

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

Psych Sheet									
#101 Men 11 & Under 400 LC Meter Freestyle					#109 Men 15 Year Olds 400 LC Meter Freestyle				
Name	Age	Team	Seed	Time	Name	Age	Team	Seed	Time
1 Potgieter, Caleb J	11	SEAL-UMD	5:37.46		1 Joubert, Owen C	15	AZON-ETH	4:44.16	
2 Haslam, Seth J	11	KLOO-ETH	5:40.72		2 Massih, Arvin A	15	IND-M	4:48.41	
3 Rodrigues, Kael	11	CBM	5:41.27		3 Viseu, Keanu E	15	CBM	4:52.84	
4 Scott, Logan W	11	BLSS-MAN	5:45.70		4 Van Der Westhuizen, Janu	15	STSC-KCD	4:55.68	
5 Nagel, Gideon P	11	BLSS-MAN	5:46.58		5 Grobbelaar, Jamey L	15	LEGC-ETH	4:58.73	
6 Hoffman, Anande N	11	SEAL-UMD	6:05.33		6 Henwood-Fox, Ben H	15	SEALE-ETH	4:59.19	
7 Slabber, Willem J	11	SEAL-UMD	6:11.52		#110 Women 15 Year Olds 400 LC Meter Freestyle				
#102 Women 11 & Under 400 LC Meter Freestyle					Name	Age	Team	Seed	Time
Name	Age	Team	Seed	Time	1 Annandale, Lili	15	BLSS-MAN	5:05.63	
1 Symington, Arabella G	11	ACES-ETH	5:32.34		2 Van Rensburg, Marne'	15	BLSS-MAN	5:17.10	
2 Johns, Grace A	11	OHAN-ILD	5:43.07		3 Volschenk, Anja	15	BLSS-MAN	5:18.66	
3 Morgado, Hannah O	11	CSA-EZD	5:45.85		4 Walton, Amy L	15	AZON-ETH	5:22.18	
4 McQueen, Leanne C	11	BLSS-MAN	5:53.86		5 Schuch, Talitha	15	LEGC-ETH	5:45.69	
#103 Men 12 Year Olds 400 LC Meter Freestyle					#111 Men 16 Year Olds 400 LC Meter Freestyle				
Name	Age	Team	Seed	Time	Name	Age	Team	Seed	Time
1 Koegelenberg, Peter	12	BLUO-UGD	5:12.57		1 Smit, Jaques	16	BLSS-MAN	4:44.27	
2 Henze, Anakin	12	WSTV-ETH	5:24.23		2 Ntaka, Siyanda L	16	UMSH-ETH	4:46.90	
3 Smuts, Conor J	12	AZON-ETH	5:43.37		3 Freitag, Heinrich	16	AZON-ETH	4:54.12	
4 Pioris, Whato E	12	CBM	5:47.54		#112 Women 16 Year Olds 400 LC Meter Freestyle				
#104 Women 12 Year Olds 400 LC Meter Freestyle					Name	Age	Team	Seed	Time
Name	Age	Team	Seed	Time	1 Lally, Jenna-Mae	16	BEAV-ETH	5:03.11	
1 Hoar, Lily	12	KLOO-ETH	5:49.77		2 Frylinck, Mareze	16	BLSS-MAN	5:06.14	
2 van Heerden, Lia	12	BS-LLD	5:58.83		3 Tselentis, Maria	16	OHAN-ILD	5:19.33	
3 Tait, Holli	12	KLOO-ETH	6:12.06		4 Ntaka, Ayanda A	16	UMSH-ETH	5:22.54	
#105 Men 13 Year Olds 400 LC Meter Freestyle					5 Naidoo, Hannah	16	BEAV-ETH	5:35.38	
Name	Age	Team	Seed	Time	#113 Men 17-19 400 LC Meter Freestyle				
1 Crutchley, Connor M	13	SEAL-UMD	5:05.00		Name	Age	Team	Seed	Time
2 MacLachlan, Connor B	13	OHAN-ILD	5:07.74		1 Botha, Julian E	18	SEAL-UMD	4:28.37	
3 Naidoo, Riley M	13	BEAV-ETH	5:22.55		2 Henwood-Fox, Guy P	17	SEALE-ETH	4:36.46	
4 Kasselmann, Juan	13	RBOT-BPD	5:27.86		3 Brummer, Eron A	17	BEAV-ETH	5:04.61	
5 Myeza, Ronewa	13	FRA-KCD	5:39.80		#114 Women 17-19 400 LC Meter Freestyle				
6 Fernandes, Luca A	13	AZON-ETH	5:42.12		Name	Age	Team	Seed	Time
#106 Women 13 Year Olds 400 LC Meter Freestyle					1 Cameron, Samantha	17	IND-M	5:07.35	
Name	Age	Team	Seed	Time	2 Fick, Aruli	17	USH-KCD	5:13.48	
1 Van Viegen, Ella A	13	BLSS-MAN	5:20.62		#201 Men 19 & Under 100 LC Meter Freestyle				
2 Du Toit, Lisa R	13	SEAL-UMD	5:26.93		Name	Age	Team	Seed	Time
3 Logie, Courtney A	13	KLOO-ETH	5:30.17		1 Marcos, Elmer R	16	CDTM	56.82	
4 Janse van Rensburg, Mia	13	MGSC-UGD	5:33.80		2 Steyn, Le Roux L	17	GHSK	57.27	
5 Zietsman, Lika	13	BLSS-MAN	5:33.92		3 Le Roux, Caden	15	LEGC-ETH	57.97	
6 Van der Merwe, Ami	13	FSE-KCD	5:38.40		4 Bees-Atkinson, Preston T	15	OHAN-ILD	58.06	
7 Azar, Caylie S	13	BLSS-MAN	5:40.02		5 Watt, Alexander C	17	AZON-ETH	58.07	
8 Slabber, Abi A	13	SEAL-UMD	5:47.10		6 Smit, Jaques	16	BLSS-MAN	58.65	
9 Hughes, Cara	13	FRA-KCD	6:14.76		7 Botha, Julian E	18	SEAL-UMD	58.79	
#107 Men 14 Year Olds 400 LC Meter Freestyle					8 Viseu, Keanu E	15	CBM	58.91	
Name	Age	Team	Seed	Time	9 Dos Santos, Abdul R	16	CDTM	58.99	
1 Dos Santos Farias, Kaique	14	CBM	4:57.27		10 Schonken, Eliah	14	WSTV-ETH	59.24	
2 Massih, Kyle A	14	IND-M	5:13.56		11 Cole, Ethan	15	MGSC-UGD	59.53	
3 Stead, Owen B	14	FRA-KCD	5:17.19		12 Naidoo, Saieshan N	15	BEAV-ETH	59.65	
4 Watt, Cameron B	14	AZON-ETH	5:18.50		13 Byleveld, Tristan M	16	USH-KCD	1:00.49	
5 Delport, Thomas J	14	BLUO-UGD	NT		14 Joubert, Owen C	15	AZON-ETH	1:00.70	
#108 Women 14 Year Olds 400 LC Meter Freestyle					15 Delport, Thomas J	14	BLUO-UGD	1:01.70	
Name	Age	Team	Seed	Time	16 Pretorius, Marnus E	14	VHD-ZLD	1:01.84	
1 Mutie, Muela S	14	KLOO-ETH	5:05.44		17 Massih, Arvin A	15	IND-M	1:02.01	
2 Welgemoed, Isabelle	14	BLSS-MAN	5:18.38		18 Drummond, Matthew C	14	AZON-ETH	1:02.13	
3 Filday, Deryn S	14	AZON-ETH	5:24.75		19 Schroeder, Andre M	15	AZON-ETH	1:02.35	
4 Muller, Alexis S	14	AZON-ETH	5:26.58		20 Crutchley, Connor M	13	SEAL-UMD	1:02.66	
5 Pool, Johandri	14	BLSS-MAN	5:56.79		21 Van Der Westhuizen, Janu	15	STSC-KCD	1:02.83	
					22 Dos Santos Farias, Kaique	14	CBM	1:02.84	
					23 Liversage, Liam W	17	BLSS-MAN	1:02.98	
					24 Ngandu, Loic K	14	ASA-ILD	1:03.40	
					25 Freitag, Heinrich	16	AZON-ETH	1:03.65	
					26 Stead, Owen B	14	FRA-KCD	1:03.80	
					27 Prinsloo, Joshua M	16	STSC-KCD	1:03.87	
					28 Watt, Cameron B	14	AZON-ETH	1:04.14	
					29 Muller, Nathan	14	WSTV-ETH	1:04.80	
					30 Allison, Troy G	13	AZON-ETH	1:05.00	
					31 Fernandes, Luca A	13	AZON-ETH	1:05.54	
					32 Tapú, Taibo C	14	CDTM	1:05.57	
					33 MacLachlan, Connor B	13	OHAN-ILD	1:06.27	
					34 McCracken, James F	13	LEGC-ETH	1:06.80	
					35 De Fleuriot, Matthew	13	SEALE-ETH	1:06.83	
					36 Pioris, Whato E	12	CBM	1:07.68	
					37 Brummer, Eron A	17	BEAV-ETH	1:07.93	
					38 Winkel, Liam H	14	LEGC-ETH	1:08.28	
					39 Raynard, Enzo N	13	SEALE-ETH	1:08.54	
					40 Myeza, Ronewa	13	FRA-KCD	1:08.65	
					41 Slabber, Willem J	11	SEAL-UMD	1:08.91	
					42 Kasselmann, Juan	13	RBOT-BPD	1:09.01	
					43 Irving, Hayden J	13	KLOO-ETH	1:09.22	
					44 Ehlers, Josh	14	ASA-ILD	1:09.29	
					45 Seppings, Malakai J	11	ASA-ILD	1:09.51	
					46 Basto, Goncalo M	12	CDTM	1:10.01	
					47 Hodgson, Jake A	11	OHAN-ILD	1:10.43	
					48 Pieterse, Nielan	13	MGSC-UGD	1:10.50	
					49 Basson, Gabriel J	13	SEALE-ETH	1:10.60	
					50 Koegelenberg, Peter	12	BLUO-UGD	1:11.52	
					51 Naidoo, Riley M	13	BEAV-ETH	1:11.62	
					52 Haslam, Seth J	11	KLOO-ETH	1:11.71	
					53 Massih, Kyle A	14	IND-M	1:11.85	
					54 Jacobs, Reynhardt D	11	TUKS-TSH	1:11.99	
					55 Rohde, Kade E	11	AZON-ETH	1:12.13	
					56 Freeman-Smith, Liam A	12	PSCP-UMD	1:12.15	
					57 Henze, Anakin	12	WSTV-ETH	1:12.94	
					58 Dlamini, Nchubeko M	11	AZON-ETH	1:13.40	
					59 Rodrigues, Kael	11	CBM	1:14.11	
					60 Smit, Jayson A	11	SEAL-UMD	1:14.27	
					61 Turner, Campbell T	12	PSCP-UMD	1:14.28	
					62 Swart, Petrus J	10	BLSS-MAN	1:14.40	
					63 Scott, Logan W	11	BLSS-MAN	1:15.09	
					64 Nagel, Gideon P	11	BLSS-MAN	1:15.29	
					65 Scott, Kingsley J	11	OHAN-ILD	1:16.16	
					66 Ralfe, Jack W	13	PSCP-UMD	1:16.21	
					67 Potgieter, Caleb J	11	SEAL-UMD	1:16.78	
					68 Wessels, Charl J	12	BLSS-MAN	1:16.82	
					69 Hoffman, Anande N	11	SEAL-UMD	1:18.23	
					70 Bann, Rourke D	12	AZON-ETH	1:18.37	
					71 Smit, Carter S	11	ASA-ILD	1:18.90	
					72 Pillay, Quade Z	11	PSCP-UMD	1:23.60	
					#202 Women 19 & Under 100 LC Meter Freestyle				
					Name	Age	Team	Seed	Time
					1 Frylinck, Mareze	16	BLSS-MAN	1:03.36	
					2 Azran, Jordana K	17	KLOO-ETH	1:04.01	
					3 Smith, Jessica P	16	ASA-ILD	1:05.61	
					4 Cameron, Samantha	17	IND-M	1:06.09	
					5 Mutie, Muela S	14	KLOO-ETH	1:06.12	
					6 Hulze, Milla C	15	AZON-ETH	1:06.41	
					7 Welgemoed, Isabelle	14	BLSS-MAN	1:06.55	
					8 Volschenk, Anja	15	BLSS-MAN	1:06.68	
					9 Van Schalkwyk, Mayli	14	ASA-ILD	1:06.68	
					10 Gouws, Riley	14	ASA-ILD	1:06.87	
					11 Annandale, Lili	15	BLSS-MAN	1:06.96	
					12 Eybers, Carli E	13	VHD-ZLD	1:06.97	
					13 Van Heerden, Bella J	14	WSTV-ETH	1:07.03	
					14 Maritz, Violet T	13	SEAL-UMD	1:07.08	
					15 Cameron, Molly	14	IND-M	1:07.20	
					16 Coetzer, Clarise	17	STSC-KCD	1:07.27	

