



SSA GRAND PRIX 2 GALA

GENERATION SCHOOL POOL SOMERSET WEST CAPE TOWN 28-30
AUGUST 2026

Western Cape Aquatics would like to welcome all swimmers taking part in the
SSA Grand Prix 2 Gala.



NOTE – SESSIONS AND SESSION TIMES WILL BE FINALISED AFTER ENTRIES HAVE BEEN RECEIVED

SESSION 1 & 3	WARM UP:	15:30	GALA START:	17:00
SESSION 2 & 4	WARM UP:	07:30	GALA START:	09:00

GALA RULES

- Visiting athletes must be affiliated to a World Aquatics affiliated member, and these members must have clearance from their Federation.
- All athletes shall represent their club.
- All events will be timed finals.
- This is an open and not an age group gala.
- Top 10 entries for 800m & 1500m Freestyle will be accepted. Withdrawal after acceptance will be subject to a penalty.
- Please consult the SSA Grand Prix info circulated by SSA for further rules.



GENERAL

-  World Aquatics & SSA Rules will govern this event.
-  Clubs are requested to see that the area is kept neat and tidy, bins will be placed & cleaned regularly.
-  No flash photography during the start of a race.
-  We request everyone to please remain silent during the start of a race.
-  Please do not place any towels over the advertising boards.
-  NO alcohol is permitted on the premises. NO fire or gas braais are permitted on the premises.
-  The pool grounds are a NO SMOKING ZONE.
-  Only Team Managers allowed at the Technical Table.
-  Start times may change if the referee deems it necessary or due to the number of entries for that specific day.
-  Lanes 1 & 10 to be used for dives. Please exit pool via the stairs.
-  NO climbing out over the touch pads. NO FINS DURING WARM UP.

POOL ACCESS:

-  Local clubs are encouraged to bring their own gazebos, umbrellas & camping chairs.
-  NO VEHICLES are allowed on the premises to offload.
-  Please ensure that your gazebo is securely fastened and not erected in demarcated areas. Any gazebos found in demarcated areas WILL BE REMOVED.
-  Clubs are kindly requested to be considerate towards one another with regards to space.

TIME TRIALS

Applications for time trials during any competition period, will be considered and the following rules will apply:

1. Written application detailing the motivation must be received at least 24 hours prior to the time trial.
2. The SSA entry fee will be R1200 per time trial, payable with written application.
3. Time Trials, if granted will take place at the end of the morning sessions.



ADMISSION TO THE POOL:

-  Right of admission to the Generation Pool is reserved.
-  Gates will open at 06:30 for the morning sessions & 14:00 for the afternoon sessions.
-  Only the main entrance to the pool will be used.
-  NO Parking at the back of the pool.
-  Swimmers & coaches (on the gate lists) will have free access upon showing their accreditation cards, officials will have free access when signing the officials register for their allocated session, at the entrance.
-  Pre-ordered entry tickets will be packed for collection at the Team Manager's meeting by TM's only.
-  Only orders placed by clubs, on the order sheet provided and paid for in one order will be accepted. NO individual deposits.
-  Cut-off date for ticket orders is **24 August 2026 at 17:00.**
-  Limited tickets will be available for sale at the gates. First come first served.
-  NO CASH, CARDS ONLY.
-  Gates will open 30mins before warm-up starts.

	Tournament Ticket	
	Adults	R300
	Session Ticket	
	Adults	R 80
	Children under 10 free	

MANAGERS/TECHNICAL MEETING

-  The managers'/technical meeting will take place on **Friday 28 August at 15h00.**
-  The venue will be the Admin table inside the pool area.
-  SSA Registered Team Managers & coaches must please submit their details via this link:
[**COACHES & TEAM MANAGER'S LINK**](#)
-  Only team managers & coaches to join the Grand Prix 2 Whatsapp group:
[**SSA GRAND PRIX 2 WHATSAPP GROUP**](#)
-  Only registered coaches (SSA registration no) are permitted on the pool deck.
-  Team Managers will be informed of the Opening Ceremony Procedures at this meeting.
-  All withdrawals for session 1 must be submitted at this meeting.
-  Only team managers are permitted to withdraw competitors/lodge objections or complaints.
-  Withdrawals will be accepted until 1 hour before the end of the preceding session, via the scratch link only. [**SSA GRAND PRIX SCRATCHING LINK**](#)
-  Withdrawals made outside of this time will incur a fine per event.
-  No shows will incur a fine & the swimmer may not compete in any event until the fine has been paid.



