

Team Entries - All Events

Aqua Athlete-JH

1	Aqua Athlete - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	5:02.52
	April, Zach L; Hodgson-Jervis, Tim C; Kneubuhler, Luca J; Mujati, Tatenda C		
2	Aqua Athlete - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 100	4:29.92
	_____ ; _____ ; _____ ; _____		
3	Aqua Athlete - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:02.55
	John, Josh A; Langenhoven, Francois-Daniel; Kneubuhler, Luca J; Mujati, Tatenda C		
4	Aqua Athlete - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	2:00.71
	Doolan, Addison J; Eckersley, Lara J; _____ ; _____		
5	Aqua Athlete - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:27.87
	_____ ; _____ ; _____ ; _____		
6	Aqua Athlete - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:12.83
	_____ ; _____ ; _____ ; _____		
7	Aqua Athlete - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:32.68
	_____ ; _____ ; _____ ; _____		
8	Aqua Athlete - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:19.83
	_____ ; _____ ; _____ ; _____		
9	Aqua Athlete - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:24.79
	_____ ; _____ ; _____ ; _____		
10	Aqua Athlete - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:16.19
	_____ ; _____ ; _____ ; _____		

Aqua Athlete-JH Total Individual Entries: 0 - Total Relays: 10

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Bloemfontein Otters-MA**

1	Bloemfontein Otters - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:34.59
	Harbron, Danielle; Gutter, Livia; van Biljon, Aila; de Jager, Ashleigh		
2	Bloemfontein Otters - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:05.11
	Harbron, Danielle; Gutter, Livia; van Biljon, Aila; de Jager, Ashleigh		
3	Bloemfontein Otters - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:41.16
	Saunderson, Enrique C; Le Roux, Lisa; Opperman, Inge; de Vries, Jan-Hendrik		
4	Bloemfontein Otters - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:12.42
	Badenhorst, Jandre; Cupido, Donyelle; Rossouw, Lechelle; Van der Bijl, Almero		
5	Bloemfontein Otters - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:22.00
	de Jager, Ashleigh; Balmer, Lindsay; Harbron, Danielle; Gutter, Livia		
6	Bloemfontein Otters - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:56.70
	Opperman, Inge; Coetzer, Jacques; Le Roux, Lisa; Saunderson, Enrique C		
7	Bloemfontein Otters - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	NT
	_____; Harbron, Danielle; Els, Nicolai; de Jager, Ashleigh		

Bloemfontein Otters-MA Total Individual Entries: 0 - Total Relays: 7

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Boksburg Aquatic Saints-EK

1	Boksburg Aquatic Saints - 'A' Mofokeng, Musa B; Le Roux, Terrick C; Peer, Amr; Letsoalo, Tetelo C	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:17.35
2	Boksburg Aquatic Saints - 'A' Le Roux, Terrick C; Els, Megan A; Letsoalo, Tetelo C; Moabelo, Fatso J	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:31.14
3	Boksburg Aquatic Saints - 'A' Le Roux, Terrick C; Els, Megan A; Letsoalo, Tetelo C; Moabelo, Fatso J	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:44.33
Boksburg Aquatic Saints-EK Total Individual Entries: 0 - Total Relays: 3			

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Bulawayo Amatuer Swimming Ass

- | | | | |
|---|--|--|---------|
| 1 | Bulawayo Amatuer Swimming Ass - 'A' | #316 Women 12 & Under 4x50 Freestyle Relay 4 : | 2:09.56 |
| | Ngwenya, Rachel; Nkolomi, Michelle; Sibanda, Monalisa; Matabeya, Farai | | |
| 2 | Bulawayo Amatuer Swimming Ass - 'A' | #321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 | 2:44.50 |
| | Ngwenya, Rachel; Sibanda, Andile; Matabeya, Farai; Njenge, Simphiwe | | |
| 3 | Bulawayo Amatuer Swimming Ass - 'A' | #416 Women 12 & Under 4x50 Medley Relay 4 x 50 | 2:28.25 |
| | Ngwenya, Rachel; Sibanda, Monalisa; Matabeya, Farai; Nkolomi, Michelle | | |