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Psych Sheet

#202 (Women 19 & Under 100 LC Meter Freestyle)				
17	Filday, Deryn S	14	AZON-ETH	1:07.28
18	Pieterse, Anouske	14	MGSC-UGD	1:07.60
19	Saint, Tara	15	KLOO-ETH	1:07.78
20	Fick, Aruli	17	USH-KCD	1:08.10
21	Neizel, Megan J	16	PSCP-UMD	1:08.26
22	Van De Ruit, Carly A	14	AZON-ETH	1:08.34
23	Dutton, Katelyn P	13	AZON-ETH	1:08.34
24	Gaines, Ruby K	16	SEALE-ETH	1:08.54
25	Santos, Alex G	16	PSCP-UMD	1:08.63
26	Van Viegen, Ella A	13	BLSS-MAN	1:08.66
27	Van der Merwe, Hannah S	14	PSCP-UMD	1:09.19
28	Leiper, Isla C	14	LEGC-ETH	1:09.26
29	Faircliff, Zoey R	14	OHAN-ILD	1:09.63
30	Du Toit, Lisa R	13	SEAL-UMD	1:09.81
31	Slabber, Abi A	13	SEAL-UMD	1:10.07
32	Tselentis, Maria	16	OHAN-ILD	1:10.22
33	Zietsman, Lika	13	BLSS-MAN	1:10.39
34	Brown, Evelyn	14	LEGC-ETH	1:10.59
35	Palframan, Sisanda B	12	SEAL-UMD	1:10.84
36	Lally, Jenna-Mae	16	BEAV-ETH	1:11.17
37	Kidgell, Sienna M	14	AZON-ETH	1:11.24
38	Clowes, Cailyn	14	PSCP-UMD	1:11.37
39	Van der Merwe, Ami	13	FSE-KCD	1:11.65
40	Naidoo, Hannah	16	BEAV-ETH	1:11.78
41	Pillay, Delija	12	VHD-ZLD	1:11.81
42	Pabalinga, Reabetswe T	12	KLOO-ETH	1:11.84
43	Sykes, Sarah J	14	PSCP-UMD	1:12.09
44	Symington, Arabella G	11	ACES-ETH	1:12.24
45	Duvenage, Kylie	13	SEAL-UMD	1:12.53
46	Botha, Olivia A	13	OHAN-ILD	1:13.25
47	Kalp, Ella A	12	AZON-ETH	1:13.33
48	Wang, Emily S	12	OHAN-ILD	1:13.45
49	Johns, Grace A	11	OHAN-ILD	1:13.53
50	Vorster, Arinda	13	BLSS-MAN	1:13.66
51	Palframan, Layla G	11	SEAL-UMD	1:13.99
52	Morgado, Hannah O	11	CSA-EZD	1:14.31
53	Schofield, Sarah A	12	SEALE-ETH	1:14.42
54	Van Heerden, Lia	12	BS-LLD	1:14.46
55	Filday, Ziva L	13	AZON-ETH	1:14.57
56	Ngema, Olwe S	12	FRA-KCD	1:14.57
57	Azar, Caylie S	13	BLSS-MAN	1:14.85
58	Logie, Courtney A	13	KLOO-ETH	1:15.05
59	Mwandla, Senzelwe	12	PSCP-UMD	1:15.61
60	Budram, Elah-Mae I	12	PSCP-UMD	1:15.76
61	Pool, Johandri	14	BLSS-MAN	1:15.97
62	Janse van Rensburg, Mia	13	MGSC-UGD	1:16.29
63	Van Wyk, Jessica	13	SEAL-UMD	1:16.49
64	Hoar, Lily	12	KLOO-ETH	1:16.55
65	Jacobs, Xia K	11	WSTV-ETH	1:16.82
66	Ronnie, Addyson H	13	PSCP-UMD	1:16.95
67	Nchumali, Kwicia	11	CBM	1:17.44
68	Booyesen, Morgan H	11	PSCP-UMD	1:18.38
69	Marrier D'Unienville, Dan	12	KLOO-ETH	1:18.45
70	Van der Linde, Kaylie K	11	SEAL-UMD	1:18.46
71	Crossman, Chelsey M	11	BLSS-MAN	1:18.94
72	McQueen, Leanne C	11	BLSS-MAN	1:19.08
73	Coetzer, Alyssa M	12	AZON-ETH	1:19.73
74	Van der Merwe, Tatum	12	OHAN-ILD	1:19.78
75	Fowler, Tenley P	11	AZON-ETH	1:21.45
76	Van Rensburg, Marne'	15	BLSS-MAN	1:21.76
77	Couzens, Holly G	11	SGUL-ETH	1:22.71
78	Radebe, Zekh S	12	PSCP-UMD	1:23.54

#204 Women 99 & Under 200 LC Meter IM Multi-Class Para				
	Name	Age	Team	Seed Time
1	Haselau, Savanna N SM	14	19 PSCP-UMD	4:16.99

#205 Men 19 & Under 100 LC Meter Breaststroke				
	Name	Age	Team	Seed Time
1	Van Heerden, Aiden J	17	WSTV-ETH	1:12.29
2	Antônio, Ukay A	17	CDTM	1:12.40
3	Cohen, Mason	15	CDTM	1:16.06
4	Smit, Jaques	16	BLSS-MAN	1:18.17
5	Grobbelaar, Jamey L	15	LEGC-ETH	1:18.25
6	Calado, Denilson M	15	CDTM	1:18.64
7	Byleveld, Tristan M	16	USH-KCD	1:18.85
8	Gilson, Samuel D	14	PSCP-UMD	1:18.87
9	Sento, Leruo	15	SWC	1:19.36
10	Naidoo, Saieshan N	15	BEAV-ETH	1:19.39
11	Nhampossa, Tonio	14	CDTM	1:19.63
12	Patricio, Cristiane H	16	CDTM	1:19.66
13	Khosa, Yanni B	15	CDTM	1:19.76
14	Liversage, Liam W	17	BLSS-MAN	1:21.95
15	Allison, Troy G	13	AZON-ETH	1:22.90
16	Van Der Westhuizen, Janu	15	STSC-KCD	1:24.14
17	Muller, Nathan	14	WSTV-ETH	1:24.21
18	Ralfe, Jack W	13	PSCP-UMD	1:24.23
19	Massih, Kyle A	14	IND-M	1:24.70
20	Crutchley, Connor M	13	SEAL-UMD	1:25.50
21	Ehlers, Josh	14	ASA-ILD	1:25.56
22	Kooijman, Conner W	13	SEALE-ETH	1:27.17
23	Seppings, Malakai J	11	ASA-ILD	1:27.32
24	McCracken, James F	13	LEGC-ETH	1:27.65
25	Myeza, Ronewa	13	FRA-KCD	1:27.90
26	Drummond, Matthew C	14	AZON-ETH	1:28.16
27	De Fleuriot, Matthew	13	SEALE-ETH	1:29.39
28	Raynard, Enzo N	13	SEALE-ETH	1:29.88
29	Pieterse, Nielan	13	MGSC-UGD	1:29.92
30	Prinsloo, Joshua M	16	STSC-KCD	1:30.66
31	Basson, Gabriel J	13	SEALE-ETH	1:31.02
32	Bann, Rourke D	12	AZON-ETH	1:31.28
33	Koegelenberg, Peter	12	BLUO-UGD	1:31.70
34	Scott, Logan W	11	BLSS-MAN	1:32.12
35	Steyn, Michael	13	VHD-ZLD	1:32.22
36	Turner, Campbell T	12	PSCP-UMD	1:32.80
37	Smit, Jayson A	11	SEAL-UMD	1:33.95
38	Jacobs, Reynhardt D	11	TUKS-TSH	1:34.20
39	Kasselman, Juan	13	RBOT-BPD	1:34.46
40	Smuts, Conor J	12	AZON-ETH	1:34.82
41	Freeman-Smith, Liam A	12	PSCP-UMD	1:35.51
42	Rodrigues, Kael	11	CBM	1:35.54
43	Wessels, Charl J	12	BLSS-MAN	1:35.59
44	Nagel, Gideon P	11	BLSS-MAN	1:35.91
45	Swart, Petrus J	10	BLSS-MAN	1:36.31
46	Hodgson, Jake A	11	OHAN-ILD	1:36.78
47	Naidoo, Riley M	13	BEAV-ETH	1:38.83
48	Pillay, Quade Z	11	PSCP-UMD	1:39.60
49	Haslam, Seth J	11	KLOO-ETH	1:40.55
50	Scott, Kingsley J	11	OHAN-ILD	1:40.71
51	Hoffman, Anande N	11	SEAL-UMD	1:44.15
52	Dlamini, Nchubeko M	11	AZON-ETH	1:47.06

#206 Women 19 & Under 100 LC Meter Breaststroke				
	Name	Age	Team	Seed Time
1	Van Tonder, Chanel	15	SEAL-UMD	1:24.17
2	Massingue, Estela B	13	CDTM	1:25.36
3	Dutton, Katelyn P	13	AZON-ETH	1:25.59
4	Coetzer, Clarise	17	STSC-KCD	1:26.37
5	Van Heerden, Bella J	14	WSTV-ETH	1:26.63
6	Coetzer, Cherise	17	STSC-KCD	1:26.64

7	Tselentis, Maria	16	OHAN-ILD	1:26.68
8	Schuch, Talitha	15	LEGC-ETH	1:26.91
9	Vasco, Kyara C	15	CDTM	1:26.99
10	Frylinck, Mareze	16	BLSS-MAN	1:27.36
11	Fick, Aruli	17	USH-KCD	1:27.69
12	Van Rooyen, Isabella S	13	SEALE-ETH	1:27.78
13	Grobler, Leandri	15	VHD-ZLD	1:28.28
14	Pool, Johandri	14	BLSS-MAN	1:28.51
15	Van der Merwe, Ami	13	FSE-KCD	1:28.67
16	Sykes, Sarah J	14	PSCP-UMD	1:28.73
17	Walton, Amy L	15	AZON-ETH	1:29.01
18	Clowes, Cailyn	14	PSCP-UMD	1:29.20
19	Smith, Jessica P	16	ASA-ILD	1:29.48
20	Maritz, Violet T	13	SEAL-UMD	1:29.53
21	Van Wyk, Jessica	13	SEAL-UMD	1:29.78
22	Cameron, Samantha	17	IND-M	1:29.81
23	Mutie, Muela S	14	KLOO-ETH	1:30.15
24	Van Zijl, Tatum	12	OHAN-ILD	1:30.40
25	Duvenage, Kylie	13	SEAL-UMD	1:31.08
26	Leiper, Isla C	14	LEGC-ETH	1:31.38
27	Botha, Olivia A	13	OHAN-ILD	1:31.84
28	Vorster, Arinda	13	BLSS-MAN	1:32.21
29	Ronnie, Addyson H	13	PSCP-UMD	1:32.70
30	Van Rensburg, Marne'	15	BLSS-MAN	1:33.21
31	Gouws, Riley	14	ASA-ILD	1:33.23
32	Hughes, Cara	13	FRA-KCD	1:33.29
33	Ntaka, Ayanda A	16	UMSH-ETH	1:33.70
34	Welgemoed, Isabelle	14	BLSS-MAN	1:34.16
35	Palframan, Sisanda B	12	SEAL-UMD	1:34.16
36	Fowler, Tenley P	11	AZON-ETH	1:35.14
37	Van der Merwe, Tatum	12	OHAN-ILD	1:35.66
38	Faircliff, Zoey R	14	OHAN-ILD	1:36.11
39	Jacobs, Xia K	11	WSTV-ETH	1:36.16
40	Tait, Holli	12	KLOO-ETH	1:37.52
41	Budram, Elah-Mae I	12	PSCP-UMD	1:37.59
42	Radebe, Zekh S	12	PSCP-UMD	1:38.39
43	Steyn, Jessica	11	VHD-ZLD	1:38.98
44	Mwandla, Senzelwe	12	PSCP-UMD	1:39.45
45	Janse van Rensburg, Mia	13	MGSC-UGD	1:39.70
46	Pillay, Delija	12	VHD-ZLD	1:40.36
47	Johns, Grace A	11	OHAN-ILD	1:40.81
48	Logie, Courtney A	13	KLOO-ETH	1:40.89
49	McQueen, Leanne C	11	BLSS-MAN	1:42.35
50	Booyesen, Morgan H	11	PSCP-UMD	1:42.40
51	Crossman, Chelsey M	11	BLSS-MAN	1:44.27
52	Couzens, Holly G	11	SGUL-ETH	1:45.32
53	Maritz, Ava L	11	SEAL-UMD	1:49.76

