

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025**Team Entries - All Events****Aquazone Swim Club-ETH**

1	Aquazone Swim Club - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	4:57.80
	Dlamini, Nchubeko M; Bann, Rourke D; Smuts, Conor J; Rohde, Kade E		
2	Aquazone Swim Club - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:09.32
	Drummond, Matthew C; Watt, Cameron B; Schroeder, Andre M; Joubert, Owen C		
3	Aquazone Swim Club - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:30.37
	Filday, Deryn S; Van De Ruit, Carly A; Dutton, Katelyn P; Hulse, Milla C		
4	Aquazone Swim Club - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:16.90
	Dlamini, Nchubeko M; Bann, Rourke D; Smuts, Conor J; Rohde, Kade E		
5	Aquazone Swim Club - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50	2:22.17
	_____;		
6	Aquazone Swim Club - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:55.25
	Watt, Cameron B; Fernandes, Luca A; Schroeder, Andre M; Joubert, Owen C		
7	Aquazone Swim Club - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:01.88
	Van De Ruit, Carly A; Muller, Alexis S; Filday, Deryn S; Hulse, Milla C		
8	Aquazone Swim Club - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:37.42
	Rohde, Kade E; Fowler, Tenley P; Kalp, Ella A; Smuts, Conor J		
9	Aquazone Swim Club - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:14.29
	Allison, Troy G; Dutton, Katelyn P; Schroeder, Andre M; Hulse, Milla C		
10	Aquazone Swim Club - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:34.19
	Bann, Rourke D; Smuts, Conor J; Rohde, Kade E; Dlamini, Nchubeko M		
11	Aquazone Swim Club - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:10.94
	Joubert, Owen C; Drummond, Matthew C; Schroeder, Andre M; Watt, Cameron B		
12	Aquazone Swim Club - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:16.17
	Muller, Alexis S; Walton, Amy L; Hulse, Milla C; Van De Ruit, Carly A		
13	Aquazone Swim Club - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	5:07.93
	Rohde, Kade E; Dlamini, Nchubeko M; Kalp, Ella A; Coetzer, Alyssa M		
14	Aquazone Swim Club - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:14.78
	Joubert, Owen C; Drummond, Matthew C; Hulse, Milla C; Fernandes, Luca A		

Aquazone Swim Club-ETH Total Individual Entries: 0 - Total Relays: 14

Team Entries - All Events

C. Natação Golfinhos de Maputo

1	C. Natação Golfinhos de Maputo - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:03.80
	_____ ; _____ ; Nhampossa, Tonio ; _____		
2	C. Natação Golfinhos de Maputo - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	3:44.95
	_____ ; _____ ; _____ ; _____		
3	C. Natação Golfinhos de Maputo - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:49.44
	Cohen, Mason ; Khosa, Yanni B ; Nhampossa, Tonio ; Menete, Lazaro		
4	C. Natação Golfinhos de Maputo - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:05.31
	Albino, Nemzi L ; Massingue, Estela B ; _____ ; Mpfumo, Marta		
5	C. Natação Golfinhos de Maputo - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:40.39
	_____ ; _____ ; _____ ; _____		
6	C. Natação Golfinhos de Maputo - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:03.06
	Branquinho, Voiky M ; Cohen, Mason ; Khosa, Yanni B ; Menete, Lazaro		
7	C. Natação Golfinhos de Maputo - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:18.97
	_____ ; Albino, Nemzi L ; Mpfumo, Marta ; Massingue, Estela B		
8	C. Natação Golfinhos de Maputo - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	1:52.30
	_____ ; _____ ; _____ ; _____		
	C. Natação Golfinhos de Maputo	Total Individual Entries: 0 - Total Relays: 8	

Team Entries - All Events

Clube Desportos Tubaroos Maput

1	Clube Desportos Tubaroos Maput - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:04.56
	_____;		
2	Clube Desportos Tubaroos Maput - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:39.56
	_____;		
3	Clube Desportos Tubaroos Maput - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:11.01
	_____;		
4	Clube Desportos Tubaroos Maput - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:58.59
	_____;		
5	Clube Desportos Tubaroos Maput - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:17.44
	_____;		
6	Clube Desportos Tubaroos Maput - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:51.69
	_____;		
7	Clube Desportos Tubaroos Maput - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:09.01
	_____;		
8	Clube Desportos Tubaroos Maput - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:30.28
	_____;		
9	Clube Desportos Tubaroos Maput - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:01.91
	_____;		
Clube Desportos Tubaroos Maput Total Individual Entries: 0 - Total Relays: 9			