Bulawayo Amatuer Swimming Ass Total Individual Entries: 0 - Total Relays: 3

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Cardinal Aquatics-EK**

1	Cardinal Aquatics - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:03.12
	Carpinteiro, Diego; Zondo, Nkosana K; _____; _____		
2	Cardinal Aquatics - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 :	2:09.21
	Lindsay, Sage M; Hinteregger, Mila M; Meyburgh, Olivia C; Mapulane, Amaru T		
3	Cardinal Aquatics - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:59.19
	Baker, Benjamin; Luhabe, Fezile Z; Carpinteiro, Diego; Dowling, Landon G		
4	Cardinal Aquatics - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:03.77
	Lamprecht, Macayla A; Smith, Madison M; Rondel, Mikayla J; Kulynych, Abbigail		
5	Cardinal Aquatics - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:52.76
	Nellmapius, Keegan D; Baker, Benjamin; Del Grosso, Gianluca G; Dowling, Landon G		
6	Cardinal Aquatics - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	2:02.43
	Da Cunha, Jorja; Mapulane, Amaru T; Lamprecht, Macayla A; Kulynych, Abbigail		
7	Cardinal Aquatics - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:22.58
	Lindsay, Sage M; Hinteregger, Mila M; Zondo, Nkosana K; _____		
8	Cardinal Aquatics - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:18.74
	Baker, Benjamin; Smith, Madison M; Rondel, Mikayla J; Koegelenberg, Ruben		
9	Cardinal Aquatics - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:15.87
	Nellmapius, Keegan D; Del Grosso, Gianluca G; Huang, Sunny; Da Cunha, Jorja		
10	Cardinal Aquatics - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:20.58
	Sutherland, Cayleb; Quagraine, Ekow A; _____; _____		
11	Cardinal Aquatics - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 5	2:23.02
	Lindsay, Sage M; Hinteregger, Mila M; Meyburgh, Olivia C; Mapulane, Amaru T		
12	Cardinal Aquatics - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:09.17
	Baker, Benjamin; Dowling, Landon G; Koegelenberg, Ruben; _____		
13	Cardinal Aquatics - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:20.07
	Smith, Madison M; Mapulane, Amaru T; Meyburgh, Olivia C; Kulynych, Abbigail		
14	Cardinal Aquatics - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:05.53
	Nellmapius, Keegan D; Dowling, Landon G; Koegelenberg, Ruben; Del Grosso, Gianluca G		
15	Cardinal Aquatics - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:18.78
	Sophocleous, Cassandra A; Mapulane, Amaru T; Meyburgh, Olivia C; Kulynych, Abbigail		

Cardinal Aquatics-EK Total Individual Entries: 0 - Total Relays: 15

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Crusaders Swimming Club-JH**