#207 Men 19 & Under 200 LC Meter Backstroke				
	Name	Age	Team	Seed Time
1	De Sousa, Hugo L	17	CDTM	2:23.13
2	Joubert, Owen C	15	AZON-ETH	2:30.58
3	Rai, Gabriel A	14	ASA-ILD	2:30.88
4	Menete, Lazaro	15	CDTM	2:32.42
5	Liversage, Liam W	17	BLSS-MAN	2:33.71
6	Branquinho, Voiky M	14	CDTM	2:35.65
7	Freitag, Heinrich	16	AZON-ETH	2:35.83
8	Brummer, Eron A	17	BEAV-ETH	2:36.01
9	Smit, Jaques	16	BLSS-MAN	2:37.74
10	Winkel, Liam H	14	LEGC-ETH	2:41.66
11	Dos Santos Farias, Kaique	14	CBM	2:42.67
12	Kasselman, Juan	13	RBOT-BPD	2:46.65
13	Henze, Anakin	12	WSTV-ETH	2:48.25
14	Rohde, Kade E	11	AZON-ETH	2:49.24
15	Drummond, Matthew C	14	AZON-ETH	2:49.88
16	Fernandes, Luca A	13	AZON-ETH	2:51.23
17	Watt, Cameron B	14	AZON-ETH	2:56.40

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

Psych Sheet				
#207 ... (Men 19 & Under 200 LC Meter Backstroke)	18	Jacobs, Reynhardt D	11	TUKS-TSH 2:58.78
	19	Pioris, Whato E	12	CBM 2:59.29
	20	Scott, Logan W	11	BLSS-MAN 3:00.25
	21	Naidoo, Riley M	13	BEAV-ETH 3:01.84
	22	Swart, Petrus J	10	BLSS-MAN 3:03.81
	23	Slabber, Willem J	11	SEAL-UMD 3:15.86
#208 Women 19 & Under 200 LC Meter Backstroke				
		Name	Age	Team Seed Time
	1	Frylinck, Mareze	16	BLSS-MAN 2:41.52
	2	Lally, Jenna-Mae	16	BEAV-ETH 2:44.43
	3	Cameron, Samantha	17	IND-M 2:45.55
	4	Neizel, Megan J	16	PSCP-UMD 2:45.66
	5	Van De Ruit, Carly A	14	AZON-ETH 2:46.10
	6	Muller, Alexis S	14	AZON-ETH 2:46.31
	7	Van Rooyen, Isabella S	13	SEALE-ETH 2:48.37
	8	du Plessis, Ilanze	16	BETH-FDD 2:48.54
	9	Faircliff, Zoey R	14	OHAN-ILD 2:49.15
	10	Filday, Deryn S	14	AZON-ETH 2:49.39
	11	Naidoo, Hannah	16	BEAV-ETH 2:50.03
	12	Van den Heever, Liv M	13	AZON-ETH 2:50.21
	13	Hulse, Milla C	15	AZON-ETH 2:50.32
	14	Zietsman, Lika	13	BLSS-MAN 2:50.74
	15	Santos, Alex G	16	PSCP-UMD 2:51.04
	16	Bishop, Gaby	16	BETH-FDD 2:51.07
	17	Van Rensburg, Marne'	16	BLSS-MAN 2:51.53
	18	Brown, Evalyn	14	LEGC-ETH 2:51.77
	19	Saint, Tara	15	KLOO-ETH 2:52.76
	20	Azran, Jordana K	17	KLOO-ETH 2:53.23
	21	Volschenk, Anja	15	BLSS-MAN 2:53.71
	22	Marrier D'Unienville, Dan	12	KLOO-ETH 2:56.12
	23	Van Schalkwyk, Mayli	14	ASA-ILD 2:56.59
	24	Van Viegen, Ella A	13	BLSS-MAN 2:56.65
	25	Annandale, Lili	15	BLSS-MAN 2:56.67
	26	Coetzer, Cherise	17	STSC-KCD 2:56.72
	27	Filday, Ziva L	13	AZON-ETH 2:58.10
	28	Pabalinga, Reabetswe T	12	KLOO-ETH 2:59.82
	29	Slabber, Abi A	13	SEAL-UMD 2:59.97
	30	Johns, Grace A	11	OHAN-ILD 3:00.06
	31	Kidgell, Sienna M	14	AZON-ETH 3:02.02
	32	Nchumali, Kwicia	11	CBM 3:04.47
	33	Tait, Holli	12	KLOO-ETH 3:04.55
	34	Du Toit, Lisa R	13	SEAL-UMD 3:04.83
	35	Hoar, Lily	12	KLOO-ETH 3:04.98
	36	Coetzer, Alyssa M	12	AZON-ETH 3:06.06
	37	Wang, Emily S	12	OHAN-ILD 3:08.14
	38	Azar, Caylie S	13	BLSS-MAN 3:08.70
	39	Kalp, Ella A	12	AZON-ETH 3:10.17
	40	van Heerden, Lia	12	BS-LLD 3:10.67
	41	Morgado, Hannah O	11	CSA-EZD 3:12.35
	42	McQueen, Leanne C	11	BLSS-MAN 3:12.78
	43	Van Zijl, Tatum	12	OHAN-ILD 3:14.09
	44	Vorster, Arinda	13	BLSS-MAN 3:17.45
	45	Crossman, Chelsey M	11	BLSS-MAN 3:21.03
	9	Khosa, Yanni B	15	CDTM 1:08.16
	10	Prinsloo, Joshua M	16	STSC-KCD 1:10.09
	11	Schroeder, Andre M	15	AZON-ETH 1:10.20
	12	Massih, Arvin A	15	IND-M 1:10.95
	13	Crutchley, Connor M	13	SEAL-UMD 1:11.08
	14	Van Der Westhuizen, Janu	15	STSC-KCD 1:11.31
	15	Grobbellaar, Jamey L	15	LEGC-ETH 1:11.63
	16	Basto, Goncalo M	12	CDTM 1:12.96
	17	Branquinho, Voiky M	14	CDTM 1:13.03
	18	Tapú, Taibo C	14	CDTM 1:14.14
	19	Pretorius, Marnus E	14	VHD-ZLD 1:14.22
	20	Stead, Owen B	14	FRA-KCD 1:14.68
	21	Maclachlan, Connor B	13	OHAN-ILD 1:17.02
	22	Seppings, Malakai J	11	ASA-ILD 1:17.66
	23	De Fleuriot, Matthew	13	SEALE-ETH 1:20.11
	24	McCracken, James F	13	LEGC-ETH 1:20.26
	25	Swart, Petrus J	10	BLSS-MAN 1:20.78
	26	Freeman-Smith, Liam A	12	PSCP-UMD 1:20.96
	27	Raynard, Enzo N	13	SEALE-ETH 1:21.64
	28	Smit, Jayson A	11	SEAL-UMD 1:21.73
	29	Nagel, Gideon P	11	BLSS-MAN 1:22.43
	30	Basson, Gabriel J	13	SEALE-ETH 1:23.11
	31	Hodgson, Jake A	11	OHAN-ILD 1:25.06
	32	Henze, Anakin	12	WSTV-ETH 1:26.85
	33	Naidoo, Riley M	13	BEAV-ETH 1:27.07
	34	Wessels, Charl J	12	BLSS-MAN 1:28.14
	35	Pieterse, Nielan	13	MGSC-UGD 1:28.73
	36	Scott, Logan W	11	BLSS-MAN 1:34.41
	37	Slabber, Willem J	11	SEAL-UMD 1:34.82
	38	Dlamini, Nchubeko M	11	AZON-ETH 1:37.33
	39	Smit, Carter S	11	ASA-ILD 1:40.01
#212 Women 19 & Under 100 LC Meter Butterfly				
		Name	Age	Team Seed Time
	1	Gaines, Ruby K	16	SEALE-ETH 1:14.44
	2	Frylinck, Mareze	16	BLSS-MAN 1:14.79
	3	Walton, Amy L	15	AZON-ETH 1:15.66
	4	Muller, Alexis S	14	AZON-ETH 1:17.24
	5	Cameron, Molly	14	IND-M 1:17.37
	6	Coetzer, Clarise	17	STSC-KCD 1:17.79
	7	Mutie, Muela S	14	KLOO-ETH 1:18.88
	8	Van Heerden, Bella J	14	WSTV-ETH 1:19.27
	9	Clowes, Cailyn	14	PSCP-UMD 1:19.98
	10	Kidgell, Sienna M	14	AZON-ETH 1:20.58
	11	Massingue, Estela B	13	CDTM 1:21.45
	12	Symington, Arabella G	11	ACES-ETH 1:21.73
	13	Booyens, Morgan H	11	PSCP-UMD 1:24.00
	14	Volschenk, Anja	15	BLSS-MAN 1:24.09
	15	Palframan, Sisanda B	12	SEAL-UMD 1:26.80
	16	Naidoo, Hannah	16	BEAV-ETH 1:27.28
	17	Morgado, Hannah O	11	CSA-EZD 1:27.86
	18	Van der Linde, Kaylie K	11	SEAL-UMD 1:28.08
	19	Van der Merwe, Hannah S	14	PSCP-UMD 1:28.57
	20	Sykes, Sarah J	14	PSCP-UMD 1:28.66
	21	Miambo, Kianga T	12	CDTM 1:29.53
	22	Mwandla, Senzelwe	12	PSCP-UMD 1:31.19
	23	Crossman, Chelsey M	11	BLSS-MAN 1:31.97
	24	Janse van Rensburg, Mia	13	MGSC-UGD 1:32.59
	25	Azar, Caylie S	13	BLSS-MAN 1:33.86
	26	Palframan, Layla G	11	SEAL-UMD 1:34.70
	27	Couzens, Holly G	11	SGUL-ETH 1:38.19
	28	Schofield, Sarah A	12	SEALE-ETH 1:41.31
#213 Men 12 & Under 4x100 LC Meter Freestyle Relay 4 X 100 F				
		Team	Relay	Seed Time
	1	SEAL-UMD	M14 A	4:49.94
		Smit, Jayson A 11	Potgieter, Caleb J 11	
		Hoffman, Anande N 11	Slabber, Willem J 11	
	2	AZON-ETH	M12 A	4:57.80
		Dlamini, Nchubeko M 11	Bann, Rourke D 12	
		Smuts, Conor J 12	Rohde, Kade E 11	
	3	BLSS-MAN	M12 A	NT
		Swart, Petrus J 10	Nagel, Gideon P 11	
		Wessels, Charl J 12	Scott, Logan W 11	
#214 Women 12 & Under 4x100 LC Meter Freestyle Relay 4 X 100 F				
		Team	Relay	Seed Time
	1	SEAL-UMD	W14 A	4:36.06
		Palframan, Layla G 11		
		Van der Linde, Kaylie K 11	Palframan, Sisanda B 12	
	2	PSCP-UMD	W12 A	5:04.89
#215 Men 13-15 4x100 LC Meter Freestyle Relay 4 X 100 F				
		Team	Relay	Seed Time
	1	CNGM	A	4:03.80
		Nhampossa, Tonio 14		
	2	CDTM	A	4:04.56
	3	AZON-ETH	A	4:09.32
		Drummond, Matthew C 14	Watt, Cameron B 14	
		Schroeder, Andre M 15	Joubert, Owen C 15	
	4	PSCP-UMD	A	4:24.11
	5	SEALE-ETH	A	4:36.19
		Raynard, Enzo N 13	Basson, Gabriel J 13	
		Kooijman, Conner W 13	De Fleuriot, Matthew 13	
#216 Women 13-15 4x100 LC Meter Freestyle Relay 4 X 100 F				
		Team	Relay	Seed Time
	1	SEAL-UMD	A	4:10.60
		Van Tonder, Chanel 15	Du Toit, Lisa R 13	
		Slabber, Abi A 13	Maritz, Violet T 13	
	2	KLOO-ETH	A	4:22.49
	3	AZON-ETH	A	4:30.37
		Filday, Deryn S 14	Van De Ruit, Carly A 14	
		Dutton, Katelyn P 13	Hulse, Milla C 15	
	4	CDTM	A	4:39.56
	5	BLSS-MAN	A	NT
		Annandale, Lili 15	Zietsman, Lika 13	
		Vorster, Arinda 13	Van Viegen, Ella A 13	
#217 Men 16-19 4x100 LC Meter Freestyle Relay 4 X 100 F				
		Team	Relay	Seed Time
	1	CNGM	A	3:44.95
	2	CDTM	A	4:11.01
#218 Women 16-19 4x100 LC Meter Freestyle Relay 4 X 100 F				
		Team	Relay	Seed Time
	1	KLOO-ETH	A	4:24.01
	2	PSCP-UMD	A	5:08.33
	3	BLSS-MAN	A	NT
		Frylinck, Mareze 16	Volschenk, Anja 15	
		Welgemoed, Isabelle 14	Van Rensburg, Marne' 15	
#301 Men 19 & Under 200 LC Meter Freestyle				
		Name	Age	Team Seed Time
	1	Botha, Julian E	18	SEAL-UMD 2:07.06
	2	Dos Santos, Abdul R	16	CDTM 2:09.88
	3	Steyn, Le Roux L	17	GHSK 2:11.20
	4	Smit, Jaques	16	BLSS-MAN 2:11.49
	5	Ntaka, Siyanda L	16	UMSH-ETH 2:12.10
	6	Bees-Atkinson, Preston T	15	OHAN-ILD 2:12.37
	7	Rai, Gabriel A	14	ASA-ILD 2:13.69
	8	Joubert, Owen C	15	AZON-ETH 2:13.98

