14		
Mfabe, Zingce Z 13	Terwin, Brooklyn 13		
5 CBM	A	4:51.28	
Nchumali, Kwicia 12	Palacio, Ines C 12		
Iliev, Emily M 12	Mansour, Daniela 13		
6 MANT-CP	A	4:57.89	
Barthus, Alessia 13	Arendse, Emma 12		
Jantjies, Zara 13	Sebastian, Catherine 12		

  

#218 Women 15-16 4x100 LC Meter Freestyle Relay 4 X 100			
Team	Relay	Seed Time	
1 ESA-CE	A	4:33.42	
Hager, Carle 16	Barnard, Adelmari D 16		
Nienaber, Mila J 14	Holthuis, Keilah-Naomi 16		
2 ASAC-CP	A	4:40.61	
Longueira, Ava L 14	Van Dyk, Zani 14		
Voysey, Ella N 13	Wener, Sophia 15		
3 VINE-CP	A	4:47.98	
Lloyd, Jemma A 13	Endres, Josephine 15		
Haynes-Smart, Kaitlyn 13	Adams, Sydney M 16		
4 CASC-CP	A	4:51.80	
Burger, Juanè 16	Burden, Leila A 12		
Hendricks, Jada 13	Adams, Ella 13		

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

#301 Men 16 & Under 200 LC Meter Freestyle				#302 Women 16 & Under 200 LC Meter Freestyle			
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time
1 Afonso, Aragon G	15	QSSC-CP	2:08.70	1 Huang, Shi Han A	16	BLMA-CP	2:21.28
2 Wright, Jonah S	15	TYGE-CP	2:08.92	2 Holthuis, Keilah-Naomi	16	ESA-CE	2:22.16
3 Cruickshank, Carter C	16	PEAS-NM	2:09.54	3 Pieterse, Abby L	16	INFA-NM	2:23.36
4 Hough, Caleb	15	CLA-WC	2:11.13	4 Botha, Rebecca P	14	CASC-CP	2:26.56
5 Cleophas, Kyle	16	PAQU-CE	2:13.69	5 Wallis, Juliette	14	CASC-CP	2:26.59
6 van Wyk, Tariq K	16	CASC-CP	2:14.17	6 Terwin, Brooklyn	13	USC-BU	2:27.27
7 Lewis, Callum R	15	CASC-CP	2:14.52	7 Strydom, Mia	14	INFA-NM	2:27.58
8 Lichthart, Nicus	15	QSSC-CP	2:14.53	8 De Beer, Isabella C	14	PLAY-CE	2:28.12
9 Mansfield, Luke T	16	STAQ-CE	2:15.61	9 Sonnekus, Anya	14	CASC-CP	2:28.24
10 Pieterse, Marcelle J	15	XCEL-CP	2:15.96	10 Nienaber, Mila J	14	ESA-CE	2:28.43
11 VerLoren Van Themaat, H	14	LALE-CE	2:16.17	11 Koegelenberg, Emily	13	XCEL-CP	2:28.46
12 Pearson-Adams, Wolfe D	16	SAAW-CP	2:16.50	12 Fenner, Olivia M	15	PLAY-CE	2:28.46
13 van Staden, Mika L	16	AQUA-BU	2:17.01	13 Burger, Juanè	16	CASC-CP	2:28.82
14 Langeveldt, Christiano C	15	ALPHA-CP	2:18.09	14 O'Carroll, Nia E	15	STAQ-CE	2:29.00
15 Wessels, Tiaan	15	USC-BU	2:19.49	15 Messiter-Tooze, Luna S	15	SLAQ-CP	2:29.05
16 Repinz, Chase P	16	PEAS-NM	2:20.24	16 Grebe, Ava	13	CUHE-OB	2:29.23
17 Samsodien, Saaligh S	15	MARL-CP	2:20.37	17 Madeley, Amy O	14	ANAX-CP	2:29.32
18 Krause, Luke	15	CASC-CP	2:20.60	18 Noeth, Beané	15	JOIEC	2:29.48
19 Brits, AJ J	16	MATL-KK	2:21.27	19 Retief, Jane	14	LALE-CE	2:30.32
20 Prince, Caleb T	15	BEST-NM	2:21.45	20 Coleman, Milan	14	FISH-ED	2:30.43
21 Laufs, Connor R	14	CTO-CP	2:21.63	21 Robinson, Alana	15	SAAW-CP	2:31.07
22 Grobler, Chris I	15	CASC-CP	2:21.67	22 Tombo, Noku L	13	KNYA-ED	2:31.16
23 Van der Merwe, Luan J	13	UWCA-CP	2:22.03	23 Groves, Philippa R	15	SSISA-CP	2:31.18
24 van Aarde, Matthew D	14	CASC-CP	2:22.29	24 McLean, Daniella L	14	PEAS-NM	2:31.19
25 Hucke, Tegan	14	CTO-CP	2:22.42	25 Pieterse, Nina	13	PEAS-NM	2:31.28
26 Parr, Colbyn S	14	KNYA-ED	2:23.00	26 van der Westhuizen, Ama	14	INFA-NM	2:31.58
27 Jonas, Leonardo	14	PLAY-CE	2:23.14	27 Greyvenstein, Hayley	12	USC-BU	2:31.74
28 Snyders, Dylan	13	CLA-WC	2:23.22	28 Wilson, Samantha	13	INFA-NM	2:31.98
29 Gomez, Alex W	15	MARL-CP	2:24.05	29 Hager, Carle	16	ESA-CE	2:32.10
30 Smit, Christian F	14	ROA-ED	2:24.50	30 Van Tromp, Seruby	15	LALE-CE	2:32.18
31 Coetzee, Tristan R	12	FISH-ED	2:24.83	31 Nel, Olivia	13	CLA-WC	2:32.36
32 Spies, Pierre J	14	FISH-ED	2:25.02	32 McGluwa, Jovanah N	13	CASC-CP	2:32.53
33 Coates, Caleb	14	BEST-NM	2:25.49	33 Coetzee, Marli	14	CASC-CP	2:32.79
34 Theunissen, Jude E	13	BEST-NM	2:25.67	34 Julies, Grace J	13	XCEL-CP	2:32.96
35 Earle, Zack C	14	FISH-ED	2:26.17	35 Douglas, Keyla	12	ROA-ED	2:33.12
36 Pitout, Zachary J	14	ASAC-CP	2:26.90	36 Jordaan, Mikayla E	13	CASC-CP	2:33.44
37 Snyders, Reece	15	UWCA-CP	2:27.17	37 Kleynhans, Kayla	13	ROA-ED	2:33.51
38 Lockyear, Devon P	14	USC-BU	2:27.50	38 Olivier, Gianna G	12	PAQU-CE	2:33.79
39 Ramorwesi, Oratlwe M	14	SAAW-CP	2:27.51	39 Longueira, Ava L	14	ASAC-CP	2:33.98
40 Van Rooyen, Louis B	16	WAC-ED	2:27.95	40 DU Plessis, Lheané	12	FISH-ED	2:34.21
41 Van Daalen, Lohan	14	HARL-BU	2:28.48	41 Pearson-Adams, Oshun O	13	SAAW-CP	2:34.51
42 February, Dillon S	14	CASC-CP	2:28.83	42 Lloyd, Jemma A	13	VINE-CP	2:35.30
43 Smith, Jenson C	15	ASAC-CP	2:28.87	43 Voysey, Ella N	13	ASAC-CP	2:35.34
44 Pioris, Whato	13	CBM	2:29.37	44 Diessner, Ava	14	PEAS-NM	2:35.39
45 Clifford, Jack K	13	USC-BU	2:29.37	45 Levi, Zara	11	CTO-CP	2:35.47
46 Stander, Christiaan L	13	ESA-CE	2:29.68	46 Groenewald, Emma A	14	CASC-CP	2:35.60
47 Lombard, Quan R	13	ASAC-CP	2:30.01	47 Mansour, Daniela	13	CBM	2:35.68
48 Kretzmann, Kaleb B	15	USC-BU	2:30.21	48 Kleynhans, Sian	16	WAC-ED	2:35.78
49 Schemel, Brody L	13	HARL-BU	2:30.61	49 Scheffer, Shaylee C	11	UWCA-CP	2:35.90
50 Gallie, Abdul-Aziz	14	MANT-CP	2:30.88	50 De Smidt, Emma J	13	AQDO-CP	2:36.06
51 Heunis, Le Roux	14	TYGE-CP	2:30.99	51 Van Jaarsveld, Bianca I	12	TYGE-CP	2:36.31
52 Shipton, Christopher J	14	QSSC-CP	2:31.14	52 Minnaar, Amelia C	14	USC-BU	2:36.33
53 Kruger, Declan	11	BLMA-CP	2:31.26				
54 Spangenberg, Zach A	13	XCEL-CP	2:32.34				
55 Davenport, Daniel J	12	PEAS-NM	2:32.37				
56 Lammaing, Jack	14	CLA-WC	2:32.38				
57 Van der Merwe, Logan	12	TYGE-CP	2:32.47				
58 Perez Castellano, Emilio	12	CASC-CP	2:32.55				
59 Schoeman, Mateo J	12	ESA-CE	2:33.10				
60 Bradfield, Joel-Luke	12	INFA-NM	2:33.12				
61 Schabort, Lowen	12	ESA-CE	2:33.23				
62 Fortune, Yaseen	16	MANT-CP	2:33.58				
63 Pieterse, Nicholas N	12	STAQ-CE	2:33.85				
64 King, Aidan J	13	CASC-CP	2:34.28				
65 Van Wyngaard, Daniël C	12	ROA-ED	2:34.33				
66 Van der Veen, Aiden L	11	PEAS-NM	2:34.79				
67 Fischer, Blake D	11	INFA-NM	2:35.02				
68 Swanepoel, Hallett J	13	KNYA-ED	2:35.81				
69 Neuhold, Sebastian	12	VINE-CP	2:36.20				
70 Kriel, Ewan	12	QSSC-CP	2:36.59				
71 Heunis, Johan C	12	BARR-CP	2:36.61				
72 Smith, Zian	13	CLA-WC	2:36.68				
73 Sebastian, Alexander	12	MANT-CP	2:36.72				
74 Delport, Reynard	12	BEST-NM	2:36.77				
75 Goliath, Cooper C	13	USC-BU	2:36.84				
76 Van Heerden, Emile L	12	WAC-ED	2:36.84				
77 Newham, Christopher J	13	TYGE-CP	2:37.16				
78 Poultney, Daniel	10	CASC-CP	2:37.30				
79 Smith, Jacobus J	14	FISH-ED	2:37.49				
80 Joyce, Guy	12	CASC-CP	2:37.54				
81 Louw, James	13	VINE-CP	2:37.56				
82 Bester, Daniël M	15	ESA-CE	2:37.72				
83 Harder, Callum R	12	VINE-CP	2:37.75				
84 Swartz, Seth J	12	CASC-CP	2:38.58				
85 Gerber, Luke M	12	CASC-CP	2:39.37				
86 Clark, Alexander L	12	UWCA-CP	2:39.39				
87 Arnold, Samuel D	13	HARL-BU	2:39.58				
88 Goldswain, Nicholas J	12	USC-BU	2:39.96				
89 Pieterse, Adriaan	11	PEAS-NM	2:40.07				
90 Worley, Owen L	12	HARL-BU	2:40.55				
91 Hauser, Paul	13	ASAC-CP	2:40.63				
92 Fortune, Hakeem	14	MANT-CP	2:40.74				
93 van der Westhuizen, Anri	12	INFA-NM	2:40.81				
94 Swanepoel, Roehan J	12	BARR-CP	2:40.87				
95 Heiberg, Ethan	12	MANT-CP	2:40.97				
96 Odendaal, Riko	13	CASC-CP	2:41.05				
97 Parr, Riley C	12	KNYA-ED	2:41.41				
98 Vleggaar, Daniel	13	TYGE-CP	2:41.66				
99 Baadjies, Cruden H	14	PAQU-CE	2:41.84				
100 Spies, Judah J	12	FISH-ED	2:42.24				
101 Smit, Eduard W	12	CASC-CP	2:42.50				
102 Lee, Daniel	13	TYGE-CP	2:42.51				
103 Van der Merwe, Ulric	11	TYGE-CP	2:42.99				
104 Egen, Erigh E	13	BARR-CP	2:43.05				
105 Lubbe, Mikael B	13	ASAC-CP	2:43.32				
106 Spijkerman, Stephaan	12	ESA-CE	2:43.58				
107 Du Plessis, Caleb	12	FSE-KC	2:44.04				
108 Beukes, Ryan M	11	SAAW-CP	2:44.24				
109 Woodrup, Connor	12	CYBE-CP	2:44.65				
110 De Nooy, Wyatt J	10	LALE-CE	2:44.81				
111 Jogie, Ryan J	12	HARL-BU	2:44.86				
112 Rossouw, Marais	12	QSSC-CP	2:44.95				
113 Jewell, Stefan E	12	PEAS-NM	2:45.16				
114 Mare, Ilan	11	CASC-CP	2:45.22				
115 Wustefeld-Janssens, Harr	13	STAQ-CE	2:45.42				
116 Wessels, Jeandre	12	USC-BU	2:45.56				
117 Askevold, Gunther J	12	BLMA-CP	2:45.56				
118 Petzer, Jayden S	13	USC-BU	2:45.76				
119 Versfeld, Ben I	11	BRAVE-CE	2:46.22				
120 Edwards, Bryce	11	CTO-CP	2:47.14				
121 Bouffé, Hunter K	11	KNYA-ED	2:47.59				
122 Kannemeyer, Luan	12	QSSC-CP	2:47.63				
123 Nel, Charles Paul	13	QSSC-CP	2:47.78				
124 van der Merwe, Naude	12	PEAS-NM	2:49.00				
125 Munnik, Connor C	14	PAQU-CE	2:49.13				
126 Joubert, Daniel J	11	PLAY-CE	2:50.78				
127 Kleynhans, Michael	11	CASC-CP	2:51.55				
128 Olivier, Simeon	11	PAQU-CE	2:51.86				
129 Schutte, Ethan	11	QSSC-CP	2:52.12				
130 Tshabalala, Jodie J	12	BLMA-CP	2:53.22				
131 Eksteen, Pisces M	11	XCEL-CP	2:53.29				
132 Henning, Christiaan P	11	LALE-CE	2:55.07				
133 Nothnagel, Henk K	13	CASC-CP	2:56.18				
134 Fourie, Benjamin L	12	BLMA-CP	2:56.25				
135 Spangenberg, Luke A	11	XCEL-CP	2:57.34				
136 Janse van Rensburg, Wih	11	CASC-CP	2:58.56				
137 Whitehouse, Bramwell A	11	CUHE-OB	2:59.92				
138 Malherbe, Max M	12	BRAVE-CE	3:02.37				
139 Visser, Noah	11	JOIEC	3:02.62				
140 Freislich, Reid A	11	KNYA-ED	3:03.47				
141 Janse van Rensburg, Hugo	10	CASC-CP	3:04.16				
142 Meets, Daniel	12	ASAC-CP	3:08.02				
143 Botha, Andre	13	TYGE-CP	3:19.45				

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #302 ... (Women 16 &amp; Under 200 LC Meter Freestyle)

