

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Aqua Sharks Academy-CP**

1	Aqua Sharks Academy - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4	5:11.66
	Makore, Bona M; Pitout, Addison P; Sprong, Jaime M; Swanepoel, Pia Q		
2	Aqua Sharks Academy - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:58.95
	Pitout, Zachary J; Viljoen, Jagger F; Maughan, Patrick F; Lubbe, Mikael B		
3	Aqua Sharks Academy - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:40.68
	Longueira, Ava L; Wilensky, Mikayla; Van Dyk, Zani; Vd Merwe, Mia		
4	Aqua Sharks Academy - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	3:53.79
	Viljoen, Jaden R; De Jager, Nathan B; De Bruyn, Cornè C; Arnott, Carter J		
5	Aqua Sharks Academy - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 :	2:20.21
	Pitout, Addison P; Swanepoel, Pia Q; Sprong, Jaime M; Makore, Bona M		
6	Aqua Sharks Academy - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:07.97
	Viljoen, Jagger F; Stenekamp, Keanu; Pitout, Zachary J; Wenn, Josiah		
7	Aqua Sharks Academy - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:08.06
	Van Dyk, Zani; Wilensky, Mikayla; Longueira, Ava L; Vd Merwe, Mia		
8	Aqua Sharks Academy - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:47.28
	De Jager, Nathan B; De Bruyn, Cornè C; Arnott, Carter J; Viljoen, Jaden R		
9	Aqua Sharks Academy - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:17.84
	Van Dyk, Zani; Wenn, Josiah; Vd Merwe, Mia; Pitout, Zachary J		
10	Aqua Sharks Academy - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 5	2:44.70
	Sprong, Jaime M; Swanepoel, Pia Q; Pitout, Addison P; Makore, Bona M		
11	Aqua Sharks Academy - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:18.81
	Wenn, Josiah; Maughan, Patrick F; Viljoen, Jagger F; Pitout, Zachary J		
12	Aqua Sharks Academy - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:25.11
	Vd Merwe, Mia; Van Dyk, Zani; Wilensky, Mikayla; Longueira, Ava L		
13	Aqua Sharks Academy - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:02.50
	Arnott, Carter J; Townsend, Lucan D; Viljoen, Jaden R; De Jager, Nathan B		
14	Aqua Sharks Academy - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 :	4:59.61
	Makore, Bona M; Maughan, Patrick F; Pitout, Addison P; Goodall, Aaron		
15	Aqua Sharks Academy - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:33.66
	Vd Merwe, Mia; Van Dyk, Zani; Pitout, Zachary J; Wenn, Josiah		

Aqua Sharks Academy-CP Total Individual Entries: 0 - Total Relays: 15

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Aquasharks Winelands-CE

- | | | | |
|---|--|--|---------|
| 1 | Aquasharks Winelands - 'A' | #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:15.31 |
| | Hager, Carle; Röntgen, Carine; Schreuder, Steffen; Boonzaaier, Simon F | | |
| 2 | Aquasharks Winelands - 'A' | #423 Mixed 16-24 4x100 Freestyle Relay 4 x 100 | 4:17.61 |
| | Boonzaaier, Simon F; Hager, Carle; Röntgen, Carine; Schreuder, Steffen | | |

Aquasharks Winelands-CE Total Individual Entries: 0 - Total Relays: 2

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Associação Provincial de Nataç**

1	Associação Provincial de Nataç - 'A' Parimbelli, Maria Teresa; Palha, Isis Gabriela; Vunge, Chelsea Idalina; Body, Alice Celeste	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:01.59
2	Associação Provincial de Nataç - 'A' Sousa, Guilherme Machado; Zhukov, Oleksander Mario; Manuel, Silverio Fernando; Fernandes, Carlos Daniel	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:48.22
3	Associação Provincial de Nataç - 'A' Comotti, Leonardo; Guimaraes, Carolina Rocha; Dode, Davi Lucas; Kempson, Savannah	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:31.00
4	Associação Provincial de Nataç - 'A' Zhukov, Oleksander Mario; Manuel, Silverio Fernando; Sousa, Guilherme Machado; Fernandes, Carlos Daniel	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:01.30
5	Associação Provincial de Nataç - 'A' Santo, Rhanya Espirito; Santos, Neizla Miguela; Body, Alice Celeste; Zhukov, Aleksandra Larissa	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:17.02

Associação Provincial de Nataç Total Individual Entries: 0 - Total Relays: 5

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Barracudas Aquarama SC-CP

1	Barracudas Aquarama SC - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	5:05.48
	Janse van Rensburg, Daniël P; Swanepoel, Roehan J; Heunis, Johan C; Odendaal, Riko		
2	Barracudas Aquarama SC - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:15.41
	Janse van Rensburg, Daniël P; Kleynhans, Michael; Swanepoel, Roehan J; Heunis, Johan C		
3	Barracudas Aquarama SC - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:34.95
	Janse van Rensburg, Daniël P; Kleynhans, Michael; Heunis, Johan C; Swanepoel, Roehan J		
	Barracudas Aquarama SC-CP Total Individual Entries: 0 - Total Relays: 3		