1	Crusaders Swimming Club - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:23.02
	Von Brandis, Carl C; Yeates, Matthew A; Nell, Luca; Hattingh, Jude		
2	Crusaders Swimming Club - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:35.10
	Van den Berg, Therese; Palmer, Keira L; Oswald, Bella D; Steyn, Zoe		
3	Crusaders Swimming Club - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:08.43
	Leary, Darren J; Von Brandis, Carl C; Hattingh, Jude; Potgieter, Chris J		
4	Crusaders Swimming Club - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	4:21.69
	Cochrane, Colby; Wellsted, Mia E; Durig, Leah N; Holland, Keira E		
5	Crusaders Swimming Club - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:58.48
	Von Brandis, Carl C; Nell, Luca; Yeates, Matthew A; Hattingh, Jude		
6	Crusaders Swimming Club - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:07.18
	Oswald, Bella D; Palmer, Keira L; Van den Berg, Therese; Steyn, Zoe		
7	Crusaders Swimming Club - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:53.01
	Leary, Darren J; Von Brandis, Carl C; Hattingh, Jude; Potgieter, Chris J		
8	Crusaders Swimming Club - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	2:00.50
	Cochrane, Colby; Durig, Leah N; Wellsted, Mia E; Holland, Keira E		
9	Crusaders Swimming Club - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:38.60
	Nell, Matteo; Caldeira, Jessica S; Arangies, Leon H; Nel, Livie K		
10	Crusaders Swimming Club - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:22.71
	Hattingh, Jude; Palmer, Keira L; Yeates, Matthew A; Steyn, Zoe		
11	Crusaders Swimming Club - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:11.25
	Wellsted, Mia E; Leary, Darren J; Potgieter, Chris J; Holland, Keira E		
12	Crusaders Swimming Club - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:11.68
	Yeates, Matthew A; Nell, Luca; Hattingh, Jude; Von Brandis, Carl C		
13	Crusaders Swimming Club - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:20.87
	Steyn, Zoe; Harris, Surayia; Oswald, Bella D; Van den Berg, Therese		
14	Crusaders Swimming Club - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:09.51
	Leary, Darren J; Hattingh, Jude; Yeates, Matthew A; Potgieter, Chris J		
15	Crusaders Swimming Club - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:15.03
	Wellsted, Mia E; Marite, Mmathabo M; Holland, Keira E; Cochrane, Colby		
16	Crusaders Swimming Club - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	5:11.29
	Caldeira, Jessica S; Nell, Matteo; Badsha-Eybers, Riley M; Nel, Livie K		
17	Crusaders Swimming Club - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:24.24
	Yeates, Matthew A; Van den Berg, Therese; Steyn, Zoe; Hattingh, Jude		
18	Crusaders Swimming Club - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:11.14
	Leary, Darren J; Wellsted, Mia E; Holland, Keira E; Potgieter, Chris J		

Crusaders Swimming Club-JH Total Individual Entries: 0 - Total Relays: 18

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Dmss Gators Swimming Club

1	Dmss Gators Swimming Club - 'A' Lee, Hyun Dong; De Jager, Ruben; Seetso, Nathan; Garmroudi, Yusurf	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:03.47
2	Dmss Gators Swimming Club - 'A' Garmroudi, Yusurf; De Jager, Ruben; Seetso, Nathan; Lee, Hyun Dong	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:47.45
3	Dmss Gators Swimming Club - 'A' De Jager, Ruben; Seetso, Nathan; Garmroudi, Yusurf; Lee, Hyun Dong	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:02.14
Dmss Gators Swimming Club Total Individual Entries: 0 - Total Relays: 3			

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Dragons Swimming Club-JH

1	Dragons Swimming Club - 'A' _____;	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:04.98
2	Dragons Swimming Club - 'A' Weber, Abigail M; Maree, Morgan; Uys, Nicole; Cockeran, Marguerite L	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:09.01
3	Dragons Swimming Club - 'A' _____;	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:18.85
4	Dragons Swimming Club - 'A' Weber, Abigail M; Maree, Morgan; Uys, Nicole; Cockeran, Marguerite L	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:21.80