53	Lottering, Eirley	15	USC-BU	2:36.59
54	Albino, Nemzi L	16	SAAW-CP	2:37.00
55	Hagglund, Emma H	16	SSISA-CP	2:37.04
56	Normington, Olivia	12	XCEL-CP	2:37.71
57	Engelbrecht, Giselle K	15	HTSA-CP	2:37.74
58	Joubert, Rebecca J	12	INFA-NM	2:37.88
59	Abrams, Sophia E	11	USC-BU	2:38.31
60	Hendricks, Jada	13	CASC-CP	2:38.45
61	Adams, Ella	13	CASC-CP	2:38.73
62	Jantjies, Zara	13	MANT-CP	2:39.07
63	Kimani, Katja	11	CYBE-CP	2:39.33
64	Thompson, Mia M	11	BEST-NM	2:39.85
65	Stevenson, Mikayla	13	QSSC-CP	2:39.99
66	Haldane, Bella	13	FISH-ED	2:40.33
67	Matthee, Zarah	13	UWCA-CP	2:40.37
68	Swanepoel, Emma	11	CLA-WC	2:41.44
69	Palacio, Ines C	12	CBM	2:41.51
70	Mauer, Kayden	16	USC-BU	2:41.52
71	Haynes-Smart, Kaitlyn	13	VINE-CP	2:41.54
72	Makore, Bona M	12	ASAC-CP	2:41.62
73	Davis-Taylor, Bela S	12	INFA-NM	2:41.74
74	Kretzmann, Sophie F	13	USC-BU	2:41.76
75	Ranger, Emma L	12	USC-BU	2:41.79
76	Van de Vyver, Mia	13	ESA-CE	2:42.22
77	Hengst, Emily A	12	CASC-CP	2:42.47
78	Barenblatt, Sienna G	13	STAQ-CE	2:42.53
79	Barthus, Alessia	13	MANT-CP	2:42.57
80	Mahlangu, Ndalo	12	BLMA-CP	2:42.62
81	Muller, Skyler M	12	HARL-BU	2:42.70
82	Van Onselen, Annabelle	11	TYGE-CP	2:42.84
83	Du Plessis, Leah	13	PEAS-NM	2:43.24
84	Serdyn, Jana	12	INFA-NM	2:43.30
85	Pieterse, Kate J	12	PEAS-NM	2:43.40
86	Pitout, Addison P	11	ASAC-CP	2:43.76
87	Vermeulen, Jaime-Lynn	12	HARL-BU	2:44.18
88	Lubbe, Esther A	12	BEST-NM	2:44.39
89	Dart, Mackenzi J	12	USC-BU	2:44.78
90	Du Preez, Kyra J	12	USC-BU	2:44.96
91	Engelbrecht, Zia-Bella L	12	HTSA-CP	2:45.11
92	Brissos, Filipa	12	CMD	2:45.21
93	Mfabe, Zingee Z	13	USC-BU	2:45.74
94	Iliev, Emily M	12	CBM	2:45.90
95	Loni, Yama	12	INFA-NM	2:45.90
96	Richards, Emma E	11	SAAW-CP	2:45.92
97	Sebastian, Catherine	12	MANT-CP	2:46.31
98	Lilley, Kenna	13	TYGE-CP	2:46.37
99	Berry, Olivia D	12	BEST-NM	2:46.40
100	Jurgens, Chloe-Leigh	13	VINE-CP	2:46.97
101	Swanepoel, Pia Q	12	ASAC-CP	2:47.24
102	Anthony, Jazmin A	13	PAQU-CE	2:47.76
103	Maritz, Ava C	10	CTO-CP	2:47.79
104	Smith, Ava-Sophia H	14	USC-BU	2:49.20
105	De Lange, Niah	11	CASC-CP	2:49.21
106	Schenck, Maya K	11	TYGE-CP	2:49.26
107	Swanepoel, Anja E	11	CLA-WC	2:49.31
108	Sprong, Jaime M	12	ASAC-CP	2:49.55
109	Arendse, Emma	12	MANT-CP	2:50.34
110	Glass, Gabi	11	SAAW-CP	2:50.69
111	Chong, Sophie	12	CYBE-CP	2:51.63
112	Benade, Aria	12	SAAW-CP	2:51.69
113	Sadi, Chrisela F	11	SAAW-CP	2:53.04
114	Abrahamse, Lexi	11	VINE-CP	2:53.86
115	Louw, Milea	11	TYGE-CP	2:55.04
116	Harvett, Logan L	11	STAQ-CE	2:55.07
117	Burden, Leila A	12	CASC-CP	2:56.76

118	October, Jemma F	11	ALPHA-CP	2:58.09
119	Klopper, Lene	13	QSSC-CP	2:58.88
120	Groenewald, Nina H	11	CASC-CP	2:59.41
121	McMaster, Rachael A	11	HARL-BU	3:01.39
122	Saul, Astrid P	11	BLMA-CP	3:01.93
123	Van Rooyen, Maggie L	11	PEAS-NM	3:03.43
124	Bowman, Bailey J	11	USC-BU	3:04.39
125	Smith, Isabel H	12	USC-BU	3:06.79
126	van Staden, Stella	12	AQUA-BU	3:10.58

## #303 Men 99 &amp; Under 100 LC Meter Freestyle Multi-Class I

Name	Age	Team	Seed Time
1 Hartwig, Connor M S6	14	HARL-BU	1:47.32

## #305 Men 16 &amp; Under 50 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Mansfield, Luke T	16	STAQ-CE	33.85
2 Isaacs, Christiano A	16	UWCA-CP	34.05
3 Basson, Zethan L	15	PEAS-NM	34.38
4 Nikolic, Sebastian N	14	INFA-NM	34.41
5 van Aarde, Matthew D	14	CASC-CP	34.81
6 Baadjies, Cruden H	14	PAQU-CE	35.19
7 Alvim, João M	16	CBM	35.28
8 Striglia, Elio	14	HARL-BU	35.35
9 Chetty, Liam	16	AQUA-BU	35.45
10 De Jager, Eben	14	BRAVE-CE	35.59
11 Samsodien, Saaligh S	15	MARL-CP	35.67
12 Lockyear, Devon P	14	USC-BU	35.78
13 Repinz, Chase P	16	PEAS-NM	36.50
14 Coetzee, Sion M	15	QSSC-CP	36.61
15 Laufs, Connor R	14	CTO-CP	36.77
16 Pearson-Adams, Wolfe D	16	SAAW-CP	36.97
17 Gomez, Alex W	15	MARL-CP	36.99
18 Snyders, Reece	15	UWCA-CP	37.01
19 Krause, Luke	15	CASC-CP	37.07
20 Kretzmann, Kaleb B	15	USC-BU	37.18
21 Ganger, Zeke D	15	MARL-CP	37.39
22 Bester, Daniël M	15	ESA-CE	37.48
23 Vorster, Bastian S	15	FISH-ED	37.49
24 van Staden, Mika L	16	AQUA-BU	37.73
25 Oosthuizen, Ethan	16	PLAY-CE	38.03
26 Wilson, Kaleb	13	ASAC-CP	38.29
27 Coates, Caleb	14	BEST-NM	38.38
28 Snyders, Dylan	13	CLA-WC	38.45
29 Fortune, Yaseen	16	MANT-CP	38.82
30 Langeveldt, Christiano C	15	ALPHA-CP	38.83
31 Abrie, Ryn J	14	CUHE-OB	39.10
32 Swanepoel, Hallett J	13	KNYA-ED	39.18
33 Smit, Christian F	14	ROA-ED	39.31
34 Fortune, Hakeem	14	MANT-CP	39.47
35 Van Heerden, Emile L	12	WAC-ED	39.47
36 Clark, Alexander L	12	UWCA-CP	39.69
37 Perez Castellano, Emilio	12	CASC-CP	39.72
38 Pitout, Zachary J	14	ASAC-CP	39.81
39 Hauser, Paul	13	ASAC-CP	39.90
40 Coetzee, Tristan R	12	FISH-ED	40.36
41 Lombard, Quan R	13	ASAC-CP	40.50
42 Sebastian, Alexander	12	MANT-CP	40.53
43 Claassen, Cayden D	10	PEAS-NM	40.54
44 Malherbe, Max M	12	BRAVE-CE	40.70
45 Botha, Andre	13	TYGE-CP	40.81
46 Fischer, Blake D	11	INFA-NM	40.84
47 Theunissen, Jude E	13	BEST-NM	40.92
48 Clifford, Jack K	13	USC-BU	41.17
49 Horn, Ben	11	XCEL-CP	41.24
50 Stander, Christiaan L	13	ESA-CE	41.40
51 Gallie, Abdul-Aziz	14	MANT-CP	41.48

52	Kannemeyer, Luan	12	QSSC-CP	41.70
53	Schoeman, Mateo J	12	ESA-CE	41.90
54	Van Der Westhuizen, Ewa	11	LALE-CE	41.92
55	Kleynhans, Michael	11	CASC-CP	41.95
56	Egen, Erigh E	13	BARR-CP	42.01
57	Jooste, Ben D	14	CUHE-OB	42.09
58	Schäffler, James	11	ROA-ED	42.15
59	Munnik, Connor C	14	PAQU-CE	42.35
60	Nel, Charles Paul	13	QSSC-CP	42.56
61	Davenport, Daniel J	12	PEAS-NM	42.87
62	Tredoux, Simon P	11	BARR-CP	42.92
63	Askevold, Gunther J	12	BLMA-CP	43.54
64	Titus, Brody	13	PAQU-CE	43.57
65	Van Wyngaard, Daniël C	12	ROA-ED	43.69
66	Swanepoel, Roehan J	12	BARR-CP	43.71
67	Jewell, Stefan E	12	PEAS-NM	43.91
68	Fourie, Ezra	13	UWCA-CP	44.02
69	Visser, Noah	11	JOIEC	44.26
70	Spangenberg, Zach A	13	XCEL-CP	44.31
71	Lubbe, Mikael B	13	ASAC-CP	44.36
72	Smith, Jacobus J	14	FISH-ED	44.47
73	Basson, Zaryd D	11	PEAS-NM	44.50
74	Mare, Ilan	11	CASC-CP	44.50
75	Schabert, Lowen	12	ESA-CE	44.53
76	Poultney, Daniel	10	CASC-CP	44.56
77	Wiltshire, James	12	USC-BU	44.69
78	Joubert, Daniel J	11	PLAY-CE	44.79
79	Vleggaar, Daniel	13	TYGE-CP	44.99
80	Van der Veen, Aiden L	11	PEAS-NM	45.24
81	Olivier, Simeon	11	PAQU-CE	45.30
82	Heiberg, Ethan	12	MANT-CP	45.37
83	Parr, Riley C	12	KNYA-ED	45.59
84	Nothnagel, Henk K	13	CASC-CP	45.67
85	Spangenberg, Luke A	11	XCEL-CP	46.11
86	Tshabalala, Jodie J	12	BLMA-CP	46.37
87	Avellana, Jowen R	11	HARL-BU	46.40
88	Arnold, Samuel D	13	HARL-BU	46.57
89	Janse van Rensburg, Wihl	11	CASC-CP	46.70
90	Malherbe, Roz R	11	BRAVE-CE	46.80
91	Wessels, Jeandre	12	USC-BU	46.89
92	Delpoort, Reynard	12	BEST-NM	47.08
93	Pretorius, Johan M	11	ESA-CE	47.09
94	Fourie, Benjamin L	12	BLMA-CP	47.27
95	Versfeld, Ben I	11	BRAVE-CE	47.58
96	Whitehouse, Bramwell A	11	CUHE-OB	47.70
97	Van Dyk, Adriaan J	12	ASAC-CP	47.76
98	Beukes, Ryan M	11	SAAW-CP	47.84
99	Eksteen, Pisces M	11	XCEL-CP	48.61
100	Henning, Christiaan P	11	LALE-CE	48.64
101	Beard, Elijah	12	HARL-BU	48.97
102	Kruger, Declan	11	BLMA-CP	49.11
103	Freislich, Reid A	11	KNYA-ED	49.29
104	Brown, Magmoed	13	VINE-CP	49.39
105	Meets, Daniel	12	ASAC-CP	49.50

## #306 Women 16 &amp; Under 50 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Adams, Sydney M	16	VINE-CP	36.97
2 Albino, Nemzi L	16	SAAW-CP	37.64
3 Lindsay, Edith J	15	FISH-ED	37.94
4 DU Plessis, Lheané	12	FISH-ED	37.96
5 Hawley, Nicola	15	PLAY-CE	38.54
6 Kalapac, Lexi	13	SLAQ-CP	38.72
7 Wener, Sophia	15	ASAC-CP	38.90
8 Longueira, Ava L	14	ASAC-CP	39.08
9 Voysey, Ella N	13	ASAC-CP	39.22
10 Weimann, Erin J	15	USC-BU	39.25

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

#306 ... (Women 16 & Under 50 LC Meter Breaststroke)			
11	Barnard, Adelmari D	16	ESA-CE 39.26
12	Rossouw, Cara	16	TYGE-CP 39.48
13	Grebe, Ava	13	CUHE-OB 39.65
14	Julies, Grace J	13	XCEL-CP 39.81
15	Van Dyk, Zani	14	ASAC-CP 39.83
16	Levi, Zara	11	CTO-CP 39.89
17	Cronjé, Miané	15	FISH-ED 39.93
18	Greyvenstein, Hayley	12	USC-BU 40.00
19	Abrahams, Amaani	15	MARL-CP 40.02
20	Smith, Ava-Sophia H	14	USC-BU 40.53
21	Benade, Aria	12	SAAW-CP 40.62
22	Nchumali, Kwicia	12	CBM 40.63
23	Ristow, Emma K	13	USC-BU 40.68
24	Retief, Jane	14	LALE-CE 40.95
25	Stearn, Hannah	12	INFA-NM 41.06
26	Mauer, Kayden	16	USC-BU 41.09
27	Pieterse, Nina	13	PEAS-NM 41.17
28	Onkruid, Gianna R	12	UWCA-CP 41.17
29	Lottering, Eirley	15	USC-BU 41.52
30	Normington, Olivia	12	XCEL-CP 41.58
31	Olivier, Gianna G	12	PAQU-CE 41.70
32	Jurgens, Chloe-Leigh	13	VINE-CP 41.76
33	Schutzler, Amelia-Rose	13	USC-BU 42.18
34	Serdyn, Jana	12	INFA-NM 42.39
35	Abrahamse, Lexi	11	VINE-CP 42.96
36	Du Preez, Kyra J	12	USC-BU 43.18
37	Ras, Annabelle	12	CASC-CP 43.35
38	Anthony, Jazmin A	13	PAQU-CE 43.36
39	Harvett, Logan L	11	STAQ-CE 43.62
40	Swanepoel, Pia Q	12	ASAC-CP 43.74
41	Endres, Josephine	15	VINE-CP 43.75
42	O'Carroll, Nia E	15	STAQ-CE 43.86
43	Sonnekus, Anya	14	CASC-CP 44.09
44	Lloyd, Jemma A	13	VINE-CP 44.11
45	Jantjies, Zara	13	MANT-CP 44.39
46	Haynes-Smart, Kaitlyn	13	VINE-CP 44.40
47	Thompson, Mia M	11	BEST-NM 44.42
48	Du Plessis, Leah	13	PEAS-NM 44.48
49	Oliphant, Isabelle	11	HARL-BU 44.57
50	Smith, Isabel H	12	USC-BU 44.69
51	Christensen, Milla M	13	WELL-CE 44.78
52	Victor, Amy-Mae	11	PEAS-NM 44.89
53	Thysse, Morgan K	11	USC-BU 44.97
54	Ranger, Emma L	12	USC-BU 45.04
55	Engelbrecht, Zia-Bella L	12	HTSA-CP 45.24
56	Hendricks, Jada	13	CASC-CP 45.31
57	Stevens, Ava	12	USC-BU 45.43
58	Kimani, Katja	11	CYBE-CP 45.51
59	Kröger, Sammy	15	ESA-CE 45.63
60	De Jager, Isabella	11	BRAVE-CE 45.63
61	Fakier, Ayesha i	11	CTO-CP 45.89
62	Schemel, Leah I	12	HARL-BU 46.01
63	Lubbe, Esther A	12	BEST-NM 46.01
64	Van Rooyen, Maggie L	11	PEAS-NM 46.14
65	Sebastian, Catherine	12	MANT-CP 46.17
66	van Staden, Stella	12	AQUA-BU 46.52
67	van der Westhuizen, Ama	14	INFA-NM 46.80
68	Brissos, Filipa	12	CMD 47.00
69	Meiring, Scarlett J	11	INFA-NM 47.02
70	Smit, Dione	12	CASC-CP 47.04
71	Arendse, Emma	12	MANT-CP 47.12
72	Van Onselen, Annabelle	11	TYGE-CP 47.19
73	Matthee, Sarah	13	UWCA-CP 47.21
74	Mahlangu, Ndalo	12	BLMA-CP 47.25
75	Thompson, Taya R	12	CTO-CP 47.67

76	Makore, Bona M	12	ASAC-CP 47.69
77	Maritz, Ava C	10	CTO-CP 48.66
78	Vd Wal, Dine	12	CASC-CP 48.87
79	Palacio, Ines C	12	CBM 48.91
80	Bowman, Bailey J	11	USC-BU 48.97
81	Glass, Gabi	11	SAAW-CP 49.12
82	Beyers, Lize M	12	AGAQ-OB 49.53
83	Saul, Astrid P	11	BLMA-CP 50.47
84	Burden, Leila A	12	CASC-CP 51.18