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Blouberg Marlins-CP**

1	Blouberg Marlins - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:23.10
	Van Dyk, Stephaan; Froneman, Dylan R; Wessels, Connor M; Coleman, Travis		
2	Blouberg Marlins - 'A'	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	4:35.66
	Tsai, Emily A; Louw, Alexa; Dabrowski, Leah A; Zeelie, Shanna-Leigh		
3	Blouberg Marlins - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:01.49
	Van Dyk, Stephaan; Moodie, Zak; Wessels, Connor M; Coleman, Travis		
4	Blouberg Marlins - 'A'	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	2:03.65
	Dabrowski, Leah A; Louw, Alexa; Zeelie, Shanna-Leigh; Watson, Caitlin C		
5	Blouberg Marlins - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:06.94
	Dabrowski, Leah A; Coleman, Travis; Wessels, Connor M; Gilligan, Saskia		
6	Blouberg Marlins - 'A'	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:21.57
	Louw, Alexa; Dabrowski, Leah A; Zeelie, Shanna-Leigh; Watson, Caitlin C		
7	Blouberg Marlins - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:23.12
	Coleman, Travis; Van Dyk, Stephaan; Zeelie, Shanna-Leigh; Louw, Alexa		
	Blouberg Marlins-CP	Total Individual Entries: 0 - Total Relays: 7	

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Curro Aquatic Swim Club-CP**

1	Curro Aquatic Swim Club - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	4:46.77
	Breebaart, Matthew; Joyce, Guy; Steyn, Harry; February, Dillon S		
2	Curro Aquatic Swim Club - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4 X 100	5:03.71
	Jordaan, Mikayla E; McGluwa, Jovanah N; Theron, Alex; Scheffer, Shaylee C		
3	Curro Aquatic Swim Club - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 Freestyle	4:16.69
	van Wyk, Tariq K; Krause, Luke; Grobler, Chris I; Njoroge, Alphonse		
4	Curro Aquatic Swim Club - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100 Freestyle	4:28.93
	Botha, Rebecca P; Blake, Abi E; Fabricius, Kaylin; Riley, Logan		
5	Curro Aquatic Swim Club - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 Freestyle	4:15.55
	Simpson, Jesse; Smith, Tristan A; Lombard, Kyle M; Hendricks, Joshua		
6	Curro Aquatic Swim Club - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50 Freestyle	2:09.69
	February, Dillon S; Joyce, Guy; Steyn, Harry; Gerber, Luke M		
7	Curro Aquatic Swim Club - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50 Freestyle	2:15.69
	Scheffer, Shaylee C; McGluwa, Jovanah N; Theron, Alex; Jordaan, Mikayla E		
8	Curro Aquatic Swim Club - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Freestyle	1:53.80
	Njoroge, Alphonse; Krause, Luke; Grobler, Chris I; van Wyk, Tariq K		
9	Curro Aquatic Swim Club - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Freestyle	1:51.75
	Hendricks, Joshua; Lombard, Kyle M; Smith, Tristan A; Simpson, Jesse		
10	Curro Aquatic Swim Club - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:27.99
	February, Dillon S; Steyn, Harry; Jordaan, Mikayla E; McGluwa, Jovanah N		
11	Curro Aquatic Swim Club - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Medley	2:09.16
	Njoroge, Alphonse; Smith, Tristan A; Riley, Logan; Fabricius, Kaylin		
12	Curro Aquatic Swim Club - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Medley	2:08.13
	Lombard, Kyle M; Hendricks, Joshua; Blake, Abi E; Botha, Rebecca P		
13	Curro Aquatic Swim Club - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:28.97
	Breebaart, Matthew; February, Dillon S; Steyn, Harry; Gerber, Luke M		
14	Curro Aquatic Swim Club - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 50 Medley	2:35.61
	McGluwa, Jovanah N; Vd Wal, Kaylee; Jordaan, Mikayla E; Theron, Alex		
15	Curro Aquatic Swim Club - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medley	2:06.42
	Njoroge, Alphonse; Smith, Tristan A; van Wyk, Tariq K; Grobler, Chris I		
16	Curro Aquatic Swim Club - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Medley	2:17.02
	Riley, Logan; Fabricius, Kaylin; Blake, Abi E; Botha, Rebecca P		
17	Curro Aquatic Swim Club - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medley	2:04.59
	Lombard, Kyle M; Hendricks, Joshua; Simpson, Jesse; Krause, Luke		
18	Curro Aquatic Swim Club - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:48.28
	February, Dillon S; McGluwa, Jovanah N; Steyn, Harry; Theron, Alex		
19	Curro Aquatic Swim Club - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:20.53
	Njoroge, Alphonse; Botha, Rebecca P; Grobler, Chris I; Fabricius, Kaylin		
20	Curro Aquatic Swim Club - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:13.76
	Lombard, Kyle M; Hendricks, Joshua; Riley, Logan; Blake, Abi E		