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025**Team Entries - All Events**

Froggies-KCD

1	Froggies - 'A' Stead, Owen B; Hughes, Cara; Ngema, Olwe S; Myeza, Ronewa	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:29.16
2	Froggies - 'A' Myeza, Ronewa; Ngema, Olwe S; Hughes, Cara; Stead, Owen B	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:47.48
Froggies-KCD Total Individual Entries: 0 - Total Relays: 2			

Team Entries - All Events

Individual Maputo Team

1	Individual Maputo Team - 'A' Cameron, Samantha; Massih, Kyle A; Cameron, Molly; Massih, Arvin A	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:18.20
2	Individual Maputo Team - 'A' Cameron, Samantha; Cameron, Molly; Massih, Kyle A; Massih, Arvin A	#423 Mixed 16-19 4x100 Freestyle Relay 4 x 100	4:28.05
Individual Maputo Team Total Individual Entries: 0 - Total Relays: 2			

Team Entries - All Events

Kloof Asc-ETH

1	Kloof Asc - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:22.49
	_____;		
2	Kloof Asc - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	4:24.01
	_____;		
3	Kloof Asc - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 :	2:13.54
	Hoar, Lily; Tait, Holli; Marrier D'Unienville, Danica B; Pabalinga, Reabetswe T		
4	Kloof Asc - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:02.97
	_____;		
5	Kloof Asc - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	2:02.68
	_____;		
6	Kloof Asc - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:17.34
	_____;		
7	Kloof Asc - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 5	2:31.83
	Marrier D'Unienville, Danica B; Tait, Holli; Pabalinga, Reabetswe T; Hoar, Lily		
8	Kloof Asc - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:16.07
	_____;		
9	Kloof Asc - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:20.73
	_____;		
10	Kloof Asc - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:22.17
	_____;		

Kloof Asc-ETH Total Individual Entries: 0 - Total Relays: 10

Team Entries - All Events

Penguins Swimming Club-UMD

1	Penguins Swimming Club - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4	5:04.89
	_____;	_____;	_____;
2	Penguins Swimming Club - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:24.11
	_____;	_____;	_____;
3	Penguins Swimming Club - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	5:08.33
	_____;	_____;	_____;
4	Penguins Swimming Club - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 :	2:13.13
	_____;	_____;	_____;
5	Penguins Swimming Club - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:58.46
	_____;	_____;	_____;
6	Penguins Swimming Club - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	1:59.43
	_____;	_____;	_____;
7	Penguins Swimming Club - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:45.98
	_____;	_____;	_____;
8	Penguins Swimming Club - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:18.64
	_____;	_____;	_____;
9	Penguins Swimming Club - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:25.66
	_____;	_____;	_____;
10	Penguins Swimming Club - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 5	2:31.71
	_____;	_____;	_____;
11	Penguins Swimming Club - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:06.32
	_____;	_____;	_____;

Penguins Swimming Club-UMD Total Individual Entries: 0 - Total Relays: 11

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025**Team Entries - All Events****Seals Asc-UMD**

1	Seals Asc - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	4:49.94
	Smit, Jayson A; Potgieter, Caleb J; Hoffman, Anande N; Slabber, Willem J		
2	Seals Asc - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4 X 100	4:36.06
	Palframan, Layla G; _____; Van der Linde, Kaylie K; Palframan, Sisanda B		
3	Seals Asc - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:10.60
	Van Tonder, Chanel; Du Toit, Lisa R; Slabber, Abi A; Maritz, Violet T		
4	Seals Asc - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:13.73
	Smit, Jayson A; Potgieter, Caleb J; Hoffman, Anande N; Slabber, Willem J		
5	Seals Asc - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50	2:06.21
	Palframan, Layla G; _____; Van der Linde, Kaylie K; Palframan, Sisanda B		
6	Seals Asc - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50	1:55.49
	Van Tonder, Chanel; Slabber, Abi A; Maritz, Violet T; Du Toit, Lisa R		
7	Seals Asc - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:31.30
	Slabber, Willem J; Smit, Jayson A; Palframan, Sisanda B; Palframan, Layla G		
8	Seals Asc - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50	2:31.84
	Potgieter, Caleb J; Smit, Jayson A; Hoffman, Anande N; Slabber, Willem J		
9	Seals Asc - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 50	2:23.84
	Van der Linde, Kaylie K; Palframan, Sisanda B; Palframan, Layla G; _____		
10	Seals Asc - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50	2:06.82
	_____; Van Tonder, Chanel; Van Wyk, Jessica; Du Toit, Lisa R		
11	Seals Asc - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:48.01
	_____; _____; Smit, Jayson A; Slabber, Willem J		
12	Seals Asc - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:30.96
	_____; Maritz, Violet T; Van Tonder, Chanel; _____		