## #309 Men 16 &amp; Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time
1	Wessels, Tiaan	15	USC-BU 1:06.80
2	Grobler, Chris I	15	CASC-CP 1:07.26
3	Coetzee, Sion M	15	QSSC-CP 1:08.10
4	Lewis, Callum R	15	CASC-CP 1:08.61
5	Lichthart, Nicus	15	QSSC-CP 1:08.85
6	Alvim, João M	16	CBM 1:08.98
7	Wright, Jonah S	15	TYGE-CP 1:09.26
8	van Wyk, Tariq K	16	CASC-CP 1:09.32
9	Pieterse, Marcelle J	15	XCEL-CP 1:09.51
10	Parr, Colbyn S	14	KNYA-ED 1:10.07
11	Cleophas, Kyle	16	PAQU-CE 1:10.32
12	Heunis, Le Roux	14	TYGE-CP 1:10.51
13	VerLoren Van Themaat, H	14	LALE-CE 1:10.58
14	Jooste, Ben D	14	CUHE-OB 1:10.75
15	Afonso, Aragon G	15	QSSC-CP 1:11.12
16	Fortune, Yaseen	16	MANT-CP 1:11.36
17	Repinz, Chase P	16	PEAS-NM 1:11.56
18	Ganger, Zeke D	15	MARL-CP 1:11.60
19	Van Daalen, Lohan	14	HARL-BU 1:11.62
20	Hough, Caleb	15	CLA-WC 1:11.76
21	February, Dillon S	14	CASC-CP 1:12.85
22	Hodge, Cameron P	15	LALE-CE 1:12.92
23	Gallie, Abdul-Aziz	14	MANT-CP 1:13.39
24	Ramorwesi, Oratilwe M	14	SAAW-CP 1:13.68
25	Troskie, Roean	14	QSSC-CP 1:13.77
26	Oosthuizen, Ethan	16	PLAY-CE 1:13.80
27	Brits, AJ J	16	MATL-KK 1:13.81
28	Vorster, Bastian S	15	FISH-ED 1:14.10
29	Lamminga, Jack	14	CLA-WC 1:14.41
30	Hucke, Tegan	14	CTO-CP 1:14.54
31	Harder, Callum R	12	VINE-CP 1:14.74
32	Prince, Caleb T	15	BEST-NM 1:15.34
33	Schabort, Lowen	12	ESA-CE 1:15.78
34	Shipton, Christopher J	14	QSSC-CP 1:16.34
35	Van der Merwe, Luan J	13	UWCA-CP 1:16.64
36	Armist, Caleb	16	HARL-BU 1:16.68
37	Smit, Christian F	14	ROA-ED 1:16.84
38	King, Aidan J	13	CASC-CP 1:17.48
39	Odendaal, Riko	13	CASC-CP 1:17.51
40	Louw, James	13	VINE-CP 1:18.30
41	Spangenberg, Zach A	13	XCEL-CP 1:18.69
42	Fortune, Hakeem	14	MANT-CP 1:18.72
43	Sebastian, Alexander	12	MANT-CP 1:18.95
44	De Jager, Eben	14	BRAVE-CE 1:18.97
45	Lubbe, Mikael B	13	ASAC-CP 1:19.15
46	Lombard, Quan R	13	ASAC-CP 1:19.29
47	Lee, Daniel	13	TYGE-CP 1:19.47
48	Clark, Alexander L	12	UWCA-CP 1:19.56
49	Van der Merwe, Logan	12	TYGE-CP 1:19.59
50	Rossouw, Marais	12	QSSC-CP 1:19.63
51	Schemel, Brody L	13	HARL-BU 1:19.66
52	Horn, Ben	11	XCEL-CP 1:19.92
53	Pieterse, Nicholas N	12	STAQ-CE 1:19.92
54	Kruger, Declan	11	BLMA-CP 1:20.41
55	Spies, Pierre J	14	FISH-ED 1:20.50

56	Theunissen, Jude E	13	BEST-NM 1:20.58
57	Bradfield, Joel-Luke	12	INFA-NM 1:20.60
58	Newham, Christopher J	13	TYGE-CP 1:20.67
59	Pieterse, Adriaan	11	PEAS-NM 1:20.94
60	Gerber, Luke M	12	CASC-CP 1:21.29
61	Joyce, Guy	12	CASC-CP 1:21.36
62	Arnold, Samuel D	13	HARL-BU 1:21.47
63	Earle, Zack C	14	FISH-ED 1:21.53
64	Swartz, Seth J	12	CASC-CP 1:21.71
65	Avellana, Jowen R	11	HARL-BU 1:21.90
66	Wilson, Kaleb	13	ASAC-CP 1:21.94
67	Petzer, Jayden S	13	USC-BU 1:22.12
68	Jogie, Ryan J	12	HARL-BU 1:22.34
69	Spijkerman, Stephaan	12	ESA-CE 1:22.35
70	Du Plessis, Caleb	12	FSE-KC 1:22.42
71	Pitout, Zachary J	14	ASAC-CP 1:22.55
72	van der Merwe, Naude	12	PEAS-NM 1:22.97
73	Heunis, Johan C	12	BARR-CP 1:23.00
74	Swanepoel, Roehan J	12	BARR-CP 1:23.18
75	Smit, Eduard W	12	CASC-CP 1:23.39
76	Smith, Zian	13	CLA-WC 1:23.39
77	Heiberg, Ethan	12	MANT-CP 1:23.73
78	Kannemeyer, Luan	12	QSSC-CP 1:23.76
79	Askevold, Gunther J	12	BLMA-CP 1:24.67
80	Van der Merwe, Ulric	11	TYGE-CP 1:25.06
81	Spies, Judah J	12	FISH-ED 1:25.14
82	Schutte, Ethan	11	QSSC-CP 1:25.21
83	Woodrup, Connor	12	CYBE-CP 1:25.32
84	Parr, Riley C	12	KNYA-ED 1:25.39
85	Neuhold, Sebastian	12	VINE-CP 1:25.53
86	Edwards, Bryce	11	CTO-CP 1:25.74
87	Wustefeld-Janssens, Harr	13	STAQ-CE 1:25.79
88	van der Westhuizen, Anri	12	INFA-NM 1:25.90
89	Naude, Niel P	11	AGAQ-OB 1:25.94
90	Smith, Jacobus J	14	FISH-ED 1:26.70
91	Kriel, Ewan	12	QSSC-CP 1:27.30
92	Poultney, Daniel	10	CASC-CP 1:27.36
93	Worley, Owen L	12	HARL-BU 1:27.54
94	Schäffler, James	11	ROA-ED 1:27.58
95	Bouffé, Hunter K	11	KNYA-ED 1:27.97
96	Janse van Rensburg, Wih	11	CASC-CP 1:28.13
97	Janse van Rensburg, Hugo	10	CASC-CP 1:28.34
98	Van der Ven, Aiden L	11	PEAS-NM 1:28.47
99	Vleggaar, Daniel	13	TYGE-CP 1:29.11
100	Eksteen, Pisces M	11	XCEL-CP 1:29.40
101	Meets, Daniel	12	ASAC-CP 1:29.68
102	Van Dyk, Adriaan J	12	ASAC-CP 1:31.12
103	Beukes, Ryan M	11	SAAW-CP 1:32.27
104	Basson, Zaryd D	11	PEAS-NM 1:32.81
105	Spangenberg, Luke A	11	XCEL-CP 1:33.66
106	Fourie, Benjamin L	12	BLMA-CP 1:34.43
107	Malherbe, Roz R	11	BRAVE-CE 1:34.67
108	Tshabalala, Jodie J	12	BLMA-CP 1:38.76
109	Henning, Christiaan P	11	LALE-CE 1:40.13

## #310 Women 16 &amp; Under 100 LC Meter Backstroke

Name	Age	Team	Seed Time
1	Huang, Shi Han A	16	BLMA-CP 1:12.36
2	Rossouw, Cara	16	TYGE-CP 1:12.85
3	Fenner, Olivia M	15	PLAY-CE 1:13.87
4	Pieterse, Abby L	16	INFA-NM 1:14.14
5	Holthuis, Keilah-Naomi	16	ESA-CE 1:14.24
6	Botha, Rebecca P	14	CASC-CP 1:14.32
7	Cronjé, Miané	15	FISH-ED 1:14.97
8	De Beer, Isabella C	14	PLAY-CE 1:15.11
9	Roth, Elle	13	PEAS-NM 1:15.30
10	Nienaber, Mila J	14	ESA-CE 1:15.53

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## Psych Sheet

## #310 ... (Women 16 &amp; Under 100 LC Meter Backstroke)

11	Pearson-Adams, Oshun O	13	SAAW-CP	1:15.67
12	Madeley, Amy O	14	ANAX-CP	1:15.88
13	O'Carroll, Nia E	15	STAQ-CE	1:16.38
14	McClean, Daniella L	14	PEAS-NM	1:16.44
15	Hager, Carle	16	ESA-CE	1:16.55
16	Coetzee, Marli	14	CASC-CP	1:17.21
17	Albino, Nemzi L	16	SAAW-CP	1:17.26
18	Engelbrecht, Giselle K	15	HTSA-CP	1:17.32
19	Haldane, Bella	13	FISH-ED	1:17.58
20	Barthus, Alessia	13	MANT-CP	1:17.58
21	Burger, Juanè	16	CASC-CP	1:17.68
22	Coleman, Milan	14	FISH-ED	1:17.89
23	Lourens, Mia	14	CASC-CP	1:18.18
24	Nchumali, Kwicia	12	CBM	1:18.54
25	Messiter-Tooze, Luna S	15	SLAQ-CP	1:18.71
26	Hagglund, Emma H	16	SSISA-CP	1:18.85
27	Diessner, Ava	14	PEAS-NM	1:19.03
28	Koegelenberg, Emily	13	XCEL-CP	1:19.11
29	Van Dyk, Zani	14	ASAC-CP	1:19.36
30	McGluwa, Jovanah N	13	CASC-CP	1:19.44
31	Wallis, Juliette	14	CASC-CP	1:19.57
32	Nel, Olivia	13	CLA-WC	1:19.67
33	Groves, Philippa R	15	SSISA-CP	1:19.71
34	Stevenson, Mikayla	13	QSSC-CP	1:19.82
35	Kleynhans, Sian	16	WAC-ED	1:20.20
36	Wilson, Samantha	13	INFA-NM	1:20.22
37	Dart, Mackenzi J	12	USC-BU	1:20.32
38	Minnaar, Amelia C	14	USC-BU	1:20.37
39	Scheffer, Shaylee C	11	UWCA-CP	1:20.42
40	Robinson, Alana	15	SAAW-CP	1:20.52
41	Kröger, Sammy	15	ESA-CE	1:20.88
42	Matthee, Zarah	13	UWCA-CP	1:20.93
43	Tembo, Noku L	13	KNYA-ED	1:21.24
44	Lloyd, Jemma A	13	VINE-CP	1:21.62
45	Groenewald, Emma A	14	CASC-CP	1:21.67
46	Van Jaarsveld, Bianca I	12	TYGE-CP	1:21.76
47	Klopper, Lene	13	QSSC-CP	1:21.79
48	Hengst, Emily A	12	CASC-CP	1:21.85
49	Jordaan, Mikayla E	13	CASC-CP	1:21.93
50	Meiring, Scarlett J	11	INFA-NM	1:22.10
51	Greyvenstein, Hayley	12	USC-BU	1:22.18
52	Douglas, Keyla	12	ROA-ED	1:22.18
53	Abrahams, Amaani	15	MARL-CP	1:22.25
54	Kretzmann, Sophie F	13	USC-BU	1:22.40
55	Gerber, Kayla M	13	STAQ-CE	1:22.41
56	Barenblatt, Sienna G	13	STAQ-CE	1:22.48
57	Jantjies, Zara	13	MANT-CP	1:22.48
58	Malan, Lua B	14	PLAY-CE	1:22.78
59	Smit, Dione	12	CASC-CP	1:23.36
60	Van Onselen, Annabelle	11	TYGE-CP	1:23.58
61	Engelbrecht, Zia-Bella L	12	HTSA-CP	1:23.70
62	Beyers, Lize M	12	AGAQ-OB	1:23.95
63	Lilley, Kenna	13	TYGE-CP	1:23.97
64	Davis-Taylor, Bela S	12	INFA-NM	1:24.12
65	Terwin, Brooklyn	13	USC-BU	1:24.16
66	Thompson, Mia M	11	BEST-NM	1:24.16
67	Haynes-Smart, Kaitlyn	13	VINE-CP	1:24.19
68	Sprong, Jaime M	12	ASAC-CP	1:24.73
69	Mahlangu, Ndalo	12	BLMA-CP	1:24.75
70	Endres, Josephine	15	VINE-CP	1:25.59
71	Vermeulen, Jaime-Lynn	12	HARL-BU	1:25.79
72	Schenck, Maya K	11	TYGE-CP	1:25.84
73	Thompson, Taya R	12	CTO-CP	1:27.38
74	Ras, Annabelle	12	CASC-CP	1:27.65
75	Richards, Emma E	11	SAAW-CP	1:27.74
76	Jurgens, Chloe-Leigh	13	VINE-CP	1:28.51
77	Sebastian, Catherine	12	MANT-CP	1:28.60
78	Glass, Gabi	11	SAAW-CP	1:29.04
79	De Smidt, Emma J	13	AQDO-CP	1:29.72
80	De Lange, Niah	11	CASC-CP	1:29.87
81	Berry, Olivia D	12	BEST-NM	1:30.31
82	Van Rooyen, Maggie L	11	PEAS-NM	1:30.49
83	Louw, Milea	11	TYGE-CP	1:30.64
84	Harvett, Logan L	11	STAQ-CE	1:30.70
85	Groenewald, Nina H	11	CASC-CP	1:30.81
86	Victor, Amy-Mae	11	PEAS-NM	1:30.82
87	Stearn, Hannah	12	INFA-NM	1:31.05
88	Croft, Danni	11	KNYA-ED	1:31.25
89	Burden, Leila A	12	CASC-CP	1:31.82
90	Thyssen, Morgan K	11	USC-BU	1:31.87
91	Swanepoel, Emma	11	CLA-WC	1:32.00
92	Sadi, Chrisela F	11	SAAW-CP	1:32.18
93	DU Plessis, Lheané	12	FISH-ED	1:33.07
94	Adams, Ella	13	CASC-CP	1:34.43
95	Swanepoel, Anja E	11	CLA-WC	1:36.12
96	McMaster, Rachael A	11	HARL-BU	1:37.41
97	Vd Wal, Dine	12	CASC-CP	1:38.01
98	Arendse, Emma	12	MANT-CP	1:39.07
99	Saul, Astrid P	11	BLMA-CP	1:39.08
100	Stevens, Ava	12	USC-BU	1:39.61
101	De Jager, Isabella	11	BRAVE-CE	1:40.40
35	De Jager, Eben	14	BRAVE-CE	2:46.12
36	Bester, Daniël M	15	ESA-CE	2:46.81
37	Smith, Jensen C	15	ASAC-CP	2:49.17
38	Claassen, Cayden D	10	PEAS-NM	2:49.40
39	Lee, Daniel	13	TYGE-CP	2:49.95
40	Shipton, Christopher J	14	QSSC-CP	2:50.13
41	Fortune, Yaseen	16	MANT-CP	2:50.55
42	Snyders, Dylan	13	CLA-WC	2:50.83
43	Coetzee, Tristan R	12	FISH-ED	2:51.06
44	Perez Castellano, Emilio	12	CASC-CP	2:51.12
45	Earle, Zack C	14	FISH-ED	2:51.44
46	Fortune, Hakeem	14	MANT-CP	2:51.70
47	Schabort, Lowen	12	ESA-CE	2:52.14
48	Nikolic, Sebastian N	14	INFA-NM	2:52.44
49	Spies, Pierre J	14	FISH-ED	2:52.66
50	Isaacs, Christiano A	16	UWCA-CP	2:52.86
51	Chetty, Liam	16	AQUA-BU	2:53.47
52	Louw, James	13	VINE-CP	2:53.87
53	Horn, Ben	11	XCEL-CP	2:54.02
54	Van der Merwe, Logan	12	TYGE-CP	2:54.31
55	Clifford, Jack K	13	USC-BU	2:54.60
56	Sebastian, Alexander	12	MANT-CP	2:55.11
57	Schoeman, Mateo J	12	ESA-CE	2:55.95
58	Wilson, Kaleb	13	ASAC-CP	2:55.97
59	Odendaal, Riko	13	CASC-CP	2:56.04
60	Pieterse, Adriaan	11	PEAS-NM	2:56.16
61	Clark, Alexander L	12	UWCA-CP	2:56.17
62	Joyce, Guy	12	CASC-CP	2:56.20
63	Titus, Brody	13	PAQU-CE	2:56.20
64	Spangenberg, Zach A	13	XCEL-CP	2:57.39
65	Van Heerden, Emile L	12	WAC-ED	2:57.99
66	Davenport, Daniel J	12	PEAS-NM	2:58.02
67	Goliath, Cooper C	13	USC-BU	2:58.37
68	Kruger, Declan	11	BLMA-CP	2:58.63
69	Striglia, Elio	14	HARL-BU	2:58.70
70	Du Plessis, Caleb	12	FSE-KC	2:59.01
71	Egen, Erigh E	13	BARR-CP	2:59.79
72	Schäffler, James	11	ROA-ED	3:00.06
73	Schemel, Brody L	13	HARL-BU	3:00.39
74	Heiberg, Ethan	12	MANT-CP	3:00.44
75	Heunis, Johan C	12	BARR-CP	3:00.45
76	Petzer, Jayden S	13	USC-BU	3:00.77
77	Van der Merwe, Ulric	11	TYGE-CP	3:01.03
78	Gerber, Luke M	12	CASC-CP	3:01.30
79	Newham, Christopher J	13	TYGE-CP	3:01.86
80	Fischer, Blake D	11	INFA-NM	3:02.15
81	Smith, Jacobus J	14	FISH-ED	3:02.70
82	Worley, Owen L	12	HARL-BU	3:03.17
83	Van der Veen, Aiden L	11	PEAS-NM	3:03.68
84	Kannemeyer, Luan	12	QSSC-CP	3:03.70
85	Vleggaar, Daniel	13	TYGE-CP	3:03.71
86	Van Wyngaard, Daniël C	12	ROA-ED	3:03.72
87	Nel, Charles Paul	13	QSSC-CP	3:03.82
88	Avellana, Jowen R	11	HARL-BU	3:03.88
89	Delpont, Reynard	12	BEST-NM	3:05.21
90	Goldswain, Nicholas J	12	USC-BU	3:05.99
91	Beukes, Ryan M	11	SAAW-CP	3:06.55
92	Harder, Callum R	12	VINE-CP	3:06.65
93	Jewell, Stefan E	12	PEAS-NM	3:06.92
94	Jogie, Ryan J	12	HARL-BU	3:06.96
95	Swartz, Seth J	12	CASC-CP	3:07.13
96	Woodrup, Connor	12	CYBE-CP	3:07.16
97	Kleynhans, Michael	11	CASC-CP	3:07.17
98	Neuhold, Sebastian	12	VINE-CP	3:07.77
99	Naude, Niel P	11	AGAQ-OB	3:08.16
100	Askevold, Gunther J	12	BLMA-CP	3:08.59
101	Spangenberg, Luke A	11	XCEL-CP	3:10.36