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

Psych Sheet

#301 ... (Men 19 & Under 200 LC Meter Freestyle)	9	Naidoo, Saieshan N	15	BEAV-ETH	2:14.23	
	10	Schroeder, Andre M	15	AZON-ETH	2:14.70	
	11	Massih, Arvin A	15	IND-M	2:16.49	
	12	Freitag, Heinrich	16	AZON-ETH	2:17.41	
	13	Delpoit, Thomas J	14	BLUO-UGD	2:17.79	
	14	Cole, Ethan	15	MGSC-UGD	2:18.91	
	15	Dos Santos Farias, Kaique	14	CBM	2:19.20	
	16	MacLachlan, Connor B	13	OHAN-ILD	2:19.51	
	17	Crutchley, Connor M	13	SEAL-UMD	2:19.96	
	18	Brummer, Eron A	17	BEAV-ETH	2:20.91	
	19	Van Der Westhuizen, Janu	15	STSC-KCD	2:20.99	
	20	Schonken, Eliah	14	WSTV-ETH	2:21.57	
	21	Prinsloo, Joshua M	16	STSC-KCD	2:22.06	
	22	Fernandes, Luca A	13	AZON-ETH	2:23.09	
	23	Ngandu, Loic K	14	ASA-ILD	2:23.16	
	24	Byleveld, Tristan M	16	USH-KCD	2:23.32	
	25	Liversage, Liam W	17	BLSS-MAN	2:23.83	
	26	Pretorius, Marnus E	14	VHD-ZLD	2:25.50	
	27	Watt, Cameron B	14	AZON-ETH	2:26.79	
	28	De Fleuriot, Matthew	13	SEALE-ETH	2:28.54	
	29	McCracken, James F	13	LEGC-ETH	2:28.77	
	30	Kasselman, Juan	13	RBOT-BPD	2:29.03	
	31	Drummond, Matthew C	14	AZON-ETH	2:30.10	
	32	Koegelenberg, Peter	12	BLUO-UGD	2:31.59	
	33	Irving, Hayden J	13	KLOO-ETH	2:32.11	
	34	Henze, Anakin	12	WSTV-ETH	2:33.64	
	35	Winkel, Liam H	14	LEGC-ETH	2:34.76	
	36	Pioris, Whato E	12	CBM	2:35.00	
	37	Rohde, Kade E	11	AZON-ETH	2:35.05	
	38	Basson, Gabriel J	13	SEALE-ETH	2:37.18	
	39	Slabber, Willem J	11	SEAL-UMD	2:37.57	
	40	Hodgson, Jake A	11	OHAN-ILD	2:38.91	
	41	Swart, Petrus J	10	BLSS-MAN	2:39.71	
	42	Haslam, Seth J	11	KLOO-ETH	2:39.95	
	43	Scott, Logan W	11	BLSS-MAN	2:41.55	
	44	Smit, Jayson A	11	SEAL-UMD	2:41.59	
	45	Nagel, Gideon P	11	BLSS-MAN	2:42.30	
	46	Smuts, Conor J	12	AZON-ETH	2:42.48	
	47	Potgieter, Caleb J	11	SEAL-UMD	2:42.60	
	48	Seppings, Malakai J	11	ASA-ILD	2:45.49	
	49	Dlamini, Nchubeko M	11	AZON-ETH	2:49.02	
	50	Hoffman, Anande N	11	SEAL-UMD	2:49.17	
	51	Freeman-Smith, Liam A	12	PSCP-UMD	2:51.46	
	52	Uys, Benjamin G	12	OHAN-ILD	2:52.66	
	53	Wessels, Charl J	12	BLSS-MAN	2:56.17	
	54	Smit, Carter S	11	ASA-ILD	2:56.60	
	#302 Women 19 & Under 200 LC Meter Freestyle					
		Name	Age	Team	Seed Time	
	1	Frylinck, Mareze	16	BLSS-MAN	2:18.93	
	2	Cameron, Samantha	17	IND-M	2:19.97	
	3	Azran, Jordana K	17	KLOO-ETH	2:21.73	
	4	Mutie, Muela S	14	KLOO-ETH	2:25.45	
	5	Van Heerden, Bella J	14	WSTV-ETH	2:27.53	
	6	Van Rensburg, Marne'	15	BLSS-MAN	2:28.22	
7	Cameron, Molly	14	IND-M	2:28.82		
8	Welgemoed, Isabelle	14	BLSS-MAN	2:28.88		
9	Clowes, Cailyn	14	PSCP-UMD	2:28.90		
10	Filday, Deryn S	14	AZON-ETH	2:29.31		
11	Volschenk, Anja	15	BLSS-MAN	2:29.36		
12	Lally, Jenna-Mae	16	BEAV-ETH	2:29.66		
13	Annandale, Lili	15	BLSS-MAN	2:29.98		
14	Xulu, Zibusiso S	12	WSTV-ETH	2:30.04		
15	Van Viegen, Ella A	13	BLSS-MAN	2:30.92		
16	Tselentis, Maria	16	OHAN-ILD	2:31.35		
17	Neizel, Megan J	16	PSCP-UMD	2:32.58		
18	Saint, Tara	15	KLOO-ETH	2:33.23		
19	Ntaka, Ayanda A	16	UMSH-ETH	2:33.71		
20	Leiper, Isla C	14	LEGC-ETH	2:33.74		
21	Faircliff, Zoey R	14	OHAN-ILD	2:33.85		
22	Symington, Arabella G	11	ACES-ETH	2:34.44		
23	Zietsman, Lika	13	BLSS-MAN	2:34.53		
24	Du Toit, Lisa R	13	SEAL-UMD	2:36.15		
25	Van der Merwe, Hannah S	14	PSCP-UMD	2:36.47		
26	Naidoo, Hannah	16	BEAV-ETH	2:37.18		
27	Morgado, Hannah O	11	CSA-EZD	2:39.00		
28	Palframan, Sisanda B	12	SEAL-UMD	2:39.12		
29	Slabber, Abi A	13	SEAL-UMD	2:39.18		
30	Pieterse, Anouske	14	MGSC-UGD	2:39.30		
31	Kidgell, Sienna M	14	AZON-ETH	2:39.57		
32	Johns, Grace A	11	OHAN-ILD	2:39.69		
33	Logie, Courtney A	13	KLOO-ETH	2:40.10		
34	Van der Merwe, Ami	13	FSE-KCD	2:40.69		
35	Janse van Rensburg, Mia	13	MGSC-UGD	2:40.95		
36	Eybers, Carli E	13	VHD-ZLD	2:40.95		
37	Sykes, Sarah J	14	PSCP-UMD	2:41.14		
38	Azar, Caylie S	13	BLSS-MAN	2:43.31		
39	Bothma, Grace	17	WSTV-ETH	2:43.44		
40	Pabalinga, Reabetswe T	12	KLOO-ETH	2:44.11		
41	Marrier D'Unienville, Dan	12	KLOO-ETH	2:44.14		
42	Wang, Emily S	12	OHAN-ILD	2:44.50		
43	Maritz, Violet T	13	SEAL-UMD	2:44.52		
44	Filday, Ziva L	13	AZON-ETH	2:45.08		
45	Van Zijl, Tatum	12	OHAN-ILD	2:46.64		
46	Hoar, Lily	12	KLOO-ETH	2:47.77		
47	van Heerden, Lia	12	BS-LLD	2:47.81		
48	Pool, Johandri	14	BLSS-MAN	2:47.91		
49	Jacobs, Xia K	11	WSTV-ETH	2:47.99		
50	Dutton, Katelyn P	13	AZON-ETH	2:48.58		
51	Crossman, Chelsey M	11	BLSS-MAN	2:48.65		
52	Pillay, Delija	12	VHD-ZLD	2:48.89		
53	Ngema, Olwe S	12	FRA-KCD	2:49.66		
54	McQueen, Leanne C	11	BLSS-MAN	2:51.10		
55	Palframan, Layla G	11	SEAL-UMD	2:51.68		
56	Van der Linde, Kaylie K	11	SEAL-UMD	2:52.65		
57	Coetzer, Alyssa M	12	AZON-ETH	2:54.49		
58	Schofield, Sarah A	12	SEALE-ETH	3:00.87		
59	Van der Merwe, Tatum	12	OHAN-ILD	3:04.87		
#304 Women 99 & Under 100 LC Meter Freestyle Multi-Class						
	Name	Age	Team	Seed Time		
1	Haselau, Savanna N S14	19	PSCP-UMD	1:41.45		
#305 Men 19 & Under 50 LC Meter Breaststroke						
	Name	Age	Team	Seed Time		
1	Van Heerden, Aiden J	17	WSTV-ETH	32.55		
2	Marcos, Elmer R	16	CDTM	33.26		
3	Antônio, Ukay A	17	CDTM	33.50		
4	Smit, Jaques	16	BLSS-MAN	33.61		
5	Cohen, Mason	15	CDTM	33.66		
6	Gilson, Samuel D	14	PSCP-UMD	34.63		
7	Byleveld, Tristan M	16	USH-KCD	34.77		
8	Liversage, Liam W	17	BLSS-MAN	35.12		
9	Calado, Denilson M	15	CDTM	35.47		
10	Sento, Leruo	15	SWC	35.50		
11	Nhampossa, Tonio	14	CDTM	35.85		
12	Khosa, Yanni B	15	CDTM	35.90		
13	Schonken, Eliah	14	WSTV-ETH	36.45		
14	Patricio, Cristiane H	16	CDTM	36.66		
15	Menete, Lazaro	15	CDTM	36.95		
16	Muller, Nathan	14	WSTV-ETH	37.06		
17	Grobbelaar, Jamey L	15	LEGC-ETH	37.10		
18	Allison, Troy G	13	AZON-ETH	38.05		
19	Crutchley, Connor M	13	SEAL-UMD	38.09		
20	Ralfe, Jack W	13	PSCP-UMD	38.42		
21	Massih, Kyle A	14	IND-M	38.99		
22	McCracken, James F	13	LEGC-ETH	39.14		
23	Pieterse, Nielan	13	MGSC-UGD	39.47		
24	Drummond, Matthew C	14	AZON-ETH	39.50		
25	Myeza, Ronewa	13	FRA-KCD	39.60		
26	Basto, Goncalo M	12	CDTM	39.82		
27	Schroeder, Andre M	15	AZON-ETH	39.93		
28	Raynard, Enzo N	13	SEALE-ETH	39.93		
29	Tapú, Taibo C	14	CDTM	39.96		
30	Basson, Gabriel J	13	SEALE-ETH	39.97		
31	De Fleuriot, Matthew	13	SEALE-ETH	40.07		
32	Ehlers, Josh	14	ASA-ILD	40.15		
33	Steyn, Michael	13	VHD-ZLD	40.38		
34	Kooijman, Conner W	13	SEALE-ETH	40.92		
35	Turner, Campbell T	12	PSCP-UMD	41.49		
36	Scott, Logan W	11	BLSS-MAN	41.62		
37	Seppings, Malakai J	11	ASA-ILD	41.76		
38	Smit, Jayson A	11	SEAL-UMD	42.44		
39	Smuts, Conor J	12	AZON-ETH	42.56		
40	Hodgson, Jake A	11	OHAN-ILD	42.60		
41	Nagel, Gideon P	11	BLSS-MAN	42.62		
42	Wessels, Charl J	12	BLSS-MAN	43.31		
43	Jacobs, Reynhardt D	11	TUKS-TSH	43.99		
44	Swart, Petrus J	10	BLSS-MAN	44.19		
45	Pillay, Quade Z	11	PSCP-UMD	44.58		
46	Scott, Kingsley J	11	OHAN-ILD	44.91		
47	Haslam, Seth J	11	KLOO-ETH	45.02		
48	Slabber, Willem J	11	SEAL-UMD	45.71		
49	Koegelenberg, Peter	12	BLUO-UGD	46.11		
50	Rodrigues, Kael	11	CBM	46.48		
51	Hoffman, Anande N	11	SEAL-UMD	47.66		
52	Bann, Rourke D	12	AZON-ETH	50.50		
53	Smit, Carter S	11	ASA-ILD	51.89		
#306 Women 19 & Under 50 LC Meter Breaststroke						
	Name	Age	Team	Seed Time		
1	Cameron, Molly	14	IND-M	30.76		
2	Albino, Nemzi L	15	CDTM	36.84		
3	Van Tonder, Chanel	15	SEAL-UMD	37.68		
4	Coetzer, Clarise	17	STSC-KCD	38.64		
5	Van Rooyen, Isabella S	13	SEALE-ETH	38.92		
6	Schuch, Talitha	15	LEGC-ETH	38.97		
7	Pool, Johandri	14	BLSS-MAN	39.18		
8	Van Wyk, Jessica	13	SEAL-UMD	39.52		
9	Walton, Amy L	15	AZON-ETH	39.60		
10	Coetzer, Cherise	17	STSC-KCD	39.64		
11	Fick, Aruli	17	USH-KCD	39.64		
12	Van Zijl, Tatum	12	OHAN-ILD	39.70		
13	Frylinck, Mareze	16	BLSS-MAN	39.96		
14	Tselentis, Maria	16	OHAN-ILD	40.10		
15	Duvenage, Kylie	13	SEAL-UMD	40.10		
16	Grobler, Leandri	15	VHD-ZLD	40.22		
17	Maritz, Violet T	13	SEAL-UMD	40.23		
18	Dutton, Katelyn P	13	AZON-ETH	40.30		
19	Massingue, Estela B	13	CDTM	40.51		
20	Sykes, Sarah J	14	PSCP-UMD	40.77		
21	Clowes, Cailyn	14	PSCP-UMD	40.81		
22	Leiper, Isla C	14	LEGC-ETH	40.81		
23	Vasco, Kyara C	15	CDTM	41.23		
24	Gouws, Riley	14	ASA-ILD	41.60		
25	Vorster, Arinda	13	BLSS-MAN	41.66		
26	Welgemoed, Isabelle	14	BLSS-MAN	41.82		
27	Hughes, Cara	13	FRA-KCD	42.14		
28	Palframan, Sisanda B	12	SEAL-UMD	42.23		

