

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

## #101 Boys 11&amp;U 400 Meter Free

Name	Age	Team	Finals Time
1 Swart, Petrus J	11	BLSS-MA	5:01,85
2 Erasmus, Marnu J	11	BLSS-MA	5:38,89
3 van Biljon, SJ J	11	BLOT-MA	5:39,01
4 Slabbert, Janre' D	11	BLOT-MA	5:55,36
5 Hasselmann, Liam	11	WSTV-ET	6:16,59

## #102 Girls 11&amp;U 400 Meter Free

Name	Age	Team	Finals Time
1 Nel, Kailah	11	BLSS-MA	5:24,03
2 Bam, Lizanté	11	BLSS-MA	5:29,40
3 Kunzler, Mia E	11	KLOO-ET	5:36,53
4 Davies, Paige E	11	KLOO-ET	5:40,03
5 Le Roux, Mieke	11	SEAL-UM	5:40,35
6 Hoar, Grace	11	KLOO-ET	5:48,10
7 Kruger, Christine H	11	BLSS-MA	5:54,93
8 Kachisi, Mufaro	11	WSTV-ET	6:07,53

## #103 Men 12 400 Meter Free

2016SA Age G: 4:20,00# 2015 Luan E. Grobbelaar at S			
Name	Age	Team	Finals Time
1 Louw, André J	12	KALA	5:31,54
2 Nel, Dirk	12	WSS-LL	5:32,93
3 Nagel, Gideon P	12	BLSS-MA	5:40,97
*4 Hoffman, Anande N	12	USHPM-UM	5:42,62
*4 de Vries, Jan-Hendrik	12	BLOT-MA	5:42,62
6 Kearney, Leon	12	WSTV-ET	5:54,69
7 Haslam, Seth J	12	KLOO-ET	5:59,27

## #104 Women 12 400 Meter Free

2016SA Age G: 4:29,00# 1908 Jessica Liss at EP Cham			
Name	Age	Team	Finals Time
1 Morgado, Hannah O	12	CSA-EZ	5:23,42
2 McQueen, Leanne C	12	BLSS-MA	5:27,07
3 Ojwach, Neliza T	12	SEAL-UM	5:30,58
4 Dempsey, Mckenzie A	12	AZON-ET	5:30,74
5 Makhanya, Naledi	12	KLOO-ET	5:39,23
6 Niven, Ella L	12	UNI-EZ	5:41,26
7 Nysschen, Nicola	12	KTS	5:51,24
8 Goosen, Jeanine C	12	BLNE-MA	5:54,90
9 Wolmarans, Karla	12	UPSK	6:13,70

## #105 Men 13 400 Meter Free

2016SA Age G: 4:10,50# 2013 Jarryd L. Baxter at SA L			
Name	Age	Team	Finals Time
1 Harty, Hunter R	13	UNI-EZ	5:11,98
2 Bouwer, Levi G	13	WELA-LL	5:12,32
3 Steyl, Kayden L	13	BLSS-MA	5:12,93
4 Orffer, Llewellyn	13	UPSK	5:21,60
5 Carson, Cayden J	13	BULS-MA	5:24,98
6 Hlophe, Lihle L	13	CASC-CP	5:28,46
7 van Zyl, Hanco	13	BLSS-MA	5:45,49
8 Koekemoer, Wian	13	AASC-GS	5:45,73

## #106 Women 13 400 Meter Free

2016SA Age G: 4:25,63# 2015 Rebecca A. Meder at W			
Name	Age	Team	Finals Time
1 Van Zyl, Liane	13	UPSK	5:26,44
2 van Heerden, Lia	13	BS-LL	5:39,09
3 Schofield, Sarah A	13	AADUB-ET	5:44,36
4 Hoar, Lily	13	KLOO-ET	5:49,10
5 Pabalinga, Reabetswe T	13	KLOO-ET	5:50,63
6 Tuta, Oyama T	13	PELIC-MA	5:53,68
7 Du Toit, Emma	12	BLOT-MA	6:01,47
8 Tait, Holli	13	KLOO-ET	6:03,98

## #107 Men 14 400 Meter Free

2016SA Age G: 4:01,84# 2014 Jarryd L. Baxter at SA L			
Name	Age	Team	Finals Time
1 Burger, Marcus P	14	UNI-EZ	4:58,98
2 Naidoo, Riley M	14	BEAV-ET	5:03,06
3 Froneman, Andre'	14	BLSS-MA	5:05,60
4 Lindeboom, Douglas G	14	BLNE-MA	5:14,02
5 Harbron, Nicholas	14	FAAC	5:17,84
6 Viviers, Pieter	14	BLOT-MA	5:17,94
7 Welthagen, Rhuwan	14	AASC-GS	5:18,76
8 Cronje, Jovan	14	KTS	5:22,58
9 Scriven, Conner K	14	BEAV-ET	5:25,95
10 Koekemoer, Braam	14	AASC-GS	5:27,56
11 Mostert, Stian	14	FAAC	5:38,36
12 Le Breton, Damian	14	BULS-MA	5:51,28

## #108 Women 14 400 Meter Free

2016SA Age G: 4:15,83# 2011 Michelle Weber-Telkom			
Name	Age	Team	Finals Time
1 Morgado, Zoe S	14	BLOT-MA	5:06,15
2 Terblanche, Emma L	14	UNI-EZ	5:12,44
3 de Jager, Ashleigh	14	BLOT-MA	5:13,13
4 Opperman, Inge	14	BLOT-MA	5:13,49
5 Logie, Courtney A	14	KLOO-ET	5:15,87
6 Du Toit, Lisa R	14	SEAL-UM	5:21,55
7 Filday, Ziva L	14	AZON-ET	5:33,02
8 Williams, Ashley	14	BLNE-MA	5:35,06
9 Van der Merwe, Ami	14	STSC-KC	5:35,41
10 Maritz, Violet T	14	SEAL-UM	5:39,35
11 Muller, Anika	14	UNI-EZ	5:41,12
12 Slabber, Abi A	14	SEAL-UM	5:42,22

## #109 Men 15 400 Meter Free

2016SA Age G: 3:58,09# 2014 Jarryd L. Baxter at 2014			
Name	Age	Team	Finals Time
1 Van der Walt, Diaan H	15	BLSS-MA	4:44,23
2 Bergh, Ian	15	BLOT-MA	4:45,32
3 Jacobs, Levi	15	BULS-MA	4:57,61
4 Van der Bijl, Almero	15	EGA-MA	4:58,61
5 Winkel, Liam H	15	SEAL-UM	5:02,44
6 Willemse, Sacha	15	UPSK	5:02,57
7 Eilerd, Ayden I	15	KTS	5:22,05

## #110 Women 15 400 Meter Free

2016SA Age G: 4:15,91# 2012 Michelle Weber at Sa N			
Name	Age	Team	Finals Time
1 Mutie, Muela S	15	KLOO-ET	5:10,38
2 Welgemoed, Isabelle	15	BLSS-MA	5:14,63
3 Clowes, Cailyn	15	SEAL-UM	5:16,70
4 Avenant, Ankia	15	UPSK	5:16,95
5 Crozier, Emily N	15	FAAC	5:18,95
6 Prins, Tiffany C	15	KTS	5:29,85
7 Pool, Johandri	15	BLSS-MA	5:35,92

## #111 Men 16 400 Meter Free

2016SA Age G: 3:54,95# 2015 Jarryd L. Baxter at 5th F			
Name	Age	Team	Finals Time
1 Naidoo, Saieshan N	16	BEAV-ET	4:51,21
2 Carimo, Kaamil A	16	UNI-EZ	4:51,86

## #112 Women 16 400 Meter Free

2016SA Age G: 4:13,92# 2007 Wendy Trott-12th Fina			
Name	Age	Team	Finals Time
1 Harbron, Danielle	16	BLOT-MA	4:57,65
2 Theron, Emma-Lee	16	BLOT-MA	5:15,97
3 Schuch, Talitha	16	SEAL-UM	5:16,80
4 Van Rensburg, Marne'	16	BLSS-MA	5:23,05

## #201 Boys 11&amp;U 100 Meter Free

Name	Age	Team	Finals Time
1 Swart, Petrus J	11	BLSS-MA	1:07,29
2 Greco, Grayson P	11	BLUO-UG	1:10,06
3 Cowley, Eldrid D	11	UNI-EZ	1:11,23
4 Maree, Lohan L	11	BLOT-MA	1:11,87
5 Kleynhans, Ivan	11	BLUO-UG	1:13,43
6 Oelofse, Hay-Din	11	TNDER-FD	1:13,99
7 Erasmus, Marnu J	11	BLSS-MA	1:14,05
8 Van Zyl, Jacob L	10	SEAL-UM	1:14,42
9 van Biljon, SJ J	11	BLOT-MA	1:15,24
10 De Jager, Evin	11	BLOT-MA	1:15,84

## #201 Boys 11&amp;U 100 Meter Free

Name	Age	Team	Prelim Time
1 Swart, Petrus J	11	BLSS-MA	1:08,50
2 Cowley, Eldrid D	11	UNI-EZ	1:10,86
3 Greco, Grayson P	11	BLUO-UG	1:10,94
4 Maree, Lohan L	11	BLOT-MA	1:13,65
5 Van Zyl, Jacob L	10	SEAL-UM	1:13,92
6 Kleynhans, Ivan	11	BLUO-UG	1:14,04
7 Oelofse, Hay-Din	11	TNDER-FD	1:14,12
8 Erasmus, Marnu J	11	BLSS-MA	1:15,30
9 De Jager, Evin	11	BLOT-MA	1:15,80
10 van Biljon, SJ J	11	BLOT-MA	1:15,97
11 O'Tool, Travis	11	WELA-LL	1:16,48
12 Ally, Luqmaan M	10	WSTV-ET	1:17,81
13 Hasselmann, Liam	11	WSTV-ET	1:24,47

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

#201 Boys 12 100 Meter Free				2016SA Age G: 57,43# 2005 Joshua KRIEL at NTS Ch			
Name	Age	Team	Finals Time				
<b>Finals</b>							
1 Nixon, Morgan L	12	SEAL-UM	1:04,62	4 Harty, Hunter R	13	UNI-EZ	1:04,77
2 Saunderson, Enrique C	12	BLOT-MA	1:07,84	5 Bruyns, Andrew T	13	UNI-EZ	1:05,21
3 Nel, Dirk	12	WSS-LL	1:08,46	6 Orffer, Llewellyn	13	UPSK	1:05,47
4 Bergh, Ruan	12	BLOT-MA	1:09,85	7 Bouwer, Levi G	13	WELA-LL	1:08,01
5 Pretorius, Christiaan L	12	BLOT-MA	1:10,17	8 Freeman-Smith, Liam A	13	PSCP-UM	1:08,16
6 Smit, Carter S	12	ASA-IL	1:10,57	9 Fourie, Jouka	13	BETH-FD	1:08,55
7 Louw, André J	12	KALA	1:11,62	10 Hlophe, Lihle L	13	CASC-CP	1:08,65
8 Nagel, Gideon P	12	BLSS-MA	1:13,74	11 Steyl, Kayden L	13	BLSS-MA	1:09,53
9 Hoffman, Anande N	12	USHPM-UM	1:14,10	12 Bann, Rourke D	13	AZON-ET	1:09,98
10 de Vries, Jan-Hendrik	12	BLOT-MA	1:14,80	13 Wiesner, Jordan	13	WSS-LL	1:10,01
				14 van Zyl, Hanco	13	BLSS-MA	1:10,03
				15 Koekemoer, Wian	13	AASC-GS	1:10,25
				16 Opperman, Theodore S	13	FAAC	1:10,35
				17 Kotzé, Izak F	13	BS-LL	1:17,25
<b>#201 Boys 12 100 Meter Free</b>				<b>#201 Boys 14 100 Meter Free</b>			
2016SA Age G: 57,43# 2005 Joshua KRIEL at NTS Ch				2016SA Age G: 52,91# 1998 Byron Jeffers			
Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time
<b>Preliminaries</b>				<b>Finals</b>			
1 Nixon, Morgan L	12	SEAL-UM	1:05,38	1 Potgieter, Ruben H	14	PSCP-UM	1:02,14
2 Saunderson, Enrique C	12	BLOT-MA	1:07,72	2 Duncan, Travis P	14	BLOT-MA	1:02,51
3 Nel, Dirk	12	WSS-LL	1:08,72	3 Coleman, Ewan H	14	AZON-ET	1:02,78
4 Bergh, Ruan	12	BLOT-MA	1:09,03	4 Lindeboom, Douglas G	14	BLNE-MA	1:03,36
5 Pretorius, Christiaan L	12	BLOT-MA	1:09,85	5 Kruger, Rikhardt	14	UPSK	1:03,95
6 Louw, André J	12	KALA	1:10,74	6 Viviers, Pieter	14	BLOT-MA	1:03,96
7 Smit, Carter S	12	ASA-IL	1:13,13	7 Raynard, Enzo N	14	SEAL-UM	1:04,35
8 de Vries, Jan-Hendrik	12	BLOT-MA	1:13,59	8 Koekemoer, Braam	14	AASC-GS	1:04,51
9 Hoffman, Anande N	12	USHPM-UM	1:14,08	9 Burger, Marcus P	14	UNI-EZ	1:05,23
10 Nagel, Gideon P	12	BLSS-MA	1:14,47	10 Pakkiri, Zuriel	14	BLUO-UG	1:06,67
11 Haslam, Seth J	12	KLOO-ET	1:14,49				
12 Potgieter, Caleb J	12	SEAL-UM	1:14,67	<b>#201 Boys 14 100 Meter Free</b>			
13 Van der Westhuizen, Han	12	MSC-GSD	1:17,12	2016SA Age G: 52,91# 1998 Byron Jeffers			
14 Kearney, Leon	12	WSTV-ET	1:21,31	Name	Age	Team	Prelim Time
				<b>Preliminaries</b>			
				1 Coleman, Ewan H	14	AZON-ET	1:01,56
				2 Duncan, Travis P	14	BLOT-MA	1:02,21
				3 Kruger, Rikhardt	14	UPSK	1:02,34
				4 Potgieter, Ruben H	14	PSCP-UM	1:04,15
				5 Le Breton, Damian	14	BULS-MA	1:04,49
				6 Viviers, Pieter	14	BLOT-MA	1:04,70
				7 Pakkiri, Zuriel	14	BLUO-UG	1:04,88
				8 Burger, Marcus P	14	UNI-EZ	1:04,90
				9 Lindeboom, Douglas G	14	BLNE-MA	1:05,09
				10 Raynard, Enzo N	14	SEAL-UM	1:05,53
				11 Koekemoer, Braam	14	AASC-GS	1:05,65
				12 Naidoo, Riley M	14	BEAV-ET	1:05,83
				13 Pieterse, Nielan	14	UNI-EZ	1:06,06
				14 Welthagen, Rhuwan	14	AASC-GS	1:06,21
				15 Harbron, Nicholas	14	FAAC	1:06,43
				16 Froneman, Andre'	14	BLSS-MA	1:06,86
				17 Mostert, Stian	14	FAAC	1:07,93
				18 Lotriet, Dian H	14	BLOT-MA	1:08,02
				19 Cronje, Jovan	14	KTS	1:08,28
				20 Scriven, Conner K	14	BEAV-ET	1:08,87
				21 Mc Donald, Teegan N	14	AADUB-ET	1:09,09
<b>#201 Boys 13 100 Meter Free</b>				<b>#201 Men 15 100 Meter Free</b>			
2016SA Age G: 53,89# 2011 Kyle Van Niekerk at 9th				2016SA Age G: 52,10# 2013 Kyle Van Niekerk at CG			
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
<b>Finals</b>				<b>Finals</b>			
1 van Niekerk, Vaughn	13	UNI-EZ	1:02,91	1 Van der Bijl, Almero	15	EGA-MA	58,89
2 Carson, Cayden J	13	BULS-MA	1:03,26	2 Joseph, Thabang L	15	SEAL-UM	59,05
3 Harty, Hunter R	13	UNI-EZ	1:03,99	3 Bergh, Ian	15	BLOT-MA	59,09
4 Bruyns, Andrew T	13	UNI-EZ	1:04,21	4 Willemse, Sacha	15	UPSK	59,19
5 Orffer, Llewellyn	13	UPSK	1:04,42	5 Muller, Nathan	15	WSTV-ET	59,35
6 Turner, Campbell T	13	PSCP-UM	1:04,87	6 Stead, Owen B	15	FRA-KC	1:00,40
7 Freeman-Smith, Liam A	13	PSCP-UM	1:08,06	7 Pretorius, Marnus S	15	VHD-ZL	1:01,50
8 Fourie, Jouka	13	BETH-FD	1:08,09	8 Van der Walt, Diaan H	15	BLSS-MA	1:02,96
9 Hlophe, Lihle L	13	CASC-CP	1:10,29	9 Tiedt, NJ J	15	GHSK	1:03,08
10 Bouwer, Levi G	13	WELA-LL	1:10,46	10 Eilerd, Ayden I	15	KTS	1:04,12
<b>#201 Boys 13 100 Meter Free</b>				<b>#201 Men 15 100 Meter Free</b>			
2016SA Age G: 53,89# 2011 Kyle Van Niekerk at 9th				2016SA Age G: 52,10# 2013 Kyle Van Niekerk at CG			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
<b>Preliminaries</b>				<b>Preliminaries</b>			
1 van Niekerk, Vaughn	13	UNI-EZ	1:03,13	1 Bergh, Ian	15	BLOT-MA	59,07
2 Turner, Campbell T	13	PSCP-UM	1:04,47	2 Willemse, Sacha	15	UPSK	59,43
3 Carson, Cayden J	13	BULS-MA	1:04,53	3 Muller, Nathan	15	WSTV-ET	59,53
				4 Van der Bijl, Almero	15	EGA-MA	59,77
				5 Stead, Owen B	15	FRA-KC	1:00,12
				6 Pretorius, Marnus S	15	VHD-ZL	1:01,26
				7 Joseph, Thabang L	15	SEAL-UM	1:01,72
				8 Tiedt, NJ J	15	GHSK	1:01,82
				9 Eilerd, Ayden I	15	KTS	1:03,32
				10 Van der Walt, Diaan H	15	BLSS-MA	1:03,45
				11 Winkel, Liam H	15	SEAL-UM	1:03,95
				<b>#201 Men 16 100 Meter Free</b>			
				2016SA Age G: 51,01# 2015 ZANE WADDELL at SA L			
				Name	Age	Team	Finals Time
				<b>Finals</b>			
				1 Naidoo, Saieshan N	16	BEAV-ET	58,45
				2 Badenhorst, Jandre	16	BULS-MA	58,70
				3 Solomon, Riley	16	BLUO-UG	59,75
				4 Carimo, Kaamil A	16	UNI-EZ	59,94
				5 Louw, Dirka A	16	EGA-MA	1:01,98
				6 Guddisa, Elrohi	16	BLNE-MA	1:02,10
				7 Claassens, Xuan	16	UNI-EZ	1:02,74
				<b>#201 Men 16 100 Meter Free</b>			
				2016SA Age G: 51,01# 2015 ZANE WADDELL at SA L			
				Name	Age	Team	Prelim Time
				<b>Preliminaries</b>			
				1 Badenhorst, Jandre	16	BULS-MA	59,27
				2 Solomon, Riley	16	BLUO-UG	59,39
				3 Naidoo, Saieshan N	16	BEAV-ET	59,57
				4 Louw, Dirka A	16	EGA-MA	1:00,09
				5 Carimo, Kaamil A	16	UNI-EZ	1:02,37
				6 Guddisa, Elrohi	16	BLNE-MA	1:02,70
				7 Claassens, Xuan	16	UNI-EZ	1:03,33

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

#202 Girls 11&U 100 Meter Free				#202 Girls 14 100 Meter Free			
Name	Age	Team	Finals Time	2016SA Age G:	58,02#	2013	Erin P. Gallagher at KZN
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
<b>Finals</b>				<b>Finals</b>			
1 Kunzler, Mia E	11	KLOO-ET	1:08,76	1 Morgado, Zoe S	14	BLOT-MA	1:05,20
2 Nel, Kailah	11	BLSS-MA	1:09,31	2 de Jager, Ashleigh	14	BLOT-MA	1:05,84
3 Bam, Lizanté	11	BLSS-MA	1:11,49	3 Maritz, Violet T	14	SEAL-UM	1:06,24
4 Roper, Elle-Anne	11	WSS-LL	1:11,60	4 Stuart, Tayla L	14	AADUB-ET	1:06,43
5 Maartens, Accalia M	11	BLOT-MA	1:13,56	5 Eybers, Carli E	14	VHD-ZL	1:07,08
6 Oelofse, Kens-Linn	11	TNDR-FD	1:14,06	6 Van der Merwe, Kaylee	14	BETH-FD	1:07,30
7 Le Roux, Mieke	11	SEAL-UM	1:14,46	7 Van der Merwe, Leane	14	UNI-EZ	1:07,47
8 Hoar, Grace	11	KLOO-ET	1:17,73	8 Opperman, Inge	14	BLOT-MA	1:08,14
9 Kruger, Christine H	11	BLSS-MA	1:18,84	9 Vorster, Arinda	14	BLSS-MA	1:08,28
10 Francis, Jessica J	11	SEAL-UM	1:21,78	10 De Haas, Hayley	14	USHPM-UM	1:09,20
<b>#202 Girls 11&amp;U 100 Meter Free</b>				<b>#202 Girls 14 100 Meter Free</b>			
Name	Age	Team	Prelim Time	2016SA Age G:	58,02#	2013	Erin P. Gallagher at KZN
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
<b>Preliminaries</b>				<b>Preliminaries</b>			
1 Kunzler, Mia E	11	KLOO-ET	1:10,02	1 Morgado, Zoe S	14	BLOT-MA	1:05,82
2 Bam, Lizanté	11	BLSS-MA	1:11,24	2 Stuart, Tayla L	14	AADUB-ET	1:06,09
3 Roper, Elle-Anne	11	WSS-LL	1:11,38	3 Eybers, Carli E	14	VHD-ZL	1:06,37
4 Nel, Kailah	11	BLSS-MA	1:11,97	4 Opperman, Inge	14	BLOT-MA	1:07,72
5 Le Roux, Mieke	11	SEAL-UM	1:12,85	5 De Haas, Hayley	14	USHPM-UM	1:07,81
6 Maartens, Accalia M	11	BLOT-MA	1:13,28	6 de Jager, Ashleigh	14	BLOT-MA	1:07,95
7 Oelofse, Kens-Linn	11	TNDR-FD	1:14,03	7 Van der Merwe, Leane	14	UNI-EZ	1:08,32
8 Kruger, Christine H	11	BLSS-MA	1:17,08	8 Maritz, Violet T	14	SEAL-UM	1:08,72
9 Hoar, Grace	11	KLOO-ET	1:17,28	9 Vorster, Arinda	14	BLSS-MA	1:08,90
10 Francis, Jessica J	11	SEAL-UM	1:17,33	10 Van der Merwe, Kaylee	14	BETH-FD	1:08,96
11 Dekker, Bailey A	11	KLOO-ET	1:17,78	*11 Williams, Ashley	14	BLNE-MA	1:09,36
12 Kachisi, Mufaro	11	WSTV-ET	1:18,39	*11 Gutter, Livia	14	BLOT-MA	1:09,36
13 Piechaczek, Z'Ney	11	BLOT-MA	1:18,51	<b>Swim-Off Required</b>			
<b>#202 Girls 12 100 Meter Free</b>				13 Du Toit, Lisa R	14	SEAL-UM	1:09,37
2016SA Age G:	1:00,60#	2015	Dune Coetzee at SA Lev	14 Filday, Ziva L	14	AZON-ET	1:09,56
Name	Age	Team	Finals Time	15 Logie, Courtney A	14	KLOO-ET	1:09,60
<b>Finals</b>				16 Cupido, Donyelle	14	BLNE-MA	1:09,73
1 Morgado, Hannah O	12	CSA-EZ	1:08,26	17 Van Schalkwyk, Zenicke	14	BLOT-MA	1:10,05
2 Ojwach, Neliza T	12	SEAL-UM	1:08,54	18 Ronnie, Addyson H	14	PSCP-UM	1:10,28
3 Le Roux, Lisa	12	BLOT-MA	1:08,61	19 Zietsman, Lika	14	BLSS-MA	1:10,55
4 Shange, Apehele	12	USHPM-UM	1:10,11	20 Gibson, Jess R	14	PSCP-UM	1:10,72
5 Dempsey, Mckenzie A	12	AZON-ET	1:11,53	21 Slabber, Abi A	14	SEAL-UM	1:10,76
6 Niven, Ella L	12	UNI-EZ	1:12,30	22 Van der Merwe, Ami	14	STSC-KC	1:11,30
7 Booyesen, Morgan H	12	PSCP-UM	1:12,43	23 Muller, Anika	14	UNI-EZ	1:12,06
8 van der Linde, Kaylie C	12	VHD-ZL	1:12,84	24 Gasson, Elle R	14	BLSS-MA	1:12,84
9 Von Mollendorff, Emma J	12	KLOO-ET	1:13,07	25 Siebrits, Taylor L	14	STSC-KC	1:14,58
10 Coleman, Willow	12	SEAL-UM	1:13,71	<b>#202 Women 15 100 Meter Free</b>			
<b>#202 Girls 12 100 Meter Free</b>				2016SA Age G:	55,86#	2014	Erin P. Gallagher at Con
2016SA Age G:	1:00,60#	2015	Dune Coetzee at SA Lev	Name	Age	Team	Finals Time
Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time
<b>Preliminaries</b>				<b>Finals</b>			
1 Morgado, Hannah O	12	CSA-EZ	1:09,10	1 Mutie, Muela S	15	KLOO-ET	1:04,74
2 Le Roux, Lisa	12	BLOT-MA	1:09,77	2 Leiper, Isla C	15	SEAL-UM	1:04,79
3 Ojwach, Neliza T	12	SEAL-UM	1:10,35	3 Welgemoed, Isabelle	15	BLSS-MA	1:04,95
4 Dempsey, Mckenzie A	12	AZON-ET	1:10,59	4 Avenant, Ankia	15	UPSK	1:06,10
5 Booyesen, Morgan H	12	PSCP-UM	1:10,78	5 Goelst, Gemma J	15	SEAL-UM	1:06,43
6 Coleman, Willow	12	SEAL-UM	1:11,42	6 Van De Ruit, Carly A	15	AZON-ET	1:07,13
7 van der Linde, Kaylie C	12	VHD-ZL	1:11,47	7 van der Merwe, Leane	14	UNI-EZ	1:07,47
8 Niven, Ella L	12	UNI-EZ	1:11,73	8 Opperman, Inge	14	BLOT-MA	1:08,14
9 Von Mollendorff, Emma J	12	KLOO-ET	1:11,85	9 Vorster, Arinda	14	BLSS-MA	1:08,28
10 Shange, Apehele	12	USHPM-UM	1:11,94	10 De Haas, Hayley	14	USHPM-UM	1:09,20
11 Makhanya, Naledi	12	KLOO-ET	1:12,35	11 Dekker, Bailey A	11	KLOO-ET	1:17,78
12 McQueen, Leanne C	12	BLSS-MA	1:13,14	12 Kachisi, Mufaro	11	WSTV-ET	1:18,39
13 Nadauld, Skyla F	12	BLUO-UG	1:13,28	13 Piechaczek, Z'Ney	11	BLOT-MA	1:18,51
14 Nysschen, Nicola	12	KTS	1:13,59	14 Filday, Ziva L	14	AZON-ET	1:09,56
15 Gibson-Taylor, Emma G	12	AZON-ET	1:13,92	15 Logie, Courtney A	14	KLOO-ET	1:09,60
16 White, Suhanna	12	AQUA-UT	1:14,16	16 Cupido, Donyelle	14	BLNE-MA	1:09,73
17 Goosen, Jeanine C	12	BLNE-MA	1:14,88	17 Van Schalkwyk, Zenicke	14	BLOT-MA	1:10,05
18 Kuhn, Alexa J	12	CASC-CP	1:15,06	18 Ronnie, Addyson H	14	PSCP-UM	1:10,28
19 Palframan, Layla G	12	SEAL-UM	1:15,23	19 Zietsman, Lika	14	BLSS-MA	1:10,55
20 Fowler, Tenley P	12	AZON-ET	1:16,02	20 Gibson, Jess R	14	PSCP-UM	1:10,72
21 Willemse, Kara C	12	VHD-ZL	1:17,39	21 Slabber, Abi A	14	SEAL-UM	1:10,76
22 Wolmarans, Karla	12	UPSK	1:18,30	22 Van der Merwe, Ami	14	STSC-KC	1:11,30
23 Du Toit, Emma	12	BLOT-MA	1:18,93	23 Muller, Anika	14	UNI-EZ	1:12,06
24 Banza, Emmanuela E	12	UNI-EZ	1:18,99	24 Gasson, Elle R	14	BLSS-MA	1:12,84
25 Sausi, Amani M	12	AZON-ET	1:19,09	25 Siebrits, Taylor L	14	STSC-KC	1:14,58
26 Josiah, Phoebe S	12	PSCP-UM	1:21,90	<b>#202 Girls 13 100 Meter Free</b>			
<b>#202 Girls 13 100 Meter Free</b>				2016SA Age G:	58,94#	2015	Rebecca A Meder-at Jun
Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time
Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time
<b>Finals</b>				<b>Preliminaries</b>			
1 Palframan, Sisanda B	13	SEAL-UM	1:05,47	1 Palframan, Sisanda B	13	SEAL-UM	1:06,45
2 Schofield, Sarah A	13	AADUB-ET	1:06,53	2 Schofield, Sarah A	13	AADUB-ET	1:07,98
3 Van Zyl, Liane	13	UPSK	1:08,20	3 Van Zyl, Liane	13	UPSK	1:08,67
4 March, Gea A	13	UPSK	1:08,40	4 van Heerden, Lia	13	BS-LL	1:09,71
5 van Heerden, Lia	13	BS-LL	1:09,02	5 March, Gea A	13	UPSK	1:10,15
6 Pabalinga, Reabetswe T	13	KLOO-ET	1:09,19	6 Pabalinga, Reabetswe T	13	KLOO-ET	1:10,26
7 Ngema, Olwe S	13	FRA-KC	1:11,22	7 Ngema, Olwe S	13	FRA-KC	1:11,28
8 Radebe, Zekh S	13	USHPM-UM	1:12,88	8 Van Zyl, Alta M	13	SEAL-UM	1:11,88
9 Van Zyl, Alta M	13	SEAL-UM	1:13,04	9 Pillay, Delija	13	VHD-ZL	1:12,36
10 Tuta, Oyama T	13	PELIC-MA	1:13,63	10 Radebe, Zekh S	13	USHPM-UM	1:12,83
<b>#202 Girls 13 100 Meter Free</b>				11 Tuta, Oyama T	13	PELIC-MA	1:13,14
2016SA Age G:	58,94#	2015	Rebecca A Meder-at Jun	Name	Age	Team	Prelim Time
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
<b>Preliminaries</b>				12 Hoar, Lily	13	KLOO-ET	1:14,96
1 Palframan, Sisanda B	13	SEAL-UM	1:06,45	<b>#202 Girls 14 100 Meter Free</b>			
2 Schofield, Sarah A	13	AADUB-ET	1:07,98	2016SA Age G:	55,86#	2014	Erin P. Gallagher at Con
3 Van Zyl, Liane	13	UPSK	1:08,67	Name	Age	Team	Finals Time
4 van Heerden, Lia	13	BS-LL	1:09,71	Name	Age	Team	Finals Time
5 March, Gea A	13	UPSK	1:10,15	<b>Finals</b>			
6 Pabalinga, Reabetswe T	13	KLOO-ET	1:10,26	1 Mutie, Muela S	15	KLOO-ET	1:04,74
7 Ngema, Olwe S	13	FRA-KC	1:11,28	2 Leiper, Isla C	15	SEAL-UM	1:04,79
8 Van Zyl, Alta M	13	SEAL-UM	1:11,88	3 Welgemoed, Isabelle	15	BLSS-MA	1:04,95
9 Pillay, Delija	13	VHD-ZL	1:12,36	4 Avenant, Ankia	15	UPSK	1:06,10
10 Radebe, Zekh S	13	USHPM-UM	1:12,83	5 Goelst, Gemma J	15	SEAL-UM	1:06,43
11 Tuta, Oyama T	13	PELIC-MA	1:13,14	6 Van De Ruit, Carly A	15	AZON-ET	1:07,13
12 Hoar, Lily	13	KLOO-ET	1:14,96				

