

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

Psych Sheet			
#101 Men 11 & Under 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 Steyn, Harry		11 CASC-CP 5:10.84
	2 Mallin, Lukas		11 SAAW-CP 5:12.80
	3 Richter, Joshua C		11 BEST-NM 5:15.85
	4 Law Hing Choy, Flynn M		11 SAAW-CP 5:24.95
	5 Opperman, Conrad Wille		10 SEY 5:28.00
	6 Breebaart, Matthew		10 CASC-CP 5:30.63
	7 Bond, Ben L		11 ROA-ED 5:33.16
	8 Delport, Reynard		11 BEST-NM 5:34.46
	9 Pieterse, Adriaan		10 DESA-NM 5:37.38
	10 Skordis, Boyd A		11 AQDO-CP 5:39.66
	11 Joyce, Guy		11 CASC-CP 5:42.38
	12 Van Wyngaard, Daniël C		11 ROA-ED 5:42.90
	13 Desai, Rohin T		11 SAAW-CP 5:45.68
	14 Knoetze, Ruben		11 ROA-ED 5:49.38
	15 Poultney, Daniel		9 CASC-CP 5:51.06
	16 Fouche, Ryan		10 CASC-CP 5:51.14
	17 Gerber, Luke M		11 CASC-CP 5:51.15
	18 Coetzee, Tristan R		11 FISH-ED 5:52.34
	19 Parr, Riley C		11 KNYA-ED 5:55.90
	20 Heunis, Johan C		11 BARR-CP 5:58.11
	21 Van der Merwe, Logan		11 TYGE-CP 6:04.16
	22 Louw, André J		11 KALA 6:04.69
	23 Sebastian, Alexander		11 MANT-CP 6:04.76
	24 Forsythe, Declan J		11 INFA-NM 6:06.39
	25 Swartz, Seth J		11 TYGE-CP 6:07.86
	26 Kuhn, Adrian-Brand		10 CASC-CP 6:10.38
	27 Davenport, Daniel J		11 DESA-NM 6:10.94
	28 Kriel, Ewan		11 QUIC-CP 6:15.24
	29 Fraser, Luke		11 SAAW-CP 6:17.82
	30 van der Westhuizen, Anri		11 INFA-NM 6:19.00
	31 Serfontein, John-Lourens		11 ROA-ED 6:22.15
	32 Marais, Ewan E		11 GREY-CP 6:32.07
#102 Women 11 & Under 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 Pieterse, Haley		10 INFA-NM 5:14.06
	2 Johnson, Ella J		11 SAAW-CP 5:17.34
	3 Dabrowski, Leah A		11 BLMA-CP 5:23.28
	4 Butau, Mila T		11 BEST-NM 5:35.80
	5 Hofinger, Charlotte M		11 ASAC-CP 5:37.85
	6 Olivier, Gianna G		11 PAQU-CE 5:38.03
	7 Gilligan, Saskia		11 BLMA-CP 5:45.79
	8 Walker, Kayla-Anne		11 CYBE-CP 5:58.34
	9 Kretzmann, Sophie F		11 USC-BU 6:01.85
	10 Van Der Byl, Emily		11 USC-BU 6:02.87
	11 Normington, Olivia		11 XCEL-CP 6:05.30
	12 Loni, Yama		11 INFA-NM 6:07.01
	13 Strydom, Marli		11 QUIC-CP 6:08.57
	14 Du Preez, Kyra J		11 USC-BU 6:08.82
	15 Perrins, Hayden		11 GREY-CP 6:10.74
	16 Kuhn, Alexa J		11 CASC-CP 6:10.83
	17 Swanepoel, Pia Q		11 ASAC-CP 6:13.25
	18 Vd Wal, Kaylee		11 CASC-CP 6:34.19
	19 Engelbrecht, Zia-Bella L		11 HTSA-CP 6:37.63
#103 Men 12 Year Olds 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 February, Dillon S		12 CASC-CP 5:17.65
	2 Stander, Christiaan L		12 ASAW-CE 5:21.37
	3 Van Onselen, Pierre S		12 TYGE-CP 5:23.82
	4 Bendixen, Vidar R		12 SAAW-CP 5:31.76
	5 Laufs, Connor R		12 SAAW-CP 5:39.04
	6 Theunissen, Jude E		12 BEST-NM 5:43.66
	7 Orffer, Llewellyn		12 UPSK 5:50.20
	8 Spangenberg, Zach A		12 XCEL-CP 6:05.63
#104 Women 12 Year Olds 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 Els, Jamie		12 AQDO-CP 5:22.01
	2 Sabbagha, Georgia		12 PAQU-CE 5:22.34
	3 Jordaan, Mikayla E		12 CASC-CP 5:30.70
	4 Barnes, Caitlin M		12 SAAW-CP 5:31.41
	5 Christie, Laila A		12 USC-BU 5:33.61
	6 McGluwa, Jovanah N		12 CASC-CP 5:37.62
	7 Nel, Olivia		12 CLA-WC 5:39.00
	8 Terwin, Brooklyn		12 USC-BU 5:41.70
	9 Grebe, Ava		12 CUHE-OB 5:47.64
	10 Emjedi, Saffiya		12 SAAW-CP 5:48.11
	11 Theron, Alex		12 CASC-CP 5:49.41
	12 Anthony, Jazmin A		12 PAQU-CE 5:49.93
	13 Jurgens, Chloe-Leigh		12 MANT-CP 5:52.52
	14 van der Mescht, Ava		12 DESA-NM 5:52.69
	15 Tembo, Noku L		12 KNYA-ED 5:53.04
	16 Adams, Ella		12 TYGE-CP 5:53.52
	17 Van Zyl, Liane		12 UPSK 5:55.37
	18 Schutzler, Amelia-Rose		12 USC-BU 5:55.65
	19 Cupido, Kirsten		12 CYBE-CP 5:57.83
	20 Van de Vyver, Mia		12 QSAW-CE 6:00.54
	21 Ristow, Emma K		12 USC-BU 6:01.19
	22 Mfabe, Zingce Z		12 USC-BU 6:01.20
	23 Hendricks, Jada		12 TYGE-CP 6:03.40
	24 March, Gea A		12 UPSK 6:10.79
	25 Haldane, Bella		12 FISH-ED 6:27.93
#105 Men 13 Year Olds 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 Spencer, Marcus W		13 CYBE-CP 5:05.72
	2 Strydom, Andre N		13 BEST-NM 5:09.45
	3 Opperman, Cornelius Joh		13 SEY 5:11.04
	4 Weber, Daniel		13 PLAY-CE 5:16.36
	5 VerLoren Van Themaat, H		13 LALE-CE 5:20.05
	6 Akinci, Can Batu		13 VINE-CP 5:20.16
	7 Froneman, Dylan R		13 BLMA-CP 5:22.21
	8 Heunis, Le Roux		13 TYGE-CP 5:24.21
	9 Kasselman, Juan		13 RBOT-BP 5:27.86
	10 Du Randt, Zack S		13 TYGE-CP 5:28.46
	11 Coates, Caleb		13 FISH-ED 5:28.56
	12 Ramorwesi, Oratilwe M		13 SAAW-CP 5:32.30
	13 Harbron, Nicholas		13 FAAC 5:32.85
	14 Lamminga, Jack		13 CLA-WC 5:33.16
	15 Hucke, Tegan		13 SAAW-CP 5:33.36
	16 Jooste, Ben D		13 CUHE-OB 5:36.00
	17 Fouche, Jack		13 CASC-CP 5:36.26
	18 Niemand, Leo		13 CYBE-CP 5:36.73
	19 Lubbe, Alex C		13 USC-BU 5:36.99
	20 Harvey, Waylon		13 CYBE-CP 5:40.03
	21 Joubert, Wian		13 QUIC-CP 5:40.93
	22 Smit, Christian F		13 ROA-ED 5:41.49
	23 Conradie, D'Niel		13 ASAW-CE 5:41.87
	24 Shipton, Christopher J		13 QUIC-CP 5:50.25
	25 Abrie, Ryn J		13 CUHE-OB 6:09.49
	26 Baadjies, Cruden H		13 PAQU-CE 6:09.77
	27 Kruger, Rikhardt		13 UPSK 6:22.99
#106 Women 13 Year Olds 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 Sonnekus, Anya		13 TYGE-CP 5:17.40
	2 Nienaber, Mila J		13 QSAW-CE 5:20.60
	3 Strydom, Mia		13 INFA-NM 5:21.99
	4 Brooker, Isabella J		13 AACTA-CP 5:22.12
	5 Retief, Jane		13 LALE-CE 5:27.17
	6 Palha, Isis Gabriela		13 APNL 5:32.35
#107 Men 14 Year Olds 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 Coetzee, Sion M		14 QUIC-CP 5:00.21
	2 Grobler, Chris I		14 CASC-CP 5:02.39
	3 Lichthart, Nicus		14 QUIC-CP 5:04.03
	4 Walther-Kotze, Leon C		14 ASAC-CP 5:04.81
	5 Nagendrakumar, Puneet		14 SLAQ-CP 5:05.22
	6 Hodgskiss, Fin J		14 SSISA-CP 5:06.85
	7 Wenn, Josiah		14 ASAC-CP 5:09.51
	8 Lewis, Callum R		14 CASC-CP 5:09.54
	9 van Wyk, Tariq K		14 CASC-CP 5:10.23
	10 Visser, Wessel M		14 UWCA-CP 5:10.88
	11 Addinall, Ethan		14 MANT-CP 5:11.44
	12 Cook, Jedd R		14 USC-BU 5:15.03
	13 Hodge, Cameron P		14 LALE-CE 5:16.50
	14 Prince, Caleb T		14 BEST-NM 5:18.40
	15 Wessels, Connor M		14 BLMA-CP 5:19.01
	16 Van der Westhuizen, Luk		14 EVO-CP 5:19.78
	17 Van Dyk, Stephaan		14 BLMA-CP 5:25.42
	18 Gamieldien, Idreess		14 MARL-CP 5:26.88
	19 Snyders, Reece		14 UWCA-CP 5:32.34
	20 Fortune, Yaseen		14 MANT-CP 5:44.94
#108 Women 14 Year Olds 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 Parimbelli, Maria Teresa		14 APNL 5:06.98
	2 Welsh, Stacey A		14 BEST-NM 5:11.03
	3 O'Carroll, Nia E		14 STAQ-CE 5:17.27
	4 Riley, Logan		14 CASC-CP 5:17.42
	5 Pretorius, Mariné		14 UPSK 5:19.19
	6 Crozier, Emily N		14 FAAC 5:20.86
	7 Robinson, Alana		14 SAAW-CP 5:24.46
	8 Messiter-Tooze, Luna S		14 SLAQ-CP 5:24.90
	9 Basson, Lenè		14 CLA-WC 5:28.53
	10 Heldsinger, Alexa L		14 SSISA-CP 5:30.57
	11 Otterbach, Lily		14 TYGE-CP 5:31.46
	12 Van Tromp, Seruby		14 LALE-CE 5:31.86
	13 Hawley, Nicola		14 PLAY-CE 5:35.18
	14 Harper, Maddie I		14 KNYA-ED 5:43.27
#109 Men 15 Year Olds 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 Basson, Lucca N		15 SFSC-CP 4:44.24
	2 Spencer, Charles A		15 CYBE-CP 4:47.42
	3 Williams, Evan B		15 SSISA-CP 4:49.16
	4 Pullock, Sam J		15 CUHE-OB 4:51.10
	5 Jenkins, Finn R		15 PEAS-NM 4:52.94
	6 Njoroge, Alphonse		15 CASC-CP 4:53.97
	7 Fernandes, Carlos Daniel		15 APNL 4:54.07
	8 Poggenpoel, Troy J		15 SSISA-CP 4:54.25
	9 Mansfield, Luke T		15 STAQ-CE 4:55.85
	10 Liedeman, Mark		15 SWAR-WC 5:00.11
	11 Field, Joshua J		15 SAAW-CP 5:29.04
	12 van Staden, Mika L		15 AQUA-BU 5:29.51
#110 Women 15 Year Olds 400 LC Meter Freestyle	Name		Age Team Seed Time
	1 Senekal, Margo		15 TYGE-CP 5:01.08
	2 Santo, Rhanya Espirito		15 APNL 5:01.87

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Psych Sheet														
#110 ... (Women 15 Year Olds 400 LC Meter Freestyle)					20	Lombard, Kyle M	17	CASC-CP	58.55	87	Jurgens, Ezra J	16	MANT-CP	1:05.94
3	Blake, Abi E	15	CASC-CP	5:04.66	21	Van der Merwe, Josh E	16	SAAW-CP	58.59	88	Lichthart, Nicus	14	QUIC-CP	1:05.96
4	Kuhn, Tamzyn J	15	SAAW-CP	5:09.77	22	Fernandes, Carlos Daniel	15	APNL	58.60	89	Wessels, Connor M	14	BLMA-CP	1:06.30
5	Holthuis, Keilah-Naomi	15	QSAW-CE	5:14.58	23	Sousa, Guilherme Machac	16	APNL	58.67	90	Kleu, Wian M	12	STAQ-CE	1:06.44
6	Kleynhans, Sian	15	FISH-ED	5:22.55	24	Rayne, Leo	16	ASAC-CP	58.77	91	O'Connor, Cohen T	17	PEAS-NM	1:06.45
7	Hager, Carle	15	ASAW-CE	5:37.96	25	Vd Merwe, Thomas	15	LALE-CE	58.95	92	Coates, Caleb	13	FISH-ED	1:06.59
#111 Men 16 Year Olds 400 LC Meter Freestyle					26	Das Neves, Lucas P	15	TYGE-CP	58.99	93	Willenburg, Elijah K	14	SLAQ-CP	1:06.71
Name	Age	Team	Seed	Time	27	Ludik, Stephan E	17	KTS	59.00	94	Opperman, Cornelius Joh	13	SEY	1:06.71
1	Solomon, Ethan	16	AQDO-CP	4:31.32	28	Blauw, Tyriq D	16	TYGE-CP	59.07	95	Kruger, Rikhardt	13	UPSK	1:06.86
2	Allott, Jack R	16	AACTA-CP	4:37.00	29	Atkinson, Samuel A	16	SWAR-WC	59.13	96	Visser, Wessel M	14	UWCA-CP	1:06.93
3	Arnott, Carter J	16	ASAC-CP	4:43.48	30	Steyl, Douw L	18	UPSK	59.17	97	Hattingh, Ben	14	FAAC	1:07.23
4	Southey, Jamie	16	AQDO-CP	4:44.54	31	Solomon, Ethan	16	AQDO-CP	59.37	98	Strydom, Andre N	13	BEST-NM	1:07.28
5	Atkinson, Samuel A	16	SWAR-WC	4:45.16	32	Engelbrecht, Ruben J	17	PLAY-CE	59.42	99	Smith, Tristan A	15	CASC-CP	1:07.48
6	Sousa, Guilherme Machac	16	APNL	4:51.52	33	van Staden, Mika L	15	AQUA-BU	59.69	100	Cook, Jedd R	14	USC-BU	1:07.61
7	Thompson, Cameron G	16	HARL-BU	4:52.72	34	Hlangothi, Munguni S	17	PEAS-NM	59.71	101	Niemand, Leo	13	CYBE-CP	1:07.73
8	Strydom, Luan	16	TYGE-CP	5:05.27	35	De Bruyn, Corn�� C	16	ASAC-CP	59.78	102	Steyn, Harry	11	CASC-CP	1:07.84
#112 Women 16 Year Olds 400 LC Meter Freestyle					36	Spencer, Charles A	15	CYBE-CP	59.83	103	Gomez, Alex W	14	MARL-CP	1:07.86
Name	Age	Team	Seed	Time	37	Pedro, Tamkeen	17	WALM-CP	59.89	104	Van Onselen, Pierre S	12	TYGE-CP	1:07.91
1	Zeelie, Shanna-Leigh	16	BLMA-CP	4:58.96	38	Germishuys, Liam J	15	QSAW-CE	59.92	105	Troskie, Jean	13	QUIC-CP	1:07.98
2	Rossouw, Emma M	16	TYGE-CP	5:08.37	39	Moolman, Carter S	16	MANT-CP	1:00.13	106	Lubbe, Alex C	13	USC-BU	1:08.06
3	R��ntgen, Carine	16	ASAW-CE	5:10.19	40	Andrews, Carl R	15	PEAS-NM	1:00.16	107	Opperman, Conrad Wille	10	SEY	1:08.12
4	Delpont, Milla	16	PEAS-NM	5:17.36	41	Gounden, Mikhael A	19	CLA-WC	1:00.39	108	Orffer, Llewellyn	12	UPSK	1:08.13
5	Jewell, Chloe I	16	PEAS-NM	5:21.12	42	Hewitt-Smook, Kristian	17	SWAR-WC	1:00.47	109	Jacobs, Seth G	12	MANT-CP	1:08.30
6	Bosman, Jessica A	16	QUIC-CP	5:27.15	43	Gilbert, Thomas O	17	SAAW-CP	1:00.78	110	Jonas, Leonardo	13	PLAY-CE	1:08.30
#113 Men 17-19 400 LC Meter Freestyle					44	Liedeman, Mark	15	SWAR-WC	1:00.82	111	Pitout, Zachary J	13	ASAC-CP	1:08.40
Name	Age	Team	Seed	Time	45	Schreuder, Steffen	17	ASAW-CE	1:01.07	112	Bothma, Ryan	13	KSTAR-ED	1:08.41
1	Brooker, Matthew W	17	AACTA-CP	4:34.42	46	Mansfield, Luke T	15	STAQ-CE	1:01.12	113	Walther-Kotz��, Leon C	14	ASAC-CP	1:08.71
2	Boonzaaier, Simon F	18	ASAW-CE	4:39.62	47	Booth, Jake J	14	VIKI-BU	1:01.12	114	Froneman, Dylan R	13	BLMA-CP	1:08.76
3	Van Der Merwe, Ula W	17	KNYA-ED	4:42.68	48	Allott, Jack R	16	AACTA-CP	1:01.14	115	Kasselman, Juan	13	RBOT-BP	1:09.01
4	Lombard, Kyle M	17	CASC-CP	4:46.76	49	Saayman, Dehan	17	PLAY-CE	1:01.16	116	Moodie, Zak	14	BLMA-CP	1:09.36
5	Sheard, Dylan J	17	PEAS-NM	4:48.29	50	Jenkins, Finn R	15	PEAS-NM	1:01.20	117	Stander, Christiaan L	12	ASAW-CE	1:09.41
6	Zellie, Thomas J	17	SAAW-CP	4:52.12	51	Wright, Jonah S	14	TYGE-CP	1:01.28	118	Ramorwesi, Oratilwe M	13	SAAW-CP	1:09.81
7	O'Connor, Cohen T	17	PEAS-NM	4:52.27	52	Grov��, Dani��l	15	CUHE-OB	1:01.28	119	Du Randt, Zack S	13	TYGE-CP	1:09.86
8	Schreuder, Steffen	17	ASAW-CE	4:52.44	53	Boonzaaier, Simon F	18	ASAW-CE	1:01.40	120	Heunis, Le Roux	13	TYGE-CP	1:10.03
9	Schreuder, Steffen	17	ASAW-CE	4:52.44	54	Copteros, Ilyo B	17	PEAS-NM	1:01.45	121	Lewis, Callum R	14	CASC-CP	1:10.33
9	Copteros, Ilyo B	17	PEAS-NM	4:58.02	55	Samsodien, Saaligh S	14	MARL-CP	1:01.61	122	Richter, Joshua C	11	BEST-NM	1:10.45
10	Martin, Alzhario	17	UWCA-CP	5:04.02	56	Beukes, Jaden L	15	WALM-CP	1:01.84	123	Harbron, Nicholas	13	FAAC	1:10.54
11	Ludik, Stephan E	17	KTS	5:24.38	57	Williams, Evan B	15	SSISA-CP	1:01.99	124	Louw, James	12	VINE-CP	1:10.61
#114 Women 17-19 400 LC Meter Freestyle					58	Sheard, Dylan J	17	PEAS-NM	1:02.15	125	Troskie, Roean	13	QUIC-CP	1:10.73
Name	Age	Team	Seed	Time	59	Thompson, Cameron G	16	HARL-BU	1:02.35	126	Kretzmann, Kaleb B	14	USC-BU	1:11.02
1	Theron, Jady	18	PLAY-CE	5:01.39	60	Daniels, Joshua D	14	SLAQ-CP	1:02.44	127	Schoeman, Mateo J	11	QSAW-CE	1:11.08
2	Loubser, Jenna L	17	SLAQ-CP	5:04.28	61	Martin, Alzhario	17	UWCA-CP	1:02.49	128	Serfontein, John-Lourens	11	ROA-ED	1:11.43
3	Vd Westhuizen, Joy	17	AQDO-CP	5:13.32	62	Coetzee, Sion M	14	QUIC-CP	1:03.01	129	Laufs, Connor R	12	SAAW-CP	1:11.52
#201 Men 19 & Under 100 LC Meter Freestyle					63	Poggenpoel, Troy J	15	SSISA-CP	1:03.23	130	Schabort, Lowen	11	QSAW-CE	1:11.53
Name	Age	Team	Seed	Time	64	VerLoren Van Themaat, H	13	LALE-CE	1:03.27	131	Schemel, Brody L	12	HARL-BU	1:11.66
1	Van Der Merwe, Ula W	17	KNYA-ED	56.76	65	Coleman, Travis	13	BLMA-CP	1:03.34	132	Swanepoel, Hallett J	12	KNYA-ED	1:11.69
2	Eilers, De-Anzo C	18	KALA	57.08	66	Grobler, Chris I	14	CASC-CP	1:03.60	133	L��tter, Reuben	13	DESA-NM	1:11.71
3	Zellie, Thomas J	17	SAAW-CP	57.15	67	Southey, Jamie	16	AQDO-CP	1:03.64	134	Goodall, Aaron	12	ASAC-CP	1:11.84
4	Kalapac, Joshua	16	SLAQ-CP	57.33	68	Nagendrakumar, Puneet	14	SLAQ-CP	1:03.69	135	February, Dillon S	12	CASC-CP	1:12.29
5	Alexander, Ammaar	17	MARL-CP	57.47	69	Van der Watt, Alpheus J	16	PLAY-CE	1:03.77	136	Akinci, Can Batu	13	VINE-CP	1:12.37
6	Brooker, Matthew W	17	AACTA-CP	57.62	70	Njoroge, Alphonse	15	CASC-CP	1:03.79	137	Harvey, Waylon	13	CYBE-CP	1:12.50
7	Dupper, Leon H	16	INFA-NM	57.62	71	Muller, Lukas D	13	LALE-CE	1:03.98	138	Viljoen, Jagger F	12	ASAC-CP	1:12.73
8	Beukes, Mateo A	19	WALM-CP	57.66	72	Zungu, Sinothando	16	VIKI-BU	1:04.07	139	Smit, Christian F	13	ROA-ED	1:12.80
9	Viljoen, Jaden R	16	ASAC-CP	57.67	73	van Wyk, Tariq K	14	CASC-CP	1:04.17	140	Opperman, Theodore S	12	KTS	1:12.93
10	Van der Walt, Lourens M	17	QSAW-CE	57.77	74	Strydom, Luan	16	TYGE-CP	1:04.35	141	Hucke, Tegan	13	SAAW-CP	1:13.02
11	Kleinhans, Kyle	18	SSISA-CP	57.80	75	Mallin, Lukas	11	SAAW-CP	1:04.60	142	Joyce, Guy	11	CASC-CP	1:13.31
12	Arnott, Carter J	16	ASAC-CP	57.86	76	Van Dyk, Stepiaan	14	BLMA-CP	1:04.70	143	Breebaart, Matthew	10	CASC-CP	1:13.33
13	Pincente, Matthew	17	SAAW-CP	57.97	77	Addinall, Ethan	14	MANT-CP	1:04.87	144	Van Rooyen, Louis B	15	FISH-ED	1:13.34
14	Wedderburn, Liam	16	INFA-NM	58.12	78	Prince, Caleb T	14	BEST-NM	1:04.93	145	Theunissen, Jude E	12	BEST-NM	1:13.69
15	Basson, Lucca N	15	SFSC-CP	58.19	79	Weber, Daniel	13	PLAY-CE	1:05.09	146	Van Rensburg, Janco	14	TYGE-CP	1:13.80
16	Pullock, Sam J	15	CUHE-OB	58.20	80	Krause, Luke	14	CASC-CP	1:05.13	147	Abrie, Ryn J	13	CUHE-OB	1:13.99
17	Walker, Yohan G	16	VINE-CP	58.24	81	Nash, Daniel A	17	PEAS-NM	1:05.27	148	Kleinsmith, David	13	CASC-CP	1:14.00
18	De Jager, Nathan B	16	ASAC-CP	58.48	82	Spencer, Marcus W	13	CYBE-CP	1:05.42	149	Shipton, Christopher J	13	QUIC-CP	1:14.10
19	Witbooi, Reinhardt J	18	STAQ-CE	58.49	83	Field, Joshua J	15	SAAW-CP	1:05.43	150	Nolands, Reece T	14	USC-BU	1:14.12
					84	Wenn, Josiah	14	ASAC-CP	1:05.57	151	Vermaak, Bo	12	VINE-CP	1:14.19
					85	Francis, Ethan	13	MARL-CP	1:05.83	152	Comotti, Leonardo	10	APNL	1:14.30
					86	Van der Westhuizen, Luk	14	EVO-CP	1:05.89	153	Fouche, Jack	13	CASC-CP	1:14.38