Curro Aquatic Swim Club-CP Total Individual Entries: 0 - Total Relays: 20

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Cybersmart Aquatics-CP

1	Cybersmart Aquatics - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:30.00
	Spencer, Charles A; Spencer, Marcus W; Sampson, Zac; Niemand, Leo		
2	Cybersmart Aquatics - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:57.72
	Spencer, Charles A; Spencer, Marcus W; Sampson, Zac; Niemand, Leo		
3	Cybersmart Aquatics - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:20.00
	Spencer, Charles A; Spencer, Marcus W; Cupido, Kirsten; Walker, Kayla-Anne		
4	Cybersmart Aquatics - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:13.50
	Harvey, Waylon; Spencer, Charles A; Spencer, Marcus W; Niemand, Leo		
5	Cybersmart Aquatics - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:42.00
	Spencer, Charles A; Spencer, Marcus W; Cupido, Kirsten; Walker, Kayla-Anne		

Cybersmart Aquatics-CP Total Individual Entries: 0 - Total Relays: 5

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Fish Eagle Aquatics-ED**

1	Fish Eagle Aquatics - 'A' Haldane, Bella; Venter, Ané; DU Plessis, Lheané; Coetsee, Elke M	#214 Women 12 & Under 4x100 Freestyle Relay 4	5:13.38
2	Fish Eagle Aquatics - 'A' Venter, Ané; Haldane, Bella; DU Plessis, Lheané; Coetsee, Elke M	#316 Women 12 & Under 4x50 Freestyle Relay 4 :	2:20.12
3	Fish Eagle Aquatics - 'A' Van Heerden, Emile L; Haldane, Bella; Coetsee, Elke M; Coetzee, Tristan R	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:38.86
4	Fish Eagle Aquatics - 'A' Haldane, Bella; DU Plessis, Lheané; Venter, Ané; Coetsee, Elke M	#416 Women 12 & Under 4x50 Medley Relay 4 x 5	2:33.79
5	Fish Eagle Aquatics - 'A' Coetzee, Tristan R; Haldane, Bella; Van Heerden, Emile L; Coetsee, Elke M	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	5:04.96

Fish Eagle Aquatics-ED Total Individual Entries: 0 - Total Relays: 5

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Infinity Swimming Academy-NM**

1	Infinity Swimming Academy - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4	4:42.28
	Pieterse, Haley; Stearn, Hannah; Wilson, Samantha; Geldart, Olivia L		
2	Infinity Swimming Academy - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 :	2:07.60
	Wilson, Samantha; Stearn, Hannah; Pieterse, Haley; Geldart, Olivia L		
3	Infinity Swimming Academy - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:13.46
	Forsythe, Declan J; Geldart, Olivia L; Wilson, Samantha; Stow, David-John		
4	Infinity Swimming Academy - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:12.60
	Pieterse, Abby L; Wedderburn, Liam; Strydom, Mia; Dupper, Leon H		
5	Infinity Swimming Academy - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:27.43
	Forsythe, Declan J; Van Zyl, Reghardt D; Stow, David-John; van der Westhuizen, Anrich C		
6	Infinity Swimming Academy - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 5	2:25.23
	Geldart, Olivia L; Pieterse, Haley; Wilson, Samantha; Stearn, Hannah		
7	Infinity Swimming Academy - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	4:48.24
	Pieterse, Haley; Stow, David-John; van der Westhuizen, Anrich C; Geldart, Olivia L		
8	Infinity Swimming Academy - 'B'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	5:10.07
	Stearn, Hannah; Van Zyl, Reghardt D; Forsythe, Declan J; Wilson, Samantha		

Infinity Swimming Academy-NM Total Individual Entries: 0 - Total Relays: 8

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Knysna Aquatics-ED

1	Knysna Aquatics - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:44.58
	Swanepoel, Hallett J; Parr, Riley C; Tembo, Noku L; Harper, Maddie I		
2	Knysna Aquatics - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:56.73
	Swanepoel, Hallett J; Parr, Riley C; Tembo, Noku L; Harper, Maddie I		
	Knysna Aquatics-ED Total Individual Entries: 0 - Total Relays: 2		

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Lane Leader Stellenbosch-CE**