Dragons Swimming Club-JH Total Individual Entries: 0 - Total Relays: 4

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Harare Province-MS**

1	Harare Province - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	4:40.00
	Chiviya, David; Hendrickse, Taylor; Nyamapfene, Vincent; Munengwa, Gabriel		
2	Harare Province - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4 X 100	4:51.61
	Maboreke, Tamiranashe; Mead, Ela; Xie, Ruotong; Maunganidze, Tawananyasha		
3	Harare Province - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 Freestyle	4:27.73
	Ranken, Nathaniel; Maboreke, Tendekayi; Matema, Kudzaishe; Munengwa, George E		
4	Harare Province - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50 Freestyle	2:04.67
	Hendrickse, Taylor; Munengwa, Gabriel; Chiviya, David; Nyamapfene, Vincent		
5	Harare Province - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50 Freestyle	2:08.35
	Maboreke, Tamiranashe; Mnangagwa, Bethany; Xie, Ruotong; Maunganidze, Tawananyasha		
6	Harare Province - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Freestyle	1:57.75
	Maboreke, Tendekayi; Ranken, Nathaniel; Matema, Kudzaishe; Munengwa, George E		
7	Harare Province - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:19.57
	Maunganidze, Tawananyasha; Chiviya, David; Munengwa, Gabriel; Maboreke, Tamiranashe		
8	Harare Province - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Medley	2:22.42
	Munengwa, George E; Dombodzvuku, Ruvarashe; Maboreke, Tendekayi; Msipa, Mupindiishe		
9	Harare Province - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:20.79
	Guo, Mohan; Chiviya, David; Munengwa, Gabriel; Nyamapfene, Vincent		
10	Harare Province - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:23.80
	Xie, Ruotong; Dombodzvuku, Ruvarashe; Maunganidze, Tawananyasha; Maboreke, Tamiranashe		
11	Harare Province - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medley	2:11.59
	Maboreke, Tendekayi; Goddard, John; Munengwa, George E; Matema, Kudzaishe		
12	Harare Province - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:39.39
	Chiviya, David; Maboreke, Tamiranashe; Maunganidze, Tawananyasha; Munengwa, Gabriel		
13	Harare Province - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:47.57
	Ranken, Nathaniel; Msipa, Mupindiishe; Munengwa, George E; Mead, Ela		

Harare Province-MS Total Individual Entries: 0 - Total Relays: 13

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events**

J's Aqua Swimming Club-EK

- | | | | |
|---|--|---|---------|
| 1 | J's Aqua Swimming Club - 'A'
De Milander, Evan; Liebenberg, Troy; Knoetze, Dryden; Knoetze, Garrick | #317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free | 2:07.77 |
| 2 | J's Aqua Swimming Club - 'A'
Liebenberg, Troy; Knoetze, Dryden; Knoetze, Garrick; De Milander, Evan | #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:18.46 |
- J's Aqua Swimming Club-EK Total Individual Entries: 0 - Total Relays: 2**

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Limpopo Tuksswimming Club-WB**

1	Limpopo Tuksswimming Club - 'A' Potgieter, Evan P; Venter, Luan A; Vd Berg, Wihan; Teich, Shaun	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	5:09.24
2	Limpopo Tuksswimming Club - 'A' Venter, Luan A; Potgieter, Evan P; Vd Berg, Wihan; Teich, Shaun	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:17.33
3	Limpopo Tuksswimming Club - 'A' Stols, Kinique E; Potgieter, Evan P; Grobler, Jadine; Teich, Shaun	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:27.99
4	Limpopo Tuksswimming Club - 'A' Teich, Shaun; Potgieter, Evan P; Venter, Luan A; Vd Berg, Wihan	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:34.06
5	Limpopo Tuksswimming Club - 'A' Teich, Shaun; Stols, Kinique E; Potgieter, Evan P; Grobler, Jadine	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:55.23

Limpopo Tuksswimming Club-WB Total Individual Entries: 0 - Total Relays: 5

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Mako Aquatics-EK**

1	Mako Aquatics - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100 Freestyle	4:50.80
	Plint, Matthew J; Britz, Jonathan O; Plint, Connor J; Kyster, Daylen R		
2	Mako Aquatics - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 Freestyle	4:27.05
	Jansen van Vuuren, Conrad; Hawkins, Cole D; Vermeulen, Joshua; De Vernon, Dawson		
3	Mako Aquatics - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50 Freestyle	2:11.28
	Kyster, Daylen R; Plint, Matthew J; Plint, Connor J; Hawkins, Cole D		
4	Mako Aquatics - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Freestyle	2:01.68
	Lloyd-Swanepoel, Ella; Hawkins, Cole D; Visser, Alexis; Kyster, Daylen R		
5	Mako Aquatics - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Medley	2:21.62
	Lloyd-Swanepoel, Ella; Hawkins, Cole D; Visser, Alexis; Kyster, Daylen R		
6	Mako Aquatics - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:25.03
	Plint, Matthew J; Hawkins, Cole D; Britz, Jonathan O; Kyster, Daylen R		
7	Mako Aquatics - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medley	2:32.58
	Plint, Connor J; Vermeulen, Joshua; Hood, Kaylin C; Jansen van Vuuren, Conrad		
8	Mako Aquatics - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100 Freestyle	4:32.84
	Visser, Alexis; Vermeulen, Joshua; Lloyd-Swanepoel, Ella; Jansen van Vuuren, Conrad		