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

**Finals ... (#202 Women 15 100 Meter Free)**

7	Filday, Deryn S	15	AZON-ET	1:08,19
8	Brown, Evalyn	15	AADUB-ET	1:08,37
9	Prins, Tiffany C	15	KTS	1:08,70
10	Mansill, Noa	15	WSS-LL	1:10,84

**#202 Women 15 100 Meter Free**

2016SA Age G: 55,86# 2014 Erin P. Gallagher at Com

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Welgemoed, Isabelle	15	BLSS-MA	1:05,70
2	Goelst, Gemma J	15	SEAL-UM	1:05,98
3	Leiper, Isla C	15	SEAL-UM	1:06,34
4	Avenant, Ankia	15	UPSK	1:06,88
5	Mutie, Muela S	15	KLOO-ET	1:07,05
6	Van De Ruit, Carly A	15	AZON-ET	1:07,20
7	Brown, Evalyn	15	AADUB-ET	1:07,89
8	Filday, Deryn S	15	AZON-ET	1:08,82
9	Prins, Tiffany C	15	KTS	1:09,20
10	Mansill, Noa	15	WSS-LL	1:10,30
11	Meyer, Maya	15	BULS-MA	1:10,81
12	Leibbrandt, Amber S	15	AADUB-ET	1:10,98
13	Clowes, Cailyn	15	SEAL-UM	1:11,28
14	Sykes, Sarah J	15	PSCP-UM	1:13,14
15	Torrie, Brogan L	15	AZON-ET	1:13,51
16	Pool, Johandri	15	BLSS-MA	1:15,87

**#202 Women 16 100 Meter Free**

2016SA Age G: 55,61# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Finals Time
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**Finals**

1	Van Rensburg, Marne'	16	BLSS-MA	1:06,49
2	Harbron, Danielle	16	BLOT-MA	1:06,68
3	Theron, Emma-Lee	16	BLOT-MA	1:06,96
4	Burt, Kristen A	16	PSCP-UM	1:07,50
5	Engelbrecht, Nieke C	16	UPSK	1:11,86

**#202 Women 16 100 Meter Free**

2016SA Age G: 55,61# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Harbron, Danielle	16	BLOT-MA	1:06,88
2	Theron, Emma-Lee	16	BLOT-MA	1:07,60
3	Van Rensburg, Marne'	16	BLSS-MA	1:08,41
4	Burt, Kristen A	16	PSCP-UM	1:08,78
5	Engelbrecht, Nieke C	16	UPSK	1:08,86

**#205 Boys 11&U 100 Meter Breast**

Name	Age	Team	Finals Time
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**Finals**

1	Greco, Grayson P	11	BLUO-UG	1:29,67
2	Swart, Petrus J	11	BLSS-MA	1:29,96
3	Van Zyl, Jacob L	10	SEAL-UM	1:31,82
4	Erasmus, Marnu J	11	BLSS-MA	1:35,81
5	Pretorius, Flippie	11	FRA-KC	1:38,00
6	De Jager, Evin	11	BLOT-MA	1:38,35

**#205 Boys 11&U 100 Meter Breast**

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Greco, Grayson P	11	BLUO-UG	1:32,10
2	Swart, Petrus J	11	BLSS-MA	1:33,29
3	Van Zyl, Jacob L	10	SEAL-UM	1:33,55
4	Erasmus, Marnu J	11	BLSS-MA	1:37,10
5	De Jager, Evin	11	BLOT-MA	1:39,15
6	Pretorius, Flippie	11	FRA-KC	1:41,48

**#205 Boys 12 100 Meter Breast**

2016SA Age G: 1:10,71# 2013 Cameron K. Matthews a

Name	Age	Team	Finals Time
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**Finals**

1	Nixon, Morgan L	12	SEAL-UM	1:25,19
2	Swanepoel, Lander L	12	UNI-EZ	1:28,37
3	Nagel, Gideon P	12	BLSS-MA	1:31,02
4	Haslam, Seth J	12	KLOO-ET	1:36,01
5	Nel, Dirk	12	WSS-LL	1:36,75
6	Hoffman, Anande N	12	USHPM-UM	1:38,91
7	Kearney, Leon	12	WSTV-ET	1:50,45

**#205 Boys 12 100 Meter Breast**

2016SA Age G: 1:10,71# 2013 Cameron K. Matthews a

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Nixon, Morgan L	12	SEAL-UM	1:28,10
2	Nagel, Gideon P	12	BLSS-MA	1:32,96
3	Swanepoel, Lander L	12	UNI-EZ	1:34,59
4	Nel, Dirk	12	WSS-LL	1:36,98
5	Van der Westhuizen, Han	12	MSC-GSD	1:39,92
6	Hoffman, Anande N	12	USHPM-UM	1:40,88
7	Haslam, Seth J	12	KLOO-ET	1:44,74
8	Kearney, Leon	12	WSTV-ET	1:52,01

**#205 Boys 13 100 Meter Breast**

2016SA Age G: 1:07,79# 2014 Cameron K. Matthews a

Name	Age	Team	Finals Time
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**Finals**

1	Coetzee, Burhan	13	VALS-FD	1:18,51
2	Turner, Campbell T	13	PSCP-UM	1:23,38
3	Bann, Rourke D	13	AZON-ET	1:24,53
4	Carson, Cayden J	13	BULS-MA	1:25,28
5	Wiesner, Jordan	13	WSS-LL	1:26,57
6	Bruyns, Andrew T	13	UNI-EZ	1:27,07
7	Bouwer, Levi G	13	WELA-LL	1:27,31
8	Freeman-Smith, Liam A	13	PSCP-UM	1:28,32
9	Opperman, Theodore S	13	FAAC	1:33,12
10	Kotzé, Izak F	13	BS-LL	1:36,10

**#205 Boys 13 100 Meter Breast**

2016SA Age G: 1:07,79# 2014 Cameron K. Matthews a

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Coetzee, Burhan	13	VALS-FD	1:19,59
2	Bann, Rourke D	13	AZON-ET	1:27,69
3	Carson, Cayden J	13	BULS-MA	1:27,70

4	Wiesner, Jordan	13	WSS-LL	1:28,00
5	Turner, Campbell T	13	PSCP-UM	1:28,45
6	Bouwer, Levi G	13	WELA-LL	1:29,31
7	Bruyns, Andrew T	13	UNI-EZ	1:29,36
8	Freeman-Smith, Liam A	13	PSCP-UM	1:32,28
9	Kotzé, Izak F	13	BS-LL	1:35,42
10	Opperman, Theodore S	13	FAAC	1:35,48
11	Koekemoer, Wian	13	AASC-GS	1:35,64
12	Harty, Hunter R	13	UNI-EZ	1:36,08
13	van Zyl, Hanco	13	BLSS-MA	1:39,96

**#205 Boys 14 100 Meter Breast**

2016SA Age G: 1:06,92# 2015 Joshua Hamilton at FSA

Name	Age	Team	Finals Time
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**Finals**

1	Froneman, Andre'	14	BLSS-MA	1:18,52
2	Raynard, Enzo N	14	SEAL-UM	1:20,22
3	Mc Donald, Teegan N	14	AADUB-ET	1:20,98
4	Viviers, Pieter	14	BLOT-MA	1:21,23
5	Harbron, Nicholas	14	FAAC	1:22,76
6	Pakkiri, Zuriel	14	BLUO-UG	1:23,06
7	Myeza, Ronewa	14	FRA-KC	1:24,81
8	Mostert, Stian	14	FAAC	1:25,17
9	Scriven, Conner K	14	BEAV-ET	1:29,35
10	Coleman, Ewan H	14	AZON-ET	1:33,69

**#205 Boys 14 100 Meter Breast**

2016SA Age G: 1:06,92# 2015 Joshua Hamilton at FSA

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Froneman, Andre'	14	BLSS-MA	1:21,04
2	Viviers, Pieter	14	BLOT-MA	1:23,87
3	Raynard, Enzo N	14	SEAL-UM	1:24,00
4	Mc Donald, Teegan N	14	AADUB-ET	1:26,24
5	Mostert, Stian	14	FAAC	1:26,77
6	Pakkiri, Zuriel	14	BLUO-UG	1:27,31
7	Myeza, Ronewa	14	FRA-KC	1:27,94
8	Harbron, Nicholas	14	FAAC	1:28,14
9	Scriven, Conner K	14	BEAV-ET	1:28,65
10	Coleman, Ewan H	14	AZON-ET	1:29,11
11	Welthagen, Rhuwan	14	AASC-GS	1:29,20
12	Lindeboom, Douglas G	14	BLNE-MA	1:31,85
13	Koekemoer, Braam	14	AASC-GS	1:36,54

**#205 Men 15 100 Meter Breast**

2016SA Age G: 1:03,98# 2016 Michael J Houlie-Grand

Name	Age	Team	Finals Time
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**Finals**

1	Tiedt, NJ J	15	GHSK	1:20,87
2	Van der Bijl, Almero	15	EGA-MA	1:21,25
3	Hattingh, Ben	15	FAAC	1:26,23

**#205 Men 15 100 Meter Breast**

2016SA Age G: 1:03,98# 2016 Michael J Houlie-Grand

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Van der Bijl, Almero	15	EGA-MA	1:22,81
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## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

Preliminaries ... (#205 Men 15 100 Meter Breast)			
Name	Age	Team	Finals Time
2 Tiedt, NJ J	15	GHSK	1:23,02
3 Hattingh, Ben	15	FAAC	1:26,07

## #205 Men 16 100 Meter Breast

2016SA Age G: 1:03,07# 2013 Jarred C. Crous at Sa Na

Name	Age	Team	Finals Time
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## Finals

1 Grobbelaar, Jamey L	16	AZON-ET	1:13,86
2 Oelofse, Cay-Din	16	TNDER-FD	1:16,16
3 Claassens, Xuan	16	UNI-EZ	1:18,15
4 Badendorst, Jandre	16	BULS-MA	1:20,43
5 Solomon, Riley	16	BLUO-UG	1:22,65

## #205 Men 16 100 Meter Breast

2016SA Age G: 1:03,07# 2013 Jarred C. Crous at Sa Na

Name	Age	Team	Prelim Time
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## Preliminaries

1 Grobbelaar, Jamey L	16	AZON-ET	1:15,13
2 Oelofse, Cay-Din	16	TNDER-FD	1:16,72
3 Badendorst, Jandre	16	BULS-MA	1:19,36
4 Claassens, Xuan	16	UNI-EZ	1:20,64
5 Naidoo, Saieshan N	16	BEAV-ET	1:22,73
6 Solomon, Riley	16	BLUO-UG	1:24,86
7 Guddisa, Elrohi	16	BLNE-MA	1:36,36

## #206 Girls 11&amp;U 100 Meter Breast

Name	Age	Team	Finals Time
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## Finals

1 Ayekun, Bella T	11	PSCP-UM	1:32,33
2 Maartens, Accalia M	11	BLOT-MA	1:32,46
3 Roper, Elle-Anne	11	WSS-LL	1:37,04
4 Oelofse, Kens-Linn	11	TNDER-FD	1:38,85
5 Kachisi, Mufaro	11	WSTV-ET	1:40,09
6 Francis, Jessica J	11	SEAL-UM	1:43,81
7 Kruger, Christine H	11	BLSS-MA	1:43,87
8 Erasmus, Alexis	11	FSE-KC	1:44,17

## #206 Girls 11&amp;U 100 Meter Breast

Name	Age	Team	Prelim Time
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## Preliminaries

1 Maartens, Accalia M	11	BLOT-MA	1:34,55
2 Ayekun, Bella T	11	PSCP-UM	1:37,57
3 Oelofse, Kens-Linn	11	TNDER-FD	1:37,89
4 Roper, Elle-Anne	11	WSS-LL	1:39,13
5 Kachisi, Mufaro	11	WSTV-ET	1:40,46
6 Francis, Jessica J	11	SEAL-UM	1:41,28
7 Le Roux, Mieke	11	SEAL-UM	1:43,03
8 Kruger, Christine H	11	BLSS-MA	1:43,27
9 Erasmus, Alexis	11	FSE-KC	1:44,08

## #206 Girls 12 100 Meter Breast

2016SA Age G: 1:11,66# 2008 Jessica Liss at Samsung

Name	Age	Team	Finals Time
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## Finals

1 Nadauld, Skyla F	12	BLUO-UG	1:28,36
2 Coetzee, Kayla C	12	VALS-FD	1:28,75

3 Banza, Emmanuela E	12	UNI-EZ	1:29,13
4 White, Suhanna	12	AQUA-UT	1:29,43
5 McQueen, Leanne C	12	BLSS-MA	1:31,51
6 Ojwach, Neliza T	12	SEAL-UM	1:32,72
7 Le Roux, Lisa	12	BLOT-MA	1:33,38
8 Von Mollendorff, Emma J	12	KLOO-ET	1:37,51
9 Niven, Ella L	12	UNI-EZ	1:37,98

## #206 Girls 12 100 Meter Breast

2016SA Age G: 1:11,66# 2008 Jessica Liss at Samsung

Name	Age	Team	Prelim Time
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## Preliminaries

1 Coetzee, Kayla C	12	VALS-FD	1:30,61
2 White, Suhanna	12	AQUA-UT	1:30,84
3 Ojwach, Neliza T	12	SEAL-UM	1:31,93
4 Nadauld, Skyla F	12	BLUO-UG	1:33,67
5 Le Roux, Lisa	12	BLOT-MA	1:35,26
6 Niven, Ella L	12	UNI-EZ	1:35,73
7 Banza, Emmanuela E	12	UNI-EZ	1:36,37
8 McQueen, Leanne C	12	BLSS-MA	1:36,49
9 Von Mollendorff, Emma J	12	KLOO-ET	1:38,51
10 Gibson-Taylor, Emma G	12	AZON-ET	1:39,34
11 Fowler, Tenley P	12	AZON-ET	1:39,54
12 Shange, Aphelele	12	USHPM-UM	1:39,86
13 Booysen, Morgan H	12	PSCP-UM	1:41,18
14 Goosen, Jeanine C	12	BLNE-MA	1:42,23
15 Dempsey, Mckenzie A	12	AZON-ET	1:44,79
16 Josiah, Phoebe S	12	PSCP-UM	1:47,64

## #206 Girls 13 100 Meter Breast

2016SA Age G: 1:11,92# 2009 Jessica S. Liss at Telkom

Name	Age	Team	Finals Time
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## Finals

1 Radebe, Zekh S	13	USHPM-UM	1:27,24
2 Van Zyl, Alta M	13	SEAL-UM	1:31,16
3 Palframan, Sisanda B	13	SEAL-UM	1:31,87
4 van Heerden, Lia	13	BS-LL	1:32,69
5 Pillay, Delija	13	VHD-ZL	1:36,20
6 Tait, Holli	13	KLOO-ET	1:43,94

## #206 Girls 13 100 Meter Breast

2016SA Age G: 1:11,92# 2009 Jessica S. Liss at Telkom

Name	Age	Team	Prelim Time
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## Preliminaries

1 Radebe, Zekh S	13	USHPM-UM	1:29,09
2 Palframan, Sisanda B	13	SEAL-UM	1:33,32
3 Van Zyl, Alta M	13	SEAL-UM	1:33,40
4 van Heerden, Lia	13	BS-LL	1:36,45
5 Pillay, Delija	13	VHD-ZL	1:42,08
6 Tait, Holli	13	KLOO-ET	1:45,10

## #206 Girls 14 100 Meter Breast

2016SA Age G: 1:10,37# 1997 Sarah Poewe

Name	Age	Team	Finals Time
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## Finals

1 Van der Merwe, Ami	14	STSC-KC	1:25,02
2 Gutter, Livia	14	BLOT-MA	1:25,51

3 Gibson, Jess R	14	PSCP-UM	1:26,97
4 Ronnie, Addyson H	14	PSCP-UM	1:26,99
5 Terblanche, Emma L	14	UNI-EZ	1:27,92
6 Hughes, Cara	14	FRA-KC	1:29,20
7 De Haas, Hayley	14	USHPM-UM	1:29,45
8 Maritz, Violet T	14	SEAL-UM	1:29,58
9 van der Spuy, Melan	14	BLOT-MA	1:31,11
10 Van der Merwe, Leane	14	UNI-EZ	1:31,40

## #206 Girls 14 100 Meter Breast

2016SA Age G: 1:10,37# 1997 Sarah Poewe

Name	Age	Team	Prelim Time
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## Preliminaries

1 Gutter, Livia	14	BLOT-MA	1:26,85
2 Van der Merwe, Ami	14	STSC-KC	1:28,20
3 De Haas, Hayley	14	USHPM-UM	1:28,30
4 Terblanche, Emma L	14	UNI-EZ	1:29,06
5 Ronnie, Addyson H	14	PSCP-UM	1:29,23
6 Gibson, Jess R	14	PSCP-UM	1:29,77
7 Hughes, Cara	14	FRA-KC	1:30,29
8 van der Spuy, Melan	14	BLOT-MA	1:30,33
9 Maritz, Violet T	14	SEAL-UM	1:30,36
10 Van der Merwe, Leane	14	UNI-EZ	1:30,82
11 Vorster, Arinda	14	BLSS-MA	1:30,83
12 Siebrits, Taylor L	14	STSC-KC	1:31,26
13 de Jager, Ashleigh	14	BLOT-MA	1:32,29
14 Logie, Courtney A	14	KLOO-ET	1:32,85
15 Gasson, Elle R	14	BLSS-MA	1:33,37
16 Cupido, Donyelle	14	BLNE-MA	1:34,32
17 Stuart, Tayla L	14	AADUB-ET	1:35,70
18 Williams, Ashley	14	BLNE-MA	1:41,06

## #206 Women 15 100 Meter Breast

2016SA Age G: 1:10,57# 2015 Kaylee Corbett at-Sa N

Name	Age	Team	Finals Time
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## Finals

1 Mansill, Noa	15	WSS-LL	1:25,37
2 Leiper, Isla C	15	SEAL-UM	1:26,64
3 Pool, Johandri	15	BLSS-MA	1:27,16
4 Welgemoed, Isabelle	15	BLSS-MA	1:27,41
5 Clowes, Cailyn	15	SEAL-UM	1:29,99
6 Crozier, Emily N	15	FAAC	1:30,31
7 Sykes, Sarah J	15	PSCP-UM	1:30,65
8 Van De Ruit, Carly A	15	AZON-ET	1:31,57
9 Leibbrandt, Amber S	15	AADUB-ET	1:33,19

## #206 Women 15 100 Meter Breast

2016SA Age G: 1:10,57# 2015 Kaylee Corbett at-Sa N

Name	Age	Team	Prelim Time
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## Preliminaries

1 Mansill, Noa	15	WSS-LL	1:26,89
2 Leiper, Isla C	15	SEAL-UM	1:30,17
3 Van De Ruit, Carly A	15	AZON-ET	1:30,32
4 Crozier, Emily N	15	FAAC	1:30,67
5 Sykes, Sarah J	15	PSCP-UM	1:30,96
6 Pool, Johandri	15	BLSS-MA	1:31,11
7 Clowes, Cailyn	15	SEAL-UM	1:31,98

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

## Preliminaries ... (#206 Women 15 100 Meter Breast)

8	Welgemeod, Isabelle	15	BLSS-MA	1:32,44
9	Leibbrandt, Amber S	15	AADUB-ET	1:32,97

## #206 Women 16 100 Meter Breast

2016SA Age G: 1:09,30# 1999 Sarah Poewe at Pan Pa

Name	Age	Team	Finals Time
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## Finals

1	Grobler, Danielle	16	BLOT-MA	1:21,04
2	Schuch, Talitha	16	SEAL-UM	1:21,79
3	Harbron, Danielle	16	BLOT-MA	1:22,04

## #206 Women 16 100 Meter Breast

2016SA Age G: 1:09,30# 1999 Sarah Poewe at Pan Pa

Name	Age	Team	Prelim Time
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## Preliminaries

1	Grobler, Danielle	16	BLOT-MA	1:22,00
2	Harbron, Danielle	16	BLOT-MA	1:24,52
3	Schuch, Talitha	16	SEAL-UM	1:26,36

## #207 Boys 11&amp;U 200 Meter Back

Name	Age	Team	Finals Time
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## Finals

1	Swart, Petrus J	11	BLSS-MA	2:45,48
2	Erasmus, Marnu J	11	BLSS-MA	2:53,53
3	Cowley, Eldrid D	11	UNI-EZ	2:54,89
4	Maree, Lohan L	11	BLOT-MA	2:58,68
5	Oelofse, Hay-Din	11	TNDER-FD	3:00,89
6	O'Tool, Travis	11	WELA-LL	3:03,89
7	van Biljon, SJJ	11	BLOT-MA	3:04,42

## #207 Boys 11&amp;U 200 Meter Back

Name	Age	Team	Prelim Time
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## Preliminaries

1	Swart, Petrus J	11	BLSS-MA	2:49,78
2	Erasmus, Marnu J	11	BLSS-MA	2:55,45
3	Cowley, Eldrid D	11	UNI-EZ	2:56,20
4	Maree, Lohan L	11	BLOT-MA	2:58,09
5	Oelofse, Hay-Din	11	TNDER-FD	3:02,66
6	O'Tool, Travis	11	WELA-LL	3:03,43
7	van Biljon, SJJ	11	BLOT-MA	3:04,06
8	Hasselmann, Liam	11	WSTV-ET	3:27,20

## #207 Boys 12 200 Meter Back

2016SA Age G: 2:19,53# 2014 Luan E. Grobbelaar at V

Name	Age	Team	Finals Time
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## Finals

1	Nagel, Gideon P	12	BLSS-MA	2:49,66
2	de Vries, Jan-Hendrik	12	BLOT-MA	2:59,95
3	Saunderson, Enrique C	12	BLOT-MA	3:02,77
4	Louw, André J	12	KALA	3:06,92
5	Kearney, Leon	12	WSTV-ET	3:16,36

## #207 Boys 12 200 Meter Back

2016SA Age G: 2:19,53# 2014 Luan E. Grobbelaar at V

Name	Age	Team	Prelim Time
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## Preliminaries

1	Nagel, Gideon P	12	BLSS-MA	2:55,96
2	de Vries, Jan-Hendrik	12	BLOT-MA	3:00,03
3	Saunderson, Enrique C	12	BLOT-MA	3:01,78
4	Kearney, Leon	12	WSTV-ET	3:10,22
5	Louw, André J	12	KALA	3:12,43

## #207 Boys 13 200 Meter Back

2016SA Age G: 2:10,19# 2009 Christopher P. Reid at V

Name	Age	Team	Finals Time
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## Finals

1	Steyl, Kayden L	13	BLSS-MA	2:43,52
2	Hlophe, Lihle L	13	CASC-CP	2:54,29
3	van Zyl, Hanco	13	BLSS-MA	2:54,90
4	Bouwer, Levi G	13	WELA-LL	2:55,51
5	Carson, Cayden J	13	BULS-MA	2:57,08
6	Orffer, Llewellyn	13	UPSK	3:00,57
7	Opperman, Theodore S	13	FAAC	3:03,13
8	Koekemoer, Wian	13	AASC-GS	3:03,21

## #207 Boys 13 200 Meter Back

2016SA Age G: 2:10,19# 2009 Christopher P. Reid at V

Name	Age	Team	Prelim Time
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## Preliminaries

1	Steyl, Kayden L	13	BLSS-MA	2:44,25
2	Hlophe, Lihle L	13	CASC-CP	2:53,91
3	Carson, Cayden J	13	BULS-MA	2:58,57
4	van Zyl, Hanco	13	BLSS-MA	2:58,83
5	Bouwer, Levi G	13	WELA-LL	3:01,15
6	Orffer, Llewellyn	13	UPSK	3:04,24
7	Opperman, Theodore S	13	FAAC	3:07,50
8	Koekemoer, Wian	13	AASC-GS	3:08,05
9	Kotzé, Izak F	13	BS-LL	3:08,73

## #207 Boys 14 200 Meter Back

2016SA Age G: 2:08,41# 1998 Byron Jeffers

Name	Age	Team	Finals Time
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## Finals

1	Burger, Marcus P	14	UNI-EZ	2:40,25
2	Kruger, Rikhardt	14	UPSK	2:40,82
3	Cronje, Jovan	14	KTS	2:43,83
4	Naidoo, Riley M	14	BEAV-ET	2:44,77

## #207 Boys 14 200 Meter Back

2016SA Age G: 2:08,41# 1998 Byron Jeffers

Name	Age	Team	Prelim Time
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## Preliminaries

1	Kruger, Rikhardt	14	UPSK	2:42,44
2	Burger, Marcus P	14	UNI-EZ	2:43,62
3	Cronje, Jovan	14	KTS	2:44,72
4	Naidoo, Riley M	14	BEAV-ET	2:47,35
5	Lindeboom, Douglas G	14	BLNE-MA	3:01,49

## #207 Men 15 200 Meter Back

2016SA Age G: 2:06,32# 2011 Christopher P. Reid at T

Name	Age	Team	Finals Time
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## Finals

1	Bergh, Ian	15	BLOT-MA	2:27,19
2	Van der Bijl, Almero	15	EGA-MA	2:28,74
3	Stead, Owen B	15	FRA-KC	2:36,12
4	Winkel, Liam H	15	SEAL-UM	2:46,14

## #207 Men 15 200 Meter Back

2016SA Age G: 2:06,32# 2011 Christopher P. Reid at T

Name	Age	Team	Prelim Time
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## Preliminaries

1	Bergh, Ian	15	BLOT-MA	2:28,71
2	Van der Bijl, Almero	15	EGA-MA	2:33,81
3	Joseph, Thabang L	15	SEAL-UM	2:39,16
4	Stead, Owen B	15	FRA-KC	2:39,45
5	Winkel, Liam H	15	SEAL-UM	2:45,75

## #207 Men 16 200 Meter Back

2016SA Age G: 2:03,78# 2012 Martin Binedell at Sa N

Name	Age	Team	Finals Time
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## Finals

1	Louw, Dirka A	16	EGA-MA	2:42,83
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## #207 Men 16 200 Meter Back

2016SA Age G: 2:03,78# 2012 Martin Binedell at Sa N

Name	Age	Team	Prelim Time
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## Preliminaries

1	Louw, Dirka A	16	EGA-MA	2:32,29
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## #208 Girls 11&amp;U 200 Meter Back

Name	Age	Team	Finals Time
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## Finals

1	Davies, Paige E	11	KLOO-ET	2:47,88
2	Kunzler, Mia E	11	KLOO-ET	2:51,22
3	Bam, Lizanté	11	BLSS-MA	2:56,67
4	Nel, Kailah	11	BLSS-MA	3:01,48
5	Oelofse, Kens-Linn	11	TNDER-FD	3:03,53
6	Kruger, Christine H	11	BLSS-MA	3:11,00
7	Mahomed, Hannah A	11	PSCP-UM	3:12,94
8	Hoar, Grace	11	KLOO-ET	3:17,73

## #208 Girls 11&amp;U 200 Meter Back

Name	Age	Team	Prelim Time
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## Preliminaries

1	Davies, Paige E	11	KLOO-ET	2:53,09
2	Kunzler, Mia E	11	KLOO-ET	3:00,39
3	Bam, Lizanté	11	BLSS-MA	3:03,13
4	Oelofse, Kens-Linn	11	TNDER-FD	3:04,50
5	Nel, Kailah	11	BLSS-MA	3:04,73
6	Kruger, Christine H	11	BLSS-MA	3:13,09
7	Mahomed, Hannah A	11	PSCP-UM	3:13,32
8	Hoar, Grace	11	KLOO-ET	3:15,07
9	Francis, Jessica J	11	SEAL-UM	3:15,99
10	Le Roux, Mieke	11	SEAL-UM	3:20,27

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## Results

<b>#208 Girls 12 200 Meter Back</b>				7 De Haas, Hayley	14 USHPM-UM	2:53,84	<b>#211 Boys 11&amp;U 100 Meter Fly</b>			
2016SA Age G: 2:20,72# 2011 Nathania Van Niekerk a				8 Gutter, Livia	14 BLOT-MA	2:55,93	Name Age Team Finals Time			
Name Age Team Finals Time				9 Logie, Courtney A	14 KLOO-ET	2:57,83	Finals			
Finals				10 Williams, Ashley	14 BLNE-MA	3:00,62	1 Swart, Petrus J 11 BLSS-MA 1:16,26			
1 Makhanya, Naledi 12 KLOO-ET 2:54,77				<b>#208 Girls 14 200 Meter Back</b>			2 Hasselmann, Liam 11 WSTV-ET 1:22,11			
2 Kuhn, Alexa J 12 CASC-CP 2:57,35				2016SA Age G: 2:13,00# 2013 Nathania Van Niekerk a			3 Kleynhans, Ivan 11 BLUO-UG 1:28,37			
3 McQueen, Leanne C 12 BLSS-MA 3:00,14				Name Age Team Prelim Time			4 O'Tool, Travis 11 WELA-LL 1:28,40			
4 Nysschen, Nicola 12 KTS 3:03,29				Preliminaries			5 Maree, Lohan L 11 BLOT-MA 1:31,13			
5 Josiah, Phoebe S 12 PSCP-UM 3:12,37				1 Van den Heever, Liv M 14 AZON-ET 2:41,36			6 Erasmus, Marnu J 11 BLSS-MA 1:33,94			
6 Du Toit, Emma 12 BLOT-MA 3:14,32				2 Van Schalkwyk, Zenicke 14 BLOT-MA 2:42,33			<b>#211 Boys 11&amp;U 100 Meter Fly</b>			
7 Coleman, Willow 12 SEAL-UM 3:15,25				3 Van Rooyen, Isabella S 14 AADUB-ET 2:42,66			Name Age Team Prelim Time			
<b>#208 Girls 12 200 Meter Back</b>				4 Muller, Anika 14 UNI-EZ 2:47,86			Preliminaries			
2016SA Age G: 2:20,72# 2011 Nathania Van Niekerk a				5 De Haas, Hayley 14 USHPM-UM 2:48,73			1 Swart, Petrus J 11 BLSS-MA 1:17,33			
Name Age Team Prelim Time				6 Zietsman, Lika 14 BLSS-MA 2:50,78			2 Hasselmann, Liam 11 WSTV-ET 1:31,53			
Preliminaries				7 Filday, Ziva L 14 AZON-ET 2:51,00			3 Kleynhans, Ivan 11 BLUO-UG 1:32,36			
1 Makhanya, Naledi 12 KLOO-ET 2:55,41				8 Gutter, Livia 14 BLOT-MA 2:54,25			4 Maree, Lohan L 11 BLOT-MA 1:32,66			
2 McQueen, Leanne C 12 BLSS-MA 3:03,38				9 Terblanche, Emma L 14 UNI-EZ 2:55,80			5 Erasmus, Marnu J 11 BLSS-MA 1:34,36			
3 Nysschen, Nicola 12 KTS 3:06,36				10 Logie, Courtney A 14 KLOO-ET 2:59,57			6 O'Tool, Travis 11 WELA-LL 1:35,07			
4 Kuhn, Alexa J 12 CASC-CP 3:10,14				11 Williams, Ashley 14 BLNE-MA 3:00,07			<b>#211 Boys 12 100 Meter Fly</b>			
5 Coleman, Willow 12 SEAL-UM 3:12,90				<b>#208 Women 15 200 Meter Back</b>			2016SA Age G: 55,48# 2015 Jendre Van Der Merwe			
6 Du Toit, Emma 12 BLOT-MA 3:14,38				2016SA Age G: 2:14,46# 2014 Nathania Van Niekerk a			Name Age Team Finals Time			
7 Josiah, Phoebe S 12 PSCP-UM 3:24,89				Name Age Team Finals Time			Finals			
<b>#208 Girls 13 200 Meter Back</b>				Finals			1 Bergh, Ruan 12 BLOT-MA 1:17,57			
2016SA Age G: 2:16,87# 2012 Nathania Van Niekerk a				1 Avenant, Ankia 15 UPSK 2:43,38			2 Nagel, Gideon P 12 BLSS-MA 1:20,70			
Name Age Team Finals Time				2 Goelst, Gemma J 15 SEAL-UM 2:46,47			3 Smit, Carter S 12 ASA-IL 1:21,50			
Finals				3 Prins, Tiffany C 15 KTS 2:50,23			4 Nel, Dirk 12 WSS-LL 1:25,65			
1 van Heerden, Lia 13 BS-LL 2:53,05				4 Torrie, Brogan L 15 AZON-ET 2:54,62			5 Saunderson, Enrique C 12 BLOT-MA 1:25,70			
2 Van Zyl, Liane 13 UPSK 3:00,59				5 Brown, Evalyn 15 AADUB-ET 2:54,96			6 Kearney, Leon 12 WSTV-ET 2:00,27			
3 Tuta, Oyama T 13 PELIC-MA 3:03,30				6 Filday, Deryn S 15 AZON-ET 3:03,57			<b>#211 Boys 12 100 Meter Fly</b>			
4 Tait, Holli 13 KLOO-ET 3:08,88				<b>#208 Women 15 200 Meter Back</b>			2016SA Age G: 55,48# 2015 Jendre Van Der Merwe			
5 Hoar, Lily 13 KLOO-ET 3:11,06				2016SA Age G: 2:14,46# 2014 Nathania Van Niekerk a			Name Age Team Prelim Time			
6 Pillay, Delija 13 VHD-ZL 3:15,40				Name Age Team Prelim Time			Preliminaries			
<b>#208 Girls 13 200 Meter Back</b>				Preliminaries			1 Bergh, Ruan 12 BLOT-MA 1:18,38			
2016SA Age G: 2:16,87# 2012 Nathania Van Niekerk a				1 Avenant, Ankia 15 UPSK 2:46,68			2 Smit, Carter S 12 ASA-IL 1:25,11			
Name Age Team Prelim Time				2 Goelst, Gemma J 15 SEAL-UM 2:48,77			3 Nagel, Gideon P 12 BLSS-MA 1:25,16			
Preliminaries				3 Prins, Tiffany C 15 KTS 2:55,02			4 Saunderson, Enrique C 12 BLOT-MA 1:25,96			
1 Pabalinga, Reabetswe T 13 KLOO-ET 2:55,62				4 Torrie, Brogan L 15 AZON-ET 2:58,79			5 Nel, Dirk 12 WSS-LL 1:31,45			
2 van Heerden, Lia 13 BS-LL 2:57,32				5 Brown, Evalyn 15 AADUB-ET 2:58,92			6 Kearney, Leon 12 WSTV-ET 2:05,91			
3 Van Zyl, Liane 13 UPSK 3:00,50				6 Filday, Deryn S 15 AZON-ET 3:04,79			<b>#211 Boys 13 100 Meter Fly</b>			
4 Tuta, Oyama T 13 PELIC-MA 3:09,06				<b>#208 Women 16 200 Meter Back</b>			2016SA Age G: 58,58# 2010 Mathys C Goosen-Telko			
5 Hoar, Lily 13 KLOO-ET 3:10,02				2016SA Age G: 2:12,92# 2016 Mariella G Venter-Gran			Name Age Team Finals Time			
6 Tait, Holli 13 KLOO-ET 3:15,99				Name Age Team Finals Time			Finals			
7 Pillay, Delija 13 VHD-ZL 3:25,24				Finals			1 Freeman-Smith, Liam A 13 PSCP-UM 1:14,23			
<b>#208 Girls 14 200 Meter Back</b>				1 Burt, Kristen A 16 PSCP-UM 2:50,00			2 Carson, Cayden J 13 BULS-MA 1:14,54			
2016SA Age G: 2:13,00# 2013 Nathania Van Niekerk a				2 Van Rensburg, Marne' 16 BLSS-MA 2:53,75			3 Hlophe, Lihle L 13 CASC-CP 1:16,62			
Name Age Team Finals Time				Name Age Team Prelim Time			4 Kotzé, Izak F 13 BS-LL 1:17,50			
Finals				Preliminaries			5 Bouwer, Levi G 13 WELA-LL 1:18,56			
1 Van den Heever, Liv M 14 AZON-ET 2:38,90				1 Burt, Kristen A 16 PSCP-UM 2:54,38			6 Orffer, Llewellyn 13 UPSK 1:21,12			
2 Van Rooyen, Isabella S 14 AADUB-ET 2:39,54				2 Van Rensburg, Marne' 16 BLSS-MA 2:58,14			7 Steyl, Kayden L 13 BLSS-MA 1:25,73			
3 Van Schalkwyk, Zenicke 14 BLOT-MA 2:40,19										
4 Zietsman, Lika 14 BLSS-MA 2:47,27										
5 Muller, Anika 14 UNI-EZ 2:48,19										
6 Filday, Ziva L 14 AZON-ET 2:50,34										