1	Lane Leader Stellenbosch - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:13.21
	VerLoren Van Themaat, Hein M; Hodge, Cameron P; Muller, Lukas D; Vd Merwe, Thomas		
2	Lane Leader Stellenbosch - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:36.05
	Van Wyk, Josie; Retief, Jane; Bircher, Storm Z; Van Tromp, Seruby		
3	Lane Leader Stellenbosch - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	1:58.89
	Muller, Lukas D; Hodge, Cameron P; VerLoren Van Themaat, Hein M; Vd Merwe, Thomas		
4	Lane Leader Stellenbosch - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:08.31
	Van Wyk, Josie; Retief, Jane; Bircher, Storm Z; Van Tromp, Seruby		
5	Lane Leader Stellenbosch - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:15.23
	Vd Merwe, Thomas; Baillie, Gabi J; Muller, Lukas D; Van Tromp, Seruby		
6	Lane Leader Stellenbosch - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:15.50
	Hodge, Cameron P; Muller, Lukas D; Vd Merwe, Thomas; VerLoren Van Themaat, Hein M		
7	Lane Leader Stellenbosch - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:25.78
	Bircher, Storm Z; Baillie, Gabi J; Van Tromp, Seruby; Van Wyk, Josie		
8	Lane Leader Stellenbosch - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:17.64
	VerLoren Van Themaat, Hein M; Van Wyk, Josie; Van Tromp, Seruby; Vd Merwe, Thomas		
	Lane Leader Stellenbosch-CE Total Individual Entries: 0 - Total Relays: 8		

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Manta SC-CP**

1	Manta SC - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:44.73
	Fortune, Yaseen; Fortune, Hakeem; Addinall, Ethan; Jacobs, Seth G		
2	Manta SC - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:00.00
	Fortune, Yaseen; Fortune, Hakeem; Addinall, Ethan; Jacobs, Seth G		
3	Manta SC - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:33.71
	Sebastian, Alexander; Jurgens, Chloe-Leigh; Jacobs, Seth G; Barthus, Alessia		
4	Manta SC - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:20.00
	Fortune, Yaseen; Fortune, Hakeem; Addinall, Ethan; Jacobs, Seth G		
5	Manta SC - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x	5:02.56
	Sebastian, Alexander; Jurgens, Chloe-Leigh; Jacobs, Seth G; Barthus, Alessia		

Manta SC-CP Total Individual Entries: 0 - Total Relays: 5

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Marlin Swimming Club-CP

1	Marlin Swimming Club - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100 F	4:27.54
	Francis, Ethan; Gamiel dien, Idreess; Gomez, Alex W; Samsodien, Saaligh S		
2	Marlin Swimming Club - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:01.13
	Francis, Ethan; Gamiel dien, Idreess; Basson, Trishaun T; Samsodien, Saaligh S		
3	Marlin Swimming Club - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:13.45
	Gamiel dien, Idreess; Basson, Trishaun T; Francis, Ethan; Samsodien, Saaligh S		
	Marlin Swimming Club-CP Total Individual Entries: 0 - Total Relays: 3		

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Paarl Aquarius SC-CE

1 Paarl Aquarius SC - 'A' #321 Mixed 12 & Under 4x50 Medley Relay 4 x 50 2:41.58
Titus, Brody; Anthony, Jazmin A; Olivier, Gianna G; Lewis, Amaru C

Paarl Aquarius SC-CE Total Individual Entries: 0 - Total Relays: 1

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Port Elizabeth Amateur Swimmin-NM**

1	Port Elizabeth Amateur Swimmin - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 10	4:59.57
	Strong, Ava J; O'Connor, Kayden C; McLean, Daniella L; Mack, Kyras E		
2	Port Elizabeth Amateur Swimmin - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:09.12
	Hlangothi, Munguni S; Copteros, Ilyo B; Sheard, Dylan J; Nash, Daniel A		
3	Port Elizabeth Amateur Swimmin - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:08.06
	McLean, Daniella L; Mack, Kyras E; Strong, Ava J; O'Connor, Kayden C		
4	Port Elizabeth Amateur Swimmin - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:51.79
	Hlangothi, Munguni S; Copteros, Ilyo B; Sheard, Dylan J; Nash, Daniel A		
5	Port Elizabeth Amateur Swimmin - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:09.39
	Strong, Ava J; Basson, Zethan L; Andrews, Carl R; McLean, Daniella L		
6	Port Elizabeth Amateur Swimmin - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:10.88
	Delpert, Milla; Hlangothi, Munguni S; Copteros, Ilyo B; Jewell, Chloe I		
7	Port Elizabeth Amateur Swimmin - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:19.12
	Strong, Ava J; O'Connor, Kayden C; McLean, Daniella L; Mack, Kyras E		
8	Port Elizabeth Amateur Swimmin - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:02.54
	Sheard, Dylan J; Hlangothi, Munguni S; Copteros, Ilyo B; Nash, Daniel A		
9	Port Elizabeth Amateur Swimmin - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:22.29
	Andrews, Carl R; Jenkins, Finn R; Strong, Ava J; O'Connor, Kayden C		
10	Port Elizabeth Amateur Swimmin - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:23.43
	Hlangothi, Munguni S; Copteros, Ilyo B; Delpert, Milla; Jewell, Chloe I		

