

SA Level 3 Regional Age Group Champs 2026-AQ - 2026/03/26 to 2026/03/29**Medal Count****Combined: Men + Women**

Team	Gold	Silver	Bronze	Total
TuksSwimming Club	44	35	23	102
Mandeville Dolphins	16	13	9	38
Cardinal Aquatics	15	18	17	50
Electric Eels Swimming Club	14	4	9	27
Waterborn Swimming Club	9	8	5	22
Crusaders Swimming Club	7	4	4	15
Pretoria Aquatic Club	6	6	10	22
Boksburg Aquatic Saints	6	5	4	15
Dragons Swimming Club	6	3	5	14
Mandeville Para Swimming Club	6	2	1	9
Namibia Swimming Federation	5	7	7	19
Dmss Gators Swimming Club	5	7	3	15
Perfect Stroke Swimming Club	5	2	5	12
Esp Kempton Park	5	0	1	6
Alcatraz Swimming Club	4	12	8	24
Soul Swimming Club	4	1	5	10
Limpopo Tuksswimming Club	3	6	4	13
Aqua Athlete	3	5	3	11
Hps Rebels	3	3	4	10
Aquatic Wings Swim Club	3	1	0	4
C. Desportos Tubarões Maputo	2	3	3	8
Mako Aquatics	2	3	3	8
Reds Centre of Aquatice Excell	2	2	0	4
Team H2o	2	1	1	4
Potchefstroom Swimming Club	2	0	1	3
Champion Swimming Club	2	0	1	3
Seahorses Aquatic Center	2	0	0	2
Vikings Race Club	1	5	4	10
Harare Province	1	3	5	9
Curro Swimming Academy	1	3	2	6
Expression Swimmers	1	2	4	7
Swartland Swim Club	1	2	3	6
Legacy Swimming Club	1	2	0	3
Bulawayo Amatuer Swimming Ass	1	1	3	5
Vasa Swim	1	1	1	3
Diadora Aquatics	1	1	1	3
Otters Rustenburg	1	0	0	1
Rivonia Elite Swimming Club	1	0	0	1
Action Aquatics	0	3	1	4
Shamu Swimming Club	0	2	6	8
Endorfins Clube de Natação	0	2	0	2
Tzaneen Amateur Swimming Club	0	1	4	5
Stingrays Swimming Club	0	1	2	3
Quest Swim Club	0	1	2	3

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Harties Reflections	0	1	1	2
Aquarius Aquatics Swimming Clu	0	1	1	2
Doreys Swim Club	0	1	1	2
Uniswim Uplands Swimming Club	0	1	0	1
Falcon Aquaitc Club	0	0	3	3
Pinnacle Gryphons Aquatics Clu	0	0	1	1
Complete Swimming Club	0	0	1	1
Eswatini Swimming Association	0	0	1	1
Sandton Seals	0	0	1	1