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<b>#211 Boys 13 100 Meter Fly</b>				6 Pretorius, Marnus S	15 VHD-ZL	1:13,56	<b>#212 Girls 12 100 Meter Fly</b>				
2016SA Age G: 58,58# 2010 Mathys C Goosen-Telkoni				7 Eilerd, Ayden I	15 KTS	1:14,53	2016SA Age G: 1:06,45# 2008 Jessica S. Liss at Telkom				
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>#211 Men 16 100 Meter Fly</b>				<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
<b>Preliminaries</b>				2016SA Age G: 54,45# 2013 Joshua Steyn at NTS Champs				<b>Finals</b>			
1 Hlophe, Lihle L	13	CASC-CP	1:17,88	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	1 Morgado, Hannah O	12	CSA-EZ	1:16,63
2 Carson, Cayden J	13	BULS-MA	1:18,75	<b>Finals</b>				2 Shange, Aphelele	12	USHPM-UM	1:20,85
3 Bouwer, Levi G	13	WELA-LL	1:19,59	1 Naidoo, Saieshan N	16	BEAV-ET	1:04,08	3 Kuhn, Alexa J	12	CASC-CP	1:21,66
4 Freeman-Smith, Liam A	13	PSCP-UM	1:19,99	2 Oelofse, Cay-Din	16	TNDER-FD	1:04,51	4 van der Linde, Kaylie C	12	VHD-ZL	1:22,20
5 Kotzé, Izak F	13	BS-LL	1:20,64	3 Louw, Dirka A	16	EGA-MA	1:08,42	5 Ojwach, Neliza T	12	SEAL-UM	1:22,27
6 Steyl, Kayden L	13	BLSS-MA	1:24,12	4 Grobbelaar, Jamey L	16	AZON-ET	1:08,46	6 Upton, Neri	12	BLOT-MA	1:26,62
7 Orffer, Llewellyn	13	UPSK	1:24,58	5 Carimo, Kaamil A	16	UNI-EZ	1:09,45	7 McQueen, Leanne C	12	BLSS-MA	1:27,56
<b>#211 Boys 14 100 Meter Fly</b>				6 Solomon, Riley	16	BLUO-UG	1:10,87	8 Wolmarans, Karla	12	UPSK	1:30,77
2016SA Age G: 57,32# 2012 Kyle Van Niekerk at aQ				7 Guddisa, Elrohi	16	BLNE-MA	1:12,01	9 Willemse, Kara C	12	VHD-ZL	1:31,78
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	8 Badenhorst, Jandre	16	BULS-MA	1:13,17	<b>#212 Girls 12 100 Meter Fly</b>			
<b>Finals</b>				<b>#211 Men 16 100 Meter Fly</b>				2016SA Age G: 1:06,45# 2008 Jessica S. Liss at Telkom			
1 Mostert, Stian	14	FAAC	1:09,55	2016SA Age G: 54,45# 2013 Joshua Steyn at NTS Champs				<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
2 Duncan, Travis P	14	BLOT-MA	1:09,92	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Preliminaries</b>			
3 Naidoo, Riley M	14	BEAV-ET	1:10,77	<b>Preliminaries</b>				1 Morgado, Hannah O	12	CSA-EZ	1:19,19
4 Lindeboom, Douglas G	14	BLNE-MA	1:11,59	1 Naidoo, Saieshan N	16	BEAV-ET	1:05,87	2 van der Linde, Kaylie C	12	VHD-ZL	1:24,88
5 Pakkiri, Zuriel	14	BLUO-UG	1:17,72	2 Oelofse, Cay-Din	16	TNDER-FD	1:06,32	3 Upton, Neri	12	BLOT-MA	1:25,49
6 Kruger, Rikhardt	14	UPSK	1:22,14	3 Carimo, Kaamil A	16	UNI-EZ	1:10,08	4 Shange, Aphelele	12	USHPM-UM	1:26,26
7 Welthagen, Rhuwan	14	AASC-GS	1:23,21	4 Grobbelaar, Jamey L	16	AZON-ET	1:10,44	5 Ojwach, Neliza T	12	SEAL-UM	1:26,35
<b>#211 Boys 14 100 Meter Fly</b>				5 Louw, Dirka A	16	EGA-MA	1:12,91	6 Willemse, Kara C	12	VHD-ZL	1:26,52
2016SA Age G: 57,32# 2012 Kyle Van Niekerk at aQ				6 Badenhorst, Jandre	16	BULS-MA	1:13,38	7 Kuhn, Alexa J	12	CASC-CP	1:26,88
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	7 Guddisa, Elrohi	16	BLNE-MA	1:14,91	8 McQueen, Leanne C	12	BLSS-MA	1:31,08
<b>Preliminaries</b>				8 Solomon, Riley	16	BLUO-UG	1:16,78	9 Wolmarans, Karla	12	UPSK	1:31,28
1 Duncan, Travis P	14	BLOT-MA	1:10,15	<b>#212 Girls 11&amp;U 100 Meter Fly</b>				10 Sausi, Amani M	12	AZON-ET	1:33,40
2 Naidoo, Riley M	14	BEAV-ET	1:12,08	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	11 Coleman, Willow	12	SEAL-UM	1:34,10
3 Mostert, Stian	14	FAAC	1:12,95	<b>Finals</b>				12 Palframan, Layla G	12	SEAL-UM	1:35,42
4 Lindeboom, Douglas G	14	BLNE-MA	1:18,24	1 Le Roux, Mieke	11	SEAL-UM	1:23,10	13 Coetzee, Kayla C	12	VALS-FD	1:41,96
5 Welthagen, Rhuwan	14	AASC-GS	1:23,57	2 Davies, Paige E	11	KLOO-ET	1:25,86	<b>#212 Girls 13 100 Meter Fly</b>			
6 Kruger, Rikhardt	14	UPSK	1:24,03	3 Bam, Lizanté	11	BLSS-MA	1:29,88	2016SA Age G: 1:03,98# 2004 Christy L Lategan at Telkom			
7 Pakkiri, Zuriel	14	BLUO-UG	1:25,55	4 Oelofse, Kens-Linn	11	TNDER-FD	1:31,97	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
<b>#211 Men 15 100 Meter Fly</b>				5 Kachisi, Mufaro	11	WSTV-ET	1:34,27	<b>Finals</b>			
2016SA Age G: 55,73# 2008 Heinrich Alberts at KZN				6 Erasmus, Alexus	11	FSE-KC	1:36,48	1 March, Gea A	13	UPSK	1:16,96
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	7 Francis, Jessica J	11	SEAL-UM	1:36,78	2 Van Zyl, Liane	13	UPSK	1:18,29
<b>Finals</b>				8 Roper, Elle-Anne	11	WSS-LL	1:42,03	3 Palframan, Sisanda B	13	SEAL-UM	1:20,53
1 Isted, Ashton S	15	AADUB-ET	1:03,32	<b>#212 Girls 11&amp;U 100 Meter Fly</b>				4 Schofield, Sarah A	13	AADUB-ET	1:22,02
2 Willemse, Sacha	15	UPSK	1:05,61	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	5 Tuta, Oyama T	13	PELIC-MA	1:24,53
3 Muller, Nathan	15	WSTV-ET	1:09,00	<b>Preliminaries</b>				6 Hoar, Lily	13	KLOO-ET	1:30,09
4 Bergh, Ian	15	BLOT-MA	1:11,10	1 Davies, Paige E	11	KLOO-ET	1:30,26	<b>#212 Girls 13 100 Meter Fly</b>			
5 Pretorius, Marnus S	15	VHD-ZL	1:11,39	2 Le Roux, Mieke	11	SEAL-UM	1:32,58	2016SA Age G: 1:03,98# 2004 Christy L Lategan at Telkom			
6 Hattingh, Ben	15	FAAC	1:13,64	3 Bam, Lizanté	11	BLSS-MA	1:35,92	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
7 Eilerd, Ayden I	15	KTS	1:19,31	4 Francis, Jessica J	11	SEAL-UM	1:35,99	<b>Finals</b>			
<b>#211 Men 15 100 Meter Fly</b>				5 Oelofse, Kens-Linn	11	TNDER-FD	1:36,07	1 March, Gea A	13	UPSK	1:16,96
2016SA Age G: 55,73# 2008 Heinrich Alberts at KZN				6 Erasmus, Alexus	11	FSE-KC	1:36,91	2 Van Zyl, Liane	13	UPSK	1:18,29
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	7 Kachisi, Mufaro	11	WSTV-ET	1:38,16	3 Palframan, Sisanda B	13	SEAL-UM	1:20,53
<b>Preliminaries</b>				8 Piechaczek, Z'Ney	11	BLOT-MA	1:39,40	4 Schofield, Sarah A	13	AADUB-ET	1:25,28
1 Isted, Ashton S	15	AADUB-ET	1:03,87	9 Roper, Elle-Anne	11	WSS-LL	1:40,59	5 Tuta, Oyama T	13	PELIC-MA	1:31,16
2 Willemse, Sacha	15	UPSK	1:06,64	<b>#212 Girls 13 100 Meter Fly</b>				6 Hoar, Lily	13	KLOO-ET	1:42,20
3 Muller, Nathan	15	WSTV-ET	1:09,34	2016SA Age G: 1:03,98# 2004 Christy L Lategan at Telkom				<b>Preliminaries</b>			
4 Bergh, Ian	15	BLOT-MA	1:11,87	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	1 Palframan, Sisanda B	13	SEAL-UM	1:19,80
5 Hattingh, Ben	15	FAAC	1:13,02	<b>Finals</b>				2 March, Gea A	13	UPSK	1:19,83
<b>#211 Men 15 100 Meter Fly</b>				2016SA Age G: 55,73# 2008 Heinrich Alberts at KZN				3 Van Zyl, Liane	13	UPSK	1:22,20
2016SA Age G: 55,73# 2008 Heinrich Alberts at KZN				2016SA Age G: 55,73# 2008 Heinrich Alberts at KZN				4 Schofield, Sarah A	13	AADUB-ET	1:25,28
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	5 Tuta, Oyama T	13	PELIC-MA	1:31,16
<b>Preliminaries</b>				<b>Preliminaries</b>				6 Hoar, Lily	13	KLOO-ET	1:42,20
1 Isted, Ashton S	15	AADUB-ET	1:03,87	1 Davies, Paige E	11	KLOO-ET	1:30,26	<b>Finals</b>			
2 Willemse, Sacha	15	UPSK	1:06,64	2 Le Roux, Mieke	11	SEAL-UM	1:32,58	1 March, Gea A	13	UPSK	1:16,96
3 Muller, Nathan	15	WSTV-ET	1:09,34	3 Bam, Lizanté	11	BLSS-MA	1:35,92	2 Van Zyl, Liane	13	UPSK	1:18,29
4 Bergh, Ian	15	BLOT-MA	1:11,87	4 Francis, Jessica J	11	SEAL-UM	1:35,99	3 Palframan, Sisanda B	13	SEAL-UM	1:20,53
5 Hattingh, Ben	15	FAAC	1:13,02	5 Oelofse, Kens-Linn	11	TNDER-FD	1:36,07	4 Schofield, Sarah A	13	AADUB-ET	1:22,02
<b>#211 Men 15 100 Meter Fly</b>				6 Erasmus, Alexus	11	FSE-KC	1:36,91	5 Tuta, Oyama T	13	PELIC-MA	1:24,53
2016SA Age G: 55,73# 2008 Heinrich Alberts at KZN				7 Kachisi, Mufaro	11	WSTV-ET	1:38,16	6 Hoar, Lily	13	KLOO-ET	1:30,09
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	8 Piechaczek, Z'Ney	11	BLOT-MA	1:39,40	<b>#212 Girls 13 100 Meter Fly</b>			
<b>Preliminaries</b>				9 Roper, Elle-Anne	11	WSS-LL	1:40,59	2016SA Age G: 1:03,98# 2004 Christy L Lategan at Telkom			
1 Isted, Ashton S	15	AADUB-ET	1:03,87	<b>#212 Girls 11&amp;U 100 Meter Fly</b>				<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
2 Willemse, Sacha	15	UPSK	1:06,64	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals</b>			
3 Muller, Nathan	15	WSTV-ET	1:09,34	<b>Preliminaries</b>				1 March, Gea A	13	UPSK	1:16,96
4 Bergh, Ian	15	BLOT-MA	1:11,87	1 Davies, Paige E	11	KLOO-ET	1:30,26	2 Van Zyl, Liane	13	UPSK	1:18,29
5 Hattingh, Ben	15	FAAC	1:13,02	2 Le Roux, Mieke	11	SEAL-UM	1:32,58	3 Palframan, Sisanda B	13	SEAL-UM	1:20,53
<b>#211 Men 15 100 Meter Fly</b>				3 Bam, Lizanté	11	BLSS-MA	1:35,92	4 Schofield, Sarah A	13	AADUB-ET	1:22,02
2016SA Age G: 55,73# 2008 Heinrich Alberts at KZN				4 Francis, Jessica J	11	SEAL-UM	1:35,99	5 Tuta, Oyama T	13	PELIC-MA	1:24,53
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	5 Oelofse, Kens-Linn	11	TNDER-FD	1:36,07	6 Hoar, Lily	13	KLOO-ET	1:30,09
<b>Preliminaries</b>				6 Erasmus, Alexus	11	FSE-KC	1:36,91	<b>#212 Girls 13 100 Meter Fly</b>			
1 Isted, Ashton S	15	AADUB-ET	1:03,87	7 Kachisi, Mufaro	11	WSTV-ET	1:38,16	2016SA Age G: 1:03,98# 2004 Christy L Lategan at Telkom			
2 Willemse, Sacha	15	UPSK	1:06,64	8 Piechaczek, Z'Ney	11	BLOT-MA	1:39,40	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
3 Muller, Nathan	15	WSTV-ET	1:09,34	9 Roper, Elle-Anne	11	WSS-LL	1:40,59	<b>Finals</b>			
4 Bergh, Ian	15	BLOT-MA	1:11,87	<b>#212 Girls 11&amp;U 100 Meter Fly</b>				1 March, Gea A	13	UPSK	1:16,96
5 Hattingh, Ben	15	FAAC	1:13,02	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	2 Van Zyl, Liane	13	UPSK	1:18,29
<b>#211 Men 15 100 Meter Fly</b>				<b>Preliminaries</b>				3 Palframan, Sisanda B	13	SEAL-UM	1:20,53
2016SA Age G: 55,73# 2008 Heinrich Alberts at KZN				1 Davies, Paige E	11	KLOO-ET	1:30,26	4 Schofield, Sarah A	13	AADUB-ET	1:22,02
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	2 Le Roux, Mieke	11	SEAL-UM	1:32,58	5 Tuta, Oyama T	13	PELIC-MA	1:24,53
<b>Preliminaries</b>				3 Bam, Lizanté	11	BLSS-MA	1:35,92	6 Hoar, Lily	13	KLOO-ET	1:30,09
1 Isted, Ashton S	15	AADUB-ET	1:03,87	4 Francis, Jessica J	11	SEAL-UM	1:35,99	<b>#212 Girls 13 100 Meter Fly</b>			
2 Willemse, Sacha	15	UPSK	1:06,64	5 Oelofse, Kens-Linn	11	TNDER-FD	1:36,07	2016SA Age G: 1:03,98# 2004 Christy L Lategan at Telkom			
3 Muller, Nathan	15	WSTV-ET	1:09,34	6 Erasmus, Alexus	11	FSE-KC	1:36,91	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
4 Bergh, Ian	15	BLOT-MA	1:11,87	7 Kachisi, Mufaro	11	WSTV-ET	1:38,16	<b>Finals</b>			
5 Hattingh, Ben	15	FAAC	1:13,02	8 Piechaczek, Z'Ney	11	BLOT-MA	1:39,40	1 March, Gea A	13	UPSK	1:16,96
<b>#211 Men 15 100 Meter Fly</b>				9 Roper, Elle-Anne	11	WSS-LL	1:40,59	2 Van Zyl, Liane	13	UPSK	1:18,29
2016SA Age G: 55,73# 2008 Heinrich Alberts at KZN				<b>#212 Girls 11&amp;U 100 Meter Fly</b>				3 Palframan, Sisanda B	13	SEAL-UM	1:20,53
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	4 Schofield, Sarah A	13	AADUB-ET	1:22,02
<b>Preliminaries</b>				<b>Preliminaries</b>				5 Tuta, Oyama T	13	PELIC-MA	1:24,53
1 Isted, Ashton S	15	AADUB-ET	1:03,87	1 Davies, Paige E	11	KLOO-ET	1:30,26	6 Hoar, Lily	13	KLOO-ET	1:30,09
2 Willemse, Sacha	15	UPSK	1:06,64	2 Le Roux, Mieke	11	SEAL-UM	1:32,58	<b>#212 Girls 13 100 Meter Fly</b>			
3 Muller, Nathan	15	WSTV-ET	1:09,34	3 Bam, Lizanté	11	BLSS-MA	1:35,92	2016SA Age G: 1:03,98# 2004 Christy L Lategan at Telkom			
4 Bergh, Ian	15	BLOT-MA	1:11,87	4 Francis, Jessica J	11	SEAL-UM	1:35,99	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
5 Hattingh, Ben	15	FAAC	1:13,02	5 Oelofse, Kens-Linn	11	TNDER-FD	1:36,07	<b>Finals</b>			
<b>#211 Men 15 100 Meter Fly</b>				6 Erasmus, Alexus	11	FSE-KC	1:36,91	1 March, Gea A	13	UPSK	1:16,96

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

<b>#212 Girls 14 100 Meter Fly</b>				2 Engelbrecht, Nieke C	16 UPSK	1:16,00	<b>#218 Women 15-16 4x100 Meter Free Relay 4 X 100</b>			
2016SA Age G: 1:02,12# 2009 VANESSA MOHR at NTS				<b>#213 Boys 12&amp;U 4x100 Meter Free Relay 4 X 100 Fre</b>			<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	1 BLSS-MA	A	4:28,72	
<b>Finals</b>				1 BLOT-MA	A	4:56,68	Van Rensburg, Marne' 16	Zietsman, Lika 14		
1 Stuart, Tayla L	14	AADUB-ET	1:15,91	Pretorius, Christiaan L 12	Maree, Lohan L 11		Vorster, Arinda 14	Welgemoed, Isabelle 15		
2 Cupido, Donyelle	14	BLNE-MA	1:17,13	Bergh, Ruan 12	Saunderson, Enrique C 12		2 BLOT-MA	A	4:32,68	
3 Morgado, Zoe S	14	BLOT-MA	1:18,21	<b>#214 Men 13-14 4x100 Meter Free Relay 4 X 100 Fre</b>			Grobler, Danielle 16	Harbron, Danielle 16		
4 Van der Merwe, Leane	14	UNI-EZ	1:20,52	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	Theron, Emma-Lee 16	Van Schalkwyk, Zenicke 14		
5 Opperman, Inge	14	BLOT-MA	1:22,44	1 UNI-EZ	A	4:19,42	Stuart, Tayla L 14	Schofield, Sarah A 13		
6 Zietsman, Lika	14	BLSS-MA	1:23,35	Harty, Hunter R 13	van Niekerk, Vaughn 13		Brown, Evalyn 15	Leibbrandt, Amber S 15		
7 van der Spuy, Melan	14	BLOT-MA	1:25,33	Burger, Marcus P 14	Pieterse, Nielan 14		4 UPSK	A	4:38,97	
<b>#212 Girls 14 100 Meter Fly</b>				2 BLSS-MA	A	4:51,19	Avenant, Ankia 15	March, Gea A 13		
2016SA Age G: 1:02,12# 2009 VANESSA MOHR at NTS				Swart, Petrus J 11	van Zyl, Hanco 13		Engelbrecht, Nieke C 16	Van Zyl, Liane 13		
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	Erasmus, Marnu J 11	Nagel, Gideon P 12		5 AZON-ET	A	4:40,26	
<b>Preliminaries</b>				<b>#215 Men 15-16 4x100 Meter Free Relay 4 X 100 Fre</b>			Van De Ruit, Carly A 15	Torrie, Brogan L 15		
1 Morgado, Zoe S	14	BLOT-MA	1:17,71	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	Filday, Ziva L 14	Filday, Deryn S 15		
2 Cupido, Donyelle	14	BLNE-MA	1:19,40	1 BLOT-MA	A	4:15,52	<b>#301 Boys 11&amp;U 200 Meter Free</b>			
3 Stuart, Tayla L	14	AADUB-ET	1:19,76	Bergh, Ian 15	Duncan, Travis P 14		<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
4 Opperman, Inge	14	BLOT-MA	1:21,68	Lotriet, Dian H 14	Viviers, Pieter 14		<b>Finals</b>			
5 Van der Merwe, Leane	14	UNI-EZ	1:26,16	2 BLUO-UG	A	4:31,91	1 Swart, Petrus J	11	BLSS-MA	2:24,77
6 van der Spuy, Melan	14	BLOT-MA	1:28,52	Solomon, Riley 16	Pakkiri, Zuriel 14		2 Greco, Grayson P	11	BLUO-UG	2:34,71
7 Zietsman, Lika	14	BLSS-MA	1:34,10	Kleynhans, Ivan 11	Greco, Grayson P 11		3 Cowley, Eldrid D	11	UNI-EZ	2:38,25
8 Ronnie, Addyson H	14	PSCP-UM	1:34,16	3 BLSS-MA	A	4:32,80	4 van Biljon, SJ J	11	BLOT-MA	2:38,51
<b>#212 Women 15 100 Meter Fly</b>				Van der Walt, Diaan H 15	Steyl, Kayden L 13		5 De Jager, Evin	11	BLOT-MA	2:40,46
2016SA Age G: 59,72# 2010 Vanessa Mohr-at the 10				Wessels, Charl J 13	Froneman, Andre' 14		6 O'Tool, Travis	11	WELA-LL	2:41,17
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	<b>#216 Women 12&amp;U 4x100 Meter Free Relay 4 X 100</b>			7 Erasmus, Marnu J	11	BLSS-MA	2:41,50
<b>Finals</b>				<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	8 Maree, Lohan L	11	BLOT-MA	2:42,02
1 Mutie, Muela S	15	KLOO-ET	1:17,78	1 KLOO-ET	A	4:46,97	9 Kleynhans, Ivan	11	BLUO-UG	2:42,77
2 Mansill, Noa	15	WSS-LL	1:18,08	Makhanya, Naledi 12	Von Mollendorff, Emma J 12		10 Oelofse, Hay-Din	11	TNDER-FD	2:43,34
3 Meyer, Maya	15	BULS-MA	1:18,82	Davies, Paige E 11	Kunzler, Mia E 11		<b>#301 Boys 11&amp;U 200 Meter Free</b>			
4 Clowes, Cailyn	15	SEAL-UM	1:20,22	2 SEAL-UM	A	4:51,28	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
5 Torrie, Brogan L	15	AZON-ET	1:36,86	Coleman, Willow 12	Le Roux, Mieke 11		<b>Finals</b>			
<b>#212 Women 15 100 Meter Fly</b>				Palframan, Layla G 12	Ojwach, Neliza T 12		1 Swart, Petrus J	11	BLSS-MA	2:28,29
2016SA Age G: 59,72# 2010 Vanessa Mohr-at the 10				3 AZON-ET	A	4:56,16	2 Greco, Grayson P	11	BLUO-UG	2:34,31
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	Gibson-Taylor, Emma G 12	Sausi, Amani M 12		3 Cowley, Eldrid D	11	UNI-EZ	2:37,84
<b>Preliminaries</b>				Fowler, Tenley P 12	Dempsey, Mckenzie A 12		4 van Biljon, SJ J	11	BLOT-MA	2:41,28
1 Mutie, Muela S	15	KLOO-ET	1:18,04	4 BLSS-MA	A	4:57,67	5 Erasmus, Marnu J	11	BLSS-MA	2:41,60
2 Meyer, Maya	15	BULS-MA	1:22,84	Nel, Kailah 11	Bam, Lizanté 11		6 De Jager, Evin	11	BLOT-MA	2:42,55
3 Mansill, Noa	15	WSS-LL	1:23,72	Kruger, Christine H 11	McQueen, Leanne C 12		7 Oelofse, Hay-Din	11	TNDER-FD	2:44,53
4 Clowes, Cailyn	15	SEAL-UM	1:24,39	5 PSCP-UM	A	5:27,08	8 O'Tool, Travis	11	WELA-LL	2:46,44
5 Torrie, Brogan L	15	AZON-ET	1:37,15	Ayekun, Bella T 11	Mahomed, Hannah A 11		9 Kleynhans, Ivan	11	BLUO-UG	2:46,68
<b>#212 Women 16 100 Meter Fly</b>				Josiah, Phoebe S 12	Booyesen, Morgan H 12		10 Maree, Lohan L	11	BLOT-MA	2:47,10
2016SA Age G: 58,66# 2011 VANESSA MOHR at 14th				<b>#217 Women 13-14 4x100 Meter Free Relay 4 X 100</b>			11 Pretorius, Flippie	11	FRA-KC	2:59,49
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	12 Hasselmann, Liam	11	WSTV-ET	3:13,80
<b>Finals</b>				1 BLOT-MA	A	4:28,70	<b>#301 Boys 12 200 Meter Free</b>			
1 Engelbrecht, Nieke C	16	UPS K	1:13,12	de Jager, Ashleigh 14	Opperman, Inge 14		2016SA Age G: 2:04,32# 2015 Luan E. Grobbelaar at S			
2 Grobler, Danielle	16	BLOT-MA	1:14,38	Gutter, Livia 14	Morgado, Zoe S 14		<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
<b>#212 Women 16 100 Meter Fly</b>				2 SEAL-UM	A	4:31,82	<b>Finals</b>			
2016SA Age G: 58,66# 2011 VANESSA MOHR at 14th				Palframan, Sisanda B 13	Slabber, Abi A 14		1 Nixon, Morgan L	12	SEAL-UM	2:25,44
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	Du Toit, Lisa R 14	Maritz, Violet T 14		2 Louw, André J	12	KALA	2:32,33
<b>Preliminaries</b>				3 KLOO-ET	A	5:18,84	3 Nel, Dirk	12	WSS-LL	2:32,37
1 Grobler, Danielle	16	BLOT-MA	1:15,87	Hoar, Grace 11	Tait, Holli 13		4 Saunderson, Enrique C	12	BLOT-MA	2:33,83
				Hoar, Lily 13	Dekker, Bailey A 11		5 Bergh, Ruan	12	BLOT-MA	2:35,49

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

## Finals ... (#301 Boys 12 200 Meter Free)

6	Pretorius, Christiaan L	12	BLOT-MA	2:37,55
7	Potgieter, Caleb J	12	SEAL-UM	2:40,04
8	Nagel, Gideon P	12	BLSS-MA	2:40,85
9	de Vries, Jan-Hendrik	12	BLOT-MA	2:41,44
10	Dlamini, Nchubeko M	12	AZON-ET	2:47,66

## #301 Boys 12 200 Meter Free

2016SA Age G: 2:04,32# 2015 Luan E. Grobbelaar at SA L

Name	Age	Team	Prelim Time
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## Preliminaries

1	Nixon, Morgan L	12	SEAL-UM	2:29,90
2	Nel, Dirk	12	WSS-LL	2:35,00
3	Louw, André J	12	KALA	2:37,14
4	Saunderson, Enrique C	12	BLOT-MA	2:38,37
5	Pretorius, Christiaan L	12	BLOT-MA	2:38,90
6	Bergh, Ruan	12	BLOT-MA	2:39,78
7	Nagel, Gideon P	12	BLSS-MA	2:40,54
8	Potgieter, Caleb J	12	SEAL-UM	2:42,14
9	Dlamini, Nchubeko M	12	AZON-ET	2:42,28
10	de Vries, Jan-Hendrik	12	BLOT-MA	2:42,38
11	Hattingh, Theodor S	12	FAAC	2:42,74
12	Hoffman, Anande N	12	USHPM-UM	2:49,98
13	Kearney, Leon	12	WSTV-ET	2:52,07

## #301 Boys 13 200 Meter Free

2016SA Age G: 1:58,34# 2013 Jarryd L. Baxter at SA L

Name	Age	Team	Finals Time
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## Finals