Port Elizabeth Amateur Swimmin-NM Total Individual Entries: 0 - Total Relays: 10

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Quick Silver Swimming Academy-CP**

1	Quick Silver Swimming Academy - 'A' Lichthart, Nicus; Troskie, Roean; Shipton, Christopher J; Coetzee, Sion M	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:03.52
2	Quick Silver Swimming Academy - 'A' Jantzen, Zianè; Strydom, Marli; Stevenson, Mikayla; Pahl, Shelly F	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:14.12
3	Quick Silver Swimming Academy - 'A' Rossouw, Marais; Strydom, Marli; Stevenson, Mikayla; Kannemeyer, Luan	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:32.65
4	Quick Silver Swimming Academy - 'A' Lichthart, Nicus; Pahl, Shelly F; Jantzen, Zianè; Coetzee, Sion M	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:19.26
5	Quick Silver Swimming Academy - 'A' Troskie, Roean; Troskie, Jean; Lichthart, Nicus; Coetzee, Sion M	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:17.33
6	Quick Silver Swimming Academy - 'A' Stevens, Judy C; Serfontein, Christi; Bosman, Jessica A; Wyngaard, Dakota J	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	2:24.96

Quick Silver Swimming Academy-CP Total Individual Entries: 0 - Total Relays: 6

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Royal Swimming Academy-ED

- | | | | |
|---|--|---|---------|
| 1 | Royal Swimming Academy - 'A' | #213 Men 12 & Under 4x100 Freestyle Relay 4 X 100 | 4:58.49 |
| | Knoetze, Ruben; Van Wyngaard, Daniël C; Bond, Ben L; Serfontein, John-Lourens | | |
| 2 | Royal Swimming Academy - 'A' | #315 Men 12 & Under 4x50 Freestyle Relay 4 x 50 | 2:14.02 |
| | Bond, Ben L; Van Wyngaard, Daniël C; Knoetze, Ruben; Serfontein, John-Lourens | | |
| 3 | Royal Swimming Academy - 'A' | #415 Men 12 & Under 4x50 Medley Relay 4 x 50 M | 2:33.29 |
| | Serfontein, John-Lourens; Van Wyngaard, Daniël C; Bond, Ben L; Knoetze, Ruben | | |
| | Royal Swimming Academy-ED Total Individual Entries: 0 - Total Relays: 3 | | |

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Sport Science Institute of SA-CP**

1	Sport Science Institute of SA - 'A' Heldsinger, Gia; Pretorius, Kara; Tranter, Alexia R; Parker, Leila E	#214 Women 12 & Under 4x100 Freestyle Relay 4	5:08.51
2	Sport Science Institute of SA - 'A' Kleinhans, Kyle; Pardoe, James N; Poggenpoel, Troy J; Williams, Evan B	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:14.03
3	Sport Science Institute of SA - 'A' Heldsinger, Gia; Tranter, Alexia R; Parker, Leila E; Pretorius, Kara	#316 Women 12 & Under 4x50 Freestyle Relay 4 :	2:17.91
4	Sport Science Institute of SA - 'A' Kleinhans, Kyle; Poggenpoel, Troy J; Pardoe, James N; Williams, Evan B	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:50.00
5	Sport Science Institute of SA - 'A' White, Rebecca M; Edwards, Reese J; Myers, Kirsten E; Heldsinger, Alexa L	#320 Women 16-19 4x50 Freestyle Relay 4 x 50 F	2:04.00
6	Sport Science Institute of SA - 'A' Myers, Kirsten E; Heldsinger, Alexa L; Poggenpoel, Troy J; Pardoe, James N	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:16.73
7	Sport Science Institute of SA - 'A' Kleinhans, Kyle; Edwards, Reese J; Williams, Evan B; White, Rebecca M	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:10.01
8	Sport Science Institute of SA - 'A' Tranter, Alexia R; Pretorius, Kara; Heldsinger, Gia; Parker, Leila E	#416 Women 12 & Under 4x50 Medley Relay 4 x 5	2:31.55
9	Sport Science Institute of SA - 'A' Kleinhans, Kyle; Poggenpoel, Troy J; Williams, Evan B; Pardoe, James N	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:08.27
10	Sport Science Institute of SA - 'A' Myers, Kirsten E; Edwards, Reese J; White, Rebecca M; Heldsinger, Alexa L	#420 Women 16-19 4x50 Medley Relay 4 x 50 Me	4:25.00