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

Psych Sheet															
#306 ... (Women 19 & Under 50 LC Meter Breaststroke)															
29	Ronnie, Addyson H	13	PSCP-UMD	42.30	36	Slabber, Willem J	11	SEAL-UMD	1:24.70	53	Hoar, Lily	12	KLOO-ETH	1:28.79	
30	Pillay, Delija	12	VHD-ZLD	43.03	37	Swart, Petrus J	10	BLSS-MAN	1:24.89	54	Van der Linde, Kaylie K	11	SEAL-UMD	1:29.92	
31	Radebe, Zekh S	12	PSCP-UMD	43.40	38	Hodgson, Jake A	11	OHAN-ILD	1:25.07	55	Crossman, Chelsey M	11	BLSS-MAN	1:30.58	
32	Booyesen, Morgan H	11	PSCP-UMD	43.53	39	Fernandes, Luca A	13	AZON-ETH	1:25.95	56	Couzens, Holly G	11	SGUL-ETH	1:32.77	
33	Mwandla, Senzelwe	12	PSCP-UMD	43.64	40	Wessels, Charl J	12	BLSS-MAN	1:27.27	57	Maritz, Ava L	11	SEAL-UMD	1:33.15	
34	Kalp, Ella A	12	AZON-ETH	43.88	41	Smit, Jayson A	11	SEAL-UMD	1:27.27	58	McQueen, Leanne C	11	BLSS-MAN	1:33.98	
35	Fowler, Tenley P	11	AZON-ETH	44.14	42	Potgieter, Caleb J	11	SEAL-UMD	1:27.49	59	Fowler, Tenley P	11	AZON-ETH	1:37.16	
36	Van der Merwe, Tatum	12	OHAN-ILD	44.80	43	Smit, Carter S	11	ASA-ILD	1:29.91	60	Radebe, Zekh S	12	PSCP-UMD	1:44.02	
37	Budram, Elah-Mae I	12	PSCP-UMD	45.08	44	Haslam, Seth J	11	KLOO-ETH	1:30.05	#313 Men 19 & Under 200 LC Meter IM					
38	Jacobs, Xia K	11	WSTV-ETH	45.21	45	Pillay, Quade Z	11	PSCP-UMD	1:32.02						
39	Tait, Holli	12	KLOO-ETH	45.32	46	Hoffman, Anande N	11	SEAL-UMD	1:32.65						
40	Logie, Courtney A	13	KLOO-ETH	45.52	47	Scott, Kingsley J	11	OHAN-ILD	1:33.54						
41	Steyn, Jessica	11	VHD-ZLD	45.78	#310 Women 19 & Under 100 LC Meter Backstroke										
42	Janse van Rensburg, Mia	13	MGSC-UGD	45.79											
43	McQueen, Leanne C	11	BLSS-MAN	45.89											
44	Van den Heever, Liv M	13	AZON-ETH	45.89											
45	Couzens, Holly G	11	SGUL-ETH	47.63											
46	Schofield, Sarah A	12	SEALE-ETH	48.16											
47	Van der Linde, Kaylie K	11	SEAL-UMD	48.28											
48	Palframan, Layla G	11	SEAL-UMD	48.64											
49	Crossman, Chelsey M	11	BLSS-MAN	49.40											
50	Maritz, Ava L	11	SEAL-UMD	50.82											
51	Coetzer, Alyssa M	12	AZON-ETH	51.12											
#308 Women 99 & Under 50 LC Meter Breaststroke Multi-Club															

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

Psych Sheet			
#314 ... (Women 19 & Under 200 LC Meter IM)	4	Cameron, Molly	14 IND-M 2:49.12
	5	Mutie, Muela S	14 KLOO-ETH 2:49.22
	6	Tselentis, Maria	16 OHAN-ILD 2:50.72
	7	Lally, Jenna-Mae	16 BEAV-ETH 2:50.76
	8	Annandale, Lili	15 BLSS-MAN 2:51.38
	9	Clowes, Cailyn	14 PSCP-UMD 2:51.78
	10	Coetzer, Cherise	17 STSC-KCD 2:52.06
	11	Fick, Aruli	17 USH-KCD 2:52.24
	12	Coetzer, Clarise	17 STSC-KCD 2:53.17
	13	Neizel, Megan J	16 PSCP-UMD 2:53.30
	14	Van Rensburg, Marne'	15 BLSS-MAN 2:53.90
	15	Symington, Arabella G	11 ACES-ETH 2:53.98
	16	Naidoo, Hannah	16 BEAV-ETH 2:54.77
	17	Welgemoed, Isabelle	14 BLSS-MAN 2:54.84
	18	Volschenk, Anja	15 BLSS-MAN 2:55.38
	19	Van Tonder, Chanel	15 SEAL-UMD 2:55.71
	20	Ntaka, Ayanda A	16 UMSH-ETH 2:56.09
	21	Van Viegen, Ella A	13 BLSS-MAN 2:56.97
	22	Schuch, Talitha	15 LEGC-ETH 2:58.07
	23	Brown, Evalyn	14 LEGC-ETH 3:00.02
	24	Van der Merwe, Ami	13 FSE-KCD 3:00.38
	25	Leiper, Isla C	14 LEGC-ETH 3:00.93
	26	Xulu, Zibusiso S	12 WSTV-ETH 3:01.29
	27	Dutton, Katelyn P	13 AZON-ETH 3:01.60
	28	Johns, Grace A	11 OHAN-ILD 3:02.54
	29	Marrier D'Unienville, Dan	12 KLOO-ETH 3:03.25
	30	Miambo, Kianga T	12 CDTM 3:03.31
	31	Slabber, Abi A	13 SEAL-UMD 3:03.62
	32	Botha, Olivia A	13 OHAN-ILD 3:03.83
	33	Du Toit, Lisa R	13 SEAL-UMD 3:03.97
	34	Van Wyk, Jessica	13 SEAL-UMD 3:04.10
	35	Sykes, Sarah J	14 PSCP-UMD 3:04.20
	36	Morgado, Hannah O	11 CSA-EZD 3:04.44
	37	Palframan, Sisanda B	12 SEAL-UMD 3:04.91
	38	Pool, Johandri	14 BLSS-MAN 3:05.81
	39	Azar, Caylie S	13 BLSS-MAN 3:05.94
	40	Zietsman, Lika	13 BLSS-MAN 3:07.22
	41	Filday, Ziva L	13 AZON-ETH 3:08.07
	42	Wang, Emily S	12 OHAN-ILD 3:08.11
	43	Van Zijl, Tatum	12 OHAN-ILD 3:08.21
	44	Crossman, Chelsey M	11 BLSS-MAN 3:08.34
	45	Budram, Elah-Mae I	12 PSCP-UMD 3:09.04
	46	McQueen, Leanne C	11 BLSS-MAN 3:09.30
	47	Van den Heever, Liv M	13 AZON-ETH 3:09.30
	48	Logie, Courtney A	13 KLOO-ETH 3:09.77
	49	Pieterse, Anouske	14 MGSC-UGD 3:11.07
	50	Janse van Rensburg, Mia	13 MGSC-UGD 3:11.43
	51	van Heerden, Lia	12 BS-LLD 3:11.72
	52	Van der Linde, Kaylie K	11 SEAL-UMD 3:12.52
	53	Couzens, Holly G	11 SGUL-ETH 3:13.40
	54	Kalp, Ella A	12 AZON-ETH 3:13.45
	55	Van der Merwe, Hannah S	14 PSCP-UMD 3:13.98
	56	Palframan, Layla G	11 SEAL-UMD 3:14.82
	57	Nchumali, Kwicia	11 CBM 3:14.88
	58	Mwandla, Senzelwe	12 PSCP-UMD 3:15.20
	59	Jacobs, Xia K	11 WSTV-ETH 3:16.17
	60	Vorster, Arinda	13 BLSS-MAN 3:18.81
	61	Pillay, Delija	12 VHD-ZLD 3:22.70
	62	Booyesen, Morgan H	11 PSCP-UMD 3:26.08
	63	Schofield, Sarah A	12 SEALE-ETH 3:28.71
	64	Ronnie, Addyson H	13 PSCP-UMD 3:31.71
	65	Ngema, Olwe S	12 FRA-KCD 3:52.25