1	van Niekerk, Vaughn	13	UNI-EZ	2:18,84
2	Harty, Hunter R	13	UNI-EZ	2:23,83
3	Orffer, Llewellyn	13	UPSK	2:23,94
4	Steyl, Kayden L	13	BLSS-MA	2:32,02
5	Smuts, Conor	13	AZON-ET	2:33,76
6	van Zyl, Hanco	13	BLSS-MA	2:36,39
7	Koekemoer, Wian	13	AASC-GS	2:36,42
8	Bann, Rourke D	13	AZON-ET	2:37,18
9	Opperman, Theodore S	13	FAAC	2:45,65
10	Kotzé, Izak F	13	BS-LL	2:51,36

## #301 Boys 13 200 Meter Free

2016SA Age G: 1:58,34# 2013 Jarryd L. Baxter at SA L

Name	Age	Team	Prelim Time
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## Preliminaries

1	van Niekerk, Vaughn	13	UNI-EZ	2:21,03
2	Harty, Hunter R	13	UNI-EZ	2:26,00
3	Orffer, Llewellyn	13	UPSK	2:27,28
4	Steyl, Kayden L	13	BLSS-MA	2:29,05
5	Carson, Cayden J	13	BULS-MA	2:31,67
6	Smuts, Conor	13	AZON-ET	2:33,50
7	Bouwer, Levi G	13	WELA-LL	2:34,20
8	Hlophe, Lihle L	13	CASC-CP	2:36,80
9	Bann, Rourke D	13	AZON-ET	2:37,25
10	Koekemoer, Wian	13	AASC-GS	2:38,90
*11	Opperman, Theodore S	13	FAAC	2:39,03
*11	van Zyl, Hanco	13	BLSS-MA	2:39,03

## Swim-Off Required

13	Kotzé, Izak F	13	BS-LL	2:49,58
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## #301 Boys 14 200 Meter Free

2016SA Age G: 1:55,06# 2012 Kyle Van Niekerk at aQ

Name	Age	Team	Finals Time
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## Finals

1	Duncan, Travis P	14	BLOT-MA	2:17,09
2	Burger, Marcus P	14	UNI-EZ	2:18,12
3	Lindeboom, Douglas G	14	BLNE-MA	2:21,11
4	Froneman, Andre'	14	BLSS-MA	2:21,45
5	Naidoo, Riley M	14	BEAV-ET	2:22,24
6	Koekemoer, Braam	14	AASC-GS	2:27,28
7	Potgieter, Ruben H	14	PSCP-UM	2:27,47
8	Scriven, Conner K	14	BEAV-ET	2:28,45
9	Lotriet, Dian H	14	BLOT-MA	2:29,43
10	Viviers, Pieter	14	BLOT-MA	2:31,52

## #301 Boys 14 200 Meter Free

2016SA Age G: 1:55,06# 2012 Kyle Van Niekerk at aQ

Name	Age	Team	Prelim Time
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## Preliminaries

1	Duncan, Travis P	14	BLOT-MA	2:20,10
2	Burger, Marcus P	14	UNI-EZ	2:21,86
3	Naidoo, Riley M	14	BEAV-ET	2:22,88
4	Lindeboom, Douglas G	14	BLNE-MA	2:23,04
5	Viviers, Pieter	14	BLOT-MA	2:25,00
6	Froneman, Andre'	14	BLSS-MA	2:25,09
7	Koekemoer, Braam	14	AASC-GS	2:27,63
8	Potgieter, Ruben H	14	PSCP-UM	2:28,58
9	Scriven, Conner K	14	BEAV-ET	2:30,44
10	Lotriet, Dian H	14	BLOT-MA	2:31,69
11	Harbron, Nicholas	14	FAAC	2:32,44
12	Welthagen, Rhuwan	14	AASC-GS	2:32,80
13	Cronje, Jovan	14	KTS	2:35,09

## #301 Men 15 200 Meter Free

2016SA Age G: 1:51,91# 2015 Jarryd L. Baxter at SA L

Name	Age	Team	Finals Time
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## Finals

1	Willemse, Sacha	15	UPSK	2:11,75
2	Muller, Nathan	15	WSTV-ET	2:11,91
3	Van der Walt, Diaan H	15	BLSS-MA	2:13,64
4	Stead, Owen B	15	FRA-KC	2:14,90
5	Joseph, Thabang L	15	SEAL-UM	2:15,34
6	Van der Bijl, Almero	15	EGA-MA	2:22,50
7	Tiedt, NJ J	15	GHSK	2:23,71
8	Eilerd, Ayden I	15	KTS	2:24,67

## #301 Men 15 200 Meter Free

2016SA Age G: 1:51,91# 2015 Jarryd L. Baxter at SA L

Name	Age	Team	Prelim Time
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## Preliminaries

1	Muller, Nathan	15	WSTV-ET	2:13,71
2	Stead, Owen B	15	FRA-KC	2:16,46
3	Willemse, Sacha	15	UPSK	2:17,11
4	Van der Bijl, Almero	15	EGA-MA	2:17,14

5	Joseph, Thabang L	15	SEAL-UM	2:17,19
6	Van der Walt, Diaan H	15	BLSS-MA	2:19,75
7	Tiedt, NJ J	15	GHSK	2:21,91
8	Eilerd, Ayden I	15	KTS	2:28,84

## #301 Men 16 200 Meter Free

2016SA Age G: 1:51,71# 2013 Joshua Steyn at NTS Ch

Name	Age	Team	Finals Time
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## Finals

1	Naidoo, Saieshan N	16	BEAV-ET	2:10,96
2	Solomon, Riley	16	BLUO-UG	2:16,56
3	Louw, Dirka A	16	EGA-MA	2:19,01
4	Guddisa, Elrohi	16	BLNE-MA	2:21,96
5	Claassens, Xuan	16	UNI-EZ	2:26,52

## #301 Men 16 200 Meter Free

2016SA Age G: 1:51,71# 2013 Joshua Steyn at NTS Ch

Name	Age	Team	Prelim Time
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## Preliminaries

1	Naidoo, Saieshan N	16	BEAV-ET	2:16,70
2	Solomon, Riley	16	BLUO-UG	2:19,14
3	Badenhorst, Jandre	16	BULS-MA	2:20,86
4	Claassens, Xuan	16	UNI-EZ	2:25,37
5	Louw, Dirka A	16	EGA-MA	2:26,25
6	Guddisa, Elrohi	16	BLNE-MA	2:27,41

## #302 Girls 11&amp;U 200 Meter Free

Name	Age	Team	Finals Time
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## Finals

1	Nel, Kailah	11	BLSS-MA	2:31,09
2	Kunzler, Mia E	11	KLOO-ET	2:35,02
3	Bam, Lizanté	11	BLSS-MA	2:38,90
4	Oelofse, Kens-Linn	11	TNDER-FD	2:41,58
5	Le Roux, Mieke	11	SEAL-UM	2:43,82
6	Piechaczek, Z'Ney	11	BLOT-MA	2:46,92
7	Maartens, Accalia M	11	BLOT-MA	2:47,98
8	Kachisi, Mufaro	11	WSTV-ET	2:48,39
9	Hoar, Grace	11	KLOO-ET	2:48,83
10	Kruger, Christine H	11	BLSS-MA	2:50,55

## #302 Girls 11&amp;U 200 Meter Free

Name	Age	Team	Prelim Time
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## Preliminaries

1	Nel, Kailah	11	BLSS-MA	2:32,90
2	Kunzler, Mia E	11	KLOO-ET	2:36,45
3	Bam, Lizanté	11	BLSS-MA	2:37,22
4	Oelofse, Kens-Linn	11	TNDER-FD	2:38,71
5	Maartens, Accalia M	11	BLOT-MA	2:45,80
6	Le Roux, Mieke	11	SEAL-UM	2:49,44
7	Kruger, Christine H	11	BLSS-MA	2:50,02
8	Piechaczek, Z'Ney	11	BLOT-MA	2:50,22
9	Hoar, Grace	11	KLOO-ET	2:50,89
10	Kachisi, Mufaro	11	WSTV-ET	2:53,42
11	Dekker, Bailey A	11	KLOO-ET	2:56,07
12	Francis, Jessica J	11	SEAL-UM	3:01,18

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

## #302 Girls 12 200 Meter Free

2016SA Age G: 2:09,59# 2015 Rebecca A. Meder at SA

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Ojwach, Neliza T	12	SEAL-UM	2:29,60
2 Morgado, Hannah O	12	CSA-EZ	2:30,90
3 Dempsey, Mckenzie A	12	AZON-ET	2:34,94
4 Von Mollendorff, Emma J	12	KLOO-ET	2:35,08
5 Makhanya, Naledi	12	KLOO-ET	2:36,90
6 McQueen, Leanne C	12	BLSS-MA	2:37,71
7 Niven, Ella L	12	UNI-EZ	2:38,63
8 Shange, Aphelele	12	USHPM-UM	2:39,16
9 Nysschen, Nicola	12	KTS	2:43,50
10 Coleman, Willow	12	SEAL-UM	2:47,93

## #302 Girls 12 200 Meter Free

2016SA Age G: 2:09,59# 2015 Rebecca A. Meder at SA

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Morgado, Hannah O	12	CSA-EZ	2:32,74
2 Ojwach, Neliza T	12	SEAL-UM	2:37,01
3 Dempsey, Mckenzie A	12	AZON-ET	2:38,26
4 Makhanya, Naledi	12	KLOO-ET	2:38,91
5 McQueen, Leanne C	12	BLSS-MA	2:39,45
6 Shange, Aphelele	12	USHPM-UM	2:40,59
7 Niven, Ella L	12	UNI-EZ	2:41,85
8 Von Mollendorff, Emma J	12	KLOO-ET	2:42,95
9 Kuhn, Alexa J	12	CASC-CP	2:43,47
10 Nysschen, Nicola	12	KTS	2:44,59
11 Goosen, Jeanine C	12	BLNE-MA	2:46,02
12 Coleman, Willow	12	SEAL-UM	2:46,28
13 Sikhakhane, Phiwo E	12	AZON-ET	2:46,66
14 White, Suhanna	12	AQUA-UT	2:49,73
15 van der Linde, Kaylie C	12	VHD-ZL	2:51,52
16 Willemse, Kara C	12	VHD-ZL	2:53,76
17 Du Toit, Emma	12	BLOT-MA	2:54,68
18 Palframan, Layla G	12	SEAL-UM	2:56,31
19 Sausi, Amani M	12	AZON-ET	2:58,20

## #302 Girls 13 200 Meter Free

2016SA Age G: 2:07,08# 2015 Rebecca A. Meder at Afri

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Palframan, Sisanda B	13	SEAL-UM	2:26,50
2 Van Zyl, Liane	13	UPSK	2:26,56
3 Schofield, Sarah A	13	AADUB-ET	2:31,86
4 van Heerden, Lia	13	BS-LL	2:34,76
5 Pabalinga, Reabetswe T	13	KLOO-ET	2:36,49
6 Tuta, Oyama T	13	PELIC-MA	2:37,46
7 March, Gea A	13	UPSK	2:38,49
8 Ngema, Olwe S	13	FRA-KC	2:38,91
9 Tait, Holli	13	KLOO-ET	2:59,14

## #302 Girls 13 200 Meter Free

2016SA Age G: 2:07,08# 2015 Rebecca A. Meder at Afri

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Palframan, Sisanda B	13	SEAL-UM	2:31,42
2 Schofield, Sarah A	13	AADUB-ET	2:35,00
3 Van Zyl, Liane	13	UPSK	2:36,33
4 Ngema, Olwe S	13	FRA-KC	2:39,01
5 van Heerden, Lia	13	BS-LL	2:40,51
6 March, Gea A	13	UPSK	2:41,55
7 Pabalinga, Reabetswe T	13	KLOO-ET	2:41,61
8 Tuta, Oyama T	13	PELIC-MA	2:41,91
9 Tait, Holli	13	KLOO-ET	2:55,59

## #302 Girls 14 200 Meter Free

2016SA Age G: 2:03,67# 2011 Michelle Weber-Telkom

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Morgado, Zoe S	14	BLOT-MA	2:22,14
2 Opperman, Inge	14	BLOT-MA	2:24,60
3 de Jager, Ashleigh	14	BLOT-MA	2:25,10
4 Logie, Courtney A	14	KLOO-ET	2:26,35
5 Zietsman, Lika	14	BLSS-MA	2:29,06
6 Du Toit, Lisa R	14	SEAL-UM	2:29,32
7 Stuart, Tayla L	14	AADUB-ET	2:29,41
8 Van der Merwe, Leane	14	UNI-EZ	2:30,09
9 Filday, Ziva L	14	AZON-ET	2:31,45
10 Williams, Ashley	14	BLNE-MA	2:31,97

## #302 Girls 14 200 Meter Free

2016SA Age G: 2:03,67# 2011 Michelle Weber-Telkom

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Morgado, Zoe S	14	BLOT-MA	2:23,46
2 Opperman, Inge	14	BLOT-MA	2:27,75
3 Logie, Courtney A	14	KLOO-ET	2:30,18
4 Van der Merwe, Leane	14	UNI-EZ	2:31,22
5 Du Toit, Lisa R	14	SEAL-UM	2:31,78
6 de Jager, Ashleigh	14	BLOT-MA	2:31,87
7 Zietsman, Lika	14	BLSS-MA	2:33,11
8 Williams, Ashley	14	BLNE-MA	2:33,80
9 Stuart, Tayla L	14	AADUB-ET	2:34,03
10 Maritz, Violet T	14	SEAL-UM	2:34,23
11 Filday, Ziva L	14	AZON-ET	2:34,38
12 Van Schalkwyk, Zenicke	14	BLOT-MA	2:34,81
13 Cupido, Donyelle	14	BLNE-MA	2:35,00
14 Muller, Anika	14	UNI-EZ	2:38,02
15 Slabber, Abi A	14	SEAL-UM	2:39,37
16 Eybers, Carli E	14	VHD-ZL	2:40,44
17 Siebrits, Taylor L	14	STSC-KC	2:46,60

## #302 Women 15 200 Meter Free

2016SA Age G: 2:03,55# 2013 MARLIES ROSS at SPEEL

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Mutie, Muela S	15	KLOO-ET	2:22,97

2 Leiper, Isla C	15	SEAL-UM	2:25,36
3 Welgemoed, Isabelle	15	BLSS-MA	2:25,60
4 Avenant, Ankia	15	UPSK	2:26,25
5 Filday, Deryn S	15	AZON-ET	2:28,19
6 Goelst, Gemma J	15	SEAL-UM	2:28,85
7 Prins, Tiffany C	15	KTS	2:31,62
8 Clowes, Cailyn	15	SEAL-UM	2:34,66
9 Meyer, Maya	15	BULS-MA	2:41,29
10 Pool, Johandri	15	BLSS-MA	2:42,50

## #302 Women 15 200 Meter Free

2016SA Age G: 2:03,55# 2013 MARLIES ROSS at SPEEL

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Mutie, Muela S	15	KLOO-ET	2:23,01
2 Welgemoed, Isabelle	15	BLSS-MA	2:27,00
3 Leiper, Isla C	15	SEAL-UM	2:28,26
4 Avenant, Ankia	15	UPSK	2:29,87
5 Goelst, Gemma J	15	SEAL-UM	2:31,77
6 Prins, Tiffany C	15	KTS	2:32,58
7 Filday, Deryn S	15	AZON-ET	2:32,81
8 Clowes, Cailyn	15	SEAL-UM	2:34,76
9 Meyer, Maya	15	BULS-MA	2:37,76
10 Van De Ruit, Carly A	15	AZON-ET	2:39,05
11 Torrie, Brogan L	15	AZON-ET	2:42,16
12 Pool, Johandri	15	BLSS-MA	2:43,12

## #302 Women 16 200 Meter Free

2016SA Age G: 2:02,06# 2014 MARLIES ROSS at Sa Na

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Harbron, Danielle	16	BLOT-MA	2:22,80
2 Theron, Emma-Lee	16	BLOT-MA	2:27,06
3 Van Rensburg, Marne'	16	BLSS-MA	2:32,54
4 Burt, Kristen A	16	PSCP-UM	2:40,38

## #302 Women 16 200 Meter Free

2016SA Age G: 2:02,06# 2014 MARLIES ROSS at Sa Na

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Harbron, Danielle	16	BLOT-MA	2:25,62
2 Theron, Emma-Lee	16	BLOT-MA	2:27,40
3 Grobler, Danielle	16	BLOT-MA	2:33,68
4 Van Rensburg, Marne'	16	BLSS-MA	2:34,70
5 Burt, Kristen A	16	PSCP-UM	2:37,16

## #305 Boys 11&amp;U 50 Meter Breast

2016SA Age G: 2:02,06# 2014 MARLIES ROSS at Sa Na

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Greco, Grayson P	11	BLUO-UG	40,78
2 Swart, Petrus J	11	BLSS-MA	41,50
3 Van Zyl, Jacob L	10	SEAL-UM	42,24
4 Pretorius, Flippie	11	FRA-KC	42,44
5 Ally, Luqmaan M	10	WSTV-ET	45,57
6 De Jager, Evin	11	BLOT-MA	46,08
7 van Biljon, SJ J	11	BLOT-MA	49,18

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

#305 Boys 11&U 50 Meter Breast				#305 Boys 13 50 Meter Breast				#305 Men 15 50 Meter Breast						
Name	Age	Team	Prelim Time	2016SA Age G:	31,58#	2013	Gareth R. Kemp at SA L	2016SA Age G:	28,65#	2016	Michael J Houlie-Grand			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time			
<b>Preliminaries</b>				<b>Preliminaries</b>				<b>Finals</b>						
1	Greco, Grayson P	11	BLUO-UG	39,92	1	Turner, Campbell T	13	PSCP-UM	35,33	1	Van der Bijl, Almero	15	EGA-MA	34,87
2	Ally, Luqmaan M	10	WSTV-ET	44,50	2	Coetzee, Burhan	13	VALS-FD	35,63	2	Tiedt, NJ J	15	GHSK	36,04
3	Swart, Petrus J	11	BLSS-MA	44,61	3	Carson, Cayden J	13	BULS-MA	38,07	3	Muller, Nathan	15	WSTV-ET	36,07
4	De Jager, Evin	11	BLOT-MA	44,85	4	Wiesner, Jordan	13	WSS-LL	38,14	4	Hattingh, Ben	15	FAAC	39,12
5	Van Zyl, Jacob L	10	SEAL-UM	45,09	5	Freeman-Smith, Liam A	13	PSCP-UM	39,13	<b>#305 Men 15 50 Meter Breast</b>				
6	van Biljon, SJ J	11	BLOT-MA	47,05	6	Bruyns, Andrew T	13	UNI-EZ	39,57	<b>2016SA Age G: 28,65# 2016 Michael J Houlie-Grand</b>				
7	Pretorius, Flippie	11	FRA-KC	47,87	7	Bann, Rourke D	13	AZON-ET	40,48	<b>Name Age Team Prelim Time</b>				
<b>#305 Boys 12 50 Meter Breast</b>				<b>2016SA Age G: 32,75# 2015 Luan E. Grobbelaar at S</b>				<b>Preliminaries</b>						
Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time	1	Van der Bijl, Almero	15	EGA-MA	35,06		
1	Nixon, Morgan L	12	SEAL-UM	38,04	11	Harty, Hunter R	13	UNI-EZ	42,34	2	Tiedt, NJ J	15	GHSK	35,87
2	Swanepoel, Lander L	12	UNI-EZ	39,64	12	Bouwer, Levi G	13	WELA-LL	42,37	3	Muller, Nathan	15	WSTV-ET	36,84
3	Haslam, Seth J	12	KLOO-ET	41,96	13	van Niekerk, Vaughn	13	UNI-EZ	42,81	4	Hattingh, Ben	15	FAAC	41,24
4	Nagel, Gideon P	12	BLSS-MA	42,36	14	Smuts, Conor	13	AZON-ET	43,77	<b>#305 Men 16 50 Meter Breast</b>				
5	Bergh, Ruan	12	BLOT-MA	44,17	15	Kotzé, Izak F	13	BS-LL	45,33	<b>2016SA Age G: 29,12# 2013 Jarred C. Crous at SA L</b>				
6	Hoffman, Anande N	12	USHPM-UM	45,78	16	van Zyl, Hanco	13	BLSS-MA	45,48	<b>Name Age Team Finals Time</b>				
7	Kearney, Leon	12	WSTV-ET	45,80	<b>#305 Boys 14 50 Meter Breast</b>				<b>Finals</b>					
8	Pretorius, Christiaan L	12	BLOT-MA	45,86	<b>2016SA Age G: 30,57# 2015 Luke Ashton at Vita-thi</b>				*1	Oelofse, Cay-Din	16	TNDER-FD	33,11	
9	Nel, Dirk	12	WSS-LL	46,52	Name	Age	Team	Finals Time	*1	Claassens, Xuan	16	UNI-EZ	33,11	
<b>#305 Boys 12 50 Meter Breast</b>				<b>2016SA Age G: 32,75# 2015 Luan E. Grobbelaar at S</b>				<b>Finals</b>						
Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time	3	Grobbelaar, Jamey L	16	AZON-ET	33,42		
1	Nixon, Morgan L	12	SEAL-UM	39,38	1	Le Breton, Damian	14	BULS-MA	35,56	4	Badenhorst, Jandre	16	BULS-MA	35,74
2	Haslam, Seth J	12	KLOO-ET	41,33	2	Raynard, Enzo N	14	SEAL-UM	35,58	5	Solomon, Riley	16	BLUO-UG	37,31
3	Nagel, Gideon P	12	BLSS-MA	42,72	3	Viviers, Pieter	14	BLOT-MA	35,60	6	Guddisa, Elrohi	16	BLNE-MA	38,32
4	Swanepoel, Lander L	12	UNI-EZ	43,53	4	Froneman, Andre'	14	BLSS-MA	36,40	7	Carimo, Kaamil A	16	UNI-EZ	40,12
5	Bergh, Ruan	12	BLOT-MA	45,45	5	Kruger, Rikhardt	14	UPSK	36,88	<b>#305 Men 16 50 Meter Breast</b>				
6	Nel, Dirk	12	WSS-LL	45,81	6	Mostert, Stian	14	FAAC	37,10	<b>2016SA Age G: 29,12# 2013 Jarred C. Crous at SA L</b>				
7	Pretorius, Christiaan L	12	BLOT-MA	47,08	7	Myeza, Ronewa	14	FRA-KC	37,49	<b>Name Age Team Prelim Time</b>				
8	Hoffman, Anande N	12	USHPM-UM	48,91	*8	Mc Donald, Teegan N	14	AADUB-ET	37,86	1	Grobbelaar, Jamey L	16	AZON-ET	33,57
9	Kearney, Leon	12	WSTV-ET	49,16	*8	Pakkiri, Zuriel	14	BLUO-UG	37,86	2	Oelofse, Cay-Din	16	TNDER-FD	33,71
<b>#305 Boys 13 50 Meter Breast</b>				<b>2016SA Age G: 30,57# 2015 Luke Ashton at Vita-thi</b>				<b>Preliminaries</b>						
Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time	3	Claassens, Xuan	16	UNI-EZ	34,07		
1	Turner, Campbell T	13	PSCP-UM	35,56	1	Froneman, Andre'	14	BLSS-MA	35,01	4	Naidoo, Saieshan N	16	BEAV-ET	35,23
2	Coetzee, Burhan	13	VALS-FD	35,59	2	Pakkiri, Zuriel	14	BLUO-UG	36,50	5	Badenhorst, Jandre	16	BULS-MA	35,98
3	Bann, Rourke D	13	AZON-ET	35,87	3	Kruger, Rikhardt	14	UPSK	37,26	6	Solomon, Riley	16	BLUO-UG	36,83
4	Carson, Cayden J	13	BULS-MA	37,16	4	Myeza, Ronewa	14	FRA-KC	37,53	7	Carimo, Kaamil A	16	UNI-EZ	38,11
5	Freeman-Smith, Liam A	13	PSCP-UM	37,83	5	Le Breton, Damian	14	BULS-MA	37,85	8	Guddisa, Elrohi	16	BLNE-MA	39,61
6	Wiesner, Jordan	13	WSS-LL	38,52	6	Mc Donald, Teegan N	14	AADUB-ET	37,87	<b>#306 Girls 11&amp;U 50 Meter Breast</b>				
7	Bruyns, Andrew T	13	UNI-EZ	40,67	7	Raynard, Enzo N	14	SEAL-UM	38,05	<b>Name Age Team Finals Time</b>				
8	Steyl, Kayden L	13	BLSS-MA	42,48	8	Mostert, Stian	14	FAAC	38,30	1	Ayekun, Bella T	11	PSCP-UM	39,91
9	Wessels, Charl J	13	BLSS-MA	42,74	9	Viviers, Pieter	14	BLOT-MA	38,31	2	Roper, Elle-Anne	11	WSS-LL	40,88
10	Koekemoer, Wian	13	AASC-GS	44,97	10	Lindeboom, Douglas G	14	BLNE-MA	39,21	3	Le Roux, Mieke	11	SEAL-UM	43,23
<b>Finals</b>				<b>Finals</b>				<b>Finals</b>						
1	Turner, Campbell T	13	PSCP-UM	35,56	11	Harbron, Nicholas	14	FAAC	39,67	4	Francis, Jessica J	11	SEAL-UM	43,82
2	Coetzee, Burhan	13	VALS-FD	35,59	12	Welthagen, Rhuwan	14	AASC-GS	40,66	5	Oelofse, Kens-Linn	11	TNDER-FD	43,86
3	Bann, Rourke D	13	AZON-ET	35,87	13	Coleman, Ewan H	14	AZON-ET	41,47	6	Maartens, Accalia M	11	BLOT-MA	43,92
4	Carson, Cayden J	13	BULS-MA	37,16	14	Scriven, Conner K	14	BEAV-ET	42,13	7	Mahomed, Hannah A	11	PSCP-UM	44,39
5	Freeman-Smith, Liam A	13	PSCP-UM	37,83	15	Koekemoer, Braam	14	AASC-GS	42,60	8	Erasmus, Alexus	11	FSE-KC	47,15
6	Wiesner, Jordan	13	WSS-LL	38,52										
7	Bruyns, Andrew T	13	UNI-EZ	40,67										
8	Steyl, Kayden L	13	BLSS-MA	42,48										
9	Wessels, Charl J	13	BLSS-MA	42,74										
10	Koekemoer, Wian	13	AASC-GS	44,97										

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

#306 Girls 11&U 50 Meter Breast				3 Palframan, Sisanda B 13 SEAL-UM 41,68				3 Pool, Johandri 15 BLSS-MA 38,97			
Name	Age	Team	Prelim Time	4 van Heerden, Lia 13 BS-LL 43,45				4 Mansill, Noa 15 WSS-LL 39,04			
<b>Preliminaries</b>				5 Tait, Holli 13 KLOO-ET 45,40				5 Sykes, Sarah J 15 PSCP-UM 39,41			
1 Roper, Elle-Anne	11	WSS-LL	41,22	<b>#306 Girls 13 50 Meter Breast</b>				6 Welgemoed, Isabelle 15 BLSS-MA 40,60			
2 Ayekun, Bella T	11	PSCP-UM	41,92	<b>2016SA Age G: 33,30# 2015 Hanim Abrahams at Afr</b>				7 Clowes, Cailyn 15 SEAL-UM 41,55			
3 Francis, Jessica J	11	SEAL-UM	43,82	<b>Name Age Team Prelim Time</b>				8 Leibbrandt, Amber S 15 AADUB-ET 42,22			
4 Oelofse, Kens-Linn	11	TNDER-FD	44,19	<b>Preliminaries</b>				9 Meyer, Maya 15 BULS-MA 42,44			
5 Mahomed, Hannah A	11	PSCP-UM	44,96	1 Radebe, Zekh S 13 USHPM-UM 39,59				10 Crozier, Emily N 15 FAAC 44,63			
6 Maartens, Accalia M	11	BLOT-MA	45,80	2 Palframan, Sisanda B 13 SEAL-UM 41,27				<b>#306 Women 15 50 Meter Breast</b>			
7 Le Roux, Mieke	11	SEAL-UM	46,94	3 Van Zyl, Alta M 13 SEAL-UM 42,98				<b>2016SA Age G: 32,59# 2011 Tara Nicholas at Telkom</b>			
8 Erasmus, Alexus	11	FSE-KC	48,93	4 van Heerden, Lia 13 BS-LL 44,23				<b>Name Age Team Prelim Time</b>			
<b>#306 Girls 12 50 Meter Breast</b>				5 Tait, Holli 13 KLOO-ET 47,29				<b>Preliminaries</b>			
<b>2016SA Age G: 34,03# 2014 Hanim Abrahams at W</b>				<b>#306 Girls 14 50 Meter Breast</b>				1 Brown, Evalyn 15 AADUB-ET 39,84			
<b>Name Age Team Finals Time</b>				<b>2016SA Age G: 33,28# 2007 Tasmynne S Roe-Telkon</b>				2 Mansill, Noa 15 WSS-LL 39,90			
<b>Finals</b>				<b>Name Age Team Finals Time</b>				3 Pool, Johandri 15 BLSS-MA 39,99			
1 Booyesen, Morgan H	12	PSCP-UM	36,91	<b>Finals</b>				4 Sykes, Sarah J 15 PSCP-UM 40,01			
2 Nadauld, Skylia F	12	BLUO-UG	37,32	1 Gibson, Jess R 14 PSCP-UM 36,93				5 Leiper, Isla C 15 SEAL-UM 40,16			
3 Banza, Emmanuela E	12	UNI-EZ	38,89	2 De Haas, Hayley 14 USHPM-UM 38,25				6 Welgemoed, Isabelle 15 BLSS-MA 42,37			
4 Coetzee, Kayla C	12	VALS-FD	39,35	3 Ronnie, Addyson H 14 PSCP-UM 38,27				7 Clowes, Cailyn 15 SEAL-UM 42,65			
5 White, Suhanna	12	AQUA-UT	39,41	4 de Jager, Ashleigh 14 BLOT-MA 38,30				8 Leibbrandt, Amber S 15 AADUB-ET 42,74			
6 Fowler, Tenley P	12	AZON-ET	40,46	5 Vorster, Arinda 14 BLSS-MA 38,88				9 Meyer, Maya 15 BULS-MA 43,35			
7 Sikhakhane, Phiwo E	12	AZON-ET	41,97	6 Van der Merwe, Ami 14 STSC-KC 39,05				10 Crozier, Emily N 15 FAAC 45,25			
8 Von Mollendorff, Emma J	12	KLOO-ET	43,08	7 Gutter, Livia 14 BLOT-MA 40,23				<b>#306 Women 16 50 Meter Breast</b>			
9 Niven, Ella L	12	UNI-EZ	43,84	8 Maritz, Violet T 14 SEAL-UM 40,29				<b>2016SA Age G: 32,39# 2015 Kaylene Corbett at Fina</b>			
10 Josiah, Phoebe S	12	PSCP-UM	48,09	9 Siebrits, Taylor L 14 STSC-KC 41,85				<b>Name Age Team Finals Time</b>			
<b>#306 Girls 12 50 Meter Breast</b>				10 Van der Merwe, Leane 14 UNI-EZ 43,19				<b>Finals</b>			
<b>2016SA Age G: 34,03# 2014 Hanim Abrahams at W</b>				<b>#306 Girls 14 50 Meter Breast</b>				1 Grobler, Danielle 16 BLOT-MA 36,17			
<b>Name Age Team Prelim Time</b>				<b>2016SA Age G: 33,28# 2007 Tasmynne S Roe-Telkon</b>				2 Schuch, Talitha 16 SEAL-UM 36,47			
<b>Preliminaries</b>				<b>Name Age Team Prelim Time</b>				3 Harbron, Danielle 16 BLOT-MA 37,84			
1 Nadauld, Skylia F	12	BLUO-UG	37,78	<b>Preliminaries</b>				4 Engelbrecht, Nieke C 16 UPSK 43,56			
2 Coetzee, Kayla C	12	VALS-FD	38,46	1 De Haas, Hayley 14 USHPM-UM 37,91				<b>#306 Women 16 50 Meter Breast</b>			
3 White, Suhanna	12	AQUA-UT	40,15	2 Van der Merwe, Ami 14 STSC-KC 38,20				<b>2016SA Age G: 32,39# 2015 Kaylene Corbett at Fina</b>			
4 Fowler, Tenley P	12	AZON-ET	40,18	3 Ronnie, Addyson H 14 PSCP-UM 38,24				<b>Name Age Team Prelim Time</b>			
5 Booyesen, Morgan H	12	PSCP-UM	40,71	4 Gutter, Livia 14 BLOT-MA 39,26				<b>Preliminaries</b>			
6 Von Mollendorff, Emma J	12	KLOO-ET	41,50	5 Vorster, Arinda 14 BLSS-MA 39,37				1 Grobler, Danielle 16 BLOT-MA 36,78			
7 Banza, Emmanuela E	12	UNI-EZ	41,90	6 Maritz, Violet T 14 SEAL-UM 40,72				2 Harbron, Danielle 16 BLOT-MA 37,78			
8 Niven, Ella L	12	UNI-EZ	41,92	7 Van Rooyen, Isabella S 14 AADUB-ET 40,73				3 Schuch, Talitha 16 SEAL-UM 38,17			
9 Sikhakhane, Phiwo E	12	AZON-ET	43,65	8 de Jager, Ashleigh 14 BLOT-MA 40,95				4 Engelbrecht, Nieke C 16 UPSK 41,35			
10 Josiah, Phoebe S	12	PSCP-UM	44,78	9 Van den Heever, Liv M 14 AZON-ET 41,99				<b>#309 Boys 11&amp;U 100 Meter Back</b>			
11 McQueen, Leanne C	12	BLSS-MA	45,31	10 Van der Merwe, Leane 14 UNI-EZ 42,17				<b>Name Age Team Finals Time</b>			
12 Wolmarans, Karla	12	UPSK	45,60	11 Gibson, Jess R 14 PSCP-UM 42,32				1 Swart, Petrus J 11 BLSS-MA 1:16,91			
13 Ojwach, Neliza T	12	SEAL-UM	45,70	12 Siebrits, Taylor L 14 STSC-KC 42,53				2 Cowley, Eldrid D 11 UNI-EZ 1:17,16			
14 Coleman, Willow	12	SEAL-UM	45,93	13 van der Spuy, Melan 14 BLOT-MA 42,70				3 Erasmus, Marnu J 11 BLSS-MA 1:20,34			
15 Gibson-Taylor, Emma G	12	AZON-ET	46,05	14 Terblanche, Emma L 14 UNI-EZ 42,81				4 Maree, Lohan L 11 BLOT-MA 1:22,64			
16 van der Linde, Kaylie C	12	VHD-ZL	47,25	15 Cupido, Donyelle 14 BLNE-MA 43,33				5 Oelofse, Hay-Din 11 TNDER-FD 1:25,76			
17 Shange, Aphelele	12	USHPM-UM	48,65	16 Hughes, Cara 14 FRA-KC 43,38				6 Kleynhans, Ivan 11 BLUO-UG 1:26,03			
18 Palframan, Layla G	12	SEAL-UM	50,23	17 Williams, Ashley 14 BLNE-MA 44,77				7 O'Tool, Travis 11 WELA-LL 1:27,45			
<b>#306 Girls 13 50 Meter Breast</b>				<b>#306 Women 15 50 Meter Breast</b>				8 van Biljon, SJ J 11 BLOT-MA 1:29,09			
<b>2016SA Age G: 33,30# 2015 Hanim Abrahams at Afr</b>				<b>2016SA Age G: 32,59# 2011 Tara Nicholas at Telkom</b>				9 Hasselmann, Liam 11 WSTV-ET 1:36,99			
<b>Name Age Team Finals Time</b>				<b>Name Age Team Finals Time</b>				<b>Finals</b>			
<b>Finals</b>				<b>Finals</b>				1 Brown, Evalyn 15 AADUB-ET 37,56			
1 Radebe, Zekh S	13	USHPM-UM	38,46	1 Leiper, Isla C 15 SEAL-UM 38,14							
2 Van Zyl, Alta M	13	SEAL-UM	39,08								