Sport Science Institute of SA-CP Total Individual Entries: 0 - Total Relays: 10

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Streamline Aquatics-CP**

1	Streamline Aquatics - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:10.17
	Kalapac, Joshua; Willenburg, Elijah K; Nagendrakumar, Puneet; Daniels, Joshua D		
2	Streamline Aquatics - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:52.40
	Kalapac, Joshua; Willenburg, Elijah K; Nagendrakumar, Puneet; Daniels, Joshua D		
3	Streamline Aquatics - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:19.85
	Nagendrakumar, Puneet; Kalapac, Lexi; Daniels, Joshua D; Messiter-Tooze, Luna S		
4	Streamline Aquatics - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:07.11
	Nagendrakumar, Puneet; Willenburg, Elijah K; Kalapac, Joshua; Daniels, Joshua D		
5	Streamline Aquatics - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:37.01
	Daniels, Joshua D; Kalapac, Lexi; Messiter-Tooze, Luna S; Nagendrakumar, Puneet		

Streamline Aquatics-CP Total Individual Entries: 0 - Total Relays: 5

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Swimlab Aquatic Academ-CP**

1	Swimlab Aquatic Academ - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	4:47.68
	Mallin, Lukas; Desai, Rohin T; Laufs, Connor R; Law Hing Choy, Flynn M		
2	Swimlab Aquatic Academ - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4 X 100	4:47.34
	Johnson, Ella J; Pearson-Adams, Oshun O; Barnes, Caitlin M; Emjedi, Saffiya		
3	Swimlab Aquatic Academ - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100	4:48.87
	Field, Joshua J; Huckle, Tegan; Ramorwesi, Oratilwe M; Bendixen, Vidar R		
4	Swimlab Aquatic Academ - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:55.08
	Kuhn, Tamzyn J; Robinson, Alana; Latimer, Olivia H; Benade, Aria		
5	Swimlab Aquatic Academ - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100	3:54.49
	Zellie, Thomas J; Pincente, Matthew; Van der Merwe, Josh E; Gilbert, Thomas O		
6	Swimlab Aquatic Academ - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:12.06
	Mallin, Lukas; Laufs, Connor R; Desai, Rohin T; Bendixen, Vidar R		
7	Swimlab Aquatic Academ - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50	2:16.09
	Pearson-Adams, Oshun O; Emjedi, Saffiya; Barnes, Caitlin M; Johnson, Ella J		
8	Swimlab Aquatic Academ - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50	2:09.48
	Field, Joshua J; Ramorwesi, Oratilwe M; Huckle, Tegan; Desai, Rohin T		
9	Swimlab Aquatic Academ - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50	2:14.46
	Kuhn, Tamzyn J; Latimer, Olivia H; Benade, Aria; Robinson, Alana		
10	Swimlab Aquatic Academ - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50	1:45.68
	Pincente, Matthew; Van der Merwe, Josh E; Zellie, Thomas J; Gilbert, Thomas O		
11	Swimlab Aquatic Academ - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:34.23
	Barnes, Caitlin M; Emjedi, Saffiya; Mallin, Lukas; Law Hing Choy, Flynn M		
12	Swimlab Aquatic Academ - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50	2:22.10
	Pearson-Adams, Oshun O; Field, Joshua J; Ramorwesi, Oratilwe M; Kuhn, Tamzyn J		
13	Swimlab Aquatic Academ - 'A'	#323 Mixed 16-19 4x50 Medley Relay 4 x 50	2:06.57
	Van der Merwe, Josh E; Latimer, Olivia H; Jarvis, Jade; Pincente, Matthew		
14	Swimlab Aquatic Academ - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50	2:32.64
	Laufs, Connor R; Desai, Rohin T; Mallin, Lukas; Bendixen, Vidar R		
15	Swimlab Aquatic Academ - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 50	2:36.73
	Pearson-Adams, Oshun O; Johnson, Ella J; Barnes, Caitlin M; Emjedi, Saffiya		
16	Swimlab Aquatic Academ - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50	2:20.00
	Ramorwesi, Oratilwe M; Field, Joshua J; Bendixen, Vidar R; Huckle, Tegan		
17	Swimlab Aquatic Academ - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50	2:29.50
	Robinson, Alana; Latimer, Olivia H; Kuhn, Tamzyn J; Benade, Aria		
18	Swimlab Aquatic Academ - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50	1:58.87
	Van der Merwe, Josh E; Zellie, Thomas J; Gilbert, Thomas O; Pincente, Matthew		
19	Swimlab Aquatic Academ - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:43.29
	Mallin, Lukas; Johnson, Ella J; Barnes, Caitlin M; Desai, Rohin T		
20	Swimlab Aquatic Academ - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:34.50
	Ramorwesi, Oratilwe M; Field, Joshua J; Kuhn, Tamzyn J; Pearson-Adams, Oshun O		
21	Swimlab Aquatic Academ - 'A'	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:11.46
	Pincente, Matthew; Zellie, Thomas J; Jarvis, Jade; Latimer, Olivia H		