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

#201 ... (Men 19 & Under 100 LC Meter Freestyle)					Psych Sheet									
154	Pieterse, Nicholas N	11	STAQ-CE	1:14.58	15	Adams, Sydni M	15	VINE-CP	1:06.33	81	Retief, Jane	13	LALE-CE	1:11.72
155	Coolen, Nicolas D	12	STAQ-CE	1:14.73	15	Fourie, Petro Marié	19	LALE-CE	1:06.40	82	Kruger, Livvy	11	PLAY-CE	1:11.87
156	Desai, Rohin T	11	SAAW-CP	1:14.75	16	Bruwer, Casey	15	AACTA-CP	1:06.45	83	Tsai, Emily A	16	BLMA-CP	1:12.11
157	Lange, Oliver	11	VINE-CP	1:14.77	17	Watson, Caitlin C	17	BLMA-CP	1:06.94	84	Butau, Mila T	11	BEST-NM	1:12.12
158	Sebastian, Alexander	11	MANT-CP	1:14.82	18	Röntgen, Carine	16	ASAW-CE	1:07.15	85	Halford, Harper C	13	MANT-CP	1:12.17
159	Knoetze, Ruben	11	ROA-ED	1:14.83	19	Riley, Logan	14	CASC-CP	1:07.19	86	Douglas, Keyla	11	ROA-ED	1:12.19
160	Maughan, Patrick F	12	ASAC-CP	1:15.16	20	O'Carroll, Nia E	14	STAQ-CE	1:07.20	87	Goldman, Jasmine	14	VINE-CP	1:12.33
161	Lategan, Wessel W	12	SWAR-WC	1:15.16	21	Beetge, Amy	17	LALE-CE	1:07.26	88	Visser, Sandri	16	PLAY-CE	1:12.38
162	Bond, Ben L	11	ROA-ED	1:15.31	22	Geldart, Olivia L	11	INFA-NM	1:07.51	89	Joubert, Liandi	13	USC-BU	1:12.44
163	Gerber, Luke M	11	CASC-CP	1:15.40	23	Pieterse, Abby L	15	INFA-NM	1:07.57	90	Oliver, Isabella	14	QSAW-CE	1:12.47
164	Skordis, Boyd A	11	AQDO-CP	1:15.42	24	Botha, Rebecca P	13	CASC-CP	1:07.66	91	Els, Jamie	12	AQDO-CP	1:12.80
165	Spangenberg, Zach A	12	XCEL-CP	1:15.43	25	Avenant, Ankia	14	UPSK	1:07.67	92	Pretorius, Mariné	14	UPSK	1:12.85
166	Ellis, Alec C	12	LALE-CE	1:15.55	26	Hager, Carle	15	ASAW-CE	1:07.99	93	Pearson-Adams, Oshun O	12	SAAW-CP	1:13.02
167	King, Aidan J	12	CASC-CP	1:15.73	27	Delpont, Milla	16	PEAS-NM	1:08.00	94	Terwin, Brooklyn	12	USC-BU	1:13.14
168	Stow, David-John	11	INFA-NM	1:15.85	28	Welsh, Stacey A	14	BEST-NM	1:08.12	95	Kleynhans, Sian	15	FISH-ED	1:13.27
169	van der Westhuizen, Anri	11	INFA-NM	1:16.12	29	Nixon, Sofia	13	VINE-CP	1:08.32	96	Haynes-Smart, Kaitlyn	12	VINE-CP	1:13.31
170	Coetzee, Tristan R	11	FISH-ED	1:16.13	30	Dabrowski, Leah A	11	BLMA-CP	1:08.47	97	Lottering, Eirley	13	USC-BU	1:13.38
171	Delpont, Reynard	11	BEST-NM	1:16.44	31	Vunge, Chelsea Idalina	14	APNL	1:08.49	98	Tembo, Noku L	12	KNYA-ED	1:13.53
172	Poultney, Daniel	9	CASC-CP	1:16.54	32	Vd Merwe, Mia	15	ASAC-CP	1:08.50	99	Gerber, Kayla M	12	STAQ-CE	1:13.70
173	Swanepoel, Roehan J	11	BARR-CP	1:16.66	33	Blake, Abi E	15	CASC-CP	1:08.60	100	Barnes, Caitlin M	12	SAAW-CP	1:13.86
174	Perez Castellano, Emilio	11	TYGE-CP	1:16.79	34	Loubser, Jenna L	17	SLAQ-CP	1:08.67	101	Christensen, Milla M	12	WELL-CE	1:14.20
175	Law Hing Choy, Flynn M	11	SAAW-CP	1:16.81	35	Burger, Juanè	14	TYGE-CP	1:08.73	102	Coetzee, Marli	13	CASC-CP	1:14.25
176	Wetzel, Alex J	11	STAQ-CE	1:16.85	36	Pieterse, Haley	10	INFA-NM	1:08.76	103	Grebe, Ava	12	CUHE-OB	1:14.25
177	Van Wyngaard, Daniël C	11	ROA-ED	1:16.92	37	Christie, Laila A	12	USC-BU	1:08.78	104	Lourens, Mia	13	CASC-CP	1:14.37
178	Fouche, Ryan	10	CASC-CP	1:17.10	38	Otterbach, Lily	14	TYGE-CP	1:08.79	105	Cupido, Kirsten	12	CYBE-CP	1:14.45
179	Davenport, Daniel J	11	DESA-NM	1:17.28	39	Louw, Alexa	17	BLMA-CP	1:08.93	106	Louw, Mali R	12	WELL-CE	1:14.53
180	Pieterse, Adriaan	10	DESA-NM	1:17.33	40	Jantzen, Zianè	15	QUIC-CP	1:08.94	107	Hofinger, Charlotte M	11	ASAC-CP	1:14.55
181	Kuhn, Adrian-Brand	10	CASC-CP	1:17.46	41	Basson, Lenè	14	CLA-WC	1:09.03	108	Makore, Bona M	11	ASAC-CP	1:14.73
182	Clark, Alexander L	11	UWCA-CP	1:17.71	42	Van Wyk, Josie	13	LALE-CE	1:09.05	109	Kleynhans, Kayla	12	ROA-ED	1:14.73
183	Van der Merwe, Logan	11	TYGE-CP	1:17.95	43	March, Gea A	12	UPSK	1:09.22	110	McAfee, Holly B	14	FISH-ED	1:14.92
184	Lewis, Amaru C	12	PAQU-CE	1:17.97	44	Gullan, Sophia	12	VINE-CP	1:09.31	111	Normington, Olivia	11	XCEL-CP	1:14.96
185	Kannemeyer, Luan	11	QUIC-CP	1:18.39	45	Vd Westhuizen, Joy	17	AQDO-CP	1:09.42	112	Perrins, Hayden	11	GREY-CP	1:14.97
186	Titus, Brody	12	PAQU-CE	1:18.46	46	Wilson, Samantha	11	INFA-NM	1:09.44	113	Nel, Olivia	12	CLA-WC	1:14.97
187	Hattingh, Theodor S	11	FAAC	1:18.57	47	Corrigan, Cara J	17	FISH-ED	1:09.50	114	Olivier, Gianna G	11	PAQU-CE	1:15.30
188	Swartz, Seth J	11	TYGE-CP	1:18.67	48	Brooker, Isabella J	13	AACTA-CP	1:09.70	115	Stevenson, Mikayla	12	QUIC-CP	1:15.35
189	Naude, Niel P	10	AGAQ-OB	1:18.98	49	Longueira, Ava L	12	ASAC-CP	1:09.70	116	Thirsk, Savannah	13	TYGE-CP	1:15.39
190	Van Heerden, Emile L	11	FISH-ED	1:19.31	50	White, Rebecca M	16	SSISA-CP	1:09.73	117	Hendricks, Jada	12	TYGE-CP	1:15.45
191	Heunis, Johan C	11	BARR-CP	1:19.33	51	Myers, Kirsten E	14	SSISA-CP	1:09.80	118	Shaw, Inge	12	LALE-CE	1:15.71
192	Odendaal, Riko	12	BARR-CP	1:20.21	52	Nienaber, Mila J	13	QSAW-CE	1:09.81	119	Cronjé, Miané	14	FISH-ED	1:15.90
193	Parr, Riley C	11	KNYA-ED	1:20.47	53	Coetsee, Elke M	10	FISH-ED	1:09.99	120	Adams, Ella	12	TYGE-CP	1:15.92
194	Bendixen, Vidar R	12	SAAW-CP	1:20.61	54	Johnson, Ella J	11	SAAW-CP	1:10.08	121	Beyers, Lize M	11	AGAQ-OB	1:15.95
195	Rossouw, Marais	11	QUIC-CP	1:20.76	55	Schou, Lexi	14	SFSC-CP	1:10.09	122	Jurgens, Chloe-Leigh	12	MANT-CP	1:16.07
196	Louw, André J	11	KALA	1:21.70	56	Stevens, Judy C	16	QUIC-CP	1:10.13	123	Koegelenberg, Emily	12	XCEL-CP	1:16.10
197	Lubbe, Mikael B	12	ASAC-CP	1:22.66	57	Wyngaard, Dakota J	18	QUIC-CP	1:10.17	124	Newkirk, Gia	12	TYGE-CP	1:16.18
198	Lötter, Daniel	11	DESA-NM	1:22.70	58	Latimer, Olivia H	13	SAAW-CP	1:10.19	125	Adams, Tatum	11	PAQU-CE	1:16.23
199	Kruger, Blake R	11	SWAR-WC	1:24.11	59	Messiter-Tooze, Luna S	14	SLAQ-CP	1:10.30	126	Joubert, Iane	13	ROA-ED	1:16.52
200	Olivier, Simeon	10	PAQU-CE	1:25.33	60	Saayman, Nika D	14	PLAY-CE	1:10.31	127	Du Plessis, Leah	12	PEAS-NM	1:16.56
201	Stenekamp, Keanu	12	ASAC-CP	1:25.95	61	Van Zyl, Liane	12	UPSK	1:10.33	128	Stearn, Hannah	11	INFA-NM	1:16.57
202	Wiener, Will D	11	TYGE-CP	1:36.37	62	Emjedi, Saffiya	12	SAAW-CP	1:10.38	129	Castleden, Sophia K	12	STAQ-CE	1:16.74
#202 Women 19 & Under 100 LC Meter Freestyle					63	De Beer, Isabella C	13	QSAW-CE	1:10.47	130	Theron, Alex	12	CASC-CP	1:16.76
Name	Age	Team	Seed Time		64	Sonnekus, Anya	13	TYGE-CP	1:10.50	131	Loni, Yama	11	INFA-NM	1:17.06
1	Body, Alice Celeste	14	APNL	1:04.18	65	Prins, Tiffany C	14	KTS	1:10.59	132	Scheffer, Shaylee C	10	CASC-CP	1:17.47
2	Havemann, Bella	16	ASAC-CP	1:04.24	66	Heldsinger, Gia	12	SSISA-CP	1:10.65	133	Nieuwoudt, Jenna M	12	SWAR-WC	1:17.61
3	Theron, Jady	18	PLAY-CE	1:04.65	67	Barnard, Adelmari D	15	SWAR-WC	1:10.72	134	Pitout, Addison P	10	ASAC-CP	1:17.88
4	Holthuis, Keilah-Naomi	15	QSAW-CE	1:04.95	68	Robinson, Alana	14	SAAW-CP	1:11.04	135	Jordaan, Mikayla E	12	CASC-CP	1:18.09
5	Santo, Rhanya Espirito	15	APNL	1:05.25	69	Madeley, Amy O	13	ANAX-CP	1:11.05	136	Louw, Yvette H	12	TYGE-CP	1:18.20
6	Fabricius, Kaylin	15	CASC-CP	1:05.48	70	Serfontein, Christi	16	QUIC-CP	1:11.11	137	Strydom, Marli	11	QUIC-CP	1:18.44
7	Parimbelli, Maria Teresa	14	APNL	1:05.59	71	Pahl, Shelly F	13	QUIC-CP	1:11.11	138	Voysey, Ella N	12	VINE-CP	1:18.87
8	Faul, Ellen J	14	QSAW-CE	1:05.65	72	Pohlmann, Sarah	12	BEST-NM	1:11.15	139	Sprong, Jaime M	11	ASAC-CP	1:19.39
9	Senekal, Margo	15	TYGE-CP	1:05.88	73	Van Dyk, Zani	13	ASAC-CP	1:11.19	140	Haldane, Bella	12	FISH-ED	1:19.53
10	Jarvis, Jade	17	SAAW-CP	1:06.15	74	Strydom, Mia	13	INFA-NM	1:11.21	141	Swanepoel, Pia Q	11	ASAC-CP	1:19.66
11	Zeelie, Shanna-Leigh	16	BLMA-CP	1:06.15	75	Wilensky, Mikayla	11	ASAC-CP	1:11.29	142	Hengst, Emily A	11	CASC-CP	1:19.82
12	Van Tromp, Seruby	14	LALE-CE	1:06.16	76	Sadler, Arabella J	13	LEGG-ET	1:11.30	143	Schutzler, Amelia-Rose	12	USC-BU	1:20.26
13	Kuhn, Tamzyn J	15	SAAW-CP	1:06.24	77	McLean, Daniella L	13	PEAS-NM	1:11.35	144	Kuhn, Alexa J	11	CASC-CP	1:20.35
					78	McGluwa, Jovanah N	12	CASC-CP	1:11.39	145	Kalapac, Lexi	12	SLAQ-CP	1:20.58
					79	Charles, Tyla	13	VINE-CP	1:11.63	146	Parker, Leila E	12	SSISA-CP	1:20.64
					80	Murray, Demi J	14	USC-BU	1:11.63	147	Van de Vyver, Mia	12	QSAW-CE	1:20.64

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

Psych Sheet																																																																																																																																																																																																																																																																				
#202 ... (Women 19 & Under 100 LC Meter Freestyle)					35	Spencer, Marcus W	13	CYBE-CP	1:24.64	102	Poultney, Daniel	9	CASC-CP	1:42.78																																																																																																																																																																																																																																																						
148	Kretzmann, Sophie F	11	USC-BU	1:20.84	36	Moodie, Zak	14	BLMA-CP	1:25.08	103	Marais, Ewan E	11	GREY-CP	1:42.83																																																																																																																																																																																																																																																						
149	Smit, Dione	11	CASC-CP	1:20.91	37	De Jager, Eben	13	QSAW-CE	1:25.22	104	Knoetze, Ruben	11	ROA-ED	1:43.60																																																																																																																																																																																																																																																						
150	Daniels, Emily G	11	XCEL-CP	1:21.00	38	Krause, Luke	14	CASC-CP	1:25.58	105	Vermaak, Bo	12	VINE-CP	1:43.70																																																																																																																																																																																																																																																						
151	Thompson, Riley	12	HARL-BU	1:21.12	39	Strydom, Andre N	13	BEST-NM	1:25.71	106	Olivier, Simeon	10	PAQU-CE	1:43.84																																																																																																																																																																																																																																																						
152	Mahlangu, Ndalo	11	BLMA-CP	1:21.34	40	Visser, Wessel M	14	UWCA-CP	1:25.76	107	Coetzee, Tristan R	11	FISH-ED	1:45.46																																																																																																																																																																																																																																																						
153	Van Zyl, Neanè	12	GREY-CP	1:21.46	41	Muller, Lukas D	13	LALE-CE	1:26.10	108	Parr, Riley C	11	KNYA-ED	1:45.56																																																																																																																																																																																																																																																						
154	DU Plessis, Lheané	11	FISH-ED	1:21.81	42	Van Rensburg, Janco	14	TYGE-CP	1:26.18	109	Sebastian, Alexander	11	MANT-CP	1:45.86																																																																																																																																																																																																																																																						
155	van der Mescht, Ava	12	DESA-NM	1:22.20	43	Mostert, Stian	13	FAAC	1:26.47	110	Davenport, Daniel J	11	DESA-NM	1:47.08																																																																																																																																																																																																																																																						
156	Walker, Kayla-Anne	11	CYBE-CP	1:22.30	44	Kleu, Wian M	12	STAQ-CE	1:26.62	111	Kruger, Rikhardt	13	UPSK	1:47.20																																																																																																																																																																																																																																																						
157	Verdon, Leah L	10	VINE-CP	1:22.39	45	Van Dyk, Stephaan	14	BLMA-CP	1:26.71	112	Lötter, Daniel	11	DESA-NM	1:47.73																																																																																																																																																																																																																																																						
158	Tranter, Alexia R	11	SSISA-CP	1:22.44	46	Addinall, Ethan	14	MANT-CP	1:26.84	113	Van der Merwe, Logan	11	TYGE-CP	1:48.08																																																																																																																																																																																																																																																						
159	Van Der Byl, Emily	11	USC-BU	1:22.45	47	Prince, Caleb T	14	BEST-NM	1:26.89	114	Wiener, Will D	11	TYGE-CP	1:48.36																																																																																																																																																																																																																																																						
160	Van Jaarsveld, Bianca I	10	TYGE-CP	1:23.31	48	Willenburg, Elijah K	14	SLAQ-CP	1:27.26	115	van der Merwe, Naude	11	DESA-NM	1:53.16																																																																																																																																																																																																																																																						
161	Barthus, Alessia	12	MANT-CP	1:23.37	49	Opperman, Conrad Willem	10	SEY	1:27.27	116	Delpont, Reynard	11	BEST-NM	1:55.38																																																																																																																																																																																																																																																						
162	Vd Wal, Kaylee	11	CASC-CP	1:25.34	50	Daniels, Joshua D	14	SLAQ-CP	1:27.34	#206 Women 19 & Under 100 LC Meter Breaststroke																																																																																																																																																																																																																																																										
163	Smith, Isabel H	11	HARL-BU	1:26.01	51	Snyders, Reece	14	UWCA-CP	1:27.40																																																																																																																																																																																																																																																											
164	Knott, Cayleigh	11	ASAC-CP	1:26.06	52	Coates, Caleb	13	FISH-ED	1:27.69	<table><tr><th></th><th>Name</th><th>Age</th><th>Team</th><th>Seed Time</th></tr><tr><td>1</td><td>Fabricius, Kaylin</td><td>15</td><td>CASC-CP</td><td>1:24.96</td></tr><tr><td>2</td><td>Serfontein, Christi</td><td>16</td><td>QUIC-CP</td><td>1:24.98</td></tr><tr><td>3</td><td>Heldsinger, Alexa L</td><td>14</td><td>SSISA-CP</td><td>1:25.11</td></tr><tr><td>4</td><td>O'Connor, Kayden C</td><td>14</td><td>PEAS-NM</td><td>1:25.67</td></tr><tr><td>5</td><td>Beetge, Amy</td><td>17</td><td>LALE-CE</td><td>1:25.80</td></tr><tr><td>6</td><td>Pohlmann, Sarah</td><td>12</td><td>BEST-NM</td><td>1:26.11</td></tr><tr><td>7</td><td>Visser, Sandri</td><td>16</td><td>PLAY-CE</td><td>1:26.47</td></tr><tr><td>8</td><td>Corrigan, Cara J</td><td>17</td><td>FISH-ED</td><td>1:26.61</td></tr><tr><td>9</td><td>Latimer, Olivia H</td><td>13</td><td>SAAW-CP</td><td>1:26.73</td></tr><tr><td>10</td><td>Jewell, Chloe I</td><td>16</td><td>PEAS-NM</td><td>1:26.73</td></tr><tr><td>11</td><td>Santos, Neizla Miguela</td><td>16</td><td>APNL</td><td>1:26.91</td></tr><tr><td>12</td><td>Edwards, Reese J</td><td>16</td><td>SSISA-CP</td><td>1:27.10</td></tr><tr><td>13</td><td>Oliver, Isabella</td><td>14</td><td>QSAW-CE</td><td>1:27.26</td></tr><tr><td>14</td><td>De Oliveira, Aliyah</td><td>15</td><td>TYGE-CP</td><td>1:27.31</td></tr><tr><td>15</td><td>Barnard, Adelmar D</td><td>15</td><td>SWAR-WC</td><td>1:27.41</td></tr><tr><td>16</td><td>Kriek, Mila</td><td>18</td><td>QSAW-CE</td><td>1:27.82</td></tr><tr><td>17</td><td>Adams, Sydni M</td><td>15</td><td>VINE-CP</td><td>1:28.02</td></tr><tr><td>18</td><td>Stevens, Judy C</td><td>16</td><td>QUIC-CP</td><td>1:28.13</td></tr><tr><td>19</td><td>Charles, Tyla</td><td>13</td><td>VINE-CP</td><td>1:28.26</td></tr><tr><td>20</td><td>Pretorius, Kara</td><td>12</td><td>SSISA-CP</td><td>1:28.32</td></tr><tr><td>21</td><td>Harper, Maddie I</td><td>14</td><td>KNYA-ED</td><td>1:28.32</td></tr><tr><td>22</td><td>Tsai, Emily A</td><td>16</td><td>BLMA-CP</td><td>1:28.41</td></tr><tr><td>23</td><td>Zhukov, Aleksandra Laris</td><td>17</td><td>APNL</td><td>1:28.65</td></tr><tr><td>24</td><td>Jurgens, Chloe-Leigh</td><td>12</td><td>MANT-CP</td><td>1:28.76</td></tr><tr><td>25</td><td>Mack, Kyrach E</td><td>15</td><td>PEAS-NM</td><td>1:29.05</td></tr><tr><td>26</td><td>Louw, Mali R</td><td>12</td><td>WELL-CE</td><td>1:30.45</td></tr><tr><td>27</td><td>Parimbelli, Maria Teresa</td><td>14</td><td>APNL</td><td>1:30.52</td></tr><tr><td>28</td><td>Pieterse, Haley</td><td>10</td><td>INFA-NM</td><td>1:30.67</td></tr><tr><td>29</td><td>Mauer, Kayden</td><td>14</td><td>USC-BU</td><td>1:30.73</td></tr><tr><td>30</td><td>Kalapac, Lexi</td><td>12</td><td>SLAQ-CP</td><td>1:30.93</td></tr><tr><td>31</td><td>Geldart, Olivia L</td><td>11</td><td>INFA-NM</td><td>1:30.97</td></tr><tr><td>32</td><td>Schou, Lexi</td><td>14</td><td>SFSC-CP</td><td>1:30.99</td></tr><tr><td>33</td><td>Retief, Jane</td><td>13</td><td>LALE-CE</td><td>1:31.16</td></tr><tr><td>34</td><td>Halford, Harper C</td><td>13</td><td>MANT-CP</td><td>1:31.19</td></tr><tr><td>35</td><td>Van Wyk, Josie</td><td>13</td><td>LALE-CE</td><td>1:31.50</td></tr><tr><td>36</td><td>Lottering, Eirley</td><td>13</td><td>USC-BU</td><td>1:31.50</td></tr><tr><td>37</td><td>Röntgen, Carine</td><td>16</td><td>ASAW-CE</td><td>1:31.78</td></tr><tr><td>38</td><td>Bosman, Jessica A</td><td>16</td><td>QUIC-CP</td><td>1:32.07</td></tr><tr><td>39</td><td>Grebe, Ava</td><td>12</td><td>CUHE-OB</td><td>1:32.20</td></tr><tr><td>40</td><td>Newkirk, Gia</td><td>12</td><td>TYGE-CP</td><td>1:32.31</td></tr><tr><td>41</td><td>McAfee, Holly B</td><td>14</td><td>FISH-ED</td><td>1:32.32</td></tr><tr><td>42</td><td>Baillie, Gabi J</td><td>15</td><td>LALE-CE</td><td>1:32.40</td></tr><tr><td>43</td><td>Coetsee, Elke M</td><td>10</td><td>FISH-ED</td><td>1:32.65</td></tr><tr><td>44</td><td>Sadler, Arabella J</td><td>13</td><td>LEGC-ET</td><td>1:32.69</td></tr><tr><td>45</td><td>Robinson, Alana</td><td>14</td><td>SAAW-CP</td><td>1:32.83</td></tr><tr><td>46</td><td>Van Tromp, Seruby</td><td>14</td><td>LALE-CE</td><td>1:33.33</td></tr><tr><td>47</td><td>Loubser, Jenna L</td><td>17</td><td>SLAQ-CP</td><td>1:33.41</td></tr><tr><td>48</td><td>Nixon, Sofia</td><td>13</td><td>VINE-CP</td><td>1:33.49</td></tr><tr><td>49</td><td>Crozier, Emily N</td><td>14</td><td>FAAC</td><td>1:33.73</td></tr></table>		Name	Age	Team	Seed Time	1	Fabricius, Kaylin	15	CASC-CP	1:24.96	2	Serfontein, Christi	16	QUIC-CP	1:24.98	3	Heldsinger, Alexa L	14	SSISA-CP	1:25.11	4	O'Connor, Kayden C	14	PEAS-NM	1:25.67	5	Beetge, Amy	17	LALE-CE	1:25.80	6	Pohlmann, Sarah	12	BEST-NM	1:26.11	7	Visser, Sandri	16	PLAY-CE	1:26.47	8	Corrigan, Cara J	17	FISH-ED	1:26.61	9	Latimer, Olivia H	13	SAAW-CP	1:26.73	10	Jewell, Chloe I	16	PEAS-NM	1:26.73	11	Santos, Neizla Miguela	16	APNL	1:26.91	12	Edwards, Reese J	16	SSISA-CP	1:27.10	13	Oliver, Isabella	14	QSAW-CE	1:27.26	14	De Oliveira, Aliyah	15	TYGE-CP	1:27.31	15	Barnard, Adelmar D	15	SWAR-WC	1:27.41	16	Kriek, Mila	18	QSAW-CE	1:27.82	17	Adams, Sydni M	15	VINE-CP	1:28.02	18	Stevens, Judy C	16	QUIC-CP	1:28.13	19	Charles, Tyla	13	VINE-CP	1:28.26	20	Pretorius, Kara	12	SSISA-CP	1:28.32	21	Harper, Maddie I	14	KNYA-ED	1:28.32	22	Tsai, Emily A	16	BLMA-CP	1:28.41	23	Zhukov, Aleksandra Laris	17	APNL	1:28.65	24	Jurgens, Chloe-Leigh	12	MANT-CP	1:28.76	25	Mack, Kyrach E	15	PEAS-NM	1:29.05	26	Louw, Mali R	12	WELL-CE	1:30.45	27	Parimbelli, Maria Teresa	14	APNL	1:30.52	28	Pieterse, Haley	10	INFA-NM	1:30.67	29	Mauer, Kayden	14	USC-BU	1:30.73	30	Kalapac, Lexi	12	SLAQ-CP	1:30.93	31	Geldart, Olivia L	11	INFA-NM	1:30.97	32	Schou, Lexi	14	SFSC-CP	1:30.99	33	Retief, Jane	13	LALE-CE	1:31.16	34	Halford, Harper C	13	MANT-CP	1:31.19	35	Van Wyk, Josie	13	LALE-CE	1:31.50	36	Lottering, Eirley	13	USC-BU	1:31.50	37	Röntgen, Carine	16	ASAW-CE	1:31.78	38	Bosman, Jessica A	16	QUIC-CP	1:32.07	39	Grebe, Ava	12	CUHE-OB	1:32.20	40	Newkirk, Gia	12	TYGE-CP	1:32.31	41	McAfee, Holly B	14	FISH-ED	1:32.32	42	Baillie, Gabi J	15	LALE-CE	1:32.40	43	Coetsee, Elke M	10	FISH-ED	1:32.65	44	Sadler, Arabella J	13	LEGC-ET	1:32.69	45	Robinson, Alana	14	SAAW-CP	1:32.83	46	Van Tromp, Seruby	14	LALE-CE	1:33.33	47	Loubser, Jenna L	17	SLAQ-CP	1:33.41	48	Nixon, Sofia	13	VINE-CP	1:33.49	49	Crozier, Emily N	14	FAAC	1:33.73
	Name	Age	Team	Seed Time																																																																																																																																																																																																																																																																
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					94	Bond, Ben L	11	ROA-ED	1:39.34																																																																																																																																																																																																																																																											
					95	Lötter, Reuben	13	DESA-NM	1:39.40																																																																																																																																																																																																																																																											
					96	Richter, Joshua C	11	BEST-NM	1:39.80																																																																																																																																																																																																																																																											
					97	Perez Castellano, Emilio	11	TYGE-CP	1:40.26																																																																																																																																																																																																																																																											
					98	Swanepoel, Roehan J	11	BARR-CP	1:40.85																																																																																																																																																																																																																																																											
					99	Kannemeyer, Luan	11	QUIC-CP	1:40.97																																																																																																																																																																																																																																																											
					100	Clark, Alexander L	11	UWCA-CP	1:41.89																																																																																																																																																																																																																																																											
					101	Wetzl, Alex J	11	STAQ-CE	1:42.28																																																																																																																																																																																																																																																											