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

#309 Boys 11&U 100 Meter Back				9 Koekemoer, Wian 13 AASC-GS 1:23,86				#309 Men 15 100 Meter Back			
2016SA Age G: 1:01,51# 2015 Luan E. Grobbelaar at SA				10 Orffer, Llewellyn 13 UPSK 1:25,95				2016SA Age G: 57,83# 2005 Garth V Tune at RSA 11			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
<b>Preliminaries</b>				<b>#309 Boys 13 100 Meter Back</b>				<b>Preliminaries</b>			
2016SA Age G: 1:01,51# 2015 Luan E. Grobbelaar at SA				2016SA Age G: 1:01,51# 2015 Luan E. Grobbelaar at SA				2016SA Age G: 57,83# 2005 Garth V Tune at RSA 11			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
1 Cowley, Eldrid D	11	UNI-EZ	1:21,97	<b>Preliminaries</b>				1 Van der Bijl, Almero	15	EGA-MA	1:09,17
2 Swart, Petrus J	11	BLSS-MA	1:23,05	1 Fourie, Jouka	13	BETH-FD	1:15,43	2 Stead, Owen B	15	FRA-KC	1:09,26
3 Erasmus, Marnu J	11	BLSS-MA	1:23,27	2 Bruyns, Andrew T	13	UNI-EZ	1:16,52	3 Bergh, Ian	15	BLOT-MA	1:09,93
4 Maree, Lohan L	11	BLOT-MA	1:23,68	3 Steyl, Kayden L	13	BLSS-MA	1:18,71	4 Willemse, Sacha	15	UPSK	1:11,67
5 Oelofse, Hay-Din	11	TNDER-FD	1:25,79	4 van Zyl, Hanco	13	BLSS-MA	1:20,19	5 Muller, Nathan	15	WSTV-ET	1:12,08
6 van Biljon, SJJ	11	BLOT-MA	1:26,99	5 Carson, Cayden J	13	BULS-MA	1:20,73	6 Jacobs, Levi	15	BULS-MA	1:13,56
7 Kleynhans, Ivan	11	BLUO-UG	1:27,00	6 Hlophe, Lihle L	13	CASC-CP	1:20,85	7 Winkel, Liam H	15	SEAL-UM	1:14,06
8 O'Tool, Travis	11	WELA-LL	1:29,34	7 Harty, Hunter R	13	UNI-EZ	1:21,99	8 Van der Walt, Diaan H	15	BLSS-MA	1:17,78
9 Hasselmann, Liam	11	WSTV-ET	1:35,74	8 Bouwer, Levi G	13	WELA-LL	1:23,48	<b>#309 Men 16 100 Meter Back</b>			
<b>#309 Boys 12 100 Meter Back</b>				9 Opperman, Theodore S	13	FAAC	1:23,72	2016SA Age G: 56,67# 2010 Murray McDougall-You			
2016SA Age G: 1:03,18# 2015 Luan E. Grobbelaar at SA				10 Orffer, Llewellyn	13	UPSK	1:24,04	2016SA Age G: 56,67# 2010 Murray McDougall-You			
Name	Age	Team	Finals Time	11 Koekemoer, Wian	13	AASC-GS	1:27,10	Name	Age	Team	Finals Time
<b>Finals</b>				12 Kotzé, Izak F	13	BS-LL	1:27,60	<b>Finals</b>			
1 Pretorius, Christiaan L	12	BLOT-MA	1:20,22	<b>#309 Boys 14 100 Meter Back</b>				1 Louw, Dirka A	16	EGA-MA	1:08,27
2 Saunderson, Enrique C	12	BLOT-MA	1:21,05	2016SA Age G: 59,21# 2013 ZANE WADDELL at SA L				2 Badenhorst, Jandre	16	BULS-MA	1:10,21
3 de Vries, Jan-Hendrik	12	BLOT-MA	1:22,76	Name	Age	Team	Finals Time	3 Guddisa, Elrohi	16	BLNE-MA	1:24,84
4 Nagel, Gideon P	12	BLSS-MA	1:22,98	<b>Finals</b>				<b>#309 Men 16 100 Meter Back</b>			
5 Smit, Carter S	12	ASA-IL	1:23,17	1 Coleman, Ewan H	14	AZON-ET	1:12,74	2016SA Age G: 56,67# 2010 Murray McDougall-You			
6 Van der Westhuizen, Han	12	MSC-GSD	1:23,94	2 Kruger, Rikhardt	14	UPSK	1:13,34	Name	Age	Team	Prelim Time
7 Potgieter, Caleb J	12	SEAL-UM	1:28,05	3 Cronje, Jovan	14	KTS	1:13,49	<b>Preliminaries</b>			
8 Hattingh, Theodor S	12	FAAC	1:29,97	4 Burger, Marcus P	14	UNI-EZ	1:13,78	1 Louw, Dirka A	16	EGA-MA	1:07,96
9 Kearney, Leon	12	WSTV-ET	1:30,53	5 Pieterse, Nielan	14	UNI-EZ	1:16,50	2 Badenhorst, Jandre	16	BULS-MA	1:09,95
10 Louw, André J	12	KALA	1:30,74	6 Lotriet, Dian H	14	BLOT-MA	1:18,24	3 Guddisa, Elrohi	16	BLNE-MA	1:21,64
<b>#309 Boys 12 100 Meter Back</b>				7 Koekemoer, Braam	14	AASC-GS	1:22,19	<b>#310 Girls 11&amp;U 100 Meter Back</b>			
2016SA Age G: 1:03,18# 2015 Luan E. Grobbelaar at SA				<b>#309 Boys 14 100 Meter Back</b>				2016SA Age G: 59,21# 2013 ZANE WADDELL at SA L			
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time
<b>Preliminaries</b>				<b>Preliminaries</b>				<b>Finals</b>			
1 Pretorius, Christiaan L	12	BLOT-MA	1:23,34	1 Kruger, Rikhardt	14	UPSK	1:14,46	1 Kunzler, Mia E	11	KLOO-ET	1:17,36
2 Saunderson, Enrique C	12	BLOT-MA	1:23,78	2 Burger, Marcus P	14	UNI-EZ	1:14,48	2 Davies, Paige E	11	KLOO-ET	1:20,73
3 de Vries, Jan-Hendrik	12	BLOT-MA	1:24,05	3 Cronje, Jovan	14	KTS	1:14,56	3 Bam, Lizanté	11	BLSS-MA	1:22,11
4 Smit, Carter S	12	ASA-IL	1:24,65	4 Pieterse, Nielan	14	UNI-EZ	1:16,50	4 Oelofse, Kens-Linn	11	TNDER-FD	1:24,06
5 Nagel, Gideon P	12	BLSS-MA	1:25,01	5 Lotriet, Dian H	14	BLOT-MA	1:17,35	5 Nel, Kailah	11	BLSS-MA	1:25,72
6 Van der Westhuizen, Han	12	MSC-GSD	1:25,95	6 Naidoo, Riley M	14	BEAV-ET	1:17,79	6 Kachisi, Mufaro	11	WSTV-ET	1:26,41
7 Swanepoel, Lander L	12	UNI-EZ	1:26,64	7 Lindeboom, Douglas G	14	BLNE-MA	1:21,02	7 Mahomed, Hannah A	11	PSCP-UM	1:29,62
8 Hattingh, Theodor S	12	FAAC	1:28,43	8 Coleman, Ewan H	14	AZON-ET	1:22,50	8 Francis, Jessica J	11	SEAL-UM	1:30,25
9 Kearney, Leon	12	WSTV-ET	1:28,96	9 Koekemoer, Braam	14	AASC-GS	1:25,33	9 Kruger, Christine H	11	BLSS-MA	1:31,42
10 Potgieter, Caleb J	12	SEAL-UM	1:29,02	<b>#309 Men 15 100 Meter Back</b>				10 Le Roux, Mieke	11	SEAL-UM	1:32,03
11 Louw, André J	12	KALA	1:30,98	2016SA Age G: 57,83# 2005 Garth V Tune at RSA 11				<b>#310 Girls 11&amp;U 100 Meter Back</b>			
12 Hoffman, Anande N	12	USHPM-UM	1:31,64	Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time
<b>#309 Boys 13 100 Meter Back</b>				<b>Finals</b>				<b>Preliminaries</b>			
2016SA Age G: 1:01,51# 2015 Luan E. Grobbelaar at SA				1 Bergh, Ian	15	BLOT-MA	1:07,84	1 Davies, Paige E	11	KLOO-ET	1:19,13
Name	Age	Team	Finals Time	2 Van der Bijl, Almero	15	EGA-MA	1:08,01	2 Kunzler, Mia E	11	KLOO-ET	1:19,87
<b>Finals</b>				3 Stead, Owen B	15	FRA-KC	1:08,49	3 Bam, Lizanté	11	BLSS-MA	1:24,28
1 Fourie, Jouka	13	BETH-FD	1:13,88	4 Willemse, Sacha	15	UPSK	1:10,16	4 Oelofse, Kens-Linn	11	TNDER-FD	1:25,07
2 Bruyns, Andrew T	13	UNI-EZ	1:15,03	5 Jacobs, Levi	15	BULS-MA	1:14,75	5 Nel, Kailah	11	BLSS-MA	1:26,53
3 Steyl, Kayden L	13	BLSS-MA	1:16,59	6 Van der Walt, Diaan H	15	BLSS-MA	1:15,86	6 Kachisi, Mufaro	11	WSTV-ET	1:27,68
4 Hlophe, Lihle L	13	CASC-CP	1:17,54	7 Winkel, Liam H	15	SEAL-UM	1:18,79	7 Roper, Elle-Anne	11	WSS-LL	1:28,70
5 Carson, Cayden J	13	BULS-MA	1:17,88	<b>#309 Men 15 100 Meter Back</b>				8 Francis, Jessica J	11	SEAL-UM	1:29,66
6 van Zyl, Hanco	13	BLSS-MA	1:18,59	2016SA Age G: 57,83# 2005 Garth V Tune at RSA 11				9 Kruger, Christine H	11	BLSS-MA	1:30,77
7 Harty, Hunter R	13	UNI-EZ	1:21,84	Name	Age	Team	Finals Time	10 Mahomed, Hannah A	11	PSCP-UM	1:31,02
8 Opperman, Theodore S	13	FAAC	1:22,07	<b>Finals</b>				11 Le Roux, Mieke	11	SEAL-UM	1:32,40

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

## Preliminaries ... (#310 Girls 11&amp;U 100 Meter Back)

12	Dekker, Bailey A	11	KLOO-ET	1:33,33
13	Maartens, Accalia M	11	BLOT-MA	1:33,82
14	Hoar, Grace	11	KLOO-ET	1:33,85

## #310 Girls 12 100 Meter Back

2016SA Age G: 1:06,09# 2011 Nathania Van Niekerk a

Name	Age	Team	Finals Time
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## Finals

1	Le Roux, Lisa	12	BLOT-MA	1:21,72
2	Kuhn, Alexa J	12	CASC-CP	1:22,22
3	van der Linde, Kaylie C	12	VHD-ZL	1:22,74
4	Makhanya, Naledi	12	KLOO-ET	1:22,86
5	Upton, Neri	12	BLOT-MA	1:24,01
6	McQueen, Leanne C	12	BLSS-MA	1:24,58
7	Nysschen, Nicola	12	KTS	1:25,70
8	Palframan, Layla G	12	SEAL-UM	1:26,87
9	Dempsey, Mckenzie A	12	AZON-ET	1:27,62

## #310 Girls 12 100 Meter Back

2016SA Age G: 1:06,09# 2011 Nathania Van Niekerk a

Name	Age	Team	Prelim Time
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## Preliminaries

1	Le Roux, Lisa	12	BLOT-MA	1:21,90
2	van der Linde, Kaylie C	12	VHD-ZL	1:22,50
3	Makhanya, Naledi	12	KLOO-ET	1:23,82
4	Upton, Neri	12	BLOT-MA	1:23,91
5	Nysschen, Nicola	12	KTS	1:24,71
6	Kuhn, Alexa J	12	CASC-CP	1:25,95
7	Palframan, Layla G	12	SEAL-UM	1:27,07
8	Niven, Ella L	12	UNI-EZ	1:27,98
*9	Dempsey, Mckenzie A	12	AZON-ET	1:28,41
*9	Shange, Aphelele	12	USHPM-UM	1:28,41
11	McQueen, Leanne C	12	BLSS-MA	1:28,80
12	Josiah, Phoebe S	12	PSCP-UM	1:29,66
13	Coleman, Willow	12	SEAL-UM	1:30,08
14	Goosen, Jeanine C	12	BLNE-MA	1:30,55
15	Sausi, Amani M	12	AZON-ET	1:32,12
16	Gibson-Taylor, Emma G	12	AZON-ET	1:34,29
17	Du Toit, Emma	12	BLOT-MA	1:34,32
18	Banza, Emmanuela E	12	UNI-EZ	1:39,18

## #310 Girls 13 100 Meter Back

2016SA Age G: 1:03,28# 2013 Nathania Van Niekerk a

Name	Age	Team	Finals Time
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## Finals

1	Brown, Tayla	13	AADUB-ET	1:17,58
2	van Heerden, Lia	13	BS-LL	1:18,13
3	Pabalinga, Reabetswe T	13	KLOO-ET	1:20,07
4	Pillay, Delija	13	VHD-ZL	1:23,70
5	March, Gea A	13	UPSK	1:25,68
6	Van Zyl, Liane	13	UPSK	1:26,41
7	Tait, Holli	13	KLOO-ET	1:27,34
8	Tuta, Oyama T	13	PELIC-MA	1:27,54
9	Hoar, Lily	13	KLOO-ET	1:29,12
10	Radebe, Zekh S	13	USHPM-UM	1:30,85

## #310 Girls 13 100 Meter Back

2016SA Age G: 1:03,28# 2013 Nathania Van Niekerk a

Name	Age	Team	Prelim Time
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## Preliminaries

1	Brown, Tayla	13	AADUB-ET	1:18,60
2	van Heerden, Lia	13	BS-LL	1:21,06
3	Pabalinga, Reabetswe T	13	KLOO-ET	1:21,94
4	Pillay, Delija	13	VHD-ZL	1:24,35
5	March, Gea A	13	UPSK	1:25,14
6	Van Zyl, Liane	13	UPSK	1:25,54
7	Palframan, Sisanda B	13	SEAL-UM	1:25,85
8	Tait, Holli	13	KLOO-ET	1:26,66
9	Tuta, Oyama T	13	PELIC-MA	1:27,82
10	Hoar, Lily	13	KLOO-ET	1:28,91
11	Radebe, Zekh S	13	USHPM-UM	1:40,29

## #310 Girls 14 100 Meter Back

2016SA Age G: 1:03,21# 2013 Nathania Van Niekerk a

Name	Age	Team	Finals Time
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## Finals

1	Van den Heever, Liv M	14	AZON-ET	1:13,28
2	De Haas, Hayley	14	USHPM-UM	1:14,94
3	Van Rooyen, Isabella S	14	AADUB-ET	1:15,05
4	Van Schalkwyk, Zenicke	14	BLOT-MA	1:15,77
5	Zietsman, Lika	14	BLSS-MA	1:15,96
6	Muller, Anika	14	UNI-EZ	1:16,98
7	Terblanche, Emma L	14	UNI-EZ	1:17,55
8	Filday, Ziva L	14	AZON-ET	1:17,66
9	Van der Merwe, Kaylee	14	BETH-FD	1:18,40
10	Opperman, Inge	14	BLOT-MA	1:21,48

## #310 Girls 14 100 Meter Back

2016SA Age G: 1:03,21# 2013 Nathania Van Niekerk a

Name	Age	Team	Prelim Time
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## Preliminaries

1	De Haas, Hayley	14	USHPM-UM	1:14,68
2	Van den Heever, Liv M	14	AZON-ET	1:15,25
3	Van Rooyen, Isabella S	14	AADUB-ET	1:15,92
4	Zietsman, Lika	14	BLSS-MA	1:17,21
5	Van Schalkwyk, Zenicke	14	BLOT-MA	1:17,31
6	Muller, Anika	14	UNI-EZ	1:18,22
7	Filday, Ziva L	14	AZON-ET	1:19,42
*8	Van der Merwe, Kaylee	14	BETH-FD	1:19,49
*8	Gutter, Livia	14	BLOT-MA	1:19,49
10	Opperman, Inge	14	BLOT-MA	1:21,76

11	Terblanche, Emma L	14	UNI-EZ	1:23,04
12	Slabber, Abi A	14	SEAL-UM	1:23,18

13	Williams, Ashley	14	BLNE-MA	1:24,57
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14	Eybers, Carli E	14	VHD-ZL	1:24,62
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15	Cupido, Donyelle	14	BLNE-MA	1:26,42
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16	Gasson, Elle R	14	BLSS-MA	1:26,63
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17	Vorster, Arinda	14	BLSS-MA	1:27,47
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18	Du Toit, Lisa R	14	SEAL-UM	1:27,62
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19	Siebrits, Taylor L	14	STSC-KC	1:30,16
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## #310 Women 15 100 Meter Back

2016SA Age G: 1:01,86# 2015 Mariella G. Venter Ams

Name	Age	Team	Finals Time
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## Finals

1	Avenant, Ankia	15	UPSK	1:15,74
2	Goelst, Gemma J	15	SEAL-UM	1:16,25
3	Van De Ruit, Carly A	15	AZON-ET	1:17,45
4	Brown, Evalyn	15	AADUB-ET	1:17,99
5	Prins, Tiffany C	15	KTS	1:18,48
6	Torrie, Brogan L	15	AZON-ET	1:21,79
7	Welgemoed, Isabelle	15	BLSS-MA	1:23,62
8	Filday, Deryn S	15	AZON-ET	1:25,22

## #310 Women 15 100 Meter Back

2016SA Age G: 1:01,86# 2015 Mariella G. Venter Ams

Name	Age	Team	Prelim Time
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## Preliminaries

1	Goelst, Gemma J	15	SEAL-UM	1:17,22
2	Avenant, Ankia	15	UPSK	1:17,94
3	Brown, Evalyn	15	AADUB-ET	1:18,94
4	Prins, Tiffany C	15	KTS	1:19,52
5	Van De Ruit, Carly A	15	AZON-ET	1:19,79
6	Mansill, Noa	15	WSS-LL	1:20,91
7	Torrie, Brogan L	15	AZON-ET	1:21,02
8	Welgemoed, Isabelle	15	BLSS-MA	1:21,75
9	Filday, Deryn S	15	AZON-ET	1:24,24
10	Meyer, Maya	15	BULS-MA	1:28,80

## #310 Women 16 100 Meter Back

2016SA Age G: 1:02,13# 2016 Mariella G Venter-Gran

Name	Age	Team	Finals Time
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## Finals

1	Burt, Kristen A	16	PSCP-UM	1:17,65
2	Saint, Tara	16	KLOO-ET	1:19,27
3	Van Rensburg, Marne'	16	BLSS-MA	1:19,80
4	Theron, Emma-Lee	16	BLOT-MA	1:23,67
5	Engelbrecht, Nieke C	16	UPSK	1:30,48

## #310 Women 16 100 Meter Back

2016SA Age G: 1:02,13# 2016 Mariella G Venter-Gran

Name	Age	Team	Prelim Time
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## Preliminaries

1	Burt, Kristen A	16	PSCP-UM	1:20,58
2	Van Rensburg, Marne'	16	BLSS-MA	1:20,71
3	Theron, Emma-Lee	16	BLOT-MA	1:22,89
4	Saint, Tara	16	KLOO-ET	1:24,61
5	Engelbrecht, Nieke C	16	UPSK	1:28,90

## #313 Boys 11&amp;U 200 Meter IM

2016SA Age G: 1:02,13# 2016 Mariella G Venter-Gran

Name	Age	Team	Finals Time
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## Finals

1	Swart, Petrus J	11	BLSS-MA	2:45,33
2	Greco, Grayson P	11	BLUO-UG	2:54,62
3	Erasmus, Marnu J	11	BLSS-MA	2:56,85
4	Van Zyl, Jacob L	10	SEAL-UM	2:57,77
5	Cowley, Eldrid D	11	UNI-EZ	3:05,44
6	Kleynhans, Ivan	11	BLUO-UG	3:07,56

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

## Finals ... (#313 Boys 11&amp;U 200 Meter IM)

7	O'Tool, Travis	11	WELA-LL	3:08,93
8	Oelofse, Hay-Din	11	TNDER-FD	3:09,80
9	Pretorius, Flippie	11	FRA-KC	3:33,37

## #313 Boys 11&amp;U 200 Meter IM

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1	Swart, Petrus J	11	BLSS-MA	2:47,78
2	Greco, Grayson P	11	BLUO-UG	2:57,29
3	Erasmus, Marnu J	11	BLSS-MA	3:01,61
4	Cowley, Eldrid D	11	UNI-EZ	3:05,45
5	Van Zyl, Jacob L	10	SEAL-UM	3:05,79
6	Oelofse, Hay-Din	11	TNDER-FD	3:06,91
7	O'Tool, Travis	11	WELA-LL	3:08,75
8	Kleynhans, Ivan	11	BLUO-UG	3:11,82
9	Ally, Luqmaan M	10	WSTV-ET	3:31,14
10	Pretorius, Flippie	11	FRA-KC	3:35,49

## #313 Boys 12 200 Meter IM

Name	Age	Team	Finals Time	
<b>Finals</b>				
1	Nagel, Gideon P	12	BLSS-MA	2:54,99
2	Nel, Dirk	12	WSS-LL	2:56,28
3	Haslam, Seth J	12	KLOO-ET	3:00,80
4	Hoffman, Anande N	12	USHPM-UM	3:05,56
5	Van der Westhuizen, Han	12	MSC-GSD	3:07,43
6	Hattingh, Theodor S	12	FAAC	3:13,59
7	Kearney, Leon	12	WSTV-ET	3:34,88

## #313 Boys 12 200 Meter IM

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1	Nagel, Gideon P	12	BLSS-MA	2:57,84
2	Nel, Dirk	12	WSS-LL	3:00,02
3	Haslam, Seth J	12	KLOO-ET	3:07,13
4	Van der Westhuizen, Han	12	MSC-GSD	3:08,68
5	Hoffman, Anande N	12	USHPM-UM	3:10,99
6	Hattingh, Theodor S	12	FAAC	3:16,77
7	Kearney, Leon	12	WSTV-ET	3:32,00

## #313 Boys 13 200 Meter IM

Name	Age	Team	Finals Time	
<b>Finals</b>				
1	Bruyns, Andrew T	13	UNI-EZ	2:44,89
2	Orffer, Llewellyn	13	UPSK	2:45,14
3	Bouwer, Levi G	13	WELA-LL	2:45,62
4	Carson, Cayden J	13	BULS-MA	2:47,78
5	Hlophe, Lihle L	13	CASC-CP	2:50,57
6	Freeman-Smith, Liam A	13	PSCP-UM	2:54,07
7	Kotzé, Izak F	13	BS-LL	2:55,22
8	van Zyl, Hanco	13	BLSS-MA	2:57,92
9	Smuts, Conor	13	AZON-ET	3:01,22

## #313 Boys 13 200 Meter IM

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1	Bruyns, Andrew T	13	UNI-EZ	2:47,62
2	Bouwer, Levi G	13	WELA-LL	2:52,65
3	Carson, Cayden J	13	BULS-MA	2:52,81
4	Orffer, Llewellyn	13	UPSK	2:52,87
5	Freeman-Smith, Liam A	13	PSCP-UM	2:54,28
6	Hlophe, Lihle L	13	CASC-CP	2:57,09
7	Steyl, Kayden L	13	BLSS-MA	2:58,84
8	Kotzé, Izak F	13	BS-LL	2:59,85
9	van Zyl, Hanco	13	BLSS-MA	3:01,45
10	Smuts, Conor	13	AZON-ET	3:02,32
11	Bann, Rourke D	13	AZON-ET	3:03,01

## #313 Boys 14 200 Meter IM

Name	Age	Team	Finals Time	
<b>Finals</b>				
1	Naidoo, Riley M	14	BEAV-ET	2:39,92
2	Kruger, Rikhardt	14	UPSK	2:40,06
3	Raynard, Enzo N	14	SEAL-UM	2:41,19
4	Lindeboom, Douglas G	14	BLNE-MA	2:41,99
5	Harbron, Nicholas	14	FAAC	2:44,15
6	Viviers, Pieter	14	BLOT-MA	2:50,56
7	Welthagen, Rhuwan	14	AASC-GS	2:52,67

## #313 Boys 14 200 Meter IM

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1	Kruger, Rikhardt	14	UPSK	2:40,28
2	Raynard, Enzo N	14	SEAL-UM	2:45,42
3	Viviers, Pieter	14	BLOT-MA	2:46,02
4	Lindeboom, Douglas G	14	BLNE-MA	2:46,23
5	Naidoo, Riley M	14	BEAV-ET	2:46,32
6	Froneman, Andre'	14	BLSS-MA	2:47,49
7	Welthagen, Rhuwan	14	AASC-GS	2:51,95
8	Harbron, Nicholas	14	FAAC	2:53,94
9	Mostert, Stian	14	FAAC	2:54,34

## #313 Men 15 200 Meter IM

Name	Age	Team	Finals Time	
<b>Finals</b>				
1	Tiedt, NJ J	15	GHSK	2:34,75
2	Willemse, Sacha	15	UPSK	2:37,01
3	Muller, Nathan	15	WSTV-ET	2:37,34
4	Van der Walt, Diaan H	15	BLSS-MA	2:38,60
5	Winkel, Liam H	15	SEAL-UM	2:45,17
6	Hattingh, Ben	15	FAAC	2:45,47
7	Jacobs, Levi	15	BULS-MA	2:49,11
8	Eilerd, Ayden I	15	KTS	2:56,57

## #313 Men 15 200 Meter IM

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1	Winkel, Liam H	15	SEAL-UM	2:38,87
2	Tiedt, NJ J	15	GHSK	2:40,26
3	Willemse, Sacha	15	UPSK	2:40,87
4	Muller, Nathan	15	WSTV-ET	2:41,98
5	Van der Bijl, Almero	15	EGA-MA	2:42,68
6	Jacobs, Levi	15	BULS-MA	2:42,88
7	Hattingh, Ben	15	FAAC	2:45,70
8	Van der Walt, Diaan H	15	BLSS-MA	2:46,10
9	Eilerd, Ayden I	15	KTS	2:49,34

## #313 Men 16 200 Meter IM

Name	Age	Team	Finals Time	
<b>Finals</b>				
1	Naidoo, Saieshan N	16	BEAV-ET	2:31,89
2	Badenhorst, Jandre	16	BULS-MA	2:39,58
3	Louw, Dirka A	16	EGA-MA	2:44,17
4	Claassens, Xuan	16	UNI-EZ	2:47,42

## #313 Men 16 200 Meter IM

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1	Badenhorst, Jandre	16	BULS-MA	2:37,78
2	Naidoo, Saieshan N	16	BEAV-ET	2:38,24
3	Claassens, Xuan	16	UNI-EZ	2:52,70
4	Louw, Dirka A	16	EGA-MA	2:57,61

## #314 Girls 11&amp;U 200 Meter IM

Name	Age	Team	Finals Time	
<b>Finals</b>				
1	Davies, Paige E	11	KLOO-ET	2:56,00
2	Bam, Lizanté	11	BLSS-MA	2:59,05
3	Oelofse, Kens-Linn	11	TNDER-FD	3:02,31
4	Nel, Kailah	11	BLSS-MA	3:02,39
5	Kunzler, Mia E	11	KLOO-ET	3:02,42
6	Kachisi, Mufaro	11	WSTV-ET	3:09,75
7	Dekker, Bailey A	11	KLOO-ET	3:11,28
8	Roper, Elle-Anne	11	WSS-LL	3:11,42
9	Le Roux, Mieke	11	SEAL-UM	3:16,25
10	Piechaczek, Z'Ney	11	BLOT-MA	3:18,46

## #314 Girls 11&amp;U 200 Meter IM

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1	Davies, Paige E	11	KLOO-ET	2:54,47
2	Oelofse, Kens-Linn	11	TNDER-FD	3:00,29
3	Kunzler, Mia E	11	KLOO-ET	3:01,92
4	Bam, Lizanté	11	BLSS-MA	3:02,73
5	Nel, Kailah	11	BLSS-MA	3:03,64
6	Kachisi, Mufaro	11	WSTV-ET	3:10,04
7	Roper, Elle-Anne	11	WSS-LL	3:13,33
8	Le Roux, Mieke	11	SEAL-UM	3:13,48

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

<b>Preliminaries ... (#314 Girls 11&amp;U 200 Meter IM)</b>			
Name	Age	Team	Time
9 Piechaczek, Z'Ney	11	BLOT-MA	3:16,08
10 Dekker, Bailey A	11	KLOO-ET	3:18,66
11 Hoar, Grace	11	KLOO-ET	3:19,59
12 Ayekun, Bella T	11	PSCP-UM	3:21,35
13 Mahomed, Hannah A	11	PSCP-UM	3:22,34
14 Erasmus, Alexis	11	FSE-KC	3:24,15
15 Francis, Jessica J	11	SEAL-UM	3:25,81