Mako Aquatics-EK Total Individual Entries: 0 - Total Relays: 8

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Mandeville Dolphins-JH**

1	Mandeville Dolphins - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	5:03.05
	Mülder, Eli-Ray; Eifler, Oliver J; Ashworth, Ryan R; Gray, Lance G		
2	Mandeville Dolphins - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4 X 100	4:56.12
	Woodburn, Jasmine S; Cheshire, Kate E; Nolan, Kathryn A; Schutze-Langston, Paige L		
3	Mandeville Dolphins - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100	4:23.75
	Smith, Isaiah S; O'Brien, Chris G; Stonefield, Alex N; van de Wouw, Joshua B		
4	Mandeville Dolphins - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:46.74
	Nolan, Emma M; Love, Emma G; Wheeler, Maike S; O'Brien, Katya		
5	Mandeville Dolphins - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:16.68
	Gray, Lance G; Ashworth, Ryan R; Eifler, Oliver J; Mülder, Eli-Ray		
6	Mandeville Dolphins - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50	2:11.47
	Schutze-Langston, Paige L; Cheshire, Kate E; Nolan, Kathryn A; Woodburn, Jasmine S		
7	Mandeville Dolphins - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50	1:58.95
	Smith, Isaiah S; Bhana, Aditya S; O'Brien, Chris G; van de Wouw, Joshua B		
8	Mandeville Dolphins - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50	2:09.29
	Nolan, Emma M; Wheeler, Maike S; Love, Emma G; O'Brien, Katya		
9	Mandeville Dolphins - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:36.71
	Woodburn, Jasmine S; Mülder, Eli-Ray; Schutze-Langston, Paige L; Ellis, Joseph G		
10	Mandeville Dolphins - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50	2:17.77
	Nolan, Emma M; Bhana, Aditya S; van de Wouw, Joshua B; O'Brien, Katya		
11	Mandeville Dolphins - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50	2:31.95
	Mülder, Eli-Ray; Eifler, Oliver J; Ellis, Joseph G; Gray, Lance G		
12	Mandeville Dolphins - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 50	2:29.47
	Phalafala, Tshepi M; Nolan, Kathryn A; Schutze-Langston, Paige L; Woodburn, Jasmine S		
13	Mandeville Dolphins - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50	2:17.14
	Bhana, Aditya S; van de Wouw, Joshua B; Smith, Isaiah S; O'Brien, Chris G		
14	Mandeville Dolphins - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50	2:29.28
	Wheeler, Maike S; Love, Emma G; Nolan, Emma M; O'Brien, Katya		
15	Mandeville Dolphins - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:54.36
	Gray, Lance G; Schutze-Langston, Paige L; Woodburn, Jasmine S; Mülder, Eli-Ray		
16	Mandeville Dolphins - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:26.10
	van de Wouw, Joshua B; Smith, Isaiah S; O'Brien, Katya; Nolan, Emma M		
17	Mandeville Dolphins - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:18.72
	Bloch, Dylan A; Barbour, Karl D; Smith, Gabriella S; Abell, Acacia-Cailyn		
Mandeville Dolphins-JH Total Individual Entries: 0 - Total Relays: 17			

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Namibia Swimming Federation**