## #311 Men 99 &amp; Under 100 LC Meter Backstroke Multi-Clas

Name	Age	Team	Seed Time
1 Hartwig, Connor M	14	HARL-BU	1:52.64

## #313 Men 16 &amp; Under 200 LC Meter IM

Name	Age	Team	Seed Time
1 Pieterse, Marcelle J	15	XCEL-CP	2:29.61
2 Wessels, Tiaan	15	USC-BU	2:32.13
3 Coetzee, Sion M	15	QSSC-CP	2:33.91
4 van Wyk, Tariq K	16	CASC-CP	2:34.28
5 Afonso, Aragon G	15	QSSC-CP	2:34.62
6 Mansfield, Luke T	16	STAQ-CE	2:34.85
7 Repinz, Chase P	16	PEAS-NM	2:35.23
8 Lichthart, Nicus	15	QSSC-CP	2:35.98
9 Wright, Jonah S	15	TYGE-CP	2:36.50
10 Pearson-Adams, Wolfe D	16	SAAW-CP	2:37.39
11 Heunis, Le Roux	14	TYGE-CP	2:37.70
12 Lewis, Callum R	15	CASC-CP	2:37.74
13 Ganger, Zeke D	15	MARL-CP	2:38.80
14 Brits, AJ J	16	MATL-KK	2:40.40
15 van Aarde, Matthew D	14	CASC-CP	2:40.40
16 Grobler, Chris I	15	CASC-CP	2:40.45
17 Hucke, Tegan	14	CTO-CP	2:40.62
18 Kretzmann, Kaleb B	15	USC-BU	2:40.79
19 Oosthuizen, Ethan	16	PLAY-CE	2:40.99
20 Snyders, Reece	15	UWCA-CP	2:41.55
21 Smit, Christian F	14	ROA-ED	2:41.97
22 Armist, Caleb	16	HARL-BU	2:42.31
23 Langeveldt, Christiano C	15	ALPHA-CP	2:42.65
24 Theunissen, Jude E	13	BEST-NM	2:42.67
25 Krause, Luke	15	CASC-CP	2:43.07
26 Gomez, Alex W	15	MARL-CP	2:43.31
27 February, Dillon S	14	CASC-CP	2:43.38
28 Van der Merwe, Luan J	13	UWCA-CP	2:43.98
29 Van Rooyen, Louis B	16	WAC-ED	2:44.13
30 Coates, Caleb	14	BEST-NM	2:44.24
31 Lockyear, Devon P	14	USC-BU	2:44.82
32 Gallie, Abdul-Aziz	14	MANT-CP	2:45.32
33 Samsodien, Saaligh S	15	MARL-CP	2:45.33
34 Vorster, Bastian S	15	FISH-ED	2:45.49

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #313 ... (Men 16 &amp; Under 200 LC Meter IM)

102	Wiltshire, James	12	USC-BU	3:11.06
103	Fourie, Benjamin L	12	BLMA-CP	3:11.32
104	Wessels, Jeanndre	12	USC-BU	3:11.56
105	Spies, Judah J	12	FISH-ED	3:11.87
106	Tshabalala, Jodie J	12	BLMA-CP	3:12.21
107	Mare, Ilan	11	CASC-CP	3:12.63
108	Poultney, Daniel	10	CASC-CP	3:12.85
109	Wustefeld-Janssens, Harr	13	STAQ-CE	3:12.85
110	Hodge, Cameron P	15	LALE-CE	3:14.97
111	Nothnagel, Henk K	13	CASC-CP	3:14.98
112	Kriel, Ewan	12	QSSC-CP	3:16.87
113	Edwards, Bryce	11	CTO-CP	3:17.04
114	De Nooy, Wyatt J	10	LALE-CE	3:19.11
115	Malherbe, Roz R	11	BRAVE-CE	3:19.67
116	Eksteen, Pisces M	11	XCEL-CP	3:20.14
117	Spijkerman, Stephaan	12	ESA-CE	3:20.92
118	Pretorius, Johan M	11	ESA-CE	3:20.94
119	Henning, Christiaan P	11	LALE-CE	3:21.76
120	Botha, Andre	13	TYGE-CP	3:22.50
121	Van Dyk, Adriaan J	12	ASAC-CP	3:23.37
122	Parr, Riley C	12	KNYA-ED	3:24.18
123	Whitehouse, Bramwell A	11	CUHE-OB	3:24.49
124	Tredoux, Simon P	11	BARR-CP	3:24.92
125	Visser, Noah	11	JOIEC	3:25.50
126	Schutte, Ethan	11	QSSC-CP	3:25.74
127	Fourie, Ezra	13	UWCA-CP	3:28.09
128	Van Der Westhuizen, Ewa	11	LALE-CE	3:39.25
129	Brown, Magmoed	13	VINE-CP	3:55.66

## #314 Women 16 &amp; Under 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Rossouw, Cara	16	TYGE-CP	2:36.09
2	Holthuis, Keilah-Naomi	16	ESA-CE	2:44.31
3	Pieterse, Nina	13	PEAS-NM	2:44.89
4	O'Carroll, Nia E	15	STAQ-CE	2:45.01
5	Adams, Sydni M	16	VINE-CP	2:45.40
6	Huang, Shi Han A	16	BLMA-CP	2:46.31
7	Van Tromp, Seruby	15	LALE-CE	2:46.76
8	McLean, Daniella L	14	PEAS-NM	2:47.67
9	Koegelenberg, Emily	13	XCEL-CP	2:47.77
10	Cronjé, Miané	15	FISH-ED	2:48.46
11	Botha, Rebecca P	14	CASC-CP	2:48.49
12	Roth, Elle	13	PEAS-NM	2:49.74
13	Weimann, Erin J	15	USC-BU	2:50.18
14	Greyvenstein, Hayley	12	USC-BU	2:50.35
15	Hagglund, Emma H	16	SSISA-CP	2:50.57
16	Julies, Grace J	13	XCEL-CP	2:50.71
17	Terwin, Brooklyn	13	USC-BU	2:50.79
18	Normington, Olivia	12	XCEL-CP	2:50.85
19	Sonnekus, Anya	14	CASC-CP	2:51.77
20	Kimani, Katja	11	CYBE-CP	2:52.76
21	Douglas, Keyla	12	ROA-ED	2:53.25
22	Hager, Carle	16	ESA-CE	2:53.38
23	Minnaar, Amelia C	14	USC-BU	2:53.68
24	Abrahams, Amaani	15	MARL-CP	2:53.71
25	Madeley, Amy O	14	ANAX-CP	2:53.84
26	Albino, Nemzi L	16	SAAW-CP	2:54.00
27	Barnard, Adelmari D	16	ESA-CE	2:54.12
28	Kleynhans, Sian	16	WAC-ED	2:54.78
29	Pearson-Adams, Oshun O	13	SAAW-CP	2:54.96
30	Engelbrecht, Giselle K	15	HTSA-CP	2:55.27
31	Hawley, Nicola	15	PLAY-CE	2:55.56
32	Van Dyk, Zani	14	ASAC-CP	2:55.77
33	Mansour, Daniela	13	CBM	2:55.85
34	Nienaber, Mila J	14	ESA-CE	2:56.04

35	Groenewald, Emma A	14	CASC-CP	2:56.25
36	Matthee, Zarah	13	UWCA-CP	2:56.73
37	Grebe, Ava	13	CUHE-OB	2:57.23
38	Jantjies, Zara	13	MANT-CP	2:57.58
39	Van Jaarsveld, Bianca I	12	TYGE-CP	2:57.65
40	van der Westhuizen, Ama	14	INFA-NM	2:57.79
41	Robinson, Alana	15	SAAW-CP	2:58.00
42	Malan, Lua B	14	PLAY-CE	2:58.01
43	McGluwa, Jovanah N	13	CASC-CP	2:58.03
44	Lourens, Mia	14	CASC-CP	2:58.18
45	Haldane, Bella	13	FISH-ED	2:58.36
46	Kröger, Sammy	15	ESA-CE	2:58.70
47	Lloyd, Jemma A	13	VINE-CP	2:59.25
48	Scheffer, Shaylee C	11	UWCA-CP	2:59.68
49	Wener, Sophia	15	ASAC-CP	2:59.71
50	Engelbrecht, Zia-Bella L	12	HTSA-CP	3:00.26
51	Stevenson, Mikayla	13	QSSC-CP	3:00.32
52	Kalapac, Lexi	13	SLAQ-CP	3:00.40
53	Ristow, Emma K	13	USC-BU	3:00.71
54	Strydom, Mia	14	INFA-NM	3:00.91
55	Jurgens, Chloe-Leigh	13	VINE-CP	3:00.95
56	Sebastian, Catherine	12	MANT-CP	3:01.07
57	Voysey, Ella N	13	ASAC-CP	3:01.23
58	Swanepoel, Pia Q	12	ASAC-CP	3:01.54
59	Lottering, Eirley	15	USC-BU	3:01.56
60	DU Plessis, Lheané	12	FISH-ED	3:01.65
61	Olivier, Gianna G	12	PAQU-CE	3:02.89
62	Hendricks, Jada	13	CASC-CP	3:03.09
63	Nel, Olivia	13	CLA-WC	3:03.11
64	Du Preez, Kyra J	12	USC-BU	3:03.14
65	Iliev, Emily M	12	CBM	3:03.67
66	Thompson, Mia M	11	BEST-NM	3:03.93
67	Makore, Bona M	12	ASAC-CP	3:04.09
68	Barthus, Alessia	13	MANT-CP	3:04.55
69	Kleynhans, Kayla	13	ROA-ED	3:04.87
70	Lilley, Kenna	13	TYGE-CP	3:04.96
71	Onkruid, Gianna R	12	UWCA-CP	3:05.15
72	Diessner, Ava	14	PEAS-NM	3:05.19
73	Benade, Aria	12	SAAW-CP	3:05.51
74	Abrams, Sophia E	11	USC-BU	3:06.10
75	Mfabe, Zingce Z	13	USC-BU	3:06.15
76	Hengst, Emily A	12	CASC-CP	3:06.33
77	Beyers, Lize M	12	AGAQ-OB	3:06.48
78	Anthony, Jazmin A	13	PAQU-CE	3:06.88
79	Schutzler, Amelia-Rose	13	USC-BU	3:06.90
80	Mahlangu, Ndalo	12	BLMA-CP	3:07.45
81	Serdyn, Jana	12	INFA-NM	3:07.72
82	Van Onselen, Annabelle	11	TYGE-CP	3:07.73
83	Sprong, Jaime M	12	ASAC-CP	3:07.95
84	Tembo, Noku L	13	KNYA-ED	3:08.03
85	Dart, Mackenzi J	12	USC-BU	3:08.21
86	Schenck, Maya K	11	TYGE-CP	3:08.60
87	Meiring, Scarlett J	11	INFA-NM	3:08.99
88	De Smidt, Emma J	13	AQDO-CP	3:09.34
89	Chong, Sophie	12	CYBE-CP	3:09.83
90	Ranger, Emma L	12	USC-BU	3:10.56
91	Lubbe, Esther A	12	BEST-NM	3:10.75
92	Schemel, Leah I	12	HARL-BU	3:10.88
93	Stearn, Hannah	12	INFA-NM	3:11.08
94	Smith, Ava-Sophia H	14	USC-BU	3:11.39
95	Muller, Skyler M	12	HARL-BU	3:11.64
96	Haynes-Smart, Kaitlyn	13	VINE-CP	3:11.72
97	Levi, Zara	11	CTO-CP	3:12.13
98	Endres, Josephine	15	VINE-CP	3:12.85
99	Loni, Yama	12	INFA-NM	3:13.24
100	Gerber, Kayla M	13	STAQ-CE	3:14.14
101	Du Plessis, Leah	13	PEAS-NM	3:14.61

102	Pitout, Addison P	11	ASAC-CP	3:14.63
103	Thysse, Morgan K	11	USC-BU	3:14.64
104	Richards, Emma E	11	SAAW-CP	3:14.88
105	Berry, Olivia D	12	BEST-NM	3:15.00
106	Glass, Gabi	11	SAAW-CP	3:15.55
107	Smith, Isabel H	12	USC-BU	3:15.94
108	Brissos, Filipa	12	CMD	3:16.24
109	Ras, Annabelle	12	CASC-CP	3:16.50
110	Croft, Danni	11	KNYA-ED	3:16.68
111	Bowman, Bailey J	11	USC-BU	3:16.71
112	Maritz, Ava C	10	CTO-CP	3:17.22
113	Van Rooyen, Maggie L	11	PEAS-NM	3:17.46
114	Saul, Astrid P	11	BLMA-CP	3:17.55
115	Sadi, Chrisela F	11	SAAW-CP	3:17.58
116	Arendse, Emma	12	MANT-CP	3:17.95
117	Victor, Amy-Mae	11	PEAS-NM	3:18.20
118	Louw, Milea	11	TYGE-CP	3:19.65
119	De Lange, Niah	11	CASC-CP	3:20.54
120	McMaster, Rachael A	11	HARL-BU	3:21.68
121	De Jager, Isabella	11	BRAVE-CE	3:21.86
122	Oliphant, Isabelle	11	HARL-BU	3:22.55
123	Adams, Ella	13	CASC-CP	3:23.11
124	Groenewald, Nina H	11	CASC-CP	3:23.96
125	Thompson, Taya R	12	CTO-CP	3:28.99
126	Vd Wal, Dine	12	CASC-CP	3:29.01
127	Fakier, Ayesha i	11	CTO-CP	3:30.24
128	October, Jemma F	11	ALPHA-CP	3:38.14

## #315 Men 12 &amp; Under 4x50 LC Meter Freestyle Relay 4 x 50

Team	Relay	Seed Time	
1	CASC-CP	A	2:09.77
	Joyce, Guy 12	Smit, Eduard W 12	
	Gerber, Luke M 12	Perez Castellano, Emilio 12	
2	PEAS-NM	A	2:09.93
	Claassen, Cayden D 10	Davenport, Daniel J 12	
	Jewell, Stefan E 12	Van der Veen, Aiden L 11	
3	ESA-CE	A	2:11.06
	Schabert, Lowen 12	Pretorius, Johan M 11	
	Spijkerman, Stephaan 12	Schoeman, Mateo J 12	
4	BLMA-CP	A	2:15.37
	Askevold, Gunther J 12	Fourie, Benjamin L 12	
	Tshabalala, Jodie J 12	Kruger, Declan 11	
5	HARL-BU	A	2:16.19
	Worley, Owen L 12	Bear, Elijah 12	
	Jogie, Ryan J 12	Avellana, Jowen R 11	
6	CASC-CP	B	2:18.45
	Swartz, Seth J 12	Mare, Ilan 11	
	Kleynhans, Michael 11	Janse van Rensburg, Wihan	

## #316 Men 13-14 4x50 LC Meter Freestyle Relay 4 x 50 Fre

Team	Relay	Seed Time	
1	FISH-ED	A	2:00.22
	Earle, Zack C 14	Spies, Judah J 12	
	Coetzee, Tristan R 12	Spies, Pierre J 14	
2	ASAC-CP	A	2:02.78
	Wilson, Kaleb 13	Lubbe, Mikael B 13	
	Lombard, Quan R 13	Pitout, Zachary J 14	
3	CASC-CP	A	2:03.27
	van Aarde, Matthew D 14	King, Aidan J 13	
	February, Dillon S 14	Odendaal, Riko 13	
4	QSSC-CP	A	2:07.27
	Kannemeyer, Luan 12	Rossouw, Marais 12	
	Nel, Charles Paul 13	Shipton, Christopher J 14	
5	USC-BU	A	2:07.34
	Clifford, Jack K 13	Petzer, Jayden S 13	
	Goliath, Cooper C 13	Lockyear, Devon P 14	
6	HARL-BU	A	2:08.00
	Van Daalen, Lohan 14	Arnold, Samuel D 13	
	Schemel, Brody L 13	Striglia, Elio 14	

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

#316 ... (Men 13-14 4x50 LC Meter Freestyle Relay 4 x 50 F)			
Team	Relay	Seed Time	
7 MANT-CP	A	2:08.62	
Heiberg, Ethan 12	Sebastian, Alexander 12		
Fortune, Hakeem 14	Gallie, Abdul-Aziz 14		
8 BARR-CP	A	2:10.26	
Heunis, Johan C 12	Egen, Erigh E 13		
Swanepoel, Roehan J 12	Tredoux, Simon P 11		
9 TYGE-CP	A	2:10.48	
Lee, Daniel 13	Botha, Andre 13		
Newham, Christopher J 13	Heunis, Le Roux 14		