**#314 Girls 12 200 Meter IM**

2016SA Age G: 2:21,22# 2008 Jessica S. Liss at Telkom

Name	Age	Team	Finals Time
<b>Finals</b>			
1 McQueen, Leanne C	12	BLSS-MA	2:52,16
2 Morgado, Hannah O	12	CSA-EZ	2:54,69
3 Shange, Aphelele	12	USHPM-UM	2:57,51
4 Le Roux, Lisa	12	BLOT-MA	3:01,76
5 Gibson-Taylor, Emma G	12	AZON-ET	3:02,24
6 Sikhakhane, Phiwo E	12	AZON-ET	3:02,31
7 Upton, Neri	12	BLOT-MA	3:02,38
8 Makhanya, Naledi	12	KLOO-ET	3:04,05
9 Booysen, Morgan H	12	PSCP-UM	3:06,21
10 Kuhn, Alexa J	12	CASC-CP	3:06,61

**#314 Girls 12 200 Meter IM**

2016SA Age G: 2:21,22# 2008 Jessica S. Liss at Telkom

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Morgado, Hannah O	12	CSA-EZ	2:58,16
2 McQueen, Leanne C	12	BLSS-MA	3:00,72
3 Le Roux, Lisa	12	BLOT-MA	3:01,13
4 Shange, Aphelele	12	USHPM-UM	3:05,10
5 Upton, Neri	12	BLOT-MA	3:05,53
6 Makhanya, Naledi	12	KLOO-ET	3:07,26
7 Booysen, Morgan H	12	PSCP-UM	3:07,78
8 Sikhakhane, Phiwo E	12	AZON-ET	3:09,24
9 Kuhn, Alexa J	12	CASC-CP	3:09,68
10 Gibson-Taylor, Emma G	12	AZON-ET	3:10,63
11 Wolmarans, Karla	12	UPSK	3:10,66
12 Goosen, Jeanine C	12	BLNE-MA	3:11,12
13 White, Suhanna	12	AQUA-UT	3:11,38
14 Coleman, Willow	12	SEAL-UM	3:11,65
15 Nadauld, Skyla F	12	BLUO-UG	3:16,69
16 Fowler, Tenley P	12	AZON-ET	3:17,30
17 van der Linde, Kaylie C	12	VHD-ZL	3:18,81
18 Willemsse, Kara C	12	VHD-ZL	3:23,42
19 Palframan, Layla G	12	SEAL-UM	3:23,57
20 Sausi, Amani M	12	AZON-ET	3:24,42

**#314 Girls 13 200 Meter IM**

2016SA Age G: 2:21,19# 2009 Jessica S. Liss at National

Name	Age	Team	Finals Time
<b>Finals</b>			
1 van Heerden, Lia	13	BS-LL	2:54,37
2 Palframan, Sisanda B	13	SEAL-UM	2:54,79

3 Van Zyl, Liane	13	UPSK	2:55,27
4 March, Gea A	13	UPSK	2:58,43
5 Pabalinga, Reabetswe T	13	KLOO-ET	3:02,80
6 Tuta, Oyama T	13	PELIC-MA	3:08,69
7 Hoar, Lily	13	KLOO-ET	3:09,82
8 Ngema, Olwe S	13	FRA-KC	3:15,30

**#314 Girls 13 200 Meter IM**

2016SA Age G: 2:21,19# 2009 Jessica S. Liss at National

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Palframan, Sisanda B	13	SEAL-UM	2:59,55
2 van Heerden, Lia	13	BS-LL	3:00,78
3 Tuta, Oyama T	13	PELIC-MA	3:04,63
4 March, Gea A	13	UPSK	3:04,87
5 Van Zyl, Liane	13	UPSK	3:05,41
6 Pabalinga, Reabetswe T	13	KLOO-ET	3:06,08
7 Ngema, Olwe S	13	FRA-KC	3:07,32
8 Hoar, Lily	13	KLOO-ET	3:09,30

**#314 Girls 14 200 Meter IM**

2016SA Age G: 2:19,31# 2006 JESSICA E. PENGELLY at National

Name	Age	Team	Finals Time
<b>Finals</b>			
1 De Haas, Hayley	14	USHPM-UM	2:48,42
2 Van den Heever, Liv M	14	AZON-ET	2:49,13
3 Morgado, Zoe S	14	BLOT-MA	2:49,62
4 Stuart, Tayla L	14	AADUB-ET	2:49,66
5 Gutter, Livia	14	BLOT-MA	2:49,84
6 Opperman, Inge	14	BLOT-MA	2:50,61
7 Cupido, Donyelle	14	BLNE-MA	2:50,86
8 Logie, Courtney A	14	KLOO-ET	2:51,18
9 Van der Merwe, Leane	14	UNI-EZ	2:51,19
10 Van Schalkwyk, Zenicke	14	BLOT-MA	3:01,13

**#314 Girls 14 200 Meter IM**

2016SA Age G: 2:19,31# 2006 JESSICA E. PENGELLY at National

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 De Haas, Hayley	14	USHPM-UM	2:49,84
2 Morgado, Zoe S	14	BLOT-MA	2:49,98
3 Van den Heever, Liv M	14	AZON-ET	2:51,03
4 Stuart, Tayla L	14	AADUB-ET	2:52,22
5 Van der Merwe, Leane	14	UNI-EZ	2:53,14
6 Gutter, Livia	14	BLOT-MA	2:53,25
7 Cupido, Donyelle	14	BLNE-MA	2:53,29
8 Opperman, Inge	14	BLOT-MA	2:54,13
9 Van Schalkwyk, Zenicke	14	BLOT-MA	2:55,24
10 Logie, Courtney A	14	KLOO-ET	2:55,83

11 Zietsman, Lika	14	BLSS-MA	2:57,28
12 Ronnie, Addyson H	14	PSCP-UM	3:00,04
13 Gasson, Elle R	14	BLSS-MA	3:00,15
14 Maritz, Violet T	14	SEAL-UM	3:01,45
15 Gibson, Jess R	14	PSCP-UM	3:02,73
16 Van der Merwe, Ami	14	STSC-KC	3:02,75
17 Vorster, Arinda	14	BLSS-MA	3:03,39
18 Siebrits, Taylor L	14	STSC-KC	3:03,71

19 Slabber, Abi A	14	SEAL-UM	3:08,91
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**#314 Women 15 200 Meter IM**

2016SA Age G: 2:16,46# 2007 Jessica Pengelly At Telkom

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Mutie, Muela S	15	KLOO-ET	2:45,02
2 Mansill, Noa	15	WSS-LL	2:45,70
3 Welgemoed, Isabelle	15	BLSS-MA	2:45,89
4 Crozier, Emily N	15	FAAC	2:51,56
5 Clowes, Cailyn	15	SEAL-UM	2:53,53
6 Meyer, Maya	15	BULS-MA	2:56,97
7 Prins, Tiffany C	15	KTS	3:01,68
8 Sykes, Sarah J	15	PSCP-UM	3:02,74
9 Pool, Johandri	15	BLSS-MA	3:10,42

**#314 Women 15 200 Meter IM**

2016SA Age G: 2:16,46# 2007 Jessica Pengelly At Telkom

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Mutie, Muela S	15	KLOO-ET	2:49,81
2 Mansill, Noa	15	WSS-LL	2:49,89
3 Welgemoed, Isabelle	15	BLSS-MA	2:52,32
4 Crozier, Emily N	15	FAAC	2:53,75
5 Prins, Tiffany C	15	KTS	2:57,50
6 Leiper, Isla C	15	SEAL-UM	2:57,79
7 Clowes, Cailyn	15	SEAL-UM	2:57,84
8 Meyer, Maya	15	BULS-MA	3:01,01
9 Sykes, Sarah J	15	PSCP-UM	3:05,21
10 Pool, Johandri	15	BLSS-MA	3:11,68

**#314 Women 16 200 Meter IM**

2016SA Age G: 2:15,17# 2014 MARLIES ROSS at Com

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Schuch, Talitha	16	SEAL-UM	2:46,15
2 Van Rensburg, Marne'	16	BLSS-MA	2:50,51
3 Saint, Tara	16	KLOO-ET	3:05,38

**#314 Women 16 200 Meter IM**

2016SA Age G: 2:15,17# 2014 MARLIES ROSS at Com

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Schuch, Talitha	16	SEAL-UM	2:49,88
2 Van Rensburg, Marne'	16	BLSS-MA	2:55,92
3 Saint, Tara	16	KLOO-ET	3:02,96

**#315 Men 12&U 4x50 Meter Free Relay 4 x 50 Free R**

Team	Relay	Finals Time
1 BLOT-MA	A	2:11,31
Pretorius, Christiaan L	12	Maree, Lohan L 11
Bergh, Ruan 12		Saunderson, Enrique C 12

**#316 Men 13-14 4x50 Meter Free Relay 4 x 50 Free R**

Team	Relay	Finals Time
1 UNI-EZ	A	1:55,11
Pieterse, Nielan 14		van Niekerk, Vaughn 13
Bruyns, Andrew T 13		Burger, Marcus P 14

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## Results

## #316 Men 13-14 4x50 Meter Free Relay 4 x 50 Free Relay)

Team	Relay	Finals Time
2 AZON-ET	A	1:59,41
Dlamini, Nchubeko M 12	Bann, Rourke D 13	
Smuts, Conor 13	Coleman, Ewan H 14	
3 BLSS-MA	A	2:08,38
Froneman, Andre' 14	van Zyl, Hanco 13	
Wessels, Charl J 13	Steyl, Kayden L 13	

## #317 Men 15-16 4x50 Meter Free Relay 4 x 50 Free R

Team	Relay	Finals Time
1 BLOT-MA	A	1:53,74
Bergh, Ian 15	Duncan, Travis P 14	
Lotriet, Dian H 14	Viviers, Pieter 14	
2 BLUO-UG	A	2:01,60
Solomon, Riley 16	Pakkiri, Zuriel 14	
Kleynhans, Ivan 11	Greco, Grayson P 11	

## #318 Women 12&amp;U 4x50 Meter Free Relay 4 x 50 Fre

Team	Relay	Finals Time
1 KLOO-ET	A	2:07,61
Makhanya, Naledi 12	Von Mollendorff, Emma J 11	
Davies, Paige E 11	Kunzler, Mia E 11	
2 SEAL-UM	A	2:07,74
Coleman, Willow 12	Le Roux, Mieke 11	
Palframan, Layla G 12	Ojwach, Neliza T 12	
3 AZON-ET	A	2:09,85
Dempsey, Mckenzie A 12	Fowler, Tenley P 12	
Sikhakhane, Phiwo E 12	Gibson-Taylor, Emma G 12	
4 BLOT-MA	A	2:12,92
Maartens, Accalia M 11	Piechaczek, Z'Ney 11	
Upton, Neri 12	Le Roux, Lisa 12	
5 PSCP-UM	A	2:18,87
Booyesen, Morgan H 12	Mahomed, Hannah A 11	
Josiah, Phoebe S 12	Ayekun, Bella T 11	

## #319 Women 13-14 4x50 Meter Free Relay 4 x 50 Fre

Team	Relay	Finals Time
1 BLOT-MA	A	2:01,23
Morgado, Zoe S 14	Opperman, Inge 14	
Gutter, Livia 14	de Jager, Ashleigh 14	
2 SEAL-UM	A	2:01,50
Palframan, Sisanda B 13	Slabber, Abi A 14	
Du Toit, Lisa R 14	Maritz, Violet T 14	
3 BLSS-MA	A	2:07,26
Vorster, Arinda 14	Gasson, Elle R 14	
Bam, Lizanté 11	Nel, Kailah 11	
4 KLOO-ET	A	2:22,39
Hoar, Grace 11	Tait, Holli 13	
Hoar, Lily 13	Dekker, Bailey A 11	

## #320 Women 15-16 4x50 Meter Free Relay 4 x 50 Fre

Team	Relay	Finals Time
1 BLOT-MA	A	2:01,07
Grobler, Danielle 16	Harbron, Danielle 16	
Theron, Emma-Lee 16	van der Spuy, Melan 14	
2 KLOO-ET	A	2:02,06
Saint, Tara 16	Mutie, Muela S 15	
Pabalinga, Reabetswe T 13	Logie, Courtney A 14	

3 AADUB-ET	A	2:02,49
Stuart, Tayla L 14	Schofield, Sarah A 13	
Brown, Evalyn 15	Leibbrandt, Amber S 15	
4 BLSS-MA	A	2:04,59
Van Rensburg, Marne' 16	Zietsman, Lika 14	
McQueen, Leanne C 12	Welgemoed, Isabelle 15	
5 PSCP-UM	A	2:05,13
Sykes, Sarah J 15	Ronnie, Addyson H 14	
Gibson, Jess R 14	Burt, Kristen A 16	
6 AZON-ET	A	2:05,22
Filday, Deryn S 15	Torrie, Brogan L 15	
Van den Heever, Liv M 14	Van De Ruit, Carly A 15	
7 UPSK	A	2:06,99
Engelbrecht, Nieke C 16	Van Zyl, Liane 13	
March, Gea A 13	Avenant, Ankia 15	

## #321 Mixed 12&amp;U 4x50 Meter Medley Relay 4 x 50 M

Team	Relay	Finals Time
1 BLOT-MA	A	2:24,33
Pretorius, Christiaan L M12	Le Roux, Lisa W12	
Saunderson, Enrique C M11	Maartens, Accalia M W11	
2 SEAL-UM	A	2:25,13
Potgieter, Caleb J M12	Nixon, Morgan L M12	
Ojwach, Neliza T W12	Coleman, Willow W12	
3 UNI-EZ	A	2:27,22
Swanepoel, Lander L M12	Banza, Emmanuela E W12	
Cowley, Eldrid D M11	Niven, Ella L W12	
4 BLSS-MA	A	2:30,68
Swart, Petrus J M11	McQueen, Leanne C W12	
Nagel, Gideon P M12	Nel, Kailah W11	
5 BLOT-MA	B	2:33,52
Maree, Lohan L M11	Bergh, Ruan M12	
Upton, Neri W12	Piechaczek, Z'Ney W11	

## #322 Mixed 13-14 4x50 Meter Medley Relay 4 x 50 M

Team	Relay	Finals Time
1 BLOT-MA	A	2:13,76
Van Schalkwyk, Zenicke W14	Viviers, Pieter M14	
Duncan, Travis P M14	de Jager, Ashleigh W14	
2 PSCP-UM	A	2:18,04
Gibson, Jess R W14	Turner, Campbell T M13	
Freeman-Smith, Liam A M11	Ronnie, Addyson H W14	
3 UNI-EZ	A	2:19,86
Pieterse, Nielan M14	Terblanche, Emma L W14	
Bruyns, Andrew T M13	Muller, Anika W14	
4 BLSS-MA	A	2:21,09
Zietsman, Lika W14	Vorster, Arinda W14	
Wessels, Charl J M13	van Zyl, Hanco M13	
5 SEAL-UM	A	2:23,70
Du Toit, Lisa R W14	Van Zyl, Jacob L M10	
Raynard, Enzo N M14	Maritz, Violet T W14	

## #323 Mixed 15-16 4x50 Meter Medley Relay 4 x 50 M

Team	Relay	Finals Time
1 SEAL-UM	A	2:11,09
Joseph, Thabang L M15	Schuch, Talitha W16	
Leiper, Isla C W15	Winkel, Liam H M15	
2 UPSK	A	2:11,77
Avenant, Ankia W15	Kruger, Rikhardt M14	
Willemse, Sacha M15	Engelbrecht, Nieke C W16	

3 AADUB-ET	A	2:11,90
4 BLOT-MA	A	2:12,02
Bergh, Ian M15	Grobler, Danielle W16	
Harbron, Danielle W16	Lotriet, Dian H M14	
5 BLSS-MA	A	2:16,09
Van Rensburg, Marne' W16	Froneman, Andre' M14	
Van der Walt, Diaan H M15	Welgemoed, Isabelle W15	
6 PSCP-UM	A	2:16,64
Burt, Kristen A W16	Turner, Campbell T M13	
Potgieter, Ruben H M14	Sykes, Sarah J W15	

## #401 Boys 11&amp;U 50 Meter Free

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Swart, Petrus J	11	BLSS-MA	31,16
2 Cowley, Eldrid D	11	UNI-EZ	31,45
3 Maree, Lohan L	11	BLOT-MA	31,75
4 Kleynhans, Ivan	11	BLUO-UG	32,45
5 Erasmus, Marnu J	11	BLSS-MA	33,05
6 Hasselmann, Liam	11	WSTV-ET	33,57
7 Ally, Luqmaan M	10	WSTV-ET	33,63
8 Oelofse, Hay-Din	11	TNDER-FD	34,68
9 De Jager, Evin	11	BLOT-MA	35,21
10 van Biljon, SJ J	11	BLOT-MA	35,53

## #401 Boys 11&amp;U 50 Meter Free

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Cowley, Eldrid D	11	UNI-EZ	32,17
2 Maree, Lohan L	11	BLOT-MA	32,20
3 Swart, Petrus J	11	BLSS-MA	32,40
4 Ally, Luqmaan M	10	WSTV-ET	32,47
5 Kleynhans, Ivan	11	BLUO-UG	33,05
6 Oelofse, Hay-Din	11	TNDER-FD	33,67
7 Erasmus, Marnu J	11	BLSS-MA	34,24
8 van Biljon, SJ J	11	BLOT-MA	35,04
9 Hasselmann, Liam	11	WSTV-ET	35,22
10 De Jager, Evin	11	BLOT-MA	35,63

## #401 Boys 12 50 Meter Free

2016SA Age G: 26,20# 2000 Gregory Widmer			
Name	Age	Team	Finals Time
<b>Finals</b>			
1 Nixon, Morgan L	12	SEAL-UM	28,95
2 Pretorius, Christiaan L	12	BLOT-MA	29,96
3 Nel, Dirk	12	WSS-LL	30,19
4 Dlamini, Nchubeko M	12	AZON-ET	30,27
5 Saunderson, Enrique C	12	BLOT-MA	30,50
6 Bergh, Ruan	12	BLOT-MA	30,62
7 Smit, Carter S	12	ASA-IL	32,44
8 Hattingh, Theodor S	12	FAAC	33,22
9 Louw, André J	12	KALA	33,36
10 Potgieter, Caleb J	12	SEAL-UM	33,52

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#401 Boys 12 50 Meter Free				#401 Boys 14 50 Meter Free				#401 Men 15 50 Meter Free						
2016SA Age G: 26,20# 2000 Gregory Widmer				2016SA Age G: 24,11# 2009 Morne Kemp-Telkom SA				2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P						
Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time			
<b>Preliminaries</b>				<b>Finals</b>				<b>Preliminaries</b>						
1	Nixon, Morgan L	12	SEAL-UM	30,17	1	Potgieter, Ruben H	14	PSCP-UM	27,03	1	Isted, Ashton S	15	AADUB-ET	26,45
2	Dlamini, Nchubeko M	12	AZON-ET	30,62	2	Coleman, Ewan H	14	AZON-ET	27,37	2	Willemse, Sacha	15	UPSK	26,61
3	Saunderson, Enrique C	12	BLOT-MA	30,98	3	Lindeboom, Douglas G	14	BLNE-MA	27,79	3	Van der Bijl, Almero	15	EGA-MA	26,77
4	Potgieter, Caleb J	12	SEAL-UM	31,76	4	Kruger, Rikhardt	14	UPSK	28,01	4	Hattingh, Ben	15	FAAC	27,09
5	Bergh, Ruan	12	BLOT-MA	31,98	5	Pieterse, Nielan	14	UNI-EZ	28,54	5	Bergh, Ian	15	BLOT-MA	27,64
6	Hattingh, Theodor S	12	FAAC	32,10	6	Pakkiri, Zuriel	14	BLUO-UG	28,62	6	Stead, Owen B	15	FRA-KC	28,09
7	Pretorius, Christiaan L	12	BLOT-MA	32,11	7	Harbron, Nicholas	14	FAAC	28,71	7	Muller, Nathan	15	WSTV-ET	28,22
8	Smit, Carter S	12	ASA-IL	32,15	8	Raynard, Enzo N	14	SEAL-UM	29,67	8	Van der Walt, Diaan H	15	BLSS-MA	28,24
9	Nel, Dirk	12	WSS-LL	32,69	9	Koekemoer, Braam	14	AASC-GS	30,29	9	Pretorius, Marnus S	15	VHD-ZL	28,36
10	Louw, André J	12	KALA	32,86	10	Burger, Marcus P	14	UNI-EZ	30,48	10	Eilerd, Ayden I	15	KTS	28,47
11	Nagel, Gideon P	12	BLSS-MA	34,04	<b>#401 Boys 14 50 Meter Free</b>				11	Winkel, Liam H	15	SEAL-UM	28,87	
12	Haslam, Seth J	12	KLOO-ET	34,06	2016SA Age G: 24,11# 2009 Morne Kemp-Telkom SA				12	Tiedt, NJ J	15	GHSK	28,89	
13	Kearney, Leon	12	WSTV-ET	37,69	<b>Preliminaries</b>				<b>#401 Men 16 50 Meter Free</b>					
<b>#401 Boys 13 50 Meter Free</b>				<b>Finals</b>				2016SA Age G: 23,06# 2009 Brett H. Walsh at The S						
2016SA Age G: 24,69# 2011 Kyle Van Niekerk at 9th				2016SA Age G: 24,69# 2011 Kyle Van Niekerk at 9th				2016SA Age G: 23,06# 2009 Brett H. Walsh at The S						
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time			
<b>Finals</b>				<b>Preliminaries</b>				<b>Finals</b>						
1	Turner, Campbell T	13	PSCP-UM	28,09	1	Potgieter, Ruben H	14	PSCP-UM	27,09	1	Louw, Dirka A	16	EGA-MA	26,23
2	Carson, Cayden J	13	BULS-MA	28,31	2	Coleman, Ewan H	14	AZON-ET	27,55	2	Badenhorst, Jandre	16	BULS-MA	26,37
3	van Niekerk, Vaughn	13	UNI-EZ	28,77	3	Pieterse, Nielan	14	UNI-EZ	27,88	3	Solomon, Riley	16	BLUO-UG	27,02
4	Harty, Hunter R	13	UNI-EZ	29,10	4	Pakkiri, Zuriel	14	BLUO-UG	28,03	4	Carimo, Kaamil A	16	UNI-EZ	27,22
5	Bruyns, Andrew T	13	UNI-EZ	29,14	5	Harbron, Nicholas	14	FAAC	28,13	5	Naidoo, Saieshan N	16	BEAV-ET	27,28
6	Fourie, Jouka	13	BETH-FD	29,28	6	Raynard, Enzo N	14	SEAL-UM	28,42	6	Claassens, Xuan	16	UNI-EZ	27,43
7	Orffer, Llewellyn	13	UPSK	29,61	7	Kruger, Rikhardt	14	UPSK	28,57	7	Guddisa, Elrohi	16	BLNE-MA	27,75
8	Hlophe, Lihle L	13	CASC-CP	30,00	8	Koekemoer, Braam	14	AASC-GS	28,77	<b>#401 Men 16 50 Meter Free</b>				
9	Freeman-Smith, Liam A	13	PSCP-UM	30,71	9	Lindeboom, Douglas G	14	BLNE-MA	29,52	2016SA Age G: 23,06# 2009 Brett H. Walsh at The S				
10	Bouwer, Levi G	13	WELA-LL	31,49	10	Burger, Marcus P	14	UNI-EZ	29,91	2016SA Age G: 23,06# 2009 Brett H. Walsh at The S				
<b>#401 Boys 13 50 Meter Free</b>				<b>Finals</b>				<b>Preliminaries</b>						
2016SA Age G: 24,69# 2011 Kyle Van Niekerk at 9th				2016SA Age G: 24,69# 2011 Kyle Van Niekerk at 9th				2016SA Age G: 23,06# 2009 Brett H. Walsh at The S						
Name	Age	Team	Prelim Time	Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time			
<b>Preliminaries</b>				<b>#401 Men 15 50 Meter Free</b>				<b>Finals</b>						
1	van Niekerk, Vaughn	13	UNI-EZ	27,97	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				1	Kunzler, Mia E	11	KLOO-ET	30,63	
2	Turner, Campbell T	13	PSCP-UM	28,00	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				2	Roper, Elle-Anne	11	WSS-LL	31,81	
3	Carson, Cayden J	13	BULS-MA	28,82	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				3	Bam, Lizanté	11	BLSS-MA	32,08	
4	Bruyns, Andrew T	13	UNI-EZ	28,88	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				4	Le Roux, Mieke	11	SEAL-UM	32,40	
5	Fourie, Jouka	13	BETH-FD	29,58	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				5	Nel, Kailah	11	BLSS-MA	32,74	
6	Orffer, Llewellyn	13	UPSK	30,08	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				6	Maartens, Accalia M	11	BLOT-MA	32,96	
7	Harty, Hunter R	13	UNI-EZ	30,16	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				7	Kachisi, Mufaro	11	WSTV-ET	33,63	
8	Freeman-Smith, Liam A	13	PSCP-UM	30,17	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				8	Oelofse, Kens-Linn	11	TNDER-FD	33,64	
9	Hlophe, Lihle L	13	CASC-CP	30,80	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				9	Francis, Jessica J	11	SEAL-UM	35,01	
10	Bouwer, Levi G	13	WELA-LL	30,82	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				10	Hoar, Grace	11	KLOO-ET	36,15	
11	Opperman, Theodore S	13	FAAC	30,89	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				<b>#402 Girls 11&amp;U 50 Meter Free</b>					
12	van Zyl, Hanco	13	BLSS-MA	31,13	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P					
13	Wessels, Charl J	13	BLSS-MA	31,47	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P					
14	Smuts, Conor	13	AZON-ET	31,63	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P					
15	Koekemoer, Wian	13	AASC-GS	31,73	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P					
16	Kotzé, Izak F	13	BS-LL	32,44	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P					
17	Steyl, Kayden L	13	BLSS-MA	32,75	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P					
18	Wiesner, Jordan	13	WSS-LL	32,84	2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P				2016SA Age G: 23,63# 2008 Brett H. Walsh at KZN P					

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#402 Girls 11&U 50 Meter Free				17 Ojwach, Neliza T				12 SEAL-UM				33,31				10 Du Toit, Lisa R				14 SEAL-UM				32,16														
Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time															
<b>Preliminaries</b>				18 Kuhn, Alexa J				12 CASC-CP				33,63				<b>#402 Girls 14 50 Meter Free</b>				2016SA Age G: 26,67# 2004 Tanya Strydom at SA Na																		
1	Kunzler, Mia E	11	KLOO-ET	30,83	19	Palframan, Layla G	12	SEAL-UM	34,12	20	McQueen, Leanne C	12	BLSS-MA	34,33	<b>Name</b>				<b>Age</b>				<b>Team</b>				<b>Prelim Time</b>											
2	Maartens, Accalia M	11	BLOT-MA	31,11	21	Goosen, Jeanine C	12	BLNE-MA	34,57	22	Sausi, Amani M	12	AZON-ET	34,70	<b>Preliminaries</b>				1				Maritz, Violet T				14				SEAL-UM				28,82			
3	Roper, Elle-Anne	11	WSS-LL	32,00	22	Sausi, Amani M	12	AZON-ET	34,70	23	Josiah, Phoebe S	12	PSCP-UM	35,09	2				Vorster, Arinda				14				BLSS-MA				29,83							
4	Nel, Kailah	11	BLSS-MA	32,39	23	Josiah, Phoebe S	12	PSCP-UM	35,09	24	Banza, Emmanuela E	12	UNI-EZ	35,10	3				Eybers, Carli E				14				VHD-ZL				29,96							
5	Bam, Lizanté	11	BLSS-MA	32,51	24	Banza, Emmanuela E	12	UNI-EZ	35,10	25	Wolmarans, Karla	12	UPSK	35,12	4				Van der Merwe, Leane				14				UNI-EZ				30,82							
6	Oelofse, Kens-Linn	11	TNDER-FD	32,52	25	Wolmarans, Karla	12	UPSK	35,12	26	Du Toit, Emma	12	BLOT-MA	36,35	5				de Jager, Ashleigh				14				BLOT-MA				30,83							
7	Le Roux, Mieke	11	SEAL-UM	32,96	<b>#402 Girls 13 50 Meter Free</b>				2016SA Age G: 27,28# 2015 Rebecca A. Meder at W				<b>Name</b>				<b>Age</b>				<b>Team</b>				<b>Finals Time</b>													
8	Francis, Jessica J	11	SEAL-UM	34,57	<b>Finals</b>				1				Schofield, Sarah A				13				AADUB-ET				29,34													
9	Kachisi, Mufaro	11	WSTV-ET	35,01	2				Palframan, Sisanda B				13				SEAL-UM				29,58																	
10	Hoar, Grace	11	KLOO-ET	35,14	3				March, Gea A				13				UPSK				29,94																	
11	Mahomed, Hannah A	11	PSCP-UM	35,23	4				Brown, Tayla				13				AADUB-ET				30,15																	
12	Kruger, Christine H	11	BLSS-MA	35,48	5				Pabalinga, Reabetswe T				13				KLOO-ET				30,58																	
13	Piechaczek, Z'Ney	11	BLOT-MA	35,49	6				Pillay, Delija				13				VHD-ZL				30,90																	
14	Erasmus, Alexis	11	FSE-KC	36,11	7				van Heerden, Lia				13				BS-LL				31,05																	
15	Ayekun, Bella T	11	PSCP-UM	36,98	8				Van Zyl, Liane				13				UPSK				31,29																	
16	Dekker, Bailey A	11	KLOO-ET	37,71	9				Radebe, Zekh S				13				USHPM-UM				31,99																	
<b>#402 Girls 12 50 Meter Free</b>				2016SA Age G: 27,81# 1998 Kelly F Acutt at Westvil				<b>Name</b>				<b>Age</b>				<b>Team</b>				<b>Finals Time</b>																		
<b>Finals</b>				1				Nadauld, Skyla F				12				BLUO-UG				31,03																		
2				Von Mollendorff, Emma J				12				KLOO-ET				31,24																						
3				Dempsey, Mckenzie A				12				AZON-ET				31,25																						
4				Coleman, Willow				12				SEAL-UM				31,30																						
5				Sikhakhane, Phiwo E				12				AZON-ET				31,46																						
6				Morgado, Hannah O				12				CSA-EZ				31,47																						
7				Le Roux, Lisa				12				BLOT-MA				31,53																						
8				Makhanya, Naledi				12				KLOO-ET				32,62																						
9				Shange, Aphelele				12				USHPM-UM				33,07																						
10				Gibson-Taylor, Emma G				12				AZON-ET				33,41																						
<b>#402 Girls 12 50 Meter Free</b>				2016SA Age G: 27,81# 1998 Kelly F Acutt at Westvil				<b>Name</b>				<b>Age</b>				<b>Team</b>				<b>Prelim Time</b>																		
<b>Preliminaries</b>				1				Le Roux, Lisa				12				BLOT-MA				30,54																		
2				Morgado, Hannah O				12				CSA-EZ				30,92																						
3				Coleman, Willow				12				SEAL-UM				31,40																						
4				Sikhakhane, Phiwo E				12				AZON-ET				31,65																						
5				Makhanya, Naledi				12				KLOO-ET				31,69																						
6				Von Mollendorff, Emma J				12				KLOO-ET				31,84																						
7				Nadauld, Skyla F				12				BLUO-UG				32,18																						
8				Shange, Aphelele				12				USHPM-UM				32,41																						
9				Dempsey, Mckenzie A				12				AZON-ET				32,48																						
10				Gibson-Taylor, Emma G				12				AZON-ET				32,70																						
11				Niven, Ella L				12				UNI-EZ				32,71																						
12				Booyesen, Morgan H				12				PSCP-UM				32,81																						
13				van der Linde, Kaylie C				12				VHD-ZL				32,87																						
14				Upton, Neri				12				BLOT-MA				33,05																						
15				White, Suhanna				12				AQUA-UT				33,22																						
16				Fowler, Tenley P				12				AZON-ET				33,28																						
17				Ojwach, Neliza T				12				SEAL-UM				33,31																						
18				Kuhn, Alexa J				12				CASC-CP				33,63																						
19				Palframan, Layla G				12				SEAL-UM				34,12																						
20				McQueen, Leanne C				12				BLSS-MA				34,33																						
21				Goosen, Jeanine C				12				BLNE-MA				34,57																						
22				Sausi, Amani M				12				AZON-ET				34,70																						
23				Josiah, Phoebe S				12				PSCP-UM				35,09																						
24				Banza, Emmanuela E				12				UNI-EZ				35,10																						
25				Wolmarans, Karla				12				UPSK				35,12																						
26				Du Toit, Emma				12				BLOT-MA				36,35																						
<b>#402 Girls 13 50 Meter Free</b>				2016SA Age G: 27,28# 2015 Rebecca A. Meder at W				<b>Name</b>				<b>Age</b>				<b>Team</b>				<b>Finals Time</b>																		
<b>Finals</b>				1				Schofield, Sarah A				13				AADUB-ET				29,34																		
2				Palframan, Sisanda B				13				SEAL-UM				29,58																						
3				March, Gea A				13				UPSK				29,94																						
4				Brown, Tayla				13				AADUB-ET				30,15																						
5				Pabalinga, Reabetswe T				13				KLOO-ET				30,58																						
6				Pillay, Delija				13				VHD-ZL				30,90																						
7				van Heerden, Lia				13				BS-LL				31,05																						
8				Van Zyl, Liane				13				UPSK				31,29																						
9				Radebe, Zekh S				13				USHPM-UM				31,99																						
10				Hoar, Lily				13				KLOO-ET				33,51																						
<b>#402 Girls 13 50 Meter Free</b>				2016SA Age G: 27,28# 2015 Rebecca A. Meder at W				<b>Name</b>				<b>Age</b>				<b>Team</b>				<b>Prelim Time</b>																		
<b>Preliminaries</b>				1				Schofield, Sarah A				13				AADUB-ET				30,68																		
2				Pillay, Delija				13				VHD-ZL				30,87																						
3				Pabalinga, Reabetswe T				13				KLOO-ET				31,09																						
4				Palframan, Sisanda B				13				SEAL-UM				31,24																						
5				van Heerden, Lia				13				BS-LL				31,73																						
6				Van Zyl, Liane				13				UPSK				31,76																						
7				March, Gea A				13				UPSK				31,91																						
8				Hoar, Lily				13				KLOO-ET				32,14																						
9				Brown, Tayla				13				AADUB-ET				32,26																						
10				Radebe, Zekh S				13				USHPM-UM				32,59																						
11				Tuta, Oyama T				13				PELIC-MA				33,15																						
12				Ngema, Olwe S				13				FRA-KC				33,36																						
13				Van Zyl, Alta M				13				SEAL-UM				33,57																						
<b>#402 Girls 14 50 Meter Free</b>				2016SA Age G: 26,67# 2004 Tanya Strydom at SA Na				<b>Name</b>				<b>Age</b>				<b>Team</b>				<b>Finals Time</b>																		
<b>Finals</b>				1				Eybers, Carli E				14				VHD-ZL				29,10																		
2				Maritz, Violet T				14				SEAL-UM				29,30																						
3				Stuart, Tayla L				14				AADUB-ET				29,36																						
4				Morgado, Zoe S				14				BLOT-MA				29,56																						
5				de Jager, Ashleigh				14				BLOT-MA				29,71																						
6				Vorster, Arinda				14				BLSS-MA				29,95																						
7				Van der Merwe, Leane				14				UNI-EZ				30,80																						
8				Gutter, Livia				14				BLOT-MA				31,19																						
9				Ronnie, Addyson H				14				PSCP-UM				31,31																						
<b>#402 Women 15 50 Meter Free</b>				2016SA Age G: 26,13# 2003 Lauren Roets at Telkon				<b>Name</b>				<b>Age</b>				<b>Team</b>				<b>Finals Time</b>																		
<b>Finals</b>				1				Welgemoed, Isabelle				15				BLSS-MA				29,38																		
2				Leibbrandt, Amber S				15				AADUB-ET				29,53																						
3				Leiper, Isla C				15				SEAL-UM				29,59																						
4				Goelst, Gemma J				15				SEAL-UM				29,75																						
5				Brown, Evalyn				15				AADUB-ET				29,89																						
6				Van De Ruit, Carly A				15				AZON-ET				29,98																						
7				Mutie, Muela S				15				KLOO-ET				30,51																						
8				Sykes, Sarah J				15				PSCP-UM				31,11																						
9				Meyer, Maya				15				BULS-MA				33,15																						
10				Filday, Deryn S				15				AZON-ET				33,70																						
<b>#402 Women 15 50 Meter Free</b>				2016SA Age G: 26,13# 2003 Lauren Roets at Telkon				<b>Name</b>				<b>Age</b>				<b>Team</b>				<b>Prelim Time</b>																		
<b>Preliminaries</b>				1				Welgemoed, Isabelle				15				BLSS-MA				29,87																		
2				Leiper, Isla C				15				SEAL-UM				29,90																						
3				Sykes, Sarah J				15				PSCP-UM				30,24																						
4				Van De Ruit, Carly A				15				AZON-ET				30,30																						
5				Brown, Evalyn				15				AADUB-ET				30,53																						
6				Mutie, Muela S				15				KLOO-ET				30,75																						
7				Goelst, Gemma J				15				SEAL-UM				30,86																						
8				Meyer, Maya				15				BULS-MA				30,94																						
9				Leibbrandt, Amber S				15				AADUB-ET				31,65																						
10				Filday, Deryn S				15				AZON-ET				31,68																						