Seals Asc-UMD Total Individual Entries: 0 - Total Relays: 12

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025**Team Entries - All Events**

Seals Ethekwini-ETH

1	Seals Ethekwini - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:36.19
	Raynard, Enzo N; Basson, Gabriel J; Kooijman, Conner W; De Fleuriot, Matthew		
2	Seals Ethekwini - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:00.62
	Raynard, Enzo N; Basson, Gabriel J; Kooijman, Conner W; De Fleuriot, Matthew		
3	Seals Ethekwini - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:17.63
	Van Rooyen, Isabella S; _____; Raynard, Enzo N; De Fleuriot, Matthew		
4	Seals Ethekwini - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:21.57
	Raynard, Enzo N; Basson, Gabriel J; Kooijman, Conner W; De Fleuriot, Matthew		

Seals Ethekwini-ETH Total Individual Entries: 0 - Total Relays: 4

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025**Team Entries - All Events**

Stingrays Swimming Club-KCD

- | | | | |
|---|--|--|---------|
| 1 | Stingrays Swimming Club - 'A' | #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 3:27.79 |
| | Coetzer, Clarise; Coetzer, Cherise; Prinsloo, Joshua M; Van Der Westhuizen, Janu | | |
| 2 | Stingrays Swimming Club - 'A' | #423 Mixed 16-19 4x100 Freestyle Relay 4 x 100 | 4:24.49 |
| | Coetzer, Clarise; Coetzer, Cherise; Van Der Westhuizen, Janu; Prinsloo, Joshua M | | |
- Stingrays Swimming Club-KCD Total Individual Entries: 0 - Total Relays: 2**

SA Level 3 Regional Age Group Champs 2024-KZ - 26/03/2025 to 29/03/2025**Team Entries - All Events****Super Seals-MAN**

1	Super Seals - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	NT
	Swart, Petrus J; Nagel, Gideon P; Wessels, Charl J; Scott, Logan W		
2	Super Seals - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	NT
	Annandale, Lili; Zietsman, Lika; Vorster, Arinda; Van Viegen, Ella A		
3	Super Seals - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 100	NT
	Frylinck, Mareze; Volschenk, Anja; Welgemoed, Isabelle; Van Rensburg, Marne'		
4	Super Seals - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	NT
	Swart, Petrus J; Wessels, Charl J; Nagel, Gideon P; Scott, Logan W		
5	Super Seals - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	NT
	Volschenk, Anja; Van Viegen, Ella A; Azar, Caylie S; Vorster, Arinda		
6	Super Seals - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	NT
	Frylinck, Mareze; Van Rensburg, Marne'; Annandale, Lili; Welgemoed, Isabelle		
7	Super Seals - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	NT
	Scott, Logan W; McQueen, Leanne C; Crossman, Chelsey M; Swart, Petrus J		
8	Super Seals - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	NT
	Volschenk, Anja; Nagel, Gideon P; Wessels, Charl J; Welgemoed, Isabelle		
9	Super Seals - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	NT
	Liversage, Liam W; Smit, Jaques; Frylinck, Mareze; Van Rensburg, Marne'		
10	Super Seals - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	NT
	Scott, Logan W; Nagel, Gideon P; Wessels, Charl J; Swart, Petrus J		
11	Super Seals - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	NT
	Annandale, Lili; Vorster, Arinda; Zietsman, Lika; Welgemoed, Isabelle		
12	Super Seals - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	NT
	Volschenk, Anja; Pool, Johandri; Frylinck, Mareze; Van Rensburg, Marne'		
13	Super Seals - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	NT
	Swart, Petrus J; Crossman, Chelsey M; McQueen, Leanne C; Scott, Logan W		
14	Super Seals - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	NT
	Volschenk, Anja; Nagel, Gideon P; Wessels, Charl J; Welgemoed, Isabelle		
15	Super Seals - 'A'	#423 Mixed 16-19 4x100 Freestyle Relay 4 x 100	NT
	Smit, Jaques; Frylinck, Mareze; Van Rensburg, Marne'; Liversage, Liam W		

Super Seals-MAN Total Individual Entries: 0 - Total Relays: 15