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

#206 ... (Women 19 & Under 100 LC Meter Breaststroke)					Psych Sheet									
50	McLean, Daniella L	13	PEAS-NM	1:34.29	14	Van der Merwe, Josh E	16	SAAW-CP	2:31.96	81	Odendaal, Riko	12	BARR-CP	3:00.43
51	Palha, Isis Gabriela	13	APNL	1:34.45	15	Raath, Jaedyn K	17	ANAX-CP	2:32.20	82	Spangenberg, Zach A	12	XCEL-CP	3:00.47
52	Ristow, Emma K	12	USC-BU	1:34.56	16	Gilbert, Thomas O	17	SAAW-CP	2:33.01	83	Opperman, Theodore S	12	KTS	3:00.78
53	Heldsinger, Gia	12	SSISA-CP	1:34.94	17	Grobler, Chris I	14	CASC-CP	2:33.16	84	Knoetze, Ruben	11	ROA-ED	3:00.87
54	Normington, Olivia	11	XCEL-CP	1:34.96	18	Southey, Jamie	16	AQDO-CP	2:33.89	85	Heunis, Johan C	11	BARR-CP	3:02.75
55	Castleden, Sophia K	12	STAQ-CE	1:35.08	19	Zhukov, Oleksander Mari	15	APNL	2:34.15	86	Van der Merwe, Logan	11	TYGE-CP	3:02.87
56	Dabrowski, Leah A	11	BLMA-CP	1:35.21	20	De Bruyn, Cornè C	16	ASAC-CP	2:34.30	87	King, Aidan J	12	CASC-CP	3:02.93
57	Christensen, Milla M	12	WELL-CE	1:35.24	21	Wright, Jonah S	14	TYGE-CP	2:34.43	88	Delpont, Reynard	11	BEST-NM	3:03.63
58	Anthony, Jazmin A	12	PAQU-CE	1:35.47	22	Rayne, Leo	16	ASAC-CP	2:34.54	89	Lubbe, Mikael B	12	ASAC-CP	3:04.09
59	Pearson-Adams, Oshun O	12	SAAW-CP	1:35.95	23	Opperman, Cornelius Joh	13	SEY	2:35.38	90	Poultney, Daniel	9	CASC-CP	3:04.99
60	Welsh, Stacey A	14	BEST-NM	1:35.95	24	Poggenpoel, Troy J	15	SSISA-CP	2:35.51	91	Stenekamp, Keanu	12	ASAC-CP	3:05.46
61	Venter, Ané	11	FISH-ED	1:36.14	25	Lichthart, Nicus	14	QUIC-CP	2:35.82	92	Orffer, Llewellyn	12	UPSK	3:05.52
62	DU Plessis, Lheané	11	FISH-ED	1:36.77	26	Nagendrakumar, Puneet	14	SLAQ-CP	2:35.99	93	Fouche, Jack	13	CASC-CP	3:05.66
63	Hendricks, Jada	12	TYGE-CP	1:36.98	27	Field, Joshua J	15	SAAW-CP	2:36.53	94	Harder, Callum R	11	VINE-CP	3:07.54
64	Guimaraes, Carolina Roch	12	APNL	1:37.20	28	Beukes, Jaden L	15	WALM-CP	2:36.78	95	Abrie, Ryn J	13	CUHE-OB	3:07.83
65	Strydom, Marli	11	QUIC-CP	1:37.40	29	De Jager, Nathan B	16	ASAC-CP	2:37.11	96	Comotti, Leonardo	10	APNL	3:07.89
66	Smith, Isabel H	11	HARL-BU	1:37.51	30	He Witt-Smook, Kristian	17	SWAR-WC	2:38.07	97	Hattingh, Theodor S	11	FAAC	3:08.90
67	Stearn, Hannah	11	INFA-NM	1:37.59	31	Strydom, Luan	16	TYGE-CP	2:39.24	98	Rossouw, Marais	11	QUIC-CP	3:08.91
68	Van Zyl, Neanè	12	GREY-CP	1:37.66	32	Hodge, Cameron P	14	LALE-CE	2:39.53	99	van der Westhuizen, Anri	11	INFA-NM	3:10.23
69	Strydom, Mia	13	INFA-NM	1:37.70	33	Fortune, Yaseen	14	MANT-CP	2:39.80	100	Lötter, Daniel	11	DESA-NM	3:10.67
70	Kempson, Savannah	11	APNL	1:37.91	34	Vd Merwe, Thomas	15	LALE-CE	2:40.36	101	Fouche, Ryan	10	CASC-CP	3:11.77
71	Voysey, Ella N	12	VINE-CP	1:38.09	35	Lewis, Callum R	14	CASC-CP	2:40.51	102	Sebastian, Alexander	11	MANT-CP	3:11.78
72	Butau, Mila T	11	BEST-NM	1:38.22	36	van Wyk, Tariq K	14	CASC-CP	2:40.67	103	Swartz, Seth J	11	TYGE-CP	3:12.20
73	Gerber, Kayla M	12	STAQ-CE	1:38.33	37	Martin, Alzhario	17	UWCA-CP	2:40.73	104	Marais, Ewan E	11	GREY-CP	3:12.44
74	Haldane, Bella	12	FISH-ED	1:38.53	38	Van Onselen, Pierre S	12	TYGE-CP	2:42.85	105	Naude, Niel P	10	AGAQ-OB	3:13.25
75	Schutzler, Amelia-Rose	12	USC-BU	1:38.58	39	Heunis, Le Roux	13	TYGE-CP	2:43.01	106	Kannemeyer, Luan	11	QUIC-CP	3:13.53
76	Onkruid, Gianna R	11	UWCA-CP	1:38.84	40	Van der Westhuizen, Luk	14	EVO-CP	2:43.28	107	Desai, Rohin T	11	SAAW-CP	3:14.94
77	Du Plessis, Leah	12	PEAS-NM	1:38.90	41	Steyn, Harry	11	CASC-CP	2:43.92	108	van der Merwe, Naude	11	DESA-NM	3:15.17
78	Botha, Rebecca P	13	CASC-CP	1:39.51	42	Mallin, Lukas	11	SAAW-CP	2:44.37	109	Kruger, Blake R	11	SWAR-WC	3:15.27
79	Schemel, Leah I	11	HARL-BU	1:39.59	43	Jooste, Ben D	13	CUHE-OB	2:44.45	#208 Women 19 & Under 200 LC Meter Backstroke				
80	Olivier, Gianna G	11	PAQU-CE	1:39.79	44	Wenn, Josiah	14	ASAC-CP	2:46.09	Name	Age	Team	Seed Time	
81	Mfabé, Zingce Z	12	USC-BU	1:40.34	45	Kasselman, Juan	13	RBOT-BP	2:46.65	1	Rossouw, Emma M	16	TYGE-CP	2:36.63
82	Pretorius, Mariné	14	UPSK	1:40.61	46	Cook, Jedd R	14	USC-BU	2:47.03	2	Zeelie, Shanna-Leigh	16	BLMA-CP	2:38.29
83	Ras, Annabelle	11	QUIC-CP	1:41.05	47	February, Dillon S	12	CASC-CP	2:47.09	3	Riley, Logan	14	CASC-CP	2:39.34
84	Lloyd, Jemma A	12	VINE-CP	1:41.05	48	Addinall, Ethan	14	MANT-CP	2:47.46	4	Jantzen, Zianè	15	QUIC-CP	2:40.31
85	Haynes-Smart, Kaitlyn	12	VINE-CP	1:41.13	49	Schabott, Lowen	11	QSAW-CE	2:47.52	5	Fourie, Petro Marié	19	LALE-CE	2:40.32
86	Du Preez, Kyra J	11	USC-BU	1:41.25	50	Ramorwesi, Oratilwe M	13	SAAW-CP	2:47.67	6	Murray, Demi J	14	USC-BU	2:40.67
87	Joubert, Iane	13	ROA-ED	1:41.62	51	Harvey, Waylon	13	CYBE-CP	2:47.88	7	Santo, Rhanya Espirito	15	APNL	2:41.80
88	Koegelenberg, Emily	12	XCEL-CP	1:41.97	52	Troskie, Roean	13	QUIC-CP	2:49.62	8	Vd Merwe, Mia	15	ASAC-CP	2:43.35
89	Benade, Aria	10	SAAW-CP	1:42.70	53	Lötter, Reuben	13	DESA-NM	2:50.19	9	Senekal, Margo	15	TYGE-CP	2:43.92
90	Verdon, Leah L	10	VINE-CP	1:42.96	54	Akinci, Can Batu	13	VINE-CP	2:50.64	10	Knott, Cayleigh	11	ASAC-CP	2:44.59
91	Louw, Yvette H	12	TYGE-CP	1:43.05	55	Shipton, Christopher J	13	QUIC-CP	2:50.76	11	Burger, Juanè	14	TYGE-CP	2:44.73
92	Engelbrecht, Zia-Bella L	11	HTSA-CP	1:43.47	56	Schoeman, Mateo J	11	QSAW-CE	2:51.16	12	Dabrowski, Leah A	11	BLMA-CP	2:44.75
93	Mahlangu, Ndalo	11	BLMA-CP	1:43.72	57	Wessels, Connor M	14	BLMA-CP	2:51.39	13	Nienaber, Mila J	13	QSAW-CE	2:45.14
94	Emjedi, Saffiya	12	SAAW-CP	1:44.16	58	VerLoren Van Themaat, H	13	LALE-CE	2:52.17	14	Kuhn, Tamzyn J	15	SAAW-CP	2:45.29
95	De Jager, Isabella	10	QSAW-CE	1:45.91	59	Visser, Wessel M	14	UWCA-CP	2:52.66	15	De Oliveira, Aliyah	15	TYGE-CP	2:45.60
96	Beyers, Lize M	11	AGAQ-OB	1:46.68	60	Opperman, Conrad Willer	10	SEY	2:53.19	16	Stevens, Judy C	16	QUIC-CP	2:45.63
97	Barthus, Alessia	12	MANT-CP	1:50.91	61	Breebaart, Matthew	10	CASC-CP	2:53.24	17	O'Carroll, Nia E	14	STAQ-CE	2:45.76
98	Makore, Bona M	11	ASAC-CP	1:52.38	62	Joubert, Wian	13	QUIC-CP	2:53.65	18	Louw, Alexa	17	BLMA-CP	2:46.57
#207 Men 19 & Under 200 LC Meter Backstroke					63	Richter, Joshua C	11	BEST-NM	2:53.80	19	Basson, Lenè	14	CLA-WC	2:46.71
Name	Age	Team	Seed Time	64	Fortune, Hakeem	13	MANT-CP	2:54.00	20	Blake, Abi E	15	CASC-CP	2:47.45	
1	Njoroge, Alphonse	15	CASC-CP	2:22.37	65	Gamiel dien, Idreess	14	MARL-CP	2:54.00	21	Kleynhans, Sian	15	FISH-ED	2:47.46
2	Blauw, Tyriq D	16	TYGE-CP	2:22.66	66	Du Randt, Zack S	13	TYGE-CP	2:54.17	22	Christie, Laila A	12	USC-BU	2:47.85
3	Breet, Dawie-Louw L	17	PLAY-CE	2:22.86	67	Schemel, Brody L	12	HARL-BU	2:55.24	23	Baillie, Gabi J	15	LALE-CE	2:48.18
4	Lombard, Kyle M	17	CASC-CP	2:27.23	68	Lewis, Amaru C	12	PAQU-CE	2:55.71	24	Cronjé, Miané	14	FISH-ED	2:48.18
5	Viljoen, Jaden R	16	ASAC-CP	2:28.48	69	Serfontein, John-Lourens	11	ROA-ED	2:56.37	25	Thirsk, Savannah	13	TYGE-CP	2:48.47
6	Williams, Evan B	15	SSISA-CP	2:29.17	70	Conradie, D'Niel	13	ASAW-CE	2:56.43	26	De Beer, Isabella C	13	QSAW-CE	2:48.54
7	Moolman, Carter S	16	MANT-CP	2:30.09	71	Froneman, Dylan R	13	BLMA-CP	2:56.76	27	Madeley, Amy O	13	ANAX-CP	2:49.27
8	Grovè, Daniël	15	CUHE-OB	2:30.31	72	Joyce, Guy	11	CASC-CP	2:56.86	28	Olivier, Gianna G	11	PAQU-CE	2:50.42
9	Arnott, Carter J	16	ASAC-CP	2:30.55	73	Hattingh, Ben	14	FAAC	2:56.91	29	Saayman, Nika D	14	PLAY-CE	2:51.49
10	Den Haan, Stèfan	18	QUIC-CP	2:30.62	74	Hucke, Tegan	13	SAAW-CP	2:57.22	30	Stevenson, Mikayla	12	QUIC-CP	2:51.62
11	Sheard, Dylan J	17	PEAS-NM	2:31.06	75	Pieterse, Adriaan	10	DESA-NM	2:57.23	31	Vd Westhuizen, Joy	17	AQDO-CP	2:51.62
12	Coetzee, Sion M	14	QUIC-CP	2:31.51	76	Louw, James	12	VINE-CP	2:58.03	32	Rinquest, Taaliah	17	MARL-CP	2:51.81
13	Andrews, Carl R	15	PEAS-NM	2:31.85	77	Gerber, Luke M	11	CASC-CP	2:58.32	33	Pieterse, Abby L	15	INFA-NM	2:51.83
				78	Lamminga, Jack	13	CLA-WC	2:59.25	34	Robinson, Alana	14	SAAW-CP	2:52.21	
				79	Pieterse, Nicholas N	11	STAQ-CE	2:59.59	35	Myers, Kirsten E	14	SSISA-CP	2:52.22	
				80	Kuhn, Adrian-Brand	10	CASC-CP	3:00.21						

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

Psych Sheet			
#208 ... (Women 19 & Under 200 LC Meter Backstroke)			
36	Welsh, Stacey A	14	BEST-NM 2:52.52
37	Van Dyk, Zani	13	ASAC-CP 2:53.56
38	Delport, Milla	16	PEAS-NM 2:53.71
39	Bosman, Jessica A	16	QUIC-CP 2:53.92
40	Messiter-Tooze, Luna S	14	SLAQ-CP 2:55.16
41	Prins, Tiffany C	14	KTS 2:55.31
42	Coetzee, Marli	13	CASC-CP 2:55.64
43	Kröger, Sammy	13	BARR-CP 2:55.80
44	Gullan, Sophia	12	VINE-CP 2:56.34
45	Nel, Olivia	12	CLA-WC 2:56.35
46	Joubert, Iane	13	ROA-ED 2:57.57
47	Kruger, Livvy	11	PLAY-CE 2:57.57
48	Pearson-Adams, Oshun O	12	SAAW-CP 2:57.61
49	Johnson, Ella J	11	SAAW-CP 2:57.62
50	Van Tromp, Seruby	14	LALE-CE 2:57.89
51	Sonnekus, Anya	13	TYGE-CP 2:58.01
52	McLean, Daniella L	13	PEAS-NM 2:58.27
53	Avenant, Ankia	14	UPSK 2:58.35
54	McGluwa, Jovanah N	12	CASC-CP 2:59.02
55	Lourens, Mia	13	CASC-CP 2:59.30
56	Haldane, Bella	12	FISH-ED 2:59.47
57	Koegelenberg, Emily	12	XCEL-CP 2:59.54
58	Normington, Olivia	11	XCEL-CP 2:59.61
59	Jordaan, Mikayla E	12	CASC-CP 3:00.87
60	Lloyd, Jemma A	12	VINE-CP 3:01.64
61	Joubert, Liandi	13	USC-BU 3:01.81
62	Tranter, Alexia R	11	SSISA-CP 3:02.18
63	Barnes, Caitlin M	12	SAAW-CP 3:02.40
64	Malan, Lua B	12	WELL-CE 3:02.64
65	Kretzmann, Sophie F	11	USC-BU 3:02.71
66	Butau, Mila T	11	BEST-NM 3:03.49
67	Emjedi, Saffiya	12	SAAW-CP 3:04.21
68	Tembo, Noku L	12	KNYA-ED 3:05.29
69	March, Gea A	12	UPSK 3:06.56
70	Van Zyl, Liane	12	UPSK 3:07.68
71	Smit, Dione	11	CASC-CP 3:08.83
72	Parker, Leila E	12	SSISA-CP 3:09.15
73	Hengst, Emily A	11	CASC-CP 3:09.49
74	Venter, Ané	11	FISH-ED 3:09.68
75	Barthus, Alessia	12	MANT-CP 3:09.81
76	Daniels, Emily G	11	XCEL-CP 3:10.19
77	Harper, Maddie I	14	KNYA-ED 3:10.44
78	Strydom, Marli	11	QUIC-CP 3:10.77
79	Nieuwoudt, Jenna M	12	SWAR-WC 3:10.78
80	Haynes-Smart, Kaitlyn	12	VINE-CP 3:10.96
81	Beyers, Lize M	11	AGAQ-OB 3:11.06
82	Scheffer, Shaylee C	10	CASC-CP 3:11.30
83	Sprong, Jaime M	11	ASAC-CP 3:13.02
84	Kleynhans, Kayla	12	ROA-ED 3:13.84
85	Botha, Rebecca P	13	CASC-CP 3:14.09
86	Vd Wal, Kaylee	11	CASC-CP 3:14.82
87	Van Jaarsveld, Bianca I	10	TYGE-CP 3:15.08
88	Kuhn, Alexa J	11	CASC-CP 3:16.27
89	Engelbrecht, Zia-Bella L	11	HTSA-CP 3:18.29
90	Ras, Annabelle	11	QUIC-CP 3:18.55
91	van der Mescht, Ava	12	DESA-NM 3:19.35
92	Pretorius, Mariné	14	UPSK 3:20.26
93	Adams, Ella	12	TYGE-CP 3:29.50
94	DU Plessis, Lheané	11	FISH-ED 3:54.11
#209 Men 99 & Under 50 LC Meter Backstroke Multi-Class			
Name	Age	Team	Seed Time
1 Pardoe, James N	13	SSISA-CP	36.63
2 Hartwig, Connor M	13	HARL-BU	54.74
#210 Women 99 & Under 50 LC Meter Backstroke Multi-Cl			
Name	Age	Team	Seed Time
1 Pienaar, Carli	11	CLA-WC	1:08.41
#211 Men 19 & Under 100 LC Meter Butterfly			
Name	Age	Team	Seed Time
1 Beukes, Mateo A	19	WALM-CP	1:01.63
2 Moolman, Carter S	16	MANT-CP	1:02.72
3 Pedro, Tamkeen	17	WALM-CP	1:02.81
4 Das Neves, Lucas P	15	TYGE-CP	1:02.89
5 Germishuys, Liam J	15	QSAW-CE	1:03.00
6 Engelbrecht, Ruben J	17	PLAY-CE	1:03.49
7 Kalapac, Joshua	16	SLAQ-CP	1:03.68
8 Alexander, Ammaar	17	MARL-CP	1:03.73
9 Basson, Lucca N	15	SFSC-CP	1:03.77
10 Pincente, Matthew	17	SAAW-CP	1:04.44
11 Kleinhans, Kyle	18	SSISA-CP	1:04.47
12 Breet, Dawie-Louw L	17	PLAY-CE	1:04.48
13 Gilbert, Thomas O	17	SAAW-CP	1:05.31
14 Solomon, Ethan	16	AQDO-CP	1:05.33
15 Pullock, Sam J	15	CUHE-OB	1:05.40
16 Copteros, Ilyo B	17	PEAS-NM	1:05.41
17 Dupper, Leon H	16	INFA-NM	1:05.69
18 Liedeman, Mark	15	SWAR-WC	1:05.72
19 Beukes, Jaden L	15	WALM-CP	1:06.32
20 Hendricks, Joshua	18	CASC-CP	1:06.47
21 Schreuder, Steffen	17	ASAW-CE	1:06.48
22 Sousa, Guilherme Machac	16	APNL	1:06.80
23 Jenkins, Finn R	15	PEAS-NM	1:06.86
24 Van Der Merwe, Ula W	17	KNYA-ED	1:07.09
25 van Staden, Mika L	15	AQUA-BU	1:07.66
26 Martin, Alzhario	17	UWCA-CP	1:07.73
27 Allott, Jack R	16	AACTA-CP	1:08.28
28 Steyl, Douw L	18	UPSK	1:08.30
29 Zellie, Thomas J	17	SAAW-CP	1:08.39
30 Booth, Jake J	14	VIKI-BU	1:08.40
31 Thompson, Cameron G	16	HARL-BU	1:08.42
32 Blauw, Tyriq D	16	TYGE-CP	1:08.51
33 Manuel, Silverio Fernand	16	APNL	1:09.15
34 Zungu, Sinothando	16	VIKI-BU	1:09.52
35 van Wyk, Tariq K	14	CASC-CP	1:11.17
36 Francis, Ethan	13	MARL-CP	1:13.19
37 Bothma, Ryan	13	KSTAR-ED	1:13.53
38 Weber, Daniel	13	PLAY-CE	1:13.64
39 Spencer, Marcus W	13	CYBE-CP	1:13.79
40 Coates, Caleb	13	FISH-ED	1:13.79
41 Njoroge, Alphonse	15	CASC-CP	1:14.32
42 Samsodien, Saaligh S	14	MARL-CP	1:15.03
43 Walther-Kotzé, Leon C	14	ASAC-CP	1:15.04
44 Jooste, Ben D	13	CUHE-OB	1:15.54
45 Lichthart, Nicus	14	QUIC-CP	1:15.68
46 Visser, Wessel M	14	UWCA-CP	1:15.95
47 Niemand, Leo	13	CYBE-CP	1:16.40
48 Townsend, Lucan D	16	ASAC-CP	1:17.04
49 Hattingh, Ben	14	FAAC	1:17.04
50 Viljoen, Jagger F	12	ASAC-CP	1:17.17
51 Titus, Brody	12	PAQU-CE	1:17.90
52 Ramorwesi, Oratilwe M	13	SAAW-CP	1:18.05
53 Schabort, Lowen	11	QSAW-CE	1:18.58
54 Janse van Rensburg, Dani	13	BARR-CP	1:19.00
55 Strydom, Andre N	13	BEST-NM	1:20.02
56 Prince, Caleb T	14	BEST-NM	1:20.04
57 De Jager, Eben	13	QSAW-CE	1:20.38
58 Mallin, Lukas	11	SAAW-CP	1:20.70
59 Steyn, Harry	11	CASC-CP	1:21.00
60 Kleinsmith, David	13	CASC-CP	1:21.23
61 Stander, Christiaan L	12	ASAW-CE	1:21.35
62 Simpson, Jesse	16	CASC-CP	1:22.57
63 February, Dillon S	12	CASC-CP	1:22.87
64 Kruger, Rikhardt	13	UPSK	1:23.22
65 Cook, Jedd R	14	USC-BU	1:23.78
66 Jacobs, Seth G	12	MANT-CP	1:23.97
67 Theunissen, Jude E	12	BEST-NM	1:24.01
68 Richter, Joshua C	11	BEST-NM	1:25.16
69 Orffer, Llewellyn	12	UPSK	1:25.23
70 Van der Merwe, Logan	11	TYGE-CP	1:26.09
71 Akinci, Can Batu	13	VINE-CP	1:26.89
72 Spangenberg, Zach A	12	XCEL-CP	1:27.54
73 Forsythe, Declan J	11	INFA-NM	1:29.50
74 Lewis, Amaru C	12	PAQU-CE	1:29.59
75 Pieterse, Adriaan	10	DESA-NM	1:32.12
76 Marais, Ewan E	11	GREY-CP	1:32.59
77 Odendaal, Riko	12	BARR-CP	1:33.97
78 Opperman, Theodore S	12	KTS	1:34.00
79 Heunis, Johan C	11	BARR-CP	1:34.82
80 Stow, David-John	11	INFA-NM	1:35.93
81 Gerber, Luke M	11	CASC-CP	1:36.70
82 Fouche, Ryan	10	CASC-CP	1:40.53
83 Davenport, Daniel J	11	DESA-NM	1:41.23
84 Kuhn, Adrian-Brand	10	CASC-CP	1:41.71
85 Lubbe, Mikael B	12	ASAC-CP	1:43.02
#212 Women 19 & Under 100 LC Meter Butterfly			
Name	Age	Team	Seed Time
1 Jantzen, Zianè	15	QUIC-CP	1:13.58
2 Vd Westhuizen, Joy	17	AQDO-CP	1:15.70
3 Faul, Ellen J	14	QSAW-CE	1:16.45
4 Jarvis, Jade	17	SAAW-CP	1:16.53
5 Blake, Abi E	15	CASC-CP	1:16.55
6 Zeelie, Shanna-Leigh	16	BLMA-CP	1:17.34
7 March, Gea A	12	UPSK	1:18.27
8 Body, Alice Celeste	14	APNL	1:18.38
9 Burger, Juanè	14	TYGE-CP	1:18.74
10 Rinquest, Taaliah	17	MARL-CP	1:20.39
11 Johnson, Ella J	11	SAAW-CP	1:20.59
12 Jordaan, Mikayla E	12	CASC-CP	1:20.95
13 Fabricius, Kaylin	15	CASC-CP	1:21.30
14 Wilson, Samantha	11	INFA-NM	1:21.32
15 White, Rebecca M	16	SSISA-CP	1:21.92
16 Wilensky, Mikayla	11	ASAC-CP	1:22.13
17 Riley, Logan	14	CASC-CP	1:22.44
18 Pahl, Shelly F	13	QUIC-CP	1:24.15
19 Sonnekus, Anya	13	TYGE-CP	1:24.19
20 Pieterse, Haley	10	INFA-NM	1:24.41
21 O'Connor, Kayden C	14	PEAS-NM	1:24.47
22 Madeley, Amy O	13	ANAX-CP	1:25.15
23 Anthony, Jazmin A	12	PAQU-CE	1:25.58
24 Van Zyl, Liane	12	UPSK	1:25.67
25 McGluwa, Jovanah N	12	CASC-CP	1:25.89
26 Nienaber, Mila J	13	QSAW-CE	1:26.84
27 Strydom, Mia	13	INFA-NM	1:28.46
28 Kuhn, Alexa J	11	CASC-CP	1:29.08
29 Mfabe, Zingce Z	12	USC-BU	1:29.11
30 Normington, Olivia	11	XCEL-CP	1:29.31
31 Butau, Mila T	11	BEST-NM	1:29.63
32 Avenant, Ankia	14	UPSK	1:29.68
33 Terwin, Brooklyn	12	USC-BU	1:30.82
34 Van de Vyver, Mia	12	QSAW-CE	1:30.93
35 Adams, Tatum	11	PAQU-CE	1:31.36
36 Sprong, Jaime M	11	ASAC-CP	1:31.79
37 Lourens, Mia	13	CASC-CP	1:32.10
38 Thompson, Riley	12	HARL-BU	1:32.58
39 Ristow, Emma K	12	USC-BU	1:32.72

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

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#212 ... (Women 19 & Under 100 LC Meter Butterfly)

40	Mauer, Kayden	14	USC-BU	1:33.23
41	Du Preez, Kyra J	11	USC-BU	1:33.28
42	Swanepoel, Pia Q	11	ASAC-CP	1:34.14
43	Van Der Byl, Emily	11	USC-BU	1:34.18
44	Olivier, Gianna G	11	PAQU-CE	1:34.38
45	Pitout, Addison P	10	ASAC-CP	1:35.04
46	Perrins, Hayden	11	GREY-CP	1:35.34
47	Tembo, Noku L	12	KNYA-ED	1:35.83
48	Cupido, Kirsten	12	CYBE-CP	1:37.42
49	Newkirk, Gia	12	TYGE-CP	1:37.64
50	Koegelenberg, Emily	12	XCEL-CP	1:37.92
51	Strydom, Marli	11	QUIC-CP	1:38.68
52	Venter, Ané	11	FISH-ED	1:40.92
53	Louw, Mali R	12	WELL-CE	1:41.95
54	Van Jaarsveld, Bianca I	10	TYGE-CP	1:43.14
55	Walker, Kayla-Anne	11	CYBE-CP	1:44.00
56	Loni, Yama	11	INFA-NM	1:44.40
57	Daniels, Emily G	11	XCEL-CP	1:56.55

#213 Men 12 & Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1 CASC-CP	M12 A	4:46.77
Breebaart, Matthew 10	Joyce, Guy 11	
Steyn, Harry 11	February, Dillon S 12	
2 SAAW-CP	M12 A	4:47.68
Mallin, Lukas 11	Desai, Rohin T 11	
Laufs, Connor R 12	Law Hing Choy, Flynn M 11	
3 ROA-ED	M12 A	4:58.49
Knoetze, Ruben 11	Van Wyngaard, Daniël C 11	
Bond, Ben L 11	Serfontein, John-Lourens 1	
4 TYGE-CP	M12 A	5:01.32
Perez Castellano, Emilio 11	Swartz, Seth J 11	
Van der Merwe, Logan 11	Van Onselen, Pierre S 12	
5 VINE-CP	M12 A	5:15.22
Kenmuir, Ethan 12	Harder, Callum R 11	
Lange, Oliver 11	Louw, James 12	

#214 Women 12 & Under 4x100 LC Meter Freestyle Relay 4 X

Team	Relay	Seed Time
1 INFA-NM	W12 A	4:42.28
Pieterse, Haley 10	Stearn, Hannah 11	
Wilson, Samantha 11	Geldart, Olivia L 11	
2 SAAW-CP	W12 A	4:47.34
Johnson, Ella J 11	Pearson-Adams, Oshun O 1	
Barnes, Caitlin M 12	Emjedi, Saffiya 12	
3 VINE-CP	W12 A	4:58.03
Haynes-Smart, Kaitlyn 12	Lloyd, Jemma A 12	
Gullan, Sophia 12	Voysey, Ella N 12	
4 USC-BU	W12 A	4:58.98
Terwin, Brooklyn 12	Schutzler, Amelia-Rose 12	
Mfabe, Zingce Z 12	Christie, Laila A 12	
5 CASC-CP	W12 A	5:03.71
Jordaan, Mikayla E 12	McGluwa, Jovanah N 12	
Theron, Alex 12	Scheffer, Shaylee C 10	
6 SSISA-CP	W12 A	5:08.51
Heldsinger, Gia 12	Pretorius, Kara 12	
Tranter, Alexia R 11	Parker, Leila E 12	
7 TYGE-CP	W12 A	5:10.86
Adams, Ella 12	Van Jaarsveld, Bianca I 10	
Newkirk, Gia 12	Hendricks, Jada 12	
8 ASAC-CP	W12 A	5:11.66
Makore, Bona M 11	Pitout, Addison P 10	
Sprong, Jaime M 11	Swanepoel, Pia Q 11	
9 FISH-ED	W12 A	5:13.38
Haldane, Bella 12	Venter, Ané 11	
DU Plessis, Lheané 11	Coetsee, Elke M 10	

#215 Men 13-15 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1 LALE-CE	A	4:13.21
VerLoren Van Themaat, Hei	Hodge, Cameron P 14	
Muller, Lukas D 13	Vd Merwe, Thomas 15	
2 CASC-CP	A	4:16.69
van Wyk, Tariq K 14	Krause, Luke 14	
Grobler, Chris I 14	Njoroge, Alphonse 15	
3 TYGE-CP	A	4:20.16
Wright, Jonah S 14	Heunis, Le Roux 13	
Du Randt, Zack S 13	Das Neves, Lucas P 15	
4 BLMA-CP	A	4:23.10
Van Dyk, Stephaan 14	Froneman, Dylan R 13	
Wessels, Connor M 14	Coleman, Travis 13	
5 MARL-CP	A	4:27.54
Francis, Ethan 13	Gamieldien, Idreess 14	
Gomez, Alex W 14	Samsodien, Saaligh S 14	
6 CYBE-CP	A	4:30.00
Spencer, Charles A 15	Spencer, Marcus W 13	
Sampson, Zac 13	Niemand, Leo 13	
7 MANT-CP	A	4:44.73
Fortune, Yaseen 14	Fortune, Hakeem 13	
Addinall, Ethan 14	Jacobs, Seth G 12	
8 SAAW-CP	A	4:48.87
Field, Joshua J 15	Hucke, Tegan 13	
Ramorwesi, Oratilwe M 13	Bendixen, Vidar R 12	
9 ASAC-CP	A	4:58.95
Pitout, Zachary J 13	Viljoen, Jagger F 12	
Maughan, Patrick F 12	Lubbe, Mikael B 12	
10 BARR-CP	A	5:05.48
Janse van Rensburg, Daniël	Swanepoel, Roehan J 11	
Heunis, Johan C 11	Odendaal, Riko 12	

#216 Women 13-15 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1 CASC-CP	A	4:28.93
Botha, Rebecca P 13	Blake, Abi E 15	
Fabricius, Kaylin 15	Riley, Logan 14	
2 TYGE-CP	A	4:33.90
Burger, Juanè 14	Sonnekus, Anya 13	
Otterbach, Lily 14	Senekal, Margo 15	
3 LALE-CE	A	4:36.05
Van Wyk, Josie 13	Retief, Jane 13	
Bircher, Storm Z 13	Van Tromp, Seruby 14	
4 VINE-CP	A	4:38.61
Nixon, Sofia 13	Charles, Tyla 13	
Goldman, Jasmine 14	Adams, Sydni M 15	
5 ASAC-CP	A	4:40.68
Longueira, Ava L 12	Wilensky, Mikayla 11	
Van Dyk, Zani 13	Vd Merwe, Mia 15	
6 SAAW-CP	A	4:55.08
Kuhn, Tamzyn J 15	Robinson, Alana 14	
Latimer, Olivia H 13	Benade, Aria 10	
7 PEAS-NM	A	4:59.57
Strong, Ava J 15	O'Connor, Kayden C 14	
McLean, Daniella L 13	Mack, Kyrrah E 15	

#217 Men 16-19 4x100 LC Meter Freestyle Relay 4 X 100 F

Team	Relay	Seed Time
1 ASAC-CP	A	3:53.79
Viljoen, Jaden R 16	De Jager, Nathan B 16	
De Bruyn, Cornè C 16	Arnott, Carter J 16	
2 SAAW-CP	A	3:54.49
Zellie, Thomas J 17	Pincente, Matthew 17	
Van der Merwe, Josh E 16	Gilbert, Thomas O 17	
3 PEAS-NM	A	4:09.12
Hlangothi, Munguni S 17	Copteros, Ilyo B 17	
Sheard, Dylan J 17	Nash, Daniel A 17	

4 WALM-CP	A	4:09.71
Beukes, Mateo A 19	Pedro, Tamkeen 17	
Beukes, Jaden L 15	Pedro, Maahier 13	
5 SLAQ-CP	A	4:10.17
Kalapac, Joshua 16	Willenburg, Elijah K 14	
Nagendrakumar, Puneet 14	Daniels, Joshua D 14	
6 SSISA-CP	A	4:14.03
Kleinhans, Kyle 18	Pardoe, James N 13	
Poggenpoel, Troy J 15	Williams, Evan B 15	
7 CASC-CP	A	4:15.55
Simpson, Jesse 16	Smith, Tristan A 15	
Lombard, Kyle M 17	Hendricks, Joshua 18	