#315 Men 12 & Under 4x50 LC Meter Freestyle Relay 4 x 50 F		
Team	Relay	Seed Time
1 SEAL-UMD	A	2:13.73
Smit, Jayson A 11	Potgieter, Caleb J 11	
Hoffman, Anande N 11	Slabber, Willem J 11	
2 AZON-ETH	A	2:16.90
Dlamini, Nchubeko M 11	Bann, Rourke D 12	
Smuts, Conor J 12	Rohde, Kade E 11	
3 BLSS-MAN	A	NT
Swart, Petrus J 10	Wessels, Charl J 12	
Nagel, Gideon P 11	Scott, Logan W 11	
#316 Women 12 & Under 4x50 LC Meter Freestyle Relay 4		
Team	Relay	Seed Time
1 SEAL-UMD	A	2:06.21
Palframan, Layla G 11	Palframan, Sisanda B 12	
Van der Linde, Kaylie K 11	A	2:13.13
2 PSCP-UMD	A	2:13.13
3 KLOO-ETH	A	2:13.54
Hoar, Lily 12	Tait, Holli 12	
Marrier D'Unienville, Danic	Pabalinga, Reabetswe T 12	
4 AZON-ETH	A	2:22.17
#317 Men 13-15 4x50 LC Meter Freestyle Relay 4 x 50 Free		
Team	Relay	Seed Time
1 CNGM	A	1:49.44
Cohen, Mason 15	Khosa, Yanni B 15	
Nhampossa, Tonio 14	Menete, Lazaro 15	
2 AZON-ETH	A	1:55.25
Watt, Cameron B 14	Fernandes, Luca A 13	
Schroeder, Andre M 15	Joubert, Owen C 15	
3 PSCP-UMD	A	1:58.46
4 CDTM	A	1:58.59
5 SEALE-ETH	A	2:00.62
Raynard, Enzo N 13	Basson, Gabriel J 13	
Kooijman, Conner W 13	De Fleuriot, Matthew 13	
#318 Women 13-15 4x50 LC Meter Freestyle Relay 4 x 50 F		
Team	Relay	Seed Time
1 SEAL-UMD	A	1:55.49
Van Tonder, Chanel 15	Slabber, Abi A 13	
Maritz, Violet T 13	Du Toit, Lisa R 13	
2 PSCP-UMD	A	1:59.43
3 AZON-ETH	A	2:01.88
Van De Ruit, Carly A 14	Muller, Alexis S 14	
Filday, Deryn S 14	Hulse, Milla C 15	
4 KLOO-ETH	A	2:02.97
5 CNGM	A	2:05.31
Albino, Nemzi L 15	Massingue, Estela B 13	
	Mpfumo, Marta 15	
6 CDTM	A	2:17.44
7 BLSS-MAN	A	NT
Volschenk, Anja 15	Van Viegen, Ella A 13	
Azar, Caylie S 13	Vorster, Arinda 13	
#319 Men 16-19 4x50 LC Meter Freestyle Relay 4 x 50 Free		
Team	Relay	Seed Time
1 CNGM	A	1:40.39
2 CDTM	A	1:51.69
#320 Women 16-19 4x50 LC Meter Freestyle Relay 4 x 50 F		
Team	Relay	Seed Time
1 KLOO-ETH	A	2:02.68
2 BLSS-MAN	A	NT
Frylinck, Mareze 16	Van Rensburg, Marne' 15	
Annandale, Lili 15	Welgemoed, Isabelle 14	

#321 Mixed 12 & Under 4x50 LC Meter Medley Relay 4 x 50 M			
Team	Relay	Seed Time	
1 SEAL-UMD	A	2:31.30	
Slabber, Willem J M11	Smit, Jayson A M11		
Palframan, Sisanda B W12	Palframan, Layla G W11		
2 AZON-ETH	A	2:37.42	
Rohde, Kade E M11	Fowler, Tenley P W11		
Kalp, Ella A W12	Smuts, Conor J M12		
3 PSCP-UMD	A	2:45.98	
4 BLSS-MAN	A	NT	
Scott, Logan W M11	McQueen, Leanne C W11		
Crossman, Chelsey M W11	Swart, Petrus J M10		
#322 Mixed 13-15 4x50 LC Meter Medley Relay 4 x 50 Mix			
Team	Relay	Seed Time	
1 AZON-ETH	A	2:14.29	
Allison, Troy G M13	Dutton, Katelyn P W13		
Schroeder, Andre M M15	Hulse, Milla C W15		
2 KLOO-ETH	A	2:17.34	
3 SEALE-ETH	A	2:17.63	
Van Rooyen, Isabella S W13	De Fleuriot, Matthew M13		
Raynard, Enzo N M13	A	2:18.64	
4 PSCP-UMD	A	2:29.16	
5 FRA-KCD	A		
Stead, Owen B M14	Hughes, Cara W13		
Ngema, Olwe S W12	Myeza, Ronewa M13		
6 BLSS-MAN	A	NT	
Volschenk, Anja W15	Nagel, Gideon P M11		
Wessels, Charl J M12	Welgemoed, Isabelle W14		
#323 Mixed 16-19 4x50 LC Meter Medley Relay 4 x 50 Mix			
Team	Relay	Seed Time	
1 IND-M	A	2:18.20	
Cameron, Samantha W17	Massih, Kyle A M14		
Cameron, Molly W14	Massih, Arvin A M15		
2 PSCP-UMD	A	2:25.66	
3 STSC-KCD	A	3:27.79	
Coetzer, Clarise W17	Coetzer, Cherise W17		
Prinsloo, Joshua M M16	Van Der Westhuizen, Janu M		
4 BLSS-MAN	A	NT	
Liversage, Liam W M17	Smit, Jaques M16		
Frylinck, Mareze W16	Van Rensburg, Marne' W15		
#401 Men 19 & Under 50 LC Meter Freestyle			
Name	Age	Team	Seed Time
1 Marcos, Elmer R	16	CDTM	25.53
2 De Sousa, Hugo L	17	CDTM	26.11
3 Bees-Atkinson, Preston T	15	OHAN-ILD	26.21
4 Steyn, Le Roux L	17	GHSK	26.28
5 Watt, Alexander C	17	AZON-ETH	26.39
6 Schonken, Eliah	14	WSTV-ETH	26.40
7 Smit, Jaques	16	BLSS-MAN	26.45
8 Menete, Lazaro	15	CDTM	26.48
9 Le Roux, Caden	15	LEGC-ETH	26.56
10 Cole, Ethan	15	MGSC-UGD	26.79
11 Cohen, Mason	15	CDTM	27.00
12 António, Ukay A	17	CDTM	27.05
13 Viseu, Keanu E	15	CBM	27.20
14 Byleveld, Tristan M	16	USH-KCD	27.53
15 Khosa, Yanni B	15	CDTM	27.62
16 Dos Santos, Abdul R	16	CDTM	27.67
17 Naidoo, Saieshan N	15	BEAV-ETH	27.97
18 Dos Santos Farias, Kaique	14	CBM	27.99
19 Delpont, Thomas J	14	BLUO-UGD	28.06
20 Pretorius, Marnus E	14	VHD-ZLD	28.16
21 Joubert, Owen C	15	AZON-ETH	28.22
22 Watt, Cameron B	14	AZON-ETH	28.30
23 Nhampossa, Tonio	14	CDTM	28.34

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

Psych Sheet														
#401 ... (Men 19 & Under 50 LC Meter Freestyle)					20	Hoar, Lily	12	KLOO-ETH	31.07	3	Cohen, Mason	15	CDTM	2:49.38
24	Liversage, Liam W	17	BLSS-MAN	28.48	21	Neizel, Megan J	16	PSCP-UMD	31.08	4	Grobbelaar, Jamey L	15	LEGC-ETH	2:49.82
25	Massih, Arvin A	15	IND-M	28.50	22	Cameron, Samantha	17	IND-M	31.12	5	Gilson, Samuel D	14	PSCP-UMD	2:53.07
26	Stead, Owen B	14	FRA-KCD	28.62	23	Fick, Aruli	17	USH-KCD	31.13	6	Smit, Jaques	16	BLSS-MAN	2:54.48
27	Crutchley, Connor M	13	SEAL-UMD	28.98	24	Brown, Evalyn	14	LEGC-ETH	31.14	7	Patricio, Cristiane H	16	CDTM	2:55.00
28	Maclachlan, Connor B	13	OHAN-ILD	29.02	25	Bothma, Grace	17	WSTV-ETH	31.22	8	Byleveld, Tristan M	16	USH-KCD	2:56.81
29	Patricio, Cristiane H	16	CDTM	29.09	26	Muller, Alexis S	14	AZON-ETH	31.36	9	Calado, Denilson M	15	CDTM	2:56.96
30	Branquinho, Voiky M	14	CDTM	29.19	27	Faircliff, Zoey R	14	OHAN-ILD	31.39	10	Liversage, Liam W	17	BLSS-MAN	2:57.63
31	Fernandes, Luca A	13	AZON-ETH	29.40	28	Pieterse, Anouske	14	MGSC-UGD	31.40	11	Massih, Arvin A	15	IND-M	2:58.83
32	Ngandu, Loic K	14	ASA-ILD	29.58	29	Du Toit, Lisa R	13	SEAL-UMD	31.46	12	Van Der Westhuizen, Janu	15	STSC-KCD	2:59.98
33	Pioris, Whato E	12	CBM	29.64	30	Vorster, Arinda	13	BLSS-MAN	31.50	13	Massih, Kyle A	14	IND-M	3:01.66
34	Seppings, Malakai J	11	ASA-ILD	29.66	31	Van Viegen, Ella A	13	BLSS-MAN	31.51	14	Sento, Leruo	15	SWC	3:05.21
35	Sento, Leruo	15	SWC	29.80	32	Leiper, Isla C	14	LEGC-ETH	31.52	15	Ralfe, Jack W	13	PSCP-UMD	3:08.74
36	Basto, Goncalo M	12	CDTM	29.90	33	Palframan, Sisanda B	12	SEAL-UMD	31.59	16	Raynard, Enzo N	13	SEALE-ETH	3:09.56
37	Drummond, Matthew C	14	AZON-ETH	29.98	34	Saint, Tara	15	KLOO-ETH	31.61	17	Ehlers, Josh	14	ASA-ILD	3:10.69
38	Muller, Nathan	14	WSTV-ETH	30.00	35	Pabalinga, Reabetswe T	12	KLOO-ETH	31.70	18	Drummond, Matthew C	14	AZON-ETH	3:13.46
39	McCracken, James F	13	LEGC-ETH	30.41	36	Santos, Alex G	16	PSCP-UMD	31.70	19	McCracken, James F	13	LEGC-ETH	3:13.78
40	De Fleuriot, Matthew	13	SEALE-ETH	30.67	37	Van Tonder, Chanel	15	SEAL-UMD	31.82	20	Prinsloo, Joshua M	16	STSC-KCD	3:14.58
41	Allison, Troy G	13	AZON-ETH	30.76	38	Van der Merwe, Hannah S	14	PSCP-UMD	32.00	21	Myeza, Ronewa	13	FRA-KCD	3:14.62
42	Gilson, Samuel D	14	PSCP-UMD	30.78	39	Massingue, Estela B	13	CDTM	32.02	22	Koegelenberg, Peter	12	BLUO-UGD	3:15.07
43	Ehlers, Josh	14	ASA-ILD	30.83	40	van Heerden, Lia	12	BS-LLD	32.05	23	Scott, Logan W	11	BLSS-MAN	3:16.64
44	Calado, Denilson M	15	CDTM	30.86	41	Dutton, Katelyn P	13	AZON-ETH	32.11	24	Kooijman, Conner W	13	SEALE-ETH	3:19.36
45	Pieterse, Nielan	13	MGSC-UGD	30.95	42	Slabber, Abi A	13	SEAL-UMD	32.16	25	De Fleuriot, Matthew	13	SEALE-ETH	3:19.67
46	Hodgson, Jake A	11	OHAN-ILD	31.13	43	Kidgell, Sienna M	14	AZON-ETH	32.23	26	Smit, Jayson A	11	SEAL-UMD	3:21.10
47	Rohde, Kade E	11	AZON-ETH	31.26	44	Coetzer, Cherise	17	STSC-KCD	32.36	27	Steyn, Michael	13	VHD-ZLD	3:23.80
48	Raynard, Enzo N	13	SEALE-ETH	31.30	45	Clowes, Cailyn	14	PSCP-UMD	32.41	28	Kasselman, Juan	13	RBOT-BPD	3:24.12
49	Basson, Gabriel J	13	SEALE-ETH	31.30	46	Walton, Amy L	15	AZON-ETH	32.45	29	Nagel, Gideon P	11	BLSS-MAN	3:24.36
50	Winkel, Liam H	14	LEGC-ETH	31.37	47	Booyesen, Morgan H	11	PSCP-UMD	32.53	30	Turner, Campbell T	12	PSCP-UMD	3:24.50
51	Slabber, Willem J	11	SEAL-UMD	31.43	48	Xulu, Zibusiso S	12	WSTV-ETH	32.56	31	Swart, Petrus J	10	BLSS-MAN	3:24.52
52	Rodrigues, Kael	11	CBM	32.20	49	Palframan, Layla G	11	SEAL-UMD	32.84	32	Jacobs, Reynhardt D	11	TUKS-TSH	3:29.01
53	Haslam, Seth J	11	KLOO-ETH	32.71	50	Schofield, Sarah A	12	SEALE-ETH	32.87	33	Smuts, Conor J	12	AZON-ETH	3:29.52
54	Freeman-Smith, Liam A	12	PSCP-UMD	33.05	51	Wang, Emily S	12	OHAN-ILD	32.95	34	Bann, Rourke D	12	AZON-ETH	3:32.44
55	Scott, Logan W	11	BLSS-MAN	33.18	52	Morgado, Hannah O	11	CSA-EZD	33.05	35	Pillay, Quade Z	11	PSCP-UMD	3:41.50
56	Dlamini, Nchubeko M	11	AZON-ETH	33.40	53	Sykes, Sarah J	14	PSCP-UMD	33.14	36	Wessels, Charl J	12	BLSS-MAN	3:44.83
57	Swart, Petrus J	10	BLSS-MAN	33.52	54	Azar, Caylie S	13	BLSS-MAN	33.46	#406 Women 19 & Under 200 LC Meter Breaststroke				
58	Wessels, Charl J	12	BLSS-MAN	33.81	55	Mwandla, Senzelwe	12	PSCP-UMD	33.48					
59	Henze, Anakin	12	WSTV-ETH	33.86	56	Pillay, Delija	12	VHD-ZLD	33.56					
60	Scott, Kingsley J	11	OHAN-ILD	33.95	57	Ngema, Olwe S	12	FRA-KCD	33.79					
61	Smit, Jayson A	11	SEAL-UMD	34.03	58	Pool, Johandri	14	BLSS-MAN	33.84					
62	Turner, Campbell T	12	PSCP-UMD	34.28	59	Van der Linde, Kaylie K	11	SEAL-UMD	33.95					
63	Nagel, Gideon P	11	BLSS-MAN	34.82	60	Budram, Elah-Mae I	12	PSCP-UMD	34.00					
64	Smit, Carter S	11	ASA-ILD	34.84	61	Van der Merwe, Tatum	12	OHAN-ILD	34.02					
65	Potgieter, Caleb J	11	SEAL-UMD	35.15	62	Van Wyk, Jessica	13	SEAL-UMD	34.33					
66	Pillay, Quade Z	11	PSCP-UMD	36.39	63	Filday, Ziva L	13	AZON-ETH	34.39					
#402 Women 19 & Under 50 LC Meter Freestyle					64	Ronnie, Addyson H	13	PSCP-UMD	34.42					
					65	Vasco, Kyara C	15	CDTM	34.51					
					66	Miambo, Kianga T	12	CDTM	34.57					
					67	Marrier D'Unienville, Dan	12	KLOO-ETH	34.60					
					68	Johns, Grace A	11	OHAN-ILD	34.60					
					69	Fowler, Tenley P	11	AZON-ETH	34.69					
					70	Van den Heever, Liv M	13	AZON-ETH	35.03					
					71	Jacobs, Xia K	11	WSTV-ETH	35.49					
					72	McQueen, Leanne C	11	BLSS-MAN	35.61					
					73	Crossman, Chelsey M	11	BLSS-MAN	36.39					
					74	Coetzer, Alyssa M	12	AZON-ETH	36.58					
					75	Couzens, Holly G	11	SGUL-ETH	36.77					
					76	Radebe, Zekh S	12	PSCP-UMD	36.99					
					77	Maritz, Ava L	11	SEAL-UMD	39.45					
					#404 Women 99 & Under 50 LC Meter Freestyle Multi-Clas									