#317 Men 15-16 4x50 LC Meter Freestyle Relay 4 x 50 Fre			
Team	Relay	Seed Time	
1 CASC-CP	A	1:53.79	
Krause, Luke 15	van Wyk, Tariq K 16		
Grobler, Chris I 15	Lewis, Callum R 15		
2 QSSC-CP	A	1:54.07	
Lichthart, Nicus 15	Troskie, Roean 14		
Afonso, Aragon G 15	Coetzee, Sion M 15		
3 CLA-WC	A	2:02.43	
Snyders, Dylan 13	Lammings, Jack 14		
Smith, Zian 13	Hough, Caleb 15		
4 ASAC-CP	A	2:08.83	
Meets, Daniel 12	Van Dyk, Adriaan J 12		
Hauser, Paul 13	Smith, Jenson C 15		

#318 Women 12 & Under 4x50 LC Meter Freestyle Relay 4			
Team	Relay	Seed Time	
1 INFA-NM	A	2:09.03	
Stearn, Hannah 12	Meiring, Scarlett J 11		
Loni, Yama 12	Serdyn, Jana 12		
2 ASAC-CP	A	2:11.51	
Pitout, Addison P 11	Makore, Bona M 12		
Swanepoel, Pia Q 12	Sprong, Jaime M 12		
3 USC-BU	A	2:12.10	
Abrams, Sophia E 11	Du Preez, Kyra J 12		
Ranger, Emma L 12	Greyvenstein, Hayley 12		
4 TYGE-CP	A	2:16.23	
Van Onselen, Annabelle 11	Louw, Milea 11		
Schenck, Maya K 11	Van Jaarsveld, Bianca I 12		
5 HARL-BU	A	2:18.42	
Muller, Skyler M 12	Schemel, Leah I 12		
Oliphant, Isabelle 11	Vermeulen, Jaime-Lynn 12		
6 CASC-CP	A	2:20.25	
Hengst, Emily A 12	Smit, Dione 12		
Ras, Annabelle 12	De Lange, Niah 11		
7 CTO-CP	A	2:21.88	
Maritz, Ava C 10	Thompson, Taya R 12		
Fakier, Ayesha i 11	Levi, Zara 11		
8 SAAW-CP	A	2:23.06	
Glass, Gabi 11	Sadi, Chrisela F 11		
Benade, Aria 12	Richards, Emma E 11		

#319 Women 13-14 4x50 LC Meter Freestyle Relay 4 x 50 F			
Team	Relay	Seed Time	
1 CASC-CP	A	2:04.15	
Botha, Rebecca P 14	Wallis, Juliette 14		
McGluwa, Jovanah N 13	Coetzee, Marli 14		
2 PEAS-NM	A	2:05.80	
Roth, Elle 13	McLean, Daniella L 14		
Pieterse, Nina 13	Diessner, Ava 14		
3 INFA-NM	A	2:07.19	
Wilson, Samantha 13	Joubert, Rebecca J 12		
Strydom, Mia 14	van der Westhuizen, Amalia		
4 CBM	A	2:09.08	
Nchumali, Kwicia 12	Palacio, Ines C 12		
Iliev, Emily M 12	Mansour, Daniela 13		

5 CASC-CP	B	2:09.44	
Jordaan, Mikayla E 13	Hendricks, Jada 13		
Groenewald, Emma A 14	Lourens, Mia 14		
6 USC-BU	A	2:10.02	
Terwin, Brooklyn 13	Smith, Ava-Sophia H 14		
Mfabe, Zingce Z 13	Minnaar, Amelia C 14		
7 VINE-CP	A	2:14.89	
Jurgens, Chloe-Leigh 13	Haynes-Smart, Kaitlyn 13		
Abrahamse, Lexi 11	Lloyd, Jemma A 13		

#320 Women 15-16 4x50 LC Meter Freestyle Relay 4 x 50 F			
Team	Relay	Seed Time	
1 FISH-ED	A	2:03.45	
DU Plessis, Lheané 12	Cronjé, Miané 15		
Lindsay, Edith J 15	Coleman, Milan 14		
2 ASAC-CP	A	2:04.15	
Wener, Sophia 15	Voysey, Ella N 13		
Longueira, Ava L 14	Van Dyk, Zani 14		
3 ESA-CE	A	2:04.46	
Hager, Carle 16	Barnard, Adelmari D 16		
Holthuis, Keilah-Naomi 16	Nienaber, Mila J 14		
4 USC-BU	A	2:08.48	
Weimann, Erin J 15	Ristow, Emma K 13		
Mauer, Kayden 16	Lottering, Eirley 15		
5 CASC-CP	A	2:14.73	
Burger, Juanè 16	Burden, Leila A 12		
Sonnekus, Anya 14	Smit, Dione 12		

#321 Mixed 12 & Under 4x50 LC Meter Medley Relay 4 x 50 F			
Team	Relay	Seed Time	
1 CASC-CP	A	2:25.69	
Hengst, Emily A W12	Perez Castellano, Emilio M1		
Smit, Dione W12	Joyce, Guy M12		
2 INFA-NM	A	2:28.25	
Fischer, Blake D M11	Stearn, Hannah W12		
Serdyn, Jana W12	Bradfield, Joel-Luke M12		
3 PEAS-NM	A	2:28.73	
Van Rooyen, Maggie L W11	Claassen, Cayden D M10		
Davenport, Daniel J M12	Pieterse, Kate J W12		
4 USC-BU	A	2:28.74	
Dart, Mackenzi J W12	Greyvenstein, Hayley W12		
Wessels, Jeandre M12	Goldswain, Nicholas J M12		
5 CASC-CP	B	2:31.14	
Swartz, Seth J M12	Ras, Annabelle W12		
Burden, Leila A W12	Gerber, Luke M M12		
6 HARL-BU	A	2:31.15	
Vermeulen, Jaime-Lynn W1	Oliphant, Isabelle W11		
Worley, Owen L M12	Avellana, Jowen R M11		
7 ASAC-CP	A	2:32.28	
Meets, Daniel M12	Swanepoel, Pia Q W12		
Van Dyk, Adriaan J M12	Sprong, Jaime M W12		
8 BLMA-CP	A	2:33.06	
Kruger, Declan M11	Askevold, Gunther J M12		
Saul, Astrid P W11	Mahlangu, Ndalo W12		
9 TYGE-CP	A	2:33.80	
Van Jaarsveld, Bianca I W12	Van Onselen, Annabelle W1		
Van der Merwe, Logan M12	Van der Merwe, Ulric M11		
10 HARL-BU	B	2:41.50	
Jogie, Ryan J M12	Beard, Elijah M12		
McMaster, Rachael A W11	Muller, Skyler M W12		

#322 Mixed 13-14 4x50 LC Meter Medley Relay 4 x 50 Mixe			
Team	Relay	Seed Time	
1 CASC-CP	A	2:12.30	
February, Dillon S M14	van Aarde, Matthew D M14		
Jordaan, Mikayla E W13	Botha, Rebecca P W14		
2 ASAC-CP	A	2:16.65	
Van Dyk, Zani W14	Wilson, Kaleb M13		
Pitout, Addison P W11	Pitout, Zachary J M14		

3 USC-BU	A	2:19.13	
Petzer, Jayden S M13	Lockyear, Devon P M14		
Terwin, Brooklyn W13	Minnaar, Amelia C W14		
4 ASAC-CP	B	2:20.05	
Lubbe, Mikael B M13	Voysey, Ella N W13		
Longueira, Ava L W14	Lombard, Quan R M13		
5 CTO-CP	A	2:22.73	
Hucke, Tegan M14	Levi, Zara W11		
Laufs, Connor R M14	Maritz, Ava C W10		
6 USC-BU	B	2:24.43	
Kretzmann, Sophie F W13	Greyvenstein, Hayley W12		
Goliath, Cooper C M13	Clifford, Jack K M13		
7 MANT-CP	B	2:24.72	
Barthus, Alessia W13	Fortune, Hakeem M14		
Gallie, Abdul-Aziz M14	Jantjies, Zara W13		
8 TYGE-CP	A	2:24.78	
Heunis, Le Roux M14	Botha, Andre M13		
Schenck, Maya K W11	Lilley, Kenna W13		
9 ROA-ED	A	2:24.87	
Kleynhans, Kayla W13	Smit, Christian F M14		
Schäffler, James M11	Douglas, Keyla W12		
10 FISH-ED	A	2:25.00	
Coleman, Milan W14	Haldane, Bella W13		
Spies, Pierre J M14	Smith, Jacobus J M14		
11 QSSC-CP	A	2:25.47	
Troskie, Roean M14	Nel, Charles Paul M13		
Klopper, Lene W13	Stevenson, Mikayla W13		
12 VINE-CP	A	2:25.61	
Harder, Callum R M12	Lloyd, Jemma A W13		
Jurgens, Chloe-Leigh W13	Neuhold, Sebastian M12		
13 CASC-CP	B	2:25.65	
King, Aidan J M13	Sonnekus, Anya W14		
Groenewald, Emma A W14	Odendaal, Riko M13		
14 CLA-WC	A	2:27.31	
Nel, Olivia W13	Snyders, Dylan M13		
Smith, Zian M13	Swanepoel, Emma W11		
15 KNYA-ED	A	2:27.86	
Parr, Colbyn S M14	Croft, Danni W11		
Swanepoel, Hallett J M13	Tembo, Noku L W13		
16 PAQU-CE	A	2:37.14	
Baadjies, Cruden H M14	Olivier, Gianna G W12		
Anthony, Jazmin A W13	Munnik, Connor C M14		
17 MANT-CP	A	2:39.31	
Arendse, Emma W12	Heiberg, Ethan M12		
Sebastian, Alexander M12	Sebastian, Catherine W12		

#323 Mixed 15-16 4x50 LC Meter Medley Relay 4 x 50 Mixe			
Team	Relay	Seed Time	
1 PEAS-NM	A	2:08.17	
Roth, Elle W13	Basson, Zethan L M15		
Cruickshank, Carter C M16	McLean, Daniella L W14		
2 CASC-CP	A	2:12.76	
van Wyk, Tariq K M16	Krause, Luke M15		
Burger, Juanè W16	Wallis, Juliette W14		
3 USC-BU	A	2:13.55	
Wessels, Tiaan M15	Kretzmann, Kaleb B M15		
Weimann, Erin J W15	Lottering, Eirley W15		
4 SAAW-CP	A	2:14.23	
Robinson, Alana W15	Albino, Nemzi L W16		
Pearson-Adams, Wolfe D M	Ramorwesi, Oratilwe M M1		
5 FISH-ED	A	2:15.86	
Vorster, Bastian S M15	Lindsay, Edith J W15		
Earle, Zack C M14	Cronjé, Miané W15		
6 CASC-CP	B	2:19.45	
Lewis, Callum R M15	Sonnekus, Anya W14		
Lourens, Mia W14	Grobler, Chris I M15		
7 ESA-CE	A	2:28.43	
Beste, Daniël M M15	Hager, Carle W16		
Nienaber, Mila J W14	Schabort, Lowen M12		

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #401 Men 16 &amp; Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Cleophas, Kyle	16	PAQU-CE	26.38
2 Pearson-Adams, Wolfe D	16	SAAW-CP	26.61
3 Wright, Jonah S	15	TYGE-CP	27.01
4 Coetzee, Sion M	15	QSSC-CP	27.13
5 Hough, Caleb	15	CLA-WC	27.34
6 van Staden, Mika L	16	AQUA-BU	27.38
7 VerLoren Van Themaat, H	14	LALE-CE	27.43
8 Samsodien, Saaligh S	15	MARL-CP	27.67
9 Striglia, Elio	14	HARL-BU	27.81
10 Krause, Luke	15	CASC-CP	27.85
11 Alvim, João M	16	CBM	27.87
12 Wessels, Tiaan	15	USC-BU	27.87
13 Smith, Jenson C	15	ASAC-CP	28.00
14 Lichthart, Nicus	15	QSSC-CP	28.03
15 Afonso, Aragon G	15	QSSC-CP	28.12
16 van Wyk, Tariq K	16	CASC-CP	28.16
17 Van Daalen, Lohan	14	HARL-BU	28.28
18 Grobler, Chris I	15	CASC-CP	28.55
19 De Jager, Eben	14	BRAVE-CE	28.55
20 Mansfield, Luke T	16	STAQ-CE	28.57
21 Pitout, Zachary J	14	ASAC-CP	28.60
22 Langeveldt, Christiano C	15	ALPHA-CP	28.63
23 Ganger, Zeke D	15	MARL-CP	28.66
24 Coates, Caleb	14	BEST-NM	28.67
25 Pioris, Whato	13	CBM	28.69
26 Pieterse, Marcelle J	15	XCEL-CP	28.74
27 Oosthuizen, Ethan	16	PLAY-CE	28.75
28 Prince, Caleb T	15	BEST-NM	28.79
29 Fortune, Yaseen	16	MANT-CP	28.86
30 van Aarde, Matthew D	14	CASC-CP	28.94
31 Spies, Pierre J	14	FISH-ED	28.97
32 Van der Merwe, Luan J	13	UWCA-CP	28.99
33 Repinz, Chase P	16	PEAS-NM	29.06
34 Jonas, Leonardo	14	PLAY-CE	29.08
35 Kretzmann, Kaleb B	15	USC-BU	29.19
36 Lewis, Callum R	15	CASC-CP	29.23
37 Basson, Zethan L	15	PEAS-NM	29.25
38 Earle, Zack C	14	FISH-ED	29.27
39 Gomez, Alex W	15	MARL-CP	29.31
40 Laufs, Connor R	14	CTO-CP	29.38
41 Isaacs, Christiano A	16	UWCA-CP	29.39
42 Nikolic, Sebastian N	14	INFA-NM	29.50
43 Jooste, Ben D	14	CUHE-OB	29.61
44 Theunissen, Jude E	13	BEST-NM	29.67
45 Lockyear, Devon P	14	USC-BU	29.69
46 Ramorwesi, Oratilwe M	14	SAAW-CP	29.72
47 Bradfield, Joel-Luke	12	INFA-NM	29.84
48 Vorster, Bastian S	15	FISH-ED	29.86
49 Hucke, Tegan	14	CTO-CP	29.88
50 Parr, Colbyn S	14	KNYA-ED	29.91
51 Shipton, Christopher J	14	QSSC-CP	29.99
52 Snyders, Dylan	13	CLA-WC	30.00
53 Swanepoel, Hallett J	13	KNYA-ED	30.21
54 Wilson, Kaleb	13	ASAC-CP	30.31
55 Neuhold, Sebastian	12	VINE-CP	30.40
56 Armist, Caleb	16	HARL-BU	30.43
57 Stander, Christiaan L	13	ESA-CE	30.52
58 Bester, Daniël M	15	ESA-CE	30.64
59 Lombard, Quan R	13	ASAC-CP	30.79
60 Troskie, Roean	14	QSSC-CP	30.79
61 Hodge, Cameron P	15	LALE-CE	30.81
62 King, Aidan J	13	CASC-CP	30.83
63 Coetzee, Tristan R	12	FISH-ED	30.87
64 Gallie, Abdul-Aziz	14	MANT-CP	30.88

65 Heunis, Le Roux	14	TYGE-CP	31.05
66 Snyders, Reece	15	UWCA-CP	31.11
67 Spies, Judah J	12	FISH-ED	31.11
68 February, Dillon S	14	CASC-CP	31.13
69 Abrie, Ryn J	14	CUHE-OB	31.16
70 Heunis, Johan C	12	BARR-CP	31.30
71 Claassen, Cayden D	10	PEAS-NM	31.32
72 Smith, Zian	13	CLA-WC	31.32
73 Avellana, Jowen R	11	HARL-BU	31.34
74 Lee, Daniel	13	TYGE-CP	31.43
75 Clifford, Jack K	13	USC-BU	31.49
76 Louw, James	13	VINE-CP	31.49
77 Fischer, Blake D	11	INFA-NM	31.51
78 Joyce, Guy	12	CASC-CP	31.51
79 Wiltshire, James	12	USC-BU	31.54
80 Hauser, Paul	13	ASAC-CP	31.54
81 Schoeman, Mateo J	12	ESA-CE	31.56
82 Schabort, Lowen	12	ESA-CE	31.67
83 Kannemeyer, Luan	12	QSSC-CP	31.73
84 Egen, Erigh E	13	BARR-CP	31.77
85 Clark, Alexander L	12	UWCA-CP	31.77
86 Harder, Callum R	12	VINE-CP	31.80
87 Kruger, Declan	11	BLMA-CP	31.83
88 Sebastian, Alexander	12	MANT-CP	31.85
89 Goliath, Cooper C	13	USC-BU	31.89
90 Goldswain, Nicholas J	12	USC-BU	32.11
91 Newham, Christopher J	13	TYGE-CP	32.11
92 Fortune, Hakeem	14	MANT-CP	32.16
93 Smit, Eduard W	12	CASC-CP	32.20
94 Davenport, Daniel J	12	PEAS-NM	32.31
95 Odendaal, Riko	13	CASC-CP	32.37
96 Malherbe, Max M	12	BRAVE-CE	32.37
97 Arnold, Samuel D	13	HARL-BU	32.40
98 Edwards, Bryce	11	CTO-CP	32.40
99 Van Heerden, Emile L	12	WAC-ED	32.41
100 Spangenberg, Zach A	13	XCEL-CP	32.62
101 Spijkerman, Stephaan	12	ESA-CE	32.67
102 Swanepoel, Roehan J	12	BARR-CP	32.72
103 Pieterse, Nicholas N	12	STAQ-CE	32.76
104 Poultney, Daniel	10	CASC-CP	32.77
105 Gerber, Luke M	12	CASC-CP	32.85
106 Smith, Jacobus J	14	FISH-ED	32.88
107 Baadjies, Cruden H	14	PAQU-CE	32.90
108 Jewell, Stefan E	12	PEAS-NM	32.99
109 Lubbe, Mikael B	13	ASAC-CP	33.08
110 Rossouw, Marais	12	QSSC-CP	33.13
111 Perez Castellano, Emilio	12	CASC-CP	33.21
112 Van der Veen, Aiden L	11	PEAS-NM	33.31
113 Delport, Reynard	12	BEST-NM	33.31
114 van der Westhuizen, Anri	12	INFA-NM	33.38
115 Swartz, Seth J	12	CASC-CP	33.62
116 Beukes, Ryan M	11	SAAW-CP	33.64
117 Worley, Owen L	12	HARL-BU	33.67
118 Kriel, Ewan	12	QSSC-CP	33.68
119 Horn, Ben	11	XCEL-CP	33.72
120 Heiberg, Ethan	12	MANT-CP	33.73
121 Van der Merwe, Logan	12	TYGE-CP	33.77
122 Lamminga, Jack	14	CLA-WC	33.77
123 Mare, Ilan	11	CASC-CP	33.79
124 Wessels, Jeandre	12	USC-BU	33.83
125 Askevold, Gunther J	12	BLMA-CP	33.89
126 Du Plessis, Caleb	12	FSE-KC	33.93
127 Visser, Noah	11	JOIEC	34.00
128 Jogie, Ryan J	12	HARL-BU	34.01
129 Van Dyk, Adriaan J	12	ASAC-CP	34.23
130 Naude, Niel P	11	AGAQ-OB	34.24
131 Petzer, Jayden S	13	USC-BU	34.27