Swimlab Aquatic Academ-CP Total Individual Entries: 0 - Total Relays: 21

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Tygerberg Aquatics-CP**

1	Tygerberg Aquatics - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	5:01.32
	Perez Castellano, Emilio; Swartz, Seth J; Van der Merwe, Logan; Van Onselen, Pierre S		
2	Tygerberg Aquatics - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4 X 100	5:10.86
	Adams, Ella; Van Jaarsveld, Bianca I; Newkirk, Gia; Hendricks, Jada		
3	Tygerberg Aquatics - 'A'	#215 Men 13-15 4x100 Freestyle Relay 4 X 100	4:20.16
	Wright, Jonah S; Heunis, Le Roux; Du Randt, Zack S; Das Neves, Lucas P		
4	Tygerberg Aquatics - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:33.90
	Burger, Juanè; Sonnekus, Anya; Otterbach, Lily; Senekal, Margo		
5	Tygerberg Aquatics - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:16.10
	Van der Merwe, Logan; Swartz, Seth J; Perez Castellano, Emilio; Van Onselen, Pierre S		
6	Tygerberg Aquatics - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50	2:20.60
	Newkirk, Gia; Van Jaarsveld, Bianca I; Adams, Ella; Hendricks, Jada		
7	Tygerberg Aquatics - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50	1:58.47
	Wright, Jonah S; Heunis, Le Roux; Du Randt, Zack S; Das Neves, Lucas P		
8	Tygerberg Aquatics - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50	2:05.60
	De Oliveira, Aliyah; Burger, Juanè; Otterbach, Lily; Senekal, Margo		
9	Tygerberg Aquatics - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:30.91
	Van Onselen, Pierre S; Perez Castellano, Emilio; Hendricks, Jada; Newkirk, Gia		
10	Tygerberg Aquatics - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50	2:12.46
	Wright, Jonah S; De Oliveira, Aliyah; Das Neves, Lucas P; Senekal, Margo		
11	Tygerberg Aquatics - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50	2:36.23
	Van der Merwe, Logan; Perez Castellano, Emilio; Van Onselen, Pierre S; Swartz, Seth J		
12	Tygerberg Aquatics - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 50	2:38.08
	Van Jaarsveld, Bianca I; Newkirk, Gia; Hendricks, Jada; Adams, Ella		
13	Tygerberg Aquatics - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50	2:10.94
	Heunis, Le Roux; Van Rensburg, Janco; Das Neves, Lucas P; Wright, Jonah S		
14	Tygerberg Aquatics - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50	2:22.12
	Burger, Juanè; De Oliveira, Aliyah; Otterbach, Lily; Senekal, Margo		
15	Tygerberg Aquatics - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:56.07
	Perez Castellano, Emilio; Adams, Ella; Hendricks, Jada; Van Onselen, Pierre S		
16	Tygerberg Aquatics - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:14.88
	Wright, Jonah S; Burger, Juanè; Senekal, Margo; Das Neves, Lucas P		

Tygerberg Aquatics-CP Total Individual Entries: 0 - Total Relays: 16

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Ultimate Swim Club-BU**

1	Ultimate Swim Club - 'A' Terwin, Brooklyn; Schutzler, Amelia-Rose; Mfabe, Zingce Z; Christie, Laila A	#214 Women 12 & Under 4x100 Freestyle Relay 4	4:58.98
2	Ultimate Swim Club - 'A' Christie, Laila A; Ristow, Emma K; Terwin, Brooklyn; Mfabe, Zingce Z	#416 Women 12 & Under 4x50 Medley Relay 4 x 50	2:30.18
3	Ultimate Swim Club - 'B' Kretzmann, Sophie F; Du Preez, Kyra J; Van Der Byl, Emily; Schutzler, Amelia-Rose	#416 Women 12 & Under 4x50 Medley Relay 4 x 50	2:41.03
4	Ultimate Swim Club - 'A' Cook, Jedd R; Nolands, Reece T; Kretzmann, Kaleb B; Lubbe, Alex C	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medley	2:25.83
5	Ultimate Swim Club - 'A' Murray, Demi J; Mauer, Kayden; Lottering, Eirley; Joubert, Liandi	#418 Women 13-15 4x50 Medley Relay 4 x 50 Medley	2:26.91

Ultimate Swim Club-BU Total Individual Entries: 0 - Total Relays: 5

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Upington Swemklub -zf McGawi

1	Upington Swemklub -zf McGawi - 'A' Avenant, Ankia; March, Gea A; Pretorius, Mariné; Van Zyl, Liane	#218 Women 16-19 4x100 Freestyle Relay 4 X 10	4:41.20
2	Upington Swemklub -zf McGawi - 'A' Avenant, Ankia; Steyl, Douw L; Kruger, Rikhardt; Steyl, Anne M	#323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe	2:13.08
3	Upington Swemklub -zf McGawi - 'A' Steyl, Douw L; Kruger, Rikhardt; Avenant, Ankia; Steyl, Anne M	#423 Mixed 16-24 4x100 Freestyle Relay 4 x 100	4:25.16
Upington Swemklub -zf McGawi Total Individual Entries: 0 - Total Relays: 3			