#218 Women 16-19 4x100 LC Meter Freestyle Relay 4 X 10

Team	Relay	Seed Time
1 BLMA-CP	A	4:35.66
Tsai, Emily A 16	Louw, Alexa 17	
Dabrowski, Leah A 11	Zeelie, Shanna-Leigh 16	
2 UPSK	A	4:41.20
Avenant, Ankia 14	March, Gea A 12	
Pretorius, Mariné 14	Van Zyl, Liane 12	

#301 Men 19 & Under 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Jenkins, Finn R	15	PEAS-NM	2:03.78
2 Zellie, Thomas J	17	SAAW-CP	2:06.80
3 Brooker, Matthew W	17	AACTA-CP	2:07.01
4 Solomon, Ethan	16	AQDO-CP	2:09.08
5 Basson, Lucca N	15	SFSC-CP	2:09.15
6 Van Der Merwe, Ula W	17	KNYA-ED	2:09.15
7 Kalapac, Joshua	16	SLAQ-CP	2:09.39
8 Dupper, Leon H	16	INFA-NM	2:09.59
9 Sousa, Guilherme Machac	16	APNL	2:09.68
10 Arnott, Carter J	16	ASAC-CP	2:11.03
11 Allott, Jack R	16	AACTA-CP	2:11.28
12 Spencer, Charles A	15	CYBE-CP	2:11.32
13 Beukes, Mateo A	19	WALM-CP	2:12.24
14 Lombard, Kyle M	17	CASC-CP	2:12.25
15 Atkinson, Samuel A	16	SWAR-WC	2:12.43
16 Vd Merwe, Thomas	15	LALE-CE	2:12.65
17 Boonzaaier, Simon F	18	ASAW-CE	2:13.06
18 Eilers, De-Anzo C	18	KALA	2:13.31
19 Walker, Yohan G	16	VINE-CP	2:13.36
20 Pullock, Sam J	15	CUHE-OB	2:13.49
21 Das Neves, Lucas P	15	TYGE-CP	2:14.35
22 Rayne, Leo	16	ASAC-CP	2:14.44
23 Viljoen, Jaden R	16	ASAC-CP	2:14.63
24 Williams, Evan B	15	SSISA-CP	2:15.00
25 Steyl, Douw L	18	UPSK	2:15.32
26 Witbooi, Reinhardt J	18	STAQ-CE	2:15.94
27 Wright, Jonah S	14	TYGE-CP	2:16.08
28 Schreuder, Steffen	17	ASAW-CE	2:16.27
29 De Bruyn, Cornè C	16	ASAC-CP	2:17.19
30 De Jager, Nathan B	16	ASAC-CP	2:17.31
31 Mansfield, Luke T	15	STAQ-CE	2:17.35
32 Copteros, Ilyo B	17	PEAS-NM	2:17.41
33 Thompson, Cameron G	16	HARL-BU	2:17.58
34 Southey, Jamie	16	AQDO-CP	2:17.79
35 Sheard, Dylan J	17	PEAS-NM	2:17.97
36 Njoroge, Alphonse	15	CASC-CP	2:19.54
37 Lichthart, Nicus	14	QUIC-CP	2:19.83
38 Van der Merwe, Josh E	16	SAAW-CP	2:19.99
39 Poggenpoel, Troy J	15	SSISA-CP	2:20.62
40 O'Connor, Cohen T	17	PEAS-NM	2:20.82
41 Blauw, Tyriq D	16	TYGE-CP	2:21.45
42 van Staden, Mika L	15	AQUA-BU	2:22.20
43 Coleman, Travis	13	BLMA-CP	2:22.26
44 Grobler, Chris I	14	CASC-CP	2:22.34

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

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#301	(Men 19 & Under 200 LC Meter Freestyle)				110	Pieterse, Nicholas N	11	STAQ-CE	2:41.16	18	Johnson, Ella J	11	SAAW-CP	2:28.57
45	Strydom, Luan	16	TYGE-CP	2:22.35	111	Swanepoel, Hallett J	12	KNYA-ED	2:41.39	19	Jantzen, Zianè	15	QUIC-CP	2:28.67
46	Samsodien, Saaligh S	14	MARL-CP	2:22.99	112	Harvey, Waylon	13	CYBE-CP	2:41.61	20	Burger, Juanè	14	TYGE-CP	2:28.74
47	Van Dyk, Stephaan	14	BLMA-CP	2:23.71	113	Joyce, Guy	11	CASC-CP	2:41.67	21	Loubser, Jenna L	17	SLAQ-CP	2:28.96
48	Mallin, Lukas	11	SAAW-CP	2:23.92	114	Shipton, Christopher J	13	QUIC-CP	2:41.97	22	Van Tromp, Seruby	14	LALE-CE	2:28.99
49	Walther-Kotzè, Leon C	14	ASAC-CP	2:24.17	115	Snyders, Reece	14	UWCA-CP	2:42.16	23	Nienaber, Mila J	13	QSAW-CE	2:29.11
50	Nagendrakumar, Puneet	14	SLAQ-CP	2:24.27	116	Fouche, Jack	13	CASC-CP	2:42.50	24	Messiter-Tooze, Luna S	14	SLAQ-CP	2:29.45
51	van Wyk, Tariq K	14	CASC-CP	2:24.32	117	Delport, Reynard	11	BEST-NM	2:42.74	25	Vd Westhuizen, Joy	17	AQDO-CP	2:29.55
52	Hodge, Cameron P	14	LALE-CE	2:24.41	118	Fortune, Yaseen	14	MANT-CP	2:43.06	26	Vd Merwe, Mia	15	ASAC-CP	2:29.60
53	Coetzee, Sion M	14	QUIC-CP	2:24.69	119	Knoetze, Ruben	11	ROA-ED	2:43.07	27	Brooker, Isabella J	13	AACTA-CP	2:30.00
54	Opperman, Conrad Wille	10	SEY	2:25.60	120	Serfontein, John-Lourens	11	ROA-ED	2:43.16	28	Rossouw, Emma M	16	TYGE-CP	2:30.62
55	Smith, Tristan A	15	CASC-CP	2:26.43	121	Theunissen, Jude E	12	BEST-NM	2:43.29	29	Fabricius, Kaylin	15	CASC-CP	2:30.95
56	Lewis, Callum R	14	CASC-CP	2:26.45	122	Schemel, Brody L	12	HARL-BU	2:43.79	30	Geldart, Olivia L	11	INFA-NM	2:30.97
57	Spencer, Marcus W	13	CYBE-CP	2:26.49	123	Desai, Rohin T	11	SAAW-CP	2:43.93	31	Otterbach, Lily	14	TYGE-CP	2:31.08
58	Opperman, Cornelius Joh	13	SEY	2:26.60	124	Gerber, Luke M	11	CASC-CP	2:44.47	32	Faul, Ellen J	14	QSAW-CE	2:31.08
59	Field, Joshua J	15	SAAW-CP	2:27.02	125	Lategan, Wessel W	12	SWAR-WC	2:45.51	33	Riley, Logan	14	CASC-CP	2:31.38
60	VerLoren Van Themaat, H	13	LALE-CE	2:27.03	126	Spangenberg, Zach A	12	XCEL-CP	2:45.61	34	Van Wyk, Josie	13	LALE-CE	2:31.48
61	Wenn, Josiah	14	ASAC-CP	2:27.30	127	Van Wyngaard, Daniël C	11	ROA-ED	2:45.77	35	Basson, Lenè	14	CLA-WC	2:31.71
62	Krause, Luke	14	CASC-CP	2:27.47	128	Lewis, Amaru C	12	PAQU-CE	2:46.13	36	Avenant, Ankia	14	UPSK	2:31.73
63	Strydom, Andre N	13	BEST-NM	2:27.57	129	Vermaak, Bo	12	VINE-CP	2:46.14	37	Strydom, Mia	13	INFA-NM	2:32.22
64	Cook, Jedd R	14	USC-BU	2:27.70	130	Sebastian, Alexander	11	MANT-CP	2:46.87	38	Pieterse, Haley	10	INFA-NM	2:32.26
65	Daniels, Joshua D	14	SLAQ-CP	2:27.86	131	Poultney, Daniel	9	CASC-CP	2:47.04	39	Vunge, Chelsea Idalina	14	APNL	2:32.79
66	Visser, Wessel M	14	UWCA-CP	2:28.01	132	Coetzee, Tristan R	11	FISH-ED	2:47.35	40	Sonnekus, Anya	13	TYGE-CP	2:33.34
67	Addinall, Ethan	14	MANT-CP	2:28.07	133	Stow, David-John	11	INFA-NM	2:47.66	41	Murray, Demi J	14	USC-BU	2:33.40
68	Wessels, Connor M	14	BLMA-CP	2:28.38	134	Ellis, Alec C	12	LALE-CE	2:49.24	42	Gullan, Sophia	12	VINE-CP	2:33.44
69	Jooste, Ben D	13	CUHE-OB	2:28.55	135	Goodall, Aaron	12	ASAC-CP	2:49.33	43	Botha, Rebecca P	13	CASC-CP	2:33.93
70	Prince, Caleb T	14	BEST-NM	2:28.62	136	Abrie, Ryn J	13	CUHE-OB	2:49.69	44	Louw, Alexa	17	BLMA-CP	2:33.97
71	Steyn, Harry	11	CASC-CP	2:28.91	137	van der Westhuizen, Anri	11	INFA-NM	2:50.05	45	Dabrowski, Leah A	11	BLMA-CP	2:33.98
72	Kasselmann, Juan	13	RBOT-BP	2:29.03	138	Fouche, Ryan	10	CASC-CP	2:50.06	46	Madeley, Amy O	13	ANAX-CP	2:34.15
73	Lubbe, Alex C	13	USC-BU	2:30.56	139	King, Aidan J	12	CASC-CP	2:50.27	47	Rinquest, Taaliah	17	MARL-CP	2:34.35
74	Weber, Daniel	13	PLAY-CE	2:30.74	140	Parr, Riley C	11	KNYA-ED	2:50.44	48	Bircher, Storm Z	13	LALE-CE	2:34.57
75	Van Onselen, Pierre S	12	TYGE-CP	2:31.79	141	Heunis, Johan C	11	BARR-CP	2:50.61	49	Robinson, Alana	14	SAAW-CP	2:34.93
76	Sampson, Zac	13	CYBE-CP	2:31.82	142	Van der Merwe, Logan	11	TYGE-CP	2:51.44	50	Myers, Kirsten E	14	SSISA-CP	2:35.00
77	Richter, Joshua C	11	BEST-NM	2:31.89	143	Hattingh, Theodor S	11	FAAC	2:52.60	51	Serfontein, Christi	16	QUIC-CP	2:35.15
78	Froneman, Dylan R	13	BLMA-CP	2:31.94	144	Nolands, Reece T	14	USC-BU	2:54.54	52	Pohlmann, Sarah	12	BEST-NM	2:35.33
79	Ramorwesi, Oratlwe M	13	SAAW-CP	2:32.97	145	Louw, André J	11	KALA	2:54.77	53	Pahl, Shelly F	13	QUIC-CP	2:35.35
80	Akinci, Can Batu	13	VINE-CP	2:33.00	146	Davenport, Daniel J	11	DESA-NM	2:55.32	54	Koegelenberg, Emily	12	XCEL-CP	2:35.73
81	Stander, Christiaan L	12	ASAW-CE	2:33.22	147	Swartz, Seth J	11	TYGE-CP	2:55.37	55	Els, Jamie	12	AQDO-CP	2:35.88
82	Niemand, Leo	13	CYBE-CP	2:33.29	148	Clark, Alexander L	11	UWCA-CP	2:56.16	56	Barnard, Adelmar D	15	SWAR-WC	2:35.91
83	Du Randt, Zack S	13	TYGE-CP	2:33.49	149	Kuhn, Adrian-Brand	10	CASC-CP	2:56.32	57	Prins, Tiffany C	14	KTS	2:35.91
84	February, Dillon S	12	CASC-CP	2:33.85	150	Perez Castellano, Emilio	11	TYGE-CP	2:56.32	58	Christie, Laila A	12	USC-BU	2:36.48
85	Kleu, Wian M	12	STAQ-CE	2:34.12	151	Olivier, Simeon	10	PAQU-CE	3:02.36	59	Joubert, Liandi	13	USC-BU	2:36.49
86	Coates, Caleb	13	FISH-ED	2:34.24	152	Kannemeyer, Luan	11	QUIC-CP	3:02.62	60	Kleynhans, Sian	15	FISH-ED	2:36.96
87	Simpson, Jesse	16	CASC-CP	2:34.51	153	Odendaal, Riko	12	BARR-CP	3:02.92	61	Stevens, Judy C	16	QUIC-CP	2:37.44
88	Heunis, Le Roux	13	TYGE-CP	2:34.99	154	Van Heerden, Emile L	11	FISH-ED	3:04.02	62	Crozier, Emily N	14	FAAC	2:37.47
89	Van Rooyen, Louis B	15	FISH-ED	2:35.00	155	Kruger, Blake R	11	SWAR-WC	3:06.05	63	Lourens, Mia	13	CASC-CP	2:38.48
90	Bothma, Ryan	13	KSTAR-ED	2:35.72	156	Fraser, Luke	11	SAAW-CP	3:23.30	64	De Beer, Isabella C	13	QSAW-CE	2:38.94
91	Jacobs, Seth G	12	MANT-CP	2:35.81	#302 Women 19 & Under 200 LC Meter Freestyle									
92	Breebaart, Matthew	10	CASC-CP	2:36.10		Name	Age	Team	Seed Time					
93	Moodie, Zak	14	BLMA-CP	2:36.23	1	Theron, Jady	18	PLAY-CE	2:19.46	65	Kruger, Livvy	11	PLAY-CE	2:39.07
94	Pitout, Zachary J	13	ASAC-CP	2:36.34	2	Holthuis, Keilah-Naomi	15	QSAW-CE	2:20.50	66	Heldsinger, Gia	12	SSISA-CP	2:39.19
95	Hucke, Tegan	13	SAAW-CP	2:36.48	3	Santo, Rhanya Espirito	15	APNL	2:21.93	67	McLean, Daniella L	13	PEAS-NM	2:39.24
96	Harbron, Nicholas	13	FAAC	2:36.79	4	Zeelie, Shanna-Leigh	16	BLMA-CP	2:21.94	68	McGluwa, Jovanah N	12	CASC-CP	2:39.26
97	Conradie, D'Niel	13	ASAW-CE	2:36.92	5	Kuhn, Tamzyn J	15	SAAW-CP	2:22.46	69	Terwin, Brooklyn	12	USC-BU	2:39.33
98	Law Hing Choy, Flynn M	11	SAAW-CP	2:37.03	6	Blake, Abi E	15	CASC-CP	2:23.17	70	Hofinger, Charlotte M	11	ASAC-CP	2:39.37
99	Skordis, Boyd A	11	AQDO-CP	2:38.14	7	Parimbelli, Maria Teresa	14	APNL	2:23.55	71	Wilson, Samantha	11	INFA-NM	2:39.89
100	Kretzmann, Kaleb B	14	USC-BU	2:39.62	8	Senekal, Margo	15	TYGE-CP	2:23.70	72	Tembo, Noku L	12	KNYA-ED	2:40.05
101	Kruger, Rikhardt	13	UPSK	2:39.68	9	Jarvis, Jade	17	SAAW-CP	2:24.26	73	Guimaraes, Carolina Roch	12	APNL	2:40.29
102	Comotti, Leonardo	10	APNL	2:39.73	10	Body, Alice Celeste	14	APNL	2:24.28	74	Tsai, Emily A	16	BLMA-CP	2:40.32
103	Laufs, Connor R	12	SAAW-CP	2:39.77	11	O'Carroll, Nia E	14	STAQ-CE	2:25.41	75	Normington, Olivia	11	XCEL-CP	2:40.98
104	Bond, Ben L	11	ROA-ED	2:39.78	12	Röntgen, Carine	16	ASAW-CE	2:26.28	76	Barnes, Caitlin M	12	SAAW-CP	2:41.10
105	Smit, Christian F	13	ROA-ED	2:40.13	13	Watson, Caitlin C	17	BLMA-CP	2:26.92	77	Butau, Mila T	11	BEST-NM	2:41.25
106	Bendixen, Vidar R	12	SAAW-CP	2:40.47	14	White, Rebecca M	16	SSISA-CP	2:27.48	78	Jordaan, Mikayla E	12	CASC-CP	2:41.27
107	Lamminga, Jack	13	CLA-WC	2:40.65	15	Pieterse, Abby L	15	INFA-NM	2:27.79	79	Van Zyl, Liane	12	UPSK	2:41.40
108	Pieterse, Adriaan	10	DESA-NM	2:40.85	16	Delport, Milla	16	PEAS-NM	2:28.05	80	Nel, Olivia	12	CLA-WC	2:42.74
109	Viljoen, Jagger F	12	ASAC-CP	2:41.03	17	Welsh, Stacey A	14	BEST-NM	2:28.33	81	Cupido, Kirsten	12	CYBE-CP	2:43.21
										82	Adams, Ella	12	TYGE-CP	2:43.65
										83	Cronjé, Miané	14	FISH-ED	2:43.77
										84	Grebe, Ava	12	CUHE-OB	2:44.12

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Psych Sheet				
#302 ... (Women 19 & Under 200 LC Meter Freestyle)				
85	Thirsk, Savannah	13	TYGE-CP	2:44.40
86	Haynes-Smart, Kaitlyn	12	VINE-CP	2:44.54
87	Coetzee, Marli	13	CASC-CP	2:44.60
88	Olivier, Gianna G	11	PAQU-CE	2:44.80
89	Scheffer, Shaylee C	10	CASC-CP	2:45.75
90	Kleynhans, Kayla	12	ROA-ED	2:46.29
91	Mfabe, Zingce Z	12	USC-BU	2:46.77
92	Anthony, Jazmin A	12	PAQU-CE	2:47.11
93	Makore, Bona M	11	ASAC-CP	2:47.41
94	Emjedi, Saffiya	12	SAAW-CP	2:47.43
95	Mauer, Kayden	14	USC-BU	2:47.69
96	Pearson-Adams, Oshun O	12	SAAW-CP	2:47.83
97	Schutzler, Amelia-Rose	12	USC-BU	2:48.16
98	Kröger, Sammy	13	BARR-CP	2:48.38
99	Adams, Tatum	11	PAQU-CE	2:48.46
100	Theron, Alex	12	CASC-CP	2:48.91
101	Louw, Mali R	12	WELL-CE	2:49.42
102	Hendricks, Jada	12	TYGE-CP	2:49.78
103	Hengst, Emily A	11	CASC-CP	2:49.82
104	Nieuwoudt, Jenna M	12	SWAR-WC	2:51.03
105	Newkirk, Gia	12	TYGE-CP	2:51.32
106	Walker, Kayla-Anne	11	CYBE-CP	2:51.86
107	Thompson, Riley	12	HARL-BU	2:52.43
108	Shaw, Inge	12	LALE-CE	2:52.51
109	Smit, Dione	11	CASC-CP	2:52.83
110	Du Plessis, Leah	12	PEAS-NM	2:53.05
111	van der Mescht, Ava	12	DESA-NM	2:53.15
112	Haldane, Bella	12	FISH-ED	2:54.05
113	Lloyd, Jemma A	12	VINE-CP	2:54.30
114	Voysey, Ella N	12	VINE-CP	2:55.35
115	Kretzmann, Sophie F	11	USC-BU	2:55.37
116	Swanepoel, Pia Q	11	ASAC-CP	2:55.72
117	Parker, Leila E	12	SSISA-CP	2:56.05
118	Loni, Yama	11	INFA-NM	2:56.09
119	Pitout, Addison P	10	ASAC-CP	2:56.33
120	Daniels, Emily G	11	XCEL-CP	2:56.34
121	Kuhn, Alexa J	11	CASC-CP	2:56.48
122	Mahlangu, Ndalo	11	BLMA-CP	2:58.85
123	Du Preez, Kyra J	11	USC-BU	2:59.35
124	Van Jaarsveld, Bianca I	10	TYGE-CP	3:02.08
125	Verdon, Leah L	10	VINE-CP	3:02.32
126	DU Plessis, Lheané	11	FISH-ED	3:02.45
127	Schou, Lexi	14	SFSC-CP	3:03.30
128	Sprong, Jaime M	11	ASAC-CP	3:05.10
129	Barthus, Alessia	12	MANT-CP	3:06.74
130	Van Der Byl, Emily	11	USC-BU	3:06.83
131	Vd Wal, Kaylee	11	CASC-CP	3:09.66
132	Benade, Aria	10	SAAW-CP	3:10.82
133	Strydom, Marli	11	QUIC-CP	3:12.95
134	Schemel, Leah I	11	HARL-BU	3:13.52
135	Christensen, Milla M	12	WELL-CE	3:16.86
136	De Jager, Isabella	10	QSAW-CE	3:18.31
137	Pienaar, Carli	11	CLA-WC	4:22.13
#303 Men 99 & Under 100 LC Meter Freestyle Multi-Class I				
Name		Age	Team	Seed Time
1	Pardoe, James N	13	SSISA-CP	1:11.01
2	Hartwig, Connor M	13	HARL-BU	1:55.49
#304 Women 99 & Under 100 LC Meter Freestyle Multi-Class I				
Name		Age	Team	Seed Time
1	Thiart, Annelie	13	CLA-WC	1:13.02
2	Endres, Josephine	14	VINE-CP	1:18.43
3	Pienaar, Carli	11	CLA-WC	2:01.40
#305 Men 19 & Under 50 LC Meter Breaststroke				
Name		Age	Team	Seed Time
1	Hendricks, Joshua	18	CASC-CP	31.34
2	Hlangothi, Munguni S	17	PEAS-NM	31.62
3	Steyl, Douw L	18	UPSK	32.27
4	Manuel, Silverio Fernando	16	APNL	33.26
5	Alexander, Ammaar	17	MARL-CP	33.32
6	Saayman, Dehan	17	PLAY-CE	33.38
7	Kalapac, Joshua	16	SLAQ-CP	33.52
8	Fernandes, Carlos Daniel	15	APNL	33.67
9	Zellie, Thomas J	17	SAAW-CP	33.73
10	Van der Watt, Alpheus J	16	PLAY-CE	33.81
11	Basson, Zethan L	14	PEAS-NM	34.36
12	Wedderburn, Liam	16	INFA-NM	34.36
13	Eilers, De-Anzo C	18	KALA	34.37
14	Simpson, Jesse	16	CASC-CP	34.42
15	Dupper, Leon H	16	INFA-NM	34.50
16	Engelbrecht, Ruben J	17	PLAY-CE	34.57
17	Townsend, Lucan D	16	ASAC-CP	34.79
18	Nash, Daniel A	17	PEAS-NM	34.83
19	Jurgens, Ezra J	16	MANT-CP	34.92
20	Witbooi, Reinhardt J	18	STAQ-CE	35.03
21	Booth, Jake J	14	VIKI-BU	35.13
22	Basson, Trishaun T	15	MARL-CP	35.19
23	Atkinson, Samuel A	16	SWAR-WC	35.24
24	Mansfield, Luke T	15	STAQ-CE	35.51
25	Lombard, Kyle M	17	CASC-CP	35.52
26	Pedro, Tamkeen	17	WALM-CP	35.59
27	Liedeman, Mark	15	SWAR-WC	35.74
28	Spencer, Charles A	15	CYBE-CP	35.87
29	Basson, Lucca N	15	SFSC-CP	36.15
30	Smith, Tristan A	15	CASC-CP	36.25
31	Poggenpoel, Troy J	15	SSISA-CP	36.49
32	Jenkins, Finn R	15	PEAS-NM	36.69
33	Strydom, Luan	16	TYGE-CP	36.91
34	Wenn, Josiah	14	ASAC-CP	37.14
35	Coleman, Travis	13	BLMA-CP	37.20
36	Daniels, Joshua D	14	SLAQ-CP	37.45
37	Van Rooyen, Louis B	15	FISH-ED	37.63
38	Martin, Alzhario	17	UWCA-CP	37.76
39	Mostert, Stian	13	FAAC	37.89
40	Gamiel dien, Idreess	14	MARL-CP	37.93
41	Hattingh, Ben	14	FAAC	38.12
42	Spencer, Marcus W	13	CYBE-CP	38.14
43	Kleu, Wian M	12	STAQ-CE	38.50
44	Krause, Luke	14	CASC-CP	38.53
45	Van Dyk, Stephaan	14	BLMA-CP	38.53
46	Theron, Oloff A	14	VINE-CP	38.61
47	Addinall, Ethan	14	MANT-CP	38.76
48	De Jager, Eben	13	QSAW-CE	38.77
49	Strydom, Andre N	13	BEST-NM	38.77
50	Willenburg, Elijah K	14	SLAQ-CP	38.90
51	Moodie, Zak	14	BLMA-CP	39.07
52	Coates, Caleb	13	FISH-ED	39.10
53	Raath, Jaedyn K	17	ANAX-CP	39.52
54	Bothma, Ryan	13	KSTAR-ED	39.81
55	Maughan, Patrick F	12	ASAC-CP	39.83
56	Gomez, Alex W	14	MARL-CP	39.91
57	Forsythe, Declan J	11	INFA-NM	40.13
58	Kretzmann, Kaleb B	14	USC-BU	40.37
59	Opperman, Conrad Wille	10	SEY	40.43
60	Nolands, Reece T	14	USC-BU	40.44
61	Harbron, Nicholas	13	FAAC	40.76
62	Fortune, Hakeem	13	MANT-CP	40.92
63	Swanepoel, Hallett J	12	KNYA-ED	41.46
64	Smit, Christian F	13	ROA-ED	41.63
65	Visser, Wessel M	14	UWCA-CP	41.66
66	Serfontein, John-Lourens	11	ROA-ED	41.71
67	Heunis, Le Roux	13	TYGE-CP	41.81
68	Kruger, Rikhardt	13	UPSK	41.89
69	Pitout, Zachary J	13	ASAC-CP	42.07
70	Fortune, Yaseen	14	MANT-CP	42.20
71	Lubbe, Alex C	13	USC-BU	42.33
72	Schoeman, Mateo J	11	QSAW-CE	42.35
73	Jonas, Leonardo	13	PLAY-CE	42.39
74	Kleinsmith, David	13	CASC-CP	42.56
75	Kenmuir, Ethan	12	VINE-CP	42.82
76	Stander, Christiaan L	12	ASAW-CE	42.98
77	Abrie, Ryn J	13	CUHE-OB	43.27
78	Lategan, Wessel W	12	SWAR-WC	43.28
79	Lange, Oliver	11	VINE-CP	43.33
80	Desai, Rohin T	11	SAAW-CP	43.57
81	February, Dillon S	12	CASC-CP	43.86
82	Breebaart, Matthew	10	CASC-CP	43.94
83	Baadjies, Cruden H	13	PAQU-CE	44.06
84	Kleynhans, Michael	10	BARR-CP	44.37
85	Du Randt, Zack S	13	TYGE-CP	44.47
86	Titus, Brody	12	PAQU-CE	44.64
87	Stenekamp, Keanu	12	ASAC-CP	44.72
88	Kannemeyer, Luan	11	QUIC-CP	44.96
89	Perez Castellano, Emilio	11	TYGE-CP	45.06
90	Laufs, Connor R	12	SAAW-CP	45.33
91	Van Heerden, Emile L	11	FISH-ED	45.45
92	Lötter, Reuben	13	DESA-NM	45.49
93	Swanepoel, Roehan J	11	BARR-CP	45.61
94	Bond, Ben L	11	ROA-ED	45.62
95	Fouche, Jack	13	CASC-CP	45.66
96	Schabort, Lowen	11	QSAW-CE	45.82
97	Wetzel, Alex J	11	STAQ-CE	45.87
98	Law Hing Choy, Flynn M	11	SAAW-CP	46.04
99	Richter, Joshua C	11	BEST-NM	46.04
100	Olivier, Simeon	10	PAQU-CE	46.51
101	Odendaal, Riko	12	BARR-CP	46.57
102	Spangenberg, Zach A	12	XCEL-CP	47.03
103	Vermaak, Bo	12	VINE-CP	47.17
104	Poultney, Daniel	9	CASC-CP	47.27
105	Melnik, Yonatan	12	ASAC-CP	47.37
106	Pieterse, Nicholas N	11	STAQ-CE	47.88
107	Lubbe, Mikael B	12	ASAC-CP	48.11
108	Davenport, Daniel J	11	DESA-NM	48.55
109	Knoetze, Ruben	11	ROA-ED	48.72
110	Theunissen, Jude E	12	BEST-NM	48.95
111	Coetzee, Tristan R	11	FISH-ED	49.26
112	Lötter, Daniel	11	DESA-NM	49.37
113	Delport, Reynard	11	BEST-NM	51.29
114	Wiener, Will D	11	TYGE-CP	51.55
115	van der Merwe, Naude	11	DESA-NM	52.54
116	Van der Merwe, Logan	11	TYGE-CP	54.12
117	Louw, André J	11	KALA	1:00.87
#306 Women 19 & Under 50 LC Meter Breaststroke				
Name		Age	Team	Seed Time
1	Heldsinger, Alexa L	14	SSISA-CP	37.54
2	Latimer, Olivia H	13	SAAW-CP	37.74
3	O'Connor, Kayden C	14	PEAS-NM	38.30
4	Santos, Neizla Miguela	16	APNL	38.33
5	Fabricius, Kaylin	15	CASC-CP	38.39
6	Corrigan, Cara J	17	FISH-ED	38.42
7	Visser, Sandri	16	PLAY-CE	38.72
8	Geldart, Olivia L	11	INFA-NM	38.80
9	Harper, Maddie I	14	KNYA-ED	38.82
10	Pretorius, Kara	12	SSISA-CP	38.86
11	Adams, Sydni M	15	VINE-CP	38.99