132 Parr, Riley C	12	KNYA-ED	34.35
133 Schäffler, James	11	ROA-ED	34.41
134 Tredoux, Simon P	11	BARR-CP	34.47
135 Tshabalala, Jodie J	12	BLMA-CP	34.72
136 Van der Merwe, Ulric	11	TYGE-CP	34.75
137 Woodrup, Connor	12	CYBE-CP	34.82
138 Whitehouse, Bramwell A	11	CUHE-OB	34.89
139 Fourie, Benjamin L	12	BLMA-CP	34.93
140 Meets, Daniel	12	ASAC-CP	35.06
141 Versfeld, Ben I	11	BRAVE-CE	35.09
142 Pieterse, Adriaan	11	PEAS-NM	35.13
143 Kleynhans, Michael	11	CASC-CP	35.20
144 Fourie, Ezra	13	UWCA-CP	35.61
145 De Nooy, Wyatt J	10	LALE-CE	35.64
146 Henning, Christiaan P	11	LALE-CE	35.72
147 Basson, Zaryd D	11	PEAS-NM	35.81
148 Janse van Rensburg, Wihc	11	CASC-CP	35.84
149 Botha, Andre	13	TYGE-CP	35.89
150 Malherbe, Roz R	11	BRAVE-CE	35.89
151 Joubert, Daniel J	11	PLAY-CE	35.98
152 Janse van Rensburg, Hugo	10	CASC-CP	36.31
153 Nothnagel, Henk K	13	CASC-CP	36.64
154 Spangenberg, Luke A	11	XCEL-CP	36.71
155 Beard, Elijah	12	HARL-BU	37.17
156 Freislich, Reid A	11	KNYA-ED	37.28
157 Eksteen, Pisces M	11	XCEL-CP	37.54
158 Schutte, Ethan	11	QSSC-CP	37.99
159 Vleggaar, Daniel	13	TYGE-CP	38.22
160 van der Merwe, Naude	12	PEAS-NM	38.60
161 Brown, Magmoed	13	VINE-CP	39.64

## #402 Women 16 &amp; Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Botha, Rebecca P	14	CASC-CP	29.33
2 Fenner, Olivia M	15	PLAY-CE	29.70
3 Adams, Sydni M	16	VINE-CP	29.81
4 Groves, Philippa R	15	SSISA-CP	29.90
5 Huang, Shi Han A	16	BLMA-CP	29.96
6 Coleman, Milan	14	FISH-ED	30.04
7 DU Plessis, Lheané	12	FISH-ED	30.08
8 Wilson, Samantha	13	INFA-NM	30.19
9 Pieterse, Abby L	16	INFA-NM	30.21
10 Noeth, Beané	15	JOIEC	30.30
11 Van Dyk, Zani	14	ASAC-CP	30.34
12 Gerber, Kayla M	13	STAQ-CE	30.38
13 Weimann, Erin J	15	USC-BU	30.39
14 Van Tromp, Seruby	15	LALE-CE	30.39
15 Lindsay, Edith J	15	FISH-ED	30.55
16 Burger, Juanè	16	CASC-CP	30.56
17 Nienaber, Mila J	14	ESA-CE	30.63
18 Roth, Elle	13	PEAS-NM	30.64
19 Holthuis, Keilah-Naomi	16	ESA-CE	30.71
20 Mansour, Daniela	13	CBM	30.78
21 Rossouw, Cara	16	TYGE-CP	30.81
22 Wallis, Juliette	14	CASC-CP	30.92
23 Hager, Carle	16	ESA-CE	30.92
24 McLean, Daniella L	14	PEAS-NM	30.97
25 De Beer, Isabella C	14	PLAY-CE	30.97
26 Greyvenstein, Hayley	12	USC-BU	31.14
27 Longueira, Ava L	14	ASAC-CP	31.15
28 Hawley, Nicola	15	PLAY-CE	31.19
29 Pearson-Adams, Oshun O	13	SAAW-CP	31.34
30 Levi, Zara	11	CTO-CP	31.41
31 Douglas, Keyla	12	ROA-ED	31.46
32 van der Westhuizen, Ama	14	INFA-NM	31.49
33 Minnaar, Amelia C	14	USC-BU	31.49
34 Sprong, Jaime M	12	ASAC-CP	31.57

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #402 ... (Women 16 &amp; Under 50 LC Meter Freestyle)

35	Serdyn, Jana	12	INFA-NM	31.63
36	O'Carroll, Nia E	15	STAQ-CE	31.63
37	Pieterse, Nina	13	PEAS-NM	31.69
38	Kimani, Katja	11	CYBE-CP	31.73
39	Lottering, Eirley	15	USC-BU	31.75
40	Engelbrecht, Giselle K	15	HTSA-CP	31.89
41	Tembo, Noku L	13	KNYA-ED	31.89
42	Coetzee, Marli	14	CASC-CP	31.92
43	Terwin, Brooklyn	13	USC-BU	31.94
44	Vermeulen, Jaime-Lynn	12	HARL-BU	31.98
45	McGluwa, Jovanah N	13	CASC-CP	31.98
46	De Smidt, Emma J	13	AQDO-CP	31.99
47	Hendricks, Jada	13	CASC-CP	32.01
48	Stearn, Hannah	12	INFA-NM	32.07
49	Wener, Sophia	15	ASAC-CP	32.11
50	Barnard, Adelmar D	16	ESA-CE	32.20
51	Groenewald, Emma A	14	CASC-CP	32.26
52	Lourens, Mia	14	CASC-CP	32.31
53	Sebastian, Catherine	12	MANT-CP	32.36
54	Van Jaarsveld, Bianca I	12	TYGE-CP	32.41
55	Pitout, Addison P	11	ASAC-CP	32.42
56	Endres, Josephine	15	VINE-CP	32.42
57	Diessner, Ava	14	PEAS-NM	32.50
58	Beyers, Lize M	12	AGAQ-OB	32.56
59	Julies, Grace J	13	XCEL-CP	32.58
60	Mauer, Kayden	16	USC-BU	32.60
61	Abrams, Sophia E	11	USC-BU	32.61
62	Loni, Yama	12	INFA-NM	32.63
63	Jantjies, Zara	13	MANT-CP	32.64
64	Meiring, Scarlett J	11	INFA-NM	32.70
65	Joubert, Rebecca J	12	INFA-NM	32.71
66	Grebe, Ava	13	CUHE-OB	32.72
67	Jurgens, Chloe-Leigh	13	VINE-CP	32.75
68	Kleynhans, Sian	16	WAC-ED	32.78
69	Strydom, Mia	14	INFA-NM	32.80
70	Jordaan, Mikayla E	13	CASC-CP	32.86
71	Palacio, Ines C	12	CBM	32.99
72	Mahlangu, Ndalo	12	BLMA-CP	33.03
73	Madeley, Amy O	14	ANAX-CP	33.04
74	Matthee, Zarah	13	UWCA-CP	33.10
75	Thompson, Mia M	11	BEST-NM	33.21
76	Olivier, Gianna G	12	PAQU-CE	33.25
77	Mfabe, Zingce Z	13	USC-BU	33.29
78	Smith, Ava-Sophia H	14	USC-BU	33.30
79	Swanepoel, Emma	11	CLA-WC	33.38
80	Pieterse, Kate J	12	PEAS-NM	33.39
81	Van Onselen, Annabelle	11	TYGE-CP	33.43
82	Iliev, Emily M	12	CBM	33.50
83	Swanepoel, Pia Q	12	ASAC-CP	33.52
84	Schenck, Maya K	11	TYGE-CP	33.52
85	Barthus, Alessia	13	MANT-CP	33.61
86	Kretzmann, Sophie F	13	USC-BU	33.64
87	Nel, Olivia	13	CLA-WC	33.68
88	Ristow, Emma K	13	USC-BU	33.74
89	Du Plessis, Leah	13	PEAS-NM	33.80
90	Haynes-Smart, Kaitlyn	13	VINE-CP	33.90
91	Engelbrecht, Zia-Bella L	12	HTSA-CP	33.96
92	Makore, Bona M	12	ASAC-CP	34.00
93	Ranger, Emma L	12	USC-BU	34.02
94	Anthony, Jazmin A	13	PAQU-CE	34.03
95	Hengst, Emily A	12	CASC-CP	34.05
96	Davis-Taylor, Bela S	12	INFA-NM	34.17
97	Onkruid, Gianna R	12	UWCA-CP	34.17
98	Saul, Astrid P	11	BLMA-CP	34.27
99	Du Preez, Kyra J	12	USC-BU	34.33

100	Maritz, Ava C	10	CTO-CP	34.34
101	Muller, Skyler M	12	HARL-BU	34.40
102	Schutzler, Amelia-Rose	13	USC-BU	34.40
103	Smit, Dionne	12	CASC-CP	34.41
104	Adams, Ella	13	CASC-CP	34.60
105	Glass, Gabi	11	SAAW-CP	34.66
106	Christensen, Milla M	13	WELL-CE	34.86
107	Sadi, Chrisela F	11	SAAW-CP	35.00
108	Dart, Mackenzi J	12	USC-BU	35.30
109	Ras, Annabelle	12	CASC-CP	35.38
110	Kröger, Sammy	15	ESA-CE	35.50
111	Swanepoel, Anja E	11	CLA-WC	35.56
112	Harvett, Logan L	11	STAQ-CE	35.64
113	Thompson, Taya R	12	CTO-CP	35.75
114	Chong, Sophie	12	CYBE-CP	36.07
115	Bowman, Bailey J	11	USC-BU	36.22
116	De Lange, Niah	11	CASC-CP	36.41
117	Thysse, Morgan K	11	USC-BU	36.43
118	Croft, Danni	11	KNYA-ED	36.56
119	Schemel, Leah I	12	HARL-BU	36.65
120	Burden, Leila A	12	CASC-CP	36.70
121	Smith, Isabel H	12	USC-BU	36.71
122	Louw, Milea	11	TYGE-CP	36.87
123	Richards, Emma E	11	SAAW-CP	37.30
124	Van Rooyen, Maggie L	11	PEAS-NM	37.49
125	Stevens, Ava	12	USC-BU	37.82
126	Groenewald, Nina H	11	CASC-CP	37.96
127	De Jager, Isabella	11	BRAVE-CE	38.27
128	October, Jemma F	11	ALPHA-CP	40.01
129	McMaster, Rachael A	11	HARL-BU	40.24
130	Fakier, Ayesha I	11	CTO-CP	40.38
131	Hagglund, Emma H	16	SSISA-CP	1:01.29

## #403 Men 99 &amp; Under 50 LC Meter Freestyle Multi-Class M

Name	Age	Team	Seed Time
1 Hartwig, Connor M S6	14	HARL-BU	48.09

## #405 Men 16 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Mansfield, Luke T	16	STAQ-CE	2:42.91
2 Basson, Zethan L	15	PEAS-NM	2:51.89
3 Isaacs, Christiano A	16	UWCA-CP	2:52.21
4 Van Rooyen, Louis B	16	WAC-ED	2:52.21
5 Kretzmann, Kaleb B	15	USC-BU	2:53.89
6 Snyders, Reece	15	UWCA-CP	2:55.44
7 Lockyear, Devon P	14	USC-BU	2:55.79
8 Gomez, Alex W	15	MARL-CP	2:56.12
9 De Jager, Eben	14	BRAVE-CE	2:56.33
10 van Aarde, Matthew D	14	CASC-CP	2:56.95
11 Bester, Daniël M	15	ESA-CE	2:57.21
12 Chetty, Liam	16	AQUA-BU	2:58.47
13 Repinz, Chase P	16	PEAS-NM	3:01.76
14 Nikolic, Sebastian N	14	INFA-NM	3:02.32
15 Smit, Christian F	14	ROA-ED	3:03.59
16 Oosthuizen, Ethan	16	PLAY-CE	3:04.57
17 Fortune, Hakeem	14	MANT-CP	3:04.72
18 Krause, Luke	15	CASC-CP	3:05.01
19 Abrie, Ryn J	14	CUHE-OB	3:05.13
20 Baadjies, Cruden H	14	PAQU-CE	3:06.48
21 February, Dillon S	14	CASC-CP	3:07.54
22 Schoeman, Mateo J	12	ESA-CE	3:08.44
23 Fortune, Yaseen	16	MANT-CP	3:09.39
24 Hauser, Paul	13	ASAC-CP	3:09.81
25 Pitout, Zachary J	14	ASAC-CP	3:10.35
26 Laufs, Connor R	14	CTO-CP	3:11.46
27 Smith, Jacobus J	14	FISH-ED	3:12.17
28 Gallie, Abdul-Aziz	14	MANT-CP	3:12.78

29	Munnik, Connor C	14	PAQU-CE	3:12.80
30	Perez Castellano, Emilio	12	CASC-CP	3:12.88
31	Lombard, Quan R	13	ASAC-CP	3:13.36
32	Van Heerden, Emile L	12	WAC-ED	3:13.57
33	Coetzee, Tristan R	12	FISH-ED	3:13.65
34	Heiberg, Ethan	12	MANT-CP	3:14.14
35	Fischer, Blake D	11	INFA-NM	3:14.29
36	Wilson, Kaleb	13	ASAC-CP	3:14.68
37	Botha, Andre	13	TYGE-CP	3:16.34
38	Sebastian, Alexander	12	MANT-CP	3:16.37
39	Askevold, Gunther J	12	BLMA-CP	3:17.70
40	Nel, Charles Paul	13	QSSC-CP	3:17.85
41	Kleynhans, Michael	11	CASC-CP	3:18.03
42	Stander, Christiaan L	13	ESA-CE	3:18.04
43	Clifford, Jack K	13	USC-BU	3:18.72
44	Clark, Alexander L	12	UWCA-CP	3:18.96
45	Nothnagel, Henk K	13	CASC-CP	3:19.72
46	Van Wyngaard, Daniël C	12	ROA-ED	3:19.94
47	Horn, Ben	11	XCEL-CP	3:21.19
48	Spangenberg, Zach A	13	XCEL-CP	3:22.40
49	Mare, Ilan	11	CASC-CP	3:22.59
50	Vlegaar, Daniel	13	TYGE-CP	3:23.33
51	Schäffler, James	11	ROA-ED	3:23.45
52	Du Plessis, Caleb	12	FSE-KC	3:24.55
53	Van der Veen, Aiden L	11	PEAS-NM	3:24.79
54	Poultney, Daniel	10	CASC-CP	3:24.82
55	Smith, Zian	13	CLA-WC	3:25.41
56	Tshabalala, Jodie J	12	BLMA-CP	3:25.44
57	Davenport, Daniel J	12	PEAS-NM	3:25.49
58	Fourie, Benjamin L	12	BLMA-CP	3:25.82
59	Kruger, Declan	11	BLMA-CP	3:26.99
60	Olivier, Simeon	11	PAQU-CE	3:27.84
61	Swanepoel, Roehan J	12	BARR-CP	3:28.11
62	Kannemeyer, Luan	12	QSSC-CP	3:28.28
63	Joubert, Daniel J	11	PLAY-CE	3:28.79
64	Jewell, Stefan E	12	PEAS-NM	3:29.83
65	Versfeld, Ben I	11	BRAVE-CE	3:29.88
66	Van Der Westhuizen, Ewa	11	LALE-CE	3:30.25
67	Whitehouse, Bramwell A	11	CUHE-OB	3:30.66
68	Malherbe, Max M	12	BRAVE-CE	3:31.32
69	Beukes, Ryan M	11	SAAW-CP	3:31.67
70	Arnold, Samuel D	13	HARL-BU	3:32.06
71	Wessels, Jeandre	12	USC-BU	3:33.11
72	Pieterse, Adriaan	11	PEAS-NM	3:33.95
73	Kriel, Ewan	12	QSSC-CP	3:34.39
74	Spangenberg, Luke A	11	XCEL-CP	3:34.53
75	Spijkerman, Stephaan	12	ESA-CE	3:35.35
76	Worley, Owen L	12	HARL-BU	3:37.87
77	Basson, Zaryd D	11	PEAS-NM	3:38.86
78	Visser, Noah	11	JOIEC	3:40.54
79	Lubbe, Mikael B	13	ASAC-CP	3:41.00
80	Janse van Rensburg, Wih	11	CASC-CP	3:41.30
81	Egen, Erigh E	13	BARR-CP	3:41.38
82	Tredoux, Simon P	11	BARR-CP	3:41.43
83	Beard, Elijah	12	HARL-BU	3:42.27
84	Freislich, Reid A	11	KNYA-ED	3:45.15
85	Pretorius, Johan M	11	ESA-CE	3:46.90
86	Henning, Christiaan P	11	LALE-CE	3:47.38
87	Delport, Reynard	12	BEST-NM	3:51.14
88	Eksteen, Pisces M	11	XCEL-CP	3:51.26
89	Woodrup, Connor	12	CYBE-CP	3:52.03