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

**Preliminaries ... (#402 Women 15 50 Meter Free)**

11	Pool, Johandri	15	BLSS-MA	32,21
12	Avenant, Ankia	15	UPSK	32,29
13	Prins, Tiffany C	15	KTS	32,37
14	Mansill, Noa	15	WSS-LL	32,45
15	Torrie, Brogan L	15	AZON-ET	32,83
16	Clowes, Cailyn	15	SEAL-UM	34,35

**#402 Women 16 50 Meter Free**

2016SA Age G: 25,82# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Finals Time
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**Finals**

1	Van Rensburg, Marne'	16	BLSS-MA	29,68
2	Harbron, Danielle	16	BLOT-MA	30,17
3	Theron, Emma-Lee	16	BLOT-MA	30,22
4	Burt, Kristen A	16	PSCP-UM	30,44
5	Engelbrecht, Nieke C	16	UPSK	30,46
6	Saint, Tara	16	KLOO-ET	30,57

**#402 Women 16 50 Meter Free**

2016SA Age G: 25,82# 2015 Erin P. Gallagher at V Co

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Engelbrecht, Nieke C	16	UPSK	29,30
2	Theron, Emma-Lee	16	BLOT-MA	29,86
3	Harbron, Danielle	16	BLOT-MA	30,08
4	Saint, Tara	16	KLOO-ET	30,24
5	Van Rensburg, Marne'	16	BLSS-MA	30,47
6	Burt, Kristen A	16	PSCP-UM	30,92

**#405 Boys 11&U 200 Meter Breast**

Name	Age	Team	Finals Time
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**Finals**

1	Swart, Petrus J	11	BLSS-MA	3:08,92
2	Greco, Grayson P	11	BLUO-UG	3:09,43
3	De Jager, Evin	11	BLOT-MA	3:25,94
4	Pretorius, Flippie	11	FRA-KC	3:26,38
5	van Biljon, SJ J	11	BLOT-MA	3:41,66

**#405 Boys 11&U 200 Meter Breast**

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Swart, Petrus J	11	BLSS-MA	3:13,19
2	Greco, Grayson P	11	BLUO-UG	3:18,56
3	Pretorius, Flippie	11	FRA-KC	3:35,79
4	van Biljon, SJ J	11	BLOT-MA	3:37,52
5	De Jager, Evin	11	BLOT-MA	3:38,21

**#405 Boys 12 200 Meter Breast**

2016SA Age G: 2:31,81# 2013 Cameron K. Matthews a

Name	Age	Team	Finals Time
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**Finals**

1	Swanepoel, Lander L	12	UNI-EZ	3:06,30
2	Nixon, Morgan L	12	SEAL-UM	3:07,35
3	Nagel, Gideon P	12	BLSS-MA	3:14,60

**#405 Boys 12 200 Meter Breast**

2016SA Age G: 2:31,81# 2013 Cameron K. Matthews a

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Nixon, Morgan L	12	SEAL-UM	3:13,38
2	Nagel, Gideon P	12	BLSS-MA	3:19,61
3	Swanepoel, Lander L	12	UNI-EZ	3:19,63

**#405 Boys 13 200 Meter Breast**

2016SA Age G: 2:25,97# 2014 Cameron K. Matthews a

Name	Age	Team	Finals Time
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**Finals**

1	Coetzee, Burhan	13	VALS-FD	2:55,79
2	Turner, Campbell T	13	PSCP-UM	3:03,22
3	Carson, Cayden J	13	BULS-MA	3:05,85
4	Bouwer, Levi G	13	WELA-LL	3:09,47
5	Wiesner, Jordan	13	WSS-LL	3:14,70
6	Smuts, Conor	13	AZON-ET	3:15,53
7	Koekemoer, Wian	13	AASC-GS	3:17,67

**#405 Boys 13 200 Meter Breast**

2016SA Age G: 2:25,97# 2014 Cameron K. Matthews a

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Coetzee, Burhan	13	VALS-FD	2:56,87
2	Turner, Campbell T	13	PSCP-UM	3:12,64
3	Carson, Cayden J	13	BULS-MA	3:12,83
4	Bouwer, Levi G	13	WELA-LL	3:13,66
5	Wiesner, Jordan	13	WSS-LL	3:15,31
6	Smuts, Conor	13	AZON-ET	3:18,35
7	Kotzé, Izak F	13	BS-LL	3:21,69
8	Koekemoer, Wian	13	AASC-GS	3:22,19
9	Opperman, Theodore S	13	FAAC	3:26,20
10	Hlophe, Lihle L	13	CASC-CP	3:27,75
11	van Zyl, Hanco	13	BLSS-MA	3:40,65

**#405 Boys 14 200 Meter Breast**

2016SA Age G: 2:26,43# 2011 Brenden G Crawford-Te

Name	Age	Team	Finals Time
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**Finals**

1	Froneman, Andre'	14	BLSS-MA	2:50,67
2	Raynard, Enzo N	14	SEAL-UM	2:56,03
3	Mc Donald, Teegan N	14	AADUB-ET	3:01,67
4	Pakkiri, Zuriel	14	BLUO-UG	3:07,92
5	Welthagen, Rhuwan	14	AASC-GS	3:13,05
6	Koekemoer, Braam	14	AASC-GS	3:24,63

**#405 Boys 14 200 Meter Breast**

2016SA Age G: 2:26,43# 2011 Brenden G Crawford-Te

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Mc Donald, Teegan N	14	AADUB-ET	2:58,83
2	Froneman, Andre'	14	BLSS-MA	2:59,47
3	Raynard, Enzo N	14	SEAL-UM	3:02,49
4	Harbron, Nicholas	14	FAAC	3:06,31
5	Myeza, Ronewa	14	FRA-KC	3:08,65
6	Pakkiri, Zuriel	14	BLUO-UG	3:10,55

7	Welthagen, Rhuwan	14	AASC-GS	3:11,73
8	Lindeboom, Douglas G	14	BLNE-MA	3:17,93
9	Koekemoer, Braam	14	AASC-GS	3:32,33

**#405 Men 15 200 Meter Breast**

2016SA Age G: 2:18,18# 2014 Bryce Skea at 2014 Mcl

Name	Age	Team	Finals Time
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**Finals**

1	Van der Bijl, Almero	15	EGA-MA	3:02,10
2	Tiedt, NJ J	15	GHSK	3:02,65

**#405 Men 15 200 Meter Breast**

2016SA Age G: 2:18,18# 2014 Bryce Skea at 2014 Mcl

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Van der Bijl, Almero	15	EGA-MA	3:04,08
2	Tiedt, NJ J	15	GHSK	3:04,10

**#405 Men 16 200 Meter Breast**

2016SA Age G: 2:19,11# 2013 Jarred C. Crous at 2013

Name	Age	Team	Finals Time
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**Finals**

1	Grobbelaar, Jamey L	16	AZON-ET	2:45,26
2	Oelofse, Cay-Din	16	TNDER-FD	2:48,56

**#405 Men 16 200 Meter Breast**

2016SA Age G: 2:19,11# 2013 Jarred C. Crous at 2013

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Grobbelaar, Jamey L	16	AZON-ET	2:49,07
2	Oelofse, Cay-Din	16	TNDER-FD	2:51,72

**#406 Girls 11&U 200 Meter Breast**

Name	Age	Team	Finals Time
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**Finals**

1	Maartens, Accalia M	11	BLOT-MA	3:24,98
2	Kachisi, Mufaro	11	WSTV-ET	3:26,62
3	Ayekun, Bella T	11	PSCP-UM	3:27,59
4	Oelofse, Kens-Linn	11	TNDER-FD	3:29,35
5	Roper, Elle-Anne	11	WSS-LL	3:30,04
6	Kruger, Christine H	11	BLSS-MA	3:40,64
7	Erasmus, Alexus	11	FSE-KC	3:40,86

**#406 Girls 11&U 200 Meter Breast**

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Oelofse, Kens-Linn	11	TNDER-FD	3:30,64
2	Maartens, Accalia M	11	BLOT-MA	3:33,09
3	Kachisi, Mufaro	11	WSTV-ET	3:36,33
4	Roper, Elle-Anne	11	WSS-LL	3:37,54
5	Kruger, Christine H	11	BLSS-MA	3:43,53
6	Ayekun, Bella T	11	PSCP-UM	3:47,91
7	Erasmus, Alexus	11	FSE-KC	3:54,97

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

<b>#406 Girls 12 200 Meter Breast</b>				8 Van der Merwe, Leane	14 UNI-EZ	3:19,95	5 Greco, Grayson P	11 BLUO-UG	38,12		
2016SA Age G: 2:28,55# 2008 Jessica S. Liss at Telkom				9 Gasson, Elle R	14 BLSS-MA	3:21,99	6 Hasselmann, Liam	11 WSTV-ET	38,84		
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	10 Ronnie, Addyson H	14 PSCP-UM	3:22,73	7 Van Zyl, Jacob L	10 SEAL-UM	39,45		
<b>Finals</b>				<b>#406 Girls 14 200 Meter Breast</b>							
1 Coetzee, Kayla C	12	VALS-FD	3:08,54	2016SA Age G: 2:32,41# 1997 Sarah Poewe							
2 White, Suhanna	12	AQUA-UT	3:15,22	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>#409 Boys 11&amp;U 50 Meter Back</b>			
3 McQueen, Leanne C	12	BLSS-MA	3:18,95	<b>Preliminaries</b>							
4 Nadauld, Skylar F	12	BLUO-UG	3:21,57	1 Gutter, Livia	14	BLOT-MA	3:08,02	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
5 Ojwach, Neliza T	12	SEAL-UM	3:23,77	2 Van der Merwe, Ami	14	STSC-KC	3:12,38	<b>Preliminaries</b>			
6 Booyesen, Morgan H	12	PSCP-UM	3:24,34	3 Gibson, Jess R	14	PSCP-UM	3:12,90	1 Swart, Petrus J	11	BLSS-MA	36,27
7 Banza, Emmanuela E	12	UNI-EZ	3:25,48	4 Terblanche, Emma L	14	UNI-EZ	3:15,56	2 Cowley, Eldrid D	11	UNI-EZ	36,42
8 Gibson-Taylor, Emma G	12	AZON-ET	3:25,96	5 Hughes, Cara	14	FRA-KC	3:15,77	3 Maree, Lohan L	11	BLOT-MA	37,42
9 Fowler, Tenley P	12	AZON-ET	3:29,36	6 Ronnie, Addyson H	14	PSCP-UM	3:17,88	4 Erasmus, Marnu J	11	BLSS-MA	37,48
10 Niven, Ella L	12	UNI-EZ	3:30,05	7 Van der Merwe, Leane	14	UNI-EZ	3:18,00	5 Greco, Grayson P	11	BLUO-UG	37,86
<b>#406 Girls 12 200 Meter Breast</b>				8 Logie, Courtney A	14	KLOO-ET	3:20,22	6 Oelofse, Hay-Din	11	TNDER-FD	37,94
2016SA Age G: 2:28,55# 2008 Jessica S. Liss at Telkom				9 Siebrits, Taylor L	14	STSC-KC	3:21,80	7 Van Zyl, Jacob L	10	SEAL-UM	38,07
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	10 Gasson, Elle R	14	BLSS-MA	3:23,45	8 Ally, Luqmaan M	10	WSTV-ET	41,80
<b>Preliminaries</b>				<b>#406 Women 15 200 Meter Breast</b>							
1 Coetzee, Kayla C	12	VALS-FD	3:17,29	2016SA Age G: 2:31,31# 2015 Kaylee Corbett at-Sa N							
2 McQueen, Leanne C	12	BLSS-MA	3:20,24	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	<b>#409 Boys 12 50 Meter Back</b>			
3 White, Suhanna	12	AQUA-UT	3:20,98	<b>Finals</b>							
4 Ojwach, Neliza T	12	SEAL-UM	3:21,79	1 Crozier, Emily N	15	FAAC	3:08,07	2016SA Age G: 30,02# 2015 Luan E. Grobbelaar at S			
5 Banza, Emmanuela E	12	UNI-EZ	3:29,47	2 Pool, Johandri	15	BLSS-MA	3:09,73	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
6 Niven, Ella L	12	UNI-EZ	3:32,42	3 Sykes, Sarah J	15	PSCP-UM	3:11,17	<b>Finals</b>			
7 Booyesen, Morgan H	12	PSCP-UM	3:33,01	4 Clowes, Cailyn	15	SEAL-UM	3:11,80	1 Pretorius, Christiaan L	12	BLOT-MA	34,57
8 Gibson-Taylor, Emma G	12	AZON-ET	3:33,73	<b>#406 Women 15 200 Meter Breast</b>							
9 Nadauld, Skylar F	12	BLUO-UG	3:34,41	2016SA Age G: 2:31,31# 2015 Kaylee Corbett at-Sa N							
10 Fowler, Tenley P	12	AZON-ET	3:41,24	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	2 Saunderson, Enrique C	12	BLOT-MA	36,37
<b>#406 Girls 13 200 Meter Breast</b>				<b>Preliminaries</b>							
2016SA Age G: 2:30,38# 2009 Jessica S.Liss at Nationa				1 Crozier, Emily N	15	FAAC	3:14,49	3 Nixon, Morgan L	12	SEAL-UM	36,93
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	2 Clowes, Cailyn	15	SEAL-UM	3:14,88	4 Nel, Dirk	12	WSS-LL	37,76
<b>Finals</b>				3 Pool, Johandri	15	BLSS-MA	3:14,96	5 Smit, Carter S	12	ASA-IL	38,60
1 Van Zyl, Alta M	13	SEAL-UM	3:16,67	4 Sykes, Sarah J	15	PSCP-UM	3:16,09	6 Potgieter, Caleb J	12	SEAL-UM	38,70
2 Radebe, Zekh S	13	USHPM-UM	3:19,96	<b>#406 Women 16 200 Meter Breast</b>							
3 Tait, Holli	13	KLOO-ET	3:47,71	2016SA Age G: 2:25,90# 1999 Sarah Poewe at Pan Pa							
<b>#406 Girls 13 200 Meter Breast</b>				<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	<b>#409 Boys 12 50 Meter Back</b>			
2016SA Age G: 2:30,38# 2009 Jessica S.Liss at Nationa				<b>Finals</b>							
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	1 Schuch, Talitha	16	SEAL-UM	2:56,91	2016SA Age G: 30,02# 2015 Luan E. Grobbelaar at S			
<b>Preliminaries</b>				2 Harbron, Danielle	16	BLOT-MA	3:04,65	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
1 Radebe, Zekh S	13	USHPM-UM	3:25,65	<b>#406 Women 16 200 Meter Breast</b>							
2 Van Zyl, Alta M	13	SEAL-UM	3:30,31	2016SA Age G: 2:25,90# 1999 Sarah Poewe at Pan Pa							
3 Tait, Holli	13	KLOO-ET	3:49,59	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Preliminaries</b>			
<b>#406 Girls 14 200 Meter Breast</b>				<b>#409 Boys 11&amp;U 50 Meter Back</b>							
2016SA Age G: 2:32,41# 1997 Sarah Poewe				2016SA Age G: 30,02# 2015 Luan E. Grobbelaar at S							
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>
<b>Finals</b>				<b>Finals</b>							
1 Van der Merwe, Ami	14	STSC-KC	3:03,02	1 Nixon, Morgan L	12	SEAL-UM	36,65	11 Nagel, Gideon P	12	BLSS-MA	41,96
2 Gibson, Jess R	14	PSCP-UM	3:06,97	2 Saunderson, Enrique C	12	BLOT-MA	36,72	12 Hoffman, Anande N	12	USHPM-UM	42,78
3 Gutter, Livia	14	BLOT-MA	3:09,81	3 Pretorius, Christiaan L	12	BLOT-MA	37,42	13 Kearney, Leon	12	WSTV-ET	43,00
4 Logie, Courtney A	14	KLOO-ET	3:11,97	4 Smit, Carter S	12	ASA-IL	38,86				
5 Terblanche, Emma L	14	UNI-EZ	3:12,46	5 Potgieter, Caleb J	12	SEAL-UM	39,19				
6 Hughes, Cara	14	FRA-KC	3:14,03	6 Swanepoel, Lander L	12	UNI-EZ	39,27				
7 Siebrits, Taylor L	14	STSC-KC	3:15,45	7 Haslam, Seth J	12	KLOO-ET	39,51				
				8 Hattingh, Theodor S	12	FAAC	39,64				
				9 Nel, Dirk	12	WSS-LL	40,96				
				10 Louw, André J	12	KALA	41,67				

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

<b>#409 Boys 13 50 Meter Back</b>				5 Lotriet, Dian H	14 BLOT-MA	35,40	6 Mahomed, Hannah A	11 PSCP-UM	39,84				
<b>2016SA Age G: 28,75# 2012 ZANE WADDELL at SA L</b>				*6 Kruger, Rikhardt	14 UPSK	35,63	7 Nel, Kailah	11 BLSS-MA	39,99				
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	*6 Coleman, Ewan H	14 AZON-ET	35,63	8 Francis, Jessica J	11 SEAL-UM	40,34				
<b>Finals</b>				8 Lindeboom, Douglas G	14 BLNE-MA	37,27	9 Kruger, Christine H	11 BLSS-MA	40,93				
1 Fourie, Jouka	13	BETH-FD	34,00	9 Welthagen, Rhuwan	14 AASC-GS	37,94	10 Dekker, Bailey A	11 KLOO-ET	41,85				
2 Bruyns, Andrew T	13	UNI-EZ	34,31	10 Potgieter, Ruben H	14 PSCP-UM	38,67	<b>#410 Girls 11&amp;U 50 Meter Back</b>						
3 van Zyl, Hanco	13	BLSS-MA	35,19	11 Koekemoer, Braam	14 AASC-GS	41,88	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>			
4 Harty, Hunter R	13	UNI-EZ	35,31	<b>#409 Men 15 50 Meter Back</b>									
5 Steyl, Kayden L	13	BLSS-MA	35,86	<b>2016SA Age G: 26,49# 2013 ZANE WADDELL at KZN</b>									
6 Bouwer, Levi G	13	WELA-LL	36,26	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	<b>Preliminaries</b>					
7 Hlophe, Lihle L	13	CASC-CP	36,80	<b>Finals</b>						1 Kunzler, Mia E	11	KLOO-ET	36,03
8 Orffer, Llewellyn	13	UPSK	37,32	1 Willemse, Sacha	15	UPSK	30,67	2 Oelofse, Kens-Linn	11	TNDER-FD	38,22		
9 van Niekerk, Vaughn	13	UNI-EZ	37,60	2 Stead, Owen B	15	FRA-KC	30,85	3 Davies, Paige E	11	KLOO-ET	38,57		
10 Wessels, Charl J	13	BLSS-MA	37,82	3 Muller, Nathan	15	WSTV-ET	31,56	4 Bam, Lizanté	11	BLSS-MA	38,65		
<b>#409 Boys 13 50 Meter Back</b>				4 Van der Bijl, Almero	15	EGA-MA	31,82	5 Roper, Elle-Anne	11	WSS-LL	39,23		
<b>2016SA Age G: 28,75# 2012 ZANE WADDELL at SA L</b>				5 Winkel, Liam H	15	SEAL-UM	33,36	6 Nel, Kailah	11	BLSS-MA	40,05		
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	6 Tiedt, NJJ	15	GHSK	33,39	7 Mahomed, Hannah A	11	PSCP-UM	40,09		
<b>Preliminaries</b>				7 Pretorius, Marnus S	15	VHD-ZL	33,48	8 Francis, Jessica J	11	SEAL-UM	41,31		
1 Fourie, Jouka	13	BETH-FD	33,61	8 Van der Walt, Diaan H	15	BLSS-MA	34,14	9 Kruger, Christine H	11	BLSS-MA	42,49		
2 Bruyns, Andrew T	13	UNI-EZ	35,50	<b>#409 Men 15 50 Meter Back</b>						10 Dekker, Bailey A	11	KLOO-ET	42,56
3 van Zyl, Hanco	13	BLSS-MA	35,89	<b>2016SA Age G: 26,49# 2013 ZANE WADDELL at KZN</b>						11 Le Roux, Mieke	11	SEAL-UM	42,68
4 van Niekerk, Vaughn	13	UNI-EZ	36,35	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	12 Piechaczek, Z'Ney	11	BLOT-MA	42,76		
5 Harty, Hunter R	13	UNI-EZ	36,39	<b>Preliminaries</b>						13 Hoar, Grace	11	KLOO-ET	45,08
6 Wessels, Charl J	13	BLSS-MA	36,69	1 Van der Bijl, Almero	15	EGA-MA	31,06	14 Ayekun, Bella T	11	PSCP-UM	45,10		
7 Bouwer, Levi G	13	WELA-LL	36,76	2 Willemse, Sacha	15	UPSK	31,72	<b>#410 Girls 12 50 Meter Back</b>					
*8 Steyl, Kayden L	13	BLSS-MA	37,06	3 Stead, Owen B	15	FRA-KC	31,89	<b>2016SA Age G: 30,97# 2011 Nathania Van Niekerk</b>					
*8 Orffer, Llewellyn	13	UPSK	37,06	4 Tiedt, NJJ	15	GHSK	33,16	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>		
10 Hlophe, Lihle L	13	CASC-CP	37,15	5 Muller, Nathan	15	WSTV-ET	33,27	<b>Finals</b>					
11 Carson, Cayden J	13	BULS-MA	37,65	6 Van der Walt, Diaan H	15	BLSS-MA	33,53	1 van der Linde, Kaylie C	12	VHD-ZL	35,57		
12 Wiesner, Jordan	13	WSS-LL	37,82	7 Pretorius, Marnus S	15	VHD-ZL	33,88	2 Palframan, Layla G	12	SEAL-UM	36,39		
13 Opperman, Theodore S	13	FAAC	38,41	8 Winkel, Liam H	15	SEAL-UM	33,90	3 Sikhakhane, Phiwo E	12	AZON-ET	37,02		
14 Kotzé, Izak F	13	BS-LL	41,63	<b>#409 Men 16 50 Meter Back</b>						4 Upton, Neri	12	BLOT-MA	37,08
<b>#409 Boys 14 50 Meter Back</b>				<b>2016SA Age G: 26,42# 2015 ZANE WADDELL at SA L</b>						5 Makhanya, Naledi	12	KLOO-ET	37,28
<b>2016SA Age G: 27,50# 2013 ZANE WADDELL at SA L</b>				<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	6 Ojwach, Neliza T	12	SEAL-UM	37,57		
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	<b>Finals</b>						7 Le Roux, Lisa	12	BLOT-MA	37,78
1 Le Breton, Damian	14	BULS-MA	32,27	1 Louw, Dirka A	16	EGA-MA	31,21	8 Niven, Ella L	12	UNI-EZ	39,47		
2 Burger, Marcus P	14	UNI-EZ	33,61	2 Badenhorst, Jandre	16	BULS-MA	31,49	9 Kuhn, Alexa J	12	CASC-CP	40,00		
3 Kruger, Rikhardt	14	UPSK	33,86	3 Naidoo, Saieshan N	16	BEAV-ET	32,24	10 Goosen, Jeanine C	12	BLNE-MA	40,32		
4 Pieterse, Nielan	14	UNI-EZ	34,08	<b>#409 Men 16 50 Meter Back</b>						<b>#410 Girls 12 50 Meter Back</b>			
5 Lindeboom, Douglas G	14	BLNE-MA	34,19	<b>2016SA Age G: 26,42# 2015 ZANE WADDELL at SA L</b>						<b>2016SA Age G: 30,97# 2011 Nathania Van Niekerk</b>			
6 Lotriet, Dian H	14	BLOT-MA	34,89	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>		
7 Welthagen, Rhuwan	14	AASC-GS	36,89	<b>Preliminaries</b>						1 van der Linde, Kaylie C	12	VHD-ZL	36,53
8 Koekemoer, Braam	14	AASC-GS	37,37	1 Louw, Dirka A	16	EGA-MA	30,83	2 Sikhakhane, Phiwo E	12	AZON-ET	36,76		
9 Potgieter, Ruben H	14	PSCP-UM	37,85	2 Naidoo, Saieshan N	16	BEAV-ET	31,63	3 Le Roux, Lisa	12	BLOT-MA	36,83		
<b>#409 Boys 14 50 Meter Back</b>				3 Badenhorst, Jandre	16	BULS-MA	31,64	4 Makhanya, Naledi	12	KLOO-ET	37,06		
<b>2016SA Age G: 27,50# 2013 ZANE WADDELL at SA L</b>				<b>#410 Girls 11&amp;U 50 Meter Back</b>						5 Ojwach, Neliza T	12	SEAL-UM	37,80
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Name</b>						<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	
1 Le Breton, Damian	14	BULS-MA	32,91	<b>Finals</b>						6 Niven, Ella L	12	UNI-EZ	37,87
2 Burger, Marcus P	14	UNI-EZ	33,06	1 Kunzler, Mia E	11	KLOO-ET	36,07	7 Upton, Neri	12	BLOT-MA	38,09		
3 Pieterse, Nielan	14	UNI-EZ	33,61	2 Davies, Paige E	11	KLOO-ET	36,73	8 Goosen, Jeanine C	12	BLNE-MA	38,14		
4 Cronje, Jovan	14	KTS	35,12	3 Bam, Lizanté	11	BLSS-MA	39,27	9 Palframan, Layla G	12	SEAL-UM	38,33		
				4 Oelofse, Kens-Linn	11	TNDER-FD	39,63	10 Kuhn, Alexa J	12	CASC-CP	38,42		
				5 Roper, Elle-Anne	11	WSS-LL	39,69	11 Coleman, Willow	12	SEAL-UM	39,39		
										12 Sausi, Amani M	12	AZON-ET	39,55
										13 McQueen, Leanne C	12	BLSS-MA	39,91

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

**Preliminaries ... (#410 Girls 12 50 Meter Back)**

14	Nadauld, Skylia F	12	BLUO-UG	40,74
15	Dempsey, Mckenzie A	12	AZON-ET	40,94
16	Wolmarans, Karla	12	UPSK	41,03
17	Du Toit, Emma	12	BLOT-MA	41,68
18	Josiah, Phoebe S	12	PSCP-UM	43,17

**#410 Girls 13 50 Meter Back**

2016SA Age G: 30,19# 2013 Nathania Van Niekerk a

Name	Age	Team	Finals Time
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**Finals**

1	van Heerden, Lia	13	BS-LL	34,27
2	Brown, Tayla	13	AADUB-ET	35,64
3	Pillay, Delija	13	VHD-ZL	35,69
4	Pabalinga, Reabetswe T	13	KLOO-ET	36,69
5	March, Gea A	13	UPSK	36,90
6	Palframan, Sisanda B	13	SEAL-UM	37,31
7	Van Zyl, Liane	13	UPSK	37,48
8	Schofield, Sarah A	13	AADUB-ET	38,61
9	Hoar, Lily	13	KLOO-ET	40,46
10	Tait, Holli	13	KLOO-ET	41,44