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Psych Sheet				
#306 ... (Women 19 & Under 50 LC Meter Breaststroke)	12	Pohlmann, Sarah	12	BEST-NM 39.16
	13	Jewell, Chloe I	16	PEAS-NM 39.19
	14	Edwards, Reese J	16	SSISA-CP 39.51
	15	Barnard, Adelmari D	15	SWAR-WC 39.53
	16	Zhukov, Aleksandra Laris	17	APNL 39.67
	17	Kriek, Mila	18	QSAW-CE 39.70
	18	Tsai, Emily A	16	BLMA-CP 39.77
	19	Mack, Kyrrah E	15	PEAS-NM 39.84
	20	De Oliveira, Aliyah	15	TYGE-CP 39.91
	21	Serfontein, Christi	16	QUIC-CP 40.12
	22	Van Dyk, Zani	13	ASAC-CP 40.32
	23	Louw, Mali R	12	WELL-CE 40.41
	24	Kalapac, Lexi	12	SLAQ-CP 40.55
	25	Lottering, Eirley	13	USC-BU 40.63
	26	Pieterse, Haley	10	INFA-NM 40.74
	27	Sadler, Arabella J	13	LEGC-ET 41.22
	28	Riley, Logan	14	CASC-CP 41.25
	29	Halford, Harper C	13	MANT-CP 41.31
	30	Faul, Ellen J	14	QSAW-CE 41.38
	31	Loubser, Jenna L	17	SLAQ-CP 41.45
	32	Nixon, Sofia	13	VINE-CP 41.45
	33	Gerber, Kayla M	12	STAQ-CE 41.45
	34	Baillie, Gabi J	15	LALE-CE 41.50
	35	Jurgens, Chloe-Leigh	12	MANT-CP 41.50
	36	Coetsee, Elke M	10	FISH-ED 41.69
	37	Mauer, Kayden	14	USC-BU 41.95
	38	Christensen, Milla M	12	WELL-CE 41.96
	39	Grebe, Ava	12	CUHE-OB 42.10
	40	Röntgen, Carine	16	ASAW-CE 42.55
	41	Schou, Lexi	14	SFSC-CP 42.66
	42	Nienaber, Mila J	13	QSAW-CE 42.68
	43	McAfee, Holly B	14	FISH-ED 42.78
	44	Longueira, Ava L	12	ASAC-CP 42.84
	45	Van Wyk, Josie	13	LALE-CE 42.99
	46	O'Carroll, Nia E	14	STAQ-CE 43.05
	47	Ristow, Emma K	12	USC-BU 43.29
	48	De Beer, Isabella C	13	QSAW-CE 43.40
	49	Stearn, Hannah	11	INFA-NM 43.43
	50	Dabrowski, Leah A	11	BLMA-CP 43.47
	51	Wyngaard, Dakota J	18	QUIC-CP 43.66
	52	Welsh, Stacey A	14	BEST-NM 43.66
	53	Crozier, Emily N	14	FAAC 43.69
	54	Sonnekus, Anya	13	TYGE-CP 43.70
	55	Strydom, Marli	11	QUIC-CP 43.73
	56	Olivier, Gianna G	11	PAQU-CE 43.77
	57	Van den Berg, Nika	13	QSAW-CE 43.87
	58	Palha, Isis Gabriela	13	APNL 43.89
	59	Stevenson, Mikayla	12	QUIC-CP 43.95
	60	Butau, Mila T	11	BEST-NM 44.11
	61	Du Plessis, Leah	12	PEAS-NM 44.24
	62	Normington, Olivia	11	XCEL-CP 44.44
	63	Onkruid, Gianna R	11	UWCA-CP 44.66
	64	Robinson, Alana	14	SAAW-CP 44.73
	65	Newkirk, Gia	12	TYGE-CP 44.88
	66	Scarpa, Isabella	14	VINE-CP 44.91
	67	Bircher, Storm Z	13	LALE-CE 44.91
	68	Haldane, Bella	12	FISH-ED 44.92
	69	Venter, Ané	11	FISH-ED 45.23
	70	Strydom, Mia	13	INFA-NM 45.36
	71	Guimaraes, Carolina Roch	12	APNL 45.55
	72	Du Preez, Kyra J	11	USC-BU 45.57
	73	Schutlzler, Amelia-Rose	12	USC-BU 45.75
	74	Schemel, Leah I	11	HARL-BU 45.81
	75	Smith, Isabel H	11	HARL-BU 46.05
	76	Benade, Aria	10	SAAW-CP 46.24
	77	Kempson, Savannah	11	APNL 46.27
	78	Du Plessis, Lheané	11	FISH-ED 46.38
	79	Ras, Annabelle	11	QUIC-CP 46.76
	80	Hendricks, Jada	12	TYGE-CP 46.76
	81	Botha, Rebecca P	13	CASC-CP 46.79
	82	Emjedi, Saffiya	12	SAAW-CP 47.23
	83	Mahlangu, Ndalo	11	BLMA-CP 47.28
	84	Coetzee, Marli	13	CASC-CP 47.39
	85	Kleynhans, Kayla	12	ROA-ED 47.91
	86	Verdon, Leah L	10	VINE-CP 48.21
	87	Perrins, Hayden	11	GREY-CP 48.25
	88	Engelbrecht, Zia-Bella L	11	HTSA-CP 48.40
	89	Scheffer, Shaylee C	10	CASC-CP 49.93
	90	De Jager, Isabella	10	QSAW-CE 51.23
	91	Adams, Tatum	11	PAQU-CE 54.41
	92	Daniels, Emily G	11	XCEL-CP 56.47
#307 Men 99 & Under 50 LC Meter Breaststroke Multi-Clas				
NameAgeTeamSeed Time				
1	Pardoe, James N	13	SSISA-CP	45.69
#308 Women 99 & Under 50 LC Meter Breaststroke Multi-Clas				
NameAgeTeamSeed Time				
1	Thiart, Annelie	13	CLA-WC	41.12
2	Endres, Josephine	14	VINE-CP	46.42
#309 Men 19 & Under 100 LC Meter Backstroke				
NameAgeTeamSeed Time				
1	Kleinhans, Kyle	18	SSISA-CP	1:03.50
2	Blauw, Tyriq D	16	TYGE-CP	1:04.96
3	Gounden, Mikhael A	19	CLA-WC	1:05.41
4	Rayne, Leo	16	ASAC-CP	1:05.53
5	Breet, Dawie-Louw L	17	PLAY-CE	1:05.60
6	Moolman, Carter S	16	MANT-CP	1:05.98
7	Walker, Yohan G	16	VINE-CP	1:05.99
8	Njoroge, Alphonse	15	CASC-CP	1:06.23
9	Engelbrecht, Ruben J	17	PLAY-CE	1:06.96
10	Van der Merwe, Josh E	16	SAAW-CP	1:07.19
11	Andrews, Carl R	15	PEAS-NM	1:07.38
12	Arnott, Carter J	16	ASAC-CP	1:07.57
13	Viljoen, Jaden R	16	ASAC-CP	1:07.72
14	Lombard, Kyle M	17	CASC-CP	1:07.97
15	Pincente, Matthew	17	SAAW-CP	1:08.55
16	Coetzee, Sion M	14	QUIC-CP	1:08.92
17	Gilbert, Thomas O	17	SAAW-CP	1:09.07
18	Eilers, De-Anzo C	18	KALA	1:09.21
19	Beukes, Mateo A	19	WALM-CP	1:09.46
20	Sheard, Dylan J	17	PEAS-NM	1:09.67
21	De Jager, Nathan B	16	ASAC-CP	1:09.68
22	De Bruyn, Cornè C	16	ASAC-CP	1:09.70
23	Williams, Evan B	15	SSISA-CP	1:09.79
24	Das Neves, Lucas P	15	TYGE-CP	1:09.84
25	Raath, Jaedyn K	17	ANAX-CP	1:09.99
26	Den Haan, Stéfán	18	QUIC-CP	1:10.09
27	Beukes, Jaden L	15	WALM-CP	1:10.13
28	Vd Merwe, Thomas	15	LALE-CE	1:10.27
29	Grobler, Chris I	14	CASC-CP	1:10.32
30	Nagendrakumar, Puneet	14	SLAQ-CP	1:11.59
31	Lichthart, Nicus	14	QUIC-CP	1:12.00
32	Field, Joshua J	15	SAAW-CP	1:12.04
33	Van der Watt, Alpheus J	16	PLAY-CE	1:12.07
34	Wright, Jonah S	14	TYGE-CP	1:12.12
35	Hewitt-Smook, Kristian	17	SWAR-WC	1:12.35
36	Opperman, Cornelius Joh	13	SEY	1:13.09
37	Pullock, Sam J	15	CUHE-OB	1:13.68
38	Hodge, Cameron P	14	LALE-CE	1:13.97
39	Lewis, Callum R	14	CASC-CP	1:14.44
40	van Wyk, Tariq K	14	CASC-CP	1:14.51
41	O'Connor, Cohen T	17	PEAS-NM	1:14.59
42	Mallin, Lukas	11	SAAW-CP	1:14.60
43	Jooste, Ben D	13	CUHE-OB	1:15.02
44	Muller, Lukas D	13	LALE-CE	1:15.03
45	Strydom, Luan	16	TYGE-CP	1:15.58
46	Fortune, Yaseen	14	MANT-CP	1:15.60
47	Francis, Ethan	13	MARL-CP	1:15.77
48	Bothma, Ryan	13	KSTAR-ED	1:15.95
49	Heunis, Le Roux	13	TYGE-CP	1:16.42
50	Cook, Jedd R	14	USC-BU	1:16.67
51	Lötter, Reuben	13	DESA-NM	1:16.99
52	Willenburg, Elijah K	14	SLAQ-CP	1:17.01
53	VerLoren Van Themaat, H	13	LALE-CE	1:17.01
54	Boonzaaier, Simon F	18	ASAW-CE	1:17.04
55	Wessels, Connor M	14	BLMA-CP	1:17.10
56	Ramorwesi, Oratilwe M	13	SAAW-CP	1:17.54
57	Van Onselen, Pierre S	12	TYGE-CP	1:17.70
58	Steyn, Harry	11	CASC-CP	1:17.76
59	Troskie, Roean	13	QUIC-CP	1:18.00
60	Schabort, Lowen	11	QSAW-CE	1:18.15
61	Kasselman, Juan	13	RBOT-BP	1:18.17
62	Strydom, Andre N	13	BEST-NM	1:18.23
63	Harvey, Waylon	13	CYBE-CP	1:18.48
64	Kruger, Rikhardt	13	UPSK	1:18.73
65	February, Dillon S	12	CASC-CP	1:18.86
66	Snyders, Reece	14	UWCA-CP	1:19.18
67	Prince, Caleb T	14	BEST-NM	1:19.35
68	Akinci, Can Batu	13	VINE-CP	1:19.80
69	Conradie, D'Niel	13	ASAW-CE	1:20.28
70	Hucke, Tegan	13	SAAW-CP	1:20.35
71	Gamieldien, Idreess	14	MARL-CP	1:20.66
72	Schemel, Brody L	12	HARL-BU	1:20.66
73	Fortune, Hakeem	13	MANT-CP	1:20.68
74	Louw, James	12	VINE-CP	1:20.75
75	Froneman, Dylan R	13	BLMA-CP	1:20.82
76	Shipton, Christopher J	13	QUIC-CP	1:20.99
77	Coolen, Nicolas D	12	STAQ-CE	1:21.01
78	Schoeman, Mateo J	11	QSAW-CE	1:21.05
79	Kleu, Wian M	12	STAQ-CE	1:21.34
80	Viljoen, Jagger F	12	ASAC-CP	1:21.51
81	Serfontein, John-Lourens	11	ROA-ED	1:21.63
82	Du Randt, Zack S	13	TYGE-CP	1:21.72
83	Richter, Joshua C	11	BEST-NM	1:21.73
84	Jacobs, Seth G	12	MANT-CP	1:21.90
85	Breebaart, Matthew	10	CASC-CP	1:22.66
86	Lewis, Amaru C	12	PAQU-CE	1:22.75
87	Pieterse, Adriaan	10	DESA-NM	1:23.10
88	Odendaal, Riko	12	BARR-CP	1:23.12
89	Knoetze, Ruben	11	ROA-ED	1:23.24
90	Bond, Ben L	11	ROA-ED	1:23.60
91	King, Aidan J	12	CASC-CP	1:24.51
92	Lubbe, Mikael B	12	ASAC-CP	1:24.76
93	Gerber, Luke M	11	CASC-CP	1:25.02
94	Pieterse, Nicholas N	11	STAQ-CE	1:25.09
95	De Jager, Eben	13	QSAW-CE	1:25.35
96	Kuhn, Adrian-Brand	10	CASC-CP	1:25.51
97	Joyce, Guy	11	CASC-CP	1:25.67
98	Heunis, Johan C	11	BARR-CP	1:25.72
99	Lamminga, Jack	13	CLA-WC	1:25.88
100	Rossouw, Marais	11	QUIC-CP	1:26.00
101	Swanepoel, Roehan J	11	BARR-CP	1:26.12
102	Stenekamp, Keanu	12	ASAC-CP	1:26.23
103	Spangenberg, Zach A	12	XCEL-CP	1:26.49
104	Desai, Rohin T	11	SAAW-CP	1:26.84
105	Delpont, Reynard	11	BEST-NM	1:27.16
106	Harder, Callum R	11	VINE-CP	1:27.22
107	Clark, Alexander L	11	UWCA-CP	1:27.38

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

					Psych Sheet									
#309 ... (Men 19 & Under 100 LC Meter Backstroke)					44	Pearson-Adams, Oshun O	12	SAAW-CP	1:20.39	#311 Men 99 & Under 100 LC Meter Backstroke Multi-Clas				
108	Kannemeyer, Luan	11	QUIC-CP	1:27.51	45	Avenant, Ankia	14	UPSK	1:20.47					
109	Titus, Brody	12	PAQU-CE	1:28.24	46	Van Dyk, Zani	13	ASAC-CP	1:20.82					
110	Van der Merwe, Logan	11	TYGE-CP	1:28.44	47	Kleynhans, Sian	15	FISH-ED	1:20.83					
111	Van Wyngaard, Daniël C	11	ROA-ED	1:28.88	48	McLean, Daniella L	13	PEAS-NM	1:20.93					
112	Abrie, Ryn J	13	CUHE-OB	1:29.11	49	Visser, Sandri	16	PLAY-CE	1:21.04					
113	Poultney, Daniel	9	CASC-CP	1:29.13	50	Kruger, Livvy	11	PLAY-CE	1:21.08					
114	Comotti, Leonardo	10	APNL	1:29.13	51	Nienaber, Mila J	13	QSAW-CE	1:21.17					
115	Sebastian, Alexander	11	MANT-CP	1:29.36	52	Otterbach, Lily	14	TYGE-CP	1:21.20					
116	Lötter, Daniel	11	DESA-NM	1:29.47	53	Welsh, Stacey A	14	BEST-NM	1:21.24					
117	van der Westhuizen, Anri	11	INFA-NM	1:29.47	54	McGluwa, Jovanah N	12	CASC-CP	1:21.29					
118	Swartz, Seth J	11	TYGE-CP	1:29.48	55	Van den Berg, Nika	13	QSAW-CE	1:21.33					
119	van der Merwe, Naude	11	DESA-NM	1:30.11	56	Madeley, Amy O	13	ANAX-CP	1:21.43					
120	Fouche, Ryan	10	CASC-CP	1:30.78	57	Robinson, Alana	14	SAAW-CP	1:21.82					
121	Kruger, Blake R	11	SWAR-WC	1:32.40	58	Butau, Mila T	11	BEST-NM	1:21.95					
122	Law Hing Choy, Flynn M	11	SAAW-CP	1:33.66	59	Gerber, Kayla M	12	STAQ-CE	1:22.24					
123	Parr, Riley C	11	KNYA-ED	1:34.33	60	Kröger, Sammy	13	BARR-CP	1:22.43					
124	Bendixen, Vidar R	12	SAAW-CP	1:37.06	61	Coetzee, Marli	13	CASC-CP	1:23.16					
125	Fraser, Luke	11	SAAW-CP	1:46.54	62	Haldane, Bella	12	FISH-ED	1:23.18					
126	Louw, André J	11	KALA	1:50.94	63	Lourens, Mia	13	CASC-CP	1:23.24					
#310 Women 19 & Under 100 LC Meter Backstroke					64	Nel, Olivia	12	CLA-WC	1:23.29					
					65	Barnes, Caitlin M	12	SAAW-CP	1:23.31					
					66	Delpont, Milla	16	PEAS-NM	1:23.58					
					67	Koegelenberg, Emily	12	XCEL-CP	1:24.15					
					68	Harper, Maddie I	14	KNYA-ED	1:24.16					
					69	Van Tromp, Seruby	14	LALE-CE	1:24.29					
					70	Nieuwoudt, Jenna M	12	SWAR-WC	1:25.07					
					71	Malan, Lua B	12	WELL-CE	1:25.40					
					72	Daniels, Emily G	11	XCEL-CP	1:25.49					
					73	Latimer, Olivia H	13	SAAW-CP	1:25.92					
					74	Venter, Ané	11	FISH-ED	1:25.96					
					75	Barthus, Alessia	12	MANT-CP	1:26.33					
					76	Tembo, Noku L	12	KNYA-ED	1:26.53					
					77	Parker, Leila E	12	SSISA-CP	1:26.63					
					78	Louw, Yvette H	12	TYGE-CP	1:26.68					
					79	Van Zyl, Liane	12	UPSK	1:26.70					
					80	Shaw, Inge	12	LALE-CE	1:26.72					
					81	Normington, Olivia	11	XCEL-CP	1:26.98					
					82	Hendricks, Jada	12	TYGE-CP	1:27.21					
					83	Lloyd, Jemma A	12	VINE-CP	1:27.33					
					84	Knott, Cayleigh	11	ASAC-CP	1:27.54					
					85	Castleden, Sophia K	12	STAQ-CE	1:28.14					
					86	Hengst, Emily A	11	CASC-CP	1:28.35					
					87	Jordaan, Mikayla E	12	CASC-CP	1:28.36					
					88	Kretzmann, Sophie F	11	USC-BU	1:28.42					
					89	Joubert, Liandi	13	USC-BU	1:29.07					
					90	Strydom, Marli	11	QUIC-CP	1:29.18					
					91	Newkirk, Gia	12	TYGE-CP	1:29.38					
					92	Kleynhans, Kayla	12	ROA-ED	1:29.71					
					93	Haynes-Smart, Kaitlyn	12	VINE-CP	1:29.78					
					94	Du Plessis, Leah	12	PEAS-NM	1:30.46					
					95	Smit, Dione	11	CASC-CP	1:31.06					
					96	Scheffer, Shaylee C	10	CASC-CP	1:31.40					
					97	Kuhn, Alexa J	11	CASC-CP	1:31.42					
					98	Botha, Rebecca P	13	CASC-CP	1:32.08					
					99	Perrins, Hayden	11	GREY-CP	1:32.40					
					100	Van Jaarsveld, Bianca I	10	TYGE-CP	1:33.30					
					101	Vd Wal, Kaylee	11	CASC-CP	1:33.72					
					102	Tranter, Alexia R	11	SSISA-CP	1:34.04					
					103	van der Mescht, Ava	12	DESA-NM	1:35.88					
					104	Ras, Annabelle	11	QUIC-CP	1:36.58					
					105	Adams, Ella	12	TYGE-CP	1:37.05					
					106	Smith, Isabel H	11	HARL-BU	1:37.35					
					107	Van Der Byl, Emily	11	USC-BU	1:38.15					
					108	Benade, Aria	10	SAAW-CP	1:38.31					
					109	Stearn, Hannah	11	INFA-NM	1:38.49					
					110	DU Plessis, Lheané	11	FISH-ED	1:46.27					

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Psych Sheet				
#313 ... (Men 19 & Under 200 LC Meter IM)	122	Baadjies, Cruden H	13	PAQU-CE 3:16.41
	123	Sebastian, Alexander	11	MANT-CP 3:16.44
	124	Davenport, Daniel J	11	DESA-NM 3:16.49
	125	Nolands, Reece T	14	USC-BU 3:16.73
	126	Kuhn, Adrian-Brand	10	CASC-CP 3:17.76
	127	Clark, Alexander L	11	UWCA-CP 3:18.14
	128	Stow, David-John	11	INFA-NM 3:18.32
	129	Heunis, Johan C	11	BARR-CP 3:18.75
	130	Fouche, Ryan	10	CASC-CP 3:19.25
	131	van der Westhuizen, Anri	11	INFA-NM 3:20.26
	132	Lötter, Daniel	11	DESA-NM 3:21.41
	133	Swartz, Seth J	11	TYGE-CP 3:24.96
	134	Parr, Riley C	11	KNYA-ED 3:25.40
	135	Bendixen, Vidar R	12	SAAW-CP 3:29.17
	136	van der Merwe, Naude	11	DESA-NM 3:31.69
	137	Hattingh, Theodor S	11	FAAC 3:31.79
	138	Wiener, Will D	11	TYGE-CP 3:36.69
	139	Harder, Callum R	11	VINE-CP 3:46.37
	#314 Women 19 & Under 200 LC Meter IM			
	Name Age Team Seed Time			
	1	Rossouw, Emma M	16	TYGE-CP 2:43.03
	2	Jantzen, Zianè	15	QUIC-CP 2:44.41
	3	Body, Alice Celeste	14	APNL 2:44.88
	4	De Oliveira, Aliyah	15	TYGE-CP 2:45.34
	5	Holthuis, Keilah-Naomi	15	QSAW-CE 2:45.87
	6	Burger, Juanè	14	TYGE-CP 2:45.88
	7	Senekal, Margo	15	TYGE-CP 2:46.63
	8	Zhukov, Aleksandra Laris	17	APNL 2:46.78
	9	Bruwer, Casey	15	AAC TA-CP 2:46.94
	10	O'Connor, Kayden C	14	PEAS-NM 2:47.98
	11	O'Carroll, Nia E	14	STAQ-CE 2:48.37
	12	Parimbelli, Maria Teresa	14	APNL 2:48.57
	13	Stevens, Judy C	16	QUIC-CP 2:48.93
	14	Vd Merwe, Mia	15	ASAC-CP 2:48.96
	15	Loubser, Jenna L	17	SLAQ-CP 2:48.96
	16	Fabricius, Kaylin	15	CASC-CP 2:49.13
	17	Johnson, Ella J	11	SAAW-CP 2:49.65
	18	White, Rebecca M	16	SSISA-CP 2:50.09
	19	Kuhn, Tamzyn J	15	SAAW-CP 2:50.17
	20	Rinquest, Taaliah	17	MARL-CP 2:50.19
	21	Serfontein, Christi	16	QUIC-CP 2:50.44
	22	Fourie, Petro Marié	19	LAL E-CE 2:51.60
	23	Geldart, Olivia L	11	INFA-NM 2:51.74
	24	Murray, Demi J	14	USC-BU 2:51.82
	25	Bosman, Jessica A	16	QUIC-CP 2:51.90
	26	Welsh, Stacey A	14	BEST-NM 2:51.97
	27	Adams, Sydni M	15	VINE-CP 2:53.34
	28	Goldman, Jasmine	14	VINE-CP 2:53.54
	29	Christie, Laila A	12	USC-BU 2:53.54
	30	Heldsinger, Alexa L	14	SSISA-CP 2:53.59
	31	Röntgen, Carine	16	ASAW-CE 2:53.64
	32	Pieterse, Haley	10	INFA-NM 2:53.76
	33	Barnard, Adelmari D	15	SWAR-WC 2:53.82
	34	Sonnekus, Anya	13	TYGE-CP 2:53.90
	35	Dabrowski, Leah A	11	BLMA-CP 2:54.51
	36	McLean, Daniella L	13	PEAS-NM 2:54.93
	37	Bircher, Storm Z	13	LAL E-CE 2:55.23
	38	Hager, Carle	15	ASAW-CE 2:55.85
	39	Nienaber, Mila J	13	QSAW-CE 2:56.53
	40	Kleynhans, Sian	15	FISH-ED 2:56.77
	41	Sadler, Arabella J	13	LEGC-ET 2:56.86
	42	Heldsinger, Gia	12	SSISA-CP 2:56.95
	43	Barnes, Caitlin M	12	SAAW-CP 2:57.05
	44	Thirsk, Savannah	13	TYGE-CP 2:57.10
	45	Jewell, Chloe I	16	PEAS-NM 2:57.19
	46	Watson, Caitlin C	17	BLMA-CP 2:57.61
	47	Visser, Sandri	16	PLAY-CE 2:57.82
	48	Edwards, Reese J	16	SSISA-CP 2:58.38
	49	Cronjé, Miané	14	FISH-ED 2:58.51
	50	Corrigan, Cara J	17	FISH-ED 2:58.77
	51	Koegelenberg, Emily	12	XCEL-CP 2:59.43
	52	Wilson, Samantha	11	INFA-NM 2:59.48
	53	Pohlmann, Sarah	12	BEST-NM 2:59.74
	54	Mauer, Kayden	14	USC-BU 3:00.42
	55	Van Wyk, Josie	13	LAL E-CE 3:00.91
	56	Van Tromp, Seruby	14	LAL E-CE 3:00.93
	57	Butau, Mila T	11	BEST-NM 3:01.23
	58	Faul, Ellen J	14	QSAW-CE 3:01.29
	59	Strydom, Mia	13	INFA-NM 3:01.57
	60	Normington, Olivia	11	XCEL-CP 3:01.63
	61	McAfee, Holly B	14	FISH-ED 3:01.90
	62	Coetsee, Elke M	10	FISH-ED 3:02.24
	63	Madeley, Amy O	13	ANAX-CP 3:02.96
	64	Olivier, Gianna G	11	PAQU-CE 3:03.16
	65	Jurgens, Chloe-Leigh	12	MANT-CP 3:03.60
	66	Lourens, Mia	13	CASC-CP 3:03.63
	67	Terwin, Brooklyn	12	USC-BU 3:03.69
	68	Pretorius, Kara	12	SSISA-CP 3:05.48
	69	Stevenson, Mikayla	12	QUIC-CP 3:05.54
	70	Mack, Kyrak E	15	PEAS-NM 3:05.58
	71	Wilensky, Mikayla	11	ASAC-CP 3:05.79
	72	Hendricks, Jada	12	TYGE-CP 3:06.86
	73	Nel, Olivia	12	CLA-WC 3:07.08
	74	Joubert, Liandi	13	USC-BU 3:07.08
	75	Avenant, Ankia	14	UPSK 3:07.28
	76	Lottering, Eirley	13	USC-BU 3:07.33
	77	Du Preez, Kyra J	11	USC-BU 3:07.69
	78	Malan, Lua B	12	WELL-CE 3:07.93
	79	Adams, Tatum	11	PAQU-CE 3:08.25
	80	Kalapac, Lexi	12	SLAQ-CP 3:08.44
	81	Ristow, Emma K	12	USC-BU 3:08.68
	82	Anthony, Jazmin A	12	PAQU-CE 3:10.06
	83	Newkirk, Gia	12	TYGE-CP 3:11.35
	84	Swanepoel, Pia Q	11	ASAC-CP 3:11.69
	85	Theron, Alex	12	CASC-CP 3:12.19
	86	Halford, Harper C	13	MANT-CP 3:12.41
	87	Makore, Bona M	11	ASAC-CP 3:12.61
	88	Sprong, Jaime M	11	ASAC-CP 3:14.23
	89	Mfabe, Zingce Z	12	USC-BU 3:14.36
	90	Cupido, Kirsten	12	CYBE-CP 3:14.58
	91	Venter, Ané	11	FISH-ED 3:14.87
	92	Tembo, Noku L	12	KNYA-ED 3:15.13
	93	Perrins, Hayden	11	GREY-CP 3:15.18
	94	Kuhn, Alexa J	11	CASC-CP 3:16.24
	95	Schutzler, Amelia-Rose	12	USC-BU 3:16.66
	96	Kretzmann, Sophie F	11	USC-BU 3:17.09
	97	Haynes-Smart, Kaitlyn	12	VINE-CP 3:17.81
	98	Barthus, Alessia	12	MANT-CP 3:18.36
	99	Van Zyl, Liane	12	UPSK 3:18.48
	100	Kleynhans, Kayla	12	ROA-ED 3:19.04
	101	Thompson, Riley	12	HARL-BU 3:19.55
	102	Van Jaarsveld, Bianca I	10	TYGE-CP 3:19.70
	103	Hengst, Emily A	11	CASC-CP 3:19.72
	104	Pitout, Addison P	10	ASAC-CP 3:20.35
	105	Onkruid, Gianna R	11	UWCA-CP 3:20.70
	106	Scheffer, Shaylee C	10	CASC-CP 3:21.29
	107	Vd Wal, Kaylee	11	CASC-CP 3:22.13
	108	Walker, Kayla-Anne	11	CYBE-CP 3:22.69
	109	Engelbrecht, Zia-Bella L	11	HTSA-CP 3:23.17
	110	Daniels, Emily G	11	XCEL-CP 3:23.30
	111	Van Der Byl, Emily	11	USC-BU 3:23.30
	112	Loni, Yama	11	INFA-NM 3:24.75
	113	Schemel, Leah I	11	HARL-BU 3:25.82
57	Heunis, Le Roux	13	TYGE-CP 2:48.46	
58	Townsend, Lucan D	16	ASAC-CP 2:48.51	
59	Jacobs, Seth G	12	MANT-CP 2:48.81	
60	Van Onselen, Pierre S	12	TYGE-CP 2:49.62	
61	Coates, Caleb	13	FISH-ED 2:50.04	
62	Jurgens, Ezra J	16	MANT-CP 2:50.24	
63	Hattingh, Ben	14	FAAC 2:50.88	
64	February, Dillon S	12	CASC-CP 2:51.43	
65	Akinci, Can Batu	13	VINE-CP 2:52.11	
66	Bothma, Ryan	13	KSTAR-ED 2:52.62	
67	Fortune, Yaseen	14	MANT-CP 2:52.65	
68	Steyn, Harry	11	CASC-CP 2:52.70	
69	Schabert, Lowen	11	QSAW-CE 2:52.73	
70	Basson, Zethan L	14	PEAS-NM 2:52.89	
71	Kasselman, Juan	13	RBOT-BP 2:52.91	
72	Kretzmann, Kaleb B	14	USC-BU 2:53.49	
73	Weber, Daniel	13	PLAY-CE 2:53.95	
74	Van Rooyen, Louis B	15	FISH-ED 2:54.01	
75	Richter, Joshua C	11	BEST-NM 2:54.14	
76	Jonas, Leonardo	13	PLAY-CE 2:55.04	
77	Pitout, Zachary J	13	ASAC-CP 2:55.07	
78	Lewis, Callum R	14	CASC-CP 2:55.17	
79	Theron, Oloff A	14	VINE-CP 2:55.30	
80	Simpson, Jesse	16	CASC-CP 2:55.68	
81	Schemel, Brody L	12	HARL-BU 2:56.60	
82	Smit, Christian F	13	ROA-ED 2:57.71	
83	Muller, Lukas D	13	LAL E-CE 2:57.97	
84	Schoeman, Mateo J	11	QSAW-CE 2:58.40	
85	Joyce, Guy	11	CASC-CP 2:58.59	
86	Lötter, Reuben	13	DESA-NM 2:59.29	
87	Harbron, Nicholas	13	FAAC 2:59.49	
88	Bond, Ben L	11	ROA-ED 2:59.64	
89	Kleinsmith, David	13	CASC-CP 3:01.23	
90	Pieterse, Adriaan	10	DESA-NM 3:01.67	
91	Kruger, Rikhardt	13	UPSK 3:01.85	
92	Forsythe, Declan J	11	INFA-NM 3:02.09	
93	Theunissen, Jude E	12	BEST-NM 3:03.01	
94	Louw, James	12	VINE-CP 3:03.39	
95	Desai, Rohin T	11	SAAW-CP 3:03.71	
96	Laufs, Connor R	12	SAAW-CP 3:03.89	
97	Hucke, Tegan	13	SAAW-CP 3:03.90	
98	Stander, Christiaan L	12	ASAW-CE 3:04.00	
99	Coolen, Nicolas D	12	STAQ-CE 3:04.62	
100	Serfontein, John-Lourens	11	ROA-ED 3:04.82	
101	Knoetze, Ruben	11	ROA-ED 3:05.26	
102	Law Hing Choy, Flynn M	11	SAAW-CP 3:05.49	
103	Van Heerden, Emile L	11	FISH-ED 3:05.54	
104	Lategan, Wessel W	12	SWAR-WC 3:06.54	
105	Fouche, Jack	13	CASC-CP 3:06.63	
106	Van Wyngaard, Daniël C	11	ROA-ED 3:06.72	
107	Lewis, Amaru C	12	PAQU-CE 3:06.90	
108	Abrie, Ryn J	13	CUHE-OB 3:07.07	
109	Niemand, Leo	13	CYBE-CP 3:07.08	
110	Titus, Brody	12	PAQU-CE 3:08.07	
111	Wetzl, Alex J	11	STAQ-CE 3:08.74	
112	Mostert, Stian	13	FAAC 3:09.23	
113	Lange, Oliver	11	VINE-CP 3:09.87	
114	Spangenberg, Zach A	12	XCEL-CP 3:10.25	
115	Kenmuir, Ethan	12	VINE-CP 3:10.64	
116	Perez Castellano, Emilio	11	TYGE-CP 3:11.04	
117	Ellis, Alec C	12	LAL E-CE 3:11.77	
118	Kleynhans, Michael	10	BARR-CP 3:13.18	
119	Odendaal, Riko	12	BARR-CP 3:13.19	
120	Coetzee, Tristan R	11	FISH-ED 3:15.88	
121	Gerber, Luke M	11	CASC-CP 3:16.07	