1	Namibia Swimming Federation - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	5:05.96
	Erni, Julian M; Armstrong, Jeandre; Huang, Guoxuan; Diehl, Aiden P		
2	Namibia Swimming Federation - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4 X 100	4:59.03
	Ashikoto, Suraya A; Glen-Spyron, Sofia B; Dippenaar, Katja R; Joubert, Laila		
3	Namibia Swimming Federation - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 Freestyle	4:05.27
	Hoffmann, Hoandi; Bergh, Riley R; Knoetze, Niels; Marggraff, Alex W		
4	Namibia Swimming Federation - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50 Freestyle	2:16.69
	Erni, Julian M; Huang, Guoxuan; Armstrong, Jeandre; Diehl, Aiden P		
5	Namibia Swimming Federation - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50 Freestyle	2:13.47
	Joubert, Laila; Losper, Aaliyah J; Dippenaar, Katja R; Ashikoto, Suraya A		
6	Namibia Swimming Federation - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Freestyle	1:50.49
	Marggraff, Alex W; Bergh, Riley R; Hoffmann, Hoandi; Knoetze, Niels		
7	Namibia Swimming Federation - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:26.64
	Diehl, Aiden P; Swartz, Caleb; Ashikoto, Suraya A; Joubert, Laila		
8	Namibia Swimming Federation - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Medley	2:25.25
	Bergh, Riley R; Armstrong, Jeandre; Schlabit, Nora L; Steyn, Lara		
9	Namibia Swimming Federation - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:33.59
	Diehl, Aiden P; Swartz, Caleb; Erni, Julian M; Armstrong, Jeandre		
10	Namibia Swimming Federation - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:30.25
	Dippenaar, Katja R; Glen-Spyron, Sofia B; Ashikoto, Suraya A; Joubert, Laila		
11	Namibia Swimming Federation - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medley	2:02.89
	Bergh, Riley R; Hoffmann, Hoandi; Marggraff, Alex W; Knoetze, Niels		
12	Namibia Swimming Federation - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100 Freestyle	4:55.77
	Diehl, Aiden P; Erni, Julian M; Ashikoto, Suraya A; Joubert, Laila		
13	Namibia Swimming Federation - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100 Freestyle	4:15.79
	Hoffmann, Hoandi; Steyn, Lara; Schlabit, Nora L; Marggraff, Alex W		

Namibia Swimming Federation Total Individual Entries: 0 - Total Relays: 13

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Neptune's Aquatics-MA

- | | | | |
|---|---|---|---------|
| 1 | Neptune's Aquatics - 'A'
Badenhorst, Jandre; Segone, Oteng; Van der Bijl, Almero; Geyser, Heinrich | #319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free | 1:56.21 |
| 2 | Neptune's Aquatics - 'A'
Cupido, Donyelle; Badenhorst, Jandre; Rossouw, Lechelle; Van der Bijl, Almero | #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:27.04 |
- Neptune's Aquatics-MA Total Individual Entries: 0 - Total Relays: 2**