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

Psych Sheet												
#408 Women 99 & Under 100 LC Meter Breaststroke Multi					5 Santos, Alex G	16 PSCP-UMD	34.14	5 António, Ukay A	17 CDTM	28.80		
Name	Age	Team	Seed	Time	6 Albino, Nemzi L	15 CDTM	34.38	6 Botha, Julian E	18 SEAL-UMD	28.83		
1 Haselau, Savanna N SB14	19	PSCP-UMD	2:10.43		7 Van De Ruit, Carly A	14 AZON-ETH	34.60	7 Schonken, Eliah	14 WSTV-ETH	29.12		
#409 Men 19 & Under 50 LC Meter Backstroke					8 Muller, Alexis S	14 AZON-ETH	34.78	8 Steyn, Le Roux L	17 GHSK	29.16		
Name	Age	Team	Seed	Time	9 Neizel, Megan J	16 PSCP-UMD	35.17	9 Smit, Jaques	16 BLSS-MAN	29.22		
1 Marcos, Elmer R	16	CDTM	28.10		10 Zietsman, Lika	13 BLSS-MAN	35.56	10 Naidoo, Saieshan N	15 BEAV-ETH	29.27		
2 De Sousa, Hugo L	17	CDTM	29.38		11 Annandale, Lili	15 BLSS-MAN	35.68	11 Viseu, Keanu E	15 CBM	29.44		
3 Le Roux, Caden	15	LEGC-ETH	30.99		12 Bothma, Grace	17 WSTV-ETH	35.84	12 Khosa, Yanni B	15 CDTM	29.71		
4 Steyn, Le Roux L	17	GHSK	31.32		13 Kidgell, Sienna M	14 AZON-ETH	36.02	13 Watt, Alexander C	17 AZON-ETH	29.82		
5 Liversage, Liam W	17	BLSS-MAN	31.84		14 Brown, Evalyn	14 LEGC-ETH	36.05	14 Prinsloo, Joshua M	16 STSC-KCD	29.92		
6 Menete, Lazaro	15	CDTM	32.10		15 Nchumali, Kwicia	11 CBM	36.29	15 Le Roux, Caden	15 LEGC-ETH	30.01		
7 Cohen, Mason	15	CDTM	32.17		16 Van Rensburg, Marne'	15 BLSS-MAN	36.46	16 Van Der Westhuizen, Janu	15 STSC-KCD	30.22		
8 Naidoo, Saieshan N	15	BEAV-ETH	32.56		17 Van der Merwe, Hannah S	14 PSCP-UMD	36.50	17 Delport, Thomas J	14 BLUO-UGD	30.69		
9 Joubert, Owen C	15	AZON-ETH	32.66		18 Filday, Deryn S	14 AZON-ETH	36.57	18 Joubert, Owen C	15 AZON-ETH	30.91		
10 Stead, Owen B	14	FRA-KCD	32.75		19 Bishop, Gaby	16 BETH-FDD	36.59	19 Ngandu, Loic K	14 ASA-ILD	31.08		
11 Schonken, Eliah	14	WSTV-ETH	33.11		20 Dutton, Katelyn P	13 AZON-ETH	36.59	20 Tapú, Taibo C	14 CDTM	31.16		
12 Branquinho, Voiky M	14	CDTM	33.21		21 Cameron, Samantha	17 IND-M	36.76	21 Pretorius, Marnus E	14 VHD-ZLD	31.23		
13 Cole, Ethan	15	MGSC-UGD	33.21		22 Gouws, Riley	14 ASA-ILD	36.77	22 Pioris, Whato E	12 CBM	31.44		
14 Nhampossa, Tonio	14	CDTM	33.27		23 Van Rooyen, Isabella S	13 SEALE-ETH	36.78	23 Basto, Goncalo M	12 CDTM	31.71		
15 Smit, Jaques	16	BLSS-MAN	33.32		24 Volschenk, Anja	15 BLSS-MAN	36.88	24 Stead, Owen B	14 FRA-KCD	31.96		
16 Byleveld, Tristan M	16	USH-KCD	33.46		25 Pillay, Delija	12 VHD-ZLD	36.94	25 Cole, Ethan	15 MGSC-UGD	31.99		
17 Maclachlan, Connor B	13	OHAN-ILD	33.63		26 Saint, Tara	15 KLOO-ETH	37.18	26 Crutchley, Connor M	13 SEAL-UMD	32.02		
18 Ngandu, Loic K	14	ASA-ILD	33.89		27 Eybers, Carli E	13 VHD-ZLD	37.52	27 Seppings, Malakai J	11 ASA-ILD	32.04		
19 Grobbelaar, Jamey L	15	LEGC-ETH	33.91		28 Vorster, Arinda	13 BLSS-MAN	37.53	28 Liversage, Liam W	17 BLSS-MAN	32.27		
20 Allison, Troy G	13	AZON-ETH	34.06		29 Coetzer, Cherise	17 STSC-KCD	37.57	29 Grobbelaar, Jamey L	15 LEGC-ETH	32.45		
21 Muller, Nathan	14	WSTV-ETH	34.33		30 Van den Heever, Liv M	13 AZON-ETH	37.76	30 Patricio, Cristiane H	16 CDTM	32.48		
22 Crutchley, Connor M	13	SEAL-UMD	34.49		31 Marrier D'Unienville, Dan	12 KLOO-ETH	37.76	31 Maclachlan, Connor B	13 OHAN-ILD	32.54		
23 Irving, Hayden J	13	KLOO-ETH	34.98		32 Tait, Holli	12 KLOO-ETH	37.87	32 Massih, Arvin A	15 IND-M	32.78		
24 Massih, Kyle A	14	IND-M	35.41		33 Slabber, Abi A	13 SEAL-UMD	37.87	33 Watt, Cameron B	14 AZON-ETH	32.84		
25 Dos Santos Farias, Kaique	14	CBM	35.46		34 Van Viegen, Ella A	13 BLSS-MAN	37.96	34 Freitag, Heinrich	16 AZON-ETH	32.85		
26 Watt, Cameron B	14	AZON-ETH	35.56		35 Schuch, Talitha	15 LEGC-ETH	38.03	35 Muller, Nathan	14 WSTV-ETH	32.87		
27 Raynard, Enzo N	13	SEALE-ETH	35.63		36 Pabalinga, Reabetswe T	12 KLOO-ETH	38.10	36 Allison, Troy G	13 AZON-ETH	33.00		
28 Pieterse, Nielan	13	MGSC-UGD	35.68		37 Filday, Ziva L	13 AZON-ETH	38.12	37 Sento, Leruo	15 SWC	33.22		
29 Fernandes, Luca A	13	AZON-ETH	35.81		38 Coetzer, Alyssa M	12 AZON-ETH	38.50	38 Irving, Hayden J	13 KLOO-ETH	33.38		
30 Seppings, Malakai J	11	ASA-ILD	36.31		39 Welgemoed, Isabelle	14 BLSS-MAN	38.58	39 Raynard, Enzo N	13 SEALE-ETH	33.94		
31 Sento, Leruo	15	SWC	36.47		40 Van der Linde, Kaylie K	11 SEAL-UMD	38.64	40 Hodgson, Jake A	11 OHAN-ILD	34.14		
32 Hodgson, Jake A	11	OHAN-ILD	36.56		41 Palframan, Sisanda B	12 SEAL-UMD	38.68	41 Fernandes, Luca A	13 AZON-ETH	34.20		
33 Rohde, Kade E	11	AZON-ETH	36.69		42 Du Toit, Lisa R	13 SEAL-UMD	38.80	42 McCracken, James F	13 LEGC-ETH	34.39		
34 Henze, Anakin	12	WSTV-ETH	37.23		43 Palframan, Layla G	11 SEAL-UMD	39.11	43 Drummond, Matthew C	14 AZON-ETH	34.82		
35 Slabber, Willem J	11	SEAL-UMD	37.41		44 Maritz, Violet T	13 SEAL-UMD	39.19	44 Pieterse, Nielan	13 MGSC-UGD	34.94		
36 Scott, Logan W	11	BLSS-MAN	37.81		45 Miambo, Kianga T	12 CDTM	39.30	45 Basson, Gabriel J	13 SEALE-ETH	34.97		
37 Kooijman, Conner W	13	SEALE-ETH	38.13		46 Wang, Emily S	12 OHAN-ILD	39.39	46 Freeman-Smith, Liam A	12 PSCP-UMD	34.98		
38 Wessels, Charl J	12	BLSS-MAN	38.45		47 van Heerden, Lia	12 BS-LLD	39.43	47 De Fleuriot, Matthew	13 SEALE-ETH	35.18		
39 Basson, Gabriel J	13	SEALE-ETH	38.60		48 Budram, Elah-Mae I	12 PSCP-UMD	39.79	48 Calado, Denilson M	15 CDTM	35.52		
40 Jacobs, Reynhardt D	11	TUKS-TSH	39.13		49 Johns, Grace A	11 OHAN-ILD	40.09	49 Wessels, Charl J	12 BLSS-MAN	35.76		
41 Swart, Petrus J	10	BLSS-MAN	39.28		50 Azar, Caylie S	13 BLSS-MAN	40.11	50 Rohde, Kade E	11 AZON-ETH	35.93		
42 Scott, Kingsley J	11	OHAN-ILD	39.73		51 Pieterse, Anouske	14 MGSC-UGD	40.25	51 Smit, Jayson A	11 SEAL-UMD	35.94		
43 Haslam, Seth J	11	KLOO-ETH	39.94		52 Van Zijl, Tatum	12 OHAN-ILD	40.41	52 Slabber, Willem J	11 SEAL-UMD	35.96		
44 Smit, Carter S	11	ASA-ILD	40.64		53 Morgado, Hannah O	11 CSA-EZD	40.71	53 Kooijman, Conner W	13 SEALE-ETH	36.08		
45 Smit, Jayson A	11	SEAL-UMD	41.03		54 Hoar, Lily	12 KLOO-ETH	40.75	54 Haslam, Seth J	11 KLOO-ETH	36.32		
46 Nagel, Gideon P	11	BLSS-MAN	41.29		55 Xulu, Zibusiso S	12 WSTV-ETH	41.40	55 Nagel, Gideon P	11 BLSS-MAN	36.64		
47 Bann, Rourke D	12	AZON-ETH	41.31		56 Ronnie, Addyson H	13 PSCP-UMD	41.58	56 Rodrigues, Kael	11 CBM	36.72		
48 Potgieter, Caleb J	11	SEAL-UMD	41.44		57 Schofield, Sarah A	12 SEALE-ETH	41.79	57 Swart, Petrus J	10 BLSS-MAN	36.92		
49 Turner, Campbell T	12	PSCP-UMD	41.49		58 Fowler, Tenley P	11 AZON-ETH	41.83	58 Koegelenberg, Peter	12 BLUO-UGD	37.74		
50 Hoffman, Anande N	11	SEAL-UMD	42.00		59 Crossman, Chelsey M	11 BLSS-MAN	43.02	59 Scott, Logan W	11 BLSS-MAN	37.97		
51 Dlamini, Nchubeko M	11	AZON-ETH	42.02		60 McQueen, Leanne C	11 BLSS-MAN	43.18	60 Henze, Anakin	12 WSTV-ETH	38.04		
52 Smuts, Conor J	12	AZON-ETH	42.43		61 Couzens, Holly G	11 SGUL-ETH	43.30	61 Dlamini, Nchubeko M	11 AZON-ETH	38.18		
53 De Fleuriot, Matthew	13	SEALE-ETH	43.16		62 Maritz, Ava L	11 SEAL-UMD	43.63	62 Scott, Kingsley J	11 OHAN-ILD	38.60		
54 Pillay, Quade Z	11	PSCP-UMD	43.80		63 Radebe, Zekh S	12 PSCP-UMD	44.59	63 Smit, Carter S	11 ASA-ILD	40.64		
#410 Women 19 & Under 50 LC Meter Backstroke					64 Pool, Johandri	14 BLSS-MAN	44.78	64 Bann, Rourke D	12 AZON-ETH	41.74		
Name	Age	Team	Seed	Time	#411 Men 19 & Under 50 LC Meter Butterfly					65 Hoffman, Anande N	11 SEAL-UMD	44.40
1 Loch, Ashley	18	VHD-ZLD	32.37		Name	Age	Team	Seed	Time	66 Jacobs, Reynhardt D	11 TUKS-TSH	46.40
2 Azran, Jordana K	17	KLOO-ETH	33.52		1 Marcos, Elmer R	16 CDTM	26.89			67 Potgieter, Caleb J	11 SEAL-UMD	47.72
3 Frylinck, Mareze	16	BLSS-MAN	33.76		2 Bees-Atkinson, Preston T	15 OHAN-ILD	27.64	#412 Women 19 & Under 50 LC Meter Butterfly				
4 Hulse, Milla C	15	AZON-ETH	34.00		3 Dos Santos, Abdul R	16 CDTM	27.99	Name	Age	Team	Seed	Time
					4 De Sousa, Hugo L	17 CDTM	28.55	1 Hulse, Milla C	15	AZON-ETH	31.55	