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

Psych Sheet																			
#314 ... (Women 19 & Under 200 LC Meter IM)				4 LALE-CE				A		1:58.89									
114	DU Plessis, Lheané	11	FISH-ED	3:26.18	Muller, Lukas D 13				Hodge, Cameron P 14		Kleinhans, Kyle 18								
115	Stearn, Hannah	11	INFA-NM	3:26.38	VerLoren Van Themaat, Hei				Vd Merwe, Thomas 15		Pardoe, James N 13								
116	Verdon, Leah L	10	VINE-CP	3:27.71	5 MANT-CP				A		2:00.00								
117	van der Mescht, Ava	12	DESA-NM	3:32.61	Fortune, Yaseen 14				Fortune, Hakeem 13		Hendricks, Joshua 18								
118	Strydom, Marli	11	QUIC-CP	3:33.73	Addinall, Ethan 14				Jacobs, Seth G 12		Smith, Tristan A 15								
119	Adams, Ella	12	TYGE-CP	3:33.77	6 MARL-CP				A		2:01.13								
120	Ras, Annabelle	11	QUIC-CP	3:33.89	Francis, Ethan 13				Gamielidien, Idreess 14		Hlangothi, Munguni S 17								
121	Voysey, Ella N	12	VINE-CP	3:44.52	Basson, Trishaun T 15				Samsodien, Saaligh S 14		Sheard, Dylan J 17								
#315 Men 12 & Under 4x50 LC Meter Freestyle Relay 4 x 50 F				7 BLMA-CP				A		2:01.49									
				Van Dyk, Stephaan 14				Moodie, Zak 14		Kalapac, Joshua 16									
				Wessels, Connor M 14				Coleman, Travis 13		Nagendrakumar, Puneet 14									
				8 QUIC-CP				A		2:03.52									
				Lichthart, Nicus 14				Troskie, Roean 13		#320 Women 16-19 4x50 LC Meter Freestyle Relay 4 x 50 F									
				Shipton, Christopher J 13				Coetzee, Sion M 14		Team									
				9 ASAC-CP				A		2:07.97									
				Viljoen, Jagger F 12				Stenekamp, Keanu 12		1 BLMA-CP									
				Pitout, Zachary J 13				Wenn, Josiah 14		A									
				10 SAAW-CP				A		2:09.48									
				Field, Joshua J 15				Ramorwesi, Oratilwe M 13		Dabrowski, Leah A 11									
				Hucke, Tegan 13				Desai, Rohin T 11		Zeelie, Shanna-Leigh 16									
				11 BARR-CP				A		2:15.41									
				Janse van Rensburg, Daniël				Kleynhans, Michael 10		2 SSISA-CP									
				Swanepoel, Roehan J 11				Heunis, Johan C 11		A									
				12 VINE-CP				A		2:15.51									
				Theron, Oloff A 14				Louw, James 12		White, Rebecca M 16									
				Akinci, Can Batu 13				Kenmuir, Ethan 12		Myers, Kirsten E 14									
#316 Women 12 & Under 4x50 LC Meter Freestyle Relay 4				#318 Women 13-15 4x50 LC Meter Freestyle Relay 4 x 50 F				#321 Mixed 12 & Under 4x50 LC Meter Medley Relay 4 x 50 F											
Team				Relay		Seed Time		Team				Relay		Seed Time					
1	INFA-NM	A		2:07.60		1	APNL	A		2:01.59		1	INFA-NM	A		2:13.46			
Wilson, Samantha 11				Stearn, Hannah 11				Parimbelli, Maria Teresa 14				Palha, Isis Gabriela 13				Forsythe, Declan J M11			
Pieterse, Haley 10				Geldart, Olivia L 11				Vunge, Chelsea Idalina 14				Body, Alice Celeste 14				Wilson, Samantha W11			
2	VINE-CP	A		2:14.76		2	TYGE-CP	A		2:05.60		2	CASC-CP	A		2:27.99			
Haynes-Smart, Kaitlyn 12				Voysey, Ella N 12				De Oliveira, Aliyah 15				Burger, Juanè 14				February, Dillon S M12			
Gullan, Sophia 12				Lloyd, Jemma A 12				Otterbach, Lily 14				Senekal, Margo 15				Jordaan, Mikayla E W12			
3	CASC-CP	A		2:15.69		3	ASAC-CP	A		2:08.06		Van Onselen, Pierre S M12				Perez Castellano, Emilio M12			
Scheffer, Shaylee C 10				McGluwa, Jovanah N 12				Van Dyk, Zani 13				Wilensky, Mikayla 11				Hendricks, Jada W12			
Theron, Alex 12				Jordaan, Mikayla E 12				Longueira, Ava L 12				Vd Merwe, Mia 15				5 QUIC-CP			
4	SAAW-CP	A		2:16.09		4	PEAS-NM	A		2:08.06		Sebastian, Alexander M11				A			
Pearson-Adams, Oshun O 1				Emjedi, Saffiya 12				McLean, Daniella L 13				Mack, Kyrah E 15				Rossouw, Marais M11			
Barnes, Caitlin M 12				Johnson, Ella J 11				Strong, Ava J 15				O'Connor, Kayden C 14				Stevenson, Mikayla W12			
5	SSISA-CP	A		2:17.91		5	LALE-CE	A		2:08.31		7 SAAW-CP				A			
Heldsinger, Gia 12				Tranter, Alexia R 11				Van Wyk, Josie 13				Retief, Jane 13				Barnes, Caitlin M W12			
Parker, Leila E 12				Pretorius, Kara 12				Bircher, Storm Z 13				Van Tromp, Seruby 14				Emjedi, Saffiya W12			
6	FISH-ED	A		2:20.12		6	VINE-CP	A		2:10.00		8 FISH-ED				A			
Venter, Ané 11				Haldane, Bella 12				Charles, Tyla 13				Johannes, Ty 15				Van Heerden, Emile L M11			
DU Plessis, Lheané 11				Coetsee, Elke M 10				Nixon, Sofia 13				Adams, Sydney M 15				Coetsee, Elke M W10			
7	ASAC-CP	A		2:20.21		7	QUIC-CP	A		2:14.12		9 PAQU-CE				A			
Pitout, Addison P 10				Swanepoel, Pia Q 11				Jantzen, Zianè 15				Strydom, Marli 11				Titus, Brody M12			
Sprong, Jaime M 11				Makore, Bona M 11				Stevenson, Mikayla 12				Pahl, Shelly F 13				Olivier, Gianna G W11			
8	TYGE-CP	A		2:20.60		8	SAAW-CP	A		2:14.46		#322 Mixed 13-15 4x50 LC Meter Medley Relay 4 x 50 Mix				Team			
Newkirk, Gia 12				Van Jaarsveld, Bianca I 10				Kuhn, Tamzyn J 15				Latimer, Olivia H 13				1 BLMA-CP			
Adams, Ella 12				Hendricks, Jada 12				Benade, Aria 10				Robinson, Alana 14				A			
#317 Men 13-15 4x50 LC Meter Freestyle Relay 4 x 50 Free				#319 Men 16-19 4x50 LC Meter Freestyle Relay 4 x 50 Free				Team				Relay		Seed Time		Team			
Team				Relay		Seed Time		1 SAAW-CP				A		1:45.68		1 BLMA-CP			
1	CASC-CP	A		1:53.80		Pincente, Matthew 17				Van der Merwe, Josh E 16				Dabrowski, Leah A W11					
Njoroge, Alphonse 15				Krause, Luke 14				Zellie, Thomas J 17				Gilbert, Thomas O 17				Coleman, Travis M13			
Grobler, Chris I 14				van Wyk, Tariq K 14				2 ASAC-CP				A		1:47.28		Wessels, Connor M M14			
2	CYBE-CP	A		1:57.72		De Jager, Nathan B 16				De Bruyn, Cornè C 16				2 CASC-CP					
Spencer, Charles A 15				Spencer, Marcus W 13				Arnott, Carter J 16				Viljoen, Jaden R 16				A			
Sampson, Zac 13				Niemand, Leo 13				3 APNL				A		1:48.22		Njoroge, Alphonse M15			
3	TYGE-CP	A		1:58.47		Sousa, Guilherme Machado				Zhukov, Oleksander Mario				Riley, Logan W14					
Wright, Jonah S 14				Heunis, Le Roux 13				Manuel, Silverio Fernando				Fernandes, Carlos Daniel 15				Fabricius, Kaylin W15			
Du Randt, Zack S 13				Das Neves, Lucas P 15				4 WALM-CP				A		1:49.50		3 PEAS-NM			
								Pedro, Tamkeen 17				Beukes, Mateo A 19				Strong, Ava J W15			
								Beukes, Jaden L 15				Pedro, Maahier 13				Andrews, Carl R M15			

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Psych Sheet															
#322 ... (Mixed 13-15 4x50 LC Meter Medley Relay 4 x 50)	6	SSISA-CP	A	2:16.73	14	Brooker, Matthew W	17	AACTA-CP	26.28	81	Coates, Caleb	13	FISH-ED	30.00	
		Myers, Kirsten E W14	Heldsinger, Alexa L W14		15	Hewitt-Smook, Kristian	17	SWAR-WC	26.32	82	Hattingh, Ben	14	FAAC	30.04	
		Poggenpoel, Troy J M15	Pardoe, James N M13		16	Kleinhans, Kyle	18	SSISA-CP	26.36	83	Kleu, Wian M	12	STAQ-CE	30.10	
	7	ASAC-CP	A	2:17.84	17	Hendricks, Joshua	18	CASC-CP	26.37	84	Niemand, Leo	13	CYBE-CP	30.18	
		Van Dyk, Zani W13	Wenn, Josiah M14		18	Zellie, Thomas J	17	SAAW-CP	26.40	85	Field, Joshua J	15	SAAW-CP	30.32	
		Vd Merwe, Mia W15	Pitout, Zachary J M13		19	Pedro, Tamkeen	17	WALM-CP	26.41	86	Southey, Jamie	16	AQDO-CP	30.36	
	8	QUIC-CP	A	2:19.26	20	Wedderburn, Liam	16	INFA-NM	26.50	87	Troskie, Jean	13	QUIC-CP	30.42	
		Lichthart, Nicus M14	Pahl, Shelly F W13		21	Hlangothi, Munguni S	17	PEAS-NM	26.55	88	Bothma, Ryan	13	KSTAR-ED	30.48	
		Jantzen, Zianè W15	Coetzee, Sion M M14		22	Lombard, Kyle M	17	CASC-CP	26.59	89	Opperman, Conrad Wille	10	SEY	30.59	
	9	SLAQ-CP	A	2:19.85	23	Arnott, Carter J	16	ASAC-CP	26.61	90	Wessels, Connor M	14	BLMA-CP	30.66	
		Nagendrakumar, Puneet M1	Kalapac, Lexi W12		24	Engelbrecht, Ruben J	17	PLAY-CE	26.67	91	Lubbe, Alex C	13	USC-BU	30.72	
		Daniels, Joshua D M14	Messiter-Tooze, Luna S W1		25	Sousa, Guilherme Machac	16	APNL	26.78	92	Gomez, Alex W	14	MARL-CP	30.75	
	10	CYBE-CP	A	2:20.00	26	Blauw, Tyriq D	16	TYGE-CP	26.92	93	Kretzmann, Kaleb B	14	USC-BU	30.81	
		Spencer, Charles A M15	Spencer, Marcus W M13		27	van Staden, Mika L	15	AQUA-BU	27.03	94	Opperman, Cornelius Joh	13	SEY	30.81	
		Cupido, Kirsten W12	Walker, Kayla-Anne W11		28	Spencer, Charles A	15	CYBE-CP	27.16	95	Janse van Rensburg, Dani	13	BARR-CP	30.82	
	11	SAAW-CP	A	2:22.10	29	Solomon, Ethan	16	AQDO-CP	27.25	96	Pitout, Zachary J	13	ASAC-CP	30.87	
		Pearson-Adams, Oshun O W	Field, Joshua J M15		30	De Jager, Nathan B	16	ASAC-CP	27.26	97	Du Randt, Zack S	13	TYGE-CP	30.94	
		Ramorwesi, Oratilwe M M1	Kuhn, Tamzyn J W15		31	De Bruyn, Cornè C	16	ASAC-CP	27.31	98	Conradie, D'Niel	13	ASAW-CE	30.97	
	12	VINE-CP	A	2:25.68	32	Germishuys, Liam J	15	QSAW-CE	27.35	99	Ramorwesi, Oratilwe M	13	SAAW-CP	30.99	
		Gullan, Sophia W12	Charles, Tyla W13		33	Booth, Jake J	14	VIKI-BU	27.37	100	Steyn, Harry	11	CASC-CP	31.02	
		Kenmuir, Ethan M12	Lange, Oliver M11		34	Andrews, Carl R	15	PEAS-NM	27.37	101	Spencer, Marcus W	13	CYBE-CP	31.06	
	13	APNL	A	2:31.00	35	Vd Merwe, Thomas	15	LALE-CE	27.46	102	Froneman, Dylan R	13	BLMA-CP	31.13	
		Comotti, Leonardo M10	Guimaraes, Carolina Rocha		36	Schreuder, Steffen	17	ASAW-CE	27.59	103	Jacobs, Seth G	12	MANT-CP	31.15	
		Dode, Davi Lucas M14	Kempson, Savannah W11		37	Gounden, Mikhael A	19	CLA-WC	27.61	104	Harbron, Nicholas	13	FAAC	31.39	
	14	KNYA-ED	A	2:44.58	38	Daniels, Joshua D	14	SLAQ-CP	27.78	105	Heunis, Le Roux	13	TYGE-CP	31.62	
		Swanepoel, Hallett J M12	Parr, Riley C M11		39	Das Neves, Lucas P	15	TYGE-CP	27.84	106	Troskie, Roean	13	QUIC-CP	31.65	
		Tembo, Noku L W12	Harper, Maddie I W14		40	Gilbert, Thomas O	17	SAAW-CP	27.87	107	Stander, Christiaan L	12	ASAW-CE	31.75	
	#323 Mixed 16-19 4x50 LC Meter Medley Relay 4 x 50 Mixed				41	Beukes, Jaden L	15	WALM-CP	27.88	108	Goodall, Aaron	12	ASAC-CP	31.77	
		Team	Relay	Seed Time	42	Copteros, Ilyo B	17	PEAS-NM	27.91	109	Richter, Joshua C	11	BEST-NM	31.82	
	1	SAAW-CP	A	2:06.57	43	Basson, Lucca N	15	SFSC-CP	27.92	110	Cook, Jedd R	14	USC-BU	31.85	
		Van der Merwe, Josh E M16	Latimer, Olivia H W13		44	Sheard, Dylan J	17	PEAS-NM	27.99	111	Lewis, Callum R	14	CASC-CP	31.88	
		Jarvis, Jade W17	Pincente, Matthew M17		45	Zhukov, Oleksander Mari	15	APNL	28.05	112	Jonas, Leonardo	13	PLAY-CE	31.94	
	2	CASC-CP	A	2:08.13	46	Wright, Jonah S	14	TYGE-CP	28.07	113	Viljoen, Jagger F	12	ASAC-CP	31.96	
		Lombard, Kyle M M17	Hendricks, Joshua M18		47	Grobler, Chris I	14	CASC-CP	28.09	114	Visser, Wessel M	14	UWCA-CP	31.97	
		Blake, Abi E W15	Botha, Rebecca P W13		48	Van der Watt, Alpheus J	16	PLAY-CE	28.10	115	Schemel, Brody L	12	HARL-BU	31.97	
	3	SSISA-CP	A	2:10.01	49	Liedeman, Mark	15	SWAR-WC	28.15	116	Schoeman, Mateo J	11	QSAW-CE	32.00	
		Kleinhans, Kyle M18	Edwards, Reese J W16		50	Mansfield, Luke T	15	STAQ-CE	28.16	117	Lötter, Reuben	13	DESA-NM	32.00	
		Williams, Evan B M15	White, Rebecca M W16		51	Njoroge, Alphonse	15	CASC-CP	28.37	118	Serfontein, John-Lourens	11	ROA-ED	32.06	
	4	PEAS-NM	A	2:10.88	52	Boonzaaier, Simon F	18	ASAW-CE	28.49	119	Harvey, Waylon	13	CYBE-CP	32.08	
		Delpont, Milla W16	Hlangothi, Munguni S M17		53	Krause, Luke	14	CASC-CP	28.56	120	Hodge, Cameron P	14	LALE-CE	32.12	
		Copteros, Ilyo B M17	Jewell, Chloe I W16		54	Williams, Evan B	15	SSISA-CP	28.71	121	February, Dillon S	12	CASC-CP	32.18	
	5	INFA-NM	A	2:12.60	55	Jenkins, Finn R	15	PEAS-NM	28.75	122	Theron, Oloff A	14	VINE-CP	32.34	
		Pieterse, Abby L W15	Wedderburn, Liam M16		56	Townsend, Lucan D	16	ASAC-CP	28.76	123	Van Rooyen, Louis B	15	FISH-ED	32.66	
		Strydom, Mia W13	Dupper, Leon H M16		57	Nagendrakumar, Puneet	14	SLAQ-CP	28.77	124	Abrie, Ryn J	13	CUHE-OB	32.71	
	6	UPSK	A	2:13.08	58	van Wyk, Tariq K	14	CASC-CP	28.78	125	Moodie, Zak	14	BLMA-CP	32.73	
		Avenant, Ankia W14	Steyl, Anne M W16		59	Samsodien, Saaligh S	14	MARL-CP	28.78	126	Stow, David-John	11	INFA-NM	32.73	
		Kruger, Rikhardt M13	Steyl, Anne M W16		60	Coleman, Travis	13	BLMA-CP	28.82	127	Bond, Ben L	11	ROA-ED	32.76	
	7	ASAW-CE	A	2:15.31	61	Weber, Daniel	13	PLAY-CE	29.04	128	Lange, Oliver	11	VINE-CP	32.81	
		Hager, Carle W15	Röntgen, Carine W16		62	Simpson, Jesse	16	CASC-CP	29.05	129	Swanepoel, Hallett J	12	KNYA-ED	32.82	
		Schreuder, Steffen M17	Boonzaaier, Simon F M18		63	Coetzee, Sion M	14	QUIC-CP	29.07	130	Theunissen, Jude E	12	BEST-NM	33.06	
#401 Men 19 & Under 50 LC Meter Freestyle		Name	Age	Team	Seed Time	64	Zungu, Sinothando	16	VIKI-BU	29.07	131	Gerber, Luke M	11	CASC-CP	33.11
	1	Eilers, De-Anzo C	18	KALA	25.28	65	Strydom, Luan	16	TYGE-CP	29.12	132	Kleinsmith, David	13	CASC-CP	33.12
	2	Pincente, Matthew	17	SAAW-CP	25.41	66	Lichthart, Nicus	14	QUIC-CP	29.17	133	Smit, Christian F	13	ROA-ED	33.12
	3	Van Der Merwe, Ula W	17	KNYA-ED	25.70	67	Nash, Daniel A	17	PEAS-NM	29.17	134	Ellis, Alec C	12	LALE-CE	33.17
	4	Pullock, Sam J	15	CUHE-OB	25.83	68	Martin, Alzhario	17	UWCA-CP	29.23	135	Delpont, Reynard	11	BEST-NM	33.17
	5	Beukes, Mateo A	19	WALM-CP	25.85	69	Thompson, Cameron G	16	HARL-BU	29.27	136	Nolands, Reece T	14	USC-BU	33.24
	6	Van der Merwe, Josh E	16	SAAW-CP	26.00	70	Sampson, Zac	13	CYBE-CP	29.32	137	Coolen, Nicolas D	12	STAQ-CE	33.25
	7	Fernandes, Carlos Daniel	15	APNL	26.02	71	Pedro, Maahier	13	WALM-CP	29.36	138	Comotti, Leonardo	10	APNL	33.33
	8	Kalapac, Joshua	16	SLAQ-CP	26.03	72	Raath, Jaedyn K	17	ANAX-CP	29.40	139	Joyce, Guy	11	CASC-CP	33.38
	9	Viljoen, Jaden R	16	ASAC-CP	26.10	73	Muller, Lukas D	13	LALE-CE	29.42	140	Van Rensburg, Janco	14	TYGE-CP	33.38
	10	Rayne, Leo	16	ASAC-CP	26.17	74	Kruger, Rikhardt	13	UPSK	29.53	141	Laufs, Connor R	12	SAAW-CP	33.52
	11	Steyl, Douw L	18	UPSK	26.19	75	Mallin, Lukas	11	SAAW-CP	29.73	142	Breebaart, Matthew	10	CASC-CP	33.53
	12	Dupper, Leon H	16	INFA-NM	26.22	76	Smith, Tristan A	15	CASC-CP	29.74	143	Kuhn, Adrian-Brand	10	CASC-CP	33.55
	13	Witbooi, Reinhardt J	18	STAQ-CE	26.25	77	Jooste, Ben D	13	CUHE-OB	29.80	144	Pieterse, Nicholas N	11	STAQ-CE	33.58
						78	Willenburg, Elijah K	14	SLAQ-CP	29.82	145	Knoetze, Ruben	11	ROA-ED	33.64
						79	Strydom, Andre N	13	BEST-NM	29.86	146	Louw, James	12	VINE-CP	33.67
						80	VerLoren Van Themaat, H	13	LALE-CE	29.89	147	Sebastian, Alexander	11	MANT-CP	33.70