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Royal Fins Aquatics-TS**

1	Royal Fins Aquatics - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:13.54
	Cloete, Kai; Lee, Nathan; Prinsloo, Stefan; Clarke, Alessio W		
2	Royal Fins Aquatics - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:47.52
	Alton, Madison R; Rischmuller, Tischke; Matthesen, Caitlin; Cloete, Suri S		
3	Royal Fins Aquatics - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:00.88
	De Bruyn, Marcus; Smit, Martin G; Vasconcellos, Liam; Van Rooyen, Colby H		
4	Royal Fins Aquatics - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	4:49.23
	Webster, Megan; Gauldie, Josslyn M; Swanepoel, Danaleigh; Potgieter, Elnye		
5	Royal Fins Aquatics - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:54.50
	Bukes, Xander; Lee, Nathan; Prinsloo, Stefan; Clarke, Alessio W		
6	Royal Fins Aquatics - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:09.73
	Alton, Madison R; Matthesen, Caitlin; Rischmuller, Tischke; Cloete, Suri S		
7	Royal Fins Aquatics - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:48.36
	De Bruyn, Marcus; Vasconcellos, Liam; Smit, Martin G; Van Rooyen, Colby H		
8	Royal Fins Aquatics - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	2:12.20
	Potgieter, Elnye; Swanepoel, Danaleigh; Webster, Megan; Gauldie, Josslyn M		
9	Royal Fins Aquatics - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:13.66
	Clarke, Alessio W; Prinsloo, Stefan; Cloete, Suri S; Alton, Madison R		
10	Royal Fins Aquatics - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:08.55
	Swanepoel, Danaleigh; Van Rooyen, Colby H; Vasconcellos, Liam; Webster, Megan		
11	Royal Fins Aquatics - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:09.56
	Clarke, Alessio W; Prinsloo, Stefan; Bukes, Xander; Lee, Nathan		
12	Royal Fins Aquatics - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:29.28
	Rischmuller, Tischke; Matthesen, Caitlin; Cloete, Suri S; Alton, Madison R		
13	Royal Fins Aquatics - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:01.49
	De Bruyn, Marcus; Van Rooyen, Colby H; Vasconcellos, Liam; Smit, Martin G		
14	Royal Fins Aquatics - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:27.35
	Swanepoel, Danaleigh; Gauldie, Josslyn M; Webster, Megan; Scheepers, Tayla		
15	Royal Fins Aquatics - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:59.75
	Cloete, Kai; Rischmuller, Tischke; Scheepers, Tayla; De Wit, Ben D		
16	Royal Fins Aquatics - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:23.54
	Clarke, Alessio W; Prinsloo, Stefan; Cloete, Suri S; Alton, Madison R		
17	Royal Fins Aquatics - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:18.51
	Van Rooyen, Colby H; De Bruyn, Marcus; Swanepoel, Danaleigh; Webster, Megan		
Royal Fins Aquatics-TS Total Individual Entries: 0 - Total Relays: 17			

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Sandton Seals-JH

1	Sandton Seals - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	4:31.89
	Xaba, Kapitolina O; Phillips, Abigail; Alston, Georgia S; Edmundson, Paige E		
2	Sandton Seals - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	2:07.78
	Xaba, Kapitolina O; Phillips, Abigail; Desilla, Elizabeth M; Edmundson, Paige E		
3	Sandton Seals - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:22.96
	Alston, Georgia S; Phillips, Abigail; Desilla, Elizabeth M; Edmundson, Paige E		
	Sandton Seals-JH Total Individual Entries: 0 - Total Relays: 3		

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****TuksSwimming Club-TS**

1	TuksSwimming Club - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	4:53.19
	_____;		
2	TuksSwimming Club - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4 X 100	4:47.77
	_____;		
3	TuksSwimming Club - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:00.86
	_____;		
4	TuksSwimming Club - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:21.47
	_____;		
5	TuksSwimming Club - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	3:55.90
	_____;		
6	TuksSwimming Club - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 100	4:16.65
	_____;		
7	TuksSwimming Club - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50 F	2:10.39
	_____;		
8	TuksSwimming Club - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50 F	2:12.23
	_____;		
9	TuksSwimming Club - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:50.47
	_____;		
10	TuksSwimming Club - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:00.93
	_____;		
11	TuksSwimming Club - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:46.90
	_____;		
12	TuksSwimming Club - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	1:57.78
	_____;		
13	TuksSwimming Club - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 F	2:25.22
	_____;		
14	TuksSwimming Club - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:05.89
	_____;		
15	TuksSwimming Club - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:05.39
	_____;		
16	TuksSwimming Club - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:24.50
	_____;		
17	TuksSwimming Club - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 50 M	2:30.21
	_____;		
18	TuksSwimming Club - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:01.10
	_____;		
19	TuksSwimming Club - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:15.11
	_____;		
20	TuksSwimming Club - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:01.00
	_____;		
21	TuksSwimming Club - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:12.24
	_____;		
22	TuksSwimming Club - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:46.88
	_____;		
23	TuksSwimming Club - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:08.19
	_____;		
24	TuksSwimming Club - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:04.46
	_____;		