WARM UP

- 🕒 Prior to the competition, the competition pool is available for warm-up from the time when gates open.
- 🕒 A warm-up schedule will be shared on the gala whatsapp group.

CALL ROOM

- 🕒 There will be 2 call rooms.
- 🕒 Athletes must report to the 1st call room 15 minutes prior to the official start time of the event or at least five (5) heats before their heat is due to start.
- 🕒 An athlete may be disqualified for failure to report to the call room.

TECHNICAL OFFICIALS

- 🕒 All participating clubs must submit the names of available, qualified, experienced technical officials for appointment of duties to the LOC by the due date, **10 August 2026**.
- 🕒 All participating clubs must supply names of available Technical Officials for all sessions where they have swimmers participating.
- 🕒 The penalty for not submitting officials with your entries is a fine of R1000 for every official not present and the swimmers entries will be excluded.
- 🕒 The appointment of Technical Officials will be done by the LOC.
- 🕒 All officials must adhere to the established dress code:
 - 🕒 Navy blue bottoms –long pants, trousers, long skirts for finals
 - 🕒 Navy blue shorts for heats only
 - 🕒 White shirts or jackets/tops
 - 🕒 Closed white shoes
 - 🕒 **NO Denim allowed**
- 🕒 Guideline to number of officials required for duty per session if required:
 - 🕒 1-10 swimmers 1 x Judge & 1 timekeeper per session
 - 🕒 11-20 swimmers 2 x Judges & 1 timekeeper per session
 - 🕒 21- 40 swimmers 2 x judges & 2 timekeepers per session
 - 🕒 41+ swimmers 3 x judges & 2 timekeepers per session



RELAY FORMS

-  Relay forms will be available from the tech table.
-  Teams are reminded that the names of the athletes competing in relay events must be submitted to the Technical Table on the pool deck no later than one (1) hour before the start of the session in which the relay takes place. (except the 1st relay of session 1)
-  Relay forms must list the athletes' name in the order they are to participate.
-  Only Swimmers that have entered individual events may participate in the relay

PROTESTS

-  All Protests shall be dealt with in accordance with the rules prescribed by World Aquatics.
-  In the case of a disqualification arising from a decision of fact, the Referee's decision will be final.
-  Protests arising from a disqualification must be lodged in writing, on a protest form obtainable from the Admin table, with the Referee of the competition, not later than thirty (30) minutes after the announcement of the disqualification and or publication of results of the event.
-  The above must be accompanied with a R1000 fee.

TOURNAMENT MERCHANDISE

-  Pre-ordered tournament t-shirts will be packed for collection at the Team Managers meeting.
-  Only orders placed by clubs, on the provided order sheet by the cut-off time and paid for in one bulk payment will be accepted.
-  NO individual deposits.
-  Cut-off date for orders is **10 August 2026**.
-  There will be no extra merchandise for sale at the venue.
-  No late orders will be accepted.
-  Email orders to secretary@wcapeaquatics.co.za

DOPING CONTROL

-  Competitors and officials are reminded that testing can be undertaken at any event

PARKING

-  Parking at the back parking area of the venue will be for LOC only.
-  Security will be stationed around the parking area from early morning till after the final session in the evening.



 www.wcapeaquatics.co.za
 www.facebook.com/WCapeAquatics/
NPO Reg. No. 217-742



VENDORS

-  There will be various food & coffee stalls.
-  There will be swimming apparel for sale.
-  There will be masseuses available.

LOC: (secretary@wcapeaquatics.co.za)

Please submit any queries via your club/District.

Proudly hosted by

SWIMMING SOUTH AFRICA & WESTERN CAPE AQUATICS