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events****Vineyard SC-CP**

1	Vineyard SC - 'A'	#213 Men 12 & Under 4x100 Freestyle Relay 4 X 100	5:15.22
	Kenmuir, Ethan; Harder, Callum R; Lange, Oliver; Louw, James		
2	Vineyard SC - 'A'	#214 Women 12 & Under 4x100 Freestyle Relay 4 X 100	4:58.03
	Haynes-Smart, Kaitlyn; Lloyd, Jemma A; Gullan, Sophia; Voysey, Ella N		
3	Vineyard SC - 'A'	#216 Women 13-15 4x100 Freestyle Relay 4 X 100	4:38.61
	Nixon, Sofia; Charles, Tyla; Goldman, Jasmine; Adams, Sydni M		
4	Vineyard SC - 'A'	#315 Men 12 & Under 4x50 Freestyle Relay 4 x 50	2:21.81
	Louw, James; Harder, Callum R; Kenmuir, Ethan; Lange, Oliver		
5	Vineyard SC - 'A'	#316 Women 12 & Under 4x50 Freestyle Relay 4 x 50	2:14.76
	Haynes-Smart, Kaitlyn; Voysey, Ella N; Gullan, Sophia; Lloyd, Jemma A		
6	Vineyard SC - 'A'	#317 Men 13-15 4x50 Freestyle Relay 4 x 50 Free	2:15.51
	Theron, Oloff A; Louw, James; Akinci, Can Batu; Kenmuir, Ethan		
7	Vineyard SC - 'A'	#318 Women 13-15 4x50 Freestyle Relay 4 x 50 F	2:10.00
	Charles, Tyla; Johannes, Ty; Nixon, Sofia; Adams, Sydni M		
8	Vineyard SC - 'A'	#321 Mixed 12 & Under 4x50 Medley Relay 4 x 50	2:30.25
	Gullan, Sophia; Lange, Oliver; Louw, James; Haynes-Smart, Kaitlyn		
9	Vineyard SC - 'A'	#322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe	2:25.68
	Gullan, Sophia; Charles, Tyla; Kenmuir, Ethan; Lange, Oliver		
10	Vineyard SC - 'A'	#415 Men 12 & Under 4x50 Medley Relay 4 x 50 M	2:32.78
	Harder, Callum R; Kenmuir, Ethan; Louw, James; Lange, Oliver		
11	Vineyard SC - 'A'	#416 Women 12 & Under 4x50 Medley Relay 4 x 50	2:41.13
	Gullan, Sophia; Voysey, Ella N; Haynes-Smart, Kaitlyn; Lloyd, Jemma A		
12	Vineyard SC - 'A'	#417 Men 13-15 4x50 Medley Relay 4 x 50 Medle	2:27.79
	Louw, James; Theron, Oloff A; Kenmuir, Ethan; Lange, Oliver		
13	Vineyard SC - 'A'	#418 Women 13-15 4x50 Medley Relay 4 x 50 Me	2:16.87
	Johannes, Ty; Charles, Tyla; Nixon, Sofia; Adams, Sydni M		
14	Vineyard SC - 'A'	#421 Mixed 12 & Under 4x100 Freestyle Relay 4 x 100	4:48.00
	Gullan, Sophia; Louw, James; Haynes-Smart, Kaitlyn; Lange, Oliver		
15	Vineyard SC - 'A'	#422 Mixed 13-15 4x100 Freestyle Relay 4 x 100	4:39.34
	Adams, Sydni M; Gullan, Sophia; Theron, Oloff A; Akinci, Can Batu		

Vineyard SC-CP Total Individual Entries: 0 - Total Relays: 15

SA Level 3 Regional Age Group Champs 2025-WC - 20/03/2025 to 23/03/2025**Team Entries - All Events**

Walmers SC-CP

1	Walmers SC - 'A'	#217 Men 16-19 4x100 Freestyle Relay 4 X 100 F	4:09.71
	Beukes, Mateo A; Pedro, Tamkeen; Beukes, Jaden L; Pedro, Maahier		
2	Walmers SC - 'A'	#319 Men 16-19 4x50 Freestyle Relay 4 x 50 Free	1:49.50
	Pedro, Tamkeen; Beukes, Mateo A; Beukes, Jaden L; Pedro, Maahier		
3	Walmers SC - 'A'	#419 Men 16-19 4x50 Medley Relay 4 x 50 Medle	2:06.78
	Beukes, Jaden L; Beukes, Mateo A; Pedro, Tamkeen; Pedro, Maahier		
	Walmers SC-CP Total Individual Entries: 0 - Total Relays: 3		