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Psych Sheet														
#401 ... (Men 19 & Under 50 LC Meter Freestyle)					18	White, Rebecca M	16	SSISA-CP	30.56	85	Christensen, Milla M	12	WELL-CE	33.34
148	King, Aidan J	12	CASC-CP	33.72	19	Burger, Juanè	14	TYGE-CP	30.58	86	Goldman, Jasmine	14	VINE-CP	33.45
149	Wetzl, Alex J	11	STAQ-CE	33.75	20	Dabrowski, Leah A	11	BLMA-CP	30.60	87	Du Plessis, Leah	12	PEAS-NM	33.45
150	Hucke, Tegan	13	SAAW-CP	33.83	21	Riley, Logan	14	CASC-CP	30.61	88	Messiter-Tooze, Luna S	14	SLAQ-CP	33.52
151	Clark, Alexander L	11	UWCA-CP	33.84	22	Vunge, Chelsea Idalina	14	APNL	30.62	89	Wilensky, Mikayla	11	ASAC-CP	33.57
152	Coetzee, Tristan R	11	FISH-ED	33.86	23	Pieterse, Abby L	15	INFA-NM	30.66	90	Grebe, Ava	12	CUHE-OB	33.62
153	Poultney, Daniel	9	CASC-CP	34.00	24	Hager, Carle	15	ASAW-CE	30.72	91	Mauer, Kayden	14	USC-BU	33.64
154	Titus, Brody	12	PAQU-CE	34.19	25	Watson, Caitlin C	17	BLMA-CP	30.75	92	Terwin, Brooklyn	12	USC-BU	33.68
155	Kannemeyer, Luan	11	QUIC-CP	34.25	26	Geldart, Olivia L	11	INFA-NM	30.93	93	Van den Berg, Nika	13	QSAW-CE	33.70
156	Perez Castellano, Emilio	11	TYGE-CP	34.33	27	Gullan, Sophia	12	VINE-CP	30.96	94	Barnes, Caitlin M	12	SAAW-CP	33.72
157	Desai, Rohin T	11	SAAW-CP	34.34	28	Kuhn, Tamzyn J	15	SAAW-CP	30.96	95	Cronjé, Miané	14	FISH-ED	33.74
158	van der Westhuizen, Anri	11	INFA-NM	34.36	29	Avenant, Ankia	14	UPSK	30.96	96	Theron, Alex	12	CASC-CP	33.75
159	Bendixen, Vidar R	12	SAAW-CP	34.47	30	Welsh, Stacey A	14	BEST-NM	30.96	97	Kleynhans, Kayla	12	ROA-ED	33.79
160	Fouche, Jack	13	CASC-CP	34.50	31	Heldsinger, Gia	12	SSISA-CP	31.11	98	Els, Jamie	12	AQDO-CP	33.88
161	Lategan, Wessel W	12	SWAR-WC	34.53	32	Vd Merwe, Mia	15	ASAC-CP	31.17	99	Joubert, Liandi	13	USC-BU	33.92
162	Spangenberg, Zach A	12	XCEL-CP	34.59	33	Wilson, Samantha	11	INFA-NM	31.19	100	Stearn, Hannah	11	INFA-NM	34.02
163	Kleynhans, Michael	10	BARR-CP	34.60	34	Pahl, Shelly F	13	QUIC-CP	31.22	101	Baillie, Gabi J	15	LALE-CE	34.10
164	Skordis, Boyd A	11	AQDO-CP	34.62	35	Van Dyk, Zani	13	ASAC-CP	31.23	102	Emjedi, Saffiya	12	SAAW-CP	34.11
165	Lewis, Amaru C	12	PAQU-CE	34.63	36	Schou, Lexi	14	SFSC-CP	31.26	103	Lourens, Mia	13	CASC-CP	34.12
166	Schabort, Lowen	11	QSAW-CE	34.78	37	Van Wyk, Josie	13	LALE-CE	31.30	104	Hendricks, Jada	12	TYGE-CP	34.12
167	Parr, Riley C	11	KNYA-ED	34.78	38	Basson, Lenè	14	CLA-WC	31.34	105	Beyers, Lize M	11	AGAQ-OB	34.17
168	Swanepoel, Roehan J	11	BARR-CP	34.89	39	Wyngaard, Dakota J	18	QUIC-CP	31.43	106	Gilligan, Saskia	11	BLMA-CP	34.19
169	Heunis, Johan C	11	BARR-CP	35.10	40	Pieterse, Haley	10	INFA-NM	31.46	107	Mfabe, Zingce Z	12	USC-BU	34.20
170	Fouche, Ryan	10	CASC-CP	35.55	41	Gerber, Kayla M	12	STAQ-CE	31.48	108	Sprong, Jaime M	11	ASAC-CP	34.27
171	Lötter, Daniel	11	DESA-NM	35.57	42	Butau, Mila T	11	BEST-NM	31.55	109	Pitout, Addison P	10	ASAC-CP	34.29
172	Lubbe, Mikael B	12	ASAC-CP	35.60	43	McLean, Daniella L	13	PEAS-NM	31.60	110	Hofinger, Charlotte M	11	ASAC-CP	34.30
173	Law Hing Choy, Flynn M	11	SAAW-CP	35.66	44	De Beer, Isabella C	13	QSAW-CE	31.62	111	Cupido, Kirsten	12	CYBE-CP	34.32
174	Pieterse, Adriaan	10	DESA-NM	35.66	45	Latimer, Olivia H	13	SAAW-CP	31.65	112	Nieuwoudt, Jenna M	12	SWAR-WC	34.37
175	Van Heerden, Emile L	11	FISH-ED	35.83	46	O'Carroll, Nia E	14	STAQ-CE	31.67	113	Makore, Bona M	11	ASAC-CP	34.44
176	Odendaal, Riko	12	BARR-CP	35.86	47	Coetsee, Elke M	10	FISH-ED	31.70	114	Kleynhans, Sian	15	FISH-ED	34.45
177	Swartz, Seth J	11	TYGE-CP	35.94	48	Christie, Laila A	12	USC-BU	31.70	115	Newkirk, Gia	12	TYGE-CP	34.46
178	Hattingh, Theodor S	11	FAAC	35.97	49	Halford, Harper C	13	MANT-CP	31.82	116	Olivier, Gianna G	11	PAQU-CE	34.77
179	Davenport, Daniel J	11	DESA-NM	36.13	50	Barnard, Adelmari D	15	SWAR-WC	31.84	117	Scheffer, Shaylee C	10	CASC-CP	34.79
180	Maughan, Patrick F	12	ASAC-CP	36.21	51	Pohlmann, Sarah	12	BEST-NM	31.85	118	Shaw, Inge	12	LALE-CE	34.80
181	Naude, Niel P	10	AGAQ-OB	36.29	52	Otterbach, Lily	14	TYGE-CP	31.91	119	Loni, Yama	11	INFA-NM	34.94
182	Rossouw, Marais	11	QUIC-CP	36.32	53	Nienaber, Mila J	13	QSAW-CE	31.97	120	Jordaan, Mikayla E	12	CASC-CP	34.98
183	Lamminga, Jack	13	CLA-WC	36.61	54	Myers, Kirsten E	14	SSISA-CP	31.98	121	Daniels, Emily G	11	XCEL-CP	35.00
184	Vermaak, Bo	12	VINE-CP	36.73	55	Kruger, Livvy	11	PLAY-CE	31.99	122	Barthus, Alessia	12	MANT-CP	35.26
185	Baadjies, Cruden H	13	PAQU-CE	36.84	56	Brooker, Isabella J	13	AACTA-CP	32.00	123	Adams, Ella	12	TYGE-CP	35.44
186	Louw, André J	11	KALA	37.21	57	Prins, Tiffany C	14	KTS	32.04	124	Thirsk, Savannah	13	TYGE-CP	35.47
187	Kruger, Blake R	11	SWAR-WC	37.31	58	Mack, Kyrach E	15	PEAS-NM	32.06	125	Nel, Olivia	12	CLA-WC	35.53
188	van der Merwe, Naude	11	DESA-NM	37.36	59	Longueira, Ava L	12	ASAC-CP	32.09	126	Smit, Dione	11	CASC-CP	35.58
189	Van Zyl, Reghardt D	11	INFA-NM	38.27	60	McGluwa, Jovanah N	12	CASC-CP	32.17	127	Adams, Tatum	11	PAQU-CE	35.61
190	Olivier, Simeon	10	PAQU-CE	38.63	61	Stevens, Judy C	16	QUIC-CP	32.17	128	Mahlangu, Ndalo	11	BLMA-CP	35.63
191	Kriel, Ewan	11	QUIC-CP	40.79	62	Sadler, Arabella J	13	LEGC-ET	32.20	129	Kalapac, Lexi	12	SLAQ-CP	35.71
192	Wiener, Will D	11	TYGE-CP	41.81	63	Loubser, Jenna L	17	SLAQ-CP	32.24	130	Normington, Olivia	11	XCEL-CP	35.77
#402 Women 19 & Under 50 LC Meter Freestyle					64	Sonnekus, Anya	13	TYGE-CP	32.25	131	Hengst, Emily A	11	CASC-CP	35.99
					65	Palha, Isis Gabriela	13	APNL	32.25	132	Kuhn, Alexa J	11	CASC-CP	36.34
					66	Lottering, Eirley	13	USC-BU	32.27	133	Kretzmann, Sophie F	11	USC-BU	36.39
					67	Douglas, Keyla	11	ROA-ED	32.34	134	Parker, Leila E	12	SSISA-CP	36.52
					68	Delpont, Milla	16	PEAS-NM	32.44	135	Van Jaarsveld, Bianca I	10	TYGE-CP	36.58
					69	Visser, Sandri	16	PLAY-CE	32.49	136	DU Plessis, Lheané	11	FISH-ED	36.64
					70	Blake, Abi E	15	CASC-CP	32.54	137	Onkruid, Gianna R	11	UWCA-CP	36.86
					71	Louw, Mali R	12	WELL-CE	32.63	138	Haldane, Bella	12	FISH-ED	36.89
					72	Edwards, Reese J	16	SSISA-CP	32.65	139	Strydom, Marli	11	QUIC-CP	37.11
					73	Robinson, Alana	14	SAAW-CP	32.65	140	Vd Wal, Kaylee	11	CASC-CP	37.12
					74	Perrins, Hayden	11	GREY-CP	32.66	141	Walker, Kayla-Anne	11	CYBE-CP	37.55
					75	Jewell, Chloe I	16	PEAS-NM	32.74	142	Van Der Byl, Emily	11	USC-BU	38.30
					76	Tembo, Noku L	12	KNYA-ED	32.80	143	van der Mescht, Ava	12	DESA-NM	38.30
					77	McAfee, Holly B	14	FISH-ED	32.84	144	Engelbrecht, Zia-Bella L	11	HTSA-CP	38.56
					78	Pearson-Adams, Oshun O	12	SAAW-CP	32.85	145	Knott, Cayleigh	11	ASAC-CP	38.83
					79	Pretorius, Kara	12	SSISA-CP	32.87	146	Verdon, Leah L	10	VINE-CP	38.83
					80	Coetzee, Marli	13	CASC-CP	32.97	147	Benade, Aria	10	SAAW-CP	39.20
					81	Murray, Demi J	14	USC-BU	32.97	148	De Jager, Isabella	10	QSAW-CE	41.09
					82	Van Zyl, Liane	12	UPSK	33.04					
					83	Strydom, Mia	13	INFA-NM	33.16					
					84	Castleden, Sophia K	12	STAQ-CE	33.28					

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

Psych Sheet

#403 Men 99 & Under 50 LC Meter Freestyle Multi-Class Pa				
Name	Age	Team	Seed	Time
1 Pardoe, James N	13	SSISA-CP	31.84	
2 Hartwig, Connor M	13	HARL-BU	51.47	
#404 Women 99 & Under 50 LC Meter Freestyle Multi-Cla				
Name	Age	Team	Seed	Time
1 Thiart, Annelie	13	CLA-WC	31.91	
2 Endres, Josephine	14	VINE-CP	34.86	
3 Pienaar, Carli	11	CLA-WC	55.77	
#405 Men 19 & Under 200 LC Meter Breaststroke				
Name	Age	Team	Seed	Time
1 Hendricks, Joshua	18	CASC-CP	2:38.67	
2 Saayman, Dehan	17	PLAY-CE	2:42.05	
3 Zellie, Thomas J	17	SAAW-CP	2:42.72	
4 Manuel, Silverio Fernand	16	APNL	2:46.11	
5 Mansfield, Luke T	15	STAQ-CE	2:46.27	
6 Hlangothi, Munguni S	17	PEAS-NM	2:46.82	
7 Simpson, Jesse	16	CASC-CP	2:47.42	
8 Brooker, Matthew W	17	AACTA-CP	2:47.72	
9 Liedeman, Mark	15	SWAR-WC	2:48.41	
10 Nash, Daniel A	17	PEAS-NM	2:49.60	
11 Alexander, Ammaar	17	MARL-CP	2:51.16	
12 Smith, Tristan A	15	CASC-CP	2:51.61	
13 Basson, Zethan L	14	PEAS-NM	2:52.22	
14 Jurgens, Ezra J	16	MANT-CP	2:52.79	
15 Steyl, Douw L	18	UPSK	2:54.85	
16 Beukes, Mateo A	19	WALM-CP	2:55.89	
17 Van Rooyen, Louis B	15	FISH-ED	2:58.94	
18 Basson, Trishaun T	15	MARL-CP	2:59.16	
19 Moodie, Zak	14	BLMA-CP	3:00.11	
20 Gomez, Alex W	14	MARL-CP	3:01.36	
21 Strydom, Luan	16	TYGE-CP	3:02.38	
22 Coleman, Travis	13	BLMA-CP	3:02.70	
23 Wenn, Josiah	14	ASAC-CP	3:02.71	
24 Gamieldien, Idreess	14	MARL-CP	3:04.82	
25 Spencer, Marcus W	13	CYBE-CP	3:05.03	
26 Townsend, Lucan D	16	ASAC-CP	3:05.49	
27 Snyders, Reece	14	UWCA-CP	3:05.87	
28 Krause, Luke	14	CASC-CP	3:06.06	
29 Fortune, Hakeem	13	MANT-CP	3:06.35	
30 Mostert, Stian	13	FAAC	3:06.41	
31 Strydom, Andre N	13	BEST-NM	3:06.60	
32 Njorge, Alphonse	15	CASC-CP	3:06.73	
33 Opperman, Conrad Willem	10	SEY	3:06.83	
34 De Jager, Eben	13	QSAW-CE	3:07.20	
35 Kretzmann, Kaleb B	14	USC-BU	3:09.89	
36 Van Dyk, Stephaan	14	BLMA-CP	3:10.60	
37 Hattingh, Ben	14	FAAC	3:11.64	
38 Addinall, Ethan	14	MANT-CP	3:12.03	
39 Melnik, Yonatan	12	ASAC-CP	3:12.04	
40 Nolands, Reece T	14	USC-BU	3:13.73	
41 Harbron, Nicholas	13	FAAC	3:13.76	
42 Van Rensburg, Janco	14	TYGE-CP	3:14.64	
43 Fortune, Yaseen	14	MANT-CP	3:15.41	
44 Van der Merwe, Dandre J	12	STAQ-CE	3:15.58	
45 Pitout, Zachary J	13	ASAC-CP	3:17.26	
46 Jonas, Leonardo	13	PLAY-CE	3:18.25	
47 Lategan, Wessel W	12	SWAR-WC	3:18.61	
48 Smit, Christian F	13	ROA-ED	3:19.00	
49 Schoeman, Mateo J	11	QSAW-CE	3:20.10	
50 Abrie, Ryn J	13	CUHE-OB	3:20.54	
51 Visser, Wessel M	14	UWCA-CP	3:20.55	
52 Stenekamp, Keanu	12	ASAC-CP	3:21.03	
53 February, Dillon S	12	CASC-CP	3:21.07	
54 Laufs, Connor R	12	SAAW-CP	3:21.20	
55 Pedro, Maahier	13	WALM-CP	3:21.22	
56 Troskie, Jean	13	QUIC-CP	3:21.59	
57 Forsythe, Declan J	11	INFA-NM	3:22.37	
58 Baadjies, Cruden H	13	PAQU-CE	3:23.08	
59 Kleinsmith, David	13	CASC-CP	3:23.18	
60 Kasselmann, Juan	13	RBOT-BP	3:24.12	
61 Titus, Brody	12	PAQU-CE	3:24.19	
62 Lange, Oliver	11	VINE-CP	3:24.81	
63 Serfontein, John-Lourens	11	ROA-ED	3:25.00	
64 Francis, Ethan	13	MARL-CP	3:25.88	
65 Van Onselen, Pierre S	12	TYGE-CP	3:26.68	
66 Fouche, Jack	13	CASC-CP	3:27.81	
67 Kleynhans, Michael	10	BARR-CP	3:27.89	
68 Jacobs, Seth G	12	MANT-CP	3:28.39	
69 Kenmuir, Ethan	12	VINE-CP	3:29.29	
70 Van Wyngaard, Daniël C	11	ROA-ED	3:29.42	
71 Janse van Rensburg, Dani	13	BARR-CP	3:31.44	
72 Bond, Ben L	11	ROA-ED	3:33.49	
73 Van Heerden, Emile L	11	FISH-ED	3:34.71	
74 Olivier, Simeon	10	PAQU-CE	3:35.73	
75 Knoetze, Ruben	11	ROA-ED	3:37.39	
76 Kannemeyer, Luan	11	QUIC-CP	3:38.12	
77 Perez Castellano, Emilio	11	TYGE-CP	3:38.17	
78 Swanepoel, Roehan J	11	BARR-CP	3:38.93	
79 Lubbe, Alex C	13	USC-BU	3:40.94	
80 Kruger, Rikhardt	13	UPSK	3:43.69	
81 Coetzee, Tristan R	11	FISH-ED	3:44.05	
82 Wiener, Will D	11	TYGE-CP	3:44.52	
83 Sebastian, Alexander	11	MANT-CP	3:45.05	
84 Lötter, Daniel	11	DESA-NM	3:45.13	
85 Van der Merwe, Logan	11	TYGE-CP	3:45.18	
86 Harvey, Waylon	13	CYBE-CP	3:45.71	
87 Van Zyl, Reghardt D	11	INFA-NM	3:46.34	
88 Davenport, Daniel J	11	DESA-NM	3:46.42	
89 Spangenberg, Zach A	12	XCEL-CP	3:47.25	
90 Kruger, Blake R	11	SWAR-WC	3:54.15	
91 Pieterse, Adriaan	10	DESA-NM	3:55.82	
92 Kriel, Ewan	11	QUIC-CP	3:59.98	
93 van der Merwe, Naude	11	DESA-NM	4:02.40	
94 Delpert, Reynard	11	BEST-NM	4:07.16	
#406 Women 19 & Under 200 LC Meter Breaststroke				
Name	Age	Team	Seed	Time
1 De Oliveira, Aliyah	15	TYGE-CP	3:03.20	
2 Van Niekerk, Ona	15	FISH-ED	3:03.23	
3 Edwards, Reese J	16	SSISA-CP	3:04.88	
4 Barnard, Adelmari D	15	SWAR-WC	3:05.18	
5 Serfontein, Christi	16	QUIC-CP	3:07.60	
6 Beetge, Amy	17	LALE-CE	3:08.03	
7 Heldsinger, Alexa L	14	SSISA-CP	3:08.18	
8 Corrigan, Cara J	17	FISH-ED	3:08.39	
9 Pohlmann, Sarah	12	BEST-NM	3:08.51	
10 Visser, Sandri	16	PLAY-CE	3:08.87	
11 Johnson, Ella J	11	SAAW-CP	3:09.34	
12 Santos, Neizla Miguela	16	APNL	3:09.40	
13 Van Wyk, Josie	13	LALE-CE	3:11.13	
14 Zhukov, Aleksandra Laris	17	APNL	3:11.15	
15 O'Connor, Kayden C	14	PEAS-NM	3:11.30	
16 Jewell, Chloe I	16	PEAS-NM	3:11.40	
17 Crozier, Emily N	14	FAAC	3:11.63	
18 Robinson, Alana	14	SAAW-CP	3:13.18	
19 Adams, Sydni M	15	VINE-CP	3:13.64	
20 Jurgens, Chloe-Leigh	12	MANT-CP	3:13.73	
21 Grebe, Ava	12	CUHE-OB	3:14.18	
22 Louw, Mali R	12	WELL-CE	3:14.56	
23 McAfee, Holly B	14	FISH-ED	3:14.74	
24 Lottering, Eirley	13	USC-BU	3:15.65	
25 Retief, Jane	13	LALE-CE	3:15.72	
26 Baillie, Gabi J	15	LALE-CE	3:15.81	
27 Charles, Tyla	13	VINE-CP	3:16.08	
28 Pretorius, Kara	12	SSISA-CP	3:16.12	
29 Normington, Olivia	11	XCEL-CP	3:16.66	
30 Olivier, Gianna G	11	PAQU-CE	3:16.91	
31 Sadler, Arabella J	13	LEGC-ET	3:17.28	
32 Newkirk, Gia	12	TYGE-CP	3:17.59	
33 Van Tromp, Seruby	14	LALE-CE	3:18.50	
34 Tsai, Emily A	16	BLMA-CP	3:18.50	
35 Pieterse, Haley	10	INFA-NM	3:19.19	
36 Ristow, Emma K	12	USC-BU	3:19.40	
37 Cronjé, Miané	14	FISH-ED	3:20.01	
38 Harper, Maddie I	14	KNYA-ED	3:20.56	
39 Mauer, Kayden	14	USC-BU	3:20.73	
40 Kalapac, Lexi	12	SLAQ-CP	3:21.76	
41 Thiart, Annelie	13	CLA-WC	3:23.17	
42 Mack, Kyras E	15	PEAS-NM	3:23.78	
43 Dabrowski, Leah A	11	BLMA-CP	3:24.03	
44 Latimer, Olivia H	13	SAAW-CP	3:25.08	
45 Anthony, Jazmin A	12	PAQU-CE	3:25.52	
46 Halford, Harper C	13	MANT-CP	3:26.05	
47 Schutzler, Amelia-Rose	12	USC-BU	3:28.01	
48 Venter, Ané	11	FISH-ED	3:28.22	
49 Lloyd, Jemma A	12	VINE-CP	3:28.62	
50 Kempson, Savannah	11	APNL	3:29.29	
51 Stevenson, Mikayla	12	QUIC-CP	3:29.40	
52 Voysey, Ella N	12	VINE-CP	3:29.70	
53 Schou, Lexi	14	SPSC-CP	3:29.75	
54 Guimaraes, Carolina Rock	12	APNL	3:29.96	
55 Hendricks, Jada	12	TYGE-CP	3:30.09	
56 Strydom, Marli	11	QUIC-CP	3:30.42	
57 Schemel, Leah I	11	HARL-BU	3:30.63	
58 Emjedi, Saffiya	12	SAAW-CP	3:30.70	
59 Onkruid, Gianna R	11	UWCA-CP	3:30.77	
60 Ras, Annabelle	11	QUIC-CP	3:30.86	
61 Du Plessis, Leah	12	PEAS-NM	3:32.00	
62 Haynes-Smart, Kaitlyn	12	VINE-CP	3:32.14	
63 Smith, Isabel H	11	HARL-BU	3:32.51	
64 Benade, Aria	10	SAAW-CP	3:32.62	
65 Kröger, Sammy	13	BARR-CP	3:32.73	
66 Koegelenberg, Emily	12	XCEL-CP	3:33.57	
67 Mahlangu, Ndalo	11	BLMA-CP	3:34.11	
68 Gilligan, Saskia	11	BLMA-CP	3:36.86	
69 Butau, Mila T	11	BEST-NM	3:37.03	
70 Engelbrecht, Zia-Bella L	11	HTSA-CP	3:37.71	
71 Du Preez, Kyra J	11	USC-BU	3:37.74	
72 Beyers, Lize M	11	AGAQ-OB	3:38.92	
73 Knott, Cayleigh	11	ASAC-CP	3:38.93	
74 De Jager, Isabella	10	QSAW-CE	3:39.24	
75 Nel, Olivia	12	CLA-WC	3:39.69	
76 Swanepoel, Pia Q	11	ASAC-CP	3:40.47	
77 Verdon, Leah L	10	VINE-CP	3:41.72	
78 DU Plessis, Lheané	11	FISH-ED	3:42.13	
79 Lourens, Mia	13	CASC-CP	3:42.34	
80 Perrins, Hayden	11	GREY-CP	3:46.66	
#407 Men 99 & Under 100 LC Meter Breaststroke Multi-Cl				
Name	Age	Team	Seed	Time
1 Pardoe, James N	13	SSISA-CP	1:39.40	
#408 Women 99 & Under 100 LC Meter Breaststroke Multi				
Name	Age	Team	Seed	Time
1 Thiart, Annelie	13	CLA-WC	1:33.11	
2 Endres, Josephine	14	VINE-CP	1:41.87	

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#409 Men 19 & Under 50 LC Meter Backstroke				
Name	Age	Team	Seed	Time
1 Kannemeyer, Luan	11	QUIC-CP	11.47	
2 Forsythe, Declan J	11	INFA-NM	27.63	
3 Kleinhans, Kyle	18	SSISA-CP	29.33	
4 Breet, Dawie-Louw L	17	PLAY-CE	29.42	
5 Andrews, Carl R	15	PEAS-NM	30.08	
6 Engelbrecht, Ruben J	17	PLAY-CE	30.15	
7 Moolman, Carter S	16	MANT-CP	30.24	
8 Blauw, Tyriq D	16	TYGE-CP	30.42	
9 Kalapac, Joshua	16	SLAQ-CP	30.58	
10 Basson, Lucca N	15	SFSC-CP	30.73	
11 Gounden, Mikhael A	19	CLA-WC	30.91	
12 Van der Merwe, Josh E	16	SAAW-CP	30.93	
13 Eilers, De-Anzo C	18	KALA	31.04	
14 Pincente, Matthew	17	SAAW-CP	31.08	
15 Njoroge, Alphonse	15	CASC-CP	31.19	
16 Viljoen, Jaden R	16	ASAC-CP	31.26	
17 De Jager, Nathan B	16	ASAC-CP	31.43	
18 Pullock, Sam J	15	CUHE-OB	31.65	
19 Lombard, Kyle M	17	CASC-CP	31.78	
20 Gilbert, Thomas O	17	SAAW-CP	31.86	
21 Beukes, Jaden L	15	WALM-CP	32.04	
22 Sheard, Dylan J	17	PEAS-NM	32.15	
23 Saayman, Dehan	17	PLAY-CE	32.17	
24 De Bruyn, Cornè C	16	ASAC-CP	32.36	
25 Vd Merwe, Thomas	15	LALE-CE	32.53	
26 Van der Watt, Alpheus J	16	PLAY-CE	32.55	
27 Grobler, Chris I	14	CASC-CP	32.71	
28 Zhukov, Oleksander Mari	15	APNL	32.83	
29 Raath, Jaedyn K	17	ANAX-CP	32.87	
30 Lichthart, Nicus	14	QUIC-CP	32.92	
31 Nagendrakumar, Puneet	14	SLAQ-CP	32.92	
32 Daniels, Joshua D	14	SLAQ-CP	33.26	
33 Muller, Lukas D	13	LALE-CE	33.37	
34 Coetzee, Sion M	14	QUIC-CP	33.43	
35 Southey, Jamie	16	AQDO-CP	33.44	
36 van Wyk, Tariq K	14	CASC-CP	33.51	
37 Wright, Jonah S	14	TYGE-CP	33.76	
38 Zungu, Sinothando	16	VIKI-BU	33.83	
39 Schreuder, Steffen	17	ASAW-CE	34.03	
40 Willenburg, Elijah K	14	SLAQ-CP	34.18	
41 Booth, Jake J	14	VIKI-BU	34.34	
42 Cook, Jedd R	14	USC-BU	34.64	
43 Van der Westhuizen, Luk	14	EVO-CP	34.70	
44 Jooste, Ben D	13	CUHE-OB	34.72	
45 Kleu, Wian M	12	STAQ-CE	34.72	
46 VerLoren Van Themaat, H	13	LALE-CE	34.73	
47 Coleman, Travis	13	BLMA-CP	34.84	
48 Opperman, Cornelius Joh	13	SEY	34.97	
49 Troskie, Roean	13	QUIC-CP	35.07	
50 Heunis, Le Roux	13	TYGE-CP	35.07	
51 Schabort, Lowen	11	QSAW-CE	35.08	
52 Mallin, Lukas	11	SAAW-CP	35.12	
53 Martin, Alzhario	17	UWCA-CP	35.17	
54 Harvey, Waylon	13	CYBE-CP	35.21	
55 Wessels, Connor M	14	BLMA-CP	35.27	
56 Lötter, Reuben	13	DESA-NM	35.40	
57 Hodge, Cameron P	14	LALE-CE	35.42	
58 Copteros, Ilyo B	17	PEAS-NM	35.46	
59 Weber, Daniel	13	PLAY-CE	35.60	
60 Bothma, Ryan	13	KSTAR-ED	35.65	
61 Strydom, Andre N	13	BEST-NM	35.79	
62 Fortune, Yaseen	14	MANT-CP	35.81	
63 Ramorwesi, Oratilwe M	13	SAAW-CP	35.98	
64 Lewis, Callum R	14	CASC-CP	36.03	

Psych Sheet				
65 Serfontein, John-Lourens	11	ROA-ED	36.06	
66 Van Onselen, Pierre S	12	TYGE-CP	36.12	
67 Steyn, Harry	11	CASC-CP	36.21	
68 February, Dillon S	12	CASC-CP	36.22	
69 Schemel, Brody L	12	HARL-BU	36.37	
70 Breebaart, Matthew	10	CASC-CP	36.75	
71 Kruger, Rikhardt	13	UPSK	36.76	
72 Du Randt, Zack S	13	TYGE-CP	37.02	
73 Hattingh, Ben	14	FAAC	37.03	
74 Janse van Rensburg, Dani	13	BARR-CP	37.04	
75 Jonas, Leonardo	13	PLAY-CE	37.18	
76 Schoeman, Mateo J	11	QSAW-CE	37.27	
77 Opperman, Conrad Willel	10	SEY	37.30	
78 Basson, Zethan L	14	PEAS-NM	37.43	
79 Van Dyk, Stephaan	14	BLMA-CP	37.49	
80 Snyders, Reece	14	UWCA-CP	37.54	
81 Coolen, Nicolas D	12	STAQ-CE	37.62	
82 Louw, James	12	VINE-CP	37.79	
83 Lewis, Amaru C	12	PAQU-CE	38.05	
84 Rossouw, Marais	11	QUIC-CP	38.32	
85 Pieterse, Nicholas N	11	STAQ-CE	38.38	
86 King, Aidan J	12	CASC-CP	38.45	
87 Abrie, Ryn J	13	CUHE-OB	38.45	
88 Moodie, Zak	14	BLMA-CP	38.50	
89 Froneman, Dylan R	13	BLMA-CP	38.51	
90 Bond, Ben L	11	ROA-ED	38.52	
91 Wetzl, Alex J	11	STAQ-CE	38.61	
92 Heunis, Johan C	11	BARR-CP	38.70	
93 Visser, Wessel M	14	UWCA-CP	38.96	
94 Richter, Joshua C	11	BEST-NM	39.01	
95 Joyce, Guy	11	CASC-CP	39.03	
96 Kuhn, Adrian-Brand	10	CASC-CP	39.27	
97 Lategan, Wessel W	12	SWAR-WC	39.43	
98 Fortune, Hakeem	13	MANT-CP	39.51	
99 Spangenberg, Zach A	12	XCEL-CP	39.56	
100 Knoetze, Ruben	11	ROA-ED	39.68	
101 Odendaal, Riko	12	BARR-CP	39.79	
102 Harder, Callum R	11	VINE-CP	39.83	
103 Gerber, Luke M	11	CASC-CP	39.93	
104 Basson, Trishaun T	15	MARL-CP	40.21	
105 Harbron, Nicholas	13	FAAC	40.23	
106 Hattingh, Theodor S	11	FAAC	40.34	
107 Titus, Brody	12	PAQU-CE	40.45	
108 Lamminga, Jack	13	CLA-WC	40.48	
109 Lubbe, Mikael B	12	ASAC-CP	40.60	
110 Fouche, Ryan	10	CASC-CP	40.71	
111 Pieterse, Adriaan	10	DESA-NM	40.81	
112 Lötter, Daniel	11	DESA-NM	40.94	
113 van der Westhuizen, Anri	11	INFA-NM	41.00	
114 Van der Merwe, Dandre J	12	STAQ-CE	41.20	
115 Vermaak, Bo	12	VINE-CP	41.33	
116 Comotti, Leonardo	10	APNL	41.34	
117 Theunissen, Jude E	12	BEST-NM	41.61	
118 Parr, Riley C	11	KNYA-ED	41.68	
119 Swanepoel, Roehan J	11	BARR-CP	41.69	
120 Davenport, Daniel J	11	DESA-NM	41.70	
121 Poultney, Daniel	9	CASC-CP	41.83	
122 Delpont, Reynard	11	BEST-NM	41.87	
123 Hucke, Tegan	13	SAAW-CP	42.06	
124 Conradie, D'Niel	13	ASAW-CE	42.13	
125 Naude, Niel P	10	AGAQ-OB	42.16	
126 van der Merwe, Naude	11	DESA-NM	42.20	
127 Swartz, Seth J	11	TYGE-CP	42.31	
128 Fouche, Jack	13	CASC-CP	42.36	
129 Sebastian, Alexander	11	MANT-CP	42.67	
130 Kruger, Blake R	11	SWAR-WC	42.92	
131 Van Heerden, Emile L	11	FISH-ED	43.10	

