

**SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29****Medal Count****Combined: Men + Women**

<b>Team</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Total</b>
Bloemfontein Otters	28	23	20	71
Super Seals	22	18	33	73
Kloof Asc	16	10	8	34
Seals Asc	14	28	17	59
Uniswim	13	13	12	38
Uppington Swemklub -zf McGawi	13	13	5	31
Penguins Swimming Club	12	4	6	22
Aqua Athlete Durban	8	4	9	21
Aquazone Swim Club	7	5	12	24
Ega Acadamy	7	3	3	13
Beavers Swim Club	6	1	3	10
Blue Ocean AquaticsSwim Club	5	8	4	17
Ushaka Pmb	4	6	1	11
Bulties Swimming Club	3	2	0	5
Valsrivier Swimming Club	3	2	0	5
Curro Swimming Academy	3	2	0	5
Vryheid Swimming Club	3	0	4	7
Bull Sharks	2	9	3	14
Thunder Aquatics	2	3	2	7
Good Hope Swemklub - Fbd	2	2	0	4
Flamingo Aquatics Academy- Fbd	2	1	1	4
Stingrays Swimming Club	2	0	0	2
Bethseals	2	0	0	2
Welkom Super Seals	1	6	5	12
Kalahari Aquatics- Jtg	1	1	0	2
Westville Swimming Club	0	3	5	8
Curro Aquatic Swim Club	0	3	2	5
Neptune's Aquatics	0	1	3	4
Froggies	0	1	2	3
Welkom Aquatics	0	1	1	2
Aquafin Swimming Club	0	1	0	1
Kathu Tweekamp & Swem - Jtg	0	0	4	4
Ashton Swimming Academy	0	0	1	1
Pelican Swimming Club	0	0	1	1