## #406 Women 16 &amp; Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Adams, Sydney M	16	VINE-CP	2:59.28
2 Weimann, Erin J	15	USC-BU	2:59.51
3 Cronjé, Miané	15	FISH-ED	3:02.42



## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

<b>#410 ... (Women 16 &amp; Under 50 LC Meter Backstroke)</b>	88 van Staden, Stella	12	AQUA-BU	42.34	54 Spangenberg, Zach A	13	XCEL-CP	34.82			
23 Adams, Sydney M	16	VINE-CP	35.88	89 Harvett, Logan L	11	STAQ-CE	42.63	55 King, Aidan J	13	CASC-CP	34.95
24 Tembo, Noku L	13	KNYA-ED	35.92	90 DU Plessis, Lhean�	12	FISH-ED	42.65	56 Pitout, Zachary J	14	ASAC-CP	34.97
25 Van Jaarsveld, Bianca I	12	TYGE-CP	35.95	91 Croft, Danni	11	KNYA-ED	43.00	57 Goliath, Cooper C	13	USC-BU	35.01
26 Diessner, Ava	14	PEAS-NM	35.99	92 Oliphant, Isabelle	11	HARL-BU	43.51	58 Titus, Brody	13	PAQU-CE	35.26
27 Groves, Philippa R	15	SSISA-CP	36.14	93 Groenewald, Nina H	11	CASC-CP	44.07	59 Clifford, Jack K	13	USC-BU	35.30
28 Nienaber, Mila J	14	ESA-CE	36.45	94 Saul, Astrid P	11	BLMA-CP	44.26	60 Odendaal, Riko	13	CASC-CP	35.33
29 Coetzee, Marli	14	CASC-CP	36.63	95 De Jager, Isabella	11	BRAVE-CE	45.83	61 Sebastian, Alexander	12	MANT-CP	35.34
30 Davis-Taylor, Bela S	12	INFA-NM	36.65	96 Stevens, Ava	12	USC-BU	46.04	62 Lubbe, Mikael B	13	ASAC-CP	35.38
31 Lourens, Mia	14	CASC-CP	36.89	97 Adams, Ella	13	CASC-CP	47.78	63 Schoeman, Mateo J	12	ESA-CE	35.45
32 Meiring, Scarlett J	11	INFA-NM	37.00	98 October, Jemma F	11	ALPHA-CP	51.35	64 Kruger, Declan	11	BLMA-CP	35.65
33 Hagglund, Emma H	16	SSISA-CP	37.05	<b>#411 Men 16 &amp; Under 50 LC Meter Butterfly</b>				65 Stander, Christiaan L	13	ESA-CE	35.66
34 Malan, Lua B	14	PLAY-CE	37.15	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	66 Edwards, Bryce	11	CTO-CP	35.71
35 McGluwa, Jovanah N	13	CASC-CP	37.28	1 van Staden, Mika L	16	AQUA-BU	28.16	67 Lee, Daniel	13	TYGE-CP	35.77
36 Lloyd, Jemma A	13	VINE-CP	37.32	2 Pearson-Adams, Wolfe D	16	SAAW-CP	28.30	68 Van der Merwe, Logan	12	TYGE-CP	35.91
37 Minnaar, Amelia C	14	USC-BU	37.40	3 Afonso, Aragon G	15	QSSC-CP	28.87	69 Horn, Ben	11	XCEL-CP	36.07
38 Stevenson, Mikayla	13	QSSC-CP	37.40	4 Lichthart, Nicus	15	QSSC-CP	28.88	70 Fischer, Blake D	11	INFA-NM	36.08
39 Dart, Mackenzi J	12	USC-BU	37.44	5 Cruickshank, Carter C	16	PEAS-NM	28.93	71 Coetzee, Tristan R	12	FISH-ED	36.12
40 Matthee, Zarah	13	UWCA-CP	37.44	6 Striglia, Elio	14	HARL-BU	28.97	72 Newham, Christopher J	13	TYGE-CP	36.32
41 Terwin, Brooklyn	13	USC-BU	37.53	7 Vorster, Bastian S	15	FISH-ED	29.30	73 Worley, Owen L	12	HARL-BU	36.42
42 Beyers, Lize M	12	AGAQ-OB	37.53	8 Cleophas, Kyle	16	PAQU-CE	29.33	74 Wilson, Kaleb	13	ASAC-CP	36.44
43 Jantjies, Zara	13	MANT-CP	37.57	9 Oosthuizen, Ethan	16	PLAY-CE	29.85	75 Harder, Callum R	12	VINE-CP	36.52
44 Kleynhans, Sian	16	WAC-ED	37.67	10 Krause, Luke	15	CASC-CP	29.86	76 Naude, Niel P	11	AGAQ-OB	36.55
45 Nel, Olivia	13	CLA-WC	37.71	11 Coates, Caleb	14	BEST-NM	29.88	77 Clark, Alexander L	12	UWCA-CP	36.61
46 Koegelenberg, Emily	13	XCEL-CP	37.90	12 VerLoren Van Themaat, H	14	LALE-CE	29.96	78 Kannemeyer, Luan	12	QSSC-CP	36.69
47 Kretzmann, Sophie F	13	USC-BU	37.93	13 van Wyk, Tariq K	16	CASC-CP	30.01	79 Fortune, Hakeem	14	MANT-CP	36.87
48 Hengst, Emily A	12	CASC-CP	37.94	14 Pieterse, Marcelle J	15	XCEL-CP	30.24	80 Van Heerden, Emile L	12	WAC-ED	37.32
49 Endres, Josephine	15	VINE-CP	37.94	15 van Aarde, Matthew D	14	CASC-CP	30.58	81 Goldswain, Nicholas J	12	USC-BU	37.39
50 Abrahams, Amaani	15	MARL-CP	37.96	16 Smith, Jenson C	15	ASAC-CP	30.69	82 Van Dyk, Adriaan J	12	ASAC-CP	37.57
51 Groenewald, Emma A	14	CASC-CP	38.23	17 Langeveldt, Christiano C	15	ALPHA-CP	31.09	83 Van der Veen, Aiden L	11	PEAS-NM	37.59
52 Serdyn, Jana	12	INFA-NM	38.24	18 Wright, Jonah S	15	TYGE-CP	31.10	84 Mare, Ilan	11	CASC-CP	37.61
53 Sprong, Jaime M	12	ASAC-CP	38.42	19 Samsodien, Saaligh S	15	MARL-CP	31.10	85 van der Westhuizen, Anri	12	INFA-NM	37.64
54 Thompson, Mia M	11	BEST-NM	38.47	20 Heunis, Le Roux	14	TYGE-CP	31.17	86 Swartz, Seth J	12	CASC-CP	37.70
55 Mahlangu, Ndalo	12	BLMA-CP	38.58	21 Isaacs, Christiano A	16	UWCA-CP	31.19	87 Fourie, Benjamin L	12	BLMA-CP	37.83
56 Vermeulen, Jaime-Lynn	12	HARL-BU	38.82	22 Ganger, Zeke D	15	MARL-CP	31.29	88 Gallie, Abdul-Aziz	14	MANT-CP	37.84
57 Kr�ger, Sammy	15	ESA-CE	38.88	23 Pioris, Whato	13	CBM	31.33	89 Jogie, Ryan J	12	HARL-BU	37.90
58 Van Onselen, Annabelle	11	TYGE-CP	38.94	24 De Jager, Eben	14	BRAVE-CE	31.35	90 Gerber, Luke M	12	CASC-CP	37.90
59 Stearn, Hannah	12	INFA-NM	39.25	25 Prince, Caleb T	15	BEST-NM	31.36	91 Van der Merwe, Ulric	11	TYGE-CP	38.14
60 Douglas, Keyla	12	ROA-ED	39.28	26 Repinz, Chase P	16	PEAS-NM	31.52	92 Askevold, Gunther J	12	BLMA-CP	38.36
61 Strydom, Mia	14	INFA-NM	39.32	27 Jooste, Ben D	14	CUHE-OB	31.63	93 Malherbe, Roz R	11	BRAVE-CE	38.47
62 Normington, Olivia	12	XCEL-CP	39.38	28 Wessels, Tiaan	15	USC-BU	31.96	94 Pieterse, Nicholas N	12	STAQ-CE	38.49
63 Klopper, Lene	13	QSSC-CP	39.52	29 Ramorwesi, Oratilwe M	14	SAAW-CP	32.08	95 Delpont, Reynard	12	BEST-NM	38.69
64 Schenck, Maya K	11	TYGE-CP	39.80	30 Earle, Zack C	14	FISH-ED	32.26	96 Smit, Eduard W	12	CASC-CP	38.98
65 Engelbrecht, Zia-Bella L	12	HTSA-CP	40.00	31 Theunissen, Jude E	13	BEST-NM	32.44	97 Bradfield, Joel-Luke	12	INFA-NM	39.16
66 Glass, Gabi	11	SAAW-CP	40.13	32 Van der Merwe, Luan J	13	UWCA-CP	33.06	98 Wessels, Jeandre	12	USC-BU	39.19
67 Grebe, Ava	13	CUHE-OB	40.24	33 Fortune, Yaseen	16	MANT-CP	33.26	99 Pretorius, Johan M	11	ESA-CE	39.41
68 Smit, Dione	12	CASC-CP	40.30	34 Basson, Zethan L	15	PEAS-NM	33.29	100 Smith, Jacobus J	14	FISH-ED	39.56
69 Haynes-Smart, Kaitlyn	13	VINE-CP	40.32	35 Grobler, Chris I	15	CASC-CP	33.38	101 Meets, Daniel	12	ASAC-CP	39.63
70 Jordaan, Mikayla E	13	CASC-CP	40.35	36 Schabort, Lowen	12	ESA-CE	33.53	102 Beukes, Ryan M	11	SAAW-CP	39.97
71 Van Rooyen, Maggie L	11	PEAS-NM	40.36	37 Gomez, Alex W	15	MARL-CP	33.54	103 Poultney, Daniel	10	CASC-CP	40.27
72 Sebastian, Catherine	12	MANT-CP	40.38	38 Swanepoel, Hallett J	13	KNYA-ED	33.58	104 Kriel, Ewan	12	QSSC-CP	40.34
73 Burden, Leila A	12	CASC-CP	40.45	39 Heunis, Johan C	12	BARR-CP	33.70	105 Rossouw, Marais	12	QSSC-CP	40.60
74 Thompson, Taya R	12	CTO-CP	40.48	40 February, Dillon S	14	CASC-CP	33.73	106 Botha, Andre	13	TYGE-CP	40.62
75 Hendricks, Jada	13	CASC-CP	40.56	41 Claassen, Cayden D	10	PEAS-NM	34.08	107 Heiberg, Ethan	12	MANT-CP	40.92
76 Jurgens, Chloe-Leigh	13	VINE-CP	40.66	42 Avellana, Jowen R	11	HARL-BU	34.14	108 Arnold, Samuel D	13	HARL-BU	40.99
77 Ras, Annabelle	12	CASC-CP	40.70	43 Bester, Dani�l M	15	ESA-CE	34.19	109 Jewell, Stefan E	12	PEAS-NM	41.09
78 Benade, Aria	12	SAAW-CP	40.80	44 Shipton, Christopher J	14	QSSC-CP	34.31	110 Pieterse, Adriaan	11	PEAS-NM	41.10
79 Lilley, Kenna	13	TYGE-CP	41.08	45 Louw, James	13	VINE-CP	34.34	111 Spangenberg, Luke A	11	XCEL-CP	41.20
80 Palacio, Ines C	12	CBM	41.16	46 Davenport, Daniel J	12	PEAS-NM	34.44	112 Whitehouse, Bramwell A	11	CUHE-OB	41.21
81 Richards, Emma E	11	SAAW-CP	41.32	47 Van Rooyen, Louis B	16	WAC-ED	34.45	113 Tredoux, Simon P	11	BARR-CP	42.28
82 Abrams, Sophia E	11	USC-BU	41.46	48 Egen, Erigh E	13	BARR-CP	34.49	114 Joubert, Daniel J	11	PLAY-CE	42.93
83 Victor, Amy-Mae	11	PEAS-NM	41.80	49 Parr, Colbyn S	14	KNYA-ED	34.52	115 De Nooy, Wyatt J	10	LALE-CE	43.14
84 De Lange, Niah	11	CASC-CP	42.05	50 Spies, Judah J	12	FISH-ED	34.55	116 Henning, Christiaan P	11	LALE-CE	43.35
85 Sadi, Chrisela F	11	SAAW-CP	42.12	51 Nel, Charles Paul	13	QSSC-CP	34.70	117 Vleggaar, Daniel	13	TYGE-CP	43.97
86 Louw, Milea	11	TYGE-CP	42.28	52 Sch�ffler, James	11	ROA-ED	34.79	118 Tshabalala, Jodie J	12	BLMA-CP	43.97
87 Thyse, Morgan K	11	USC-BU	42.32	53 Snyders, Reece	15	UWCA-CP	34.80	119 Woodrup, Connor	12	CYBE-CP	43.99
								120 Neuhold, Sebastian	12	VINE-CP	44.04

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #411 ... (Men 16 &amp; Under 50 LC Meter Butterfly)

121	Fourie, Ezra	13	UWCA-CP	44.04
122	Eksteen, Pisces M	11	XCEL-CP	44.11
123	Beard, Elijah	12	HARL-BU	45.82
124	Brown, Magmoed	13	VINE-CP	46.22
125	Schutte, Ethan	11	QSSC-CP	48.15
126	Van Der Westhuizen, Ewa	11	LALE-CE	48.87

## #412 Women 16 &amp; Under 50 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Huang, Shi Han A	16	BLMA-CP	31.50
2	Rossouw, Cara	16	TYGE-CP	32.04
3	Wilson, Samantha	13	INFA-NM	32.41
4	McLean, Daniella L	14	PEAS-NM	32.51
5	Burger, Juanè	16	CASC-CP	32.55
6	Mansour, Daniela	13	CBM	32.93
7	Adams, Sydny M	16	VINE-CP	32.94
8	Barthus, Alessia	13	MANT-CP	33.18
9	Gerber, Kayla M	13	STAQ-CE	33.47
10	Pieterse, Abby L	16	INFA-NM	33.50
11	Fenner, Olivia M	15	PLAY-CE	33.53
12	Roth, Elle	13	PEAS-NM	33.57
13	Weimann, Erin J	15	USC-BU	33.70
14	Botha, Rebecca P	14	CASC-CP	33.72
15	Van Tromp, Seruby	15	LALE-CE	33.83
16	Lindsay, Edith J	15	FISH-ED	33.87
17	Terwin, Brooklyn	13	USC-BU	33.92
18	Van Dyk, Zani	14	ASAC-CP	33.94
19	Julies, Grace J	13	XCEL-CP	33.96
20	Jantjies, Zara	13	MANT-CP	33.98
21	Abrahams, Amaani	15	MARL-CP	33.98
22	O'Carroll, Nia E	15	STAQ-CE	34.16
23	Jordaan, Mikayla E	13	CASC-CP	34.20
24	Groenewald, Emma A	14	CASC-CP	34.21
25	Klopper, Lene	13	QSSC-CP	34.25
26	Hager, Carle	16	ESA-CE	34.28
27	Hawley, Nicola	15	PLAY-CE	34.30
28	Lourens, Mia	14	CASC-CP	34.39
29	Hendricks, Jada	13	CASC-CP	34.51
30	Madeley, Amy O	14	ANAX-CP	34.67
31	Greyvenstein, Hayley	12	USC-BU	34.70
32	Pearson-Adams, Oshun O	13	SAAW-CP	34.72
33	Cronjé, Miané	15	FISH-ED	34.81
34	Wallis, Juliette	14	CASC-CP	34.86
35	Pitout, Addison P	11	ASAC-CP	34.88
36	Pieterse, Nina	13	PEAS-NM	34.93
37	Nienaber, Mila J	14	ESA-CE	34.99
38	Groves, Philippa R	15	SSISA-CP	35.03
39	Coetzee, Marli	14	CASC-CP	35.04
40	Coleman, Milan	14	FISH-ED	35.28
41	Hagglund, Emma H	16	SSISA-CP	35.40
42	Swanepoel, Pia Q	12	ASAC-CP	35.51
43	Minnaar, Amelia C	14	USC-BU	35.52
44	Douglas, Keyla	12	ROA-ED	35.55
45	van der Westhuizen, Ama	14	INFA-NM	35.56
46	Koegelenberg, Emily	13	XCEL-CP	35.72
47	Serdyn, Jana	12	INFA-NM	35.73
48	McGluwa, Jovanah N	13	CASC-CP	35.73
49	Jurgens, Chloe-Leigh	13	VINE-CP	35.86
50	Wener, Sophia	15	ASAC-CP	35.88
51	Kimani, Katja	11	CYBE-CP	35.89
52	Iliev, Emily M	12	CBM	35.95
53	Meiring, Scarlett J	11	INFA-NM	35.95
54	Kalapac, Lexi	13	SLAQ-CP	36.11
55	Normington, Olivia	12	XCEL-CP	36.17
56	Loni, Yama	12	INFA-NM	36.19