TuksSwimming Club-TS Total Individual Entries: 0 - Total Relays: 24

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Uniswim Uplands Swimming Club-EZ**

1	Uniswim Uplands Swimming Club - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:40.71
	Roberts, Pippa J; Rautenbach, Chloe M; Mills, Cara J; Jansen, Megan M		
2	Uniswim Uplands Swimming Club - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:07.49
	Roberts, Pippa J; Rautenbach, Chloe M; Mills, Cara J; Jansen, Megan M		
3	Uniswim Uplands Swimming Club - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:22.48
	Van Der Nest, Milan O; Seaman, Maricus; Mills, Cara J; Jansen, Megan M		
4	Uniswim Uplands Swimming Club - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:23.56
	Jansen, Megan M; Roberts, Pippa J; Mills, Cara J; Rautenbach, Chloe M		
5	Uniswim Uplands Swimming Club - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:40.75
	Roberts, Pippa J; Van Der Nest, Milan O; Seaman, Maricus; Jansen, Megan M		

Uniswim Uplands Swimming Club-EZ Total Individual Entries: 0 - Total Relays: 5

SA Level 3 Regional Age Group Champs 2025-NT - 20/03/2025 to 23/03/2025**Team Entries - All Events****Uniswim-EZ**

1	Uniswim - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	4:58.55
	Harty, Hunter R; Swanepoel, Lander L; Pretorius, Pieter J; van Niekerk, Vaughn		
2	Uniswim - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:11.14
	De Villiers, Dawid; Kalunga, Ted R; Lombard, Adriaan; Boyd, Joshua J		
3	Uniswim - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:32.56
	Pretorius, Lene L; Swartz, Minette; Van der Merwe, Leane; O'Grady, Catherine		
4	Uniswim - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 100	4:33.33
	Weitsz, Esmari; Hattingh, Janca; Cussons, Simone; Banza, Lys L		
5	Uniswim - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50 F	2:15.81
	van Niekerk, Vaughn; Swanepoel, Lander L; Pretorius, Pieter J; Harty, Hunter R		
6	Uniswim - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:56.36
	De Villiers, Dawid; Burger, Marcus P; Lombard, Adriaan; Boyd, Joshua J		
7	Uniswim - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:05.05
	Van der Merwe, Leane; Swartz, Minette; Pretorius, Lene L; O'Grady, Catherine		
8	Uniswim - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	2:04.37
	Weitsz, Esmari; Hattingh, Janca; Cussons, Simone; Banza, Lys L		
9	Uniswim - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:14.09
	Swartz, Minette; De Villiers, Dawid; Boyd, Joshua J; O'Grady, Catherine		
10	Uniswim - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:11.27
	Cussons, Simone; Banza, Lys L; Dlamini, Simo; Kruger, Marcus		
11	Uniswim - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:38.42
	Harty, Hunter R; Swanepoel, Lander L; van Niekerk, Vaughn; Pretorius, Pieter J		
12	Uniswim - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:12.55
	Lombard, Adriaan; De Villiers, Dawid; Boyd, Joshua J; Burger, Marcus P		
13	Uniswim - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:21.57
	Swartz, Minette; Genis, Menincke; Van der Merwe, Leane; O'Grady, Catherine		
14	Uniswim - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:20.89
	Cussons, Simone; Banza, Lys L; Weitsz, Esmari; Hattingh, Janca		
15	Uniswim - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:11.86
	De Villiers, Dawid; Pretorius, Lene L; O'Grady, Catherine; Boyd, Joshua J		
16	Uniswim - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:14.48
	Weitsz, Esmari; Banza, Lys L; Kruger, Marcus; Dlamini, Simo		

Uniswim-EZ Total Individual Entries: 0 - Total Relays: 16