**#410 Girls 13 50 Meter Back**

2016SA Age G: 30,19# 2013 Nathania Van Niekerk a

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Brown, Tayla	13	AADUB-ET	35,66
2	van Heerden, Lia	13	BS-LL	36,67
3	Pabalinga, Reabetswe T	13	KLOO-ET	37,19
4	Palframan, Sisanda B	13	SEAL-UM	37,36
5	Pillay, Delija	13	VHD-ZL	37,90
6	Schofield, Sarah A	13	AADUB-ET	38,18
7	March, Gea A	13	UPSK	38,50
8	Hoar, Lily	13	KLOO-ET	38,54
9	Van Zyl, Liane	13	UPSK	40,30
10	Tait, Holli	13	KLOO-ET	40,38

**#410 Girls 14 50 Meter Back**

2016SA Age G: 29,81# 2014 Mariella G. Venter at CG

Name	Age	Team	Finals Time
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**Finals**

1	De Haas, Hayley	14	USHPM-UM	33,55
2	Van den Heever, Liv M	14	AZON-ET	33,86
3	Zietsman, Lika	14	BLSS-MA	34,71
4	Eybers, Carli E	14	VHD-ZL	34,77
5	Van Schalkwyk, Zenicke	14	BLOT-MA	35,04
6	Van Rooyen, Isabella S	14	AADUB-ET	35,41
7	Gutter, Livia	14	BLOT-MA	36,07
8	Slabber, Abi A	14	SEAL-UM	36,47
9	Terblanche, Emma L	14	UNI-EZ	38,52
10	Williams, Ashley	14	BLNE-MA	39,51

**#410 Girls 14 50 Meter Back**

2016SA Age G: 29,81# 2014 Mariella G. Venter at CG

Name	Age	Team	Prelim Time
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**Preliminaries**

1	De Haas, Hayley	14	USHPM-UM	34,08
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2	Eybers, Carli E	14	VHD-ZL	34,18
3	Van den Heever, Liv M	14	AZON-ET	34,64
4	Van Rooyen, Isabella S	14	AADUB-ET	34,69
*5	Zietsman, Lika	14	BLSS-MA	35,70
*5	Van Schalkwyk, Zenicke	14	BLOT-MA	35,70
7	Gutter, Livia	14	BLOT-MA	35,80
8	Terblanche, Emma L	14	UNI-EZ	36,50
9	Filday, Ziva L	14	AZON-ET	36,51
10	Van der Merwe, Kaylee	14	BETH-FD	36,65
11	Slabber, Abi A	14	SEAL-UM	37,57
12	Williams, Ashley	14	BLNE-MA	37,66
13	Muller, Anika	14	UNI-EZ	38,39
14	Stuart, Tayla L	14	AADUB-ET	38,42
15	Van der Merwe, Leane	14	UNI-EZ	39,09
16	Vorster, Arinda	14	BLSS-MA	39,23
17	Du Toit, Lisa R	14	SEAL-UM	39,50

**#410 Women 15 50 Meter Back**

2016SA Age G: 28,88# 2015 Mariella G. Venter at 5t

Name	Age	Team	Finals Time
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**Finals**

1	Van De Ruit, Carly A	15	AZON-ET	34,09
2	Goelst, Gemma J	15	SEAL-UM	34,62
3	Prins, Tiffany C	15	KTS	34,86
4	Avenant, Ankia	15	UPSK	34,89
5	Brown, Evalyn	15	AADUB-ET	35,36
6	Torrie, Brogan L	15	AZON-ET	35,65
7	Mutie, Muela S	15	KLOO-ET	35,87
8	Welgemoed, Isabelle	15	BLSS-MA	37,61
9	Meyer, Maya	15	BULS-MA	41,01
10	Pool, Johandri	15	BLSS-MA	44,46

**#410 Women 15 50 Meter Back**

2016SA Age G: 28,88# 2015 Mariella G. Venter at 5t

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Avenant, Ankia	15	UPSK	34,60
2	Goelst, Gemma J	15	SEAL-UM	34,68
3	Brown, Evalyn	15	AADUB-ET	34,76
4	Mutie, Muela S	15	KLOO-ET	34,83
5	Torrie, Brogan L	15	AZON-ET	35,52
6	Van De Ruit, Carly A	15	AZON-ET	35,59
7	Prins, Tiffany C	15	KTS	37,37
8	Meyer, Maya	15	BULS-MA	37,79
9	Welgemoed, Isabelle	15	BLSS-MA	38,20
10	Filday, Deryn S	15	AZON-ET	39,35
11	Pool, Johandri	15	BLSS-MA	42,47

**#410 Women 16 50 Meter Back**

2016SA Age G: 29,37# 2016 Mariella G Venter-Gran

Name	Age	Team	Finals Time
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**Finals**

1	Burt, Kristen A	16	PSCP-UM	35,06
2	Theron, Emma-Lee	16	BLOT-MA	35,80
3	Van Rensburg, Marne'	16	BLSS-MA	36,13
4	Saint, Tara	16	KLOO-ET	36,40
5	Engelbrecht, Nieke C	16	UPSK	39,63

**#410 Women 16 50 Meter Back**

2016SA Age G: 29,37# 2016 Mariella G Venter-Gran

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Theron, Emma-Lee	16	BLOT-MA	36,01
2	Van Rensburg, Marne'	16	BLSS-MA	37,25
3	Saint, Tara	16	KLOO-ET	37,37
4	Burt, Kristen A	16	PSCP-UM	38,99
5	Engelbrecht, Nieke C	16	UPSK	40,67

**#411 Boys 11&U 50 Meter Fly**

Name	Age	Team	Finals Time
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**Finals**

1	Cowley, Eldrid D	11	UNI-EZ	32,96
2	Swart, Petrus J	11	BLSS-MA	34,72
3	Kleynhans, Ivan	11	BLUO-UG	35,88
4	Hasselmann, Liam	11	WSTV-ET	35,94
5	Maree, Lohan L	11	BLOT-MA	36,40
6	Van Zyl, Jacob L	10	SEAL-UM	37,75
7	Erasmus, Marnu J	11	BLSS-MA	40,44
8	Ally, Luqmaan M	10	WSTV-ET	40,64

**#411 Boys 11&U 50 Meter Fly**

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Cowley, Eldrid D	11	UNI-EZ	34,44
2	Swart, Petrus J	11	BLSS-MA	34,82
3	Maree, Lohan L	11	BLOT-MA	35,68
4	Kleynhans, Ivan	11	BLUO-UG	36,71
5	Van Zyl, Jacob L	10	SEAL-UM	38,41
6	Hasselmann, Liam	11	WSTV-ET	38,96
7	Oelofse, Hay-Din	11	TNDER-FD	39,81
8	Ally, Luqmaan M	10	WSTV-ET	41,43
9	Erasmus, Marnu J	11	BLSS-MA	42,39

**#411 Boys 12 50 Meter Fly**

2016SA Age G: 25,81# 2015 Jendre Van Der Merwe

Name	Age	Team	Finals Time
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**Finals**

1	Bergh, Ruan	12	BLOT-MA	33,41
2	Saunderson, Enrique C	12	BLOT-MA	34,11
3	Nixon, Morgan L	12	SEAL-UM	34,42
4	Nel, Dirk	12	WSS-LL	35,13
5	Smit, Carter S	12	ASA-IL	35,34
6	Nagel, Gideon P	12	BLSS-MA	38,42
7	Hattingh, Theodor S	12	FAAC	38,54
8	Kearney, Leon	12	WSTV-ET	46,50

**#411 Boys 12 50 Meter Fly**

2016SA Age G: 25,81# 2015 Jendre Van Der Merwe

Name	Age	Team	Prelim Time
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**Preliminaries**

1	Dlamini, Nchubeko M	12	AZON-ET	32,69
2	Bergh, Ruan	12	BLOT-MA	34,35
3	Smit, Carter S	12	ASA-IL	34,69
4	Nixon, Morgan L	12	SEAL-UM	35,83
5	Haslam, Seth J	12	KLOO-ET	36,09

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

<b>Preliminaries ... (#411 Boys 12 50 Meter Fly)</b>			
Name	Age	Team	Time
6 Nel, Dirk	12	WSS-LL	36,10
7 Hattingh, Theodor S	12	FAAC	36,27
8 Saunderson, Enrique C	12	BLOT-MA	36,37
9 Nagel, Gideon P	12	BLSS-MA	36,48
10 Potgieter, Caleb J	12	SEAL-UM	42,41
11 Kearney, Leon	12	WSTV-ET	48,43

<b>#411 Boys 13 50 Meter Fly</b>			
2016SA Age G: 26,46# 2005 Kristopher P Matulovic			
Name	Age	Team	Finals Time

<b>Finals</b>			
Name	Age	Team	Time
1 Orffer, Llewellyn	13	UPSK	31,86
2 Carson, Cayden J	13	BULS-MA	32,03
3 van Niekerk, Vaughn	13	UNI-EZ	32,09
4 Hlophe, Lihle L	13	CASC-CP	32,16
5 Bruyns, Andrew T	13	UNI-EZ	32,33
6 Freeman-Smith, Liam A	13	PSCP-UM	32,89
7 Bouwer, Levi G	13	WELA-LL	32,91
8 Kotzé, Izak F	13	BS-LL	33,11
9 Wessels, Charl J	13	BLSS-MA	35,27
10 van Zyl, Hanco	13	BLSS-MA	35,71

<b>#411 Boys 13 50 Meter Fly</b>			
2016SA Age G: 26,46# 2005 Kristopher P Matulovic			
Name	Age	Team	Prelim Time

<b>Preliminaries</b>			
Name	Age	Team	Time
1 van Niekerk, Vaughn	13	UNI-EZ	32,15
2 Carson, Cayden J	13	BULS-MA	32,47
3 Orffer, Llewellyn	13	UPSK	32,52
4 Bruyns, Andrew T	13	UNI-EZ	32,88
5 Bouwer, Levi G	13	WELA-LL	33,68
6 Wessels, Charl J	13	BLSS-MA	33,71
7 van Zyl, Hanco	13	BLSS-MA	33,98
8 Kotzé, Izak F	13	BS-LL	34,01
9 Hlophe, Lihle L	13	CASC-CP	34,47
10 Freeman-Smith, Liam A	13	PSCP-UM	34,53
11 Wiesner, Jordan	13	WSS-LL	35,56
12 Steyl, Kayden L	13	BLSS-MA	36,92
13 Koekemoer, Wian	13	AASC-GS	38,68
14 Smuts, Conon	13	AZON-ET	39,11

<b>#411 Boys 14 50 Meter Fly</b>			
2016SA Age G: 25,65# 2013 ZANE WADDELL at SA L			
Name	Age	Team	Finals Time

<b>Finals</b>			
Name	Age	Team	Time
1 Kruger, Rikhardt	14	UPSK	29,01
2 Mostert, Stian	14	FAAC	29,69
3 Pieterse, Nielan	14	UNI-EZ	30,95
4 Naidoo, Riley M	14	BEAV-ET	31,02
5 Raynard, Enzo N	14	SEAL-UM	31,11
6 Coleman, Ewan H	14	AZON-ET	31,27
7 Duncan, Travis P	14	BLOT-MA	31,68
8 Le Breton, Damian	14	BULS-MA	32,03
9 Pakkiri, Zuriel	14	BLUO-UG	32,26
10 Lindeboom, Douglas G	14	BLNE-MA	32,93

<b>#411 Boys 14 50 Meter Fly</b>			
2016SA Age G: 25,65# 2013 ZANE WADDELL at SA L			
Name	Age	Team	Prelim Time

<b>Preliminaries</b>			
Name	Age	Team	Time
1 Kruger, Rikhardt	14	UPSK	29,04
2 Mostert, Stian	14	FAAC	30,42
3 Coleman, Ewan H	14	AZON-ET	30,53
4 Pakkiri, Zuriel	14	BLUO-UG	31,50
5 Naidoo, Riley M	14	BEAV-ET	31,73
6 Duncan, Travis P	14	BLOT-MA	32,01
7 Raynard, Enzo N	14	SEAL-UM	32,08
8 Lindeboom, Douglas G	14	BLNE-MA	32,61
9 Pieterse, Nielan	14	UNI-EZ	32,85
10 Le Breton, Damian	14	BULS-MA	32,90
11 Potgieter, Ruben H	14	PSCP-UM	33,88
12 Welthagen, Rhuwan	14	AASC-GS	34,07
13 Mc Donald, Teegan N	14	AADUB-ET	34,91
14 Froneman, Andre'	14	BLSS-MA	35,51
15 Koekemoer, Braam	14	AASC-GS	36,60

<b>#411 Men 15 50 Meter Fly</b>			
2016SA Age G: 25,24# 2008 Heinrich Alberts at KZN			
Name	Age	Team	Finals Time

<b>Finals</b>			
Name	Age	Team	Time
1 Isted, Ashton S	15	AADUB-ET	27,47
2 Willemse, Sacha	15	UPSK	27,78
3 Pretorius, Marnus S	15	VHD-ZL	29,54
*4 Hattingh, Ben	15	FAAC	30,24
*4 Van der Bijl, Almero	15	EGA-MA	30,24
6 Muller, Nathan	15	WSTV-ET	30,33
7 Bergh, Ian	15	BLOT-MA	30,39
8 Eilerd, Ayden I	15	KTS	31,67
9 Van der Walt, Diaan H	15	BLSS-MA	33,43

<b>#411 Men 15 50 Meter Fly</b>			
2016SA Age G: 25,24# 2008 Heinrich Alberts at KZN			
Name	Age	Team	Prelim Time

<b>Preliminaries</b>			
Name	Age	Team	Time
1 Isted, Ashton S	15	AADUB-ET	27,69
2 Willemse, Sacha	15	UPSK	28,19
3 Bergh, Ian	15	BLOT-MA	29,58
4 Van der Bijl, Almero	15	EGA-MA	29,76
5 Pretorius, Marnus S	15	VHD-ZL	29,92
6 Muller, Nathan	15	WSTV-ET	30,04
7 Hattingh, Ben	15	FAAC	30,20
8 Eilerd, Ayden I	15	KTS	30,51
9 Van der Walt, Diaan H	15	BLSS-MA	34,24

<b>#411 Men 16 50 Meter Fly</b>			
2016SA Age G: 24,44# 2015 ZANE WADDELL at SA L			
Name	Age	Team	Finals Time

<b>Finals</b>			
Name	Age	Team	Time
1 Oelofse, Cay-Din	16	TNDER-FD	28,29
2 Carimo, Kaamil A	16	UNI-EZ	28,94
3 Naidoo, Saieshan N	16	BEAV-ET	28,97
4 Louw, Dirka A	16	EGA-MA	29,24

5 Solomon, Riley	16	BLUO-UG	29,30
6 Grobbelaar, Jamey L	16	AZON-ET	30,37
7 Badenhorst, Jandre	16	BULS-MA	30,39

<b>#411 Men 16 50 Meter Fly</b>			
2016SA Age G: 24,44# 2015 ZANE WADDELL at SA L			
Name	Age	Team	Prelim Time

<b>Preliminaries</b>			
Name	Age	Team	Time
1 Oelofse, Cay-Din	16	TNDER-FD	27,99
2 Naidoo, Saieshan N	16	BEAV-ET	29,03
3 Solomon, Riley	16	BLUO-UG	29,64
4 Badenhorst, Jandre	16	BULS-MA	30,02
5 Louw, Dirka A	16	EGA-MA	30,44
6 Grobbelaar, Jamey L	16	AZON-ET	30,72
7 Carimo, Kaamil A	16	UNI-EZ	31,16

<b>#412 Girls 11&amp;U 50 Meter Fly</b>			
Name	Age	Team	Finals Time

<b>Finals</b>			
Name	Age	Team	Time
1 Kunzler, Mia E	11	KLOO-ET	34,13
2 Davies, Paige E	11	KLOO-ET	35,79
3 Oelofse, Kens-Linn	11	TNDER-FD	35,84
4 Le Roux, Mieke	11	SEAL-UM	36,11
5 Bam, Lizanté	11	BLSS-MA	37,31
6 Francis, Jessica J	11	SEAL-UM	37,75
7 Erasmus, Alexus	11	FSE-KC	38,10
8 Nel, Kailah	11	BLSS-MA	39,07
9 Roper, Elle-Anne	11	WSS-LL	39,79
10 Kachisi, Mufaro	11	WSTV-ET	42,23

<b>#412 Girls 11&amp;U 50 Meter Fly</b>			
Name	Age	Team	Prelim Time

<b>Preliminaries</b>			
Name	Age	Team	Time
1 Kunzler, Mia E	11	KLOO-ET	34,61
2 Oelofse, Kens-Linn	11	TNDER-FD	35,70
3 Davies, Paige E	11	KLOO-ET	37,03
4 Erasmus, Alexus	11	FSE-KC	37,85
5 Bam, Lizanté	11	BLSS-MA	39,52
6 Nel, Kailah	11	BLSS-MA	39,97
7 Le Roux, Mieke	11	SEAL-UM	40,17
8 Roper, Elle-Anne	11	WSS-LL	40,36
9 Francis, Jessica J	11	SEAL-UM	41,56
10 Kachisi, Mufaro	11	WSTV-ET	41,68
11 Piechaczek, Z'Ney	11	BLOT-MA	43,12
12 Dekker, Bailey A	11	KLOO-ET	43,25
13 Hoar, Grace	11	KLOO-ET	43,62

<b>#412 Girls 12 50 Meter Fly</b>			
2016SA Age G: 29,76# 2015 Dune Coetzee at SA Lev			
Name	Age	Team	Finals Time

<b>Finals</b>			
Name	Age	Team	Time
1 van der Linde, Kaylie C	12	VHD-ZL	32,49
2 Shange, Apehele	12	USHPM-UM	33,33
3 Booyesen, Morgan H	12	PSCP-UM	33,53
4 Morgado, Hannah O	12	CSA-EZ	33,56
5 Von Mollendorff, Emma J	12	KLOO-ET	34,45
6 Ojwach, Neliza T	12	SEAL-UM	35,66

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

<b>Finals ... (#412 Girls 12 50 Meter Fly)</b>			
Name	Age	Team	Time
7 Kuhn, Alexa J	12	CASC-CP	36,10
8 Coleman, Willow	12	SEAL-UM	37,60
9 Willemse, Kara C	12	VHD-ZL	39,62
10 Goosen, Jeanine C	12	BLNE-MA	40,63

**#412 Girls 12 50 Meter Fly**

2016SA Age G: 29,76# 2015 Dune Coetzee at SA Lev

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Morgado, Hannah O	12	CSA-EZ	33,92
2 Shange, Aphelele	12	USHPM-UM	34,60
3 Booysen, Morgan H	12	PSCP-UM	35,04
4 Von Mollendorff, Emma J	12	KLOO-ET	35,67
5 Ojwach, Neliza T	12	SEAL-UM	36,15
6 Coleman, Willow	12	SEAL-UM	36,37
7 Kuhn, Alexa J	12	CASC-CP	36,38
8 Willemse, Kara C	12	VHD-ZL	36,68
9 van der Linde, Kaylie C	12	VHD-ZL	37,84
10 Goosen, Jeanine C	12	BLNE-MA	38,09
11 Upton, Neri	12	BLOT-MA	38,54
12 Sikhakhane, Phiwo E	12	AZON-ET	38,65
13 Gibson-Taylor, Emma G	12	AZON-ET	38,92
14 Wolmarans, Karla	12	UPSK	38,98
15 McQueen, Leanne C	12	BLSS-MA	39,10
16 Palframan, Layla G	12	SEAL-UM	39,41
17 Sausi, Amani M	12	AZON-ET	41,61
18 White, Suhanna	12	AQUA-UT	41,94

**#412 Girls 13 50 Meter Fly**

2016SA Age G: 28,70# 2013 Bailey Desmarais at SA

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Van Zyl, Liane	13	UPSK	32,07
2 March, Gea A	13	UPSK	32,22
3 Palframan, Sisanda B	13	SEAL-UM	32,61
4 Schofield, Sarah A	13	AADUB-ET	32,71
5 Radebe, Zekh S	13	USHPM-UM	33,58
6 Pillay, Delija	13	VHD-ZL	34,05
7 Brown, Tayla	13	AADUB-ET	34,87
8 van Heerden, Lia	13	BS-LL	35,87
9 Pabalinga, Reabetswe T	13	KLOO-ET	35,96
10 Hoar, Lily	13	KLOO-ET	38,43

**#412 Girls 13 50 Meter Fly**

2016SA Age G: 28,70# 2013 Bailey Desmarais at SA

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Van Zyl, Liane	13	UPSK	32,69
2 Schofield, Sarah A	13	AADUB-ET	33,00
3 Palframan, Sisanda B	13	SEAL-UM	33,10
4 van Heerden, Lia	13	BS-LL	34,14
5 March, Gea A	13	UPSK	34,43
6 Pabalinga, Reabetswe T	13	KLOO-ET	34,98
7 Brown, Tayla	13	AADUB-ET	35,97
8 Pillay, Delija	13	VHD-ZL	36,16

9 Radebe, Zekh S	13	USHPM-UM	37,13
10 Hoar, Lily	13	KLOO-ET	37,74
11 Tuta, Oyama T	13	PELIC-MA	38,73

**#412 Girls 14 50 Meter Fly**

2016SA Age G: 27,73# 2009 VANESSA MOHR at KZN

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Filday, Ziva L	14	AZON-ET	32,14
2 De Haas, Hayley	14	USHPM-UM	32,43
3 Eybers, Carli E	14	VHD-ZL	32,73
4 Vorster, Arinda	14	BLSS-MA	32,95
5 Opperman, Inge	14	BLOT-MA	33,60
6 Morgado, Zoe S	14	BLOT-MA	33,89
7 Van den Heever, Liv M	14	AZON-ET	34,15
8 Van der Merwe, Leane	14	UNI-EZ	34,30
9 Stuart, Tayla L	14	AADUB-ET	34,53
10 Ronnie, Addyson H	14	PSCP-UM	34,59

**#412 Girls 14 50 Meter Fly**

2016SA Age G: 27,73# 2009 VANESSA MOHR at KZN

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 De Haas, Hayley	14	USHPM-UM	31,90
2 Filday, Ziva L	14	AZON-ET	32,89
3 Eybers, Carli E	14	VHD-ZL	33,39
4 Van der Merwe, Leane	14	UNI-EZ	33,99
5 Van den Heever, Liv M	14	AZON-ET	34,06
6 Morgado, Zoe S	14	BLOT-MA	34,14
7 Vorster, Arinda	14	BLSS-MA	34,29
8 Ronnie, Addyson H	14	PSCP-UM	34,37
9 Opperman, Inge	14	BLOT-MA	34,54
10 Stuart, Tayla L	14	AADUB-ET	34,84
11 Van Schalkwyk, Zenicke	14	BLOT-MA	35,39
12 Maritz, Violet T	14	SEAL-UM	36,10
13 Zietsman, Lika	14	BLSS-MA	36,44
14 Gibson, Jess R	14	PSCP-UM	37,49
15 van der Spuy, Melan	14	BLOT-MA	37,59
16 Slabber, Abi A	14	SEAL-UM	39,07

**#412 Women 15 50 Meter Fly**

2016SA Age G: 26,91# 2011 Vanessa Mohr-Sa Invita

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Avenant, Ankia	15	UPSK	32,66
2 Welgemoed, Isabelle	15	BLSS-MA	32,79
3 Mansill, Noa	15	WSS-LL	33,00
4 Leiper, Isla C	15	SEAL-UM	33,05
5 Filday, Deryn S	15	AZON-ET	33,06
6 Mutie, Muela S	15	KLOO-ET	34,39
7 Torrie, Brogan L	15	AZON-ET	34,80
8 Sykes, Sarah J	15	PSCP-UM	34,87
9 Leibbrandt, Amber S	15	AADUB-ET	34,90
10 Meyer, Maya	15	BULS-MA	36,63

**#412 Women 15 50 Meter Fly**

2016SA Age G: 26,91# 2011 Vanessa Mohr-Sa Invita

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Welgemoed, Isabelle	15	BLSS-MA	32,08
2 Mutie, Muela S	15	KLOO-ET	32,26
3 Leiper, Isla C	15	SEAL-UM	33,27
4 Mansill, Noa	15	WSS-LL	33,56
5 Avenant, Ankia	15	UPSK	34,27
6 Torrie, Brogan L	15	AZON-ET	34,40
7 Filday, Deryn S	15	AZON-ET	35,02
8 Leibbrandt, Amber S	15	AADUB-ET	35,66
9 Sykes, Sarah J	15	PSCP-UM	36,38
10 Meyer, Maya	15	BULS-MA	36,80
11 Clowes, Cailyn	15	SEAL-UM	37,03
12 Prins, Tiffany C	15	KTS	37,82

**#412 Women 16 50 Meter Fly**

2016SA Age G: 26,68# 2011 VANESSA MOHR at Telk

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Engelbrecht, Nieke C	16	UPSK	30,98
2 Saint, Tara	16	KLOO-ET	32,28
3 Schuch, Talitha	16	SEAL-UM	32,97
4 Grobler, Danielle	16	BLOT-MA	33,06
5 Harbron, Danielle	16	BLOT-MA	34,45
6 Van Rensburg, Marne'	16	BLSS-MA	34,52

**#412 Women 16 50 Meter Fly**

2016SA Age G: 26,68# 2011 VANESSA MOHR at Telk

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Engelbrecht, Nieke C	16	UPSK	31,03
2 Grobler, Danielle	16	BLOT-MA	32,39
3 Saint, Tara	16	KLOO-ET	32,98
4 Harbron, Danielle	16	BLOT-MA	33,37
5 Schuch, Talitha	16	SEAL-UM	33,66
6 Van Rensburg, Marne'	16	BLSS-MA	35,40

**#415 Men 12&U 4x50 Meter Medley Relay 4 x 50 Me**

2016SA Age G: 26,91# 2011 Vanessa Mohr-Sa Invita

Team	Relay	Finals Time
1 BLOT-MA	A	2:29,10
Saunderson, Enrique C 12	van Biljon, SJ J 11	
Bergh, Ruan 12	Pretorius, Christiaan L 12	

**#416 Men 13-14 4x50 Meter Medley Relay 4 x 50 Me**

2016SA Age G: 26,68# 2011 VANESSA MOHR at Telk

Team	Relay	Finals Time
1 UNI-EZ	A	2:16,65
Pieterse, Nielan 14	Bruyns, Andrew T 13	
van Niekerk, Vaughn 13	Harty, Hunter R 13	
2 BLSS-MA	A	2:17,08
Steyl, Kayden L 13	Froneman, Andre' 14	
Wessels, Charl J 13	van Zyl, Hanco 13	
3 BLOT-MA	A	2:22,36
Lotriet, Dian H 14	De Jager, Evin 11	
Duncan, Travis P 14	Maree, Lohan L 11	

## SA Level 3 Regional Age Group Champs 2026-FS - 2026/03/26 to 2026/03/29

## Results

#417 Men 15-16 4x50 Meter Medley Relay 4 x 50 Me		
Team	Relay	Finals Time
1 BLUO-UG	A	2:20,11
Kleynhans, Ivan 11	Greco, Grayson P 11	
Solomon, Riley 16	Pakkiri, Zuriel 14	
#418 Women 12&U 4x50 Meter Medley Relay 4 x 50		
Team	Relay	Finals Time
1 KLOO-ET	A	2:25,61
Kunzler, Mia E 11	Davies, Paige E 11	
Von Mollendorff, Emma J 1	Makhanya, Naledi 12	
2 AZON-ET	A	2:28,79
Sausi, Amani M 12	Fowler, Tenley P 12	
Sikhakhane, Phiwo E 12	Gibson-Taylor, Emma G 12	
3 SEAL-UM	A	2:29,15
Palframan, Layla G 12	Coleman, Willow 12	
Ojwach, Neliza T 12	Le Roux, Mieke 11	
4 BLOT-MA	A	2:30,96
Le Roux, Lisa 12	Maartens, Accalia M 11	
Upton, Neri 12	Piechaczek, Z'Ney 11	
5 PSCP-UM	A	2:31,10
Josiah, Phoebe S 12	Ayekun, Bella T 11	
Booyesen, Morgan H 12	Mahomed, Hannah A 11	
6 BLSS-MA	A	2:38,36
Bam, Lizanté 11	Kruger, Christine H 11	
McQueen, Leanne C 12	Nel, Kailah 11	
#419 Women 13-14 4x50 Meter Medley Relay 4 x 50		
Team	Relay	Finals Time
1 BLOT-MA	A	2:19,00
Van Schalkwyk, Zenicke 14	Gutter, Livia 14	
Morgado, Zoe S 14	de Jager, Ashleigh 14	
2 SEAL-UM	A	2:19,77
Slabber, Abi A 14	Maritz, Violet T 14	
Palframan, Sisanda B 13	Du Toit, Lisa R 14	
3 KLOO-ET	A	2:45,67
Dekker, Bailey A 11	Tait, Holli 13	
Hoar, Lily 13	Hoar, Grace 11	
#420 Women 15-16 4x50 Meter Medley Relay 4 x 50		
Team	Relay	Finals Time
1 AADUB-ET	A	2:18,50
Van Rooyen, Isabella S 14	Brown, Evalyn 15	
Stuart, Tayla L 14	Leibbrandt, Amber S 15	
2 BLOT-MA	A	2:19,10
Du Toit, Emma 12	Grobler, Danielle 16	
Harbron, Danielle 16	Opperman, Inge 14	
3 AZON-ET	A	2:20,50
Van den Heever, Liv M 14	Van De Ruit, Carly A 15	
Torrie, Brogan L 15	Filday, Deryn S 15	
4 PSCP-UM	A	2:21,50
Burt, Kristen A 16	Gibson, Jess R 14	
Sykes, Sarah J 15	Ronnie, Addyson H 14	
5 BLSS-MA	A	2:23,78
Zietsman, Lika 14	Pool, Johandri 15	
Gasson, Elle R 14	Vorster, Arinda 14	
6 KLOO-ET	A	2:23,82
Saint, Tara 16	Logie, Courtney A 14	
Mutie, Muela S 15	Pabalinga, Reabetswe T 13	
7 UPSK	A	2:23,85
Avenant, Ankia 15	Van Zyl, Liane 13	
Engelbrecht, Nieke C 16	March, Gea A 13	
#421 Mixed 12&U 4x100 Meter Free Relay 4 x 100 M		
Team	Relay	Finals Time
1 SEAL-UM	A	4:41,08
Nixon, Morgan L M12	Coleman, Willow W12	
Potgieter, Caleb J M12	Ojwach, Neliza T W12	
2 BLOT-MA	A	4:46,12
Bergh, Ruan M12	Pretorius, Christiaan L M12	
Maartens, Accalia M W11	Le Roux, Lisa W12	
3 BLSS-MA	A	4:49,05
Swart, Petrus J M11	Nagel, Gideon P M12	
McQueen, Leanne C W12	Nel, Kailah W11	
4 UNI-EZ	A	4:55,37
Niven, Ella L W12	Cowley, Eldrid D M11	
Swanepoel, Lander L M12	Banza, Emmanuela E W12	
#422 Mixed 13-14 4x100 Meter Free Relay 4 x 100 M		
Team	Relay	Finals Time
1 BLOT-MA	A	4:26,71
Duncan, Travis P M14	Maree, Lohan L M11	
de Jager, Ashleigh W14	Morgado, Zoe S W14	
2 UNI-EZ	A	4:27,89
Burger, Marcus P M14	Harty, Hunter R M13	
Terblanche, Emma L W14	Muller, Anika W14	
3 AZON-ET	A	4:34,92
Smuts, Conor M13	Dempsey, Mckenzie A W12	
Filday, Ziva L W14	Coleman, Ewan H M14	
4 BLOT-MA	B	4:40,33
Gutter, Livia W14	Lotriet, Dian H M14	
van Biljon, SJ J M11	Opperman, Inge W14	
5 BLSS-MA	A	4:51,14
Zietsman, Lika W14	Wessels, Charl J M13	
Froneman, Andre' M14	Vorster, Arinda W14	
#423 Mixed 15-16 4x100 Meter Free Relay 4 x 100 M		
Team	Relay	Finals Time
1 UPSK	A	4:19,37
Willemse, Sacha M15	Orffer, Llewellyn M13	
March, Gea A W13	Van Zyl, Liane W13	
2 SEAL-UM	A	4:21,16
Leiper, Isla C W15	Raynard, Enzo N M14	
Clowes, Cailyn W15	Winkel, Liam H M15	
3 PSCP-UM	A	4:21,38
Potgieter, Ruben H M14	Burt, Kristen A W16	
Sykes, Sarah J W15	Turner, Campbell T M13	
4 BLSS-MA	A	4:23,99
Van der Walt, Diaan H M15	Welgemoed, Isabelle W15	
van Zyl, Hanco M13	Van Rensburg, Marne' W16	