57	Du Plessis, Leah	13	PEAS-NM	36.23
58	Endres, Josephine	15	VINE-CP	36.32
59	Van Jaarsveld, Bianca I	12	TYGE-CP	36.37
60	Abrams, Sophia E	11	USC-BU	36.49
61	Onkruid, Gianna R	12	UWCA-CP	36.49
62	Smit, Dione	12	CASC-CP	36.52
63	Davis-Taylor, Bela S	12	INFA-NM	36.58
64	DU Plessis, Lheané	12	FISH-ED	36.60
65	Mahlangu, Ndalo	12	BLMA-CP	36.64
66	Mfabe, Zingce Z	13	USC-BU	36.74
67	Hengst, Emily A	12	CASC-CP	36.85
68	Strydom, Mia	14	INFA-NM	36.93
69	Mauer, Kayden	16	USC-BU	36.93
70	Malan, Lua B	14	PLAY-CE	37.00
71	Beyers, Lize M	12	AGAQ-OB	37.10
72	Albino, Nemzi L	16	SAAW-CP	37.16
73	Schenck, Maya K	11	TYGE-CP	37.21
74	Matthee, Zarah	13	UWCA-CP	37.28
75	Joubert, Rebecca J	12	INFA-NM	37.37
76	Makore, Bona M	12	ASAC-CP	37.41
77	Lilley, Kenna	13	TYGE-CP	37.49
78	Sprong, Jaime M	12	ASAC-CP	37.52
79	Tembo, Noku L	13	KNYA-ED	37.53
80	Stearn, Hannah	12	INFA-NM	37.57
81	Schutzler, Amelia-Rose	13	USC-BU	37.63
82	Barnard, Adelmar D	16	ESA-CE	37.63
83	Du Preez, Kyra J	12	USC-BU	37.80
84	Kröger, Sammy	15	ESA-CE	37.99
85	Pieterse, Kate J	12	PEAS-NM	38.02
86	Engelbrecht, Giselle K	15	HTSA-CP	38.05
87	Ristow, Emma K	13	USC-BU	38.07
88	Van Rooyen, Maggie L	11	PEAS-NM	38.10
89	Thompson, Mia M	11	BEST-NM	38.36
90	Maritz, Ava C	10	CTO-CP	38.44
91	Voysey, Ella N	13	ASAC-CP	38.54
92	Adams, Ella	13	CASC-CP	38.66
93	Benade, Aria	12	SAAW-CP	38.66
94	Sebastian, Catherine	12	MANT-CP	38.79
95	Diessner, Ava	14	PEAS-NM	38.80
96	Saul, Astrid P	11	BLMA-CP	38.87
97	Engelbrecht, Zia-Bella L	12	HTSA-CP	39.08
98	Sadi, Chrisela F	11	SAAW-CP	39.09
99	Bowman, Bailey J	11	USC-BU	39.87
100	McMaster, Rachael A	11	HARL-BU	40.30
101	Haynes-Smart, Kaitlyn	13	VINE-CP	40.74
102	Smith, Ava-Sophia H	14	USC-BU	41.99
103	Olivier, Gianna G	12	PAQU-CE	42.80
104	De Jager, Isabella	11	BRAVE-CE	42.92
105	Abrahamse, Lexi	11	VINE-CP	43.27
106	Victor, Amy-Mae	11	PEAS-NM	43.95
107	Smith, Isabel H	12	USC-BU	44.39
108	Arendse, Emma	12	MANT-CP	44.91
109	Groenewald, Nina H	11	CASC-CP	45.70
110	Richards, Emma E	11	SAAW-CP	46.97
111	Glass, Gabi	11	SAAW-CP	48.92
112	October, Jemma F	11	ALPHA-CP	53.75

## #413 Men 99 &amp; Under 50 LC Meter Butterfly Multi-Class M

Name	Age	Team	Seed Time	
1	Hartwig, Connor M S6	14	HARL-BU	53.17

## #415 Men 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 f

Team	Relay	Seed Time	
1	PEAS-NM	A	2:26.36
	Pieterse, Adriaan 11	Claassen, Cayden D 10	
	Davenport, Daniel J 12	Jewell, Stefan E 12	

2	CASC-CP	A	2:26.67
	Swartz, Seth J 12	Perez Castellano, Emilio 12	
	Mare, Ilan 11	Joyce, Guy 12	
3	BLMA-CP	A	2:33.71
	Kruger, Declan 11	Askevold, Gunther J 12	
	Fourie, Benjamin L 12	Tshabalala, Jodie J 12	
4	CASC-CP	B	2:34.22
	Smit, Eduard W 12	Kleynhans, Michael 11	
	Gerber, Luke M 12	Janse van Rensburg, Wihan	
5	HARL-BU	A	2:34.56
	Jogie, Ryan J 12	Beard, Elijah 12	
	Worley, Owen L 12	Avellana, Jowen R 11	

## #416 Men 13-14 4x50 LC Meter Medley Relay 4 x 50 Medle

Team	Relay	Seed Time	
1	CASC-CP	A	2:14.93
	February, Dillon S 14	van Aarde, Matthew D 14	
	Odendaal, Riko 13	King, Aidan J 13	
2	FISH-ED	A	2:19.71
	Spies, Pierre J 14	Coetzee, Tristan R 12	
	Earle, Zack C 14	Spies, Judah J 12	
3	PEAS-NM	A	2:20.07
	Roth, Elle 13	Pieterse, Nina 13	
	McLean, Daniella L 14	Diessner, Ava 14	
4	CASC-CP	A	2:22.93
	Wallis, Juliette 14	Sonnekus, Anya 14	
	Jordaan, Mikayla E 13	Botha, Rebecca P 14	
5	USC-BU	A	2:24.02
	Kretzmann, Sophie F 13	Ristow, Emma K 13	
	Terwin, Brooklyn 13	Minnaar, Amelia C 14	
6	MANT-CP	A	2:24.45
	Sebastian, Alexander 12	Fortune, Hakeem 14	
	Heiberg, Ethan 12	Gallie, Abdul-Aziz 14	
7	CBM	A	2:26.22
	Nchumali, Kwicia 12	Iliev, Emily M 12	
	Mansour, Daniela 13	Palacio, Ines C 12	
8	INFA-NM	A	2:26.39
	Meiring, Scarlett J 11	Strydom, Mia 14	
	Wilson, Samantha 13	van der Westhuizen, Amali	
9	BARR-CP	A	2:26.58
	Egen, Erigh E 13	Tredoux, Simon P 11	
	Heunis, Johan C 12	Swanepoel, Roehan J 12	
10	CASC-CP	B	2:28.13
	Coetzee, Marli 14	Hendricks, Jada 13	
	Groenewald, Emma A 14	McGluwa, Jovanah N 13	
11	VINE-CP	A	2:29.37
	Harder, Callum R 12	Brown, Magmoed 13	
	Louw, James 13	Neuhold, Sebastian 12	
12	VINE-CP	A	2:30.04
	Lloyd, Jemma A 13	Abrahamse, Lexi 11	
	Jurgens, Chloe-Leigh 13	Haynes-Smart, Kaitlyn 13	

## #417 Men 15-16 4x50 LC Meter Medley Relay 4 x 50 Medle

Team	Relay	Seed Time	
1	CASC-CP	A	2:08.56
	Grobler, Chris I 15	Krause, Luke 15	
	van Wyk, Tariq K 16	Lewis, Callum R 15	
2	ASAC-CP	A	2:17.24
	Lubbe, Mikael B 13	Pitout, Zachary J 14	
	Smith, Jenson C 15	Lombard, Quan R 13	
3	USC-BU	A	2:19.40
	Wessels, Tiaan 15	Kretzmann, Kaleb B 15	
	Wessels, Jeandre 12	Goldswain, Nicholas J 12	
4	QSSC-CP	A	2:25.48
	Rossouw, Marais 12	Nel, Charles Paul 13	
	Afonso, Aragon G 15	Schutte, Ethan 11	
5	ASAC-CP	B	2:27.18
	Meets, Daniel 12	Hauser, Paul 13	
	Van Dyk, Adriaan J 12	Wilson, Kaleb 13	

## SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

## Psych Sheet

## #417 ... (Men 15-16 4x50 LC Meter Medley Relay 4 x 50 M

6	CLA-WC	A	2:28.06
	Lamminga, Jack 14	Hough, Caleb 15	
	Snyders, Dylan 13	Smith, Zian 13	

## #418 Women 12 &amp; Under 4x50 LC Meter Medley Relay 4 x 50 M

Team	Relay	Seed Time
1	INFA-NM	A 2:25.53
	Davis-Taylor, Bela S 12	Stearn, Hannah 12
	Loni, Yama 12	Serdyn, Jana 12
2	USC-BU	A 2:27.85
	Dart, Mackenzi J 12	Greyvenstein, Hayley 12
	Du Preez, Kyra J 12	Abrams, Sophia E 11
3	ASAC-CP	A 2:32.04
	Makore, Bona M 12	Swanepoel, Pia Q 12
	Pitout, Addison P 11	Sprong, Jaime M 12
4	CASC-CP	A 2:34.22
	Hengst, Emily A 12	Ras, Annabelle 12
	Smit, Dione 12	De Lange, Niah 11
5	SAAW-CP	A 2:35.69
	Glass, Gabi 11	Benade, Aria 12
	Sadi, Chrisela F 11	Richards, Emma E 11
6	CTO-CP	A 2:36.22
	Thompson, Taya R 12	Fakier, Ayesha i 11
	Maritz, Ava C 10	Levi, Zara 11
7	TYGE-CP	A 2:37.22
	Van Jaarsveld, Bianca I 12	Van Onselen, Annabelle 11
	Schenck, Maya K 11	Louw, Milea 11
8	HARL-BU	A 2:38.09
	Vermeulen, Jaime-Lynn 12	Oliphant, Isabelle 11
	McMaster, Rachael A 11	Muller, Skyler M 12

## #419 Women 13-14 4x50 LC Meter Medley Relay 4 x 50 M

Team	Relay	Seed Time
1	HARL-BU	A 2:19.35
2	CASC-CP	A 2:22.93
	Wallis, Juliette 14	Sonnekus, Anya 14
	Jordaan, Mikayla E 13	Botha, Rebecca P 14
3	CBM	A 2:26.22
	Nchumali, Kwicia 12	Iliev, Emily M 12
	Mansour, Daniela 13	Palacio, Ines C 12
4	CASC-CP	B 2:28.13
	Coetzee, Marli 14	Hendricks, Jada 13
	Groenewald, Emma A 14	McGluwa, Jovanah N 13
5	VINE-CP	A 2:30.04
	Lloyd, Jemma A 13	Abrahamse, Lexi 11
	Jurgens, Chloe-Leigh 13	Haynes-Smart, Kaitlyn 13

## #420 Women 15-16 4x50 LC Meter Medley Relay 4 x 50 M

Team	Relay	Seed Time
1	FISH-ED	A 2:16.56
	Cronjé, Miané 15	DU Plessis, Lheané 12
	Lindsay, Edith J 15	Coleman, Milan 14
2	ESA-CE	A 2:19.76
	Hager, Carle 16	Barnard, Adelmari D 16
	Nienaber, Mila J 14	Holthuis, Keilah-Naomi 16
3	ASAC-CP	A 2:27.29
	Longueira, Ava L 14	Van Dyk, Zani 14
	Voysey, Ella N 13	Wener, Sophia 15
4	USC-BU	A 2:28.57
	Mfabe, Zingce Z 13	Weimann, Erin J 15
	Mauer, Kayden 16	Lottering, Eirley 15
5	CASC-CP	A 2:32.89
	Lourens, Mia 14	Burger, Juanè 16
	Burden, Leila A 12	Adams, Ella 13

## #421 Mixed 12 &amp; Under 4x100 LC Meter Freestyle Relay 4 x 100 M

Team	Relay	Seed Time
1	INFA-NM	A 4:43.12
	Fischer, Blake D M11	Stearn, Hannah W12
	Joubert, Rebecca J W12	Bradfield, Joel-Luke M12
2	USC-BU	A 4:47.23
	Greyvenstein, Hayley W12	Goldswain, Nicholas J M12
	Abrams, Sophia E W11	Wessels, Jeandre M12
3	CASC-CP	A 4:48.50
	Joyce, Guy M12	Perez Castellano, Emilio M12
	Hengst, Emily A W12	Smit, Dione W12
4	TYGE-CP	A 4:51.38
	Van der Merwe, Ulric M11	Van Onselen, Annabelle W12
	Van Jaarsveld, Bianca I W12	Van der Merwe, Logan M12
5	HARL-BU	A 4:56.20
	Vermeulen, Jaime-Lynn W12	Muller, Skyler M W12
	Worley, Owen L M12	Avellana, Jowen R M11
6	PEAS-NM	A 4:57.38
	Claassen, Cayden D M10	Davenport, Daniel J M12
	Pieterse, Kate J W12	Victor, Amy-Mae W11
7	MANT-CP	A 4:57.90
	Sebastian, Alexander M12	Arendse, Emma W12
	Sebastian, Catherine W12	Heiberg, Ethan M12
8	CASC-CP	B 5:02.21
	Gerber, Luke M M12	Swartz, Seth J M12
	Ras, Annabelle W12	De Lange, Niah W11
9	ASAC-CP	A 5:04.06
	Swanepoel, Pia Q W12	Sprong, Jaime M W12
	Meets, Daniel M12	Van Dyk, Adriaan J M12
10	BLMA-CP	A 5:04.83
	Kruger, Declan M11	Mahlangu, Ndalo W12
	Saul, Astrid P W11	Askevold, Gunther J M12
11	HARL-BU	B 5:25.18
	Oliphant, Isabelle W11	Beard, Elijah M12
	Schemel, Leah I W12	Jogie, Ryan J M12

## #422 Mixed 13-14 4x100 LC Meter Freestyle Relay 4 x 100 M

Team	Relay	Seed Time
1	CASC-CP	A 4:24.47
	van Aarde, Matthew D M14	Botha, Rebecca P W14
	February, Dillon S M14	Sonnekus, Anya W14
2	ASAC-CP	A 4:30.76
	Lombard, Quan R M13	Longueira, Ava L W14
	Pitout, Zachary J M14	Van Dyk, Zani W14
3	USC-BU	A 4:32.30
	Lockyear, Devon P M14	Terwin, Brooklyn W13
	Minnaar, Amelia C W14	Clifford, Jack K M13
4	CASC-CP	B 4:41.72
	Wallis, Juliette W14	Coetzee, Marli W14
	King, Aidan J M13	Odendaal, Riko M13
5	CLA-WC	A 4:43.95
	Nel, Olivia W13	Swanepoel, Emma W11
	Snyders, Dylan M13	Smith, Zian M13
6	TYGE-CP	A 4:45.95
	Newham, Christopher J M13	Schenck, Maya K W11
	Lilley, Kenna W13	Heunis, Le Roux M14
7	ASAC-CP	B 4:47.16
	Voysey, Ella N W13	Makore, Bona M W12
	Hauser, Paul M13	Wilson, Kaleb M13

## #423 Mixed 15-16 4x100 LC Meter Freestyle Relay 4 x 100 M

Team	Relay	Seed Time
1	PEAS-NM	A 4:19.95
	Cruickshank, Carter C M16	Repinz, Chase P M16
	Roth, Elle W13	McLean, Daniella L W14
2	CASC-CP	A 4:20.26
	van Wyk, Tariq K M16	Krause, Luke M15
	Burger, Juanè W16	McGluwa, Jovanah N W13

3	SAAW-CP	A 4:22.66
	Pearson-Adams, Wolfe D M12	Albino, Nemzi L W16
	Ramorwesi, Oratilwe M M12	Pearson-Adams, Oshun O W16
4	CASC-CP	B 4:28.46
	Lewis, Callum R M15	Grobler, Chris I M15
	Lourens, Mia W14	Groenewald, Emma A W14
5	ESA-CE	A 4:28.57
	Holthuis, Keilah-Naomi W12	Stander, Christiaan L M13
	Hager, Carle W16	Schoeman, Mateo J M12
6	USC-BU	A 4:43.62
	Wessels, Jeandre M12	Weimann, Erin J W15
	Lottering, Eirley W15	Kretzmann, Kaleb B M15