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025

Psych Sheet			
#412 ... (Women 19 & Under 50 LC Meter Butterfly)	2	Loch, Ashley	18 VHD-ZLD 31.65
	3	Frylinck, Mareze	16 BLSS-MAN 31.88
	4	Coetzer, Clarise	17 STSC-KCD 32.51
	5	Muller, Alexis S	14 AZON-ETH 32.85
	6	Smith, Jessica P	16 ASA-ILD 32.98
	7	Annandale, Lili	15 BLSS-MAN 33.00
	8	Gaines, Ruby K	16 SEALE-ETH 33.06
	9	Van Rensburg, Marne'	15 BLSS-MAN 33.17
	10	Cameron, Molly	14 IND-M 33.25
	11	Walton, Amy L	15 AZON-ETH 33.27
	12	Eybers, Carli E	13 VHD-ZLD 33.37
	13	Filday, Deryn S	14 AZON-ETH 33.74
	14	Kidgell, Sienna M	14 AZON-ETH 33.85
	15	Saint, Tara	15 KLOO-ETH 34.10
	16	Pabalinga, Reabetswe T	12 KLOO-ETH 34.26
	17	Massingue, Estela B	13 CDTM 34.41
	18	Mutie, Muela S	14 KLOO-ETH 34.42
	19	Volschenk, Anja	15 BLSS-MAN 34.43
	20	Gouws, Riley	14 ASA-ILD 34.51
	21	Grobler, Leandri	15 VHD-ZLD 34.65
	22	Vorster, Arinda	13 BLSS-MAN 34.83
	23	Neizel, Megan J	16 PSCP-UMD 34.91
	24	Naidoo, Hannah	16 BEAV-ETH 35.18
	25	Palframan, Sisanda B	12 SEAL-UMD 35.25
	26	Dutton, Katelyn P	13 AZON-ETH 35.32
	27	Booyesen, Morgan H	11 PSCP-UMD 35.40
	28	Sykes, Sarah J	14 PSCP-UMD 35.55
	29	Clowes, Cailyn	14 PSCP-UMD 35.56
	30	Symington, Arabella G	11 ACES-ETH 35.64
	31	Welgemoed, Isabelle	14 BLSS-MAN 35.70
	32	Van De Ruit, Carly A	14 AZON-ETH 35.91
	33	Xulu, Zibusiso S	12 WSTV-ETH 36.06
	34	Van der Merwe, Hannah S	14 PSCP-UMD 36.07
	35	Van Wyk, Jessica	13 SEAL-UMD 36.20
	36	Van Viegen, Ella A	13 BLSS-MAN 36.37
	37	Coetzer, Cherise	17 STSC-KCD 36.44
	38	Leiper, Isla C	14 LEGC-ETH 36.65
	39	Azar, Caylie S	13 BLSS-MAN 36.74
	40	Morgado, Hannah O	11 CSA-EZD 36.87
	41	Palframan, Layla G	11 SEAL-UMD 37.27
	42	Tselentis, Maria	16 OHAN-ILD 37.37
	43	Slabber, Abi A	13 SEAL-UMD 37.82
	44	Crossman, Chelsey M	11 BLSS-MAN 37.99
	45	Van der Linde, Kaylie K	11 SEAL-UMD 38.01
	46	Mwandla, Senzelwe	12 PSCP-UMD 38.03
	47	Pillay, Delija	12 VHD-ZLD 38.17
	48	Schofield, Sarah A	12 SEALE-ETH 38.26
	49	Budram, Elah-Mae I	12 PSCP-UMD 38.44
	50	Wang, Emily S	12 OHAN-ILD 38.68
	51	Hoar, Lily	12 KLOO-ETH 38.81
	52	Van den Heever, Liv M	13 AZON-ETH 39.03
	53	van Heerden, Lia	12 BS-LLD 39.55
	54	Filday, Ziva L	13 AZON-ETH 39.64
	55	Miambo, Kiangra T	12 CDTM 39.67
	56	Coetzer, Alyssa M	12 AZON-ETH 39.83
	57	Van der Merwe, Tatum	12 OHAN-ILD 40.04
	58	Vasco, Kyara C	15 CDTM 40.21
	59	Couzens, Holly G	11 SGUL-ETH 41.42
	60	McQueen, Leanne C	11 BLSS-MAN 41.74
	61	Ngema, Olwe S	12 FRA-KCD 42.74
	62	Pool, Johandri	14 BLSS-MAN 44.16
	63	Radebe, Zekh S	12 PSCP-UMD 45.34

#415 Men 12 & Under 4x50 LC Meter Medley Relay 4 x 50 M		
Team	Relay	Seed Time
1 SEAL-UMD	A	2:31.84
Potgieter, Caleb J 11	Smit, Jayson A 11	
Hoffman, Anande N 11	Slabber, Willem J 11	
2 AZON-ETH	A	2:34.19
Bann, Rourke D 12	Smuts, Conor J 12	
Rohde, Kade E 11	Dlamini, Nchubeko M 11	
3 BLSS-MAN	A	NT
Scott, Logan W 11	Nagel, Gideon P 11	
Wessels, Charl J 12	Swart, Petrus J 10	
#416 Women 12 & Under 4x50 LC Meter Medley Relay 4 x 50 M		
Team	Relay	Seed Time
1 SEAL-UMD	A	2:23.84
Van der Linde, Kaylie K 11	Palframan, Sisanda B 12	
Palframan, Layla G 11		
2 PSCP-UMD	A	2:31.71
3 KLOO-ETH	A	2:31.83
Marrier D'Unienville, Danic	Tait, Holli 12	
Pabalinga, Reabetswe T 12	Hoar, Lily 12	
#417 Men 13-15 4x50 LC Meter Medley Relay 4 x 50 Medle		
Team	Relay	Seed Time
1 CNGM	A	2:03.06
Branquinho, Voiky M 14	Cohen, Mason 15	
Khosa, Yanni B 15	Menete, Lazaro 15	
2 PSCP-UMD	A	2:06.32
3 CDTM	A	2:09.01
4 AZON-ETH	A	2:10.94
Joubert, Owen C 15	Drummond, Matthew C 14	
Schroeder, Andre M 15	Watt, Cameron B 14	
5 SEALE-ETH	A	2:21.57
Raynard, Enzo N 13	Basson, Gabriel J 13	
Kooijman, Conner W 13	De Fleuriot, Matthew 13	
#418 Women 13-15 4x50 LC Meter Medley Relay 4 x 50 Me		
Team	Relay	Seed Time
1 SEAL-UMD	A	2:06.82
Van Wyk, Jessica 13	Van Tonder, Chanel 15	
	Du Toit, Lisa R 13	
2 KLOO-ETH	A	2:16.07
3 AZON-ETH	A	2:16.17
Muller, Alexis S 14	Walton, Amy L 15	
Hulse, Milla C 15	Van De Ruit, Carly A 14	
4 CNGM	A	2:18.97
	Albino, Nemzi L 15	
Mpfumo, Marta 15	Massingue, Estela B 13	
5 CDTM	A	2:30.28
6 BLSS-MAN	A	NT
Annandale, Lili 15	Vorster, Arinda 13	
Zietsman, Lika 13	Welgemoed, Isabelle 14	
#419 Men 16-19 4x50 LC Meter Medley Relay 4 x 50 Medle		
Team	Relay	Seed Time
1 CNGM	A	1:52.30
2 CDTM	A	2:01.91
#420 Women 16-19 4x50 LC Meter Medley Relay 4 x 50 Me		
Team	Relay	Seed Time
1 KLOO-ETH	A	2:20.73
2 BLSS-MAN	A	NT
Volschenk, Anja 15	Pool, Johandri 14	
Frylinck, Mareze 16	Van Rensburg, Marne' 15	
#421 Mixed 12 & Under 4x100 LC Meter Freestyle Relay 4 x 100		
Team	Relay	Seed Time
1 SEAL-UMD	A	4:48.01
Smit, Jayson A M11	Slabber, Willem J M11	

2	AZON-ETH	A	5:07.93
Rohde, Kade E M11	Dlamini, Nchubeko M M11		
Kalp, Ella A W12	Coetzer, Alyssa M W12		
3	BLSS-MAN	A	NT
Swart, Petrus J M10	Crossman, Chelsey M W11		
McQueen, Leanne C W11	Scott, Logan W M11		
#422 Mixed 13-15 4x100 LC Meter Freestyle Relay 4 x 100			
Team	Relay	Seed Time	
1 AZON-ETH	A	4:14.78	
Joubert, Owen C M15	Drummond, Matthew C M1		
Hulse, Milla C W15	Fernandes, Luca A M13		
2 KLOO-ETH	A	4:22.17	
3 SEAL-UMD	A	4:30.96	
	Maritz, Violet T W13		
Van Tonder, Chanel W15			
4 FRA-KCD	A	4:47.48	
Myeza, Ronewa M13	Ngema, Olwe S W12		
Hughes, Cara W13	Stead, Owen B M14		
5 BLSS-MAN	A	NT	
Volschenk, Anja W15	Nagel, Gideon P M11		
Wessels, Charl J M12	Welgemoed, Isabelle W14		
#423 Mixed 16-19 4x100 LC Meter Freestyle Relay 4 x 100			
Team	Relay	Seed Time	
1 STSC-KCD	A	4:24.49	
Coetzer, Clarise W17	Coetzer, Cherise W17		
Van Der Westhuizen, Janu M	Prinsloo, Joshua M M16		
2 IND-M	A	4:28.05	
Cameron, Samantha W17	Cameron, Molly W14		
Massih, Kyle A M14	Massih, Arvin A M15		
3 BLSS-MAN	A	NT	
Smit, Jaques M16	Frylinck, Mareze W16		
Van Rensburg, Marne' W15	Liversage, Liam W M17		