#410 Women 19 & Under 50 LC Meter Backstroke				
Name	Age	Team	Seed	Time
1 Dabrowski, Leah A	11	BLMA-CP	22.79	
2 Riley, Logan	14	CASC-CP	33.62	
3 Johannes, Ty	15	VINE-CP	33.86	
4 Holthuis, Keilah-Naomi	15	QSAW-CE	33.94	
5 Rossouw, Emma M	16	TYGE-CP	33.98	
6 Watson, Caitlin C	17	BLMA-CP	34.02	
7 Murray, Demi J	14	USC-BU	34.36	
8 White, Rebecca M	16	SSISA-CP	34.57	
9 Zeelie, Shanna-Leigh	16	BLMA-CP	34.71	
10 Pieterse, Abby L	15	INFA-NM	34.76	
11 Bruwer, Casey	15	AACTA-CP	34.87	
12 Saayman, Nika D	14	PLAY-CE	35.09	
13 Fabricius, Kaylin	15	CASC-CP	35.27	
14 Basson, Lenè	14	CLA-WC	35.29	
15 De Beer, Isabella C	13	QSAW-CE	35.31	
16 Santo, Rhanya Espirito	15	APNL	35.52	
17 Kuhn, Tamzyn J	15	SAAW-CP	35.58	
18 Gullan, Sophia	12	VINE-CP	35.88	
19 Faul, Ellen J	14	QSAW-CE	35.97	
20 Hager, Carle	15	ASAW-CE	36.05	
21 McGluwa, Jovanah N	12	CASC-CP	36.14	
22 O'Carroll, Nia E	14	STAQ-CE	36.14	
23 Geldart, Olivia L	11	INFA-NM	36.17	
24 Van Dyk, Zani	13	ASAC-CP	36.21	
25 Van den Berg, Nika	13	QSAW-CE	36.24	
26 McLean, Daniella L	13	PEAS-NM	36.40	
27 Myers, Kirsten E	14	SSISA-CP	36.41	
28 Pearson-Adams, Oshun O	12	SAAW-CP	36.60	
29 Gerber, Kayla M	12	STAQ-CE	36.65	
30 Coetsee, Elke M	10	FISH-ED	36.75	
31 Thirsk, Savannah	13	TYGE-CP	36.76	
32 Burger, Juanè	14	TYGE-CP	36.91	
33 Delpont, Milla	16	PEAS-NM	36.92	
34 Wyngaard, Dakota J	18	QUIC-CP	37.00	
35 Van Tromp, Seruby	14	LALE-CE	37.03	
36 Kruger, Livvy	11	PLAY-CE	37.07	
37 Blake, Abi E	15	CASC-CP	37.08	
38 Butau, Mila T	11	BEST-NM	37.22	
39 Prins, Tiffany C	14	KTS	37.25	
40 Christie, Laila A	12	USC-BU	37.28	
41 Visser, Sandri	16	PLAY-CE	37.29	
42 Nienaber, Mila J	13	QSAW-CE	37.59	
43 Coetzee, Marli	13	CASC-CP	37.61	
44 Vd Westhuizen, Joy	17	AQDO-CP	37.85	
45 Avenant, Ankia	14	UPSK	37.90	
46 Latimer, Olivia H	13	SAAW-CP	37.97	
47 Barthus, Alessia	12	MANT-CP	38.00	
48 Nieuwoudt, Jenna M	12	SWAR-WC	38.03	
49 Baillie, Gabi J	15	LALE-CE	38.15	
50 Gilligan, Saskia	11	BLMA-CP	38.23	
51 Barnes, Caitlin M	12	SAAW-CP	38.58	
52 McAfee, Holly B	14	FISH-ED	38.69	
53 Tembo, Noku L	12	KNYA-ED	38.79	
54 Stevenson, Mikayla	12	QUIC-CP	38.80	
55 Knott, Cayleigh	11	ASAC-CP	39.08	
56 Pohlmann, Sarah	12	BEST-NM	39.14	
57 Kleynhans, Sian	15	FISH-ED	39.30	

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

#410 ... (Women 19 & Under 50 LC Meter Backstroke)					Psych Sheet											
58	Harper, Maddie I	14	KNYA-ED	39.41	23	Andrews, Carl R	15	PEAS-NM	28.73	90	Grobler, Chris I	14	CASC-CP	34.28		
59	Malan, Lua B	12	WELL-CE	39.47	24	Gilbert, Thomas O	17	SAAW-CP	28.80	91	Jacobs, Seth G	12	MANT-CP	34.28		
60	Nel, Olivia	12	CLA-WC	39.60	25	Sousa, Guilherme Machac	16	APNL	29.19	92	Serfontein, John-Lourens	11	ROA-ED	34.60		
61	Strydom, Mia	13	INFA-NM	39.60	26	Beukes, Jaden L	15	WALM-CP	29.35	93	Van Onselen, Pierre S	12	TYGE-CP	34.74		
62	Sonnekus, Anya	13	TYGE-CP	39.61	27	Jenkins, Finn R	15	PEAS-NM	29.38	94	Theron, Oloff A	14	VINE-CP	35.09		
63	Daniels, Emily G	11	XCEL-CP	39.61	28	Fernandes, Carlos Daniel	15	APNL	29.41	95	Basson, Zethan L	14	PEAS-NM	35.21		
64	Sprong, Jaime M	11	ASAC-CP	39.66	29	Hewitt-Smook, Kristian	17	SWAR-WC	29.45	96	Ramorwesi, Oratilwe M	13	SAAW-CP	35.23		
65	Venter, Ané	11	FISH-ED	39.72	30	Wedderburn, Liam	16	INFA-NM	29.47	97	Steyn, Harry	11	CASC-CP	35.25		
66	Beyers, Lize M	11	AGAQ-OB	39.84	31	Arnott, Carter J	16	ASAC-CP	29.52	98	Goodall, Aaron	12	ASAC-CP	35.37		
67	Haynes-Smart, Kaitlyn	12	VINE-CP	39.85	32	Gounden, Mikhael A	19	CLA-WC	29.58	99	Van Rensburg, Janco	14	TYGE-CP	35.38		
68	Botha, Rebecca P	13	CASC-CP	39.97	33	Copteros, Ilyo B	17	PEAS-NM	29.58	100	Schemel, Brody L	12	HARL-BU	35.39		
69	Douglas, Keyla	11	ROA-ED	40.07	34	Manuel, Silverio Fernando	16	APNL	29.60	101	Jonas, Leonardo	13	PLAY-CE	35.48		
70	Shaw, Inge	12	LALE-CE	40.31	35	Spencer, Charles A	15	CYBE-CP	29.80	102	February, Dillon S	12	CASC-CP	36.08		
71	Hengst, Emily A	11	CASC-CP	40.37	36	Liedeman, Mark	15	SWAR-WC	29.83	103	Visser, Wessel M	14	UWCA-CP	36.17		
72	Parker, Leila E	12	SSISA-CP	40.37	37	Saayman, Dehan	17	PLAY-CE	29.94	104	Pitout, Zachary J	13	ASAC-CP	36.19		
73	Hendricks, Jada	12	TYGE-CP	40.51	38	Booth, Jake J	14	VIKI-BU	29.99	105	Schoeman, Mateo J	11	QSAW-CE	36.28		
74	Joubert, Liandi	13	USC-BU	40.51	39	Zellie, Thomas J	17	SAAW-CP	30.03	106	Gomez, Alex W	14	MARL-CP	36.30		
75	Jordaan, Mikayla E	12	CASC-CP	40.53	40	Zungu, Sinothando	16	VIKI-BU	30.13	107	Stander, Christiaan L	12	ASAW-CE	36.41		
76	Du Plessis, Leah	12	PEAS-NM	40.57	41	Williams, Evan B	15	SSISA-CP	30.61	108	Bond, Ben L	11	ROA-ED	36.44		
77	Kretzmann, Sophie F	11	USC-BU	40.84	42	Muller, Lukas D	13	LALE-CE	30.81	109	Kleu, Wian M	12	STAQ-CE	36.47		
78	Newkirk, Gia	12	TYGE-CP	41.20	43	Sheard, Dylan J	17	PEAS-NM	30.84	110	Ellis, Alec C	12	LALE-CE	36.62		
79	Stearn, Hannah	11	INFA-NM	41.45	44	van Wyk, Tariq K	14	CASC-CP	30.89	111	Van Rooyen, Louis B	15	FISH-ED	36.73		
80	Smit, Dione	11	CASC-CP	41.58	45	Boonzaaier, Simon F	18	ASAW-CE	30.89	112	Titus, Brody	12	PAQU-CE	36.88		
81	Van Zyl, Liane	12	UPSK	41.66	46	Poggenpoel, Troy J	15	SSISA-CP	30.94	113	Coolen, Nicolas D	12	STAQ-CE	36.91		
82	Mahlangu, Ndalo	11	BLMA-CP	41.73	47	Vd Merwe, Thomas	15	LALE-CE	30.97	114	Troskie, Roean	13	QUIC-CP	36.97		
83	Vd Wal, Kaylee	11	CASC-CP	41.98	48	Bothma, Ryan	13	KSTAR-ED	31.08	115	Theunissen, Jude E	12	BEST-NM	37.15		
84	Theron, Alex	12	CASC-CP	42.05	49	Kruger, Rikhardt	13	UPSK	31.11	116	Basson, Trishaun T	15	MARL-CP	37.17		
85	Scheffer, Shaylee C	10	CASC-CP	42.11	50	Thompson, Cameron G	16	HARL-BU	31.15	117	Wetzel, Alex J	11	STAQ-CE	37.19		
86	Perrins, Hayden	11	GREY-CP	42.33	51	Coates, Caleb	13	FISH-ED	31.35	118	Louw, James	12	VINE-CP	37.32		
87	Van Jaarsveld, Bianca I	10	TYGE-CP	42.49	52	Martin, Alzhario	17	UWCA-CP	31.41	119	Richter, Joshua C	11	BEST-NM	37.33		
88	Kuhn, Alexa J	11	CASC-CP	42.73	53	Njoroge, Alphonse	15	CASC-CP	31.49	120	Troskie, Jean	13	QUIC-CP	37.56		
89	Strydom, Marli	11	QUIC-CP	42.79	54	Lombard, Kyle M	17	CASC-CP	31.50	121	Lubbe, Alex C	13	USC-BU	37.61		
90	Engelbrecht, Zia-Bella L	11	HTSA-CP	43.47	55	Brooker, Matthew W	17	AACTA-CP	31.71	122	Froneman, Dylan R	13	BLMA-CP	37.68		
91	Olivier, Gianna G	11	PAQU-CE	43.54	56	Lichthart, Nicus	14	QUIC-CP	31.87	123	Lewis, Amaru C	12	PAQU-CE	37.85		
92	Ras, Annabelle	11	QUIC-CP	43.56	57	Weber, Daniel	13	PLAY-CE	31.93	124	Stow, David-John	11	INFA-NM	37.93		
93	Schemel, Leah I	11	HARL-BU	44.41	58	Raath, Jaedyn K	17	ANAX-CP	32.08	125	Forsythe, Declan J	11	INFA-NM	37.97		
94	Benade, Aria	10	SAAW-CP	44.80	59	Samsodien, Saaligh S	14	MARL-CP	32.09	126	van der Westhuizen, Anri	11	INFA-NM	38.10		
95	van der Mescht, Ava	12	DESA-NM	46.26	60	Spencer, Marcus W	13	CYBE-CP	32.24	127	Spangenberg, Zach A	12	XCEL-CP	38.15		
96	DU Plessis, Lheané	11	FISH-ED	48.31	61	Coetzee, Sion M	14	QUIC-CP	32.33	128	Breebaart, Matthew	10	CASC-CP	38.40		
97	Rinquest, Taaliah	17	MARL-CP	1:15.63	62	Willenburg, Elijah K	14	SLAQ-CP	32.49	129	Smith, Tristan A	15	CASC-CP	38.41		
#411 Men 19 & Under 50 LC Meter Butterfly					63	Mostert, Stian	13	FAAC	32.56	130	Kretzmann, Kaleb B	14	USC-BU	38.43		
					64	Townsend, Lucan D	16	ASAC-CP	32.68	131	Kenmuir, Ethan	12	VINE-CP	38.58		
					65	Mallin, Lukas	11	SAAW-CP	32.76	132	Pieterse, Nicholas N	11	STAQ-CE	38.62		
					66	Wessels, Connor M	14	BLMA-CP	32.76	133	Heunis, Johan C	11	BARR-CP	38.65		
					67	Pedro, Maahier	13	WALM-CP	32.80	134	Joyce, Guy	11	CASC-CP	38.81		
					68	Opperman, Cornelius Joh	13	SEY	32.81	135	Lubbe, Mikael B	12	ASAC-CP	39.03		
					69	Daniels, Joshua D	14	SLAQ-CP	32.86	136	Du Randt, Zack S	13	TYGE-CP	39.21		
					70	Simpson, Jesse	16	CASC-CP	32.91	137	Gerber, Luke M	11	CASC-CP	39.74		
					71	Mansfield, Luke T	15	STAQ-CE	33.04	138	Nolands, Reece T	14	USC-BU	39.97		
					72	Jooste, Ben D	13	CUHE-OB	33.06	139	King, Aidan J	12	CASC-CP	40.02		
					73	Francis, Ethan	13	MARL-CP	33.08	140	Hattingh, Theodor S	11	FAAC	40.39		
					74	Janse van Rensburg, Dani	13	BARR-CP	33.13	141	Naude, Niel P	10	AGAQ-OB	40.63		
					75	Van Dyk, Stephaan	14	BLMA-CP	33.20	142	Kleynhans, Michael	10	BARR-CP	40.67		
					76	Coleman, Travis	13	BLMA-CP	33.43	143	Laufs, Connor R	12	SAAW-CP	40.78		
					77	VerLoren Van Themaat, H	13	LALE-CE	33.47	144	Pieterse, Adriaan	10	DESA-NM	40.79		
					78	Hattingh, Ben	14	FAAC	33.49	145	Perez Castellano, Emilio	11	TYGE-CP	41.37		
					79	Schabort, Lowen	11	QSAW-CE	33.55	146	Kuhn, Adrian-Brand	10	CASC-CP	41.40		
					80	Wenn, Josiah	14	ASAC-CP	33.57	147	Fouche, Ryan	10	CASC-CP	41.61		
					81	Kleinsmith, David	13	CASC-CP	33.58	148	Davenport, Daniel J	11	DESA-NM	41.66		
					82	Strydom, Andre N	13	BEST-NM	33.59	149	Knoetze, Ruben	11	ROA-ED	41.90		
					83	Opperman, Conrad Willer	10	SEY	33.81	150	Fouche, Jack	13	CASC-CP	41.97		
					84	Niemand, Leo	13	CYBE-CP	33.86	151	Swartz, Seth J	11	TYGE-CP	42.10		
					85	Lötter, Reuben	13	DESA-NM	33.89	152	Clark, Alexander L	11	UWCA-CP	42.35		
					86	De Jager, Eben	13	QSAW-CE	33.95	153	Van Heerden, Emile L	11	FISH-ED	42.54		
					87	Viljoen, Jagger F	12	ASAC-CP	33.99	154	Odendaal, Riko	12	BARR-CP	42.78		
					88	Cook, Jedd R	14	USC-BU	34.22	155	Law Hing Choy, Flynn M	11	SAAW-CP	42.82		
					89	Heunis, Le Roux	13	TYGE-CP	34.24	156	Coetzee, Tristan R	11	FISH-ED	42.97		

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

					Psych Sheet									
#411 ... (Men 19 & Under 50 LC Meter Butterfly)					54	Jordaan, Mikayla E	12	CASC-CP	35.90	121	Thompson, Riley	12	HARL-BU	44.58
157	Van der Merwe, Logan	11	TYGE-CP	43.16	55	Lottering, Eirley	13	USC-BU	36.08	122	Strydom, Marli	11	QUIC-CP	44.60
158	Lötter, Daniel	11	DESA-NM	43.67	56	Dabrowski, Leah A	11	BLMA-CP	36.15	123	Mahlangu, Ndalo	11	BLMA-CP	44.78
159	Delport, Reynard	11	BEST-NM	43.82	57	Lourens, Mia	13	CASC-CP	36.16	124	Haynes-Smart, Kaitlyn	12	VINE-CP	45.04
160	Stenekamp, Keanu	12	ASAC-CP	43.90	58	Stevenson, Mikayla	12	QUIC-CP	36.35	125	van der Mescht, Ava	12	DESA-NM	52.21
161	Hucke, Tegan	13	SAAW-CP	44.23	59	Jewell, Chloe I	16	PEAS-NM	36.50	#413 Men 99 & Under 50 LC Meter Butterfly Multi-Class Pa				
162	Poultney, Daniel	9	CASC-CP	45.24	60	Madeley, Amy O	13	ANAX-CP	36.53					
163	van der Merwe, Naude	11	DESA-NM	46.64	61	Pieterse, Haley	10	INFA-NM	36.54					
164	Van Zyl, Reghardt D	11	INFA-NM	48.66	62	Mfabe, Zingce Z	12	USC-BU	36.77					
165	Harder, Callum R	11	VINE-CP	48.82	63	Sonnekus, Anya	13	TYGE-CP	36.84					
#412 Women 19 & Under 50 LC Meter Butterfly					64	Coetsee, Elke M	10	FISH-ED	36.98					
					65	Cupido, Kirsten	12	CYBE-CP	37.02					
					66	Sadler, Arabella J	13	LEGC-ET	37.02					
					67	Botha, Rebecca P	13	CASC-CP	37.18					
					68	Strydom, Mia	13	INFA-NM	37.24					
					69	Van Dyk, Zani	13	ASAC-CP	37.31					
					70	Pretorius, Kara	12	SSISA-CP	37.31					
					71	Gerber, Kayla M	12	STAQ-CE	37.32					
					72	Schou, Lexi	14	SFSC-CP	37.37					
					73	Venter, Ané	11	FISH-ED	37.76					
					74	Mauer, Kayden	14	USC-BU	37.78					
					75	Louw, Mali R	12	WELL-CE	37.80					
					76	Halford, Harper C	13	MANT-CP	37.86					
					77	Du Plessis, Leah	12	PEAS-NM	37.92					
					78	Wilensky, Mikayla	11	ASAC-CP	38.05					
					79	Newkirk, Gia	12	TYGE-CP	38.09					
					80	Rinquest, Taaliah	17	MARL-CP	38.12					
					81	Barnes, Caitlin M	12	SAAW-CP	38.35					
					82	Ristow, Emma K	12	USC-BU	38.36					
					83	Jurgens, Chloe-Leigh	12	MANT-CP	38.37					
					84	Makore, Bona M	11	ASAC-CP	38.39					
					85	Kempson, Savannah	11	APNL	38.41					
					86	Wyngaard, Dakota J	18	QUIC-CP	38.51					
					87	Van de Vyver, Mia	12	QSAW-CE	38.75					
					88	Van Der Byl, Emily	11	USC-BU	38.79					
					89	Gilligan, Saskia	11	BLMA-CP	38.94					
					90	Sprong, Jaime M	11	ASAC-CP	39.04					
					91	Emjedi, Saffiya	12	SAAW-CP	39.05					
					92	Palha, Isis Gabriela	13	APNL	39.06					
					93	Kalapac, Lexi	12	SLAQ-CP	39.18					
					94	Swanepoel, Pia Q	11	ASAC-CP	39.19					
					95	Pitout, Addison P	10	ASAC-CP	39.22					
					96	Beyers, Lize M	11	AGAQ-OB	39.28					
					97	Normington, Olivia	11	XCEL-CP	39.37					
					98	Perrins, Hayden	11	GREY-CP	39.42					
					99	Kuhn, Alexa J	11	CASC-CP	39.86					
					100	Smit, Dione	11	CASC-CP	39.95					
					101	Adams, Tatum	11	PAQU-CE	40.03					
					102	Schutzler, Amelia-Rose	12	USC-BU	40.07					
					103	Du Preez, Kyra J	11	USC-BU	40.17					
					104	Nieuwoudt, Jenna M	12	SWAR-WC	40.37					
					105	Hofinger, Charlotte M	11	ASAC-CP	40.43					
					106	Hengst, Emily A	11	CASC-CP	40.69					
					107	Daniels, Emily G	11	XCEL-CP	40.98					
					108	Engelbrecht, Zia-Bella L	11	HTSA-CP	41.84					
					109	Thirsk, Savannah	13	TYGE-CP	42.24					
					110	Loni, Yama	11	INFA-NM	42.29					
					111	Vd Wal, Kaylee	11	CASC-CP	42.37					
					112	Johnson, Ella J	11	SAAW-CP	42.48					
					113	Stearn, Hannah	11	INFA-NM	42.49					
					114	Onkruid, Gianna R	11	UWCA-CP	43.11					
					115	Walker, Kayla-Anne	11	CYBE-CP	43.23					
					116	Adams, Ella	12	TYGE-CP	43.35					
					117	DU Plessis, Lheané	11	FISH-ED	43.45					
					118	Scheffer, Shaylee C	10	CASC-CP	43.73					
					119	Verdon, Leah L	10	VINE-CP	43.78					
					120	Van Jaarsveld, Bianca I	10	TYGE-CP	44.31					
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SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025

Psych Sheet		
#417 ... (Men 13-15 4x50 LC Meter Medley Relay 4 x 50 M	2 TYGE-CP	A 2:10.94
	Heunis, Le Roux 13	Van Rensburg, Janco 14
	Das Neves, Lucas P 15	Wright, Jonah S 14
	3 MARL-CP	A 2:13.45
	Gamieldien, Idreess 14	Basson, Trishaun T 15
	Francis, Ethan 13	Samsodien, Saaligh S 14
	4 CYBE-CP	A 2:13.50
	Harvey, Waylon 13	Spencer, Charles A 15
	Spencer, Marcus W 13	Niemand, Leo 13
	5 LALE-CE	A 2:15.50
	Hodge, Cameron P 14	Muller, Lukas D 13
	Vd Merwe, Thomas 15	VerLoren Van Themaat, Hei
	6 QUIC-CP	A 2:17.33
	Troskie, Roean 13	Troskie, Jean 13
	Lichthart, Nicus 14	Coetzee, Sion M 14
2 APNL	A	2:01.30
	Zhukov, Oleksander Mario	Manuel, Silverio Fernando
	Sousa, Guilherme Machado	Fernandes, Carlos Daniel 15
	3 ASAC-CP	A 2:02.50
	Arnott, Carter J 16	Townsend, Lucan D 16
	Viljoen, Jaden R 16	De Jager, Nathan B 16
	4 PEAS-NM	A 2:02.54
	Sheard, Dylan J 17	Hlangothi, Munguni S 17
	Copteros, Ilyo B 17	Nash, Daniel A 17
	5 CASC-CP	A 2:04.59
	Lombard, Kyle M 17	Hendricks, Joshua 18
	Simpson, Jesse 16	Krause, Luke 14
	6 WALM-CP	A 2:06.78
	Beukes, Jaden L 15	Beukes, Mateo A 19
	Pedro, Tamkeen 17	Pedro, Maahier 13
7 SLAQ-CP	A	2:07.11
	Nagendrakumar, Puneet 14	Willenburg, Elijah K 14
	Kalapac, Joshua 16	Daniels, Joshua D 14
	8 SSISA-CP	A 2:08.27
	Kleinhans, Kyle 18	Poggenpoel, Troy J 15
	Williams, Evan B 15	Pardoe, James N 13
#420 Women 16-19 4x50 LC Meter Medley Relay 4 x 50 Me		
Team Relay Seed Time		
1 APNL	A	2:17.02
	Santo, Rhanya Espirito 15	Santos, Neizla Miguela 16
	Body, Alice Celeste 14	Zhukov, Aleksandra Larissa
	2 BLMA-CP	A 2:21.57
	Louw, Alexa 17	Dabrowski, Leah A 11
	Zeelie, Shanna-Leigh 16	Watson, Caitlin C 17
	3 QUIC-CP	A 2:24.96
	Stevens, Judy C 16	Serfontein, Christi 16
	Bosman, Jessica A 16	Wyngaard, Dakota J 18
	4 SSISA-CP	A 4:25.00
	Myers, Kirsten E 14	Edwards, Reese J 16
	White, Rebecca M 16	Heldsinger, Alexa L 14
#421 Mixed 12 & Under 4x100 LC Meter Freestyle Relay 4 x 100		
Team Relay Seed Time		
1 SAAW-CP	A	4:43.29
	Mallin, Lukas M11	Johnson, Ella J W11
	Barnes, Caitlin M W12	Desai, Rohin T M11
	2 VINE-CP	A 4:48.00
	Gullan, Sophia W12	Louw, James M12
	Haynes-Smart, Kaitlyn W12	Lange, Oliver M11
	3 INFA-NM	A 4:48.24
	Pieterse, Haley W10	Stow, David-John M11
	van der Westhuizen, Anrick	Geldart, Olivia L W11
	4 CASC-CP	A 4:48.28
	February, Dillon S M12	McGluwa, Jovanah N W12
	Steyn, Harry M11	Theron, Alex W12
	5 TYGE-CP	A 4:56.07
	Perez Castellano, Emilio M1	Adams, Ella W12
	Hendricks, Jada W12	Van Onselen, Pierre S M12
6 ASAC-CP	A	4:59.61
	Makore, Bona M W11	Maughan, Patrick F M12
	Pitout, Addison P W10	Goodall, Aaron M12
	7 MANT-CP	A 5:02.56
	Sebastian, Alexander M11	Jurgens, Chloe-Leigh W12
	Jacobs, Seth G M12	Barthus, Alessia W12
	8 FISH-ED	A 5:04.96
	Coetzee, Tristan R M11	Haldane, Bella W12
	Van Heerden, Emile L M11	Coetsee, Elke M W10
	9 INFA-NM	B 5:10.07
	Stearn, Hannah W11	Van Zyl, Reghardt D M11
	Forsythe, Declan J M11	Wilson, Samantha W11
#422 Mixed 13-15 4x100 LC Meter Freestyle Relay 4 x 100		
Team Relay Seed Time		
1 TYGE-CP	A	4:14.88
	Wright, Jonah S M14	Burger, Juanè W14
	Senekal, Margo W15	Das Neves, Lucas P M15
	2 LALE-CE	A 4:17.64
	VerLoren Van Themaat, Hei	Van Wyk, Josie W13
	Van Tromp, Seruby W14	Vd Merwe, Thomas M15
	3 CASC-CP	A 4:20.53
	Njoroge, Alphonse M15	Botha, Rebecca P W13
	Grobler, Chris I M14	Fabricius, Kaylin W15
	4 PEAS-NM	A 4:22.29
	Andrews, Carl R M15	Jenkins, Finn R M15
	Strong, Ava J W15	O'Connor, Kayden C W14
	5 ASAC-CP	A 4:33.66
	Vd Merwe, Mia W15	Van Dyk, Zani W13
	Pitout, Zachary J M13	Wenn, Josiah M14
6 SAAW-CP	A	4:34.50
	Ramorwesi, Oratilwe M M1	Field, Joshua J M15
	Kuhn, Tamzyn J W15	Pearson-Adams, Oshun O V
	7 SLAQ-CP	A 4:37.01
	Daniels, Joshua D M14	Kalapac, Lexi W12
	Messiter-Tooze, Luna S W1	Nagendrakumar, Puneet M
	8 VINE-CP	A 4:39.34
	Adams, Sydni M W15	Gullan, Sophia W12
	Theron, Oloff A M14	Akinci, Can Batu M13
	9 CYBE-CP	A 4:42.00
	Spencer, Charles A M15	Spencer, Marcus W M13
	Cupido, Kirsten W12	Walker, Kayla-Anne W11
	10 KNYA-ED	A 4:56.73
	Swanepoel, Hallett J M12	Parr, Riley C M11
	Tembo, Noku L W12	Harper, Maddie I W14
#423 Mixed 16-24 4x100 LC Meter Freestyle Relay 4 x 100		
Team Relay Seed Time		
1 SAAW-CP	A	4:11.46
	Pincente, Matthew M17	Zellie, Thomas J M17
	Jarvis, Jade W17	Latimer, Olivia H W13
	2 CASC-CP	A 4:13.76
	Lombard, Kyle M M17	Hendricks, Joshua M18
	Riley, Logan W14	Blake, Abi E W15
	3 ASAW-CE	A 4:17.61
	Boonzaaier, Simon F M18	Hager, Carle W15
	Röntgen, Carine W16	Schreuder, Steffen M17
	4 BLMA-CP	A 4:23.12
	Coleman, Travis M13	Van Dyk, Stephaan M14
	Zeelie, Shanna-Leigh W16	Louw, Alexa W17
	5 PEAS-NM	A 4:23.43
	Hlangothi, Munguni S M17	Copteros, Ilyo B M17
	Delport, Milla W16	Jewell, Chloe I W16
6 UPSK	A	4:25.16
	Steyl, Douw L M18	Kruger, Rikhardt M13
Avenant, Ankia W14		
Steyl, Anne M W16		
#418 Women 13-15 4x50 LC Meter Medley Relay 4 x 50 Me		
Team Relay Seed Time		
1 VINE-CP	A	2:16.87
	Johannes, Ty 15	Charles, Tyla 13
	Nixon, Sofia 13	Adams, Sydni M 15
	2 CASC-CP	A 2:17.02
	Riley, Logan 14	Fabricius, Kaylin 15
	Blake, Abi E 15	Botha, Rebecca P 13
	3 PEAS-NM	A 2:19.12
	Strong, Ava J 15	O'Connor, Kayden C 14
	McLean, Daniella L 13	Mack, Kyras E 15
	4 TYGE-CP	A 2:22.12
	Burger, Juanè 14	De Oliveira, Aliyah 15
	Otterbach, Lily 14	Senekal, Margo 15
	5 ASAC-CP	A 2:25.11
	Vd Merwe, Mia 15	Van Dyk, Zani 13
	Wilensky, Mikayla 11	Longueira, Ava L 12
6 LALE-CE	A	2:25.78
	Bircher, Storm Z 13	Baillie, Gabi J 15
	Van Tromp, Seruby 14	Van Wyk, Josie 13
	7 USC-BU	A 2:26.91
	Murray, Demi J 14	Mauer, Kayden 14
	Lottering, Eirley 13	Joubert, Liandi 13
	8 SAAW-CP	A 2:29.50
	Robinson, Alana 14	Latimer, Olivia H 13
	Kuhn, Tamzyn J 15	Benade, Aria 10
#419 Men 16-19 4x50 LC Meter Medley Relay 4 x 50 Medle		
Team Relay Seed Time		
1 SAAW-CP	A	1:58.87
	Van der Merwe, Josh E 16	Zellie, Thomas J 17
	Gilbert, Thomas O 17	Pincente, Matthew 17